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Chief Elder and Col. Keiver
plant a legacy



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Bryan Pearce
says its time



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Deseronto recognizes
their own



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Canada 150

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CANEX's hi-tech gaming equipment to be a morale booster for personnel at CFS Alert



by Canadian Forces Morale and Welfare Services

Recently, Commodore Sean Cantelon, DGMWS, visited CFS Alert, Nunavut—the Canadian Armed Forces signals intelligence intercept facility—located at the northernmost inhabited place in the world! It's also home to more than 70 CAF members and contracted support personnel.

During his tour, Cmdre Cantelon was shown a Gaming Room where he noticed that the equipment was old and outdated. He immediately felt CANEX's gaming prowess and modern equipment could be put to good use to improve the morale and welfare of the remote troops and personnel.

"In such a remote location, with minimum places, resources or means in which to socialize, a Gaming Room provides a venue for members to congregate in a social setting. It plays an important role with regard to their entertainment and camaraderie. This is a place where members can test their hand/eye coordination, be competitive, relieve stress, but more importantly, allows for teambuilding while contributing towards them being mission ready." – Cmdre Cantelon

With limited local funding available to replace their own aging equipment, Commodore Cantelon took the initiative instantaneously to update and fund a project to replace the gaming equipment at CFS Alert. "I am pleased to leverage CANEX gaming product expertise for this donation which will effectively impact the troop's morale." –Cmdre Cantelon.

In their recent gaming survey, CANEX rated third for shopping for gaming hardware and accessories.

Through loyal vendor relations, CANEX was able to secure the purchase of eight of the latest models from MSI- Trident Desktop Gaming Kits, as well as eight Plantronic headsets. The equipment is already on its way to CFB Alert!

Le matériel de jeu vidéo à la fine pointe de la technologie de CANEX viendra rehausser le moral à la SFC Alert



par les Services de bien-être et moral des Forces canadiennes

Tout récemment, le commodore Sean Cantelon, directeur général – Services de bien-être et moral, s'est rendu au Nunavut pour visiter la SFC Alert, qui abrite les installations de renseignement sur les transmissions des Forces armées canadiennes. Il s'agit du lieu habité le plus septentrional au monde! C'est aussi le domicile de plus de 70 militaires et employés de soutien contractuels.

Au cours de sa visite, le commodore Cantelon a fait le tour de la salle de jeux vidéo, où il a été consterné par l'équipement désuet. Il a sur-le-champ pensé à mettre à profit l'expertise et l'équipement moderne de CANEX pour rehausser le bien-être et le moral des troupes et du personnel de l'endroit.

« À un poste aussi éloigné, où il n'y a que peu d'endroits, de ressources ou d'autres moyens pour tisser des liens, une salle de jeux vidéo devient un lieu de rencontre, et cela est essentiel pour le divertissement et la camaraderie. C'est également une pièce où les militaires peuvent mettre à l'épreuve leur coordination œil-main, se lancer des défis, se détendre et, d'abord et avant tout, tisser des liens pour être mieux préparés à accomplir leur mission. » – Commodore Cantelon

Compte tenu des fonds limités à la disposition de la SFC Alert pour moderniser son équipement, le commodore Cantelon a pris l'initiative de mettre en place et de financer un projet à cette fin. « Je suis heureux de profiter de l'expertise de CANEX dans le domaine du jeu vidéo pour réaliser cette contribution qui améliorera véritablement le moral des troupes. »

– Commodore Cantelon

Selon les résultats de son plus récent sondage sur les habitudes de jeu, CANEX serait le troisième choix des membres de la communauté des FAC pour l'achat de matériel et d'accessoires de jeu vidéo.

Grâce à ses relations de longue date avec des fournisseurs locaux, CANEX a pu faire l'acquisition de huit ensembles d'ordinateurs de bureau de jeu Trident MSI, ainsi que de huit casques d'écoute Plantronic. Le tout est déjà en route vers la SFC Alert!

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Bike to work breakfast at Smylie's



Photo by Martin Durkin
 (left to right) Lesley VanMeer, Claire Allen, Capt. Doepner, and MCpl. Archer pose at the Smylie's parking lot just before breakfast

By Martin Durkin

Despite some ominous looking clouds over the bay, regular cyclists to 8 Wing Trenton took part in the bike to work breakfast at Smylie's Your Independent Grocer.

Master Corporal (MCpl.) Matt Archer with 426 Transport (T) Training Squadron, was first to arrive in the parking lot and was ready for some eggs and coffee. "I live by the Trenton hospital so I bike most days to work, and it's only 15 minutes, but that's my gym work out for the day," said MCpl. Archer.

With 12 years under his belt within the Canadian Armed Forces (CAF) MCpl. Archer says he loves biking to base. While he has moved three times over that period, MCpl. Archer says North Bay was one of the most amazing cities to live and bike in, but over the past seven years, he has fallen in love with Trenton.

Bike Quinte founders Captain (Capt.) Andrew Doepner, a pilot with 436 Transport (T) Squadron, and his wife Claire Allen, were transferred from Comox British Columbia and became avid cyclists, and now want to encourage others to take up the sport by celebrating June and bike

month with the breakfast.

Now in its second year, Allen says last year's breakfast brought in about 40 cyclists.

"I really like biking to work," says Capt. Doepner, "It's time to decompress before or after work on base."

Recognizing that they are committed cyclists coming to the base, he is hoping that more will soon try it out. "Just try it for two weeks, you will be hooked," said Capt. Doepner.

Lesley VanMeer a civilian worker with 24 Canadian Forces Health Services Centre on Base made her way to the breakfast as

she cycled to work, and admits she is new to this way of transportation but says she is quickly growing to like it.

"My daughter who is studying in college right now got a summer job in Presqu'ile Provincial Park and needed the car, and I wanted to do something healthy for myself," said VanMeer. "So, since my daughter stole my car this is now my healthy way to work and choice of exercise."

While those ominous looking clouds did eventually drop down some heavy rains, it did hold off until after breakfast and after everyone had made it the rest of the way onto Base.



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Leaving behind a legacy



Photo by Martin Durkin
Chief Elder and Col. Keiver plant two Vimy oak saplings in front of CFB Trenton Headquarters

By Martin Durkin

"Leave the dirt on the shovel, Sir! We want to get the picture right!" Jokes 8 Wing Chief Warrant Officer (WCWO) Darcy Elder, as he and Colonel (Col.) Keiver plant two Vimy oak trees in front of Headquarters. Col. Keiver at this point has allowed Chief Elder to put two handfuls of dirt on his silver ceremonial shovel, only to quickly dump it in the hole around the young sapling. Both are in full DEU's and in a hurry. Late from another ceremony on base, and ready for lunch, the camaraderie between the pair is unmistakable. Something that will be missed at 8 Wing shortly. "Now look up at the camera Sir, Durkin! Get over on this side

of us so you get the flags in the background, there we go!" Says the Chief as he flings empty sapling buckets out of the way and adjusts his glasses then smiles beside his companion. Each wanting to leave something to 8 Wing before they left the base this July, Col. Keiver and Chief Elder purchased oak trees from Vimy. Now planted, they will grow to full maturity as a lasting testament recognizing not only one of Canada's most important moments in history, but also as a thank you from two men who served 8 Wing Trenton proudly; wanting to acknowledge those on base who worked with them on a daily basis.

The end of an era – Saying "farewell" to the Wing Chief



Photos by: Corporal Rob Stanley, 8 Wing Imaging
WCWO Darcy Elder is presented with a certificate of service from Col. Colin Keiver

By Lieutenant Karyn Mazurek, 8 Wing Public Affairs

If you've never had a chance to meet or speak with Wing Chief Warrant Officer (CWO) Darcy Elder, your window of opportunity is closing quickly!

Many of the Wing's membership, as well as special guests from the local communities, the Military Police Branch, and, of course, CWO Elder's wife Tammy and older brother Tracy, got together last Friday, 16 June, to pay a special tribute to one of the most jovial, outgoing, and unmistakable Wing Chiefs we have had.

