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437 Transport Squadron 75th ANNIVERSARY 75e anniversaire du 437e Escadron de transport

8 Wing Trenton hosts regional basketball tournament



Photos by Makala Chapman

Cpl. Alex Lukosius (left) gets the start for 8 Wing Trenton against Garrison Petawawa at this year's regional tournament on Feb. 23.

By Makala Chapman

The 8 Wing Trenton men's basketball team is celebrating a job well done during this year's regional tournament. After a rigorous competition, which was held on Base from Feb. 22-25, the Trenton team was bested during the semi-finals. It was the Garrison Petawawa team who rose to the challenge and were crowned this year's champions. But their win did not come easily, as the Kingston, Toronto and Trenton teams kept them on their toes until the very end. Speaking on behalf of 8 Wing Trenton's team was

player and coach Corporal (Cpl.) Alan Albano. Having played five games over a three-day period, he noted he could not have been more pleased with his team and the effort they put in to the tournament. "I am extremely proud of the team for playing every game with intensity and passion," he said. "The Trenton team gave it their best and carried themselves with class throughout the tournament. Even though the team was down at times, they would always find a way to come together, never giving up and always worked hard to rally back." When asked his thoughts on this year's outcome,



Cpl. Bourgon drives the ball down the court and past a member of the Garrison Petawawa on Feb. 23.

Continued on page 5



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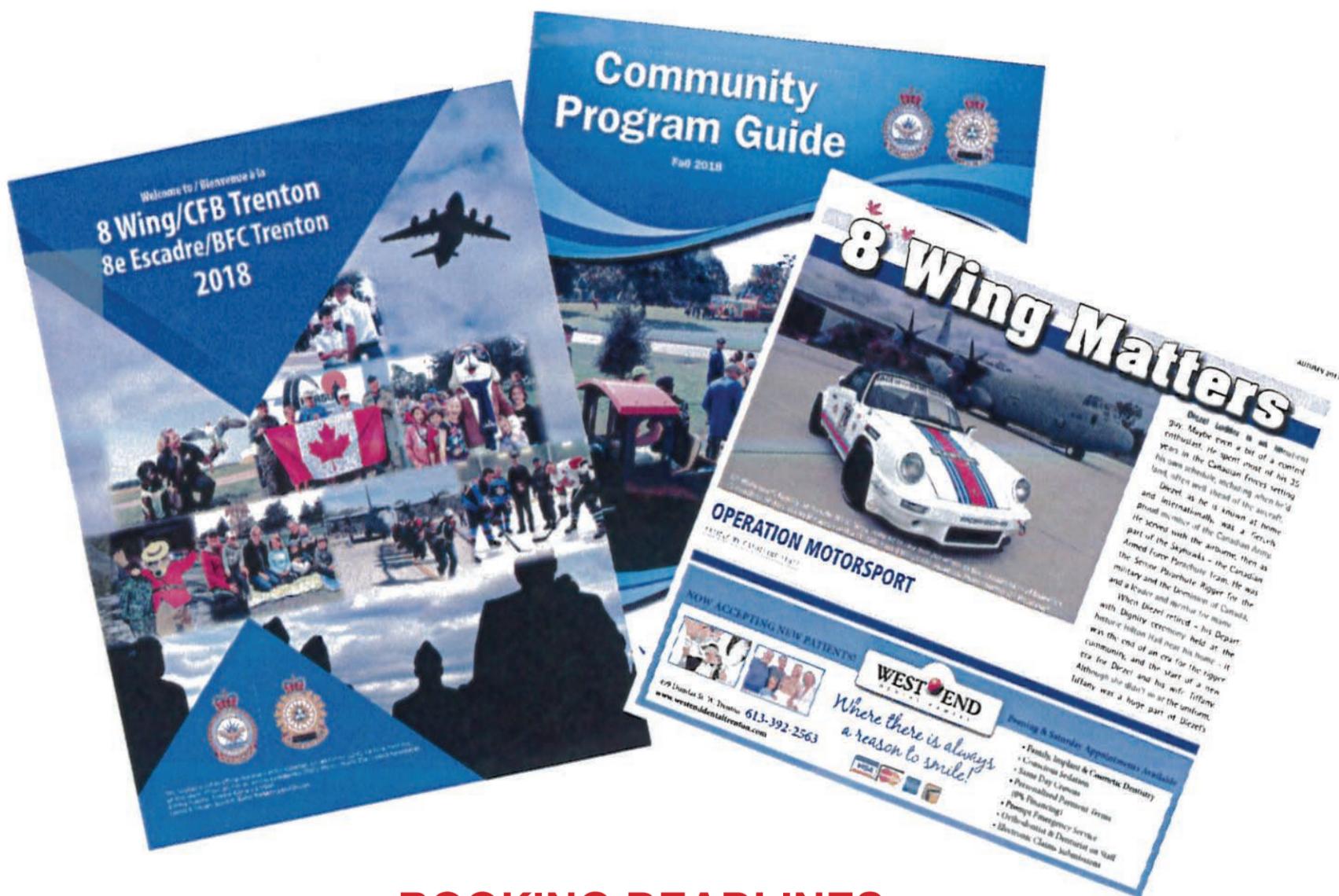
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Publishing: April 8, 2019

