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FOR UNMANNED AERIAL
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8 WING TACKLES
INTERCULTURAL COMPETENCE



Story on page 11



437 Transport Squadron
75th ANNIVERSARY
75e anniversaire du 437e Escadron de transport

8 Wing Trenton celebrates diversity and visible minorities



Photos by Makala Chapman

Members of 8 Wing Trenton listen in as defence scientist Dr. Sara Rubenfeld shares her research on diversity and inclusiveness in light of International Day for the Elimination of Racial Discrimination on March 21.

By Makala Chapman

Members of 8 Wing Trenton are being asked to learn more about the importance of diversity and inclusion in the Canadian Armed Forces (CAF). In doing so,

presentation, she noted that members of the regular force, of visible minority status, are at a much higher risk of being subjected to things such as personal harassment, abuse of authority and discrimination. As a result, this could

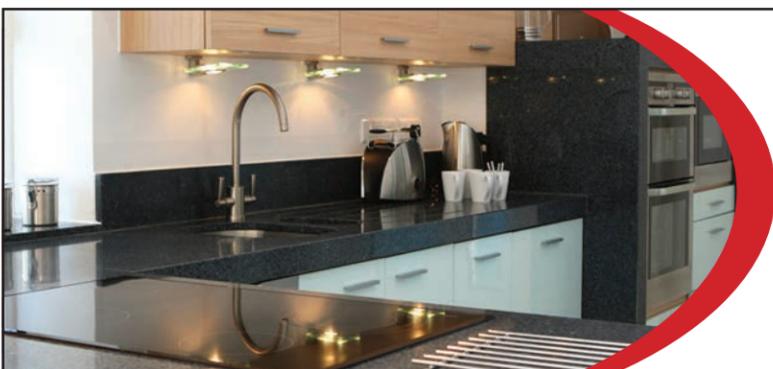


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a special seminar was held at the base in light of the International Day for the Elimination of Racial Discrimination on March 21. This particular day of notoriety was brought into being by the United Nations as a way to highlight racial injustices in society, in 1966. Now, more than 50 years later, it serves as an annual reminder that there's still more work to be done on the equality front. To help get the conversation started, members of 8 Wing Trenton listened in as Dr. Sara Rubenfeld, a defense scientist with Defence Research and Development Canada, shared her research on diversity in the CAF. In her

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Photos of the Week

Mission Support Squadron



Photo by Aviator Ashley Watson

Content submitted

Operation BOXTOP is the bi-annual resupply of Canadian Forces Station (CFS) Alert and Fort Eureka, and typically takes place in spring and late summer each year. CFS Alert provides year round strategic communications support to the Canadian Armed Forces and other defence partners. Due to its remote location on the north eastern tip of Ellesmere Island, CFS Alert requires resupply by air to sustain its inhabitants throughout the winter.

Aviator Shayna Reid is counting stock of the short term Pack-Up Kit (PUK) heading to Operation Boxtop.

CFS Alert: Food Services at Igloo Gardens



Photo submitted

The staff of CFS Alert Food Services: from left to right, Alan Mott, Mark Macleod, Robert Leong, Lesley Sinclair, Madonna Kennedy, Michael King, Jeremy McQuarrie

By Second Lieutenant Heather DeWolfe

The Food Services team of Canadian Forces Station (CFS) Alert, under the supervision of Alan Mott, the CFS Alert Food Services Officer, endeavour to provide high quality food year round to the staff of CFS Alert. Maintaining a supply of food at CFS Alert depends upon the weekly sustainment flights from 8 Wing Trenton; staff in both locations collaborate to ensure regular transport of fresh food to the station. The station submits food orders weekly to 8 Mission Support Squadron in Trenton, where the produce is delivered and carefully packed in bunion containers for shipment to Alert. Once at CFS Alert, it has become a tradition for the kitchen staff, and as many available personnel as possible, to receive the containers of food in the station complex. In the event weekly sustainment flights are delayed, the kitchen maintains additional fresh food and stores of dry and frozen food. Winter months are considered the "slow" period, when there are only 75-85 personnel on station. The kitchen becomes much busier when the summer surge be-

