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226 newly dedicated Ad Astra Stones brings total to over 11,300

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Highway of Heroes inaugural bike ride hits the road



Riders of the inaugural Highway of Heroes Bike Ride take to the streets.

By Second Lieutenant Ken Jacobson, 8 Wing Public Affairs

Wounded Warriors Canada kicked off their inaugural Highway of Heroes Bike Ride, Saturday, with approximately 150 cyclists riding from the Afghanistan Repatriation Memorial (ARM) in Bain Park to the Ontario Veterans War Memorial in Queen's Park, Toronto, with the goal of raising \$200,000 for the charity.

Attracting participants from all over Ontario, the two-day, 220 kilometer ride follows the sacred Highway of Heroes roadway raising both funds and awareness for Canadian Armed Forces (CAF) members, Veterans, First Responders and their families living with post-traumatic stress disorder (PTSD), and other operational stress injuries.

Len Milligan, a retired airborne electronic sensors operator from Beaverton, Ontario said he saw a friend's posting for the event on Facebook and thought it was a good idea. "I'm lucky," he said when talking about his experience in the military. "I did 21 years and came out with no problems. There are a lot of guys that didn't come out with no problems, so we're (Milligan and his wife) here to give them all the support we can."

Fundraising events like the Highway of Heroes Bike Ride are vital for Wounded

Continued on page 14

Military Police launch Sexual Offense Response Team

By Ross Lees

Canadian Armed Forces (CAF) Provost Marshall Brigadier-General (Brig.-Gen.) Robert Delaney has officially announced the establishment of a new 18-member team dedicated to supporting the investigation of criminal sexual offences within the CAF and the Department of National Defence (DND).

The Sexual Offense Response Team (SORT), an Operation HONOUR (Op HONOUR) initiative, increases the ability of the Canadian Forces National Investigating Service (CFNIS) to protect and support victims of sexually based offences by identifying, investigating and

helping prosecute persons responsible for criminal sexual offences within the military.

Announced at Canadian Forces

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CAF Provost Marshall Brig.-Gen. Robert Delaney officially announced the establishment of a new 18-member team dedicated to supporting the investigation of criminal sexual offences within the CAF and the DND on Sept. 20 while Rear-Admiral Jennifer Bennett, Director General, Canadian Armed Forces Strategic Response Team on Sexual Misconduct looks on.

Photo by Ross Lees



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Changes to Veterans income support benefits

The ongoing care, support and well-being of ill and injured Canadian Armed Forces (CAF) members, Veterans and their families, is a high priority for the CAF, Department of National Defence (DND), Veterans Affairs Canada (VAC) and the Government of Canada. Whether our personnel are on the road to recovery, rehabilitation, returning to military duty, or transitioning to civilian life, the CAF is dedicated to assisting them through their challenging journey.

All CAF members need to be aware of changes to VAC income support benefits that will take effect on October 1, 2016, as many per-

sonnel have questions about what this means for them and how they can apply to receive such benefits. This change will affect all Veterans as well as ill and injured Canadian Armed Forces (CAF) members who may be medically released in the future.

As announced in Budget 2016, funding for income support benefits for Veterans in VAC's Earnings Loss Benefit (ELB) program will be raised from 75 to 90 per cent of a Veteran's pre-release salary. Additionally, the benefit will be indexed so that it keeps pace with inflation. While VAC's ELB income support benefits will increase, it is

important to note that CAF Long Term Disability (LTD) benefits will not. It will remain at 75 per cent of a Veteran's pre-release salary and existing benefits will not be affected. Therefore, in order to be considered for the additional benefit, people must apply to VAC.

Note that the Service Income Security Insurance Plan (SISIP) administers the CAF LTD policy on behalf of the Chief of the Defence Staff and Manulife is the insurer. As the employer sponsored group disability plan, CAF LTD is first payer for benefits and remains among the best LTD plans offered in the country.

Veterans or those medically released from the CAF in the future are encouraged to apply to VAC to participate in their Rehabilitation program, a precondition for ELB eligibility. A Veteran can receive an application by calling VAC at 1-866-522-2122 (toll-free) Monday to Friday, 8:30 to 4:30, local time, by visiting the VAC ELB webpage and downloading the application form, by logging into My VAC Account or by visiting the local VAC Area Office.

All CAF members are strongly encouraged to learn more about range of care, compensation, and financial benefits available to them

so that they can make informed decisions about what benefits plan or program will best support them and their family's needs upon being released.

DND, CAF and VAC are committed to simplifying and consolidating the system of care, compensation, and financial benefits that are available to Veterans and their families. CAF and VAC continue to work together and with Veterans to address gaps in service as outlined in the public, written direction the Minister of Veterans Affairs and the Minister of National Defence have received from the Prime Minister.

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RCAF shooter wins prestigious Army competition – again

Maj. Ken Barling won the Queen's Medal again this year – his fourth win

By Ross Lees

The Royal Canadian Air Force (RCAF) is not only taking aim at becoming the Canadian Armed Forces' (CAF) best shooter, they are demonstrating they are dead on target.

For the fourth time in the past several years, Major (Maj.) Ken Barling, of 435 Transport and Rescue Squadron at 17 Wing Winnipeg this year and from 8 Wing Trenton on the three previous occasions, has won the Queen's Medal for Champion Shot in the Regular Force division at the Canadian Armed Forces Small Arms Concentration (CAFSAC).

For those who don't know, the Queen's Medal is the top honour in the Regular Force division of the CAFSAC competition, which featured nearly 300 participants this year competing in tactical close-fire scenarios and long distance endurance events. Which means the few blue berets competing in this competition won the Queen's Medal by defeating a virtual sea of green army berets who take this kind of thing very seriously.

While it is a CAF competition, competitors also come from the United Kingdom, the United States, the three elements of the Canadian military, the Canadian Rangers and, for the first time this year, a team from the Royal Military College of Canada.

8 Wing was well represented at this year's completion. The RCAF team consisted of Maj. Barling, currently taking a course at 8 Wing, Master Corporal (MCpl.)



The Royal Canadian Air Force team poses for a photo during the 2016 Canadian Armed Forces Small Arms Concentration Connaught Ranges in Ottawa. Photos: Aviator Desiree T. Bourdon

Peter Van Eykeren, 426 (Transport) Training Squadron, Corporal (Cpl.) Jack Brooks from 4 Line Squadron, Trenton, Cpl. Brian Stengele of 424 Transport and Rescue Squadron, and Aviator (Avr.) Maxim Tremblay of 436 Transport Squadron, all of 8 Wing. Rounding out the team were Cpl. Bret Kahler, 19 Air Maintenance Squadron, Co-mox, British Columbia, Second Lieutenant (2Lt.) Justin DeRoos from 17 Wing, Winnipeg, Captain (Capt.) Steven Burry, 2Lt. Zachary Austin, 2Lt. Jeremy Eddy, Sergeant (Sgt.) Jason Malcolm and 2Lt. Brandon Timmons, all of 12 Wing Shearwater, Nova Scotia.

It is no easy task to make the team, let alone win the Queen's Medal at this competition, according to MCpl. Pete Van Eykeren, an instructor at 426 (T) Trg. Sqn.

"There's a lot of stress, there's a lot of competition, a lot of seasoned and fantastic shooters at the competition," said MCpl. Van Eykeren, who is part of the RCAF Combat Shooting Team Trenton, a team originating in the Aerospace and Telecommunications Engineering Support Squadron (ATESS).

The local team enters this competition well behind the eight ball in a number of ways; first, because

there are only 12 blue RCAF berets in a sea of almost 250 green Army berets, but also because qualifying for the Trenton team consists of interested people often willing to pay their own way to competitions. They get some base funding for vehicles and training assistance from the Readiness Training Flight (RTF) and Wing Imaging.

The team trains once a week on Tuesdays at the Small Arms Trainer (SAT) and then they attend as many Ontario Rifle Association competitions as they can to prepare themselves for the CAFSAC. Often, however, team members can only get to one or

two competitions in the summer because they also hold down regular jobs and must work around those issues, according to MCpl. Van Eykeren.

"We have a big learning curve," he said and a lot of training to catch up to the Army shooters who are appointed to teams early and get lots of on-range practice.

