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437 Transport Squadron  
**75<sup>th</sup> ANNIVERSARY**  
75e anniversaire du 437e Escadron de transport

# Trenton Cadet Training Centre holds Ceremonial Trooping of the Banner Ceremony



Photos by Alicia Vandine

Mayor Jim Harrison reviews the formation of cadets on the 8 Wing Parade Square as part of the Trenton Cadet Training Centre's Trooping the Banner Ceremony.

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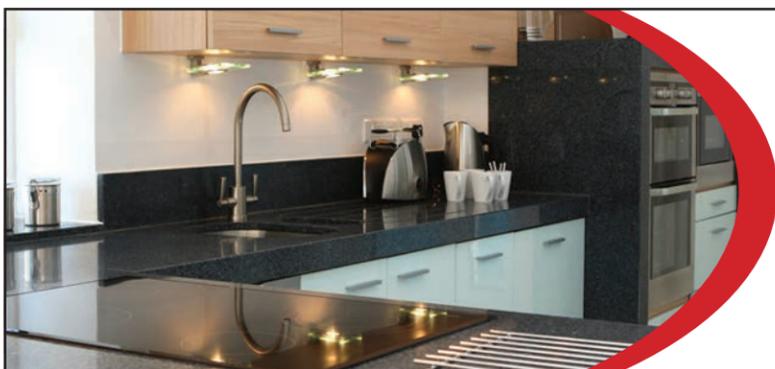
By Alicia Vandine

The 8 Wing/CFB Trenton Main Parade Square was the site for the Trenton Cadet Training Centre's (TCTC) Trooping of the Banner Ceremony on August 10, 2019, commemorating the 78th year of the Air Cadet camp program.

The TCTC strives to offer a program to cadets ages 12 to 18 that is challenging and will help them acquire new experiences. They wish to foster and encourage team spirit, mutual assistance, comradeship and physical fitness in a safe and fulfilling climate.

"Our cadets come from the Trenton area and all across Ontario, and there are over 700 course cadets at any given time participating," said Ross Stewart, Lead Staff Cadet. "As Trenton is an Air Force base a lot of

Continued on page 5



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# Trenton's skydiving couple

By Makala Chapman

Master Seaman (MS) Bree Bent and Master Corporal (MCpl) Jason Bent are a husband and wife duo who also happen to be members of the Canadian Forces parachute demonstration team the SkyHawks.

Travelling across North America during their touring season, the Bents say being a part of the team has been a memorable experience they won't soon forget. "Getting to spend as much time as we have jumping together is life-changing," said MCpl Bent. "It's surreal."

He noted while he has been on the team for the past three years, he was especially excited to be present for his wife's first season this year. Having gone through the training process himself, MCpl Bent added he was also proud of his wife for working as hard as she did to secure a spot. "Even though Bree had applied, and I was already on the team, she was selected based on criteria that had nothing to do with our relationship," he said. "It was a fair and honest selection. When it came down to it she made the cut."

As for how they initially got involved with the SkyHawks, they both agreed it stemmed from a passion for adventure and an interest in skydiving. Having joined the team as a parachute

rigger, MCpl Bent said that's where he began sharing more about the job opportunity with his wife. Giving it some serious thought, MS Bent said she finally decided to take the plunge and applied for the position last October.

"We are able to put aside the fact that we are husband and wife and be the professionals that our job requires us to be," she said. "But it's been awesome to share this together."

One of her favourite moments on the team was when she and her husband first got to jump together. "It was out of a hot air balloon in California," she laughed. "The air is so calm and you don't really get that rush of wind to support your body so it feels like you're falling into nothing and get that drop in your stomach feeling. It was definitely scary but a lot of fun."

While the duo noted they aren't sure what the future holds, they are positive it will include enjoying the remainder of the demonstration season and a whole lot more skydiving. "It's an unreal experience," said MS Bent. "We love what we do and we love doing it together."

*Master Corporal Jason Bent and Master Seaman Bree Bent after their first jump onto Parliament Hill in Ottawa on July 18, 2019.*



Photo courtesy of MS Bree Bent



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## VETERAN FAMILY PROGRAM

For Medically Releasing CAF Members, Medically Released Veterans and their Families

Photo Courtesy of Combat camera



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The Veteran Family Program supports medically releasing Canadian Armed Forces members, medically released Veterans and families. If you are transitioning visit your local Military Family Resource Centre, [CAFconnection.ca](http://CAFconnection.ca), or call the Family Information Line at **1-800-866-4546**.

Ce programme appuie les militaires en voie de libération pour des raisons médicales, les vétérans libérés pour des raisons médicales et leur famille. Si vous êtes en transition, visitez [ConnexionFAC.ca](http://ConnexionFAC.ca) ou votre centre de ressources pour les familles des militaires, ou appelez la Ligne d'information pour les familles au **1-800-866-4546**

# 424 Transport and Rescue Squadron completes successful mission near Gravenhurst



Contact File Photo

By 2Lt Sheila Tham

Joint Rescue Coordination Centre Trenton responded to a helicopter crash near Gravenhurst on Saturday, August 10th. The helicopter had crashed in a remote forested area of Queen Elizabeth II Wildlands Provincial Park with two passengers on-board.

A team from 424 Transport and Rescue Squadron arrived in a CH-146 Griffon Helicopter where they discovered the downed aircraft.

Captain (Capt.) James Wilson, the aircraft commander for the

mission, commented, "The location of the crash was austere, ground teams were unable to reach the area ... We landed nearby, Search and Rescue Techs hiked to the location, secured the crash and prepared the patient for transfer."

One passenger was released on the scene and the other was airlifted to Sunnybrook Hospital. Capt. Wilson also made note of the fact that this was the second high-profile mission of the weekend and that "the crew is to be commended for their professionalism during these exceptionally busy times."

A team from 424 Transport and Rescue Squadron arrived in a CH-146 Griffon Helicopter on Aug. 10 where they discovered the downed aircraft in a forested area near Gravenhurst, Ont.



