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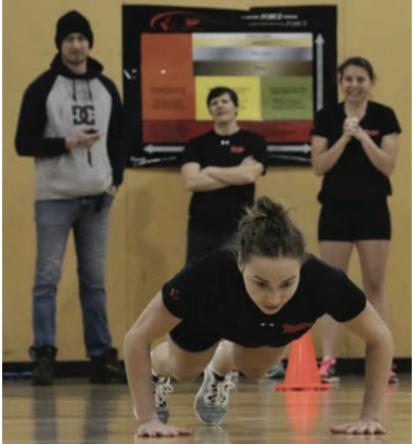
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436 Transport Squadron  
**75<sup>th</sup> ANNIVERSARY**  
 75<sup>e</sup> anniversaire du 436<sup>e</sup> Escadron de transport

# 8 Wing Trenton receives special delivery for the north



Photo by Makala Chapman

Representatives from the RCMP, Thompson Terminals and 8 Wing Trenton at this year's 'Toys for the North' launch at 8 Wing Trenton on Dec. 3.

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By Makala Chapman

Even old Saint Nick needs a little help to ensure his toys make it where they need to go. Calling upon some of his most faithful helpers, he has once again entrusted 8 Wing Trenton and the Royal Canadian Mounted Police (RCMP) with a special delivery for children in the north.

It was a bright and sunny afternoon as a tractor-trailer, filled with toys, arrived at 8 Wing Trenton on Dec. 3. Emblazoned with the words 'Toys for the North' excitement filled the air as representatives from the RCMP and military gathered for a closer look. The charitable initiative, now in its ninth year, is showing no signs of slowing down as more than 15,000 toys were reported to have filled the truck. "This event takes a lot of man hours," said Sean Miller, a representative from Thompson Terminals, "but it's all going to have been worth it once the children get these toys. Most of these children don't have what many

Continued on Page 10



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Photo by Bell Hop

## CFS Alert: Firefighter Challenge

Canadian Forces firefighters have a unique occupation that requires a wide variety of knowledge and skill and a high level of physical fitness. The fire fighters of CFS Alert used some of their down time to organise a challenge, open to all members

of the Station so that everyone could gain some understanding of the high physical standards firefighters need to maintain and also have some fun. The challenge included putting on the full firefighter gear and doing activities such as dragging sandbags,

climbing multiple flights of stairs, carrying ladders, carrying the Jaws of Life and swings sludge hammer. The challenge was well received by all participants who agree that firefighter have an occupation that is more demanding than it may appear.



Photo by Taylor Cole

## Mission Support Squadron

The RP Ops Central Heating Plant (CHP) recently had all of the Asbestos removed. In the picture you can clearly see 3 of 5 boilers that centrally heat approximately 25 buildings on the south side and hanger line. The CHP provides

operation of 8 Wing heating systems 24 hours a day, 7 days a week from October till June. RP Ops provides preventative maintenance, inspection, repair, overhaul and life cycle management of all 8 Wing heating sys-

tem assets. The CHP is responsible for Canada Labour Code registration and certification of approximately 300 pressure vessels attached to 8 Wing Trenton. This is where the bulk of the heat comes from for the south side of the base.

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## GCWCC Basketball tournament

Members of 8 Wing Trenton laced up their shoes in support of the Government of Canada Workplace Char-

itable Campaign (GCWCC) on Nov. 28. The yearly initiative is in support of the United Way of Hastings Prince Ed-

ward. The non-profit organization helps fund more than 60 programs and services in the local community.



Photo by Makala Chapman

# CP Holiday Train supports local food bank

By Makala Chapman

Three local food banks say they are thankful for an early Christmas present courtesy of the CP Holiday Train. As it has been for the past 21 years, the festive freighter once again rolled into town to spread holiday cheer and make several do-

nations on Nov. 28. The train made its first stop of the day in Belleville, where a cheque for \$7,000 was presented to Gleaners Food Bank. It then stopped in Quinte West where the Trenton Care and Share Food Bank was given a generous donation of \$5,000. Continuing on westward, representatives from the railway

company also handed a \$5,000 cheque to the Brighton Fare Share Food Bank.