It's a key to the competition, he says, although there is also a mental side associated with that on-range familiarity.

"There's no replacement for actually getting on the firing line and putting rounds down range. In

Continued on page 13

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Brigadier General C.T. Manske visits CFS Alert

By: Second Lieutenant Cory Watson

Canadian Forces Station (CFS) Alert hosted Brigadier General (Brig.-Gen.) Chad T. Manske, the Deputy Commander, Canadian NORAD Region, and Deputy Combined/Joint Force Air Component Commander at 1 Canada Air Division on Sept. 7. While on Station, Brig.-Gen. Manske was briefed on CFS Alert operational capabilities. He also interacted with Station personnel of different sections. Brig.-Gen. Manske addressed CFS Alert personnel and reminded them of the im-

portance of their mission in the High North notwithstanding the fact that the members are away from home. Prior to departing, Brig.-Gen. Manske left the “Frozen Chosen” with gifts of Timbits and homemade cookies for CFS Alert personnel to enjoy.

Brig.-Gen. C. Manske (left) presents Tim Horton’s Timbits to CFS Alert Commanding Officer Major (Maj.) A. Tsai-Lamoureux (right).



Brig.-Gen. C. Manske addresses CFS Alert personnel in the Igloo Gardens mess hall. Photos by: Private Alexander Thibault

The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events affecting Canada’s largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and ‘esprit de corps’ among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Armed Forces at work.

The CONTACT is published every Friday with the kind permission of Col. Colin Keiver, MSM., CD, Commander, 8 Wing/CFB Trenton. The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CAF or other agencies.

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The CONTACT produces news and information about 8 Wing/CFB Trenton at home and around the world. We depend on our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case (not all caps) and in plain black text. Acronyms should be spelled out on first reference, then abbreviated when referred to thereafter.
- Do not include clip art, graphics or photos within typed pages. Additional graphics, logos and photos must be sent as separate files.

- Articles may be mailed, e-mailed (cfbcontactnewspaper@gmail.com) or delivered in person and must include the author’s full name, rank, (if applicable) unit and phone number.
- Whenever possible, photos should be included with your article and should contain the name of the person who took the photo and an appropriate caption to go with it. Photos should be saved in a jpeg format at a high resolution for quality reproduction.
- Articles must be received by Monday at noon prior to print date.

Letters to the Editor:

All letters must be signed and include the name of the author, which will be published. Include a phone number for verification. We reserve the right to edit the text while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. E-mail letters to: cfbcontactnewspaper@gmail.com



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Modifications apportées aux allocations pour perte de revenus des vétérans

Offrir sur une base permanente des soins et du soutien aux militaires malades ou blessés et aux vétérans des Forces armées canadiennes (FAC) ainsi qu'aux membres de leur famille, et veiller continuellement à leur bien-être sont des grandes priorités pour les FAC, le ministère de la Défense nationale (MDN), Anciens Combattants Canada (ACC) et le gouvernement du Canada. Peu importe si les militaires sont sur la voie de la guérison, s'ils reprennent leur service actif ou s'ils font la transition vers la vie civile, les FAC sont résolues à les aider à traverser cette période difficile.

Tous les militaires des FAC doivent être au courant des modifications apportées aux allocations pour perte de revenus d'ACC qui entreront en vigueur le 1er octobre 2016. Plusieurs d'entre eux se demandent ce que cela signifie pour eux et s'interrogent sur la manière de présenter une demande en vue de toucher de telles prestations. Les modifications toucheront tous les vétérans et les militaires des FAC qui pourraient éventuellement être libérés pour des raisons médicales.

Comme annoncé dans le budget de 2016, le financement des allocations pour perte de revenus versées aux vétérans dans le cadre du programme d'ACC sera haussé, passant de 75 % à 90 % de la solde perçue avant leur libération. De plus, les allocations seront indexées en fonction du taux d'inflation. Même si les allocations pour perte de revenus d'ACC augmenteront, il est important de souligner que ce ne sera pas le cas pour les prestations d'invalidité de longue durée

(ILD) des FAC. Elles resteront à 75 % de la solde perçue par un militaire avant sa libération; et donc les prestations ILD actuelles ne seront pas affectées par ces modifications. Par conséquent, pour vérifier s'ils ont droit à une allocation supplémentaire, les gens doivent présenter une demande à ACC.

Veillez noter que le Régime d'assurance-revenu militaire (RARM) administre la politique d'ILD des FAC au nom du chef d'état-major de la Défense, et que la compagnie d'assurances est Manuvie. Dans la catégorie des régimes collectifs d'assurance invalidité financés par l'employeur, le programme d'IDL des FAC est le premier payeur de prestations et figure parmi les meilleurs régimes d'ILD offerts au pays.

Les vétérans et ceux qui seront éventuellement libérés des FAC pour des raisons médicales sont encouragés à présenter une demande à ACC pour participer à leur programme de réadaptation, un prérequis pour avoir droit aux allocations pour perte de revenus. Il est possible de recevoir un formulaire de demande en téléphonant à ACC, au 1-866-522-2122 (sans frais), du lundi au vendredi, de 8 h 30 à 16 h 30, heure locale, en se visitant la page Web d'ACC sur les alloca-

tions pour perte de revenus pour télécharger le formulaire, en ouvrant une session dans le dossier ACC, ou en se rendant dans l'un des bureaux régionaux d'ACC.

Tous les militaires des FAC sont fortement encouragés à se renseigner sur la gamme de soins, d'indemnités et d'avantages financiers qui leur est offerte afin d'être en mesure de prendre des décisions éclairées sur les programmes ou régimes de prestations les plus susceptibles de répondre à leurs besoins et à ceux des membres de leur famille après leur libération.

Le MDN, les FAC et ACC se sont engagés à simplifier et à consolider le régime de soins,

d'indemnités et d'avantages financiers offerts aux vétérans et aux membres de leur famille. Les FAC et ACC continuent de travailler ensemble avec les vétérans pour combler les lacunes au chapitre des services comme énoncé dans la directive écrite publique envoyée au ministre d'ACC et au ministre de la Défense nationale par le premier ministre.

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Once-in-a-lifetime opportunity for 436 Squadron family

436 (T) Squadron's Honorary Colonel and ScotiaMcLeod treat young family to World Cup experience

By Ross Lees

Imagine the wonder of a 10-year-old boy skating onto the ice at the Air Canada Centre carrying the North American flag in the opening ceremonies of the World Cup of Hockey game between North America and Finland.

Then imagine him carrying that flag as he lines up beside the Edmonton Oilers' Connor McDavid as the anthems are played.

Does it get any better than that?

Wyatt Archer, 10, the son of 436 Transport (T) Squadron's Master Corporal (MCpl.) Matt Archer had that exact experience and it brings a broad smile and a look of pride onto his father's face when he talks about it.

The experience for the entire Archer family – Matt, his wife Jennifer, Wyatt and younger brother Aiden, 8, was one of those once-in-a-lifetime experiences made possible by 436 (T) Squadron's Honorary Colonel (Hon. Col.) Julie Lange and ScotiaMcLeod.

The story started when Hon. Col. Lange's boss came into possession of a couple of tickets to the North American/Finland game on Sept. 18 in Toronto at the Air Canada Centre. As a big supporter of the military, he recognized the opportunity Hon. Col. Lange could offer to a young military family and he encouraged her to use the tickets to give to a deserving young military member.

Hon. Col. Lange immediately contacted 436 (T) Squadron's Commander, Lieutenant-Colonel (Lt.-Col.) Spencer Selhi and Chief Warrant Officer (CWO) Pete Kowalchuk and asked them if they thought they could find someone on such short notice.

"We knew that within a Squadron of this size there was going to be someone with children within that demographic, so we jumped on it immediately and the Chief went to his team and they were like 'Yeah, we know exactly who's got the little guy,'" Lt.-Col. Selhi said.

"We found out about it at the 436 Squadron Family Day and when we started talking about it with our crews, Matt's name came up as an outstanding guy who would represent the squadron well and who also had the child to fit the prerequisite," CWO Kowalchuk noted. "It was an easy process from there."