*Please join us in celebrating the*  
**436 Transport Squadron**  
**75<sup>th</sup> Anniversary & Reunion Weekend**

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**Meet & Greet Social**  
 4 Oct 2019, 1900 hrs  
 Earl of Bessborough, 8 Wing Trenton  
 Dress: Casual  
 Cash Bar

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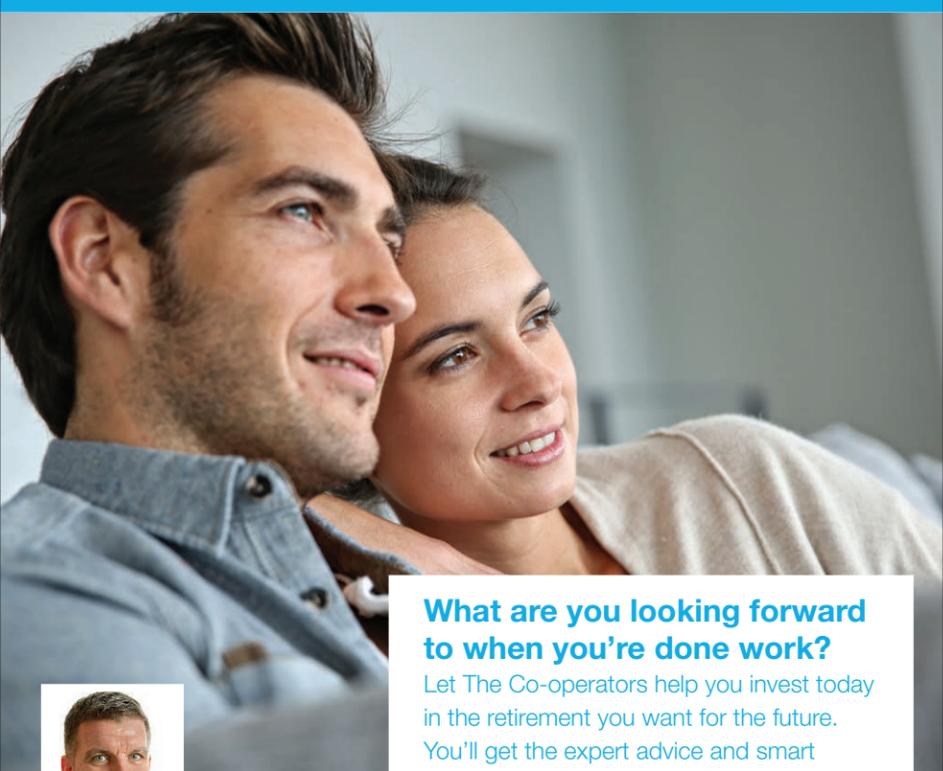
**Gala Dinner**  
 5 Oct 2019, Cocktails at 1700 hrs followed by Dinner at 1830 hrs  
 National Air Force Museum of Canada  
 Dress: Black Tie / Formal / Mess Dress Optional  
 Cost: \$60 Acquittance Roll, other payment options available just ask for info when you RSVP at the email address below.

Tickets are now on sale for Sqn members and will be open to public on 26 Aug 2019.

**Remember, Only 436 seats available!**

RVSP at [436Sqn75thAnniversary@gmail.com](mailto:436Sqn75thAnniversary@gmail.com)

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# Safety



## Stay Safely On Your Feet

Falls are a leading cause of injury in all kinds of workplaces.

Slipping on a slick surface so that your feet go out from under you can cause them. Tripping on an obstacle can also cause falls; your feet get caught but your body keeps on going. Falls also can occur when you step off an elevated surface.

### Follow these tips to prevent falls:

- Keep pedestrian traffic areas free of obstacles and clutter. This can include scrap, trash, stored materials, tools and equipment.
- Don't store things on the floor. There should be adequate shelving or other storage space for materials, tools and equipment.
- Keep walking surfaces clean and dry. They should be free of water, ice, mud, oil and grease. Pay special attention to entryways.
- Areas where floors are being cleaned should be blocked off.
- Clean up any spills promptly, or barricade the area until it can be taken care of.
- Report any hazards on the surfaces for floors such as loose carpeting or tiles, which are starting to lift.
- Avoid running cables and cords across traffic areas. If these must cross walkways, run them overhead or use conduits. As a last resort, make sure cords are taped down to reduce tripping hazards.
- Keep trash and scrap cleaned up and disposed of.
- Always close drawers promptly. Leaving a lower drawer open can cause a serious accident if someone stumbles over it.
- Use ladders safely. Choose the right ladder for the job and make sure it is set up properly on a firm surface.



- Don't stand on the top few rungs, and do not lean away from the ladder.
- Set up scaffolding safely. Use approved scaffold designs and use them correctly.
- When working at heights, use approved fall protection and fall arrest equipment. Maintain this equipment well and check it regularly for defects.
- Wear proper footwear to prevent falls. Shoe soles should be made of non-slip material. Shoes should have low heels, fit well and be kept fastened.
- Long, loose pant cuffs present a tripping hazard, don't wear them.
- Maintain adequate lighting. Report any problems such as burned out light fixtures or obstructed windows. This is especially important in hallways and stairwells.
- Don't jump down from elevated surfaces such as vehicles or loading docks. Take the stairway or ladder.
- Walk, don't run up or down stairs, and use the handrail.
- Never store items on the stairs, even temporarily.
- Make sure any floor openings are correctly covered and barricaded.
- Never engage in horseplay. Pranks have led to many serious falls and other accidents.

Slips, trips and falls occur in all kinds of workplaces, from offices to construction sites. Be aware of fall hazards, and repair or report them promptly.

### The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Mark Goulden, MSM, CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

The CONTACT is produced weekly under a Publication Service Agreement with a division of Metroland Media Group.

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**Public Affairs, Internal Comms:** 8 Wing Public Affairs

**PSP Manager:** Todd Peddle

#### Metroland Media Staff:

**General Manager:** Adam Milligan 705-761-7990

**Advertising Sales:** Orinda Johnston 613-966-2034 ext: 795015

**News and Feature Content:** Makala Chapman 613-392-2811 ext: 7009

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### ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.
- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

### Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

### A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



The Contact ~Wing Headquarters  
Building Annex, 8Wing / CFB Trenton  
PO Box 1000, Station Forces,  
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Continued from page 1



Photos by Alicia Vandine

The Musical Training Cadets perform at the Trooping of the Banner Ceremony hosted on the 8 Wing Parade Square in Trenton.



