

contact

Serving 8 Wing/CFB Trenton • 8^e Escadre/BFC Trenton • <http://thecontactnewspaper.cfbtrenton.com>

SOLD IN 1 DAY!
West End Townhouse
Call Us for Your
Free Home Evaluation!

DAVID WEIR* BA, CD

Call/Text: 613-392-7777
www.davidweir.com

Helping 300
Buyers or Sellers
in 2017

ROYAL LEPAGE
ProAlliance Realty
INDEPENDENTLY OWNED AND OPERATED
*Broker of Record

TEAM WEIR
Client Focus • Results Oriented

INSIDE

RESPECT IN THE CAF
WORKSHOP NOW AVAILABLE



Story on page 3

POND HOCKEY CLASSIC
REACHES GOAL



Story on page 5

CLASSIC CAR SHOW IN
SUPPORT OF LANCASTER



Story on page 7



LOGISTICS BRANCH
50th ANNIVERSARY
50^e ANNIVERSAIRE DU SERVICE DE LA LOGISTIQUE

YEAR OF THE LOGISTICIAN // L'ANNÉE DU LOGISTICIEN

Search and rescue theme a highlight at museum on Family Day

By Makala Chapman

The National Air Force Museum of Canada's (NAFMC) free Family Day event couldn't have gone any better says Gina Heinbockel-Bolik, the museum's education coordinator. More than a thousand people stopped by the museum to take part in the Search and Rescue (SAR) themed event held on Feb. 19. Children beamed smiles as they got their pictures taken sitting in replica aircrafts, while others were delighted to take part in activities like obstacle courses and learning how to tie knots. "We're quite happy with the turnout," said Heinbockel-Bolik. "It's been busy and that's exactly what we hoped to achieve here." She went onto add having members of 8 Wing Trenton's 424 Transport and Rescue Squadron, as well as 8 Air Maintenance Squadron, on site was a great asset.

Continued on page 6



Photos by Makala Chapman
424 Transport and Rescue Squadron's MCpl. Oliver Willich (left) and MCpl. Torey Foster (right) showcase their equipment to Abby Phillips (middle) on Family Day.



Museum staff help visitors learn how to tie knots on Family Day.



MCpl. Thomas Handley helps his son Landon strap on a helmet at the National Air Force Museum of Canada on Feb. 19, 2018.

NOW ACCEPTING NEW PATIENTS!



Evening & Saturday Appointments Available



Where there is always
a reason to smile!

499 Dundas St. W, Trenton 613-392-2563
www.westenddentalrenton.com



- Family, Implant & Cosmetic Dentistry
- Conscious Sedation
- Same Day Crowns
- Personalized Payment Terms (0% Financing)
- Prompt Emergency Service
- Orthodontist & Denturist on Staff
- Electronic Claims Submissions

Photos of the Week

Canada's bobsleigh team at the Olympics

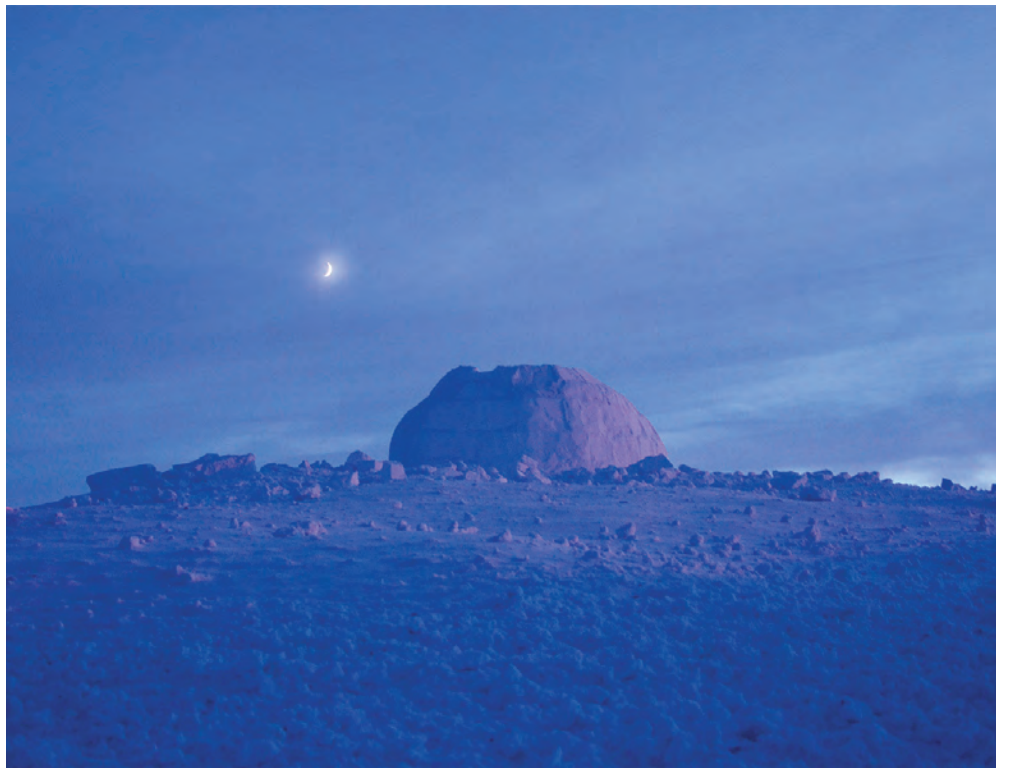


Content courtesy of the Royal Canadian Air Force

Hip hip hooray Team Canada! Nice tie for bobsleigh Olympic gold. The CF-18 Demo Jet inspired demo seemed to fly down the iced tracks! Canada's Justin Kripps and Alex Kopacz tie for gold in the two-man bobsled at PyeongChang Olympics 2018 on Feb. 19, 2018.

Photo by Ordinary Seaman Justin Spinello

CFS Alert



By Second Lieutenant Heather DeWolfe

As the sun sits just below the horizon waiting to make its debut for 2018, members of CFS Alert take advantage of the civil twilight and got outside to build a full size igloo that has a fantastic view overlooking the Arctic Ocean.

Photo by Corporal Jay Lapid

Mission Support Squadron



By Cpl. David Lovell D.C., 8 Wing TEME Flt

It is safe to say that maintenance in TEME flight is always on duty. When a call is placed to inform Maintenance that not one but both sanitation trucks are currently not working the team must spring into action. After hours on Jan. 8 such a call was made. As a part of the recovery team Master Corporal Billy Ross was called with such an event. Corporal (Cpl.) King 2IC (in photo) of vehicle section and Cpl. Lovell came in to assist despite not being on duty. The maintenance crew diligently putting in extra time and hours, which means things like 8 Wing's planes and other equipment stay on schedule.

Photo by Cpl. David Lovell D.C., 8 Wing TEME Flt

10% Military Discount!



