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Canadians settling in at 8 Wing Trenton during quarantine



Photo by Master Corporal Jennifer Kusche, 8 Wing Imaging

Canadians returning from Wuhan, China arrive on a chartered flight in the early morning hours at CFB Trenton on Feb. 7, 2020.

By Makala Chapman

More than 300 Canadians have begun the two-week quarantine process after arriving at Canadian Forces Base (CFB) Trenton from Wuhan, China – the epicentre of the novel coronavirus – over the last week. It was in the early morning hours of Feb. 7 when the first aircraft, a flight chartered by the Canadian Government, touched down in Trenton. Aboard the aircraft were Canadians of all ages – including young children. Later that day, a smaller group on a separate flight, also arrived and were immediately quarantined. On Feb. 11, a chartered aircraft carrying 185 passengers landed at 8 Wing Trenton, bringing the total number to 371 people repatriated.

From the time of their arrival, each person has been closely monitored and will continue to be over the next 14-days for any symptoms of the highly contagious virus. Prior to their departure from Wuhan, all Canadians were tested before being allowed to board the aircraft. They were then closely monitored throughout the flight by

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Continued from page 1

medical personnel and checked once more upon arrival into Canada. All returning Canadians were met by Canada Border Services Agency officers and medical professionals with the Public Health Agency of Canada.

On Feb. 10, Canada's Chief Public Health Officer Dr. Theresa Tam provided an updated statement to the public on the authorized release of 25 flight crew members who had accompanied returning Canadians from Wuhan. "In my assessment, I took into account the fact that they did not spend time in the epicentre of the outbreak, that they followed appropriate infection prevention and

control protocols (including the use of personal protective equipment)," she wrote, "and that they did not have unprotected contact with passengers or persons at risk of having the novel coronavirus." Dr. Tam also noted that the risk to members of CFB Trenton and the surrounding community remained "low".

In a statement issued by Foreign Affairs Minister Francois-Phillippe Champagne, on the latest arrival of Canadians from Wuhan, he noted that, "None of the passengers have exhibited symptoms of the novel coronavirus upon arrival." He added that this had been the last planned flight from Wuhan at the time. In an effort to help combat the virus, Canada has provided approximately 16 tonnes of personal protective equipment to China since the beginning of the month.

While quarantined, Canadians have been lodged at CFB Trenton's Yukon Lodge – accommodations similar to that of a hotel. There they are being closely monitored by the Public Health Agency of Canada. Helping ensure their stay is as comfortable as possible is the Canadian Red Cross. The charitable organization has been overseeing the distribution of items such as hygiene kits and other essential items for families. In addition, they have been providing supports such as "access to age-appropriate activities, wellness check, and referrals of mental health needs." While well intended, representatives from the Red Cross are saying that they are currently not accepting in-kind donations. However, some inquiries (ie: corporate donations and business inquiries) are being assessed on a case-by-case basis.

In-Kind Donations

- In-kind donations of food, clothing and other items,



Photos by Master Corporal Jennifer Kusche, 8 Wing Imaging

while well-intentioned, are not being accepted for this response. The needs of individuals under quarantine are being met as each person identifies what they may not have already brought with them. Items being requested are unique and depend upon the individual. Dietary considerations are also being met. Miscellaneous items donated may not be what is required and would incur allocated time and space for storage and processing.

Corporate/Business Inquiries

- Depending on needs being identified, there are times where corporate gift-in-kind items can help support the response. Corporations or business owners that are interested in providing gift-in-kind items can contact the Canadian Red Cross at 1-800-418-1111 or WeCare@redcross.ca. If there is a need for what you are able to provide then the Red Cross will be in contact with you.

BALL HOCKEY

Quinte West

REGISTRATION

AGES 5 TO 15

Sign up on line or for more information at:

www.quinteballhockey.ca

Walk-in Registration

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C&C



Assistance from the CAF was requested to support the Government's efforts to receive and temporarily accommodate Canadians returning from China under Operation GLOBE.

Photos of the Week

Mission Support Squadron: Road and Vehicle Safety



Photo by Aviator Zachery Syganiec

(From left to right) Cpl Justin Worrow and Cpl Joseph Howie.

By Cpl Justin Worrow

Road and Vehicle Safety Specialists (RVSS) are preparing to head out for a routine patrol of 8 Wing/ CFB Trenton. When out on patrols, RVSS are looking to enhance the safety of personnel and assets in regards to road and vehicle safety. They are also responsible for conducting collision investigations, providing Department of National Defence licensing services, Wing level training as well as helping to foster the policies that govern the safe operation of all vehicles within 8 Wing/ CFB Trenton.