But if that wasn't already enough excitement, as tradition would have it, the holiday train also brought along two special musical guests. Hundreds of excited spectators gathered along RCAF Road and County Road

21 in Trenton to catch a glimpse of Canadian pop star Scott Helman and country crooner Madeline Merlo. Together, the musicians and the crowd belted out holiday classics. While the main goal is to bring awareness to local food banks, spreading holiday cheer is a close second. Speaking to

how grateful he was for the donation to his city was Quinte West Mayor Jim Harrison. "Thank you to everyone who has supported our food bank," he said. "This helps make Christmas just a little bit better for many." Also at the event, sharing a few words on behalf of 8 Wing Trenton, was Wing Chief

Warrant Officer Dan Baulne. He thanked those in attendance for their contributions and wished the community a happy holiday. With more than 170 stops in the tour, since its inception in 1999, the CP Holiday Train has raised more than \$15 million for communities in need within Canada and the U.S.



LEFT: CP Holiday Train representatives present the Trenton Care and Share Food Bank with a cheque for \$5,000. RIGHT: Canadian pop star Scott Helman helps spread holiday cheer with some of his most popular tunes. BOTTOM: Young Makayla Nichol and her grandfather, Jim Cross, enjoy this year's CP Holiday Train in Quinte West on Nov. 28.



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# Safety



## Holiday Tree Safety

As the holidays draw near, decorative lighting and special effects become important components of the festive season. Christmas trees, in particular, are a traditional part of the season. And although they are special, trees pose a definite safety risk.

If you're using a natural tree this year reduce the risk of a tree fire by taking the following precautions.

- Choose a freshly cut green tree, not one that has dried out through weeks of storage. If you are buying one from a tree lot, tap the trunk on the ground; if several needles fall off, it's too dry. Needles that bend and are not easily pulled off indicate a fresh tree. Consider a potted Christmas tree so you can plant it in your yard once the holidays are over.

- Before setting it up, cut two inches diagonally off the butt. The

tree will draw water more easily from a fresh cut.

- Stand the tree in a tub or bucket of water and keep the tree trunk immersed to prevent the tree from drying out.

- Select a safe location for the tree, away from drapes and curtains and from drying and heating sources such as registers, radiators and television sets. Don't block doors or windows which might be used to escape in an emergency and never put a tree near a fireplace!

- Use a tree-stand with widespread legs for better balance and a large water reserve in which to immerse the tree butt. Check the water level every day and add more as required.

- Check your Christmas lights for defects. Spread them out on a non-flammable surface before installing them. Make sure there are no broken bulbs,



all electrical cords are free of cuts or frays and the plugs are in good condition.

- Extension cords should never be

placed under carpets or where they could be a tripping hazard.

- Don't leave the Christmas tree lights on if there is no one in

the room.

- If the tree begins to lose an excessive amount of needles, remove it immediately.

- Never burn your tree in the fireplace!

*These safety tips will help prevent your Christmas holiday plans from going up in smoke!*

### The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Colonel Ryan Deming, OMM, CD. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

The CONTACT is produced weekly under a Publication Service Agreement with a division of Metroland Media Group.

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### ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.
- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or

delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.

- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

### Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

### A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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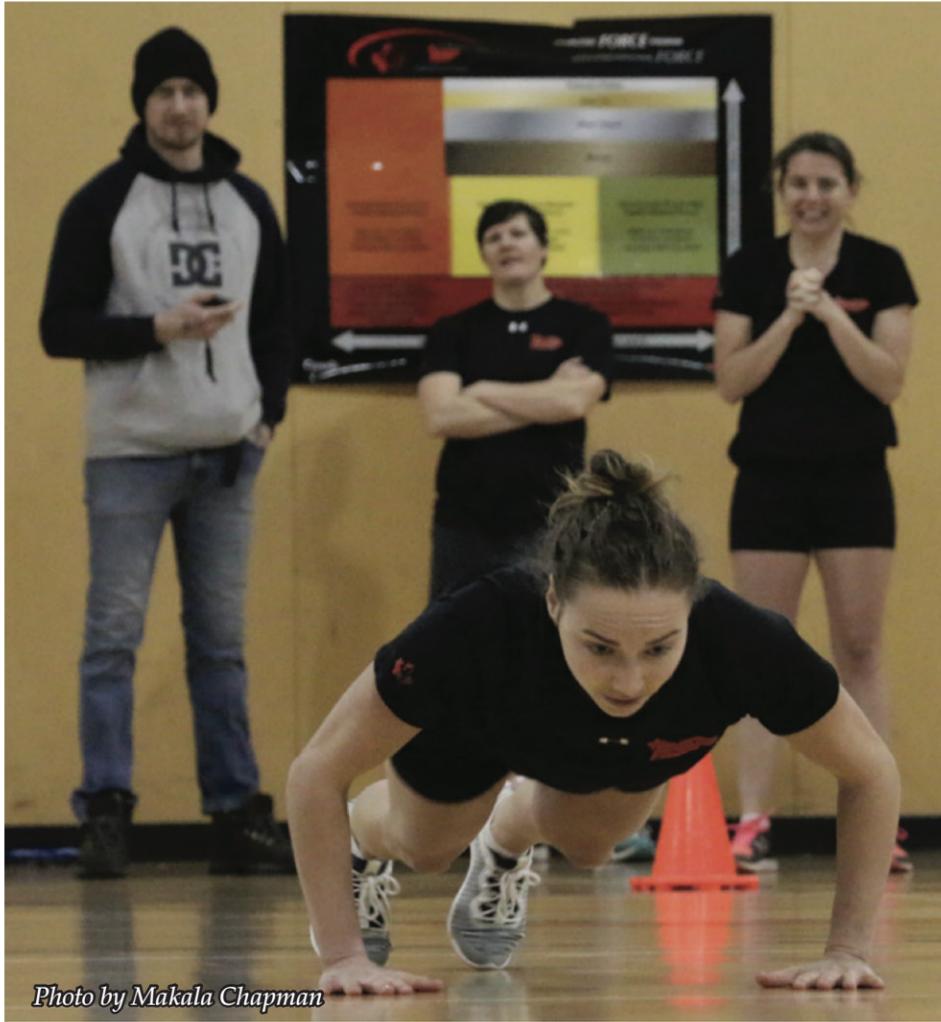


Photo by Makala Chapman

A file photo of PSP members conducting a 20-metre dash.

# PSP offering speed and agility training for military members

By Makala Chapman

Military members looking to shake up their fitness regimen can now do so with a noon-hour speed and agility workshop. Geared towards winter sports, which often focus on cardio and mobility, this event promises to challenge any athlete says Personnel Support Programs (PSP) fitness and sports instructor Jocelyn Crothers.

Covering the fundamentals of speed and agility, as well as how to progress, participants will also

receive a sample program designed by PSP. "We'll be sure to do a few demonstrations of some of the exercises and drills," she said. "This program consists of a lot of jumping, running, sprinting and explosive movements. We will also talk about plyometrics and how to progress them to get more difficult as you go." As for why athletes should consider attending, Crothers said it came down improving upon one's existing workout repertoire. "Not a lot of people know how to properly train in speed and

agility," she said. "This workshop will help inform people and ensure they are getting the most out of their workouts. In addition, it can really help take your skating on the ice or jumping on the courts to the next level."

Those interested in attending the workshop can do so by contacting PSP at 613-392-2811 ext. 2825. The workshop is free for all military members and Department of National Defence employees. It is set to run from 12:00-12:45 p.m. on Dec. 12 at the South Side Gym.



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# New honorary colonel for 8 Air Maintenance Squadron



Photo by Leading Seaman Paul Green

Honorary Colonel McDougall (left) before the official signature to assume responsibilities as Honorary Colonel of 8 Air Maintenance Squadron during a ceremony at the National Air Force Museum of Canada in Trenton, Ontario on December 2, 2019.