gins and the number of personnel climbs to over 150, because of Op BOXTOP and NEVUS and Environment Climate Change Canada projects. The kitchen staff work split shifts; the morning team starts work at 04:00 and prepares breakfast and lunch, and the afternoon team prepares supper. Not only do the Food Services staff ensure everyone on the station is well fed during meal times, they provide meals for passengers that depart the station weekly, hot packs to station members who cannot attend meals due to essential operations, tailored catering for monthly special events, as well as top notch Change of Command mess dinners. Alan Mott reports that "it is an honour working with our military, and I believe everyone should have the opportunity to see the sacrifices our military members make". Like the military, the kitchen staff are from all across Canada; however, they work on a two-month on, two-month off rotation, year after year. With weekly home-style Sunday dinners, desserts made from scratch, daily smiles and friendly conversations, this Food Services team prove to be the invaluable constant in a station with ever changing personnel.

Hastings and Prince Edward Regiment



Photo by Major J.M. Gallant

(From Left to Right) Capt Fred Stanely, Colonel Luis Diaz, Maj Marc Gallant, PO2 Amanda Roncetti and WO Colin Wilson.

Content submitted

The Hastings and Prince Edward Regiment Camp Flag can be seen in this picture flying at the Regional Peacekeeping Operation School (CREOMPAZ) in Coban, Guatemala. The Hasty P camp flag is normally flown at the three home garrisons, but it can be flown wherever operations and the tactical situation permit. As the Senior Canadian On Mission, Major Marc Gallant was permitted to fly his home Regiment's Camp Flag at the school in Guatemala. Major Gallant is currently an instructor/directing staff for a deployed Civil Military Cooperation (CIMIC) Operators course being conducted at CREOMPAZ, the Regional Peacekeeping Operations School. This two week training course, which has been hosted by the Guatemalan armed forces, was conducted by Canada's Department of Military Training and Cooperation (DMTC), and the Peace Support Training Centre (PSTC). Staffed by Canadians and Guatemalan officers, more than two dozen students from across Central America, South America and the Caribbean took part in this training. While Major Gallant may be the first Hasty P to hoist the Camp Flag while deployed OUTCAN, he isn't the first officer from The Regiment to work at the school in Guatemala. Major Andrew Straatsma has also supported the DMTC and PSTC conducting United Nations Member on Mission (UNMEM) training at CREOMPAZ facility. Opportunities to conduct interesting training at home and abroad continue to present themselves to all ranks at the Hastings and Prince Edward Regiment.



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Safety



Stay Safe around Solvents

Solvents are such common and useful substances, often we don't realize we are using and misusing them. They can have serious safety and health hazards, however, so use extreme caution with solvents whether in large or small quantities.

A solvent is any substance used to dissolve another substance. They are commonly used in metal degreasing, parts cleaning, dry cleaning and painting.

Most industrial solvents evaporate fast, and some are flammable. Their vapors in the air create explosion hazards as well as health problems if they are breathed in.

- If you breathe in too much solvent vapor, you may experience temporary symptoms including irritation to your nose and throat, nausea, dizziness, and headache. Inhaling solvent vapors can even cause you to stop breathing.
- Long-term effects of breathing in solvents can cause permanent damage to your internal organs and nervous system including your brain.
- A splash of solvent in your eyes can create symptoms ranging from temporary burning and irritation to permanent damage to your vision.
- Solvent contact is not good for your skin, either. Because solvents are degreasers, they remove the natural oils from your skin, causing it to become cracked, dry and irritated.
- Long-term solvent exposure can cause contact dermatitis, a chronic, painful condition of blistered, irritated and infected skin. Solvents can also go through your skin to your bloodstream causing damage to internal organs and your nervous system.

