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**CC-150 POLARIS CONTRACT EXTENDED**



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## 8 Wing Trenton helps RCMP spread holiday cheer to the north



Members of the Happy-Valley Goose Bay RCMP and 5 Wing Goose Bay are all smiles as they welcome this year's shipment of toys.



Happy-Valley Goose Bay RCMP Constable Christ Attewell and Santa Claus in Happy-Valley Goose Bay, Newfoundland and Labrador on Dec. 10.

By Makala Chapman

A special Christmas is in store for children living in northern Canada thanks in part to members of 8 Wing Trenton. Like in previous years, the Base helped the Royal Canadian Mounted Police (RCMP) ensure their annual Toys for the North initiative went off without a hitch. Each year, thousands of toys are collected by members of the RCMP



Toys are unloaded from the back of a CC-130 Hercules at 5 Wing Goose Bay in Happy-Valley Goose Bay, Newfoundland and Labrador on Dec. 10.

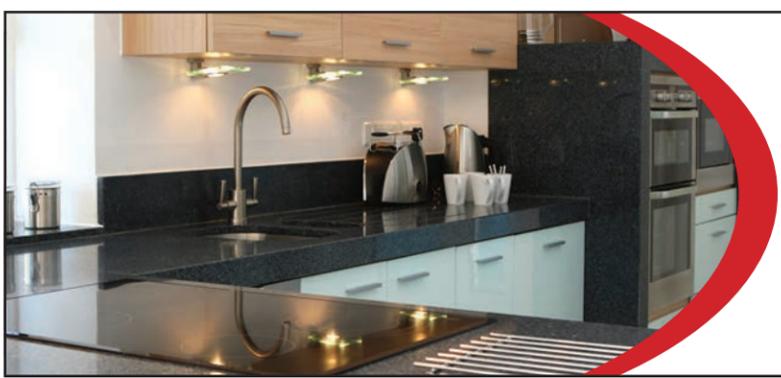
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# Photos of the Week

## CFS Alert: Ambushed!



Photo by Corporal A. Medeiros

Pictured (from left to right) Mark McDonell, Danny Derue, Kris Lafontaine.

Content submitted

On Dec. 8, Canadian Forces Station (CFS) Alert personnel hosted Ambush from Kingston, Ontario. The PSP show tour band rocked the Arctic Club Mess by playing a wide variety of country and rock 'n roll hits, including their own original songs such as "Top of the world," a song written to commemorate their first trip to CFS Alert in 2016.

## Presents donated to military families



Photo by Makala Chapman

Contact News

Volunteers spent their morning wrapping donated toys from Canadian Tire for military families on Dec. 5. Speaking to how pleased she was with the support from members of 21 Military Police Flight, who helped organize the event, was the Trenton Military Family Resource Centre's Amy LesGresley. "The MFRC exists to support military families all year round," she said, "and it is extra special when we can work together with partners like 21 Military Police Flight and Canadian Tire Trenton to help families during the holiday season."

## Mission Support Squadron



Photo by Master Corporal Jeffrey Onions

By Master Corporal Jeffrey Onions

A team of 86 Airy eld Systems and Utilities, Electrical Generating Systems Technicians perform an 11,000 hour rebuild of a generator set in the fall of 2018. Pictured are MCpl Christopher King (left) and Cpl Kristian Sinding (Right) applying rated torque to a cylinder head bolt. CFS Alert is the world's most Northerly permanently inhabited location.

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# Military community reminded to never drink and drive

By Makala Chapman

8 Wing Trenton's 21 Military Police Flight are reminding members of the community that there's no excuse to drink and drive. To help combat impaired driving and to ensure the roads are safer for everyone, members of the military police will be conducting routine holiday RIDE checks. The sobriety-testing program is a community policing initiative used all throughout the province. Its main goal is to Reduce Impaired Driving Everywhere (RIDE) and to bring awareness to the issue. The military police will be conducting the program all throughout the Base at various locations throughout the festive season and into the start of the New Year. As for why it's important that the community not drink and drive, representatives with the military police say it comes down to the fact that it's both illegal and an issue of public safety. Those attending holiday functions and other social events are encouraged to use resources such as designated drivers and cabs to get home safely. Alternatively, Operation Red Nose in the Bay of Quinte region is now in full effect. The free and confidential designated driver program will ensure that the individual calling, their car, and any additional passengers get home safely. While the service is free, donations are always accepted, with all proceeds going towards supporting social programming in the area. Since its launch this season, Operation Red Nose has made 491 trips with a cumulative distance of 14,268 kilometres travelled in the local region. For more information on Operation Red Nose or to use this service, call 613-962-4334.