## 8 Wing Public Affairs

Members of 8 Air Maintenance Squadron (8 AMS) warmly welcomed their new Honorary Colonel (HCol) Ross McDougall, during an investiture ceremony at the National Air Force Museum of Canada in Trenton, Ontario on Dec. 2, 2019. HCol Ross McDougall succeeds HCol Samuel Reid, who has held the position since 2012. Ross L. McDougall was born in Belleville, May 12, 1949 and has spent his entire life in this city other than the four years he spent attending Queen's University. Ross McDougall has been an active participant in community life, have served on numerous boards and charities. He was a municipal councillor for the City of Belleville from 1981-1988 and served as Mayor of the City of Belleville for two terms from 1994 to 2000. Ross has also served as Chairman of the Board of Governors of Quinte Health Care, Chairman of the board of Belleville General Hospital Foundation, Chairman of the

Quinte Region United Way as well as numerous other regional boards. "It's an incredible honour to be selected as the 8 Air Maintenance Squadron Honorary Colonel," said McDougall. "I am always looking for ways to support the local community and help it thrive. Now I will be able to help strengthen the incredible relationship between the community and our military partners. Thank you for this incredible honour and I cannot wait to get to work." The responsibilities of honorary appointments include fostering esprit de corps, developing, promoting and sustaining strong community support for the unit, establishing and maintaining liaison with unit charities and associations, establishing and maintaining a liaison with the Commander as well as with other persons with honorary appointments, participating in parades and official functions in which the unit takes part, and advising the unit's commander. Speaking to how pleased he was to have McDougall join the 8 AMS

family was the squadron's commanding officer Lieutenant-Colonel Brian Tang. "Honorary Colonel McDougall is an incredible leader and role model for the local community," he said. "We are very excited to welcome him to our family and look forward to working with him to strengthen the bond between 8 Air Maintenance Squadron and the local community. I thank Honorary Colonel Reid for his leadership and support over the past 7 years." 8 Air Maintenance Squadron (8 AMS) is responsible for providing mission capable aircraft through safe, efficient maintenance and support to Canadian Armed Forces operations worldwide. 8 AMS is the premiere second line maintenance facility for the Royal Canadian Air Force's Air Mobility and fixed-wing search and rescue (SAR) fleets. Working together as a team to meet its diverse missions, 8 AMS members live up to the Squadron's motto - *Conjunctis Viribus* (With Combined Powers).

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# 434 (OT&E) Squadron bolsters affiliation with famed Bluenose II

By Major (retired) Rob Aman

The Tall Ships Festival held August 31 to September 1, 2019, in Brockville, Ontario, provided a memorable opportunity for 434 Operational Test and Evaluation (OT&E) "Bluenose" Squadron from 8 Wing Trenton, Ontario, to reconnect with its famous lineage.

During the festival on the waterfront of the southeastern Ontario city, the state-ly tall ship Bluenose II, which shares its iconic name with the above mentioned Royal Canadian Air Force (RCAF) unit, was moored at the local pier, providing a regal backdrop for a weekend of renewing the bond between schooner and squadron as well as raising public awareness of the unique, historic affiliation between the two.

434 (OT&E) Squadron personnel were on hand to maintain an information booth at Centeen Park on the Brockville waterfront throughout the Festival weekend to spread the word and share their story with attendees. There was tremendous public interest expressed in the link between the two Bluenoses appearing at the Tall Ships Festival, a curiosity that was augmented by the image of the famous, multiple-race-winning original Bluenose that appears on its namesake squadron's heraldic crest.