Safe work procedures and use of Personal Protective Equipment are the keys to avoiding exposure to solvents. Here are some precautions:

- Know the solvents you use. Study the label and Safety Data Sheet (SDS) for information on how to use the substance, how to protect yourself and what to do in an emergency.
- Make sure you understand your company's hazard communication system.
- Whenever possible, substitute a less harmful solvent for a hazardous one.



- Use ventilation systems correctly to minimize your exposure to solvents.
- Know where to find and how to use the safety showers and emergency eyewashes in your workplace in case you are splashed with a solvent. Rinse the affected area for 15 minutes, calling for medical help immediately.
- In case of inhalation exposure, get to fresh air and call for medical attention right away.
- Wear the correct Personal Protective Equipment (PPE). Depending on the solvent and how it is being used, you may be required to wear safety eyewear, respiratory protection, and solvent-resistant gloves, footwear, apron and other clothing.
- Use the right protective gear correctly.
- Use tools such as tongs and dunk baskets to avoid

contact with solvents.

- Store solvents safely according to the manufacturer's recommendation to prevent fires, explosions, spills and other accidents. Solvents should be kept in properly ventilated areas away from oxidizers and other incompatible substances.
- Use the correct procedures for removing PPE and solvent-soaked clothing.
- Wash up with soap and water before eating, drinking, smoking or using the toilet.
- Solvents are common in our lives off the job too. They are present in many ordinary materials such as paints, thinners and cleaning substances.

Follow the directions to avoid health and safety hazards, at work, in your workshop and in your home.

The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Mark Goulden., MSM, CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

The CONTACT is produced weekly under a Publication Service Agreement with a division of Metroland Media Group.

8 Wing Personnel

Publisher: Col. Mark Goulden

Proprietor: Her Majesty the Queen, in right of Canada, as represented by the Commander of 8 Wing, Canadian Forces Base Trenton, P.O. Box 1000 Stn. Forces, Astra, ON K0K 3W0 Canada

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Circulation: Kim Wonnacott 705-742-8450

250 Sidney Street, Belleville, Ontario K8P 3Z3, CANADA

SUBSCRIPTIONS: First Class postage charge \$65.00 per year for inside Canada, \$130.00 for international.

ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.

- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.

- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.

- Articles must be received by Monday at noon prior to print date.

Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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April 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Dance with France – Ladies Night + Level 1 Kids Have Stress Too Bellydancing with Amara	2 Dance with France – Level 2 Mental Health First Aid	3 Mental Health First Aid Community Connection What About Me?	4 Herbal Health Series: Pain & Inflammation	5 Registration Deadline for Second Language Classes YAS PA Workshop	6
	8	9	10 Community Connection What About Me?	11 Special Needs Parent Support Group Knit & Chat	12 ASIST Training	13 ASIST Training
	15	16 Leather Workshop (VFP)	17 Community Connection What About Me?	18	19 Good Friday – MFRC Closed	20 Batawa Easter Egg Hunt
	22 Easter Monday - MFRC Closed	23	24 Picasso & Pinot	25 Book Club	26	27 Triple P Positive Parenting Seminar

● Y.A.S (Young and Skilled) – PA Day Workshop!

For the upcoming PA Day on April 5, register your child in our YAS Workshop! Children/Youth ages 9-16 will learn simple skills to be healthy, happy, and helpful through physical activity, healthy eating, self care, and contributing to the community. Snacks and lunch will be provided. Register and prepay at MFRC reception by April 2. Contact Kendra.b@trentonmfr.ca with questions.