Cadets from the Trenton Cadet Training Centre, along with guests, line the 8 Wing Parade Square on Saturday evening to watch the annual Trooping the Banner Ceremony. Drill and Ceremonial Instructors along with the cadets from the Advanced and Intermediate Music Training Courses were Trooping the Dedication Banner of the Royal Canadian Air Cadets.

our courses are centred around aviation so in addition to learning about music and drill, cadets also have the opportunity to learn about aviation at different levels and at different scopes." "Here we have Basic Aviation and Technology Aerospace course, so cadets can learn about more technical aspects of engineering, about how to build engines and how to put aircrafts together. If they are interesting in becoming pilots and flying they can take basic or advanced aviation courses where they go

through the physics of flying, the technicalities of how to fly so that they are ready to take a test and move on to glider or power scholarship courses," added Stewart. The Trooping the Banner parade is one of the ceremonial aspects of this cadet program. It features participants in the Drill and Ceremonial Instructors Course (DCIC) and the Military Band (Intermediate and Advanced Musician) courses, allowing them to showcase what they have been working on for

the last five weeks to the other cadets of the camp, parents, special guests and dignitaries. "My wife and I have the privilege to attend many activities at the base and none better than this," said Jim Harrison, Mayor of Quinte West. "You have written another chapter in your book this summer and every chapter is so important as you progress in life. What you have achieved this summer and what you have demonstrated in your abilities during the Trooping of the Banner Ceremony is just

marvelous. I would like to thank Captain Abbott and all the instructors who worked with you and helped you move forward." Each summer, a total of 1,000 course cadets, led by 90 staff cadets and 120 adult staff from across Ontario, attend the Trenton Cadet Training Centre for 2, 3 and 6-week courses.

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## Upcoming Local Events

- **Aug. 24** – Highway of Heroes Ride and Rally starting at Bain Park in Trenton approximately 8 a.m. For more information visit [www.heroeshighwayride.ca](http://www.heroeshighwayride.ca).
- **Sept. 14** – Legion Week begins with a myriad of activities for veterans, current-serving members and the military community. Things kick-off on September 14 at their downtown branch in Quinte West. For more information contact the Legion at 613-392-0331.
- **Sept. 14** – The Trenton Curling Club, 293 King Street, Trenton, is hosting a vendors mart on Saturday, September 14, 2019 from 10:00 am to 4:00 pm. There is no admission fee. Come out and support our local artisans and entrepreneurs. A tour of our facilities and lunch will also be available. See you then!"
- **Sept. 15** – The Trenton Military Family Resource Centre will once again be hosting their annual Block Party. All members of the military community, of any age, are welcome to come out and enjoy a range of free activities. For more information contact the MFRC at 613-392-2811 ext. 3575.
- **Oct. 5** – 436 Transport Squadron 75th Anniversary and Reunion Weekend features a Gala Dinner at the National Air Force Museum of Canada. Cocktails at 1700 hrs with dinner at 1830 hrs. Tickets are on sale now for Squadron members and will be available to the public as of Aug. 26. Remember, only 436 seats available! RSVP to [436Sqn75thAnniversary@gmail.com](mailto:436Sqn75thAnniversary@gmail.com).




Annual military family day!  
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Call/Téléphone : 613-392-2811 ext/poste 3855



## Welcome to the Youth Centre!

# AUGUST 2019

<p>Hot Summer Days won't be slowing us down!</p> <p>Come out to our special themed nights! They are bigger and better than ever, you won't want to miss out. Please make sure you're dressed for the weather!</p>	<p><b>Summer Hours</b></p> <p>Tuesdays Ages 6-8, 6 - 9 p.m.</p> <p>Wednesdays Ages 8-12, 6 - 8 p.m.</p> <p>Thursdays Ages 10-14, 6 - 9 p.m.</p>	<p>Parents: Please remember to send your kids with small change only, rather than bills, for canteen purchases. Thank you!</p> <p><b>CALLING ALL TEENS!</b></p> <p>Contact <a href="mailto:kate.b@trentonmfr.ca">kate.b@trentonmfr.ca</a> and learn how to get your volunteer hours at the MFRC.</p>	<p>For more information about our Youth Centre &amp; Programs please contact:</p> <p><b>Rabia Stobbart</b> – Youth Services &amp; Personal Development Coordinator 613-392-2811 x2568   <a href="mailto:rabia.s@trentonmfr.ca">rabia.s@trentonmfr.ca</a></p>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July 29	July 30	July 31	1	2	3
CLOSED	CLOSED Savvy Sailors!	Pin the tail on the Whale Ages 6-8 6-9 p.m.	Setting Sail Balloon Toss Ages 8-12 6-9p.m.	Ship Mending String Art Ages 10-14 6-9p.m.	CLOSED	CLOSED
4	5	6	7	8	9	10
CLOSED	CLOSED Going on a Safari	Binoculars/ Safari Hats Ages 6-8 6-9 p.m.	Climb Through the Jungle Ages 8-12 6-8 p.m.	Animal Calls Ages 10-14 6-9 p.m.	CLOSED	CLOSED
11	12	13	14	15	16	17
CLOSED	CLOSED Luau Party	Coconut Stomp Ages 6-8 6-9 p.m.	Lei's and Skirts Ages 8-12 6-8 p.m.	Beach Volleyball Ages 10-14 6-9 p.m.	CLOSED	CLOSED
18	19	20	21	22	23	24
CLOSED	CLOSED Let's go Camping!	S'mores night Ages 6-8 6-9 p.m.	Catching Fireflies Ages 8-12 6-8 p.m.	Glowing Campfire Ages 10-14 6-9 p.m.	CLOSED	CLOSED
25	26	27	28	29	30	31
CLOSED	CLOSED Carnival Fun	Fishing & Popcom Ages 6-8 6-9 p.m.	Ice Cream Sundaes Ages 8-12 6-8 p.m.	Basket Toss Ages 10-14 6-9 p.m.	CLOSED	CLOSED

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# TRENTON Military Family Resource Centre

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## August/September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19 Boîte à lunch santé (Healthy Lunch Box – offered in French only)	20 Youth Centre, Ages 6-8	21 Youth Centre, Ages 8-12	22 Vaccination Clinic (SNIP) IEP, IPRC, ABA Workshop for Parents Youth Centre, Ages 10-14	23	24
25	26	27 Youth Centre, Ages 6-8	28 Youth Centre, Ages 8-12	29 Youth Centre, Ages 10-14	30	31
1	2 Labour Day MFRC CLOSED	3	4	5	6	7
8	9 Bellydancing with Amara	10	11	12	13	14

● **Trenton MFRC Summer Hours – Trenton Location**

Monday – Friday: 7:30 a.m. – 5 p.m.

Child care hours remain the same

\*Please note that the Trenton MFRC will be closed on Monday, September 2

● **Summer Youth Centre Hours**

The Trenton MFRC Youth Centre’s summer hours are in effect.