Cleaning & Polishing Only \$99

Family Dental Centre

Personalized & Comfortable

Call Today for Your FREE Consultation and Necessary X-Ray!

Same-Day Emergencies & On-Site Denture Lab!

Early Morning, Late Evening & Saturday Appointments!

Implants • Sedation Dentistry • Invisalign®

Day Care from 10am-4pm!

Three Locations to Better Serve You!

Frankford 613-398-8888
 Belleville 613-961-7050
 Cobourg 905-372-7400

www.FamilyDentalCentre.com



ORTHOTIC - MOBILITY & GAIT CENTER

Center of Excellence In The Management Of

- Heel Pain
- Ingrown Nails
- General & Diabetic Foot Care
- Peripheral Neuropathy
- Custom Made Orthotics
- Sports Injuries
- Laser Wart & Fungal Nails
- Custom Made Foot Wear
- Mobility & Balance
- Compression Socks

Make Your Appointment Today !

116 Pinnacle St. - 613-689-2224
 Belleville - www.stepbystepomg.ca



Sole Solutions

We Fit You Right!

116 Pinnacle St. - 613-689-2224
 Belleville - www.solesolutions.ca

Name: _____
 Address: _____
 Phone: _____
 Email: _____

Please fill out and drop off to enter our Shoe Draw. Don't forget to like us on Facebook and Share for more chances to win!

New workshop addressing sexual misconduct in the CAF

By Makala Chapman

A critical workshop focused on respect in the Canadian Armed Forces (CAF) has made its way to 8 Wing Trenton. Several members of the base's senior command team spent the day working through a new interactive curriculum on Feb. 15, which was offered through Personnel Support Programs (PSP).

The program, aimed at empowering CAF members, focused on bringing awareness to the importance of Respect within the context of harmful and inappropriate sexual behaviour. The course is made up of three modules which includes recognizing why sexual misconduct has no place in the CAF and understanding the importance of fostering professional relationships based on mutual respect and trust.

Within the first module, participants can expect to cover basic topics like distinguishing between consent and non-consent, as well as looking at some of the attitudes and stigmas that victims of sexual misconduct may be subjected to. The workshop also offers different strategies and ways by-

standers can help deter and prevent instances of sexual harassment or abuse. In the third module, participants will shift their attention on ways they can offer victim support.

This includes understanding why it's important to report instances of sexual misconduct, exploring available resources and approaching individual cases with compassion and confidentiality. The curriculum falls in line with the Department of National Defence's mission to eliminate harmful and inappropriate sexual behaviour in the military, known collectively as Operation Honour.

Taking part in the workshop at 8 Wing Trenton was Mission Support Squadron's commanding officer Lieutenant-Colonel Cathy Blue. She noted that while initiatives like Operation Honour are helpful in spreading awareness, workshops like the one being held at the base would



be critical in carrying on the conversation about respect.

"This (workshop) is a natural progression as we try to work to develop those things that will support a full on cultural change in the Canadian Armed Forces," she said. "This will offer the tools and those pieces that we need to ensure that the cultural change necessary to eliminate (harmful, inappropriate sexual behaviour) HISB."

Lt.-Col. Blue went on to note that it was important that the CAF was taking action to ensure that the organization's commitment to its own values and ethics were being upheld.

As an individual in a position of authority, she added it was important for Wing leadership to be engaged on this course early.

"Respect is fundamental and at the basis for CAF Ethics and the key to the cultural change that the CAF is working through to eliminate HISB," she said, "it's respecting people's backgrounds, culture, gender, and their job."

Leading the workshop was PSP's Health Promotion manager Lisa Refausse, who said she was happy see the base's senior command teams taking the steps to become both informed and educated.

"The day was extremely successful," she said, "and it will continue the conversation surrounding Operation Honour, which is always critical." Moving forward, Refausse noted that PSP was

mandated to offer the workshop at least once a month and encouraged all members of the military to take part in it at their home wing or base.

Prior to taking the course, participants will also be asked to download the 'Respect in the CAF' app for their mobile devices.

The interactive app provides support and guidance for victims of sexual misconduct, as well as offering other content for bystanders and those in positions of leadership.

"There's no shortage of resources or places to turn should you have a question," she said. "This (workshop) is a great opportunity for Canadians in uniform to have a clear understanding on how to help stop harmful, inappropriate sexual behaviours."

The next workshop will be held at 8 Wing Trenton on March 20.

Photo by Makala Chapman
Members of 8 Wing Trenton's senior command team at a workshop focussed on respect in the Canadian Armed Forces on Feb. 15, 2018.

BALL HOCKEY Belleville

REGISTRATION AGES 3 TO 18

Fri., March 2nd 5:30pm to 8pm
Sat., March 3rd 10am to 2pm

at
QUINTE SPORTS CENTRE

FOR MORE INFO:
www.bellevillehockey.ca



SO THAT WE MAY BE FREE.

FOR EVERY WAR, THERE ARE MANY WHO BRAVELY AND PROUDLY LEAVE THEIR LOVED ONES BEHIND TO PROTECT THE FREEDOMS THAT WE AS CANADIANS ARE AFFORDED.

IT IS THESE BRAVE FEW WE HONOUR.

Trenton East
29 Bay Street
613-394-2433

Trenton West
170 Dundas St. W.
613-392-3579



Best Quality **Best Price**

"The Only Place To Go"

SMITTY'S WAREHOUSE OPERATION
For NEW or GOOD USED Appliances

Smitty's has been keeping customers happy for 28 years in the appliance business. This proves Smitty has the **Best Price, Selection, Guarantee, Quality & Price** plus **Same Day** delivery, seven days a week. Smitty plans to be around for another 28 years. Now he has in-house financing at **NO INTEREST**. These are just a few of the many reasons to visit Smitty's for your new or used appliance purchase.

Best Selection **Best Guarantee** **Best Service**

SMITTY'S KING OF APPLIANCES
Open Evenings & Seven Days A Week
River Road-Corbyville (just N. of Corby's)

613-969-0287

HILLCREST ANIMAL HOSPITAL

Dr. Mike Steen
Dr. Arin Por
Dr. Ashley Kirkham
Dr. Maarje Armstrong

Tel: 613-394-4811 • Fax: 613-394-6239
17532 Hwy #2, RR#4 Trenton, ON K8V 5P7
Food Room
Tel: 613-394-2953
www.hillcrestanimalhospital.ca

Safety



Blizzard Survival

Extremely cold air from the Arctic, strong winds and heavy snowfall – these weather conditions combine to produce blizzards.

Each year these winter storms take a number of lives through exposure to cold, vehicle wrecks due to poor driving conditions and other hazards. Nearly three-quarters of the deaths related to winter conditions occur in automobiles.