After a delicious lunch spread provided by Wing Replenishment, presentations and speeches were made to honour CWO Elder's 29+ years of service, and more specifically, his countless contributions to 8 Wing Trenton and the surrounding communities.

The overwhelming theme of the day was CWO Elder's straight forward mentorship, passion for CAF and RCAF history and heritage, and the desire to leave behind a legacy for others to enjoy for years to come; the Earl of Bessborough Social House, Globe of Unity, 8 Wing Heritage Park, new 8 Wing signage, just to name a few.

Many would agree that CWO Elder has left 8 Wing Trenton in better condition than when he arrived for many reasons, a true mark of a great leader and a career well done.

We all wish him and Tammy a well-deserved and fulfilling retirement.



It's a fond farewell inside the Earl



WCWO Darcy Elder addresses the crowd with thanks

The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Colin Keiver, MSM., CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

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Advertising Manager: Melissa Hudgin 613-966-2034 ext: 504

Advertising Sales: Orlinda Johnston 613-966-2034 ext: 526

News and Feature Content: Martin Durkin 613-392-2811 ext: 3976

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The Contact produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author's full name, rank, (if applicable) unit and phone number.
- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

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After more than 40 years Bryan Pearce is stepping off the ice

By Martin Durkin



With more than 40 years under his belt with the Canadian Armed Forces (CAF) Bryan Pearce says it's time to move on. It's not retirement though, and Pearce will stay connected to the Trenton Community and the Base, but he admits that as far as his official role at the Flyers is concerned, it's time to hang up the skates. I was 22 years in the military, I wanted something challenging at that time in my life and I was recommended to try the CF," says Pearce who started out as an infantry soldier for 10 years before re-mustering to a Physical Education Recreation Instructor (PERI). In 1997, the CAF disbanded his unit, and Personnel Support Program (PSP) was born as a civilian position. Not wanting to take off the uniform completely, Pearce decided to move with the transition, and became part of the PSP team. For the last 18 years he has served at 8 Wing Trenton and the Base community has held him in high regard, especially as the arena manager. Since word spread that he was leaving his position, best wishes and emails have come pouring into his office non-stop for over a week. Sentiments such as, "Thanks for everything coach, you will be missed", from Captain (Capt.) Chad Chipchase with 429 Transport Squadron, have been a steady flow. Indeed Pearce will be missed, as his dedication to Base sports is unprecedented. From building the arena and sports fields, to coaching and organizing charity tournaments, his role within the community will be something to aspire to for the next person who steps into his shoes. "That's the tough part," says Pearce who admits driving down RCAF road for a while will be difficult. "It's not yours, but you feel like you got a bit of ownership." Coming from an Army perspective, Pearce says with a smile that adjusting to Air Force life in Trenton was a bit of change, but he can relate to the words of Colonel (Col.) Keiver who is well known as a history buff and likes to point out that the RCAF had to lead a different way of military life after World War One (WWI). "You had to get that Army way out of your system, and work at an Air Force level," quipped Pearce who says it's a bit more about working together with an open concept. Col. Keiver who also believes you don't have to wear the uniform to put personal sacrifice ahead of personal goals within the military, had the following to say about Pearce, "He was a great ambassador to the sporting community and made a difference to 8 Wing for the sporting community." "There are a lot of good memories here, I love the CF," said Pearce who believes it wasn't hard to stay motivated for more than 40 years. "I guess that's the way us baby boomers were brought up, 40 years, 40 hours a week and a 40 dollar watch." A humble response, from a humble man.

Photo by Martin Durkin
RCAF Flyers Arena Manager Bryan Pearce, stands proudly below the Canadian flag inside the arena he helped create.

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Squadron 426 has been busy!

By Martin Durkin

426 Transport (T) and Training Squadron (Sqn) has been busy over the past couple of weeks and months, whether it's been recognizing squadron members in award ceremonies, giving Lieutenant-General (Lt.-Gen.) Hood a tour of the Air Mobility Training Center (AMTC) or celebrating 75 years.

Let's start with celebrating 75 years. The formation of 426 (T) and Training Sqn was in 1942 during World War 2 (WW2) and to celebrate their formation, the squadron has created a commemorative coin. The artwork was announced and showcased during a recent awards and recognition ceremony.

During the first week of June Lt.-Gen. Hood, paid a visit to 426 Sqn during the Annual Honorary Colonel Conference. He also took time to stand in front of the squadron's Thunderbird Totem with Lieutenant Colonel (Lt.-Col.) Brent Hoddinott, Commanding Officer (CO) of 426 (T) and Training Sqn, RCAF Chief Warrant Officer (CWO.) Gérard Poitras and Master Warrant Officer (MWO.) John Nichols, Acting 426 (T) Training Sqn CWO, while proudly wearing the Thunderbirds' 75th Anniversary commemorative patch.

During May's Health and Wellness month, 426 Sqn CO, Lt.-Col. Hoddinott challenged his members to a mountain climb and cross Canada challenge. As a squadron they climbed a total of 2954 flights of stairs which equates to summiting Mauna Kea (Hawaii) and Mount Everest, combined. They also travelled a total distance of 3680 kilometres.

As 2017 continues to move forward, it is fair to say that 426 Sqn has no plans in slowing down. On October 20, the squadron will be making the Cairn dedication to the National Air Force Museum of Canada (NAFMC) as well as holding their 75th anniversary dinner the following day at the Astra Lounge, adjacent to the Earl of Bessborough Social House.

Between now and October, there is little doubt that 426 Sqn will continue to be unit leaders on base inspiring other squadrons to pick up the mace.....or torch.....showcase everything that is great about 8 Wing Trenton.



Photos by Martin Durkin



Lt.-Gen. Hood with Lieutenant Colonel (Lt.-Col.) Brent Hoddinott, CO 426 (T) Trg Sqn, RCAF Chief Warrant Officer (CWO) Gérard Poitras and Master Warrant Officer (MWO) John Nichols, Acting 426 (T) Trg Sqn CWO, while proudly wearing the Thunderbirds' 75th Anniversary commemorative patch.



Thunderbird of the Quarter - Lt (N) Simon Dallaire-Gaudreault

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Anniversary Patch - Capt Glen Perry (TDO 426 (T) Trg Sqn)



CAF Physical Fitness Bronze Award - MCpl. Idir Belhocine



Instructor Excellence - MCpl. Adam Blackwell



Commander Joint Task Force North Pennant Commendation - MWO. John Nichols



CO's coin presentation to Ms. Julia Foster - Orderly Room Clerk

Photos by Martin Durkin



Anniversary Patch - Lt.-Col. Brent Hoddinott (CO 426 (T) Trg Sqn)



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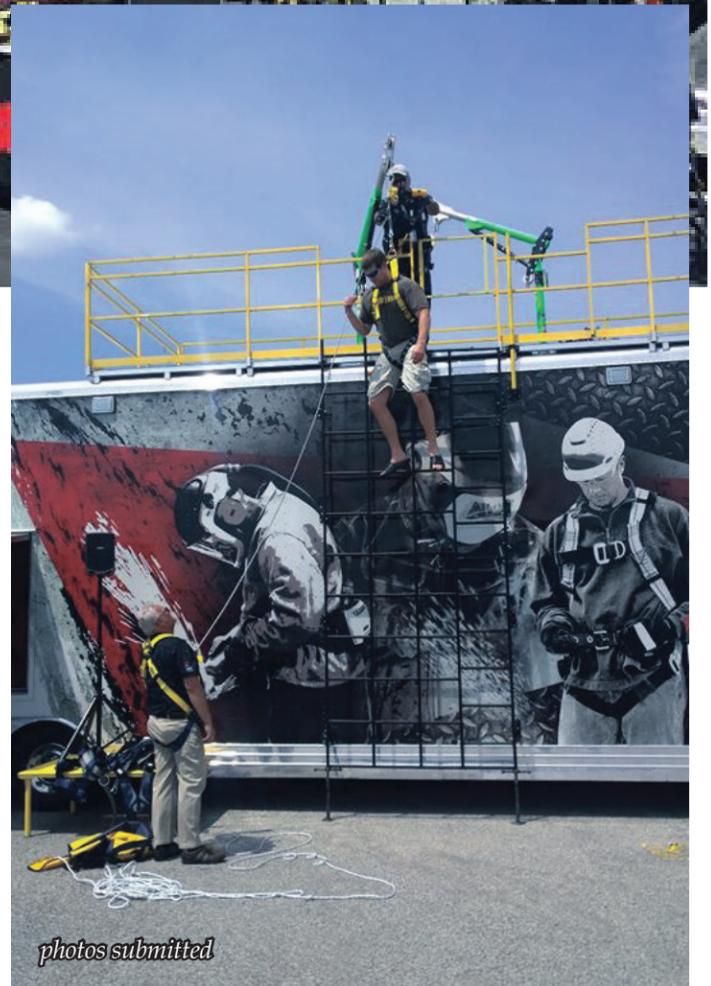
Understanding more about safety with the 3M roadshow