Please refer to the monthly activity calendars available on our websites, Facebook page, or for pick-up at the Trenton reception for more information.

Monday	CLOSED		
Tuesday	6 – 9 p.m.	6 – 8 years old	August 19: S'Mores Night
Wednesday	6 – 9 p.m.	8 – 12 years old	August 20: Catching Fireflies
Thursday	6 – 9 p.m.	10 – 14 years old	August 21: Glowing Campfire
Friday	CLOSED		

● **Vaccination Clinic**

Thursday, August 22, 2019, 9 a.m. - 4 p.m. at the Trenton MFRC

The Trenton MFRC is partnering with Hastings and Prince Edward Public Health to offer a vaccination clinic for military families.

Vaccines can be provided for all ages. HPEPH will help you identify what vaccines you need if you are new to Ontario.

Preliminary consultation is required before booking appointment, to help HPEPH identify which vaccines you will need at your appointment.

By appointment only; No walk-ins will be accepted.

Please note: Immunization records must be provided at appointment.

Call 613-966-5500 ext. 221 to book appointment. Please indicate the Trenton MFRC location.

● **Bellydancing with Amara**

Learn the timeless art form from the Middle East

Mondays starting September 9, 2019, 7 - 8:30 p.m.

\$55 for 8 classes

To register call the MFRC Reception. Payment to be made in cash at first class.

For more information call 613-392-2811 ext. 2568.

● **Block Party!**

Save the date for the MFRC’s annual Block Party, in partnership with 8 Wing PSP. On **Sunday, September 15**, from 11 a.m. - 3 p.m., the MFRC & PSP will host a welcome event for military families. There will be a free lunch, community booths, inflatables, a petting zoo, and activities for all ages! More information can be found at [trentonmfrc.ca](http://trentonmfrc.ca), [cafconnection.ca/Trenton](http://cafconnection.ca/Trenton), or at MFRC reception.

● **Ottawa in Autumn Bus Trip**

Saturday, September 28

7:00 a.m. - Depart MFRC

6:00 p.m. - Depart Ottawa to return to MFRC

\*Adults Only | \$30 per person

Register at the MFRC reception by September 13, 2019.

Things to do in the Nation’s Capitol:

- Shop the Byward Market
- Explore National Gallery of Canada
- Try a famous Beaver Tail
- Revel in history on Parliament Hill
- Enjoy the Rideau Canal by foot or boat tour
- Catch a show at one of Ottawa’s many theatres
- Indulge in the foodie scene

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Daniel Tcherkezin and Rhea Panashtia help a fellow cadet prepare for takeoff.



Photos by Makala Chapman

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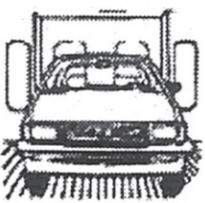
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Daniel Tcherkezin and Rhea Panashtia say they hope to one day make their mark as pilots in the Royal Canadian Air Force.

By Makala Chapman

For many young Canadians cadets is more than just a recreational program – it's a glimpse into their potential futures. In fact, if you were to ask Daniel Tcherkezin and Rhea Panashtia why they joined their local cadet squadrons they too will confirm it was to help them get closer to their dream of becoming pilots in the Royal Canadian Air Force.

Like hundreds of other cadets from across the region both Tcherkezin and Panashtia have been spending their summer housed at the Trenton Cadet Training Centre (TCTC). What makes their experience all the more unique is the fact that by the end of their program they will have earned their glider pilot licenses at just 15 and 17 years old. If that wasn't impressive enough, it should be noted that the young North York and Brampton cadets had to apply and prepare months in advance before joining the small handful of other youth accepted into the Glider Pilot Scholarship course. This specific program was designed for young aviation enthusiasts looking to attain their Transport Canada Glider Pilot Licence in seven short weeks – despite many of them not yet having a driver's license.

The glider program runs out of several locations across the country, which includes the Picton Airport and Mountain View Cadet Flying Training Centre (MVCFTC) in Prince Edward County. A typical day for the air cadets begins with a 5 a.m. wake-up call, followed by breakfast and a full day of learning things such as the theory of flight, meteorology and air law. Cadets will also take part in flight training, as well as conduct personal studying before hitting the hay and doing it all over again. But, despite the long days and big responsibilities, both Tcherkezin and Panashtia agree they wouldn't change a thing and were loving every minute.

"This program is one of the main reasons I joined cadets and I can't be-

lieve I'm finally here doing it," said Tcherkezin. "I've always wanted to be a pilot."

He went on to share that his dream is to fly the CH-146 Griffon helicopters – one of the main airframes used by 8 Wing Trenton's 424 Transport and Rescue squadron. "That would be a dream come true," he explained as his eyes lit up. "It's saving people's lives and I don't think there's a better feeling than helping someone in need."

As for what it was like being one of the few cadets chosen to be trained to fly a glider, he noted it was an honour not to be taken lightly. In order to be considered, each candidate had to take preliminary classes, known as ground school, and a variety of other extra-curricular activities. "It all adds up and there were points where I was spending five days a week at some sort of cadet activity, on top of school," Tcherkezin said. "There were definitely sacrifices made, but it was all for this goal. I'm happy to have done it because it means I'm here."

Also echoing her fellow cadet was 17-year-old Panashtia. She said since it had always been her dream to be a pilot, it was a no-brainer to join air cadets. "Everything I have been doing in my life has always been for this one singular goal," she said. "I can't imagine seeing myself doing anything else."

Panashtia noted she hopes to be a fighter pilot and plans to do anything in her power to ensure her future spot up amongst the clouds. "I would love to be able to show everyone, male or female, that if they stick to their goals and work hard anything is possible," she said. "The feeling of being up in the sky is incredible and you can see everything. It's the most fantastic experience."

As for whether she would recommend the cadet program to others, she nodded without hesitation. "It's fantastic," she said. "This program is focused on both helping people reach their goals, but, also, helping them make the world around them better. It improves your character and that's huge even if you're not joining the military."

In terms of what's next for the young aviator, Panashtia said she was looking forward to getting in some more solo flights on the glider and receiving her license at the end of the course.

The cadet program is a nationally-funded youth program aimed to develop leadership, citizenship, physical fitness and an awareness of the activities of the Canadian Armed Forces. The cadets participating in these training courses return to their squadrons across the province with the aim of using their newly acquired skills to benefit their local communities.