Not an easy choice for MCpl. Archer, who had to make a choice between his two



MCpl. Matt Archer (centre) with CWO Pete Kowalchuk (left) and 436 (T) Squadron Commander Lt.-Col. Spencer Selhi. Photo by Ross Lees

sons as to which one would go. Both are young goalies and both would certainly jump at the chance. But one was going to be happy and the other – not so much.

Fortunately, the people at ScotiaMcLeod became aware of MCpl. Archer's dilemma and resolved the issue by "coming up with" another couple of tickets for the family. That meant eight-year-old Aiden would now be able to attend with his mother and, while he wouldn't get the opportunity to skate on the ice and carry the flag, he would experience the rest of the benefits.

MCpl. Archer laughs when he talks about the additional effort by ScotiaMcLeod.

"They said they 'scrounged up' a couple of tickets for her (his wife)," he said. "Well, she was three rows from the glass on the goal line and she sat next to where Wyatt came on the ice with the flag. So she got to see that and, like I said, my younger son was right at the glass watching the game go on, so it was something I know they won't forget because I'm not going to, that's for sure! They treated us better than I could ever have imagined."

"We're happy that things worked out so well and that Matt and his entire family got to get a very exciting whirlwind tour and hopefully it translates into your kids progressing through the hockey system and provides that little bit of motivation to get into maybe the big leagues some day," Lt.-Col. Selhi said to his enthused young member of 436 (T) Squadron.

Lt.-Col. Selhi has nothing but praise for Hon. Col. Lange and ScotiaMcLeod.

"Julie Lange has been extremely generous, not only with her time but also with contacts and resources, which is a benefit to 436 and the Wing and the Air Force. She's been a force to be reckoned with. We're just so proud and happy to have her as part of our team," he said.

(Below) As part of the once-in-a-lifetime experience for 10-year-old Wyatt Archer, he received this Scotia Bank Hockey Club card of himself standing at the boards holding the flag as he waited to skate into the ceremonies and line up beside Connor McDavid. Photo supplied by Scotiabank



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Afghanistan Repatriation Memorial enhanced by LAV III monument



New LAV III monument takes its place next to the ARM in Bain Park, Quinte West.

Shawn Dean, from Canada Company declares site a National LAV III Monument Location. Photos by 2Lt Ken Jacobson

By Second Lieutenant Ken Jacobson, 8 Wing Public Affairs

Installation of the new monument commemorating sacrifices of those who served during the Afghanistan conflict is complete.

Last Saturday morning, held in conjunction with the start of the inaugural Highway of Heroes Bicycle Ride, the new Light Armoured Vehicle (LAV) III Monument was unveiled at the Afghanistan Repatriation Memorial (ARM) in Bain Park, Quinte West.

During the ceremony, Honorary Colonel (Hon.-Col.) John Williams took a moment to thank former Hon.-Col. John Smiley.

“I want to thank former Honor-

ary Colonel John Smiley who was the spearhead at the beginning. To recognise this program was available, and come to us (the 8 Wing Hon.-Cols.) to talk about it, and then he went to the city, and together this project all came together — so thank you John.”

The addition of the LAV III monument, originally proposed in the fall of 2015 by former Hon.-Col John Smiley, is seen as a way to enhance the existing memorial while also providing recognition of the sacrifices made not only by the 158 Canadian Armed Forces (CAF) members, and four civilians

who lost their lives in service, but also to all who served during the conflict.

Shawn Dean, representing Canada Company, noted that Trenton’s LAV III monument is the third official monument unveiled as part of the LAV III program.

Because of the existing Afghanistan Repatriation Memorial, proximity to Canadian Forces Base (CFB) Trenton, and start of the sacred Highway of Heroes roadway, Dean officially declared the site a National LAV III Monument Location.

“When seen, these monuments

will deliver a clear message to our veterans - that message

will be that it is here to honour them and to leave them with no doubt in their minds that their service and loss was noticed, appreciated, and will not be forgotten,” he added.

Colonel (Col.) Colin Keiver, 8 Wing Commander, spoke to the sacrifices made, and what the monument means to him.

“As I look at this LAV, I think of my personal experiences in Afghanistan. I think of those I served with, and I think of the 162 Canadians that made the ultimate sacrifice on behalf of bringing peace and freedom to the people of Afghanistan. I salute the community for doing this, I salute the Honorary Colonels for doing this and getting behind this—it’s an exceptional effort!”

In the weeks leading up to the unveiling, unbeknownst to all, while crews worked preparing the gravel foundation for the new monument, an anonymous donor embedded a piece of Afghanistan into the foundation before the cement pad was poured. Having served three tours at Forward Operating Base (FOB) Sperwan Ghar, in Panjwayi District, Afghanistan, the donor inhumed the piece of FOB into the foundation, creating both a literal and a figurative connection between the LAV III Monument and Afghanistan.

“This place is to remember those who have fallen in Afghanistan and it feels right to have a little piece of Afghanistan here,” said the donor who wished to remain anonymous (for personal reasons).

Containing both literal and figurative connections with the Afghanistan conflict, the new LAV III monument in Bain Park is certain to enhance the existing memorial, while providing a unique place for reflection and remembrance.



Shawn Dean presents official National LAV III Monument Certificate (left-right): Former Hon.-Col John Smiley, Quinte West Mayor Jim Harrison, Shawn Dean (Canada Company), 8 Wing Hon.-Col. John Williams.

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'Ad Astra Stones the foundation upon which the RCAF is built:' Col. Colin Keiver

By Ross Lees

With the 226 Ad Astra stones dedicated Saturday at the National Air Force Museum of Canada (NAFMC), there are now over 11,300-plus dedicated stones in the museum air park.

John Hooper, the chair of the Royal Canadian Air Force Association, called the placing of all those stones "quite a project," adding the stones commemorate loved ones, comrades and friends "...and is a fitting way to mark the commitment and dedication to the country they loved."

The Ad Astra Stone dedication ceremony takes place annually with each stone representing a member of the Royal Canadian Air Force (RCAF) family, according to William Arch, the chair of the NAFMC board.

"Each represents a unique and individual story that adds to the tapestry of what is the history and heritage of the Air Force, and is part of our nation of Canada," he said during the ceremony Sept. 24.

Mr. Hooper added that the stones were a way to continue to show our gratitude to those many named on the stones which "...continue to acknowledge their contributions and to preserve the aviation history that is ours."

Preparing and placing the stones was no easy task, according to Mr. Hooper, and he said appreciation is owed to those undertaking the task.

This year's ceremony commemorated the British Commonwealth Air Training Plan (BCATP) and is a topic near and dear to the heart of 8 Wing/Canadian Forces Base (CFB) Trenton Commander, Colonel (Col.) Colin Keiver, who was the guest speaker at this year's event.

While Canada will celebrate its 150th birthday in 2017, and while the Canadian Corps was celebrating its victory on the ground in April 1917, the story was quite different for the Allied cause, according to Col. Keiver.

The Germans were celebrating an overwhelming victory in the air in April 1917 to the point Allies referred to it as 'Bloody April.' The loss rate

was about 30-1 in favour of the Germans, Col. Keiver noted.

"This is significant because the allies recognized they needed to do something or they were going to lose the war in the air during the First World War," he said.

"They commissioned a massive inquiry, published a report, and out of that report was born the Royal Air Force on the first of April, 1918, the world's first independent Air Force."

That Air Force was formed. Those in command at the time realized they needed a force that wasn't Army, wasn't Navy, but was unique and special and brought something very distinctive to the profession of arms, so distinctive in fact, it needed to be its own entity, according to Col. Keiver.

"What is significant about April 1917 was that there was a young German aviator that was rising to the top in 1917 Manfred Von Richthofen - you know him as the Red Baron. Later that year when he was wounded and he wrote a book, called the Red Battle Flier, he had a great quote in that book that said, "The quality of the box matters little; success depends entirely on the man sitting in it."

"It's those people who make the difference, and since the First of April, 1918, as air forces have formed and as the Royal Canadian Air Force was formed on April 1, 1924, it is the people who made the difference, and it is a museum like this, and an organization's ability that allows it to build and grow itself as an institution, and become something that people aspire to that makes a difference," Col. Keiver said of the many names on the Ad Astra Stones.