By Martin Durkin

The 3M safety roadshow came to 8 Wing Trenton recently and was a smash hit amongst Canadian Armed Forces (CAF) members. Now entering its second summer travelling across Canada, the roadshow made its first appearance on Base and Government Marketing Manager Christopher Phare was pleased with the turnout. "We have 161 people from the Base signed up to take part in demonstrations and they will learn about proper fall protection, respiratory masks and proper hearing/eye wear protection which is up to national standards," explained Phare. Phare also explained that the fall arrest harnesses now used for safety were designed with help from the Department of National Defence. Master Warrant Officer (MWO) and Assistant Wing General Safety (WGS) Officer, Barry Neeve, says he is hoping the roadshow will become an annual event. "3M called and stressed it wasn't about sales but in-

stead bringing safety to the forefront of everyone's mind, so we decided it was worth taking a look at," explained Neeve. Adele Neville the Wing General Safety Officer, says that not only is safety important on base but it's also legislative. "We have to stay current with safety guidelines and these guys are the experts," said Neville who also pointed out that even when off duty, members need to think about their safety. "We hope that personnel take what they learn here home with them, even cutting your grass needs common sense, like ear protection, safety glasses, even a wide brim hat to protect yourself from the sun," said Neville. With safety being one of the biggest concerns on any base, 8 Wing and 3M seem to make logical sense. 3M will make 16-20 stops throughout Canada and are hoping that more bases will follow Trenton's lead and ask for their show to come on site in the near future.



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Environment and Climate Change Canada at CFS Alert

by CFS Alert Projects Officer Lieutenant James Heard

This week, the four staff members of Environment and Climate Change Canada (ECCC) are highlighted at Canadian Force Station (CFS) Alert. They are: Station Program Manager Bill Stafford, Upper Air Technician Kristin Davoli, Global Atmosphere Watch (GAW) Lab Operator Melody Fraser, and GAW Lab Student Robert Fines. The ECCC team performs a variety of data collection on weather and atmospheric conditions in the high Arctic as well as numerous secondary programs, including; ozone sampling, climate data recording, snow and ice measurements, precipitation collection, geomagnetic field observations, seismic and tidal equipment monitoring, and observing geodetic positioning ground antenna.

Since 1950, the Upper Air Station has launched, two times a day, a weather balloon carrying a radiosonde for measuring temperature, relative humidity, pressure, wind speed, and wind direction. The balloons soar to over thirty kilometers above the Earth's surface and swell to the size of a small house before popping in the stratosphere. The data collected from the radiosonde

is transmitted back to the ECCC staff on the surface and relayed to the Canadian Meteorological Centre in Montreal, for inclusion in forecasting and climatological models. This information is also important for analyzing long-term global weather trends.

The GAW Lab has been operational since 1986 and is situated 6 kilometres from CFS Alert where no vehicles are permitted, within several hundred metres, in order to prevent excess pollution from contaminating samples or generating false readings. Studying long-term effects of pollution on the atmospheric environment, the lab contains numerous instruments, which are extremely acute, for collecting samples from the surrounding tundra. As with the Upper Air Station, the main objective of the GAW Lab is data collection; analysis of the data is performed at another ECCC laboratory at Downsview in Toronto, Ont.

Operating research facilities in the high Arctic presents numerous challenges, including; severe storms, darkness and extreme cold throughout the winter months. Ve-

hicle breakdowns are always concerning for the GAW Lab staff, as the lab is situated away from the CFS Alert main complex.

Despite the challenges, all of the ECCC staff have been enjoying their experiences working, studying and researching at CFS Alert. In particular, Bill Stafford enjoyed working with the ECCC team, whereas Kristin Davoli, who performs upper air flights in several locations including Eureka, has also appreciated the plethora of activities and sports that she can enjoy with the station staff, in her free time. As for Melody Fraser, she is completing a fourteen month tour as the GAW Lab Operator and has enjoyed witnessing the changing seasons at the northern tip of Ellesmere Island, migration of birds and wildlife, changing pollution patterns, as well as atmospheric phenomena. And finally, the newly-arrived GAW Lab student Robert Fines, a student at Guelph University who is completing his studies in Water Resource Engineering, appreciates the opportunity to work in a region of the world being so rigorously studied because of the rapid climate change it is experiencing.



by Station Warrant Officer's Assistant Cpl Josh Ferreira
The Environment and Climate Change Canada staff of CFS Alert: (from left to right) GAW Lab Student Robert Fines, Upper Air Technician Kristin Davoli, Environment Canada Station Program Manager Bill Stafford, and GAW Lab Operator Melody Fraser.



Upper Air Technician, Kristin Davoli, prepares to release a hydrogen balloon, from the "Hydrogen Shed" building, carrying scientific instruments into the sky above CFS Alert.

Safety

Don't Get Sidelined By A Weekend Accident

We'd like to see you back at work on Monday. Weekend accidents on the road, at home and during recreational activities account for a great deal of lost work time. Take good care of yourself this weekend and keep these safety tips in mind:

1. Never drink and drive, and never ride with a driver who has been drinking
2. Wear your seat belt any time you travel in an automobile. Insist all occupants buckle up
3. Wear head protection for activities such as bicycling and in-line skating. Wear the appropriate Personal Protective Equipment (PPE) for any sports
4. Remember to wear safety shoes, gloves, eye protection, hearing protection and other PPE when doing home maintenance and building projects
5. Install smoke detectors in your home. Maintain them by checking and changing the batteries regularly
6. Have family fire drills at least twice a year. Make sure everyone knows how to get out alive
7. Inspect your home for safety hazards. Look for improperly stored flammable liquids, poisons and other hazardous materials. Check for electrical problems such as damaged cords, loose plugs or overloaded circuits
8. Read the labels and follow directions when using any chemicals, even common household cleaning products
9. Use ladders correctly. Get a stepladder instead of climbing on a makeshift scaffold such as a chair or table. Open the ladder fully and lock the spreaders in place. Never use a metal ladder for any kind of electrical work, even changing a light bulb
10. Avoid excessive exposure to the sun. Wear a hat, long sleeves and long pants to protect yourself from sunburn, and put on a sun-blocking cream. A sunburn can keep you from coming to work, and it can also lead to skin cancer
11. Post-emergency numbers at each telephone in your home. Along with the numbers for fire department, ambulance and police, you should also put your own address because it is easy to forget it in a crisis

You are needed here at work. Don't let a weekend accident sideline you.

1:45 PM
It is the vacation of a lifetime.
There is an emergency.
The doctor is asking questions.
You're not able to answer.

1:57 PM
You don't speak the language.

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Surgeries are booked every Tuesday and Thursday. If your pet is a new patient to us, they will first need to be examined by our veterinarians so that they may be fully aware of your pet's health status, and to ensure that it is safe for them to undergo surgery.

Please call us at 613-392-8900 with any questions you may have or to book your pet's surgical appointment.