Panashtia prepares the glider aircraft for towing.

# Photos of the Week

## Blown fuse causes power outage



Photos by Leanna Nordman, General Tradeshelper

By Master Warrant Officer Patrick Griffin, Detachment Sergeant-Major

At 6 pm on July 31st, a duty electrician from Real Property Operations (Ontario) Detachment Trenton was called to a power outage on the South Side of the base affecting multiple office buildings, on-base accommodations, and the medical and dental facilities. It was determined on-scene that one of the main feeder fuses had blown (left photo). This was likely caused by a rodent getting into the switch gear and ultimately led to the blown-out fuse.

The following day, the entire electrical shop had the opportunity to put their

high-voltage skills to test as they needed to determine if any other electrical systems were damaged. Luckily, this was determined to not be the case. Time was also taken to properly inspect and clean all components within the system to confirm there were no other faults caused by the short. Once complete, the new fuse was put into service and the power was restored.

We are satisfied, through proper testing maintenance of our systems, that the only failed part was a fuse (as it is supposed to). If this fuse had not blown it could have caused a lot of damage to all the electrical systems attached to it. This is direct result of hard work by the Electrical Shop within Real Property Operations (Ontario) Detachment Trenton.

## CFS Alert: Wolf Pups!



Photo by Corporal M. Redmond

Observing wolves in their natural habitat.

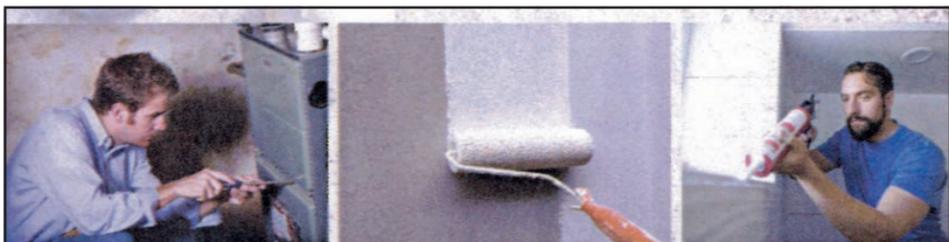
By Lieutenant S. Mills

This past week CFS Alert had the pleasure of a visit from some new and special guests! The local wolf pack has recently had pups, and the mother brought them around to the Station for the first time since they've been born.

It is a unique opportunity to see wolves in their natural habitat. This pack of wolves has been living in the vicinity of the Station for many years. Nonetheless, the personnel at Alert are well informed of the dangers that these animals pose, and respect their space at all times.

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# Certification and Settlement Hearing Announced Regarding the Canadian Armed Forces/Department of National Defence Sexual Misconduct Class Action

NEWS PROVIDED BY Deloitte | Jul 18, 2019, 18:11 ET

OTTAWA, July 18, 2019 /CNW/ - While not admitting liability, the Government of Canada has agreed to a settlement regarding class action lawsuits initiated by seven former members of the Canadian Armed Forces (CAF) on behalf of current and former members of the CAF and current and former employees of the Department of National Defence (DND) and/or Staff of the Non-Public Funds, Canadian Forces, who experienced sexual harassment, sexual assault or discrimination based on sex, gender, gender identity or sexual orientation ("Sexual Misconduct") in connection with their military service, and/or employment.

The Federal Court will hold a hearing on September 19 and 20, 2019 in Ottawa to decide if the proposed settlement is fair, reasonable and in the best interests of the class, and if approved, will certify these lawsuits for the purposes of settlement. The proposed settlement provides financial compensation, the option to participate in a restorative engagement program, and several other measures aimed at addressing Sexual Misconduct in the Canadian Armed Forces. The Federal Court must certify these lawsuits

as class actions and approve the proposed settlement before money is available and other aspects of the settlement are implemented.

Current and former members of the CAF and current and former employees of DND and Staff of the Non-Public Funds who experienced Sexual Misconduct in the military workplace may be able to receive compensation under the proposed settlement if it is approved by the Court. The range of individual compensation for most eligible Class Members is \$5,000 and \$55,000. The payment will depend on the type of Sexual Misconduct and an assessment of the harm suffered. Payment amounts will also depend on how many Class Members submit claims in the proposed settlement. Class Members who experienced exceptional harm (and in the case of those who have previously been denied VAC benefits in respect of that harm, and whose application for reconsideration is also denied) may be eligible for amounts up to \$155,000. The details are explained in the proposed Settlement Agreement. A copy of the Settlement Agreement is available here: [caf-dnd-sexualmisconduct-classaction.com](http://caf-dnd-sexualmisconduct-classaction.com).

## Background

If it is approved by the Court, eligible Class Members may be able to receive compensation under the proposed settlement or they may choose to opt out of the proposed settlement. They have the following legal rights and options:

### 1. Do nothing

If you support the settlement agreement, you do not have to do anything right now. Please note that by doing nothing, you will give up any right to object to the settlement and you will give up the right to sue Canada or others on your own or bring a Human Rights complaint in relation to any sexual harassment, sexual assault or discrimination you experienced while serving in the military or as a DND/SNPF employee.

### 2. Opt Out

If you don't want to be bound by the settlement if it is approved by the Court, you can Opt Out of the class action, at that time. More information about how and when to Opt Out will be provided when and if the settlement is approved. You will have 90 days from the date the Court issues an order approving the settlement to make your decision. If you Opt Out, you

will not be entitled to any financial compensation from the settlement, but you will keep your right to sue Canada or others on your own or bring a Human Rights complaint in relation to any sexual harassment, sexual assault or discrimination you experienced while serving in the military, or as a DND/SNPF employee, subject to any time or other legal limitations applying to your claim.

If you have commenced a legal proceeding against Canada for damages resulting from the Sexual Misconduct covered by this settlement and you do not discontinue it before the Opt Out Date fixed by the Court, you will be automatically deemed to have Opted Out of the Settlement and you will not be able to claim compensation.

Class Members who died before March 15, 2019 are not eligible for compensation under the settlement. Estates of Class Members who died before March 15, 2019 that wish to seek compensation should seek legal advice promptly regarding their options.