CFS Alert: Celebrating Chinese New Year



Photo by Second Lieutenant M. Rabbani

Content submitted

On January 25, 2020, Canadian Forces Station Alert celebrated Chinese New Year. This year is the year of the Metal Rat. Station members embraced Chinese culture by decorating the Station with lanterns, hosting a dragon dance and handing out traditional lucky red envelopes.

Harassment: Respondent rights and responsibilities



Content courtesy of 8 Wing's Conflict and Complaints Management Services (CCMS)

Dear CCMS: I am the named respondent in a harassment complaint. I am distraught about this and feel that this is unfair. What are my rights and responsibilities?

You can obtain information about your rights and responsibilities from your Manager or Supervisor, a Workplace Relations Advisor (WRA), Union representative (for civilians), Conflict and Complaint Management Services (CCMS) Agent (for military) or the Harassment Prevention and Resolution Instructions, which can be found within <http://intranet.mil.ca/en/organizations/vcds/iccm-harassment.page>.

As a respondent, some of your rights include: be treated fairly and respectfully; be notified promptly that a complaint has been filed against you; be provided with the written allegations; be given adequate time to respond to those allegations; be assisted.

You also have responsibilities that include: immediately cease any improper behaviour when requested by the Complainant or Supervisor; promptly and clearly respond to the allegations of the complaint; seek information concerning options for resolution; limit discussions of the complaint to only those responsible for the resolution; participate in a cooperative manner in the resolution process; not interfere with the process in any manner. The above is not an exhaustive list of your rights and responsibilities. A CCMS Agent can provide guidance on the process and policy and your rights and responsibilities, including Alternative Dispute Resolution (ADR), as you move through the process. It is always very difficult whenever harassment or claims of harassment occurs in the workplace. Your local CCMS office can assist further by discussing prevention and rebuilding relationships.

*Those looking for the Conflict and Complaints Management Services office can find it located at Rooms 5 and 7a at 8 Wing Headquarters (Building 29), 142 Yukon Street.

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Safety



When it's time for a safety refresher

You've probably heard the jokes about giving someone the day off and then having to retrain him. Well, if you have spent most of the year away from your job, you definitely need a training update.

Many young workers return to the same workplace for several summers while they are working their way through school. They accumulate valuable information, skills and experience each summer. However, they need refresher courses to remind them of things they might have forgotten and to bring them up to speed on new developments. This retraining must include safety.

As a worker returning from holidays, extended leave or any other large amount of time, you can't expect to just walk in, put on your hardhat or a fry cook cap and start work. You need to get reacquainted with the workplace and its hazards. Different requirements in personal protective equipment, changed work practices and new hazards all need to be recognized.

Did you follow these steps when you returned to your old summer job?

- Ask your supervisor for a training review.
- Read the latest version of the company safety manual.
- Locate at least two emergency exits from your area. Also check the locations of the first aid kit, fire extinguisher, eyewash station and other emergency equipment. Find out who is the designated first aider on your shift and who takes reports about safety concerns.
- Be prepared to rewrite a safety examination as part of the annual evaluation process.
- You may be paired with a first-time worker, but make sure you also have a more experienced buddy you can turn



to for advice.

Young workers, such as those starting or returning to summer jobs, are vulnerable to injury. More than half of workplace injuries between the ages of 15 and 24 occur during the first six months on the job, and 20 per cent during the first month. Every six minutes a teen worker is injured badly enough to have to go to an emergency room for treatment.

Contributing to teen injuries on the job are:

- unsafe equipment
- stressful conditions
- inadequate training and supervision

- reluctance to ask questions for fear of being ridiculed.

It is important for you to learn the hazards of the job and how to protect yourself.

Consider these hazards on jobs commonly done by young workers:

- Janitorial work: toxic chemicals in cleaning products and bloodborne disease transmitted by discarded needles.
- Food service: slippery floors, hot cooking equipment and sharp objects such as slicers.
- Retail: violent crime in the form of robbery, heavy lifting and repetitive motion from running a checkout scanner.

ner.

- Office work: harassment, sitting for long periods of time, poor design of the job and the workstation leading to repetitive strain injuries.

To stay safe:

- Follow all the safety rules.
- Use the correct safety equipment and personal protective gear.
- Keep your work area clean and tidy.
- Know what to do in an emergency.
- Speak up about any safety and health hazards.