Photo by Makala Chapman

A stock photo of members from 21 Military Police Flight.

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# Safety



## Sobering Thoughts About Drinking

Party animals can turn into dangerous beasts when they get behind the wheel of an automobile. Drinking and driving causes countless tragedies every year. It can also cause traffic accidents that could result in death, injury and suffering. People who party it up with their friends and try to drive home cause many of these accidents. Party hosts and guests both must take responsibility for preventing these accidents.

Here are some ideas for party hosts to discourage drinking and driving during the holiday season and year-round:

- Take charge of the party: Tell the guests you have house rules, which include no one driving away while impaired by drugs or alcohol.
- Collect car keys from your guests as they arrive, and don't return them to drivers who might be impaired.
- Designate drivers at the beginning of the evening. These drivers will remain sober and drive the others home.
- Provide a choice of attractive non-alcoholic drinks for the designated drivers and for all guests.
- Also provide a variety of food high in protein and starch, to delay the absorption of alcohol. Limit the foods which are salty; they increase thirst.



- Plan activities to take the emphasis off drinking. Encourage guests to participate in games, entertainment, food preparation and other activities.
- Control your bar by serving guests yourself or hiring a bartender. Measure all drinks. Stop serving drinks

early in the evening.

- Never serve a drink to a guest who appears intoxicated.
- Arrange rides with sober guests or call cabs for guests who appear intoxicated. Allow guests to sleep over if they have had too much to drink.

- Do not invite people who you know drink too much.
- Here are some additional ideas for party guests to avoid drinking and driving:
  - Plan your transportation before you leave home for the party. If you are going to be drinking, make definite plans to ride with a sober friend or to take a cab.
  - Eat a snack at home before you leave for a party so you won't overindulge in salty snacks, which increase thirst.
  - Alternate your alcoholic drinks with other beverages such as fruit or vegetable juice. Don't chug down alcoholic beverages just because you are thirsty. Fill up on water instead.
  - Stay sober and help volunteer to drive for others. Help your host to arrange transportation for other guests.
  - Never ride with someone who has been drinking. Even if you arrived with that person.
  - Remember only time can reduce impairment. Hot coffee, cold showers and fresh air do not sober you up.

Parties are bright spots in our lives during the December holidays and throughout the year. Make sure they remain bright memories, not darkened by a drinking and driving accident.

### The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Mark Goulden., MSM., CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

Where typographical errors are discovered in advertisements (including classifieds) that result in goods not being sold, this newspaper is only liable to refund the money charged for the advertising space.

The CONTACT is produced weekly under a Publication Service Agreement with a division of Metroland Media Group.

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### ARTICLES AND PHOTOS

The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.
- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

### Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com

### A Military Community Newspaper

The CONTACT newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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# 8 Wing Trenton makes major donation to local United Way

By Makala Chapman

The Government of Canada Workplace Charitable Campaign (GCWCC) has come to an end after months of canvassing and a solid effort put forward by 8 Wing Trenton. The GCWCC is a yearly initiative created exclusively for federal public servants and federal retirees looking to make charitable contributions in their communities. One of the benefactors of the campaign is the United Way of Hastings Prince Edward. Dozens packed the Earl of Bessborough social house for the closing ceremony on Dec. 7. Taking the time to thank the military community for their support was Major (Maj.) Tanya Tebbutt, 8 Wing Trenton's GCWCC co-chair. She noted through events like the community fair, the Wing Commander's invitational golf tournament and other base-wide events, the base community was able to collect more than \$93,000. She went on to note that this year's campaign would not have been as successful without the more than 50 volunteers who helped run the events, as well as canvassing for donations. "The Wing has just been so extremely busy," she said, "but we were still able to get together and raise money for our local community." She noted she was especially pleased that Canadian Forces Station (CFS) Alert, Canada's most northerly military base, was also able to raise money for the campaign. In attendance to offer her thanks was the executive director of United Way of Hastings Prince Edward, Kathy Murphy. She noted in the last 25 years, 8 Wing Trenton has collectively raised over \$2.5 million for the local non-profit organization. "We know the work that you do in the community and for our country," she said, "and we feel very privileged that you put all this time and energy into helping those that are vulnerable here in Hastings and Prince Edward County." Murphy later shared that at least one-in-three people access one of the United Way's more than 75 services or supports throughout the year, which is why she said raising funds for the organization is crucial. "This campaign is helping people who are deciding whether they buy food, pay their hydro or pay their rent," she explained. "That's a reality for many people in the community. 8 Wing Trenton comes out as our second largest donor and they make it happen every year." Also taking the time to share a few words at the closing ceremony was 8 Wing Commander Colonel (Col.) Mark Goulden. He too thanked the volunteers, squadrons and members of the community who donated to the campaign. "The goal at the beginning of this campaign was to get 100 per cent canvassing and also to run a great campaign," he said. "We succeeded on both of those fronts." He added that he was especially pleased that the money would be going back into the community since a strong community was the key to the Base's success.