● ASIST – DATE CHANGE

ASIST (Applied Suicide Intervention Skills Training) teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone 16 or older can learn and use the ASIST model. **April 12 and 13, 2019 from 8:30 a.m. – 4:30 p.m.** Registration fee: \$100 Lunch is not provided. To register and make inquiries: 613-965-3575

● Leather Workshop

For medically releasing members and their families. Join Glenn McVeen for a 4 week leather workshop and learn how to use leather to express yourself creatively. You will create a personal item to take home with you. Begins April 16, 2019 for four sessions from 6 -

8 p.m. at the Trenton MFRC. To register please contact Tanya Bown 613-392-2811 x 4779 or tanya.b@trentonmfr.ca 18+ only, childcare is not provided.

● Second Language Training

Learn a new language this spring! Whether it be French, English or Spanish, we will assist you every step of the way. The next Second Language Training session begins in April. Registration deadline is April 5. To register contact Nathalie Vadeboncoeur, nathalie.v@trentonmfr.ca or 613-392-2811 ext 3855.

● Batawa Easter Egg Hunt

The Batawa Lions Club, Trenton MFRC and the Batawa Development Corporation present the 19th Annual Batawa Easter Egg Hunt! Saturday, April 20, 2019 at the Batawa Community Centre. There will be two Easter Egg Hunts, a pancake breakfast, face painting, petting zoo, balloon animals, a police and fire truck display, and a visit from the Easter bunny! Times: Junior Hunt (infant - 5 yrs) - 10 a.m. Senior Hunt (6-10yrs) - 11:15 a.m.

Events Costs:

Easter Egg Hunt: \$2 per child (free with a kid's breakfast purchase)
Breakfast:
Adults - \$8
Kids - \$5 (includes free Easter Egg hunt bracelet)

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ATESS leading the way for unmanned aerial systems

By Makala Chapman

A squadron not normally known for flight has taken liftoff. Members of 8 Wing Trenton's Aerospace and Telecommunications Engineering Support Squadron (ATESS) recently celebrated the success of their unmanned aerial system (UAS), which was able to fly for eight minutes. While on the outside it looks like a commercial drone, it's much more sophisticated than that explains UAS team member Master Corporal (MCpl.) Greg Linton. Unlike a drone, the UAS is more than just the vehicle itself, as it also takes into account the operator, ground control, communications, support equipment and more. The main objective of this project isn't so much about the physical aircraft as it is to be able to integrate electronic sensors and cellular technology into small hobby aircrafts that are found available on store shelves. In essence, the ATESS team is building a skeletal frame capable of technologies that could be transferred into most small aircraft, similar in size to a standard drone. As for how this project came in to being, MCpl. Linton explained that it started out with one member of ATESS' interest in aerial vehicles. Going from there, the request to build a UAS in-house flew up the chain of command and, ultimately, to the Royal Canadian Air Force (RCAF) Commander for approval in 2017. MCpl. Linton credits innovation as one of the key factors that helped his team get the go-ahead as UAS technology is a fairly new frontier in the RCAF. "We're now two years into this project and we've had some success with flying," he explained, "but we've also learned a lot of lessons. We've had some issues with components we've purchased, general growing pains along the way, but we've learned from our mistakes and adapted to overcome our previous experiences." But another important factor the team had to consider throughout the project was policy and how to properly adhere to the rules and regulations on the use of small, unmanned vehicles. "We can't just have units

running around buying things like drones and doing whatever they want to do with them," said MCpl. Linton. "There is policy out there." Further elaborating on the do's and don'ts was fellow UAS team member Captain (Capt.) Dave Hardy. He noted one of the factors the military had to consider was how to safely bring a UAS into fruition since it was fairly new technology to the air force. "Early on there weren't a whole lot of regulations in place in terms of who couldn't buy them and

satisfy this specific policy." He added that the aspect of policy was another milestone for ATESS as the regulations governing UAS are still officially being drafted, but ATESS was granted authorization as the leading test case. When asked what sets his team apart from the other handful of units across the country that are also dabbling in this technology, Capt. Hardy said it came down to the different skill sets and abilities unique to ATESS. "We're never going to be for instance the operator (of