"I view these stones as the foundation on which we continue



8 Wing/CFB Trenton Commander Col. Colin Keiver said he viewed the Ad Astra Stones as the foundation upon which the RCAF continues to grow and build.

Photos by Ross Lees



The Ad Astra Stone ceremony Saturday was witnessed by a number of veterans, including this NATO veteran.



John Hooper, the chair of the Royal Canadian Air Force Association, called the placing of the Ad Astra Stones "quite a project," adding the stones commemorate loved ones, comrades and friends "...and is a fitting way to mark the commitment and dedication to the country they loved."

to grow and build the RCAF. This museum is the means by which we tell those stories of the brave men and women who have gone before us."

Surrounded by historic Canadian airplanes, Col. Keiver stated the planes are "soulless without the people that sit in them and operate them,

and the people that maintain them, the people that vector them, that clear the runways. It is that, that is the heart and soul of the Air Force today and will ever be the heart and soul of the RCAF," he said.

"I thank you for gathering here today to celebrate the soul of the RCAF; it is a foundation we continue to build upon and one we look forward to as having a very bright future."

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Bowling leagues will start on second week of September!
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NAFMCF gala will be 'Out of This World'

Eminent Canadian astronaut Chris Hadfield will speak and sign his book at this year's gala

By Ross Lees

When the National Air Force Museum of Canada Foundation (NAFMCF) named their semi-formal annual gala "Out of this World Gala, An Evening with Chris Hadfield," they weren't just launching baking soda rockets.

Their gala event on Oct. 21 will feature Colonel (Col.) Chris Hadfield, a former Canadian astronaut and the first Canadian Commander of the International Space Station.

So when the NAFMCF says it is "out of this world stuff," they kid you not.

"We are very excited about this year's gala," said development coordinator Brigitte Frances. "It's going to be a special evening where those in attendance will be able to meet Col. Hadfield, who will be available during the gala for a meet and greet and a book signing."

Tickets for this event are being sold for \$150, and can be purchased at the NAFMCF, the Chamber of Commerce in Belleville and Trenton, as well as

Smylies Your Independent Grocer. Tickets can also be purchased at nafmctickets@gmail.com.

Doors will open at 6 p.m. for cocktails, followed by dinner, a live auction and a dance. Money raised from the event will go towards supporting the NAFMCF and the Theatre campaign, an effort by the NAFMCF to build an educational theater within their space that will benefit Quinte West and the surrounding communities.

"8 Wing remains committed to the National Air Force Museum of Canada Foundation and its efforts to support the museum," explained 8 Wing Commander, Col. Colin Keiver. "The yearly gala is one of the great ways our Foundation is able to present something special to the community, while at the same time raising money needed to help further the important stories of the amazing men and women in the RCAF in new and exciting ways."

For those who have questions please contact nafmctickets@gmail.com or 613.965.7314.



Col. Chris Hadfield, a former Canadian astronaut and the first Canadian Commander of the International Space Station shown here in an appearance in Belleville in 2014, will be on hand at the NAFMCF gala on Oct. 21 to sign his book and interact with attendees.

Contact file photo by Ross Lees

Military Police launch Sexual Offense Response Team

Continued from page 1

Base (CFB) Trenton Tuesday, the CAF and DND officially recognized the establishment of the specially trained team already in place and conducting operations in six locations across Canada.

SORT members would be receiving the most advanced training available to help make them "subject matter experts" in the field of sexual offences, according to Brig.-Gen. Delaney.

"We have already spent the last three days with subject matter experts from the International Association of Chiefs of Police as well as Mr. Russell Strand from the American Military Police Academy, a former special agent with

the Army's criminal investigative division and the "Godfather", if you will, of a technique known as forensic experiential trauma interviews (FETI), an emerging technique that recognizes that victims of traumatic events such as sexual assault, often have difficulty recounting the exact details of the trauma they have experienced. Through some of the techniques our investigators have learned, there is a recognition that not all victims are able to give a precise account of what they experienced," he stated.

An awareness of this will allow SORT personnel to better support victims when complaints of sexual misconduct come forward to the CFNIS, he added.

Rear-Admiral Jennifer Bennett, Director General, Canadian Armed Forces Strategic Response Team Brig.-Gen. Delaney noted during the press conference at CFB Trenton that the Op HONOUR elimination of harmful sexual behavior within the military will be achieved through short- and long-term

steps. In the short term, support of victims must be more effective and decisive when incidents occur. In the long term, the military culture must be understood and changed to ensure all members are treated with the respect and dignity that is their due.

"The short and long-term efforts are designed to complement each other for effective victim support and decisive leadership to help create an environment that encourages incident reporting. This, in turn, helps build a leadership culture that is more supportive and responsive to the needs of our members," she said.

"Over the first six months of 2016, we have seen a 22 per cent increase in incidents reported to the Military Police; about half of them being old cases predating Op HONOUR. This demonstrates to us that some of these victims now trust their leaders. They believe we will hear them and act appropriately," she added.

Brig.-Gen. Delaney noted during the press conference at CFB Trenton that the Op HONOUR stemmed from the report by Chief Justice Madame Deschamps which gave insight into the perception of the Military Police (MPs) as an investigative agency and a police agency. He said it also gave rise to concerns from the vic-

tims' standpoint in terms of how the MPs had been conducting investigations and supporting them in the past.

To get better at these types of investigations, Brig.-Gen. Delaney said the force recognized resources would assist with timeliness of investigations and training would enhance the already excellent work the CFNIS was doing.

"We focused on two areas, getting more resources in there and, secondly, getting them the advanced training they need to really be subject matter experts in this field," he noted. "the creation of the SORT and the increase in personnel to tackle these crimes will enable us to better support victims of sexual misconduct and ensure timely, professional investigations."

Quick Facts

A majority of Canadian Forces National Investigation Service investigations revolve around sexual related matters. The Sexual Offence Response Team provides investigators with a nucleus of expertise regarding historical investigative techniques; new trends in law enforcement concerning sexually based offences; and best practices for future sexual related investigations.

Frontline Military Police remain a key part of the investigation process as they are often the first point of contact for complainants in reporting any offence. Military Police often interact with victims as they attempt to deal with their trauma. The first and primary task in those situations is to support and protect victims.

The 18 investigators of the Sexual Offence Response Team are dispersed in three-member teams at the six Canadian Forces National Investigation Service's regional offices located in Victoria, Edmonton, Borden, Ottawa, Valcartier and Halifax.

In addition to standard training received by all investigators in the Canadian Forces National Investigation Service, members of the Sexual Offence Response Team also receive specialized training in investigating sexual assault, physical abuse and child death, investigating offences against children, investigative and forensic interviewing techniques, and trauma informed care training.

The Canadian Forces National Investigation Service is a unit within the independent Canadian Forces Military Police Group whose mandate is to investigate serious and sensitive matters in relation to Department of National Defence property, Department of National Defence employees and Canadian Armed Forces personnel serving in Canada and around the world.

Any member who has experienced or witnessed harmful and inappropriate sexual behavior of any kind in the Canadian Armed Forces has a range of options available to him or her. For more information regarding available services, please visit: <http://www.forces.gc.ca/en/caf-community-support-services/sexual-misconduct.page> S

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Raising of the Franco-Ontarian flag at Quinte West City Hall

Mayor Jim Harrison presides over the event



(Above) Mayor Jim Harrison and l'Envol's Mascot Hercule pose together in front on the Franco-Ontarian Flag post.

(Left) The crowd assists at the flag raising in front of Trenton's City Hall.

By Second Lieutenant Steve Comeau, 8 Wing Public Affairs

This year's raising of the Franco-Ontarian flag was celebrated Friday at Trenton's City Hall.

The ceremony was held by L'école élémentaire catholique L'Envol, and was directed by Principal Mélanie Reynolds. In attendance were Grade 5 and 6 students from Cité-Jeunesse, the public elementary school, and representatives from Marc-Garneau High School's student committee.

The students sang "Notre Place", a Franco-Ontarian anthem, just before Mayor Harrison proceeded with raising the Franco-Ontarian Flag.

Following the formal flag raising, the Mayor kindly answered questions from students, while Marc-Garneau's Principal, Chantal McAlpine, supervised.