Photos by Makala Chapman

Members of 8 Wing Trenton and the United Way of Hastings Prince Edward celebrate more than \$93,000 raised through this year's GCWCC event on Dec. 7.



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## Continued from page 1

and volunteers in hopes of giving children living in some of Canada's most northerly and remote communities a Christmas to remember. A lot of hard work and effort was needed to ensure the donated toys were able to make it from Toronto to the children receiving them. Even Santa himself would have been impressed by the large-scale operation and the collaboration that went into getting the job done. Beginning as early as the summer, toys are donated by corporate sponsors through the Canadian Toys Association, which are then collected by the RCMP. Volunteers then begin to sort and package the toys at Toronto-based warehouse and shipping company Thompson Terminals in early December. Once prepared, the toys are loaded onto a tractor-trailer and delivered to 8 Wing Trenton. On hand to ensure things went smoothly and to oversee the shipment of toys to the Base was this year's event organizer Corporal (Cpl.) Stacey Anderson with the Niagara RCMP. "This took a lot of coordination, talking back and forth, emails, phone calls and a lot of volunteers," she explained. "Everybody has worked so hard together to make this happen and it's so uplifting to see it come together." As for why initiatives like Toys for the North are important, Cpl. Anderson said it comes down to caring about those in communities outside of one's own. "I can't even imagine what it would be like for these kids who don't necessarily have the opportunity to have anything like this and to receive these toys," she said. While 8 Wing Trenton may not have magical reindeer to help transport the toys, they do have the next best thing – a CC-130J Hercules from 436 Transport Squadron. As part of a training flight in the early morning hours of Dec. 10, members of 436 Transport Squadron prepared for departure to RCMP hubs in Happy-Valley Goose Bay, N.L. as well as Thunder Bay, Ont. Speaking to how pleased he was to be part of the flight was Hercules pilot Captain (Capt.) Brian Stobbart. "It's awesome to be able to take part in it so close to the holiday season," he said. "It's also a great way to give back to the community through our skills and abilities." Within 15 minutes of landing in Newfoundland and Labrador, military members of 5 Wing Goose Bay and the RCMP were hard at work as they unloaded half the toys from the back of Hercules. With blankets of snow as far as the eye could see, it truly started

to look and feel a lot like Christmas. On hand to speak about the next step for the toys was local RCMP officer Cpl. Christine Soucy. She noted her team would be spending a couple of days sorting and wrapping the gifts. Once ready, the RCMP would then deliver the toys via a DHC-6 Twin Otter aircraft, snowmobiles and whatever was needed to get them to the communities located on the north shore of the Labrador coast. Having been a part of Toys for the North for the past three years, Cpl. Soucy added that the most rewarding part of the whole operation was getting to see the smiles on the faces of the children receiving the gifts. "They're all so happy and you can see the magic in their eyes," she said. "They don't feel forgotten. They are very grateful." Looking at it from a policing perspective, Cpl. Soucy added that the charitable initiative was a great outreach tool for the RCMP in their efforts to better their relationship with the northern communities. "It's just nice to bring joy to the children," she said, "especially for the RCMP members posted in those communities. They know the children, they know the people, so helping to bring Christmas to them is a plus." She noted it was extremely important to have the RCAF's support and said Toys for the North wouldn't have been possible without their support. Hopping back on the plane, members of 436 Transport Squadron then made the four-hour trek to Thunder Bay where they were once again greeted by the local RCMP. Overseeing the operation from their end was RCMP detachment commander Staff Sergeant (S/Sgt.) Normand Roy. He said he was pleased to once again be receiving the toys and couldn't have been more appreciative of all those involved to make it happen. "It's all for the kids and the community," he said. "It's beautiful to see those smiles." On top of locations in Newfoundland and Labrador, he explained that the RCMP would be joining forces with U.S. partners to deliver toys to Minnesota's Northwest Angle, which shares a border between the U.S. and Canada. "A child receiving a toy from the RCMP is just great," he said. "It's an emotional time and a joyful time for everyone." Reflecting on Toys for the North throughout the years, S/Sgt. Roy said he couldn't think of a better way to spread holiday cheer and said it was always a highlight for the Thunder Bay RCMP.