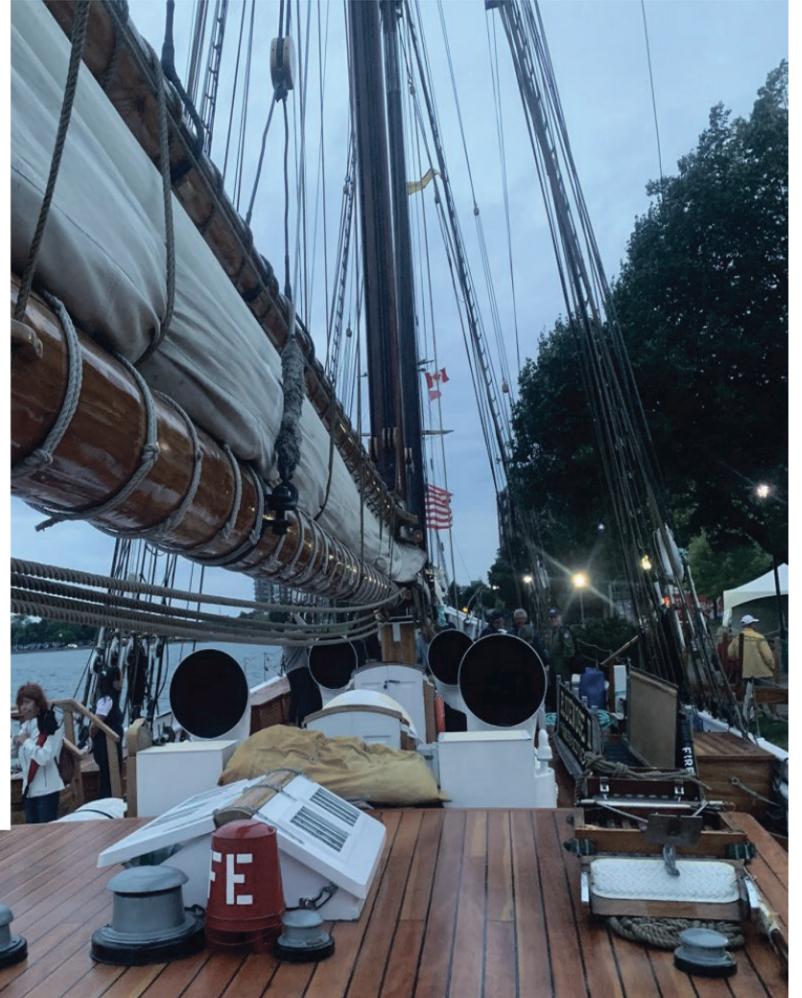
Formed as No. 434 (Bomber) Squadron on 15 June 1943, the RCAF unit assumed the motto *In Excelsis Vincimus* (We Conquer in the Heights) and would later be adopted by the Rotary Club of Halifax, Nova Scotia. It thus took the nickname "Bluenose" as a nod to the colloquial moniker given to citizens hailing from that Maritime province, of which there were many serving in the unit's initial ranks.

Bluenose II skipper Captain Phil Watson as well as Lieutenant-Colonel John Whalen, the commanding officer of 434 (OT&E) Squadron, and his predecessor, Lieutenant-Colonel Graham Edwards, further highlighted the connection and history between the two "crews" during a reception for Bluenose II personnel, members of the squadron as well as family members in attendance at the summer festival. Mementoes were exchanged and many stories shared during what was a remarkable opportunity to re-establish the connection between ship and RCAF squadron.

With this unique relationship reaffirmed, 434 (OT&E) Squadron is looking forward to being a part of the 100th anniversary celebrations to mark the launch of the original Bluenose. Plans



Photos submitted



are already in the works to salute this very special occasion in the summer of 2021.

434 "Bluenose" Squadron was most recently designated as the RCAF's sole OT&E squadron under the auspices of the RCAF Aerospace Warfare Centre at 8 Wing in May 2018. The squadron has centrally executed command and control of all RCAF OT&E functions since that time.

434 (OT&E) Squadron has governed and integrated the prioritization of all air test and evaluation functions to ensure the most effective use of scarce resources. The squadron's scope of OT&E was expanded to include aerospace support systems as well as search and rescue, with the same level of coordination and execution provided to the other test and evaluation flights. As such, two new flights, Aerospace Test and Evaluation Flight (AEROTEF) and Search and Rescue Test and Evaluation Flight (SARTEF), were established in 2018 as part of the 434 (OT&E) Squadron structure.