Job site changes create new hazards. Be sure to go back through safety orientation if you have been away.

The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Colonel Ryan Deming, OMM, CD. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

The CONTACT is produced weekly under a Publication Service Agreement with a division of Metroland Media Group.

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ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.
- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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Building Annex, 8Wing / CFB Trenton
PO Box 1000, Station Forces,
ASTRA, ON, K0K 3W0



8 Wing scores donations for local food bank

By Makala Chapman

Members of 8 Wing Trenton are once again demonstrating that a community is stronger when everyone works together. Combining a love for sports and a desire to see the Quinte West region thrive, military personnel held a charitable hockey game at the RCAF Flyers Arena on Feb. 7.

Going head to head on the ice was 8 Air Maintenance Squadron (8 AMS) and Aerospace and Telecommunications Engineering Support Squadron (ATESS). This is the fifth time the two units have come together over the last decade to give back to the community. This year's recipient was the Trenton Care and Share Food Bank. The non-profit organization has been hard at work in Quinte West for over 30 years. Its mandate is to see to it that all those in need don't go hungry. "This is a great way for us to give back and show that we care," said event coordinator Corporal (Cpl) Chase Encil. "The community has always supported us. This is also our home and we just want to see everyone doing well." He added that he was pleased with this year's turnout and the support garnered from both squadrons. In total, more than 190 canned food items were collected and \$700 raised for the food bank. When asked, at the time of the interview, who this year's victors would be, Cpl Encil smiled and said it had to be his own squadron – 8 AMS. "ATESS has won the trophy the last four competitions. However, I'm feeling confident this is our year," he said. "While this may be a competition, we are all friends here and this is just a way for us to enjoy some camaraderie and do a good thing for the community." Cpl Encil's wish ended up being granted when his squadron bested ATESS with a final score of 3-1.

Also in attendance at the charitable game was 8 AMS' Commanding Officer Lieutenant-Colonel (Lt.-Col.) Brian Tang. He noted it was events like these that really made him proud of the men and women in his squadron. "Supporting the community is what we do," he said. "This is a great and friendly rivalry for an even better cause." As for who he had felt was going to win this year's match, he laughed, and noted he was hopeful it would be ATESS – especially since his brother works at the compet-



Photos by Makala Chapman

Members of 8 Wing Trenton hit the ice in support of the Trenton Care and Share Food Bank on Feb. 7.

ing squadron.

8 Wing has a longstanding partnership with the local food banks in the region and has offered support on several occasions over the last decade. When the Trenton food bank moved operations in 2006, and again in 2010, members of ATESS were on hand to assist in the relocation process. Most recently, aside from the charitable hockey game, members of the Canadian Advanced Army Warfare Centre donated more than 3,000 pounds of food to Gleaner's Food Bank in Belleville last December. Speaking to how touched he has been by the support from the Wing was Trenton Care and Share Food Bank's general manager, and former serving Canadian Armed Forces member, Sergeant (Sgt) Allan Teal. He noted that it's the generosity of the community that has made what he and his team do at the food bank possible. "We look after over 6,700 families in the area," he said. "Unfortunately, the need is growing. But knowing we have the support of people, like the ones here at the Base, is a comfort." Sgt (ret'd) Teal added it made him proud to see the next generation of military personnel continuing on the tradition of taking care of Canadians, not just abroad, but here at home as well. "It's great to watch the younger generation and the energy they have," he said. "It shows that our country is in good hands." As for his message to the rest of the community, he noted he was appreciative of all the

support given and was happy to accept any and all donations. This includes canned goods, monetary donations and perishables (fruits, vegetables and meats).

For more information on the Trenton Care and Share Food Bank, they can be found at 30 Pelham Street, Quinte West. Those looking to volunteer their time can learn how to do so by visiting them online at trenton-foodbank.ca.



(From left to right) Sgt (ret'd) Allan Teal, Lt.-Col. Brian Tang, Lt.-Col. Guy Parisien and Cpl Chase Encil.

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Upcoming Events

Feb. 15 - A Valentine's Dance will be held at Trenton Legion. Live Band, "the Gunslingers" will be playing. Advance tickets can be purchased at the Legion Office or by calling 613-392-0331. A canteen will also be open.

Feb. 17 - Family Day at the National Air Force Museum of Canada. Activities for the whole family with this year's theme centred around solving mysteries! Admission by donation. Event runs from 10 a.m. - 3 p.m.