Thunder Bay RCMP officers welcome 436 Transport Squadron and their precious cargo on Dec. 10.



Members of the Thunder Bay RCMP sort through the toys delivered by 8 Wing Trenton on Dec. 10.



Members of 8 Wing Trenton, the Thunder Bay RCMP and North Star airlines celebrate another successful year of Toys for the North.

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# 8 Wing Command Team Holiday Message

Members of 8 Wing/CFB Trenton,

As we enter the holiday leave period, Wing Chief Warrant Officer CWO Zuorro and I would like to take some time to reflect on the tremendous achievements we have made as a team in 2018 and while recognizing the work we have done, I also want to ensure that no one is forgotten during this time. The work you do daily is incredibly important, and the means by which you do this – providing agile, integrated and responsive air power– is proving to be a powerful force enabler for Canadian Armed Forces operations. This year was incredibly busy for our team. We had multiple flights depart Trenton to stand up and sustain our new United Nations Peacekeeping mission in Mali this summer, members of 424 Transport and Rescue Squadron and Joint Rescue Coordination Centre also had a busy spring and summer helping Canadians in their time of need on the water and in remote regions of Ontario, Quebec and the Prairies. We supported Op LENTUS in BC, Manitoba and Quebec providing crucial airlift to get Canadians out of harm's way and



Photo by Makala Chapman

providing first responders and workers air transport to bring aid to areas affected by flood, fire and power outages. We also provided ongoing support to relief efforts in Indonesia following an earthquake and tsunami. We did all of this while still supporting major ongoing deployments such as Op IMPACT and Op REASSURANCE. Everyone on this Wing, all ranks, positions and trades, military and civilian, contributes to operational success. Of course we were also busy on the home front. Our members show their generosity and community spirit throughout the year, volunteering in the community and contributing to a successful Government of Canada Workplace Charitable Campaign. These are accomplishments that we can truly be proud of and I can't stress enough that these successes are thanks only to the professionalism and dedication of all here at Trenton, including those family members, MFRC members, PSP

staff and contractors that enable operational excellence every day. While 8 Wing never completely sleeps, it is time for a short rest to recharge for the New Year. For many, the holidays are a happy time, but let us not forget to reach out to our friends, Squadron-mates and colleagues for whom this time is not always joyous. We have many graduates of the Chaplain Branch's Sentinel program, but you don't need special training to help or reach out to those in need. It might be inviting someone over for coffee or lunch, or it might simply be a phone call to someone alone on Christmas. Your actions can make a big difference in the life of your fellow CAF members. If you find yourself struggling or in need of someone to talk to over the holidays, please reach out to the Duty Chaplain available 24/7 by calling Wing Operations at 613-392-2811x 2232. You can also contact the Member and Family Assistance Services at 1-800-268-7708. Civilian employees may also

call 1-800-268-7708. For Families in need of support contact 1-800-866-4546. Living in the Quinte West region, we are beneficiaries of some tremendous supporters of the CAF and 8 Wing/CFB Trenton. One of these supporters is a friend of 8 Wing Trenton's Mr. John Cairns, owner of Earl & Angelos Restaurant, who will host the Second Annual Charitable "NO ONE EATS OR SITS ALONE!" Community Christmas Dinner. Earl & Angelos will be opening its doors again on Christmas Day, 25 December, from 4 pm -9 pm for those in need or perhaps otherwise spending Christmas on their own, including 8 Wing/CFB Trenton members who are living-in or unable to be with family or friends. Guests will receive a complimentary Turkey dinner with all the fixin's, dessert, a non-alcoholic drink and a warm Christmas greeting. Let us also keep our 120 + members of 8

Wing deployed overseas in our thoughts this winter, as well as those members from 8 Operational Support Squadron and 8 Mission Support Squadron who will be working throughout the holidays to ensure 8 Wing remains open and ready to support operations at home and abroad. Please take care of yourselves over the holidays and remember that there are many safe alternatives to driving in order to get yourselves home after parties. These options include designated drivers and taxi cabs. Plan ahead and don't drive impaired.