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Publishing: October 17, 2019



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Kristin Crowe named 2019 Children's Foundation Guardian Angel

By Makala Chapman

There's a new angel in town and she goes by the name of Kristin Crowe.

Hundreds of people came out to celebrate the local businesswoman and philanthropist as she received her set of wings at this year's Children's Foundation Guardian Angel gala in Belleville on Feb. 23. Each year a deserving member of the Quinte region is given recognition for all that they do for the Foundation, as well as the community as a whole. As a longtime member of the Belleville Rotary Club, the Belleville General Hospital Foundation and the Children's Foundation – just to name a few – it is evident why Crowe was selected as this year's recipient. Amongst those present to celebrate her achievement were local dignitaries, family and friends. Also present were members of the 8 Wing community, which included, 436 Transport Squadron's Commanding Officer Lieutenant-Colonel Andy Bowser and Honorary Colonels Anne-Marie Vaughan, John Smylie and Bernie Ouellet. Speaking to how pleased she was to have Crowe join the guardian angel family was Connie Reid, Executive Director of the Children's Foundation. "There's a lot of giving people in our community," she said, "but the people who receive the guardian angel award are the ones that go above and beyond and are often times quiet behind the scenes. Kristin is a great addition to that wonderful group of individuals." The funds raised from the gala, which had a record attendance of more than 350 guests, will go towards supporting the Foundation's various programs. Some of these initiatives include helping children register for recreational activities, such as sports, through the Playing for Keeps program. Reid estimates that the Foundation was able to help more than 450 children through that par-

ticular program last year. In addition, the Foundation gave out more than 50 bursaries and 68 youth awards. "There's definitely a need in our community," said Reid, "but our community is just amazing and we're so fortunate to live where we do." Recalling the moment she found out she was chosen as this year's angel, Crowe said she was speechless. "There are so many people in this community that are so deserving of this recognition," she said, "so I'm honoured that they've chosen me." When asked why she dedicates her life to helping others, she noted the answer was simple. "I've been blessed to grow up in a family where I always had a roof over my head and had way more than I ever needed," she said. "I'm now in a position where I can give back to people that may need help and I love to do it." This year's gala, which included a silent and live



Photos by Makala Chapman

Kristin Crowe was named this year's guardian angel at the Children's Foundation Guardian Angel gala on Feb. 23, 2019.



8 Wing Trenton honorary colonels, John Smylie, Dr. Anne Marie Vaughn and Bernie Ouellet are all smiles at this year's Children's Foundation Guardian Angel gala in Belleville on Feb. 23, 2019.