Feb. 25 - St. James Anglican Fellowship Church will be hosting a pancake supper. They can be located at 15 South St, Trenton, Ont. Freewill offering.

Surf & Turf Prep Clinics

Swimming
February 27th, 13h-15h
Location TBD

Injury Prevention
March 12th, 13h-16h
Southside Gym

Running/Trail Running
April 2nd, 13h-15h
Southside Gym

Road Bike
April 16th, 13h-15h
Location TBD

Mountain Bike
April 30, 13h-15h
Batawa

Canoe/Kayak
May 14th, 13h-16h
Location TBD

Fuel For Top Performance
May 28th, 13h-16h
Health Promotion Bldg

Email Heather.Ripley@forces.gc.ca to Register Today!

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HOME ALONE SAFETY

Saturday, February 22, 2020

9 a.m. - 4 p.m. | \$50 + HST
Trenton MFRFC | Registration deadline: February 14
Ages 9-12

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February/March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16	17 MFRC Closed for Family Day holiday	18	19	20 Manulife Information Briefing Anxiety Aid Kits	21 Friday Finds – Teen Edition at Starbucks Friday Finds – Signal Brewery	22 Home Alone Course
23	24 EarlyON: Explore with Korena Towards Zero Garbage Kids Have Stress Too Knit & Chat	25 Mental Health Tour with Daniel Carcillo	26	27 Book Club	28 Career Training & Employer Café with Kingston MFRC	29 Pirate Party in the Youth Centre *rescheduled date from January
1	2 EarlyON: Explore with Korena	3	4	5	6 Paint Night Fundraiser	7

● Trenton MFRC – Trenton Location

Monday – Thursday: 8 a.m. – 6:30 p.m.
Fridays: 8 a.m. – 5 p.m.

● Friday Finds – Teen Edition

Friday, February 21, 3:30 – 5 p.m. at the Trenton Starbucks
(Ages 15-19)

Looking to meet new people or just a cool place to hang out? Start your weekend with us at Starbucks Trenton! We will be hanging out there with games and prizes for all teens that drop in! For information, contact kendra.b@trentonmfr.ca.

● Friday Finds at Signal Brewer

Join us Friday, February 21 for a drink, a snack, and good company at Signal Brewery in Belleville!
Friday, February 21 at 6 p.m.
Signal Brewery, 86 River Road, Corbyville

● Home Alone Course

This program prepares children ages 9-12 to be responsible when home alone.
February 22, 2020, 9 a.m. to 4 p.m. at the Trenton MFRC
\$50 per child- Lunch is not provided

● Tendre vers le zéro déchet

Vidéoconférence avec Mélissa de La Fontaine
Offert par les Rendez-vous francos du CRFM Trenton avec la collaboration de l'école L'Envol et, payé par le Gouvernement de l'Ontario.

Le lundi 24 février 2020, 18h30 - 20h30

À l'école L'Envol, 45 pr. Johnson, Trenton

Coût: donation pour la banque alimentaire de Trenton
*Inscription requise au CRFM Trenton I 613-965-3575
Deux personnes pourront gagner un livre écrit par Mélissa!

Mélissa a adopté un mode de vie zéro déchet en 2013, et depuis, le sujet la passionne. Conférencière, chroniqueuse, consultante et auteure du livre 'Tendre vers le zéro déchet' au Éditions La Presse, elle a eu la chance de partager, à travers plus de 200 conférences et ateliers, ses réflexions et de proposer des solutions concrètes au quotidien pour vivre mieux, avec mois.

● Anxiety Aid Kits

Does your child suffer from anxiety? This workshop will help them create a personalized kit to help with anxious moments.

Thursday, February 20

5 – 6 p.m.: Ages 6 – 8

6:30 – 7:30 p.m.: Ages 9 - 12

Please register by February 18 by emailing kendra.b@trentonmfr.ca.

● Book Club

Is your nose always in a book? Join us on the last Thursday of the month for our Evening Book Club, at 6 p.m., at the Trenton MFRC. Open to all adult book lovers!

Our next gathering is on Thursday, February 27 when we will discuss Michelle Obama's 'Becoming'. Call 613-965-3575 for more information and to register.

TRENTON MFRC BOOK CLUB
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IS YOUR NOSE ALWAYS IN A BOOK?