"We are proud you live here, we are proud of what you do, and we are proud of your ancestors", declared Mayor Harrison.

About 612,000 Francophones are residing in Ontario, making it the largest francophone community in Canada outside of Quebec. Sept. 25 was officially named Franco-Ontarian day in 2010, and the flag was formally recognized in 2001 by the Franco-Ontarian Emblem Act.



Mélanie Reynolds, Principal of L'école élémentaire catholique L'Envol, speaks to those in attendance.

Do you have what it takes?

8 Wing Community Fair will feature a Herc Pull and a rappel tower experience Saturday

By Second Lieutenant Steve Comeau, 8 Wing Public Affairs

8 Wing/Canadian Forces Base (CFB) Trenton will be opening its doors to the public this Saturday, Oct. 1, as it will be conducting a Community Fair-style event. On site will be a Hercules CC-130H pull, a rappel tower familiarization and a parachute jump simulation, as well as the annual Car and Bike show and photo opportunity. There will be a Kid's event, and a barbecue for spectators alike. Participation in the individual or team events comes with a donation to the 8 Wing Government of Canada Workplace Charitable Campaign (GCWCC). 8 Wing Trenton has hosted similar events in the past, but this year's occurrence is the first time all these popular events are being conducted in one day to encourage maximum participation by Wing membership and visitors from the surrounding communities. "So what we're doing is we're taking a lot of our smaller events and we're combining them into a large encompassing community fair event," declared Major (Maj.) Hepburn, one of 8 Wing's GCWCC Co-Chairs. The Community Fair will be a fundraiser for the GCWCC, a campaign established exclusively for federal employees and retirees in Canada. The GCWCC is managed by United Way of Canada and plays a significant role in raising money across the country in order to help local communities.



Slo-pitch tournament raises \$1,400 for GCWCC

By Ross Lees

The Government of Canada Workplace Charity Campaign (GCWCC) Slo-pitch tournament was anything but slow getting off the mark and producing a fun, enjoyable way to raise funds in support of the United Way of Quinte.

Instructed by 8 Wing /Canadian Forces Base (CFB) Trenton Commander Colonel (Col.) Colin Keiver to play hard but have fun, the seven teams participating wasted little time in doing just that.

Team Bourgon won the first-time event with 424 (Transport and Rescue) Squadron placing second in the tournament which raised \$1,400 for the campaign.

"The Slo-pitch event was highly successful," noted GCWCC co-chair Major Christopher Hepburn, of the tournament which started Thursday and ended Friday.



(Above) Team mascots came out to cheer their teams on enjoy some time on the diamonds with stellar weather on Thursday, Sept. 22. Photos by Ross Lees

(Above right) his competitor makes it safely to first just under the throw as the first baseman is pulled off the bag.



A wide throw at first allows this competitor to beat out a hit.

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RCAF shooter wins

Continued from page 3

enclosed, controlled environments such as the SAT trainer, you don't have the wind, the distance or the live bullets going down range. For realistic training, you have to do the shoot to get the feel to put the bullets where you want them at 500 metres," he explained.

But then comes the mental aspect of shooting, he added.

"You have to be in the zone for shooting, you have to know your positions, you have to be confident and you have to have knowledge of your weapon, because you're adjusting your sights as you go and the situation is changing, so you have to think of multiple things at the same time, including wind conditions," he said.

When you start a match by shooting at 500 metres, you need to be on your game from the beginning and you need to get on target very quickly.

That mental thing might also be working in their favour now, MCpl. Van Eykeren indicated.

"When Maj. Barling comes to an event, I think the Army guys get intimidated," he

explained.

But this team isn't looking to rest in the prone position. They want to keep improving and they are always interested in having new team members come out to compete. They have had funding issues but they hope their success will alleviate some of that, especially as they begin to get some publicity.

Those people who are interested in coming out are warned it is no easy task.

"You have to be physically fit to be able to do that, you have to have confidence in your equipment and after you do the shoot, you do lessons learned with your team so the same mistakes aren't made by everybody on the next shoot. It helps us ensure our points go higher as a team," he said.

"This is what it's all about - it's a team environment and we work together and we're motivated and we want to be successful. We're very proud to be at an Army competition as Air Force - and do well at it with the limited resources we have," he stated.

If you are interested in competing and would like to know more, contact MCpl. Van Eykeren at Peter.Vaneykeren@forces.gc.ca



Major Ken Barling, team captain of the Royal Canadian Air Force team at the 2016 Canadian Armed Forces Small Arms Competition, won the Queen's Medal for Champion Shot in the Regular Force division of the competition - for the fourth time!



Major Ken Barling of the RCAF won his fourth Queen's Medal for Champion Shot in the Regular Force division during the 2016 Canadian Armed Forces Small Arms Concentration. In a tradition that dates back more than 130 years, winners of the Queen's Medal are carried by their fellow competitors from the shooting ranges in a sedan chair. Photos: Aviator Desiree T. Bourdon

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Highway of Heroes inaugural bike ride hits the road



Sam Moffatt from Toronto waits in pole position. "I've always had a connection with the military and wanted to support those who are still serving," he added.

Continued from page 1

Warriors Canada in order to continue funding the various mental health programs and services they provide to ill and injured CAF members, veterans, first responders, and their families.

"There is no question that, as a result of our (CAF) significant engagement in Afghanistan, this has led to an increased demand for our support," noted Scott Maxwell, Executive Director of

Wounded Warriors Canada.

Chair of the Standing Committee on Veterans Affairs, and Bay of Quinte MP Neil Ellis took a moment to emphasize the importance of the work done by Wounded Warriors Canada, and the significance of the inaugural ride.

"I hear their (veterans) stories, I see its (PTSD) effects," he said, adding, "As the riders make their way along this route, they will not only be raising funds for Wounded Warriors Canada, they will

be reminding all Canadians of those who came back home with physical and emotional scars."

Addressing those in attendance, Padre Phil Ralph, National Program Director for Wounded Warriors Canada added, "Canadians have lost more veterans to suicide than we lost in Afghanistan, and to Wounded Warriors Canada, and I think to you - that is simply unacceptable. That is why Wounded Warriors Canada will continue its mission to honour the fallen and to help the living."

"For the last number of years every time someone came along the Highway of Heroes, we had the answer to the question as to whether or not Canadians care," Ralph continued. "Canadians came out to those bridges not because there was a Government program, not because somebody organized it - they

came because they deeply care for veterans and their families. Today as you ride - and you see people come out - and if you've ever thought as a serving member, or as a veteran, that you are alone, look at the faces of the community - they care about you, and your families."

With one last reminder to obey all rules of the road, from MultiSport Canada Vice President and Operations Director Jason Vurma, riders took to their marks with John Salt, Founder and President of MultiSport Canada, providing the official countdown to kick-off the inaugural Highway of Heroes Bike Ride.

For further information on Wounded Warriors Canada, or to make a donation, visit the Wounded Warriors Canada website at <http://wounded-warriors.ca>



Padre Phil Ralph, National Program Director for Wounded Warriors Canada speaks about the importance of not feeling alone.

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Wine Glass Creations

Dates: Thursday, Oct. 13 - Halloween Design; Thursday, Nov. 17 Winter/Christmas Design. Time: 6:30 p.m. to 8:30 p.m. Cost: \$20/class, includes two (20 oz) glasses and painting supplies. Where: Trenton MFRC. Deadlines to register and pay: Oct. 6 and Nov. 10. For more information call 613-965-3575.

Creations de verres à vin

Dates: Jeudi 13 octobre Design pour Halloween; Jeudi 17 novembre Design hiver/Noël. Heure: de 18h30 à 20h30. Coût: 20,00\$/classe, comprend deux verres (20 oz) et matériel requis. Où: CRFM de Trenton. Dates limite pour inscription et paiement: 6 octobre et 10 novembre. Information : 613-965-3575.

Al Anon meeting

An Al Anon meeting will be starting at the Trenton MFRC. Al Anon meetings are open to the general public, offering strength and hope for friends and families of problem drinkers. Sept. 11 from 6:30 p.m. to 7:30 p.m. For more information, please contact Linda Reade 613-392-2811 ext 4583.