Turn old news into new

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auction, helped raise a record amount of more than \$156,000. The Foundation is governed by its own board of directors and is the charitable arm of Highland Shores Children's Aid.

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Here is a quick review of common drugs and their harmful effects:

Alcohol

- It's legal but it's lethal.
- It impairs your judgment, mental abilities and physical co-ordination.
- Your inability to think straight and perform physical activities can put you and your co-workers in serious danger.
- We all know drinking and driving is a dangerous combination, but so is drinking and working.

Marijuana

- Now legal, this drug also impairs your co-ordination and concentration, and affects your memory.

Cocaine

- This drug stimulates the brain and alters the mind.
- The user engages in risky behaviors and is subject to mood swings including violent behavior.
- Crack is a form of cocaine, which is smoked.

Barbiturates

- These drugs are also known as downers. They slow the body functions and cause extreme drows-

ness as well as lack of balance and co-ordination

Amphetamines

- Also known as uppers, these drugs are powerful stimulants.
- They speed up the person's behavior, sometimes to the point of violent and bizarre behavior.

A drug-free workplace is a safer workplace. Make a decision today to keep it that way.



The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Mark Goulden., MSM., CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

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ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

• Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.

• Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.

• Articles must be received by Monday at noon prior to print date.

Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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Continued from page 1

Cpl. Albano noted there was still a lot to celebrate. This year marked the third time in a row that 8 Wing has hosted regionals, which he added the players appreciated since it allowed for family and friends to come out and show their support. In addition, it was a great opportunity to try and defend their reigning champion status. In the past five years, Trenton has won three regional tournaments, as well as taken home the gold twice at the national level. As for what his team could work on in the future, he noted they would greatly benefit from playing in a local league to help improve team strategy and skill levels. But, overall, he noted he was honoured to be able to play the sport he loves alongside individuals he considers to be his military family and friends. "Sports in the Canadian Armed Forces (CAF), whether recreational or competitive is very important, not only for the physical benefits of staying healthy but the mental benefits it brings our members," he said. "The camaraderie developed from playing team sports in the CAF is phenomenal. It also, provides social benefits, connecting military members with each other and with the community." Also speaking to the success of 8 Wing was the team captain, Cpl. Nicholas Bourgon. While a busy week for the team, he too stressed how proud he was of their efforts. "We came up a little short but the boys battled hard every game," he said. "Every time I step on the court with these guys it's unbelievable. I wouldn't want to step on the court and battle with anyone else (except) the boys from Trenton." When asked to reflect on the winners, Cpl. Bourgon noted that the Petawawa team had been the best he



Photo by Corporal Rob Stanley

This year's members of the 8 Wing Trenton's men's basketball team.

had seen from their region in the past eight years. He added he was especially impressed with their cardio, their offensive game and overall level of fitness. "This team will be a very strong team going to Gagetown for nationals representing the Ontario Region," he said. "Petawawa was definitely our biggest competitor," he explained. "They had a skilled and athletic team with two efficient players at every position." As for his most memorable moment of the tournament, he noted

it was the final showdown with the Petawawa team during semifinals. "I could see in everyone's eyes they wanted it," he explained. "We played hard, with them full court pressing us. I definitely think we did very well controlling the ball and our coach Cpl. Albano is very experienced in these kinds of situations." Last but not least, he noted

it was important to give credit to those that helped made this year's tournament possible, including members of Personnel Support Programs (PSP) and the following players: Cpl. Julien, Cpl. Lukosius, Major Wendland, Second Lieutenant Macfarlane, Leading Seaman (LS) Green, LS Desrosiers, Captain Kim and Cpl. Thompson.



Photo by Corporal Zebulon Salmaniw

8 Wing Trenton Wing Commander Colonel Mark Goulden (left) and Wing Chief Warrant Officer Troy Zuorro (right) present the Garrison Petawawa team with a plaque and medals at this year's regional basketball tournament on Feb. 25.