ing UAS technology, Capt. Hardy said it came down to two reasons. The first being the ability to save money as the goal is to be able to fit the technology on to any commercial aircraft equivalent to a drone. Secondly, if the UAS is used for reconnaissance, it is stealthier and safer since it can be piloted from a remote location. MCpl. Linton added that there could even be the potential to use UAS for search and rescue missions. Speaking more to the technical side of the aircraft was avionics technician and UAS team member Corporal (Cpl.) Stephen Hankinson. He noted one of the additional objectives of the project was to make it so that the UAS was completely autonomous. This would mean that the UAS could be programmed to fly to set coordinates, land and return by itself. "It will know its position and its airspeed and be able to compensate for cross winds and all that sort of weather," he said. "In terms of cellular technology, that integration will be used for the transmission of photographs." When asked about the time and work that has gone into the UAS, Cpl. Hankinson smiled and noted it has been a labour of love, but is a project he's been happy to be a part of. "Every step has taken some head scratching, but it all comes together quite beautifully when (all the parts) start talking to each other," he said. "That's the most satisfying part." As for the future of the UAS project, he said it's still in its infancy stages and that he and his team are looking forward to continuing to explore the capabilities of UAS technology. "It isn't the only thing we're working on since we all wear multiple hats and have lots of other projects we have to work on," he said, "but every time we get to dip



Master Corporal Greg Linton, Captain Dave Hardy and Corporal Stephen Hankinson with the prototype unmanned aerial systems that they are testing.

how," said Capt. Hardy. "It wasn't clearly spelt out." As a result, this led to questions such as who would be responsible if the UAS was damaged. Capt. Hardy went on to explain that a big break was when the RCAF unveiled an air worthiness categorization plan that helped clear up some of the policy and regulations surrounding UAS. "It helped differentiate from a Hercules, a large drone to a one pound Styrofoam UAS," he said. "Our aircraft falls under the 15 kilograms to

the UAS) as that's not our strength as a unit," he said. "ATESS has a huge variety of technical skills in one spot. What our real niche is going to be is systems integration." As an example, if units approach ATESS in the future with questions pertaining to how to add things such as additional sensors, both physically and electrically, they would be the experts to consult. As for why the military is so interested in explor-

ing this, it's an enriching experience."

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*Last Sunday of each month: 0900 hrs (Bilingual)

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 (Subject to change without notice)

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Canada renews its military contribution to support stability in the Middle East

National Defence / Canadian Armed Forces

The international response against Daesh has reduced the suffering of the most vulnerable, but the crises in Iraq and Syria persist. Continued support by the members of the Global Coalition Against Daesh is critical for long-term, regional stability. Canada remains fully dedicated to the efforts of the Global Coalition and NATO in the region, and will continue to work with its partners and allies to ensure the defeat of Daesh. National Defence Minister Harjit S. Sajjan and the Foreign Affairs Minister Chrystia Freeland today announced that the Government of Canada is extending Operation Impact, the Canadian Armed Forces contribution to the Global Coalition and the NATO mission in Iraq, until the end of March 2021. "The renewal of Operation Impact and our shift in focus toward capacity-building, reflects Canada's commitment to working with our partners in the Global Coalition to defeat Daesh and with our NATO Allies," said Minister Sajjan. "The Canadian Armed Forces has consistently contributed to multinational operations and will continue doing its part by enhancing the institutional capacity of Iraqi security forces." Canada's current contribution to NATO Mission Iraq includes approximately 250 Canadian Armed Forces personnel, including advisors, trainers, headquarters staff and force protection personnel. Canada has also deployed three Royal Canadian Air Force Griffon helicopters and associated personnel to enhance in-theatre tactical transport, including casualty evacuations, if required. Two RCAF CC-130J Hercules tactical airlift aircraft and crews are supporting the movement of Coalition personnel and cargo in the region. Under the renewed Operation Impact, the