- If a blizzard is forecast in your area, check the emergency provisions in your home and vehicle -- food, water, alternative heat sources, warm clothing and blankets and a battery powered radio.
- Fill up vehicle fuel tanks, but plan to stay off the road until driving conditions are good again.
- Bring pets indoors.
- If you have livestock, get the animals into a barn and give them plenty of food and water.
- String a rope between the house and barn so you can find your way if you have to tend to the animals.
- If you are trapped in a vehicle in a winter storm, stay calm and concentrate on survival:
- Stay in your vehicle for shelter. You risk getting lost and overcome by the cold if you strike out on foot.
- Avoid over-exerting yourself. Shovelling snow, pushing a car or walking in deep snow in extremely cold weather can cause a heart attack. Sweating can lead to chills and hypothermia.
- Run your vehicle motor about 10 minutes an hour, just enough to stay warm. Better yet, light a candle in a metal coffee can for warmth.
- Wrap up in an emergency blanket or extra clothing. Cover your head to reduce heat loss.
- Keep fresh air in your vehicle by cracking a window. Do not allow exhaust to build up in the vehicle because it includes deadly carbon monoxide. Make sure the tailpipe is not blocked with snow.
- To remain visible to rescuers, put out flares or turn on the dome light. Using the headlights will run the battery down faster. Tie a red cloth to the antenna or door. After the snow stops falling, raise the vehicle hood as a distress signal.
- Stay awake and keep moving, especially your hands and feet.
- Eat high-energy snacks from your vehicle's emergency kit. Drink water, but do not eat snow, which will chill you further.
- About a quarter of deaths related to ice and snow are people who are caught outside. If you find yourself outdoors in a blizzard, try to stay dry.
- Cover all exposed parts of your body, including your face.
- Find shelter or make one in the form of a windbreak or a snow cave. Build a fire to keep you warm and to alert rescuers.

Be ready to help other people in a blizzard. Watch for stranded vehicles. Many of those killed by cold weather are elderly and alone, so check on your neighbours.



The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Mark Goulden, MSM., CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

The CONTACT is produced weekly under a Publication Service Agreement with a division of Metroland Media Group.

8 Wing Personnel

Publisher: Col. Mark Goulden

Proprietor: Her Majesty the Queen, in right of Canada, as represented by the Commander of 8 Wing, Canadian Forces Base Trenton, P.O. Box 1000 Stn. Forces, Astra, ON K0K 3W0 Canada

Public Affairs, Internal Comms: 8 Wing Public Affairs

PSP Manager: John Snyder

Metroland Media Staff:

General Manager: Adam Milligan 705-761-7990

Advertising Sales: Orlinda Johnston 613-966-2034 ext: 526

News and Feature Content: Makala Chapman 613-392-2811 ext: 4095

Advertising Production: 613-966-2034

Office Manager: Marlene Hicks 613-969-8896 x242

Circulation: Marlene Hicks 613-969-8896 x242

250 Sidney Street, Belleville, Ontario K8P 3Z3, CANADA

SUBSCRIPTIONS: First Class postage charge \$65.00 per year for inside Canada, \$130.00 for international.

ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.
- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



The Contact ~Wing Headquarters
Building Annex, 8Wing / CFB Trenton
PO Box 1000, Station Forces,
ASTRA, ON, K0K 3W0



Pond Hockey Classic reaches campaign goal



Photo by Makala Chapman
Members of 8 Wing Trenton, Trenton Military Family Resource Centre, Personnel Support Programs, Soctiabank, Wounded Warriors Canada, City of Quinte West and Trenton Memorial Hospital Foundation celebrate reaching the event's campaign goal.

By Makala Chapman

Organizers with the CFB Trenton Pond Hockey Classic are once again celebrating after reaching this year's campaign goal. With a large cheque in hand, event organizer Captain (Capt.) Jeffrey Moorhouse announced that the tournament had raised an even \$70,000 while he was at the Batawa Community Centre on Feb. 20. The hockey fundraiser, which took place from Feb. 2-4, brought more than 320 hockey players out to Batawa in support of Wounded Warriors Canada (WWC) and the Trenton Memorial Hospital Foundation (TMHF). Both organizations will share the donations and offer various services to wounded veterans, first responders and their families. Noting that she was thankful for the community's continued support was TMHF executive director Wendy Warner. "We are extremely thankful," she said. "We are in need of a new CAT scan (computerized tomography). This will get us off to a great start going forward this year." She went on to add that since this year's medical equipment bill will likely be close to the \$2 million mark,

any and all donations were greatly appreciated. While military personnel have their own medical services available to them on the base, TMH is capable of catering to the rest of the family's needs. Also thankful to be receiving half of the donations was WWC's national program director Capt. (retired) Philip Ralph. "This is outstanding because partnerships make programs possible and we're all in this together," he said. "This funding will go 100 per cent towards programming that will change and save lives across the country." Some of the organization's several programs and services include helping homeless veterans get off the streets, trauma resiliency programs, offering scholarships, conducting research and more. Capt. (ret'd) Ralph went on to reiterate that the programs were not just exclusive to veterans, but also to first responders since supporting any uniformed member providing a service to Canada was critical. "This community has been absolutely fantastic," he said. "Every year it grows, it gets better and that's credit to the community, leadership out of the mayor's office, the base and the businesses that helped make this possible."

While this year's tournament has only just come and gone, Capt. Moorhouse said he and the organizing committee are already well on their way to planning the 2019 tournament. Although this year's event was the biggest it has ever been, moving forward, he promised to maintain to the same level of quality the tournament has been known for over the years. As for his favourite part of the tournament, Capt. Moorhouse said it was getting to see the community come together to support the causes close to his heart. "It's always encouraging and neat to see how various organizations of people who may interact separately come and work together," he said. Lastly, he took the time to thank members of the Trenton Military Family Resource Centre and 8 Wing Trenton's Personnel Support Programs for joining forces and hosting their Winter Jubilee at the tournament. "This place was full of kids and families having fun," said Capt. Moorhouse. "This truly became a family-friendly event. This was only possible because several organizations and people came together as one team." Next year's CFB Trenton Pond Hockey Classic is slated for Feb. 1-3, 2019.

WTS WHITE'S TAX SERVICE

Income Tax Preparation & Electronic Bookkeeping
Year Round Service

Jeff White

15% MILITARY DISCOUNT

196 Front St., Downtown Belleville
613-771-0158
F: 613-771-0164 • www.whitestax.ca

Lottie Jones Florist Ltd.

Family Owned and Operated Since 1923

**Eleanor Barker
MaryAnne White**

44 Quinte Street
Trenton, ON K8V 3S9
Ph: 613-392-2537
www.lottiejonesflorishltd.com

BELLEVILLE HYUNDAI

bellevillehyundai.com

22 Town Centre Drive
(Hwy. #62, 1 Mile N. of 401)

613-962-3300
email: sales@bellevillehyundai.ca

I ♥ Winter Event NO-CHARGE ALL-WHEEL DRIVE 0% FINANCING FOR UP TO 60 MONTHS Enjoy winter longer. Don't pay for 90 days!