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8 Wing unit celebrating a decade of innovation and hard work



Members of Canadian Forces Aeromedical Evacuation Flight put on a mock scenario where they must transport an infectious disease patient from an ambulance to a quarantined medical tent on Oct. 4, 2018.

By Makala Chapman

The Canadian Forces Aeromedical Evacuation Flight (CF AE) is celebrating its 10th anniversary. In order to commemorate the milestone, members of the deployable medical team gathered at the Officers' Mess at 8 Wing Trenton on Feb. 21. During the special event, Flight Commander Major (Maj.) Marilou Beaucage shared a brief history of the unit, as well as highlighted some of their many accomplishments. It was in November 2006 that the decision to centralize aeromedical groups was made, as it would be the most efficient use of their resources. The following year, the first aeromedical evacuation crewmembers were posted to 8 Wing Trenton. Then in October 9, 2009 CF AE was officially stood up, where it has since been carrying out missions both domestically and abroad. In its relatively short history, CF AE has flown hundreds of missions and has received the Canadian Forces Unit Commendations (CFUC) on two separate occasions. The first commendation was presented to the flight back in 2012 in light of their work during the Afghanistan mission. They were then awarded the prestigious honour again in 2016, officially receiving it in October 2018, for their role in developing a plan to evacuate Canadians who contracted Ebola from overseas countries in 2014. Based on information provided by the World Health Organization, Ebola virus disease, also known as Ebola hemorrhagic fever, is a severe and often fatal illness that can damage both the immune system and internal organs. With an average fatality rate of 50 per cent, it is imperative that infectious patients are safely quarantined and transported back for medical attention. Following the presentations, Maj. Beaucage shared that the event was the perfect way to commemorate the flight's success. "We feel like it's a milestone because it's been a busy ten years," she said. "We are a small unit but we accomplish a lot and are a part of big projects." As for what inspires those in CF AE to continue doing the work that they do, Maj. Beaucage noted it was their dedication to both the mission and the patients. "We

are passionate about our job because we care about our members," she said. "We want to support them and bring them back home safe to their families." In terms of what's next for the flight she noted the "future is bright" and was looking forward to seeing their capabilities and role in the Canadian Armed Forces expand. While unable to attend the event, CF AE's former flight commander Maj. Sandra Pilote shared a few words in a written statement. She noted that being a part of the aeromedical team had been a highlight of her career and misses it daily. She also expressed her excitement over the fact that the flight had reached an incredible milestone that she was honoured to have been a part of. "This 10 year's success is the result of team work," she wrote. "I take with me fond memories, valuable skills, friends and so much more. I hope to one day leave an impression on others similar to the one the AE flight left on me." She too finished her congratulations to her colleagues noting that, indeed, their future was bright.



Canadian Forces Aeromedical Evacuation Flight Commander Major Marilou Beaucage (left) receives a commendation medal from Brig.-Gen. Downes (right) on Oct. 4, 2018.



Photos by Makala Chapman

Members of the Canadian Forces Aeromedical Evacuation Flight celebrate their 10th anniversary at 8 Wing Trenton on Feb. 23, 2019.



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Photos of the Week

Hasty Ps compete in First Responders Cup

Mission Support Squadron



(Left to Right) Master Corporal (MCpl.) Sean Francis, MCpl. Nathan Rivet, Corporal (Cpl.) Kate Deroche, Trisha Baker, Cpl. Donny Williams and Sergeant Brett Hodgins

Contact news
 Members of the Hastings Prince Edward Regiment (Hasty P) recently participated in this year's First Responders Cup. The Hasty P team finished 5th place out of 22 teams. In this event, participants must complete eight physical challenges, all which are based around the daily tasks undertaken by first responders. Some of challenges included barrier crawls, shuttle runs, a 200 lb. mannequin drag, box jumps and more. Congrats!