Canadian Armed Forces will continue to provide training, advice, and assistance to the Iraqi security forces, and support the Global Coalition and NATO with highly skilled personnel. It will also continue to advise Iraqi officials in building more effective and sustainable defence and security institutions, and provide capabilities to regional forces. The Canadian Armed Forces' presence in the Middle East helps regional partners' security forces to more effectively plan and execute military operations aimed at improving stability in the region. Operation Impact is the military contribution to Canada's whole-of-government Middle East strategy, which covers not only security and stabilization, but also humanitarian assistance and diplomatic engagement in Iraq, Syria and the region. Since 2016, through the Government of Canada's whole-of-government Middle East strategy, Canada has contributed more than \$2.1 billion toward security, stabilization and humanitarian and development assistance needs in response to the crises in Iraq and Syria and their impacts on Jordan and Lebanon. The two-year extension of Operation Impact includes the authority to deploy up to 850 Canadian Armed Forces personnel in support of the Global Coalition, NATO Mission Iraq and capacity building activities with the Jordanian Armed Forces and Lebanese Armed Forces. On July 11, 2018, Prime Minister Justin Trudeau, at the NATO Summit in Brussels, announced that Canada would assume command of NATO Mission Iraq a new non-combat training and capacity building mission in Iraq. In November 2018, Canada assumed command of NATO Mission Iraq. This leadership role complements Canada's existing efforts in the Global Coalition and Canada's ongoing commitments towards creating a safe and stable Iraq.

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Continued from page 1

impact things such as mission success and the ability for members to build meaningful relationships and rapport with one another. But Dr. Rubinfeld was quick to suggest that these issues could easily be addressed if more people began to challenge their beliefs and expectations when it comes to diversity. She went on to explain the idea of "intercultural competence", which she explained in part as the ability for individuals to successfully transfer knowledge and skills of culture to one another in a respectful manner. "Just because you have diversity, it doesn't mean you have inclusion," she warned. "Diversity is about who is there and their identity. Inclusion is about how people treat

each other, accept each other and come to work together effectively within an organization." As for what can be done to implement intercultural competence, Dr. Rubinfeld noted it starts as the individual level. Begin by considering one's own cultural history and how it has shaped you. Then seek out and interact with other people with diverse backgrounds. As for those in positions of leadership, she noted it was important that they "deliberately foster dialogue with and between subordinates about cultural issues". She added that in order for people to see the full effect, it was important that these practices also extend outside of the workplace. "A one time a year event that is attended by a

fraction of the Wing isn't going to be what is ultimately needed for developing intercultural competence across the CAF," she said. "What we need is to see more of these kinds of opportunities and for this to be a regular conversation piece that's integrated in to all aspects of the workplace and in life." In attendance at this year's seminar to learn from Dr. Rubinfeld's research was 8 Air Maintenance Squadron's commanding officer Lieutenant-Colonel (Lt.-Col.) Brian Tang. As an individual in a position of leadership, he noted it was especially important for him and his peers to learn their role in encouraging diversity and inclusiveness. "8 Wing is all about air mobility and every day we have

people in missions around the world," he explained. "Mission success is very important so diversity and those different sets of skills and perspectives are what is needed in order to carry out the mission successfully." As for the event itself, Lt.-Col. Tang said he was happy it was well attended and agreed it was a conversation that needed to extend past just one day. "We are all here because of our merit and how we conduct ourselves, but we need to start talking more regularly about diversity and inclusiveness and how that also impacts the mission," he said. "This should be a regular discussion and allowing people to speak freely and holding professional development events like this all helps."



Lt.-Col. Brian Tang engages members of the audience and thanks them for attending this year's International Day for the Elimination of Racial Discrimination event on March 21.



8 Wing Commander Colonel Mark Goulden presents Sara Rubinfeld with a plaque to thank her for educating members of 8 Wing Trenton on the importance of diversity and inclusiveness on March 21.



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