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Next get-together, Thursday, February 27, 2020

We will discuss "Becoming" by Michelle Obama

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IRP DND APPROVED

Top 1% of Exit REALTORS® International Sales Representatives since 2015, #1 in Canada for Sales Volume 2018 and 7th internationally over 100,000 agents.

BE FUSSY, CALL HUSSEY! 613-438-5588

**MOBILE WITH 1.5 CAR GARAGE
18 THRUSH LANE**



2 bed, 1 bath mobile with sunroom, mudroom and 1.5 car garage in Pristine Kenron Estates. Lot fees include water/sewage only \$170.00 per month.

MLS#237610* • \$225,000

**OPEN HOUSE - SAT FEB 15TH, 1-2 PM
26 PLAZA SQUARE**



Immaculate 3 bed, 2 bathroom side-split, with 4 season sun-room, walk up basement, attached garage. Fantastic location with quiet seniors building behind and walking distance to YMCA. In-law potential on a cul-de sac.

MLS#243931* • \$225,000

**BUNGALOW IN THE HEART OF BRIGHTON
299 ONTARIO STREET**



Brighton opportunity! 1.46 acres with home, barn and double garage. Walking distance to the water.

MLS#242638* • \$400,000

**TWO STOREY HOME ON 3/4 ACRE
352 MILLTOWN RD**



Move in ready owned 4 bed 2 bath two storey home with an attached garage on 3/4 of an acre and new roof 2017.

MLS#244480* • \$289,000

**CENTURY HOME
15120 TELEPHONE ROAD**



5 acres, 4 or 5 bed, 2 bath century home with sun room, attached garage in immaculate condition with barn and drive shed minutes to 401 in Brighton.

MLS#242714* \$475,000

**IMPECCABLE BRICK BUNGALOW
16471 TELEPHONE ROAD**



Impeccable 3 bed plus den, 2 bath, brick bungalow over an acre with garage, treed backyard and trails.

MLS#242707* \$475,000

21 ANNA COURT



SOLD!

20 STAVEBANK ROAD



SOLD!

**IMPECCABLE 5 PLEX
109 FOXBORO-STIRLING ROAD**



Impeccable multi-family 5 plex with 4 occupied units, with bachelor/office space used by owner and separate commercial building on a supersized lot with plenty of parking just North of the 401.

MLS#228106 & 228089* \$575,000

137 PUFFBALL INN ROAD



SOLD!

**SPECTACULAR 4 LEVEL SPLIT
80 PERCY BOOM ROAD**



Spectacular 4 bed, 2 bath, 4 level split with wood fireplace, walkout and 3 car garage plus loft on 1 acre property.

MLS#238927* \$425,000

**WATERFRONT COTTAGE
5497 UNIT H COUNTY ROAD 9**



Hay Bay waterfront cottage with dock and access to Lake Ontario. A fisherman's dream!

MLS#238710* \$239,000

1071B LAKESIDE DRIVE



SOLD!

**BRICK BUNGALOW W/ 1.5 CAR GARAGE
32 NELSON STREET**



3 bed, 2 bath brick bungalow with 1.5 car garage in Batawa. Walking distance to ski hill, schools and church, minutes to CFB Trenton and all amenities.

MLS#241940* \$320,000

2009 FRANKFORD STIRLING ROAD



SOLD!

**2 HOUSES IN ONE ON 1/2 AN ACRE
218 UPPER LAKE STREET**



Opportunity knocks. 2 houses in one situated on 1/2 an acre in the heart of Picton. Walking distance to shops and all amenities, plus white sandy beaches and winery's nearby. WOW Income property at its best.

MLS#242036 & 242094* \$450,000

**BUNGALOW ON ALMOST AN ACRE
4 VANDERTOORN CRESCENT**



3 bed, 1 bath bungalow, great room with fireplace on almost an acre. Heated barn, shop and garage walking distance to the canal. 5 minutes to Brighton, 20 minutes to CFB Trenton.

MLS#243164* • \$250,000

**SPECTACULAR BUNGALOW
92 ST. LAWRENCE STREET**



Spectacular 3 bed, 2 bath bungalow and 2 car garage on 3/4 of an acre backing onto Deer Creek and walking distance to town.

MLS#243538* • \$325,000

**SIDE SPLIT W/ ADDITION
15 WHITES ROAD**



3 bed, 1 bath bungalow, great room with fireplace on almost an acre. Heated barn, shop and garage walking distance to the canal. 5 minutes to Brighton, 20 minutes to CFB Trenton.

MLS#243520* • \$325,000

181 QUEEN STREET



SOLD!