As of its 2018 stand-up, 434 (OT&E) Squadron also took responsibility for the following test and evaluation flights: Maritime Helicopter, Long-Range Patrol, Land Aviation, Transport Operational, and Fighter Operational, which are located at various RCAF wings and establishments across the country.



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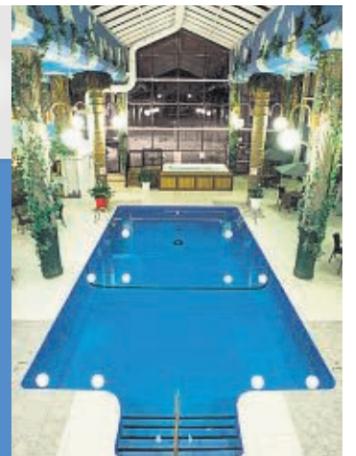
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# TRENTON Military Family Resource Centre

www.trentonmfr.ca • 613-965-3575 • 50 Rivers Drive East, Siskin Centre • With locations in Belleville & Frankford



## December 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8	9	10	11 Festive Tunes - Deployment Christmas Dinner	12 Last day of Holiday Wreath Raffle - Knit & Chat	13 Holiday Wreath Raffle winner to be announced!	14
15	16 MFRC close at 5 p.m.	17 MFRC close at 5 p.m.	18 MFRC close at 5 p.m.	19 MFRC close at 5 p.m.	20 MFRC close at 4 p.m. - Youth Centre Winter Wonderland	21
22	23 MFRC	24 CLOSED	25 FOR	26 THE	27 HOLIDAYS	28

● **Trenton MFRC – Trenton Location**

Monday – Thursday: 8 a.m. – 6:30 p.m.

Fridays: 8 a.m. – 5 p.m.

Child care hours remain the same

● **Festive Tunes**

On Wednesday, December 11, 10 a.m. members of the 8 Wing Band will be spreading holiday cheer at the MFRC with Christmas carols! Join us at the Trenton MFRC as we enjoy festive tunes and yummy snacks. There will be hot chocolate, cookies and candy canes! Everyone is welcome!

● **Holiday Wreath Raffle**

The Trenton MFRC child care program is thrilled to continue its annual tradition of providing gifts to each child care room. Every year, Santa Claus makes a special trip to the MFRC, delivering gifts perfect for learning. Gifts like age appropriate early literacy, gross motor, and educational materials. These items help support our methods of teaching by creating a learning environment founded on new opportunities to explore, discover and inquire about the world through play.

In order to support this tradition, the MFRC is hosting its annual raffle of a holiday

wreath decorated with gift cards from local businesses. The monies raised will directly support the MFRC’s tradition of bringing gifts to each child care room from Santa himself!

Tickets are 3 for \$5 and can be purchased at several locations in Quinte. The wreath includes over \$339 in gift cards from local organizations PLUS the value of this beautiful wreath brings the total value to \$400!

Raffle tickets are available for purchase until December 12.

Buy your tickets at any of the following locations:

- Trenton MFRC reception, MFRC - Batawa reception, MFRC - Belleville reception (cash and debit)

- Trenton MFRC Daycare reception, St. Mary’s School, Before & After (cash only)

The draw will be held on December 13 at 12 p.m.

For more information please contact Amy: amy.l@trentonmfr.ca.

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Continued from page 1

of us have here. I don't think people realize the amount of need there is in their own country and how something as simple as a toy can make all the difference to a child."

Also speaking to how pleased he was to be participating in this year's event was Sergeant (Sgt) Marc LaPorte, a member of the RCMP's Kingston detachment. "This is a fairly big endeavour and takes a lot of coordination," he said. "It would not have been possible without

our military partners, Thompson Terminals and all the volunteers and really is such a great event." Beginning in the summer, toys are donated by corporate sponsors through the Canadian Toys Association and are then collected by the RCMP. Volunteers then sort and package the toys at the Toronto-based warehouse and shipping company Thompson Terminals in early December. Once prepared, the toys are loaded onto a tractor-trailer and de-

livered to 8 Wing. All of this hard work is done in hopes of giving children in some of Canada's most northerly and remote communities a Christmas to remember.