CFS Alert: Alert Triathlon



Photo by Mr. Richard Whaley



Photo by Cpl. A. Medeiros

Pictured (from left to right) is Chris Seymour, Faith Storey and Peter Webster.

Content submitted
 Physical Fitness is always important, even when you're far away from home. To promote physical activity and friendly competition amongst station members, CFS Alert hosted a 'Triathlon' event where teams raced to cover the 817 km between Alert and the North Pole by cycling, rowing, or running. The combined distances of each team member, in each of the sports, were tallied towards the goal of 817 km. Pictured is the winning team receiving their hard earned T-shirts. A big thanks to Corporal Elliot and Lieutenant Charron for organizing the event.

By Warrant Officer D.T. Best
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DATE: Wednesday, March 6th, 2019
TIME: 4:00 to 7:00 PM
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 Light appetizers and refreshments will be served.

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Upcoming local events

March 5 - St James Anglican Fellowship Church Trenton (5 South St Trenton) will be having a pancake, sausages and fruit cocktail breakfast for Shrove Tuesday. For more information, contact 613-392-0353.

Mar 16 - The Quinte Branch of Ontario Genealogical Society will feature a digital presentation "Organizing your DNA Matches" by Diahna Southard. Held at Quinte West Public Library, 7 Creswell Dr, Trenton 1-3 pm. Everyone welcome.



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March Break Kids Camp



11 - 15 March 2019



Where? RecPlex 21 Namao Dr

When? Monday 11 March to Friday 15 March 2019

Ages: 6 -12 years old

Program Details: Enjoy a week of structured games, cooking, sports, swimming this March Break.

Structured Programming: 8:00 am – 4:00 pm

Early & Late Pick Up Available: 7:00 – 8:00 am & 4:00 – 5:00 pm

Cost: \$ 140 Military/ \$ 160 General Public

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March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6 Community Connection What About Me?	7 Knit & Chat	8	9 Babysitting Course
10 Babysitting Course	11	12 Deadline to order Good Food Box	13 Community Connection What About Me?	14 Special Needs Parent Support Group	15	16
17	18 Knit & Chat	19 Deadline to register for Mental Health First Aid	20 Good Food Box Pick -Up Community Connection What About Me?	21 Essential Oils: Hormone Horror	22 ASIST	23 ASIST

● Knit & Chat

Our next group for knitting and crocheting is on March 7 and March 18 from 6 – 8 p.m. This is a free group and open to knitters and crocheters of any level but registration is required. Please register by calling reception at 613-965-3575.

● Herbal Health Series - Stress & Care of Nervous System

March 7, 2019, 6:30 - 8:30 p.m. \$35 per class Excessive stress can take its toll on our minds and bodies. With this, comes various health struggles. Learn about herbal adaptogens that

encourage restful sleep, as well as restore the nervous system and the adrenal glands. Make & Take Project: Herbal Tea - for bath or teapot Register by March 1, 2019 at MFRC Reception or email rabia.s@trentonmfr.ca.

● Babysitting Course with Level D CPR Infant & Child

March 9 & 10, 2019; Saturday and Sunday 10 a.m. to 4 p.m. Course is offered by the Canadian Safety Council Includes: Wall certificate, wallet card, reference manual, CPR wallet certificate & CPR reference book; For youth 12+ \$40 per child; Lunch is not

provided At the Trenton MFRC

Deadline for registration: March 4, 2019

To register, visit the MFRC reception or email Rabia with your questions at rabia.s@trentonmfr.ca.

● Hormone Horrors

March 21, 2019, 6:30-8:30 p.m. Every month they come around and wreak havoc: learn to manage your hormones naturally. Go from a hot mess to cool, calm and collected with a little help from essential oils. \$10 per person - Hands-on (and nose) experience with oils, including a free take home essential oil roll-on blend. Register by March 19, 2019

● ASIST

ASIST (Applied Suicide Intervention Skills Training) teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone 16 or older can learn and use the ASIST model.