Attention All Current & Former Military Families
The following Military Rebates are available

Accent	Elantra Sedan	Sonata (including HEV)	Santa Fe XL
IONIQ (excluding EV)	Elantra GT	Santa Fe Sport	
Veloster	Tucson		
\$500	\$750	\$1,000	\$1,500

On select models, Rebate after tax, limited time offer



Families hangout at the National Air Force Museum of Canada for the Family Day Search and Rescue theme on Feb. 19, 2018.



Samuel James (left) and Micah James (middle) hangout with Sgt. Jacques Remillard (right) in one of 424 Transport and Rescue Squadron's life rafts on Family Day.



Cpl. Nicholas Brake and Cpl. Dean Clarke from 8 Air Maintenance Squadron put the equipment they use on a daily basis on display on Family Day.



(front row) Caleb Ridley, Bradley McTaggart. (back row) Mike Dunkley, James McTaggart and Tristan Ridley hangout in a replica tutor Snowbird cockpit simulator on Family Day.

Continued from page 1

Both squadron's brought with them an impressive amount of equipment and tools that they need in order to do their jobs, which included parachutes, training tools, medical kits, helmets and more. "It's amazing to have the support of the base,"

said Heinbockel-Bolik. "Normally you don't get to see things like their gear, so it's nice for the (kids) to get a clearer idea of what these guys do everyday. It really enhances what we're offering here."

Over at the SAR booth, Master Corporal (MCpl.) Thomas Handley could be seen showing his son, three-year-old Landon, some of the equipment he uses on a daily basis.

Opting for a forest green helmet, MCpl. Handley chuckled as he placed it on Landon's head, only to find it was much too big for him and covered half of his face.

"It's exciting for me to show (Landon) some of the stuff I use at work and another side of my world that he may not always get to see," he said. "It was nice to have my family here at Family Day."

As for why he felt it was important to be able to get to show the public what his squadron does, MCpl. Handley said it came down to creating more awareness for the job his squadron does.

"We're not open to the public so this is a good opportunity for everyone to come out to see the kit, gear and tools that we use," said the aviation technician. "We have a very rewarding job here in Trenton

and are saving lives everyday. It's a whole different side of the military that I enjoy."

Also trying on some of the gear was eight-year-old Abby Phillips, who eagerly strapped on a 45-pound parachute onto her back.

"My favourite part was coming here and trying on all the gear," she said, "but the parachute was a little bit heavy."

Prior to coming to the museum, Abby noted that she had never even heard of a search and rescue technician, but said she was glad she got the chance to meet some.

"They're pretty cool," she smiled, adding that one day she too might get to wear the orange uniform and help save lives.

Although Family Day is just one day, Heinbockel-Bolik said she hoped families would be inspired to return to the museum later in the year.

FRIEL
HEATING & AIR CONDITIONING INC.
"Fireplace Showroom"
Specializing
in your Home Comfort

REDUCE YOUR ENERGY COSTS
WITH AN AMANA HI-EFF
NATURAL GAS OR
PROPANE FURNACE

Built better than it has to be with a lifetime unit replacement warranty plus 10 years parts & labour.

plus
\$250.00
O.P.A. rebate

OLD MAN WINTER IS COMING!!!
CALL TODAY TO SCHEDULE YOUR FURNACE TUNE-UP

Heating & Air Conditioning
Amana
LASTS AND LASTS AND LASTS

Call or visit us today for your **FREE No Obligation quote**
"You'll Be Glad You Did!"

122 Parks Dr. Belleville
613-966-8848
Locally owned and Operated to Serve You Better Since 1995

Dr. Younes
YOU MAKE ME SMILE
DENTAL
CENTRE

Now Accepting New Patients
Trenton Location: 96 Division Street
Belleville Location: 488 Dundas St., West

- **LED** Latest Technology in Same Day Dentistry Now Available For Crowns, Bridges & Veneers
- Revolutionary **New** Technique for Receding Gums - Pinhole Surgical Technique™ P.S.T.
- Orthodontics (Including clear braces)
- Oral Conscious Sedation
- Laser Dentistry
- Implants & Full-mouth Reconstruction (Teeth in A Day)
- Tooth Coloured Fillings
- **ZOOM!** One Hour Whitening
- Dentures
- Preventive Gum Disease Therapy
- Root Canal Therapy
- **Same Day Emergency Service**

Your complete dentistry, in one office, backed by a warm & caring team. **613-208-0817**
www.youmakemesmile.ca

COMPLETE RENOVATIONS
Waleed Harb
Phone (613) 475-5408
Cell (613) 847-6622
Kitchens, Bathrooms, Additions, Garages, Decks, Doors & Windows, Ceramic Tiles, etc.

Classic car show to support restoration of Avro Lancaster

By Makala Chapman

Retired Master Corporal (MCpl.) Rick Jakubiec is hopeful that a classic car show he is helping organize will be able to raise some much-needed funds for the restoration of Avro Lancaster KB882.

The fundraiser, which will be held on May 27, will showcase a large variety of classic cars and will be a family-friendly event.

In October 2017, the National Air Force Museum of Canada (NAFMC) was gifted an Avro Lancaster, a formidable aircraft used traditionally for bombing during World War II.

Museum staff and volunteers will add that this particular model of the aircraft is even more special as it had been reconfigured and used to spy on the Soviets during the height of the Cold War.

Following its service, the aerial beast spent 53-years perched on display at the entrance of the Edmundston Airport in New Brunswick before being donated to the NAFMC for restoration and preservation.

Now in need of a new paint job and its corroded panels rebuilt, amongst a long list of other repairs, KB882 will take more than seven years and thousands of dollars to restore.

But for MCpl. (ret'd) Jakubiec, ever since he laid eyes on the Lancaster, he said knew he had to do something special for it and the museum.

Also speaking from the perspective of a museum volunteer, he noted that preserving the air force's rich history was crucial and important for future generations.

"The museum is a real joy and a jewel," he said. "The younger demographic have a curiosity for the past and as a tour guide at the museum, I see that look of awe on their face. The museum is a real learning experience."

As for where he got the inspiration to host a classic car show, MCpl. (ret'd) Jakubiec said it came down to his passion for older cars, something he felt others could also appreciate.

The classic car show will be held in the museum's air park amongst the various aircrafts,



Photo courtesy of MCpl. (ret'd) Rick Jakubiec
MCpl. (ret'd) Rick Jakubiec's 1981 Pontiac Firebird Trans Am parked in the National Air Force Museum of Canada's Air Park

giving visitors the chance to appreciate both the wheels and wings on display.

Admission to the event will be by donation, which will offer everyone and anyone the chance to enjoy a day at the show said MCpl. (ret'd) Jakubiec. On top of the wide range of classic cars (15 years and older only), those in attendance will also be able to enjoy select vendors, prizes and more.