Limitless Youth Night

Every third Monday of the month from 6 p.m. to 8 p.m. Do you want to meet new people, play games and have some fun? Then this group is for you! Inclusive youth social night for children with special needs, their siblings and friends ages six to 11. For information, contact Orlana 613-392-2811 ext. 3953 or orlana.b@trentonmfr.ca

Possibilités Infinies

Une soirée pour les jeunes chaque 3me lundi du mois de 18h à 20h. Veux-tu te faire de nouveaux amis, jouer et avoir du plaisir? Alors ce groupe est pour toi! Un groupe social inclusif pour les jeunes ayant des besoins particuliers, leurs frères et sœurs et les amis de 6 à 11 ans sont les bienvenus. Pour information communiquer avec Orlana Bourgoin 613-392-2811 poste 3953 ou orlana.b@trentonmfr.ca

From the Ground Up

Learn to manage negative self-talk, effective communication and how to nurture healthy self-esteem and positive relationships. A 10

week program held on Mondays at 9:30 a.m. For more information, please contact Jaclyn Hunter - 613-392-2811 ext. 4017 or jaclyn.h@trentonmfr.ca.

Apprendre à grandir

Les participants apprendront comment éviter les pensées négatives, communiquer efficacement, améliorer la confiance en soi et entretenir de bonnes relations personnelles. Commençant lundi le 12 septembre à 9h30. Pour renseignement veuillez contacter Jaclyn Hunter 613-392-2811 poste 4017 ou jaclyn.h@trentonmfr.ca.

Family Cooking Classes

Monthly cooking classes are now available for children with special needs, their siblings and their parents. This program will help children develop independent social skills by teaching them about healthy eating and how to prepare meals. Oct. 15 and Nov. 19 from 11:30 a.m. to 1:30 p.m. at the 8 Wing Chapel.

Cours de cuisine familiale

Cours de cuisine mensuel maintenant offert pour les enfants ayant des besoins particuliers, aussi pour leurs frères et sœurs et leurs parents. Ce programme aidera les enfants à développer leurs aptitudes socia-

les indépendantes en leurs enseignant la saine alimentation et la préparation de repas. Le 15 octobre et le 19 novembre, de 11h30 à 13h30 à la chapelle de la 8e Escadre.

All Hands Drop-Off Childcare

This group is for children with special needs, their siblings and children of veteran families. Registration is required by noon the Friday before. This drop-off childcare is free of charge but parents must provide snacks and dinner. Starts Sept. 20 from 5 p.m. to 8 p.m., every third Tuesday of the month. For more information or to register your children please contact Orlana Bourgoin 613-392-2811 ext. 3953 or orlana.b@trentonmfr.ca

Halte-Garderie pour toutes les mains

Ce groupe est conçu pour les enfants ayant des besoins particuliers, leurs frères et sœurs sont aussi les bienvenus. La halte-garderie est aussi offerte aux enfants des familles des vétérans. Vous devez inscrire vos enfants avant le vendredi à midi. Le service est offert gratuitement mais les parents doivent apporter le repas et les collations. Débute le 20 septembre, chaque 3me mardi du mois de 17h00 à 20h00. Pour de plus amples renseignements communiquer avec Orlana Bourgoin 613-392-2811 poste 3953 ou orlana.b@trentonmfr.ca

Continued on page 17

Home of the Week
Your Building Renovation Experts



Plan No: 7-3-1002

In this attractive three-bedroom family home, the living area is on the main floor, with all the bedrooms on the second floor.

Entry is through a covered porch that leads to a front door with a side window. In the foyer, a coat closet is to the right, and beyond is the great-room complex, where French doors open on to a covered deck. The gas fireplace will make this room a magnet for family activities during the cooler months and, thanks to the open-plan design, its warmth will be felt all the way into the dining area.

The kitchen features an efficient L-shaped counter configuration, as well as

a window over the double sink. A prep island separates the kitchen from the dining area, and a corner pantry will provide always-welcome storage space. A doorway leads out to a covered porch and down to the back garden.

Adjacent is a two-piece lavatory and the laundry room, which can double as a mud room, thanks to the doorway to the single-vehicle garage.

A staircase from the foyer leads up to the bedrooms on the second floor, where the spacious master suite enjoys a view over the front garden. The walk-in closet will be commodious enough for any couple's clothing,

and the three-piece en-suite contains a linen closet.

The second and third bedrooms, located at the back of the home, share a three-piece bathroom with a linen closet nearby.

Exterior finishes include horizontal siding, with verti-

cal siding on the main gable and shingle accents. Brick-based pilasters flank the entry porch, and painted trim gives the home a crisp look.

This home measures 33 feet, six inches wide and 40 feet deep, for a total of 1,387 square feet.

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Welcome to The Contact newspaper's Community Events page! Thanks to the generosity of Smylie's Independent Grocer, we can, space permitting, feature public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. The Contact is always interested in what is going on in and around CFB Trenton. Please send your coming events (from blood donor clinics to tea parties) to us at cfbcontactnewspaper@gmail.com. Please include the date, time, and location of the event along with a brief description. Please do not send posters.

Fire Prevention Week 2016

This year's Fire Prevention Week is scheduled to run from the Oct. 9 until the Oct. 15. The theme for this year's event is "Don't wait, check the date!" As in prior years, the 8 Wing Fire Department will be holding fire drills at various buildings throughout the base. All Wing personnel are advised to review their work place Fire Orders in order to ensure they are familiar with the procedures to follow in the event of a fire. For further information please contact the Fire Prevention Office at local 7880 or 3910.

Semaine de Protection Contre L'incendie 2016

Cette année, la Semaine de prévention des incendies se déroulera du 9 au 15 octobre. Le thème de cette année est «N'attendez pas, regardez la date!». Tout comme les années précédentes, le service d'incendie de la 8e Escadre mènera des exercices d'évacuation dans divers bâtiments de la base. On conseille à tous les employés de l'Escadre de réviser les consignes d'incendie de leur lieu de travail afin de s'assurer qu'ils connaissent bien les procédures à respecter en cas d'incendie. Pour de plus amples information, veuillez communiquer avec le bureau de prévention des incendies aux postes 7880 ou 3910.

Oct. 10 – Trenton Knights of Columbus Blood Donor Clinic

The Trenton Knights of Columbus will hold a blood donor clinic at the Knights of Columbus Hall at 57 Stella Crescent from 1 p.m. to 7 p.m. All regular and new blood donors are welcome to attend.

Oct. 12 – 8 Wing Officers' Mess Ladies Club 'Apple a Day'

8 Wing Officers' Mess Ladies Club is presenting an "Apple a Day" by Dave Cheer of Cheer Farms and Apple Orchard. Topic for the event will be the history of apple varieties and their use. The meeting begins at 6:30 p.m. in the mess. Members are free, invited

guests of members are \$10. For more information, please contact chambersj@live.ca

Oct. 15 – Legion gift and Craft Show

Royal Canadian Legion Branch 110 light lunch gift and craft show hosted by the Ladies Auxiliary from 10 a.m. to 4 p.m. at 10 Quinte St., Trenton. Crafts available for sale will be Log Cabin Creations, handmade items, clothes, jewellery, cards, barn board crafts, Legion merchandise and much more. A great way to start your Christmas shopping. Something for everyone. For more information, call Beth at 613-392-3575.

Oct. 16 – Ostomy Support Group Montly Meeting

The Ostomy Support Group of Belleville and area will be holding it's monthly meeting on Sunday, Oct, 16 at 2 p.m. in room P10 in the Quinte Business Centre Building, Loyalist College. Remember you might not need us right now but others in the group could learn from your experiences. Please come and share your expert advice with other ostomates. We need you!