March 22 and 23, 2019 from 8:30 a.m. – 4:30 p.m. Registration fee: \$100 Lunch is not provided. To register and make inquiries: 613-965-3575

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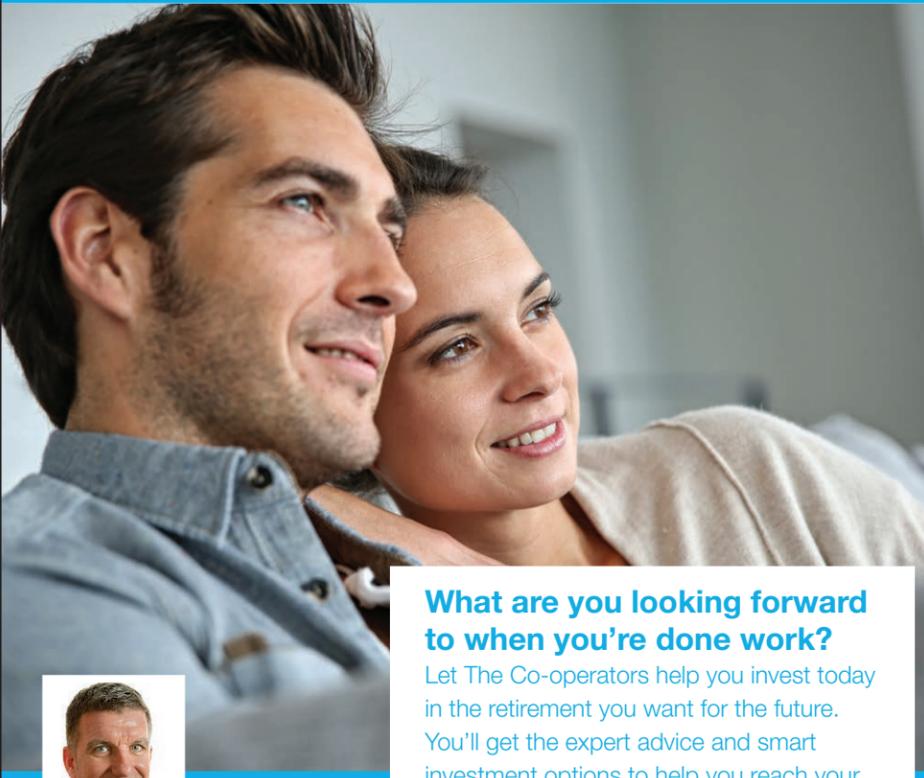
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Success through collaboration

Content courtesy of Conflict and Complaint Management Services

A Canadian Armed Forces (CAF) member was visiting from another area during the holiday season. There was concern for the member's state of extreme stress, so a coordinated effort between two Conflict and Complaint Management Services (CCMS) offices allowed for the member to speak with a Complaint Management Services (CMS) Agent in the visiting location. The member was involved in a serious incident during a training exercise resulting in a cease training order, effectively ending an opportunity to pursue a highly sought after CAF occupation. The member was prepared to grieve, potentially creating poor relations with both

Chain of Command (CoC) and unit members. After speaking with the CMS Agent, the member understood the CoC's perspective and decision. The CMS Agent provided guidance on steps the member could take to rebuild trust and confidence with the CoC and recommended exploring other challenging CAF career options. By the end of the conversation the member decided against filing a grievance. The member, together with two CCMS offices, arranged for Conflict Coaching with a Conflict Management Practitioner in order to promote productive discussions with the CoC and the prospect of resuming training. In addition, the CMS Agent received consent from the member to speak with their CoC in order to facilitate the member's return.



Photo by Makala Chapman

Members of 8 Wing Trenton's Conflict and Complaint Management Services at their soft launch on June 5, 2018.