Some of the prizes include a \$200 auto detailing package, gift certificates to wineries and other car-related goodies.

"It's going to be a walk down memory lane," he said. "I'm really looking forward to this and know it's going to be great event."

MCpl. (ret'd) Jakubiec noted that representation from 8 Wing Trenton, the City of Quinte and the museum have also confirmed their attendance and will be present to help hand out trophies to some of the best cars on display.

While community support from local businesses and other organizations who have offered to donate to the event have been great, MCpl. (ret'd) Jakubiec noted he would certainly welcome some more.

While every dollar counts, he added that he's hopeful that the event will raise at least \$10,000 for the restoration project.

As for what makes this classic car show different from all the others region, MCpl. (ret'd) Jakubiec said it came down to what the event would be supporting.

"This really touches a lot of people because Trenton is home to 8 Wing Trenton, which is the biggest air force base in Canada," he said. "Something like the museum is a real joy and a possession and something that should be brought to the fore-

front. It's a good way to say thanks to the military community."

The Lancaster is projected to take at least seven years to restore and is hoped to be finished in time for the Royal Canadian Air Force's 100th anniversary celebration in 2024.

Any monetary donations to the restoration of the Lancaster can be addressed to the National Air Force Museum of Can-

ada Foundation at P.O. Box 1000, Astra Ontario, KOK 3W0.

For those looking to register their vehicle, participants can expect to pay \$10 per classic car and should send inquiries to museumcars18@outlook.ca.

Gates will be open for the cars to set up at 7:30 a.m. with public entrance beginning at 9 a.m.

WE ARE WELCOMING NEW PATIENTS!

DRS. SUE AND JOHN MARINOVICH

Now at our New Location!

246 Dundas St. E.
Trenton, ON K8V 1L9
613.392.3939 • marinovichdental.com

Marinovich DENTAL

- Complete dental care for all ages
- Direct payment accepted from insurance companies upon request

FAMILY OWNED,
SERVING YOUR LOCAL
COMMUNITY SINCE 1994!

Home Auto Life Investments Group Business Farm Travel

the co-operators
A Better Place For You®

What are you looking forward to when you're done work?

Let The Co-operators help you invest today in the retirement you want for the future. You'll get the expert advice and smart investment options to help you reach your financial goals.

Paul Moran, CHS, CIP
Financial Advisor

Paul Moran Insurance Group Inc
175388 Highway 2, Trenton, On K8V 0A7
TEL: 613-392-3501 FAX: 613-392-3070
www.cooperators.ca/Paul-Moran

Not all products available in all provinces.



Community Events

generously sponsored by...

independent

YOUR INDEPENDENT GROCER



President's Choice

CFB Trenton | Smylie's Independent Grocer

(Hwy #2) Dundas St. E.

293 Dundas St. East, Trenton • 613-392-0297

OWNED & OPERATED BY
SMYLIE'S
YOUR NEIGHBOURS



DANCE WITH FRANCE

Mondays & Tuesdays Beginning March 5 & 6

Level 1 - ChaCha
Mondays 7:15 p.m. to 8:15 p.m.

Level 2 - Tango
Tuesdays 6:15 p.m. to 7:15 p.m.

At the 8 Wing Officer's Mess
\$90 per couple

To register visit the Trenton MFRC
Payment can be made by cash, debit or cheque
Deadline is February 26.



Danse avec France- Les lundis et mardis débutant le 5 & 6 mars
Lundi, Niveau 1 ChaCha- 19h15 h à 20h15
Mardi, Niveau 2 Tango - 18h15 à 19h15
Au mess des officiers 8 Wing
90,00 \$ par couple

Pour vous inscrire, visitez la réception du CRFM
Modes de paiement: comptant, débit ou chèque
La date limite pour vous inscrire est le 26 février



Mindfulness

January 11 & 25
February 8 & 22
March 8 & 22
April 5 & 19
May 3 & 17

For more information visit
trentonmfr.ca

To register please contact
Rabia Stobbart
613-392-2811 ext 2568
rabia.s@trentonmfr.ca

Groupe de pleine conscience

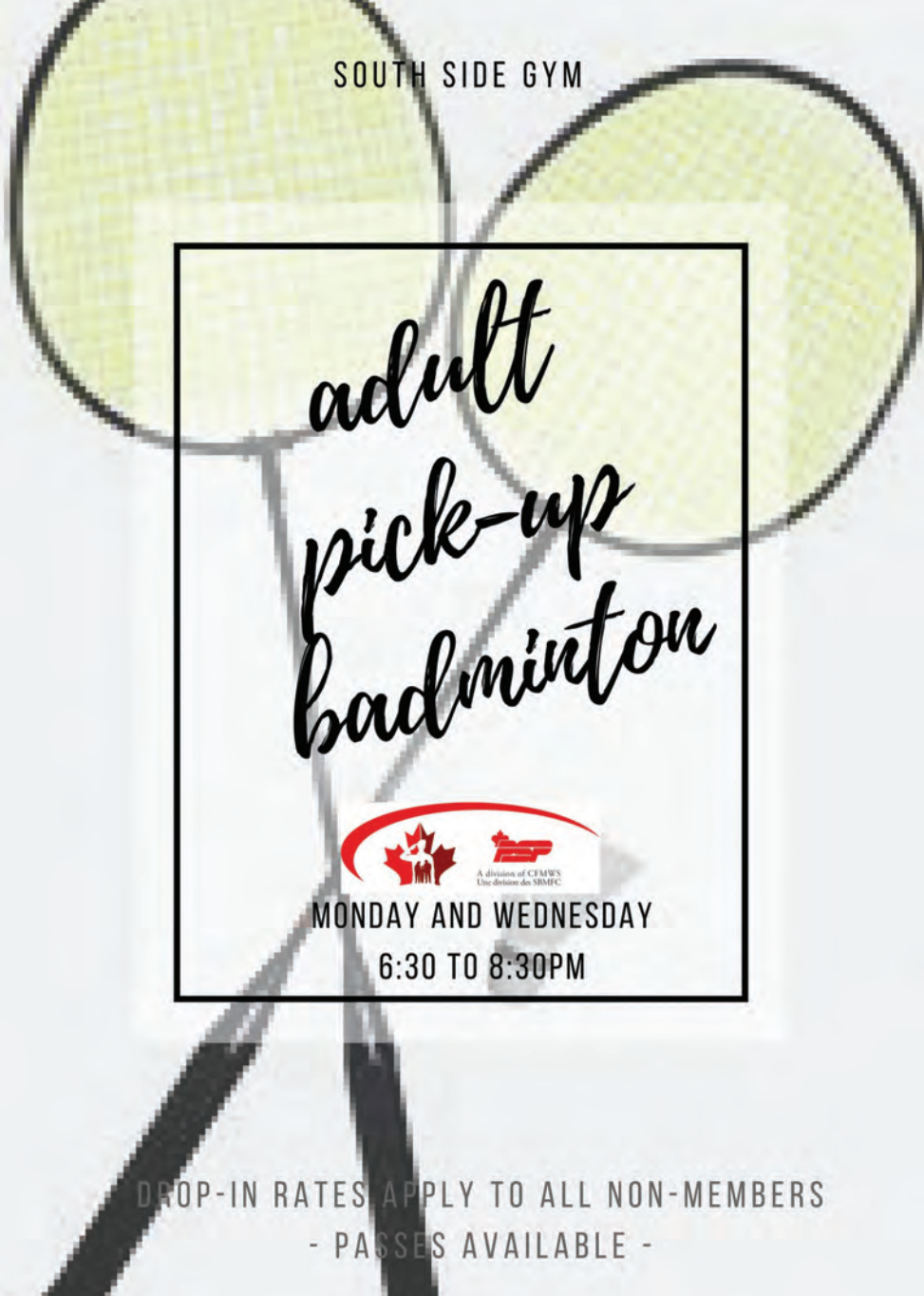
11 & 25 janvier
8 & 22 février
8 & 22 mars
5 & 19 avril
3 & 17 mai