Oct. 21 – National Air Force Museum of Canada Foundation Fall Gala

The National Air Force Museum of Canada Foundation will be holding their fall gala, entitled "Out of This World, An Evening with Chris Hadfield," on Oct. 21 at the museum with doors opening at 6 p.m. Important featured guest for this event is Col. Chris Hadfield, astronaut and the first Canadian Commander of the International Space Station. Col. Hadfield will meet with guests and be available for a book signing. Tickets for this event are being sold for \$150 and can be purchased at the NAFMC, the Chamber of Commerce in Belleville and Trenton, as well as at Smylie's Your Independent Grocer or at nafmctickets@gmail.com. Money raised from the event will go towards supporting the NAFMF and the theatre campaign. For further information, please contact

Oct. 22 – Batawa Healing Light Wellness and Crystal Show

Healing Light Wellness and Crystal Show, Oct 22, 10 a.m. to 4 p.m. at the Batawa Community Centre, Trenton-Frankford Road, Quinte West. Free admission. Over 22 vendors with healing for body, mind and spirit. Also vendors with stones, gems and crystals. Mini-sessions in Reiki, Shiatsu, spiritual portraits, shamanic healing, numerology, Tarot, spirit reading, meditation, crystal chakra clearing, essential oils, teacup reading, personal counselling and more.

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Oct. 16 – St. Thomas' Choir Presents Evensong

St. Thomas' choir will premiere an Evensong setting by Canadian composer Jean LeBuis at St. Thomas' Church (201 Church Street, Belleville) at 4:30 p.m. LeBuis was a professor of organ, solfège and music theory at the Montreal Conservatory of Music. He has received several prizes and distinctions. A reception will follow.

Oct. 29 - Hallowe'en Dance

Hallowe'en dance Trenton Legion Branch 110 at 8 p.m. Come in co

Wing Logistics and Engineering Picture of the Week

Aviator (Avr.) Zachary Smith is observed by Master Warrant Officer (MWO) Charles Francis, Wing Telecommunications and Information Services Squadron (WTISS) Operations Sergeant Major, and Warrant Officer (WO) Lynn Otterson, Military Aeronautical Communications System (MACS) Supervisor, during a recent clean-up trip to Point Petre, Prince Edward County, Ontario. Point Petre is the location of the 8 Wing MACS transmitter site. Photo by MWO Michael Higgins





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Aquatic Programs

****New Inner Tube Water Polo League at the Quinte Sports and Social Club** – Monday, Oct. 17 to Nov. 28, 6 p.m. to 8 p.m. No Game on Oct. 31. Register a team or individual: <http://qssc.ca>

****New WaterArt** – Saturday, Sept. 24 and Sunday, Sept. 25 at 9 a.m. to 5 p.m. at the RecPlex. Register on-line at: http://www.waterart.org/events_info

SUPFIT Fitness plus Standup Paddleboarding (SUP) – Mondays, Sept. 26 to Sept. 31 from 4:30 p.m. to 5:30 p.m. or 5:30 p.m. to 6:30 p.m.

**** NEW Splash Pass – (Monthly)** – Includes admission to the pool during scheduled swims.

**** New Aquafitness Pass** – (10 classes) – Includes admission to Aquafit, Aqua Bootcamp and Aqua Zumba.

Fitness Programs

Yoga (W) Mondays, Sept. 26 to Nov. 14 from 12 noon to 1 p.m. at the RecPlex observation room or Tuesdays, Sept. 27 to Nov. 15 from 4:15 p.m. to 5:15 p.m. at the South Side Gym.

Spin (Trent Athletics) – Option 1: Tuesdays, Sept. 27 to Nov. 15 from 5 p.m. to 6 p.m. Option 2: Thursdays, Sept. 29 to Nov. 17 from 5 p.m. to 6 p.m.

Bootcamp (Trent Athletics) – Fridays, Sept. 30 to Nov. 18 from 4:30 p.m. to 5:30 p.m. at the RecPlex gym.

MFRC continued from page 15

PALS (Peers Assisting with Life Skills)

This program favorite is being extended to the children of medically released veterans, ages six to 11. Children learn resiliency and life skills such as dealing with stress, emotional regulation and communication skills. Dinner is provided. Membership: \$50/first child, \$80/two children, \$110/three of more children. Please note this program is open to children from military and veteran families. Sept. 9, 5:30 p.m. to 7:30 p.m. All About Me. Meet new friends and learn about the program. Oct. 14, 5:30 p.m. to 7:30 p.m. – Worries and Fears. Learn about why we get scared and ways to manage worries. Nov. 18, 5:30 p.m. to 7:30 p.m. – Compassion. Learn about caring for others and the benefits to ourselves. Register by email by the Monday before the program with Kendra at kendra.b@trentonmfrc.ca

AMIS (Aide sur les compétences de vie par les pairs)

Ce programme vedette se prolonge pour les enfants d'anciens combattants libérés pour raison médicale âgés de 6 à 11 ans. Les enfants apprennent sur la résilience et les compétences essentielles comme la gestion du stress, l'équilibre émotionnel et les aptitudes à la communication. Le souper est fourni. Adhésion : 50 \$/premier enfant, 80 \$/deux enfants, 110 \$/trois enfants et plus. Notez que ce programme est ouvert aux familles de militaires et d'anciens combattants. 9 septembre de 17 h 30 à 19 h 30 : Tout sur moi. Faites de nou-

****New Dodgeball league (Quinte Sports and Social Club)** – Thursday, Sept. 22 to Dec. 8 from 6 p.m. to 10 p.m. at the RecPlex gym. Register a full team or as an individual: <http://qssc.ca>

Wheelchair Rugby – Wednesdays, Sept. 28 to Nov. 16 from 6 p.m. to 9 p.m. at the South Side gym.

****New Land Fitness Pass (10 classes)** – Includes admission to "Wellness Fitness classes."

Children, Youth and Teen programs

Kids in the Kitchen – Wednesdays, Sept. 28 to Nov. 16 from six to eight years from 5 p.m. to 6 p.m. and nine to 12 years from 6 p.m. to 7 p.m. at the Chapel. Pre-register by Friday, Sept. 23. No drop-ins.

Basketball for Kids (eight to 12 years) – Wednesday, Sept. 28 to Nov. 16 from 5 p.m. to 6 p.m. at the RecPlex. Pre-register by Friday, Sept. 23.

Drop-in Youth Basketball (13 to 17 years) – Wednesday, Sept. 28 to Nov. 16 from 6:30 p.m. to 8 p.m. at the RecPlex.

RCAF Flyers Arena Programs

Mini Hockey - Ages four to six years – Friday, Sept. 30 to Nov. 18 from 4 p.m. to 5 p.m. or Sunday, Oct. 2 to Nov. 20 from 8:15 a.m. to 9 a.m.

Hockey Shooting Development – Saturday, Oct. 1 to Nov. 19, seven to nine years from 8 a.m. to 9 a.m.; 10

to 12 years from 9 a.m. to 10 a.m.

Hockey Goalie Training – Saturday, Oct. 1 to Nov. 19 from seven to nine years from 8 a.m. to 9 a.m.; 10 to 12 years from 9 a.m. to 10 a.m.

Figure Skating Drop-in – Oct. 2 to Nov. 20 from 9 a.m. to 11 a.m.

Learn to Skate for four to seven years – Saturday, Oct. 1 to Nov. 19 from 11 a.m. to 12 p.m. or Sunday, Oct. 2 to Nov. 20 from 11 a.m. to 12 p.m.

Learn to Skate eight-plus years – Saturday, Oct. 1 to Nov. 19 from 12 noon until 1 p.m. or Sunday, Oct. 2 to Nov. 20 from 12 noon to 1 p.m.

Parent and Child Skating Lessons – Oct. 1 to Nov. 19 from 10 a.m. to 10:30 a.m.; 10:30 a.m. to 11 a.m. and 1 p.m. to 1:30 p.m.

Shinny Hockey – Fridays, Sept. 30 to Nov. 18 – Tyke/Novice (under nine) from 5 p.m. to 6 p.m.; Atom (under 11) from 6 p.m. to 7 p.m.; PeeWee (under 13) from 7 p.m. to 8 p.m.

Family Skate – Saturday, Oct. 1 to Nov. 19 from 1:30 p.m. to 3 p.m. and Sunday, Oct. 2 to Nov. 20 from 1:30 p.m. to 3 p.m.

Services and Miscellaneous Information

**** New Birthday Parties** – Sport and Play; Play and Swim and Skating Party.

veaux amis et découvrez tout sur le programme. 14 octobre de 17 h 30 à 19 h 30 : Préoccupations et peurs. Découvrez la raison de vos peurs et apprenez à gérer vos préoccupations. 18 novembre, 17 h 30 à 19 h 30 : Compassion

Apprenez à avoir de la compassion pour les autres et les bienfaits que cela vous rapporte. Inscrivez-vous par courriel à kendra.b@trentonmfrc.ca d'ici le lundi précédent le début du programme.