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429 Squadron members attend Memorial event in East Moor, UK

Story by: Captain Tom Turk and Captain Jeremy Daigle

Royal Canadian Air Force (RCAF) members from 429 Transport (T) Squadron, from 8 Wing Trenton, and 415 Squadron, from 14 Wing Greenwood, travelled overseas to attend the annual East Moor Memorial event, at Sutton-on-the-Forest, Yorkshire, UK, near the remains of former Royal Air Force (RAF) Wing East Moor.

429 (T) Squadron was founded at East Moor on the 7th of November 1942, and each year squadron members make the long journey to attend a memorial event in the local community. This year holds special significance, as 2017 is the 75th Anniversary of the formation of 429 (T) Squadron.

Recently, 429 (T) Squadron and 415 Squadron members visited an elementary school in the small town of Sutton-on-the-Forest. The children, who ranged from 6 to 11 years of age, greeted the RCAF members with song after a brief introduction from the principal. The Commanding Officers of 429 (T) Squadron and 415 Squadron explained to the students why they had travelled from Canada in order to be in their town during this memorial event.

After a question period and opportunity to take pictures with the airmen and airwomen, the members participated in a walk of the grounds with the students. The visit concluded with a tour of the school guided by the 6th grade students. Before leaving, the members distributed a variety RCAF, 429 (T) Squadron and 415 Squadron stickers, which will undoubtedly cover the school for many months.

The group also attended a meet and greet with local Parish Council. This was followed by the memorial event which opened up with a fly past from a nearby RAF base, including speeches from the two Commanding Officers, and the laying of flowers and a wreath on behalf of the Squadrons and the RCAF. The event was well attended by members of the local community, Air Cadets and members of nearby RAF units.

Afterwards the group was invited to the town hall for tea, sandwiches and sweets where they interacted with the local community and swapped stories about the war and past memorial events.

Finally, members of the units attended and participated in a reading at the local Anglican Church. This was followed by lunch at the Officer's mess at RAF Wing Linton-on-Ouse.

This annual event is very significant to the local community, both civilian and RAF, and serves to strengthen ties with Canada and 415, 429 and 432 RCAF Squadron's by commemorating our shared history. The memorial is dedicated to all who served at RAF East Moor and who made the ultimate sacrifice, and is an important link to the past for squadron members fortunate enough to participate in it.



Photos by: Corporal Don Gunawardena, 429 (T) Squadron

Members of 429 and 415 Squadrons pose with school children in Sutton-on-the-Forest, UK. The RCAF members took the opportunity to speak to the children about the historic links between their town and the RCAF during the Second World War.



Members of 429 (T) Squadron pose with RAF members and Air Cadets at the memorial in Sutton-on-the-Forest, Yorkshire, UK. The RCAF members travelled there to participate in a memorial event near the former site of RAF East Moor, the birthplace of 429 (T) Squadron.



Captain Tom Turk of 429 (T) Squadron performs a reading at the All Hallows Anglican Church, in Sutton-on-the-Forest, Yorkshire, UK. The service was part of a memorial event near the former site of RAF East Moor, the base on which 429 (T) Squadron was founded in 1942.

49th Commander of 8 Wing Trenton, Colonel Colin Keiver, Addresses Graduating Students at the Second of Four 50th Anniversary Convocation Ceremonies

Story Submitted

At Loyalist College's 50th Annual Convocation Ceremony, 321 graduating students in the School of Applied Sciences, Skills and Technology and the School of Health, Human and Justice Studies were recognized with Ontario College Advanced Diplomas, Diplomas and Certificates. The ceremony was the second of four, recognizing a total of 1,819 graduates.

Loyalist President and CEO Ann Marie Vaughan addressed graduating students and guests, "It's a year of many milestones - with the 150th Anniversary of our country and province, the 200th Anniversary of the City of Belleville, and of course the 50th Anniversary of Loyalist College!" 2017 is also a special year of recognition of the 100th Anniversary of Vimy Ridge. The poppies displayed at the front of the auditorium are placed here to remind us all of this important part of our history as a country, and to honour all those who have served and continue to serve in our military. We are honoured to have Colonel Colin Keiver with us today to deliver the Convocation address. Born and raised on a farm in Alberta, Colonel Keiver's love of aviation emerged early. He has logged almost 5,000 hours of Royal Canadian Air Force (RCAF) flight time in his career. Colonel Keiver was the 27th Commanding Officer of 436 Transport Squadron from 2010 to 2012 and in 2015 was appointed the 49th Commander

of 8 Wing Trenton, the largest base in the RCAF. He holds a BA degree in Political Science, a Masters in Defence Studies and is a graduate of the Royal College of Defence Studies in London, UK.

"Learning and personal development need to be lifelong activities," said Colonel Keiver. "This applies to both your professional and personal lives. It will become even more important as you move on in your careers and have people working for you. Your single greatest responsibility will be to ensure they are as ready as they can be for what you are going to ask them to do. The most important thing is to be ready to learn because if there is one certainty in this world, it is change."

In recognition of his exceptional and distinguished career and service to Canada and the Canadian Armed Forces, Colonel Keiver was presented with an Honorary Diploma by Chair of the Loyalist Board of Governors June Hagerman.

Valedictorian Daniel Schell, a 2017 Loyalist Public Relations graduating student, addressed his peers, "Let's be known as a group of people, living from the mission statement of being secretly incredible; living our everyday lives, believing deeply that when we decide to live every day for the good of others, that we can make a difference. Let's make our legacy be a belief that we can change the world for the better, loving what we do, doing it with love, one day at a time."



Photo submitted (L-R) Convocation speaker Colonel Colin Keiver, 49th Commander of 8 Wing Trenton, is presented with an Honorary Diploma by Chair of the Loyalist College Board of Governors June Hagerman

Home of the Week

Your Building Renovation Experts



Plans for this handsome two-storey, five-bedroom home include an unfinished basement, which might serve as an in-law suite or mortgage-helper, as well as a loft area with a built-in bookshelf on the upper floor.

Entry is through a covered porch and a front door with sidelights. Inside the foyer, a den or fifth bedroom is to the right, with a three-piece bathroom adjacent. The bathroom includes a linen cupboard, and the den features a barn door.

Ahead is the stairway to the second floor, and beyond this are the kitchen, great room and dining area.

The great room includes a gas fireplace, set in a bayed-out niche to save space, with three floor-to-ceiling windows that look out to the back garden. Part of this room has a double-height ceiling. Access to a partly covered sundeck is through sliding glass doors.

The dining area also features multiple floor-to-ceiling windows overlooking the sundeck.

The kitchen is separated from the great room and dining area by a prep island with a double sink and dishwasher. The L-shaped counter configuration will save steps for the cook, who will also appreciate the roomy walk-in pantry.

Access to the mudroom is from both the kitchen and the double garage, which is spacious enough to include a workshop. The mudroom includes a row of cubbyholes.

On the second floor, the master suit overlooks the back garden.



Plan No: 7-5-1007

den. The adjacent en-suite includes a soaker tub in a bayed-out niche with windows, as well as a shower stall and double sinks. The toilet is in a separate room. A walk-in closet completes the lay-out.

The second bedroom, located at the front of the home, includes a window with an extra-wide sill. Bedroom No. 3 is located between the three-piece bathroom and the laundry room, which has a large shelf for sorting and folding, as well as a sink and a closet.

The fourth bedroom is the largest of the secondary bedrooms, and looks out to the back garden.

Exterior finishes include stucco with brick and wood accents. A large brick pillar is located near the front entry, echoing a brick-based wood pilaster opposite.

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JUNE IS RECREATION MONTH 2017

WHY PLAY ANYWHERE ELSE?