Pour plus d'information visitez
trentonmfr.ca


Pour vous inscrire contactez Rabia Stobbart
613-392-2811 poste 2568
rabia.s@trentonmfr.ca



SOUTH SIDE GYM



adult
pick-up
badminton



MONDAY AND WEDNESDAY
6:30 TO 8:30PM

DROP-IN RATES APPLY TO ALL NON-MEMBERS
- PASSES AVAILABLE -

EMPLOYMENT CAFÉ


 SMALL BUSINESS TAXES

Do you have your own business?

Do you have questions regarding small business finances?



Join us to this session with Ashley from Ashley Barratt Bookkeeping & Accounting Inc. who will discuss about self-employed income and filing it in conjunction with your personal return.

THE EVENT IS FREE

Participants will be accepted on a first come first serve basis as space is limited!

Come and enjoy a coffee/tea and chat

DATE OF THE EVENT: MARCH 7, 2018
Time: 10:30 am-12:00 pm

Register by: March 5, 2018 Location: Trenton MFRC

To register or for more information contact
elizabeth.nicholas@forces.gc.ca or
priscilla.t@trentonmfr.ca
613-392-2811 local 3852/4655



Sports & Recreation



Intersection Sports

Wing Hockey League (WHL)- Designed for the more competitive hockey player. The league does not have body contact, but does include slap shots.

- Timings: Monday-Thursday, 1700-2130 hrs.
- See Trenton's CAF Connection Page for registration forms, waivers and additional information

Noon Hour Hockey League (NHL) - Designed for the recreational player to come out over lunch hour and enjoy some hockey action. The league is non-contact, and slap shots are not allowed.

- Timings: Monday to Friday from 1200-1300 hrs
- See Trenton's CAF Connection Page for registration forms, waivers and additional information

Curling - The I/S Curling League is designed for both recreational and competitive players to come out after lunch and enjoy some curling action.

- Timings: Tuesdays from 1300-1500 hrs
- See Trenton's CAF Connection Page for registration forms, waivers and additional information

Noon Hour Sports - This is an opportunity to come out during the lunch hour to play a variety of sports (inclusive of Basketball, Volleyball, Squash and Badminton).

- Timings: Monday-Friday from 1200-1300 hrs
- See Trenton's CAF Connection Page for registration forms, waivers and additional information

Base Sports

- Basketball- Practice Times- Tuesdays & Thursdays 1600-1800 hrs
- Volleyball (M&W)- Practice Times- Monday & Wednesday 1600-1800 hrs
- Squash- Practice Times- Fridays 1500-1700 hrs
- Badminton- Practice Times- Tuesdays & Thursdays 1830-2130 hrs
- Men's Hockey- Practice Times- Thursdays 1530-1645 hrs & Fridays (1430-1600 hrs- All Hockey Teams)
- Women's Hockey- Practice Times- Monday & Wednesdays 1530-1645 hrs & Fridays (1430-1600 hrs- All Hockey Teams)
- Old Timer's Hockey- Practice Times- Tuesdays 1530-1645 hrs & Fridays (1430-1600 hrs- All Hockey Teams)
- Swimming Team- Contact Sports Coordinator

*Please Visit Trenton's CAF Connection Website or Contact Sports Coordinator for additional information.
Sports Coordinator: Caroline Houle-Laporte – Local 2349 or
Caroline.Houle-Laporte@forces.gc.ca*

SOUTH SIDE GYM

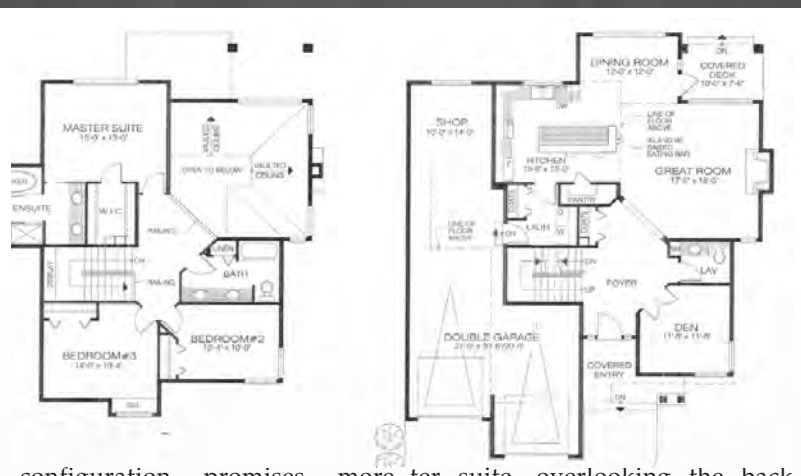
adult pick-up basketball

FRIDAY
8:00 TO 9:30PM

DROP-IN RATES APPLY TO ALL NON-MEMBERS
- PASSES AVAILABLE -

Home of the Week

Your Building Renovation Experts



Plan No: 7-3-945

The archway over the front entrance, a deep front porch, the curved extension of the highest gable and the decorative woodwork that frames the mullioned windows, all lend this three-bedroom family home an air of Victorian charm.

A covered porch leads through the front door into a large foyer. A den is on the right, adjacent to a two-piece powder room. A coat closet is situated near the entrance to the great room.

Fitted into a bayed-out space near the back of the house, the great room boasts a dramatic vaulted ceiling, as well as a fireplace. Flowing seamlessly from this room is the dining room, occupying its own bayed-out area, which has access to a covered deck, the perfect spot for year-round barbecuing.

The kitchen is separated from the other family rooms only by a raised eating bar and island, ensuring the cook will never feel isolated. The L-shaped counter

configuration promises more than adequate work space, and a pantry provides extra storage. A window over the kitchen sink overlooks the back garden.