I wish you all a safe and happy holidays and best wishes for 2019,

Colonel Mark Goulden  
Commander, 8 Wing Trenton

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<p><b>Belleville + Trenton Child Care</b></p> <p>CLOSED: December 24 - January 2 OPEN: January 3</p>	<p><b>Garderies de Belleville + Trenton</b></p> <p>FERMÉ: 24 décembre - 2 janvier OUVERT: 3 janvier</p>
<p><b>Frankford</b></p> <p>CLOSED: December 24 - January 6 OPEN: January 7</p>	<p><b>Frankford</b></p> <p>FERMÉ: 24 décembre - 6 janvier OUVERT: 7 janvier</p>
<p><b>St. Mary's</b></p> <p>CLOSED: December 24 - January 6 OPEN: January 7</p>	<p><b>St. Mary's</b></p> <p>FERMÉ: 24 décembre - 6 janvier OUVERT: 7 janvier</p>

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## December/January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24 MFRC closed for the holidays Christmas Eve	25 MFRC closed for the holidays Christmas Day	26 MFRC closed for the holidays	27 MFRC closed for the holidays	28 MFRC closed for the holidays	29
30	31 MFRC closed for the holidays	1 MFRC closed for the holidays	2 MFRC closed for the holidays	3 MFRC closed for the holidays	4 MFRC closed for the holidays	5
6	7 MFRC OPEN Dance with France – Ladies Night + Level 1 Bellydancing with Amara	8 Dance with France – Level 2 + 3	9	10 Anxiety First Aid Kit Knit & Chat Special Needs Parent Support Group	11	12

**Casual Child Care - Available now!**

The Trenton MFRC is now offering Casual Child Care, Monday – Friday. Child care will be available in ‘family age groupings’ for ages 0-12 years. This is a licensed child care program offering parents an option to access casual child care. For requirements, fees, and more information, please visit [www.trentonmfr.ca](http://www.trentonmfr.ca) or [www.cafconnection.ca/trenton](http://www.cafconnection.ca/trenton). For inquiries, please contact Susan Stoddard at [susan.s@trentonmfr.ca](mailto:susan.s@trentonmfr.ca) or 613-392-2811 ext. 2442.

**MFRC Holiday Hours**

Trenton MFRC: December 17 - 20, 8 a.m. - 5 p.m.  
December 21, 8 a.m. - 4 p.m.  
Trenton MFRC Daycare/Belleville branch: closed December 24 - January 2  
Trenton MFRC/Frankford branch + St-Mary's: closed December 24 - January 6

**Managing Powerful Emotions**

To better identify, regulate and tolerate your emotions. Understand the purpose of your emotions and what activities intensify them. Learn the relationship between emotions and behaviours. This group is not an interactive support group and is not a substitute for group therapy. It will seem similar to a course or seminar. Participants are expected to attend regularly and complete weekly home assignments.

On Thursday, starts January 17 to April 11 from 10 to 11:30 a.m.

To register or for more information please contact Jaclyn Hunter 613-392-2811 ext. 4017.

**Dance with France**

• Ladies Night - Beginning January 7, 2019 - 6 to 7 p.m. \$70 / 8 Wing Officer's Mess

Treat yourself to a night out each week and learn to swing with France! Course includes 10 weeks of choreography

instruction. Register by December 20, 2018

• Ballroom level 1 – Tango & Cha Cha; Beginning January 7, 2019. 7 p.m. - 8 p.m. / 8 Wing Officer's Mess / \$120 per couple. This class is designed for beginner's who want to learn a little ballroom dancing. Bring a partner and your dancing shoes! Course includes 10 weeks of instruction. Register by December 20, 2018

• Ballroom level 2 – Argentine Tango; Beginning January 8, 2019 / 6 p.m. - 7 p.m. / 8 Wing Officer's Mess / \$120 per couple. If you have some experience with ballroom dancing and want to better your skills, join us for our level 2 with France! Not sure if you're level 2? Join level 1 and let France help you decide. Register by December 20, 2018