But, before the trinkets and treasures could be sent aboard a CC-130 Hercules – the RCAF's version of a sleigh – they were packed and secured for takeoff by members of 2 Air Movement Squadron. 8 Wing Trenton representatives on hand noted that the cargo would be

flown out to Newfoundland and Labrador, as well as Thunder Bay, on a training flight set for the end of the week. Upon arrival, Sgt LaPorte noted that the gifts would then be sorted by the local RCMP detachments and prepared for further transportation. Since many of the communities are so isolated, the use of smaller aircrafts and snowmobiles would also need to be utilized. As for why initiatives such as 'Toys for the North' was so important to the

RCMP, Sgt LaPorte said it came down to fostering positive relationships in the community. "In a lot of these jurisdictions the RCMP are the only police representation," he said. "We see on a day-to-day basis the needs that are present and just want to help make these communities a better place."

Present at the toy delivery to 8 Wing Trenton was Deputy Wing Commander Lieutenant-Colonel (Lt.-Col.) Jennifer Kennedy. She noted the Base was

honoured to be trusted with the delivery of the toys. "We use our training hours to help deliver toys up to the north," she said. "We fly up there to support operations all the time so it's a great partnership." When asked what the biggest challenge might be, Lt.-Col. Kennedy said it would be the weather. But, she once again reiterated that the military was no stranger to flying in the north and was looking forward to another successful delivery.



Photos by Makala Chapman

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LEFT: 8 Wing Trenton's Lt.-Col. Jennifer Kennedy (right) and RCMP Constable Elise Boisclair (left) inspect some of the toys that will be sent up north. RIGHT: A tractor-trailer with more than 15,000 toys was dropped off at 8 Wing Trenton for this year's 'Toys for the North' initiative on Dec. 3. BOTTOM: Members of the RCMP and 8 Wing Trenton sort through the toys delivered by Thompson Terminals.

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# Pistol shooting competition raises money for United Way

By Makala Chapman

The inaugural pistol shooting competition in support of the United Way went off with a bang. On Nov. 29, approximately 60 military competitors descended upon 8 Wing Trenton's 25-metre range for the charitable event. Using the Browning 9-mm handgun, participants were encouraged to give the competition their best shot – literally. All funds raised were in support of the Government of Canada Workplace Charitable Campaign (GCWCC), a yearly initiative that supports the United Way of Hastings Prince Edward.

Speaking to how excited he was to host the event was Lieutenant (Lt.) Brian Stengele, team captain of the 8 Wing Operational Shooting Team (8 Wg OST) and the RCAF Marksmanship Team. He noted he was pleased with the feedback that he had been hearing from participants about the competition and was even happier to be supporting a worthy cause. "A lot of planning went into this event and so far people have been telling me they've been having a lot of fun," said Lt. Stengele. "This was an opportunity to do something they don't get to do on a regular basis, all while supporting the community. We definitely hope to be able to grow even more in future." He added more than \$1,500 had been raised from the registration fees alone. As for how much the silent auction items were set to bring in, he noted he was unsure, but was confident it would be a respectable amount. As for his final note, Lt. Stengele said he would encourage



Photos by Corporal Zebulon Salmaniw

any military personnel interested in learning more about the marksmanship team to come out to a practice. "Our mandate is to raise the level of skill here at the Base," he said. "If members want to come out and learn

we're here to facilitate that. It's a lot of fun and it's a skill we all need to have from an operational readiness standpoint."

Also on hand checking out the competition was this year's CGWCC co-

chair Major (Maj.) Kimberly Horan. She noted she and her team had been really pleased to see the myriad of new and exciting events, such as the pistol shooting competition, arrive on the Base. She added it would only stand to benefit the overall campaign, especially in its final weeks. "People have been really receptive with the new events," said Maj. Horan. "This is so important because there are difficulties and needs within our own community and we have a social responsibility at 8 Wing Trenton

to help those around us." At the time of reporting, Maj. Horan noted that 8 Wing Trenton had already raised more than \$75,000 for the local community.



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