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|--|---|---|
| | | | | 1 Junior High Night WIBIT 7:00 - 8:00pm At the RecPlex FREE Strength and Cardio 5:30-6:30 pm At the RecPlex | 2 FREE Tyke Terrain 10:00 - 11:30am At the RecPlex | 3 Parent Time Out! Drop off and workout 9:00-11:30am South Side Gym Can Bike Kidz 2 |
| 4 FREE Canex Bicycle Rodeo! FREE lunch, bicycle inspection, bicycle raffle and much more! 11:00am - 2:00pm | 5 FREE Adult Lane Swim 3:30 - 5:30pm Commuter Challenge Bike-Walk-Roll | 6 | 7 FREE F&S Noon Hour Fitness Class At the RecPlex | 8 FREE Strength and Cardio 5:30-6:30 pm At the RecPlex | 9 Surf n Turf FREE Ride & Maintenance Mingle At Doug's Bicycle | 10 Parent Time Out! Drop off and workout 9:00-11:30am South Side Gym |
| 11 FREE Family Rec Swim 1:00 - 3:00pm | 12 Bike Safety Basics At the Break Room | 13 WIBIT Sport Ages 9 to 12 yrs 6:30-7:00pm 7:00-7:30pm 7:30-8:00pm | 14 FREE F&S Noon Hour Fitness Class At the RecPlex | 15 FREE Strength and Cardio 5:30-6:30pm At the RecPlex WIBIT Sport Ages 9 to 12 yrs 6:30-7:00pm 7:00-7:30pm 7:30-8:00pm | 16 FREE Tyke Terrain 10:00 - 11:30am At the RecPlex FREE Belleville on Bikes Glow Ride | 17 Parent Time Out! Drop off and workout 9:00-11:30am South Side Gym |
| 18 Father's Day Event Fishing with OPP, FREE demos SUP, rowing and much more 1:00 - 3:00pm At Trenton Rowing and Paddling Club | 19 | 20 WIBIT Sport Ages 9 to 12 yrs 6:30-7:00pm 7:00-7:30pm 7:30-8:00pm | 21 FREE F&S Noon Hour Fitness Class At the RecPlex FREE Belleville on Bikes Social Ride | 22 FREE Strength and Cardio 5:30-6:30pm At the RecPlex WIBIT Sport Ages 9 to 12 yrs 6:30-7:00pm 7:00-7:30pm 7:30-8:00pm | 23 FREE Tyke Terrain 10:00 - 11:30am At the RecPlex | 24 Parent Time Out! Drop off and workout 9:00-11:30am South Side Gym Trent Athletics FREE Boot Camp 10:00-11:00am AND 11:30-12:30pm WIBIT swim for |
| 25 FREE Stand-Up Paddle Boarding 12:30 - 1:30pm At the RecPlex Pool | 26 | 27 FREE Soccer Night Ages 3 to 5 5:30-6:15pm Ages 6 to 9 6:30-7:30pm At the RecPlex | 28 FREE F&S Noon Hour Fitness Class At the RecPlex | 29 FREE Strength and Cardio 5:30-6:30pm At the RecPlex FREE Swim and Movie Night 5:30 - 8:30pm At RecPlex | 30 FREE Family Day FREE Diaperfit, parented fitness classes, Tyke Terrain, much more 9:00 - 11:00am At the RecPlex | |

The Canadian Military Wives Choir

The Canadian Military Wives Choir is a national organization with chapters at bases across Canada. The Trenton chapter is now actively recruiting members. No audition or skill level is needed. We are looking for any ladies who enjoy singing! Who can join: Military wives, female military members, base support staff, retired members or wives of retired members. We even have a few spaces allowed for non-military connected ladies. We meet every Thursday from 6:30 p.m. to 8:30 p.m. at the base chapel. We require a minimum attendance of two rehearsals a month in order to perform at events with the choir, and childcare is available two Thursdays per month. We sing a variety of music like 'O Canada' and traditional songs like 'Sing' and 'Stronger Together'. We also have the opportunity to have fun with contemporary songs. We perform locally as well as travelling to perform collaboratively with other branches of the Military Wives Choir. There is no travel commitment required from members. If you or someone you know enjoy singing and want to get out and perform with other women in your military community, join us any Thursday at the base chapel or find us on Facebook: 'Canadian Military Wives Choir Trenton'. 'The only thing better than singing, is more singing.' -Ella Fitzgerald

CFAWC Library Now Open

The Canadian Forces Aerospace Warfare Centre Library is now open to 8 Wing's/CFB Trenton's CAF members and DND employees as well as to veterans. The library's Canadian, RCAF and other military topics are ideal resources for professional development, distance learning, military courses and personal interest. Equipped with DWAN/Internet computers and a photocopier, the library is located at 51 Anson Avenue, Bldg 518 (across from the south-side gym). Hours are Monday to Friday 0800-1600 and Saturday 0900-1500. For more information, email cfawc-library@forces.gc.ca or call (613) 392-2811 x 5781/5849. The catalogue can be viewed by visiting the 8 Wing Splash Page.

Bibliothèque du CGAFC maintenant ouverte

La bibliothèque du Centre de guerre aérospatiale des Forces canadiennes est maintenant ouverte aux membres des FAC de la 8e Escadre/BFC Trenton ainsi qu'aux employés du MDN et aux anciens combattants. Les ressources de la bibliothèque, portant sur des sujets relatifs au Canada, à l'ARC et à la culture militaire, sont des outils pratiques qui répondent aux besoins en matière de perfectionnement professionnel, d'apprentissage à distance, d'instruction militaire et d'intérêt personnel. Elle comprend également des postes de travail connectés au RED/Internet et un photocopieur. La bibliothèque est située au 51 Anson Avenue, édifice 518 (en face du gymnase côté sud). Les heures d'ouverture sont du lundi au vendredi, de 0800 à 1600, et le samedi, de 0900 à 1500. Pour plus d'information, communiquez avec nous par courriel à cfawc-library@forces.gc.ca ou par téléphone au 613-392-2811 postes 5781 ou 5849. Vous pouvez accéder à notre catalogue à partir de la page d'accueil de la 8e Escadre.



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TOGETHER WE ARE STRONGER

New Programs at the Trenton MFRC

Visit our website - www.trentonmfr.ca - or our Facebook page to find new and returning programs or events for adults, children, and the whole family!

Nouveaux programmes au CRFM de Trenton

Visitez notre site internet - www.trentonmfr.ca - ou notre page Facebook pour trouver les nouveaux programmes et événements en plus de ceux qui nous reviennent, pour les adultes, les enfants et toute la famille!

Summer Kidz Kamp Registration

Registration Now Open! Our Summer Kidz Kamp has a wide range of activities and experiences that you will not find anywhere else such as rock climbing, parachute packing, outdoor swimming, the WIBIT and weekly excursions. For children 6 - 12 years of age.

At the RecPlex Monday to Friday: July 3 - September 1 8 a.m. - 4 p.m.

Before & After Care is available from 7 - 8 a.m. and 4 - 5 p.m. for no additional cost.

Inscription Au Camp D'été Pour Les Enfants

Les inscriptions sont ouvertes!

Notre camp d'été pour les enfants propose un large éventail d'activités et d'expériences qu'on ne trouve nulle part ailleurs, telles que l'escalade de rochers, le pliage de parachute, la baignade extérieure et le WIBIT, en plus de proposer des excursions toutes les semaines. Le camp d'été s'adresse aux enfants de 6 à 12 ans.

RecPlex de 8 h à 16 h, du lundi au vendredi, du 3 juillet au 1er septembre

Un service de garde avant et après le camp est offert de 7 h à 8 h et de 16 h à 17 h sans frais supplémentaire.

Cake Decorating

Have a sweet tooth? Want to learn a new skill? Join us for our cake decorating class! Learn how to make a beautiful cake for any special occasion! Each participant decorates and takes home a 6" round cake. No experience or tools necessary.

July 25th at the MFRC
\$20.00 per person
Register at the Trenton MFRC reception by Friday, July 21
Contact Rabia at rabia.s@trentonmfr.ca with questions.

Décoration de gâteaux

Aimez-vous les sucreries? Venez découvrir une nouvelle compétence en participant à nos cours de décoration de gâteaux! Apprenez à faire des gâteaux magnifiques pour les occasions spéciales! Chaque participant décorera un gâteau de 6" et l'apportera à la maison. Aucune expérience ou outils ne sont nécessaires.