• Ballroom level 3: Couples Choreography – Salsa; Beginning January 8, 2019 / 7 p.m. - 8 p.m. / 8 Wing Officer's Mess / \$120 per couple. This class is designed for experienced

dancers. Must be a previous student of France's to join. If you have not danced with France, join Level 1 or 2 and let France help you find your level. Register by December 20, 2018

**Knit & Chat**

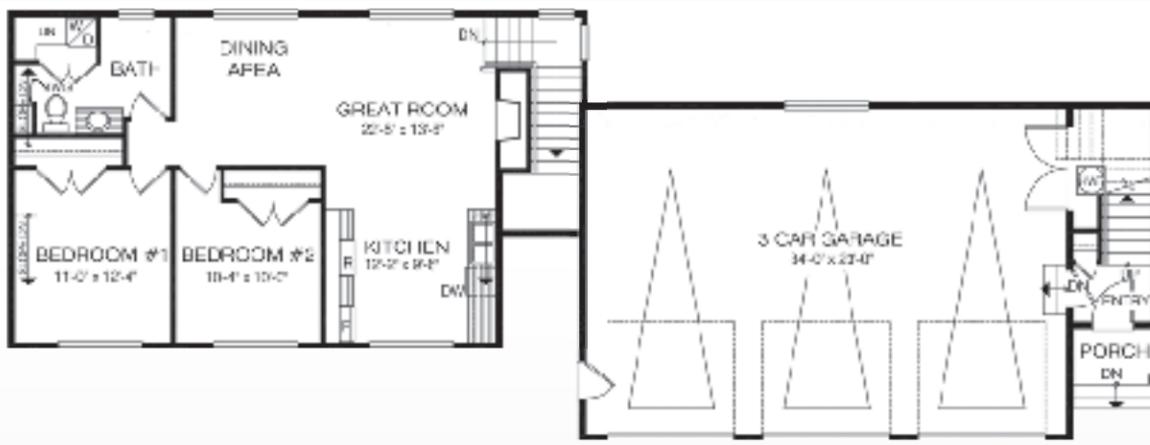
A bi-monthly knitting club for beginner and experienced knitters/crocheters are welcome! January 10 & 21, 6 – 8 p.m. Work on your own knitting or crocheting project. Penny will be available to assist you. This is a free activity but registration is required. 613-965-3575.

**Anxiety First Aid Kit**

Does your child suffer from symptoms of anxiety? This workshop will help them create a personalized kit to help with anxious moments. Ages 6-8 workshop – January 10 | 5:30 – 7:00 pm | Registration Deadline: January 7. Ages 9-12 workshop – January 17 | 5:30 – 7:00 pm | Registration Deadline: January 14. Email Kendra at [kendra.b@trentonmfr.ca](mailto:kendra.b@trentonmfr.ca) to register your child for this workshop.

# Home of the Week

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The living area in this two-storey, two-bedroom garden. The great room and dining area look out to the back garden. The living area in this two-storey, two-bedroom garden house is located above a three-vehicle garage, making it an ideal addition to a large lot with a home already built on it.

Entry is through a covered porch with the staircase to the second floor directly ahead. Upstairs, the great room includes a wood-burning fireplace that will be visible from both the dining area and the kitchen.

The kitchen includes plenty of counter space, as well as a large window overlooking the front

The two bedrooms share a three-piece bath with room for a side-by-side washer and drier. Exterior finishes include wooden shingles on the upper storey, with stucco below. Decorative woodwork between the ornamental garage doors lend interest to the facade, along with painted woodwork.

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# \$230 million dollar contract extension for CC-150 Polaris maintenance



Photos by Makala Chapman

Parliamentary Secretary to the Minister of Infrastructure and Communities Marco Mendicino announces a five-year contract extension for the CC-150 Polaris on Dec. 6.



Members of 8 Wing Trenton, L3 MAS, and the Government of Canada celebrate the contract extension of the CC-150 Polaris.