Le succès par la collaboration

Un membre des FAC était en visite dans une autre région pendant la saison des vacances. On s'inquiétait de l'état de stress extrême du membre. Un effort coordonné entre deux bureaux des services de gestion des conflits et des plaintes (SGCP) a donc permis au membre de parler à un agent des services de gestion des conflits (SGC) sur le lieu de la visite. Le militaire a été impliqué dans

un incident grave au cours d'un exercice d'entraînement, ce qui a entraîné une ordonnance d'interdiction d'instruction, mettant ainsi fin à la possibilité d'exercer une profession très recherchée par les FAC. Le membre était prêt à faire son deuil, créant potentiellement de mauvaises relations avec la C de C et les membres de l'unité. Après avoir parlé avec l'agent de la SGC, le membre a compris le point

de vue et la décision du C de C. L'agent SGC a fourni des conseils sur les étapes que le membre pourrait prendre pour rétablir la confiance avec le C de C et a recommandé d'explorer d'autres options de carrière stimulantes pour les FAC. À la fin de la conversation, le membre a décidé de ne pas déposer de grief. Le membre, en collaboration avec deux bureaux du SGCP, a organisé un coaching de con-

flit avec un praticien en gestion de conflit afin de favoriser des discussions productives avec le C de C et la perspective de reprendre la formation. En outre, l'agent SGC a reçu l'assentiment du membre pour s'entretenir avec son C de C afin de faciliter son retour.

Sports & Recreation

8 Wing curling team represents at regionals

	BOR	KGN	MEA	NB	PET	TRN	Wins	Losses	Points	Place
Borden DTB (5)		W 10-4	W 7-6	L 2-8	L 2-11	L 1-11	2	3	7	4
Kingston DTB (6)	L 4-10		L 4-5	L 1-8	L 2-6	W 6-1	1	4	6	6
Meaford DTB (6)	L 6-7	W 5-4		L 2-7	L 3-6	L 4-9	1	4	6	5
North Bay DTB (9)	W 8-2	W 8-1	W 7-2		L 2-8	W 8-1	4	1	9	2
Petawawa DTB (7)	W 11-2	W 6-2	W 6-3	W 8-2		W 15-6	5	0	10	1
Trenton DTB (6)	W 11-1	L 1-6	W 9-4	L 1-8	L 6-15		2	3	7	3

Semi-Final 1: 1st Petawawa (9) vs. 4th Borden (7)
 Semi-Final 2: 2nd North Bay (11) vs. 3rd Trenton (2)

Final: Petawawa (8) vs. North Bay (10)



Photos submitted

Members of the 8 Wing/CFB Trenton curling team at this year's regional tournament.

Contact news

Members of the 8 Wing/CFB Trenton curling team participated in this year's Ontario Regional Curling Championship at the Garrison Golf and Curling Club at CFB Kingston from Jan. 27-30. Pariticipat-

ing in this year's event were members from CFB Kingston, Borden, Trenton, Petawawa, North Bay and Meaford. The Ontario Region Curling Champion was 22 Wing North Bay who defeated Garrison Petawawa with a score of 10 to 8 in the final.

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Announcements Announcements

Jacob Haisma
 ~ Past on March 5, 2018 ~



Missed by his wife, children, grandchildren and great grandchildren.

8 Wing Chapel / Chapelle de la 8e Escadre

Location/Adresse:
 91 Namao Drive East / 91 Promenade Namao Est

Office hours/ Heures de bureau:
 Monday to Friday 0800 - 1600 hrs
 Du lundi au vendredi 08h00 à 16h00

Services Times/ Heures des services religieux
 Protestant Sunday Service: 1100 hrs (English)
 Service Protestant du dimanche: 11 h 00 (en anglais)

**RC Sunday Mass: 0900 hrs (English)
 1000 hrs (French)**

*Last Sunday of each month: 0900 hrs (Bilingual)

RC Weekday Mass: Tues, Wed, Thurs at 1200 hrs
 (Subject to change without notice)

**Messe CR du dimanche : 9h00 (en anglais)
 10h00 (en français)**

*Dernier dimanche de chaque mois : 9h00 (bilingue)