### 3. Submit a statement of support

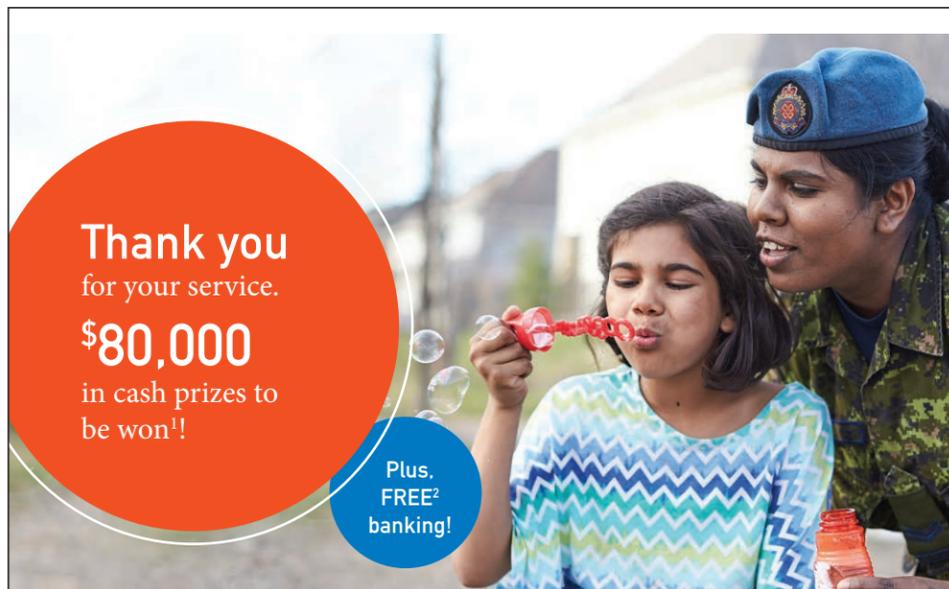
If you do not wish to attend the hearing, but you would like to explain why you support the settle-

ment, you can complete a Participation Form. This form will include your name, address, and the reasons why you support the settlement. The Participation Form can be found at [caf-dnd-sexualmisconductclassaction.com](http://caf-dnd-sexualmisconductclassaction.com). You must mail this Form to CAF DND Sexual Misconduct Class Action c/o Deloitte, Bay Adelaide Centre, East Tower, 8 Adelaide Street West, Toronto, ON M5H 0A9, or email it to [cafndndmisconduct@deloitte.com](mailto:cafndndmisconduct@deloitte.com) and it must be received or post-marked no later than August 30, 2019.

### 4. Object to the proposed settlement

If you do not wish to attend the hearing, but you would like to explain why you object to the settlement, you can also complete a Participation Form. This form will include your name, address, and the reasons why you do not support the settlement. The Participation Form can be found at [caf-dnd-sexualmisconductclassaction.com](http://caf-dnd-sexualmisconductclassaction.com). You must mail this Form to CAF DND Sexual Misconduct Class Action c/o Deloitte, Bay Adelaide Centre, East Tower, 8 Adelaide Street West, Toronto, ON M5H 0A9, or email it to [cafndndmisconduct@deloitte.com](mailto:cafndndmisconduct@deloitte.com).

Continued on Page 11



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<sup>1</sup>No purchase necessary. The 2019 CDCB Customer Appreciation Contest (the "Contest") begins on May 22, 2019, at 12:00:01 a.m. Eastern Time and ends on September 25, 2019, at 11:59:59 p.m. Eastern Time (the "Contest Period"). There are thirteen (13) prizes in total (each a "Prize"), with total prizes valued at \$80,000 available to be won. There will be one (1) Grand Prize of \$20,000 cash and an additional twelve (12) prizes of \$5,000 cash. Odds of winning depend on the number of eligible entries received. Before being declared a winner, a correctly answered mathematical question is required. Full contest details are available at [bmo.com/cdcbcontest](http://bmo.com/cdcbcontest). <sup>2</sup>The monthly Performance Plan fee is waived. You are responsible for all transaction, service, and product fees not included in the Plan. <sup>3</sup>Proof of CDCB eligibility is required.



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**Continued from Page 10**

deloitte.com and it must be received or postmarked no later than August 30, 2019.

**5. Participate at the settlement hearing**

You can attend the approval hear-

ing at the Federal Court in Ottawa, 90 Sparks Street, on September 19 and 20, 2019 at 10:00 a.m. to participate in the proceeding and voice your support or objection to the proposed settlement in person. The

Court will decide if you will be permitted to make oral submissions at the time of the hearing. However, in order to be eligible to participate, you must have completed and submitted the participation form set-

ting out your reasons for supporting or objecting to the proposed settlement.

For more information, please visit [caf-dnd-sexualmisconductclass-action.com](http://caf-dnd-sexualmisconductclass-action.com), call 1-888-626-2611,

email: [cafndndmisconduct@deloitte.ca](mailto:cafndndmisconduct@deloitte.ca), or write to CAF DND Sexual Misconduct Class Action c/o Deloitte, Bay Adelaide Centre, East Tower, 8 Adelaide Street West, Toronto, ON M5H

# Annnonce d'une audience d'autorisation et de la conclusion d'un règlement concernant les recours collectifs pour inconduite sexuelle dans les Forces armées canadiennes et au ministère de la Défense nationale

NOUVELLES FOURNIES PAR Deloitte | Juil 18, 2019, 18:05 ET

OTTAWA, le 18 juill. 2019 / CNW/ - Bien qu'il n'ait pas admis sa responsabilité, le gouvernement du Canada a accepté un règlement concernant les recours collectifs intentés par sept anciens membres des Forces armées canadiennes (FAC) au nom des membres et anciens membres des FAC et des employés et anciens employés du ministère de la Défense nationale (MDN) ou du Personnel des fonds non publics, Forces canadiennes (PFNP) qui ont vécu du harcèlement sexuel, une agression sexuelle ou de la discrimination fondée sur le sexe, le genre, l'identité de genre et l'orientation sexuelle (« Inconduite sexuelle ») en lien avec le service militaire ou l'emploi.

La Cour fédérale tiendra une audience les 19 et 20 septembre 2019 à Ottawa pour décider si le règlement proposé est juste, raisonnable et dans le meilleur intérêt des membres du groupe et, s'il est approuvé, autorisera ces poursuites aux fins de règlement. Le règlement proposé prévoit une indemnisation financière, la possibilité de participer à un programme de démarches réparatrices et plusieurs autres mesures visant à lutter contre l'Inconduite sexuelle dans les Forces armées canadiennes. La Cour fédérale doit autoriser les recours collectifs et approuver le règlement proposé avant que des fonds ne soient versés et que d'autres aspects du règlement ne soient mis en œuvre.