By Makala Chapman

The CC-150 Polaris will continue to serve the RCAF for another five years thanks to a recent maintenance contract extension with Quebec's L3-MAS, who have provided the in-service support for the aircraft since 2013. Members of 437 Transport Squadron, who operate the Polaris, and L-3 gathered as the official announcement was made by Parliamentary Secretary to the Minister of Infrastructure and Communities Marco Mendicino at 8 Wing Trenton on Dec. 6. The contract extension is worth up to \$230 million dollars. The contract will support more than 100 aerospace jobs in Ontario and Quebec. "I know that 70 of those jobs are going to be right here in Trenton," said Mendicino. He went on to explain that prior to agreeing to an extension, the Department of National Defence and L3-MAS worked closely together to find ways to improve the maintenance program and looked at key factors such as performance, flexibility and cost effectiveness. "You make us all very proud as you have a long and noble history that dates back to the Second World War," he said. "In honour of the squadron's 75th anniversary in 2019, a Polaris in the historic white and red paint scheme

of Air Transport Group was unveiled. 8 Wing Commander Colonel (Col.) Mark Goulden noted the paint job was a great tribute to all those that worked hard to maintain the squadron's rich legacy. He also shared that he was proud of the fact that 437 Transport Squadron has flown 1,142 missions and delivered over 64 million pounds of fuel to coalition aircrafts in the Middle East since 2014. "While it's not possible to predict what the future holds, I do know this," he said, "the women and men of 437 Transport Squadron, including L3 MAS, will be prepared and ready to provide critical airpower to the government and Canada and will deliver operational excellence here in Canada and around the world." At the event, inspecting the newly painted aircraft was Polaris pilot leader Major (Maj.) Eric Willrich. "It's extremely reliable and has some of the best serviceability I've ever seen in the military," he explained. "It goes everywhere. It flies as smooth as silk and is a very stable platform." The CC-150 Polaris is a multi-purpose, long-range jet that can be used for passenger, freight or medical transport. It can also be used in air-to-air refueling missions. The Royal Canadian Air Force currently has five Polaris aircrafts, all which are stationed at 8 Wing Trenton.

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## Message des Fêtes de l'équipe de commandement de la 8e Escadre

*Membres de la 8e Escadre et de la BFC Trenton,*

À l'approche de la période de congé des Fêtes, l'adjudant-chef de l'escadre, l'Adjudc Zuurro et moi aimerions ré-échir à nos réalisations incroyables en 2018 en tant qu'équipe et, tout en reconnaissant le travail que nous avons accompli, j'aimerais également m'assurer que personne ne soit oublié au cours de cette période. Vos efforts quotidiens sont incroyablement importants, et la façon dont vous y parvenez – en fournissant une puissance aérienne agile, intégrée et adaptable – s'avère être un élément de force habilitant pour les opérations des Forces armées canadiennes. Cette année a été extrêmement occupée pour notre équipe. Nous avons effectué beaucoup de vols à partir de Trenton pour défendre et soutenir notre nouvelle mission de maintien de la paix des Nations Unies au Mali cet été. Des membres du 424e Escadron de transport et de sauvetage et du Centre conjoint de coordination des opérations de sauvetage (CCCOS) ont également vécu un printemps et un été occupés en aidant des Canadiens dans le besoin sur l'eau et dans des régions éloignées de l'Ontario, du Québec et des Prairies. Nous avons appuyé l'opération LENTUS en Colombie-Britannique, au Manitoba et au Québec en fournissant un pont aérien pour mettre des Canadiens hors de danger et assurer aux premiers intervenants et aux travailleurs un transport aérien afin qu'ils puissent apporter de l'aide dans des zones touchées par des inondations, des incidents et des pannes d'électricité. Nous avons également fourni un soutien continu aux efforts d'aide aux sinistrés en Indonésie à la suite d'un tremblement de terre et d'un tsunami.

Nous avons réalisé toutes ces opérations tout en appuyant des déploiements importants en cours comme ceux dans le cadre des opérations IMPACT et REASSURANCE. Tous les grades, les postes et les groupes professionnels militaires de cette escadre, qu'ils soient militaires ou civils, ont contribué au succès opérationnel. Nous étions également occupés sur le front intérieur bien sûr. Nos membres ont démontré leur générosité et leur esprit communautaire au cours de l'année en faisant du bénévolat dans la collectivité et en contribuant à la réussite de la Campagne de charité en milieu de travail du gouvernement du Canada. On peut être réellement fiers de ces accomplissements et je ne peux assez répéter que ces succès sont uniquement dus au professionnalisme et au dévouement de toutes les personnes présentes à Trenton, y compris les membres de la famille, les membres du Centre de ressources pour les familles des militaires, les membres du programme de soutien du personnel (PSP) et les entrepreneurs, qui permettent l'excellence opérationnelle chaque jour. Bien que la 8e Escadre ne dorme jamais complètement, il est temps pour un petit repos afin de récupérer pour la nouvelle année. Pour plusieurs, le temps des Fêtes représente un bon moment, mais n'oublions pas de tendre la main à nos amis, à nos confrères d'escadron et à nos collègues pour qui cette période n'est pas toujours empreinte de joie. Plusieurs de nos membres sont des y nissants du Programme des sentinelles de