From the kitchen, a doorway leads to a spacious laundry room, with a coat closet located near the entrance to the double garage, where there is enough room for a sizeable workshop. Part of the garage has an extra-high ceiling, ideal for an RV or other over-height vehicle.

Up the U-shaped stairway, a railed vestibule area allows a glimpse of the great room below. The master suite, overlooking the back garden, features a large walk-in closet. The en-suite, in a bayed-out area, offers a touch of luxury in the form of a shower stall and a soaker tub, plus double basins.

The second and third bedrooms share a bathroom, also with double basins. The third bedroom features a window with an extra-deep sill.

Exterior finishes include wooden shingles, painted trim, decorative wooden detailing and stone accents.

"YOUR ONE STOP BUILDING CENTRE"

COLE'S TIMBER MART

COMPLETE LINE OF BUILDING SUPPLIES
KITCHEN & BATH SHOWROOM
DELIVERY AVAILABLE
RENTAL CENTRE
www.colestimbermart.ca

47 Ontario St., Brighton
613-475-2810
1-888-265-3742

Tree Service

Trenton Tree Service

Tree Trimming & Removal, Chipping & Stumping

- Free Estimates
- Fully Insured

A fair price for everyone

613-392-7415



TRENTON Military Family Resource Centre

www.trentonmfr.ca • 613-965-3575 • 50 Rivers Drive East, Siskin Centre • With locations in Belleville & Frankford



March 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25 Creative Sunday Al-Anon	26	27	28	1 Emotional Balance with Oils	2	3
4 Sunday Spa Day Al-Anon	5 Makeover Madness (F) Dance with France (Level 1)	6 Dance with France (Level 2)	7 Hello Wednesday Employment Café – Small Business Taxes Home Seller Seminar Communication Connection	8 Mindfulness Knit & Chat Pops & Tots	9	10
11 Al-Anon	12 Dance with France (Level 1)	13 Dance with France (Level 2)	14	15	16	17
18 Creative Sunday Al-Anon	19 Makeover Madness (E) Dance with France (Level 1)	20 Dance with France (Level 2)	21 Hello Wednesday Picasso & Pinot Community Connection	22 Mindfulness Knit & Chat Pops & Tots Essential Oils – Slim & Sassy	23 Parenting in the Digital Age	24 Youth Centre Bingo!
25 Al-Anon	26 Dance with France (Level 1)	27 Dance with France (Level 2)	28	29 Pops & Tots	30	31

● Community Connection – Deployment Support Group

Every first and third Wednesday of the month at the Trenton MFRC; 6 – 7:30 p.m. Meet and mingle with other military spouses while enjoying fun activities including paint nights, bingo & board games, baking & cooking, and more! Childcare is available for ages 0 – 5. Email Kendra the Monday before the program by 4pm to sign up and register for childcare. (Please indicate the number of children and their ages). What About Me, a deployment support group for ages 6 – 11, runs at the same time as Community Connection.

● Creative Sundays

Sundays are meant for relaxation and fun projects! Join us to make a different crafty creation every month. You will be guided through a unique project each class with a handmade take home. Every month will have a different theme.

One Sunday per month from 1 - 4 p.m.; \$10/person
 • February 25
 • March 18
 Register at reception: 613-965-3575.

● Emotional Balance with Oils

Find balance and peace with our Emotional Balance with Oils workshop. Sample and experience how peaceful certain oils can make you feel.
 Thursday, March 1, 6:30 p.m.
 At the Trenton MFRC
 Cost is \$10/person. There will be an opportunity to make your own take-home roll-on for an additional \$10/person (cash).
 Please register at reception before February 27 at 4 p.m.

● Dance with France

Mondays starting March 5
 Level 1- 7:15 pm - 8:15 pm Cha Cha
 Tuesdays starting March 6
 Level 2- 6:15 pm - 7:15 pm Tango

Are you thinking of selling your home or looking to prepare for the next posting? Get a jumpstart on preparing your house for the spring market! There will be expert advice from a mortgage lender, lawyer, professional home stager, photographer, home inspector and realtors. Limited seating. Snacks and refreshments will be provided.
 Free - open to military and the general public
 MFRC, Belleville Branch – 610 Dundas Street East, Belleville
 7 - 8:30 p.m.
 Please register by calling 613-969-9907 or visiting www.timmckiney.com.

● Employment Café – Small Business Taxes

Wednesday, March 7, 10:30 a.m. – 12 noon at the Trenton MFRC
 Do you have your own business? Do you have questions regarding small business finances
 Join us at this session with Ashely from Ashely Barratt Bookkeeping & Accounting Inc. who will discuss self-employed income and filing it in conjunction with your personal return.
 This event is free! Participants will be accepted on a first come, first served basis
 Register by March 5 – 613-392-2811 ext. 3852/4655.

● Home Seller Seminar
 Wednesday, March 7, 2018

● Hello Wednesdays
 March 7, 2018, 10 a.m. - noon

Every other Wednesday, visit us at the MFRC to meet and mingle with other members of the community. Whether you're new or a regular to us, everyone is welcome to have coffee, share resources, and get to know us better!
 Any questions or concerns, please contact Rabia at rabia.s@trentonmfr.ca or Hélène at helene.cg@trentonmfr.ca.
 No registration required.

● Knit & Chat

This is a drop-in group, no registration or previous experience required. Any level of knitters or crocheters are welcome to join us; every second Thursday from 6 p.m. to 8 p.m. Our next date is Thursday, March 8. Bring your needles/crochet, wool, pattern and good humour! Penny will be available to assist you with your project.
 Information: 613-965-3575.

● Mindfulness Group

This group will help you develop mindfulness practices as a way to reduce stress and anxiety, and improve choice when responding to difficult situations. Experience is not required. The Mindfulness Group will take place on March 8, 2018 from 12 noon until 1 p.m. or 1 p.m. until 2 p.m. at the Trenton MFRC. Please register at least one week prior to the workshop. You can register and learn more by contacting Rabia: 613-392-2811 ext. 2568 or rabia.s@trentonmfr.ca.

CAMPBELL'S AUTO SHOP
 327 COLEMAN STREET, BELLEVILLE



- COMPLETE COLLISION REPAIRS SINCE 1915
- ALL WORK GUARANTEED
- FREE ESTIMATES • PAINT ROOM
- CUSTOM JOB SPECIALISTS
- FRAMES • UNIBODY & RAIL
- ENVIRONMENTALLY FRIENDLY PAINTS

613-968-5791 E-mail: autoshop@bellnet.ca

CANADIAN SPORT SUBS
 51 South Pinnacle St., Belleville, On K8N 3A1
 (613) 966-8903

OPEN
 Mon. – Fri. 9 am – 5 pm
 Saturday 9 am – 3 pm

★★★★★

PADI 5 STAR INSTRUCTOR DEVELOPMENT CENTRE

Join the Underwater World!