Les membres et anciens membres des FAC et les employés et anciens employés du MDN et du Personnel des fonds non publics, Forces canadiennes qui ont vécu de l'Inconduite sexuelle dans le milieu de travail militaire

peuvent recevoir une indemnisation en vertu du règlement proposé s'il est approuvé par la Cour. L'échelle d'indemnisation individuelle pour la plupart des membres du groupe admissibles se situe entre 5 000 \$ et 55 000 \$. Le paiement dépendra du type d'Inconduite sexuelle vécue et de l'évaluation du préjudice subi. Le montant des paiements dépendra également du nombre de Membres du groupe qui présenteront des réclamations dans le cadre du règlement proposé. Les Membres du groupe qui ont subi un préjudice exceptionnel (et ceux qui se sont déjà vu refuser des prestations d'Anciens Combattants Canada (ACC) à l'égard de ce préjudice et dont la demande de réexamen a également été refusée) peuvent être admissibles à des montants pouvant atteindre cent cinquante-cinq mille dollars (155 000 \$). Les détails sont expliqués dans le règlement proposé. Une copie du règlement se trouve à l'adresse [fac-mdn-recourscollectifinconduitesexuelle.com](http://fac-mdn-recourscollectifinconduitesexuelle.com).

**Fiche d'information**

Les Membres du groupe admissibles peuvent recevoir une indemnisation en vertu du règlement proposé, s'il est approuvé par la Cour, ou ils peuvent choisir de demander l'exclusion du règlement proposé. Ils ont les droits et les options juridiques suivants :

**1. Ne rien faire**

Si vous appuyez l'entente de règlement, vous n'avez rien à faire pour l'instant. Veuillez noter qu'en ne faisant rien, vous renoncerez à tout droit de vous opposer au règlement et vous renoncerez au droit de poursuivre le Canada ou d'autres personnes de votre propre chef ou de déposer une plainte en matière de droits

de la personne relativement à l'Inconduite sexuelle que vous avez vécue pendant votre service militaire ou votre emploi au sein du MDN ou du PFNP.

Si vous ne voulez pas être lié par le règlement s'il est approuvé par la Cour, vous pourrez demander l'Exclusion du recours collectif à ce moment-là. De plus amples renseignements sur la façon et le moment de demander l'Exclusion seront fournis lorsque le règlement sera approuvé, le cas échéant. Vous aurez 90 jours à partir de la date à laquelle la Cour rendra une ordonnance approuvant le règlement pour prendre votre décision. Si vous demandez l'Exclusion, vous n'aurez droit à aucune indemnisation financière en vertu du règlement, mais vous conserverez votre droit de poursuivre le Canada ou d'autres personnes de votre propre chef ou de déposer une plainte en matière de droits de la personne relativement à l'Inconduite sexuelle que vous avez vécue pendant votre service militaire ou votre emploi au sein du MDN ou du PFNP, sous réserve de tout délai de prescription ou de toute autre limitation d'ordre légale s'appliquant à votre réclamation.

**2. Option d'exclusion**

Si vous avez engagé une procédure judiciaire contre le Canada pour des dommages-intérêts découlant de l'Inconduite sexuelle visée par le présent règlement et que vous ne l'abandonnez pas avant le Délai d'exclusion fixé par la Cour, vous serez automatiquement réputé avoir choisi de demander l'Exclusion du règlement et vous ne pourrez pas demander d'indemnisation.

Les Membres du groupe qui sont décédés avant le 15 mars

2019 ne sont pas admissibles à une indemnisation en vertu du règlement. Les successions des Membres du groupe décédés le ou avant le 15 mars 2019 qui souhaitent obtenir une indemnisation doivent obtenir rapidement des conseils juridiques au sujet de leurs options.

**3. Soumission d'une déclaration d'appui**

Si vous ne souhaitez pas assister à l'audience, mais que vous souhaitez expliquer pourquoi vous appuyez le règlement, vous pouvez remplir un Formulaire de participation. Ce formulaire comprendra votre nom, votre adresse et les raisons pour lesquelles vous appuyez le règlement. Le Formulaire de participation se trouve à [fac-mdn-recourscollectifinconduitesexuelle.com](http://fac-mdn-recourscollectifinconduitesexuelle.com). Vous devez envoyer ce formulaire par la poste à FAC MDN Recours Collectif Inconduite Sexuelle a/s Deloitte, Centre Baie Adélaïde, Tour Est, 8 rue Adélaïde Ouest, Toronto (Ontario) M5H 0A9, ou par courriel à [facmdnconduite@deloitte.ca](mailto:facmdnconduite@deloitte.ca), et il doit être reçu ou oblitéré au plus tard le 30 août 2019.

**4. Opposition au règlement proposé**

Si vous ne souhaitez pas assister à l'audience, mais que vous souhaitez expliquer pourquoi vous vous opposez au règlement, vous pouvez également remplir un Formulaire de participation. Ce formulaire comprendra votre nom, votre adresse et les raisons

pour lesquelles vous vous opposez au règlement. Le Formulaire de participation se trouve à [fac-mdn-recourscollectifinconduitesexuelle.com](http://fac-mdn-recourscollectifinconduitesexuelle.com).

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**5. Participation à l'audience de règlement**

Vous pouvez assister à l'audience d'approbation à la Cour fédérale à Ottawa, au 90, rue Sparks, les 19 et 20 septembre 2019, à 10 h, pour participer à l'instance et exprimer en personne votre appui ou votre opposition au règlement proposé. La Cour décidera si vous serez autorisé à présenter des observations orales au moment de l'audience. Toutefois, pour être admissible à participer, vous devez avoir rempli et soumis le formulaire de participation indiquant les raisons pour lesquelles vous appuyez le règlement proposé ou que vous vous y opposez.

Pour en savoir plus, visitez le [fac-mdn-recourscollectifinconduitesexuelle.com](http://fac-mdn-recourscollectifinconduitesexuelle.com), appelez au 1-888-626-2611, envoyez un courriel à [facmdnconduite@deloitte.ca](mailto:facmdnconduite@deloitte.ca) ou écrivez à : FAC MDN Recours Collectif Inconduite Sexuelle a/s Deloitte, Centre Baie Adélaïde, Tour Est, 8 rue Adélaïde Ouest, Toronto (Ontario) M5H 0A9.