Le 25 juillet au CRFM
20.00\$ chacun

Inscrivez-vous à la réception du CRFM d'ici le vendredi 21 juillet. Si vous avez des questions, contactez Rabia à rabia.s@trentonmfr.ca.

Canada's Wonderland Bus Trip

Bring your friends & family & join us for a trip to Wonderland on Thursday, July 27!

Details:
Depart the MFRC at 7 a.m. (50 Rivers Drive East)

Depart Canada's Wonderland at 8 p.m.

Cost - Adults: \$47.73 Junior/Senior: \$43.21 (3 years and under 48" or 60+ years)

Coach Bus Transportation - \$5/person for military families or \$10/person civilians

*The cost includes admission and all-you-can-eat buffet lunch. You can buy your tickets which includes admission & an all-you-can-eat buffet lunch and drive yourself or join us on the bus ride.

Please buy your tickets and register for the bus by Friday, July 21 at the MFRC. *Priority to the military families until July 7
Information: 613-965-3575

Canada's Wonderland - Voyage en autobus!

Amenez votre famille et vos amis pour un voyage à Wonderland, le jeudi 27 juillet!

Détails :
Départ du CRFM à 7h
Départ de Canada's Wonderland à 20h

Coût - adulte: \$47.73 junior/senior: \$43.21 (3 ans et moins de 48" ou 60+ ans)

Autobus coach - 5,00\$/chacun pour familles militaires ou 10,00\$/chacun pour civiles

*Le coût des billets inclut admission et buffet lunch à volonté, vous pouvez conduire ou nous accompagner sur l'autobus.

Achetez vos billets et réservez votre siège par le vendredi 21 juillet au CRFM. *Jusqu'au 7 juillet, la priorité est donnée aux familles militaires
Information: 613-965-3575

Mindfulness Group

This group will help you develop mindfulness practices as a way

to reduce stress and anxiety, and improve choice when responding to difficult situations. Experience is not required. The Mindfulness Group will take place on June 15 & 29 from 12 noon until 1 p.m. or 1 p.m. until 2 p.m. at the Trenton MFRC. Please register at least one week prior to the workshop. You can register and learn more by contacting Rabia: 613-392-2811 ext. 2568 or rabia.s@trentonmfr.ca.

Groupe de pleine conscience

Êtes-vous intéressés à développer votre pleine conscience pour réduire le stress et l'anxiété et vous aider à mieux réagir aux situations difficiles? Aucune expérience préalable n'est nécessaire pour participer à ce programme. Mindfulness aura lieu de midi à 13h00 ou de 13h00 à 14h00 le 29 juin au CRFM de Trenton. Veuillez vous inscrire au moins une semaine avant l'atelier auquel vous désirez assister. Pour information ou pour vous inscrire contactez Rabia 613-392-2811 au poste 2568 ou rabia.s@trentonmfr.ca.

Mental Health First Aid - Veteran Community

Join us to become certified in Mental Health First Aid Veteran Community. It is the help provided to members of the Veteran Community developing a mental health problem or experiencing a mental health crisis. Members of the Veteran Community will receive this training at no cost. Seats are limited and registration will be on a first come first serve basis.

Date: June 16th and June 23rd, 2017

Register deadline: June 6th
Time: 8:30 a.m. - 4:30 p.m.

Location: 8 Wing Chapel, 91 N. Mao Drive

For more information and to register, contact:

Kelly Briggs
kelly.b@trentonmfr.ca
613-392-2811 ext. 7917

Bellydancing with Amara

Learn the timeless art form from the Middle East

Mondays starting May 29th, 2017
From 7 p.m. to 8:30 p.m.

\$55.00 for 8 classes

To register visit the MFRC Reception. Payment to be made in cash at first class.

For more information call 613-392-2811 ext 3265.

Bellydancing avec Amara

Apprenez l'art éternel du Moyen-Orient

lundi à partir du 29 mai, 2017
19h - 20h30

55\$ pour 8 classes

Inscrivez-vous à la réception du CRFM. Vous pouvez payer en argent comptant au premier cours

Pour plus d'information, appelez 613-392-2811 poste 3265.

Dance with France-Salsa for Beginners

Learn to salsa with France's fun choreography!

Mondays starting May 29th at 7 p.m. - 8 p.m.

\$45 for 4 weeks

At 8 Wing Officer's Mess (Upper Lounge)

To register please contact MFRC reception at 613-965-3575.

Deadline is May 26. Payment can be made by cash, debit or cheque

Danse avec France - débutants le 19 mai

Apprenez la salsa avec la chorégraphie amusante de France!

Les lundis débutant le 29 mai à 19h à 20 h.

45\$ par personne pour 8 semaines

Au Mess des officiers 8 Wing

Pour vous inscrire, veuillez contacter la réception du CRFM au 613-965-3575

Paiement en cash, débit ou chèque; Date Limite: le 26 mai

Yoga - Veteran Family Program

Get Yoga Studio is offering self-care yoga classes for spouses of active or retired military personnel.

Dates: May 14 and June 11 at 11 a.m. Four classes for \$20, register at MFRC reception. For more information, contact Kelly at kelly.b@trentonmfr.ca

Yoga - Programme pour les familles des vétérans

Get Yoga Studio offre des cours de yoga pour les conjoints du personnel militaire ou à la retraite! Quatre sessions pour 20 \$ inscription à la réception du CRFM. Les 14 mai, 11 juin à 11h00. Pour information, contactez Kelly : kelly.b@trentonmfr.ca

The Power of Essential Oils

Classes are Tuesday evening from 6:30 p.m. to 8 p.m. Learn about the many benefits of having essential oils in your life.

Whether you're struggling with the discomfort of hot flashes, lack of sleep, aches and pains or if you simply want to shift into a natural lifestyle, this class could be right for you!

Come out with a friend or give it as a gift. Each class includes an essential oil take-home product.

In this 10-class series, featuring DoTerra products, you will learn about the following uses: Essential oils and hormones - April 25.

Sign up for one or join all classes! One class: \$20. Register and pay at Trenton MFRC reception. For more information email rabia.s@trentonmfr.ca.

Le pouvoir des huiles essentielles

Les cours sont accessibles les mardis soirs de 18 h 30 à 20 h. Apprenez sur les bénéfices d'ajouter les huiles essentielles à votre style de vie.

Combattez-vous l'inconfort des bouffées de chaleur, le manque de sommeil, des maux et douleurs? Ou voulez-vous simplement changer pour un style de vie plus naturel?

Ces classes sont pour vous! Venez avec un(e) ami(e) ou donnez comme cadeau. Chaque atelier inclut un produit que vous apporterez à la maison. Vous apprendrez durant cette série d'ateliers, mettant en vedette les produits DoTerra, les utilisations suivantes: huiles essentielles -

Vous ferez vos projets le 25 avril. Inscrivez-vous pour un ou tous les ateliers! Un atelier: 20\$. Inscription et paiement se font à la réception du CRFM. Pour plus d'information, contactez rabia.s@trentonmfr.ca.

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 Du lundi au vendredi 08h00 à 16h00

Services Times/ Heures des services religieux
 Protestant Service: 1115 hrs
 Service protestant: 11h15

RC Sunday Mass (English) at 0900 hrs
 RC Sunday Mass (French) at 1010 hrs
 RC Sunday Mass (Bilingual every 4th Sunday of the month) at 0900 hrs

Messe CR du dimanche en anglais à 9h00
 Messe CR du dimanche an français à 10h10
 Messe CR du dimanche bilingue le 4ième dimanche du mois à 9h00

RC Weekday Masses at noon
 Messes CR quotidiennes à 12h00

Quinte West Jewish Community at 8 Wing, various services, call for details.
 Communauté juive de Quinte West à la 8e Escadre, divers services, appelez pur plus de détails

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 Maj (Fr/Père) Roy Laudenorio



Unit Chaplains/Aumôniers des unités:

Capt (Rabbi/Rabbin) Bryan Bowley
 Capt (Fr/Père) Eric Davis
 Capt (Fr/Père) John Funelas
 Lt(N)(Fr/Père) Félix Roberge
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Al Anon meetings

The Hope and Serenity Group Al Anon meeting meets on Sundays from 7:30 p.m. to 8:30 p.m. at the Trenton MFRC. Friends and families of problem drinkers will find understanding and support at Al-Anon meetings open to the general public. For more information, please contact Linda Reade 613-392-2811 ext. 4583 or linda.r@trentonmfr.ca.