BELLEVILLE'S LEADING SCUBA SCHOOL
 Established 1989
 COURSES STARTING NOW

- Guaranteed Personalized Service
- Dedicated Instructors - We Work For You
- All Training Levels

Find *your* Dream Home in the *Quinte Area*

HomeFinder.ca
 Hundreds of properties | In Print and Online!

THE BELLEVILLE News. BRIGHTON Independent. CENTRAL HASTINGS News.
 THE QUINTE WEST News. Contact

www.insidebelleville.com



Classifieds

To Place an Ad: **1-888-657-6193**
 For Delivery Inquiries, please call **613-966-2034**
www.thecontactnewspaper.cfbtrenton.com

A Articles for Sale **A** Articles for Sale **A** Appliances **A** Appliances

Belleville Volkswagen



2015 Passat 1.8T Auto
 Candy White, heated seats, keyless entry, sunroof, alloys, Bluetooth, and more, 43,000km.

Sale Priced at \$22,900 + hst

Email: info@bellevillevw.ca
 for additional details and to schedule a test drive

613-966-3333

239 North Front Belleville

www.bellevillevw.com

NEW & USED REFRIGERATORS

Stoves, washers, dryers, freezers, dishwashers, 3 months old & up. Sold with written guarantees. Fridges \$100 and up

NEW APPLIANCES at the lowest prices in the area. Trade-ins accepted on the new appliances. Big selection to choose from

PAYS CASH for good used appliances in working order, or not, but no junk please. VISA & MASTERCARD accepted. We have our own financing. Shop at our competitors & then come and see for yourself, quality at low prices.

Open 7 days a week & evenings. We deliver. We like Base people.

SMITTY'S APPLIANCES LTD.
 613-969-0287

8 Wing Chapel / Chapelle de la 8e Escadre

Location/Adresse:
 91 Namao Drive East / 91 Promenade Namao Est

Office hours/ Heures de bureau
 Monday to Friday 0800 - 1600 hrs
 Du lundi au vendredi 08h00 à 16h00

Services Times/ Heures des services religieux
 Registration to Confirmation Sacramental Prep Classes (grade 6 +), contact ext. 4593.

Inscription aux sessions de préparation pour le sacrement de la Confirmation (6e année +), appelez au poste 4593

Protestant Sunday Service: 1100 hrs (English)
 Service Protestant du dimanche: 11 h 00 (en anglais)

RC Sunday Mass: 0900 hrs (English) 1000 hrs (French)
 *Last Sunday of each month: 0900 hrs (Bilingual)

RC Weekday Mass: Tues, Wed, Thurs at 1200 hrs
 (Subject to change without notice)

Messe CR du dimanche : 9h00 (en anglais) 10h00 (en français)
 *Dernier dimanche de chaque mois : 9h00 (bilingue)

Messe CR en semaine: mardi, mercredi et jeudi à midi (12h00)
 (peut changer sans préavis)



Quinte West Jewish Community at 8 Wing, various services, call for details. Communauté juive de Quinte West à la 8e Escadre, divers services, appelez pur plus de détails

Wing Chaplain/Aumônier de la 8e Escadre:
 Maj (Rev/Rév) Richard Bastien

Unit Chaplains/Aumôniers des unités:
 Capt (Rabbi/Rabbin) Bryan Bowley
 Capt (Fr/Père) John Funelas
 Lt(N)(Fr/Père) Félix Roberge
 Lt(N)(the Rev./Rév.) Mary Anne VanHeuvelen
 Capt (the Rev./Rév.) Daniel Walton

Phone/Téléphone:
 Administrative Assistant/
 Adjointe administrative
 Brigitte Gamache,
 (613) 392-2811 ext/
 poste 2490/4593

January 2018 Weather Summary

By Corporal Crystal Pike-Pilditch,
8 Wing MET

The first month of 2018 was drier than January last year and six records were broken. The first two up were on Jan. 5 and 6, both for lowest max daily temperature, at -19.7C. This beat out the previous records of -16.8C made on Jan. 5, 1996 and -18.9C set on Jan. 6, 1945. Next was on Jan. 7, for lowest daily minimum at -29.0C, beating out the previous record of -28.9C set in 1940. The fourth record was broken on Jan. 11 for highest daily minimum at 4.1C, replacing the old record of 2.8C from 1975. The fifth and sixth records were both on Jan. 12 with the highest daily max of 11.1C, replacing the old record of 10.7C made in 2013. The sixth and last record was for max total precipitation. This is a combination of the rain and snow that fell that day, for a total of 22.4mm. The previous record was for 10.2mm in 1938. The average daily max in January was -2.1C, down from 2017, which was 1.1C. The average daily minimum temperature was -12.1C down again quite a bit from 2017, which was -6.1C. The warmest day of the month was 11.1C on the 12th. The coldest night was -29.6 on Jan.1. Total precipitation for January was higher than last year. 54.1mm of rain were recorded, with 49.4cm (39.0mm water equivalent) of snow for a total of 93.1mm. The previous January recorded 60.4mm of rain and 27.2cm of snow (26.9mm water equivalent) for a total of 87.3mm. January 2018 had one day with thunderstorms, three days with freezing precipitation, two with fog or ice fog, and 4 days with blowing snow. Last year we saw no thunderstorm activity, three days with freezing precipitation, three days with fog or ice fog, and two days with blowing snow. Outlooks for the next few months into March have no true strong indications for either temperature or precipitation. This can be tricky for our area because of where we sit in relation to most common paths for low-pressure systems this time of year. The path of a weather system bearing down on us does not have to move very much to result in weather being much better or much worse than initially expected. This makes long-term prediction a lot trickier.



**Are you a victim of impaired driving?
We're here to help.**

MADD Canada
 Tel.: 1-800-665-MADD



MADD
 Mothers Against Drunk Driving™
 Les mères contre l'alcool au volant™

www.madd.ca



metrolandmedia
Connected to your community®

Why Digital?

- Canadians continue to be among the **heaviest users of digital media**
- Canada is #3 in desktop internet usage at **34.6 hours per month**
- Canadians are the **heaviest online searchers** at 140 queries per month
- **3 out of 4 Canadians own smartphones**, well above the rates in U.S. and other developed markets

Let us help you connect the pieces!

Digital advertising now accounts for almost a *third of total advertising expenditures in Canada*. At 31.3% of total media spending, digital now exceeds TV as the largest form of advertising investment, according to a new eMarketer report, "Canada Digital Advertising: eMarketer's Latest Ad Spending Estimates and Outlook for 2015."

Our Multi Media Consultants are here to Maximize Your Connections

✓ **Geofencing** ✓ **Audience Extension** ✓ **Programmatic**

BRIGHTON
Independent.
CONNECTED TO YOUR COMMUNITY

Call today at
613-966-2034