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613.392.3383 | [www.hdrofthejeweller.com](http://www.hdrofthejeweller.com)  
[hdrof103@gmail.com](mailto:hdrof103@gmail.com)

**BE FUSSY, CALL HUSSEY! 613-438-5588**

**Direct: 613.438.5588**

Email: shussey68@gmail.com

**www.SandraHussey.ca**

Pre-Qualified Buyers • IRP DND APPROVED



**Sandra Hussey**  
Sales Rep

EXIT Realty Groups Top Sales Agent since 2014,  
Platinum Award Winner since 2016,  
Top 1% of Exit REALTORS® International Sales  
Representatives since 2015,  
#1 in Canada in Closed Gross Sales 2018 and ranked 7th  
internationally over 45,000 agents.

<p><b>BEAUTIFUL BRICK BUNGALOW</b> 705 CLOSSON ROAD</p>  <p>Beautiful 5 bed, 2 bath, brick bungalow on 79 acres of farmable land w/ 50ft x 100ft barn and 32ft x 32 ft loafing barn. <b>MLS#199230* \$799,900</b></p>	<p><b>BRICK CENTURY HOME</b> 14 MERICA STREET</p>  <p>5 bed, 3 bath brick century home with all the original charm, just 5 minutes to CFB Trenton and walking distance to all amenities. <b>MLS#201298* \$325,000</b></p>	<p><b>SPECTACULAR HIDDEN GEM</b> 77 CRESTVIEW LANE</p>  <p>Spectacular 5 bed, 4 bath, 2 storey hidden gem with double garage on 3 acres of privacy, just 10 minutes to CFB Trenton and minutes to Walmart. <b>MLS#200627* \$650,000</b></p>	<p><b>VACANT LAND</b> 1037 GULL LAKE ROAD</p>  <p>FANTASTIC LAND!! Beautiful 92+ acres of vacant land with 80 acres of bush, 6 acres cleared, huge outbuilding, Bunkie, outhouse, flag trails &amp; small waterfalls. 15 minutes to Cloyne and 8 minutes to ON-41. <b>MLS#203152* \$200,000</b></p>	
<p><b>IMPECCABLE MULTI FAMILY HOME</b> 109 FOXBORO-STIRLING ROAD</p>  <p>Impeccable multi family 5 plex with 4 occupied units, with bachelor/office space used by owner and separate commercial building on a supersized lot with plenty of parking just North of the 401. <b>MLS#203583 &amp; 203556* \$600,000</b></p>	<p><b>SOLD!</b></p>  <p><b>2078 HAMILTON ROAD</b> Pride of ownership, 3 bed, 1 bath bungalow on a supersized lot with a huge shed, just minutes to CFB Trenton. <b>MLS#208411* \$299,900</b></p>	<p><b>ONE LEVEL HOME</b> 5001 STIRLING MARMORA ROAD</p>  <p>All on one level 2 bedrooms, large split kit/din and living with a cozy woodstove, attached garage in a private lot in Springbrook. <b>MLS#214906* \$400,000</b></p>	<p><b>OPEN HOUSE: SAT. AUG 17, 1:00-2:00 PM</b> 674 2ND DUG HILL ROAD</p>  <p>4 bed, 2 bath, bungalow with 1.5 car garage on a supersized lot, minutes to CFB Trenton, Walmart, Schools and more. <b>MLS#209306* \$350,000</b></p>	<p><b>FANTASTIC NEIGHBOURHOOD</b> 75 PARKVIEW HEIGHTS</p>  <p>4 bed, 2 bath, brick Colorado bungalow with garage in a fantastic neighbourhood. 5 minutes to CFB Trenton. <b>MLS#210775* \$350,000</b></p>
<p><b>SOLD!</b></p>  <p><b>12 DUNNETT DRIVE</b> Gorgeous 3 bed, 3 bath, 2 story home with garage on a large lot backing onto fields, and a cul-de-sac in the hearth of Brighton. <b>MLS#212670* \$325,000</b></p>	<p><b>OPEN HOUSE SAT. AUG 17, 3:00 - 4:00 PM</b> 1367 HAMILTON ROAD</p>  <p>3 bed, 2 bath bungalow on a supersized lot with garage and master bed ensuite and walk-in closet. Minutes from CFB Trenton and Belleville. <b>MLS#211581* \$525,000</b></p>	<p><b>OPEN HOUSE SAT. AUG 17, 11:00 AM-12 PM</b> 16058 TELEPHONE ROAD</p>  <p>4 bed, 2 bath bungalow with separate entrance to a complete in-law suite, double garage, new septic system on large country lot. <b>MLS#214067* \$175,000</b></p>	<p><b>SPECTACULAR BUNGALOW</b> 242 DOWNS ROAD</p>  <p>Spectacular 5 bed, 2 bath Colorado bungalow in a private country setting on a huge lot with double car garage, minutes from all amenities, and CFB Trenton. <b>MLS#212755* \$450,000</b></p>	
<p><b>BEAUTIFUL WATERFRONT</b> 63 RICHARDSON POINT LANE</p>  <p>Classic character on the Trent! Main level living, close to Oak Hills Golf Course, village of Stirling and just north of the 401 for easy commutes. <b>MLS#213593* \$325,000</b></p>	<p><b>BUNGALOW W/ ATTACHED GARAGE</b> 72 REID STREET</p>  <p>Spacious 4 bed, 2 bath bungalow with attached garage in a fantastic neighbourhood, close to all amenities and CFB Trenton. <b>MLS#214341* \$250,000</b></p>	<p><b>2 STOREY HOME</b> 117 CHURCH STREET</p>  <p>3 bed, 2 bath, 2 storey home with a 3 car garage, walking distance to all amenities. <b>MLS#214067* \$175,000</b></p>	<p><b>SOLD!</b></p>  <p><b>3 MCQUADE DRIVE</b> 4 bed, 2 bath bungalow with finished basement and close to all amenities.</p>	<p><b>SUPERSIZED LOT</b> 63 WHITES ROAD #150</p>  <p>Supersized lot with 3 beds, 1 bath, renovated mobile with double wide at the front living area and shed in Sunny Creek Estates. <b>MLS#214067* \$175,000</b></p>

**SOLD BY FUSSY HUSSEY!**

<p><b>SOLD!</b></p>  <p><b>617 ROSEBUSH ROAD</b></p>	<p><b>SOLD!</b></p>  <p><b>28 PARKVIEW HEIGHTS</b></p>	<p><b>SOLD!</b></p>  <p><b>505 MEYERS CREEK ROAD</b></p>
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