Rencontre Al Anon

Les rencontres de groupe Al Anon Espoir et Sérénité ont lieu au CRFM de Trenton les dimanches de 18h30 à 19h30. Le groupe offre du soutien et de la compréhension aux familles de la communauté dont un membre souffre de problème de consommation d'alcool. Pour information, contactez Linda Reade 613-392-2811 poste 4583 ou linda.r@trentonmfr.ca.

Building Blocks Club

In partnership with Autism Ontario. An evidence-based social skills program using Lego building blocks to assist in the development of communication and appropriate social interaction. For information please contact Orlana Bourgoin 613-392-2811 ext. 3953 or orlana.b@trentonmfr.ca.

Club de blocs de construction

En collaboration avec Autism Ontario. Un programme est spécialement conçu pour développer les aptitudes sociales en utilisant des "Legos" pour améliorer la communication et les interactions sociales appropriées. Pour information, communiquer avec Orlana Bourgoin 613-392-2811 poste 3953 ou orlana.b@trentonmfr.ca.

Occupational Therapy Clinic

Calling all CFB Trenton military families! The Trenton MFRC and True Patriot Love in collaboration with Belleville Integrated Health Centre are pleased to offer three different Occupational Therapy Clinic Packages! Each program will include: An assessment (comprehensive or overview depending on the need) - \$110 - \$350 value; one of three to six week Clinic Group - \$210 value; plus two individual private sessions - \$220 value. Total Value of \$780 for just \$100. To register today or from more information please contact Olana 613-392-2811 ext.3953.

Programme d'ergothérapie- Appel à toutes les familles des militaires de la BFC Trenton!

En collaboration avec le Centre de santé intégré de Belleville, le CRFM de Trenton et le

True Patriot Love offrent trois programmes d'ergothérapie ! Chaque programme comprend : Une évaluation (exhaustive ou générale selon les besoins) — d'une valeur de 110 \$ à 350 \$; une de trois — groupe de six séances cliniques — d'une valeur de 210 \$; deux séances privées individuelles — d'une valeur de 220 \$; Valeur totale de 780 \$ pour seulement 100 \$. Pour toute information ou inscription, communiquez avec Orlana par téléphone au 613-392-2811 poste 3953.

Limitless Youth Night

Every third Monday of the month. Do you want to meet new people, play games and have some fun? Then this group is for you! Inclusive youth social night for children with special needs, their siblings and friends ages six to 11. For information, contact Orlana 613-392-2811 ext. 3953 or orlana.b@trentonmfr.ca.

Possibilités Infinies –

Une soirée pour les jeunes chaque 3me lundi du mois de 18h à 20h. Veux-tu te faire de nouveaux amis, jouer et avoir du plaisir? Alors ce groupe est pour toi! Un groupe social inclusif pour les jeunes ayant des besoins particuliers, leurs frères et soeurs et les amis de 6 à 11 ans sont les bienvenus. Pour information communiquer avec Orlana Bourgoin 613-392-2811 poste 3953 ou orlana.b@trentonmfr.ca.

Babies and Beyond

The place for teen parents and 'mommas-to-be!' Offered by the Trenton MFRC and Children's Mental Health, supported by the Hastings and Prince Edward County Healthy Unit, Babies and Beyond offers lunch, parenting tips, school strategies, crafts, financial advice, cooking tips, and more. Lunch is provided. Childcare and transportation are available. When: Tuesdays from 11:30 a.m. to 2:30 p.m., Sept. until June. Where: Trenton MFRC, 50 Rivers Drive, East. For more information contact Debbie at 613-392-4331 ext. 274.

Bébés et au-delà

Le centre de ressources pour les familles des militaires de Trenton et Children's Mental Health vous présente Bébés et au-delà. La place pour les futures mamans et parents adolescents! Ce programme est appuyé par l'unité de santé du comté de Hastings et Prince Edward. Dîner compris, halte-jeu, et transport disponible! Les mardis de 11h30 à 14h30. CRFM, 50 Rivers Drive Est, Trenton. Pour plus d'information contactez Debbie au 613-392-4331 poste 274.

Friday Drop-Off

Need a break, have an appointment - for an hour or a day? We have drop-off child care on Fridays from 9 a.m. to 4 p.m. at the Playroom. To book a spot, call MFRC reception (613-965-3575) from 1 p.m. on Monday to noon on Thursday. The cost is \$5 per hour for your first child and \$4 per hour for subsequent children.

Halte-garderie du vendredi

Avez-vous besoin d'un répit? Avez-vous un rendez-vous? Nous offrons un service de halte-garderie à la salle de jeux du CRFM les vendredis de 9h à 16h. Nous prenons les réservations à compter du lundi 13h jusqu'à jeudi midi au 613-965-3575. Le coût est de 5\$/heure pour le premier enfant et de 4\$/heure pour le deuxième et ainsi de suite.

Monthly E-News/Social Media

Get the latest news from the MFRC and community at large. Sign-up through our website www.trentonmfr.ca for the monthly E-News and to follow us on Facebook.

Nouvelles mensuelles et Facebook

Ne manquez pas les dernières nouvelles du CRFM et les communautés avoisinantes. Inscrivez-vous par notre site internet www.trentonmfr.ca pour les nouvelles mensuelles par courriel et suivez-nous sur Facebook et suivez-nous sur Twitter!

418 (Belleville) Wing RCAFA Service of Remembrance at Deseronto Cemetery

By Pat Hope

In warm sunny weather, a large number of veterans from the Royal Canadian Air Force Association (RCAFA) and the Royal Canadian Legion (RCL), serving members of 8 Wing Trenton, Air Cadets from 608 and 704 Squadrons and members of the general public attended a Service of Remembrance for the Royal Flying Corps (RFC) and Royal Air Force (RAF) who died during their training near Deseronto in World War I.

This service has been organized by 418 Wing for over 25 years to honour, in particular, the seven men interned in the Deseronto cemetery who died from accidents or illnesses to never return to their homeland. This year's solemn observance also included the 100th Anniversary of the Royal Flying Corps Canada (RFCC) which was established in January 1917 to recruit and train Canadians for service in WW I. By the end of the 22 month endeavour to recruit and train airmen for combat, 16,663 cadets, mechanics and support personnel as well as, 3,135 pilots graduated. 2539 went overseas along with 137 observers (85 sent overseas).

During WWI some 20,000 Canadians served in the RFCC, Royal Naval Service (RNS) and the RAF with approximately 1500 that lost their lives. In attendance to honour the fallen were, Mike Bossio – MP for Hastings–Lennox and Addington representing the Government of Canada, Squadron (Sqn) Leader Drew Anderson (RAF) representing the Government of the United Kingdom, Todd Smith – MPP for Hastings representing the Government of Ontario, Mayor of Deseronto Norm Clark, Chief R Donald Maracle of the Mohawks of the Bay of Quinte, Colonel (Col.) Colin Keiver Commander of 8 Wing Trenton accompanied by 8 Wing Chief Warrant Officer (CWO) Darcy Elder, USAF Major Kim Sercel, Ontarian Group RCAFA Past President Les Ball. Special guest Catherine Humphreys, a grand-niece of 2nd Lt. Colin Humphreys, a WWI pilot who is interned at the Deseronto Cemetery was also on hand.