**Messe CR en semaine: mardi, mercredi et jeudi à
 midi (12h00)**
 (peut changer sans préavis)



Quinte West Jewish Community at 8 Wing, various services, call for details.
 Communauté juive de Quinte West à la 8e Escadre, divers services, appelez pur plus de détails

Wing Chaplain/Aumônier de la 8e Escadre:
 Maj (Rev/Rév) Richard Bastien

Unit Chaplains/Aumôniers des unités:
 Capt (Rabbi/Rabbin) Bryan Bowley
 Capt (Fr/Père) John Funelas
 Lt(N)(Fr/Père) Félix Roberge
 Lt(N)(the Rev./Rév.) Mary Anne VanHeuvelen
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4.35 acres! Executive 5 bed, 3 bath 2-storey-home located on a quiet dead end road, only 10 minutes to Catarqui Mall Kingston and 20 minutes to CFB Kingston.

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**IMECCABLE 8-YEAR-OLD BUNGALOW
195 NICHOLAS STREET**



Impeccable 8-year-old bungalow with 3 bed plus den and 2 baths, walkout basement and attached 1½ garage in a fantastic neighbourhood.

MLS# 175637* \$350,000

**EXQUISITE MOBILE
18 SKYVIEW TRAILER PARK ROAD**



Exquisite like new 2 bed, 2 baths mobile with sunroom, custom kitchen and 5 piece en-suite in an adult park walking distance to all amenities and waterfront access!

**BUNGALOW WITH WALKOUT BASEMENT
70 FARLEY CRESCENT**



4 bed, 2 bath bungalow with sunroom, walkout basement, attached garage in a fantastic neighbourhood. 5 minutes to CFB Trenton.

MLS# 175592* \$350,000

**OPEH HOUSE: SAT., MARCH 2ND 1 - 2 PM
1193 FRANKFORD RD**



Spectacular 4bed, 3 bath, 2 storey home with ensuite, double attached garage, plus a single detached garage on 1 acre just 10 minutes to Quine Mall, and 20 CFB Trenton.

MLS# 177307* \$475,000

**SIDE SPLIT WITH GARAGE
67 FIRST AVENUE**



2 bed (possible 3rd) 2 bath, side split with garage in a fantastic neighbourhood minutes to all amenities and CFB Trenton.

MLS# 176120* \$300,000

**SPACIOUS MOBILE WITH GARAGE
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MLS# 174513* \$210,000

**OPEN HOUSE: SAT., MARCH 2ND 3 - 4 PM
1087 CARMAN ROAD**



Spectacular 3 bed, 3 bath brick bungalow completely renovated on 3.2 acres. 15 minutes to CFB Trenton, 5 minutes to the 401, Walmart, schools, and all amenities.

MLS# 173643* \$400,000

**BRICK BUNGALOW WITH ENSUITE
12 MANOR CRESCENT**



4 bed, 3 bath brick bungalow with en-suite, finished walk out basement and attached garage minutes to CFB Trenton.

MLS# 175029* \$350,000

**SPECTACULAR BRICK BUNGALOW
5 WALNUT CRESCENT**



1 year old, 3 bed 2 bath brick bungalow with garage and 3rd bath plumbed in. Minutes to all amenities and the 401.

\$379,000

**SPECTULAR HOME ON SUPERSIZED LOT
16 BAYLEA DRIVE**



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**FANTASTIC ALL BRICK BUNGALOW
7 WESTVIEW DRIVE**



Quiet cul-de-sac, 2 bed plus den, 2 bath brick bungalow with en-suite and private yard with garage in Brighton.

MLS# 176440* \$375,000

**SPECTACULAR BUNGALOW ON 1 ACRE
1274 11TH LINE WEST**



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MLS# 176498* \$335,000

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226 MILL STREET



25 PATRICK STREET



1876 QUEENSBOROUGH ROAD



565 FRANKFORD-STIRLING ROAD