la Branche des services de l'aumônerie, mais une formation spécialisée n'est pas nécessaire pour aider les personnes dans le besoin ou leur tendre la main. Il peut s'agir d'inviter quelqu'un pour un café ou un dîner, ou simplement d'appeler quelqu'un qui est tout seul à Noël. Vos actions peuvent faire une grande différence dans la vie de vos confrères des Forces armées canadiennes (FAC). Si vous avez des dify cultés ou que vous ressentez le besoin de parler à quelqu'un pendant la période des Fêtes, veuillez communiquer avec l'aumônier en service que vous pouvez rejoindre 24 heures sur 24, 7 jours sur 7, en appelant les opérations de l'Escadre à 613-392-2811, au poste 2232. Vous pouvez également communiquer avec les services d'aide aux membres et aux familles à 1-800-268-7708. Les employés civils peuvent composer le 1-800-268-7708. Les familles dans le besoin peuvent appeler au 1-800-866-4546. Comme on habite dans la région de Quinte West, on proj te de l'appui de partisans incroyables des FAC, de la 8e Escadre et de la Base des Forces canadiennes (BFC) Trenton. Un de ces partisans est un ami de la 8e Escadre, M. John Cairns, propriétaire du restaurant Earl & Angelos. Il sera l'hôte du deuxième repas annuel communautaire de Noël de la campagne de charité « NO ONE EATS OR SITS ALONE! » (« PERSONNE NE MANGE SEUL, PERSONNE NE S'ASSOIT SEUL »). Earl & Angelos rouvrira ses portes le jour de Noël, le 25 décembre, entre 16 h et 21 h, pour les personnes qui sont dans le besoin ou qui passent Noël toutes seules, y compris les membres de la 8e Escadre et de la BFC Trenton qui y habitent ou qui sont incapables de rejoindre leur famille ou leurs amis. Les invités recevront un repas de dinde gratuit avec tous les accompagnements, un dessert, une boisson non alcoolisée et un accueil de Noël chaleureux. Pensons aussi à nos 120 membres et plus de la 8e Escadre qui sont en déploiement à l'étranger cet hiver, ainsi qu'aux membres du 8e Escadron de soutien opérationnel et du 8e Escadron de soutien de mission qui travailleront au cours de la période des Fêtes pour s'assurer que la 8e Escadre demeure ouverte et prête à fournir un

soutien aux opérations au Canada et à l'étranger. Prenez soin de vous au cours des Fêtes et rappelez-vous qu'il existe plusieurs solutions de rechange sécuritaires à la conduite pour vous rendre à la maison après des fêtes. Ces options comprennent les conducteurs désignés et les coupons de taxi. Soyez prévoyant et ne conduisez pas avec des facultés affaiblies.

Je vous souhaite de joyeuses fêtes sécuritaires et nos meilleurs vœux pour 2019.

Colonel Mark Goulden  
 Commandant de la 8e Escadre Trenton

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## BOOKING DEADLINES

### 8 Wing Welcome Book:

Ad Copy: February 28, 2019  
 Ad Approval: March 19, 2019  
 Publishing: April 8, 2019

### 8 Wing Community Program Guide:

**Spring Issue:**  
 Ad Copy: February 28, 2019  
 Ad Approval: March 7, 2019  
 Publishing: March 28, 2019

#### Summer:

Ad Copy: May 13, 2019  
 Ad Approval: May 22, 2019  
 Publishing: June 13, 2019

#### Fall:

Ad Copy: July 22, 2019  
 Ad Approval: August 2, 2019  
 Publishing: August 29, 2019

#### Winter:

Ad Copy: November 8, 2019  
 Ad Approval: November 15, 2019  
 Publishing: December 12, 2019

### 8 Wing Matters:

**Spring/Summer:**  
 Ad Copy: April 15, 2019  
 Ad Approval: April 25, 2019  
 Publishing: May 15, 2019

#### Fall/Winter:

Ad Copy: September 12, 2019  
 Ad Approval: September 20, 2019  
 Publishing: October 17, 2019



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