Photos Submitted
8 Wing Air Cadets march onto the cemetery grounds



RCAF Veterans pay their respects

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16 MINI COOPER
30220 Auto, 1.5 4cyl twin pwr turbo, coupe, keyless entry, alloys, pano roof, push btn start, tract ctrl, leather, heat seats, AC, pwr group, cruise, 46,703 km
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29999 Auto, 1.5 4cyl twin turbo, keyless entry, alloys, pano roof, push btn start, leatherette, heat seats, AC, MP3, Bluetooth, compass, 39,135 km
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\$16,995
\$103
bi-weekly
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0 DOWN + HST



15 VW BEETLE COMFORTLINE
30079 Auto, 1.8 4cyl turbo TSI, alloys, pwr roof, push btn start, leather, AC, MP3, sat radio, Bluetooth, cruise, touchscreen, 10,753 km

\$20,995
\$141
bi-weekly
84 mths @ 5.9%
0 DOWN + HST



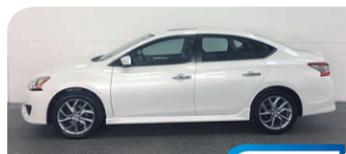
15 HONDA CIVIC SI
30439 Manual 6spd, 2.4 4cyl, alloys, pwr roof, push btn start, heat seats/mirrors, AC, rev cam, pwr group, cruise, Honda Link, lane watch, HDML, 2 tone interior, 24,935 km

\$22,995
\$154
bi-weekly
84 mths @ 5.9%
0 DOWN + HST



16 VOLKSWAGEN PASSAT
30429 Auto, 2.0 4cyl TSI, keyless entry, alloys, heat seats, AC, dual climate, CD, MP3, sat radio, rev cam, Bluetooth, pwr group, cruise, app-connect, 30,522 km
PREVIOUS DAILY RENTAL

\$17,195
\$104
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



13 NISSAN SENTRA SR
30234A Auto, 1.8 4cyl, alloys, pwr roof, push btn start, heat seats, AC, nav, rev cam, cruise, sport mode, touchscreen, google connect, pure drive, 57,429 km

\$13,995
\$107
bi-weekly
72 mths @ 5.9%
0 DOWN + HST



12 CHRYSLER 200 LX
30397 Auto, 2.4 4cyl, keyless entry, fact remote start, alloys, AC, CD, MP3, ext temp gauge, pwr group, heat mirrors, cruise, 43,116 km

\$10,195
\$91
bi-weekly
60 mths @ 5.9%
0 DOWN + HST



17 CHEVROLET IMPALA LT
30498 Auto, 2.5 4cyl ecotec, keyless entry, alloys, leather trim seats, pwr seats, AC, OnStar, pwr group, cruise, MyLink, 32,733 km

\$24,995
\$151
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



14 DODGE JOURNEY SXT
30440 Auto, 3.6 6cyl, keyless entry, alloys, push btn start, AC, MP3, U-connect, compass, ext temp gauge, pwr group, heat mirrors, cruise, 76,415 km

\$15,495
\$104
bi-weekly
84 mths @ 5.9%
0 DOWN + HST



12 CHEVROLET ORLANDO
30410 Auto, 2.4 4cyl ecotec, 7pass, keyless entry, fact remote start, tract ctrl, AC, CD, MP3, sat radio, OnStar, compass, ext temp gauge, pwr group, cruise, 34,777 km

\$10,995
\$98
bi-weekly
60 mths @ 5.9%
0 DOWN + HST



17 NISSAN PATHFINDER SL
30434E Auto, 3.5 V6, 7pass, fact remote start, alloys, push btn start, leather, pwr seats, heat seats, 3 zone climate, rev cam, park aid, 18,470 km
PREVIOUS DAILY RENTAL

\$34,995
\$211
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



14 DODGE JOURNEY SE
30501 Auto, 2.4 4cyl, keyless entry, alloys, push btn start, tract ctrl, AC, dual climate, CD, MP3, Bluetooth, ext temp gauge, pwr group, heat mirrors, cruise, touchscreen, 117,406 km

\$12,795
\$86
bi-weekly
84 mths @ 5.9%
0 DOWN + HST



16 DODGE DURANGO LTD
30131 Auto, 3.6 V6, 7pass, AWD, fact remote start, pwr roof/seats, push btn start, leather, memory seats, heat seats front-rear, 3 zone climate, 20,887 km
PREVIOUS DAILY RENTAL

\$37,995
\$229
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



17 NISSAN FRONTIER PRO4X
30425E Auto, 4.0 V6, 4x4, crew cab, alloys, pwr roof/seats, leather, heat seats, AC, dual climate, nav, rev cam, park aid, Bluetooth, 17,466 km
PREVIOUS DAILY RENTAL

\$35,495
\$214
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 DODGE RAM 1500 LARAMIE LONG HORN
30357 Auto, 3.0 6cyl eco diesel turbo, 4x4, fact remote start, crew cab, alloys, pwr roof/seats, push btn start, leather, heat/cool seats, dual climate, nav, rev cam, park aid, U-connect, 50,429 km

\$49,995
\$302
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 DODGE RAM 1500 REBEL
30428 Auto, 5.7 V8 Hemi, 4x4, fact remote start, trailer hitch, box liner, alloys, push btn start, leather trim seats, heat seats/mirrors/steer, AC, dual climate, U-connect, 65,493 km

\$38,995
\$235
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



17 DODGE RAM 1500 SPORT
30432 Auto, 5.7 V8 Hemi, 4x4, fact remote start, crew cab, short box, tonneau cover, alloys, push btn start, leather, pwr seats, heat/cool seats, AC, dual climate, nav, rev cam, 27,336 km

\$38,995
\$235
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 DODGE RAM 1500 SPORT
30164 Auto, 5.7 V8 Hemi, 4x4, crew cab, short box, trailer hitch, box liner, chrome step bar, alloys, pwr roof/seats, leather, heat/cool seats, AC, nav, rev cam, park aid, U-connect, 19,021 km

\$41,995
\$254
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 FORD TRANSIT 250
30269 Auto, 3.7 V6, 3door, 2pass, RWD, keyless entry, tract ctrl, vinyl floor, bucket seats, AC, AM-FM, MP3, rev cam, park aid, pwr group, 29,030 km
PREVIOUS DAILY RENTAL

\$26,995
\$163
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 FORD TRANSIT XLT
30225 Auto, 3.5 6cyl, 3door, 10pass, keyless entry, AC, rear air ctrl, CD, MP3, rev cam, park aid, Sync, compass, ext temp gauge, pwr group, 31,103 km
PREVIOUS DAILY RENTAL

\$36,995
\$223
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 CHEVROLET EXPRESS
30237 Auto, 4.8 V8, RWD, Airbags, tact ctrl, vinyl floor, leatherette, AC, AM-FM, OnStar, pwr group, 28,941 km
PREVIOUS DAILY RENTAL

\$24,195
\$146
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 CHEVROLET EXPRESS LT
30289 Auto, 6.0 8cyl Vortec, 15 pass, 3door, RWD, keyless entry, trailer hitch, tract ctrl, AC, rear air ctrl, AM-FM, CD, MP3, sat radio, OnStar, 40,084 km
PREVIOUS DAILY RENTAL

\$32,995
\$199
bi-weekly
96 mths @ 5.9%
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15 GMC SAVANA G2500
30242 Auto, 4.8 V8, 3door, 2pass, RWD, running boards, driver/pass airbags, tract ctrl, bucket seats, AC, AM-FM, MP3, pwr window/locks, cruise, steer ctrl, tilt steer, 18,328 km

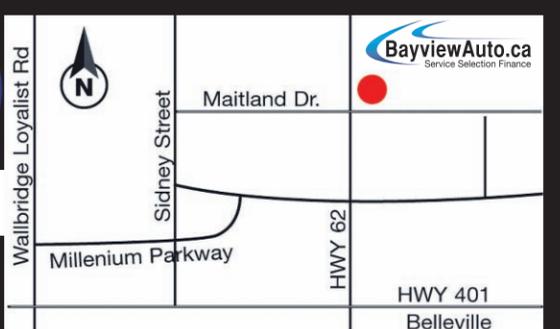
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