Air Force Museum Tour

For children and families with special needs. Oct. 29 from 10 a.m. to 11:30 a.m. or 1 p.m. to 2:30 p.m. This one-time free event is a great opportunity for families with children with special needs to have a private tour through the National Air Force Museum of Canada. Children and families will have the chance to participate in fun activities such as learning about our military air force history, touring a HERC plane and participating in a scavenger hunt. For more information, please contact Orlana Bourgoïn 613-392-2811 ext. 3953 to register on line www.aose.eventbrite.ca

Visite du musée de la Force aérienne

Le 29 octobre de 10h00 à 11h30 ou de 13h00 à 14h30. Pour les enfants et les familles ayant des besoins particuliers. Cet événement GRATUIT et unique est une excellente occasion pour les familles qui ont des enfants ayant des besoins particuliers de faire une visite privée du musée national de la Force aérienne du Canada. Les enfants et les familles feront aussi des activités

amusantes dans le but de connaître l'histoire de l'aviation, visiteront un HERCULE et participeront à une chasse aux trésors. Pour information contactez Orlana Bourgoïn 613-392-2811 poste 3953 inscription en ligne www.aose.eventbrite.ca.

Trenton MFRC and Autism Ontario Present:

Brighton's Special Needs Parent Support Group every last Thursday of the month from 6:30 p.m. to 8 p.m. at the East Northumberland Secondary School in Brighton. This support group is for parents/grandparents/caregivers of children. Connect with other families in your community and discuss topics that effect and interest you. Gain support and insight from local families. This support group is for parents/grandparents/caregivers of children with all special needs. For information contact Orlana Bourgoïn 613-392-2811 ext. 3953.

Autisme Ontario et le CRFM de Trenton présentent:

Groupe de soutien pour les parents de personnes ayant des besoins particuliers à Brighton. Ce groupe de soutien et d'entraide est dédié aux aidants familiaux ou aux gardiens d'enfants ayant des besoins particuliers. Venez discuter de sujets qui vous intéressent. Le dernier jeudi du mois de 18h30 à 20h00 à la polyvalente East Northumberland à Brighton. Pour de plus amples informations contactez Orlana Bourgoïn 613-392-2811 poste 3953.

Classifieds

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 (English): 0900 h
 Messe Catholique
 (Anglais): 0900 h

Bilingual RC Sunday Mass
 (4th Sunday of each month): 0900 h
 Messe bilingue CR (4e dimanche du mois): 0900 h

RC Weekday Masses at 11:45 a.m.
 (usually on Tuesday, Wednesday and Thursday)
 Messes CR quotidiennes à 11h45
 (du mardi au jeudi habituellement)

Wing Chaplain/Aumônier de la 8e Escadre:
 Maj. (Rev/Rév) Roy Laudenorio



Unit Chaplains/Aumôniers des unités:
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 Capt (the Rev/Rév) Eric Davis
 Capt (the Rev/Rév) John Funelas
 Lt (N) (the Rev/Rév) Félix Roberge
 Lt (N) (the Rev/Rév) Mary Anne VanHeuvelen
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Safety

Don't let unsafe conditions and acts trip you up!



What's at Stake?
 Slips, trips and falls are the second-leading cause of workplace deaths, next to traffic incidents. They cause over 700 deaths every year, accounting for more than 15 per cent of all workplace fatalities. Slips, trips and falls are also the leading source of workplace accidents, with over 200,000 reported every year.

What's the danger?
 Slip, trip and fall hazards fall into two broad categories: unsafe conditions and unsafe acts. An unsafe condition is a condition of your workplace that's likely to cause injury or property damage. Unsafe conditions can cause slip, trip and fall hazards anywhere you walk and work, including:

- Office and shop floors
- Construction site grounds
- Parking structures
- Restaurant kitchens
- Loading docks and warehouses
- Hospital rooms and classrooms

Walking and working in these areas can become hazardous from one or more of these unsafe conditions:

- Unsafe floors and surfaces
- Unsafe stairs and railings
- Poor lighting

An unsafe act is a task or activity done in an unsafe or dangerous manner which can harm you or others. These acts include unsafe work practices, risky behaviors, shortcuts, and other human factors.

Examples of unsafe work practices include:

- Spilling coffee on the breakroom floor and not cleaning it up
- Mopping the floor and not putting out caution signs to warn people that the floor is wet
- Talking or texting on your cell phone as you walk
- Hurrying and not keeping your eyes on your path, especially when walking on uneven or slippery surfaces
- Not reporting the burned-out light-bulb in the stairwell

At work, not paying attention to where you are going or knowing where you should be is a risky and potentially deadly behavior. Other risky behaviors include rushing, running, and taking shortcuts.

Human factors are personal characteristics, traits, or conditions which can affect how you do your job and in-

crease your risk of a slip, trip, or fall. Age, eyesight, physical condition and medications you take are examples of human factors.

How to protect yourself
 Preventing slips, trips, and falls starts with identifying the hazards around the workplace. These hazards may involve unsafe conditions or unsafe acts. Once slip, trip and fall hazards are identified, your employer must do one or more of the following:

- Eliminate the hazard through engineering controls, such as slip resistant flooring
- Minimize the risk of injury through administrative controls and safe work practices, such as providing wet-floor signage
- Provide training on hazards, safe work practices, and the use of personal protective equipment;
- Protect employees against injury by providing personal protective equipment

Final word
 Avoiding unsafe conditions and not participating in unsafe acts can help you avoid falling for slip, trip and fall hazards on the job.

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Canadian Aerospace Artists visit the National Air Force Museum of Canada and 8 Wing

By Elizabeth McRae, Secretary/Treasurer, Canadian Aerospace Artists Association

Chris Colton, Executive Director of the National Air Force Museum of Canada, met with members of the Canadian Aerospace Artists Association (CAAA) on Sept. 15.

Mr. Colton welcomed the artists to the museum, where he gave a brief overview of the work of the organization and its current restoration projects. The artists toured the museum grounds. There was lots of creativity on display, as they painted, sketched and photographed items from the collection.

Among the artists in attendance were Ardell Bourgeois, the current President and Col. (Ret.) Layne Larsen, editor of the CAAA newsletter *Aerial Views*. Copies of the newsletter are available in the museum collection. Of note, the museum's permanent collection contains original art by two members in attendance, Layne Larsen and S/L (Ret.) Don Connolly.

Thursday morning, Sept. 16, the group was given a tour around 8Wing/CFB Trenton. Under the direction of Capt.

Mike Munroe, they visited a Hercules, a Griffon, a Tutor, and viewed the work of the Aerospace and Telecommunications Engineering Support Squadron's (ATESS) Recovery and Salvage unit. Many staff from 424 Sqn, 436 Sqn, and ATESS participated in the tour and answered questions.

After lunch, Maj. William March talked about a series of exciting, upcoming events, under the banner Royal Canadian Air Force (RCAF): History and Heritage: Flight Plan 2024. He provided an overview of upcoming projects to commemorate the history of and highlight the future of the Royal Canadian Air Force. Association members were particularly interested in potential artistic proposals. They offered to provide contact information and submission ideas to Maj. March. Collaboration between the artists and Maj. March was a welcome outcome of this presentation. DonnCo

The connection between 8 Wing Trenton and the CAAA goes back to 1997, almost 20 years. The founding members of the CAAA met at CFB Trenton, in 1997. During that visit, the artists took a flight over the St. Lawrence in a Hercules from 436



Outside the museum, from left to right are: Layne Larsen, Executive Director, Chris Colton, Dale MacMullin, Martin Myers, Doby Dobrastanski, Liane Connolly, Don Connolly, Ardell Bourgeois. Photos by Elizabeth McRae

Transport Squadron. Members still have vivid memories of this adventure.

The Association holds annual meetings across Canada. In 2013, they met at the Shearwater Aviation Museum, in Shearwater, NS. In 2014, they met in Winnipeg, MB, at the Royal Aviation Museum of Western Canada. Last year was a successful meeting at Ste.

Anne de Bellevue, QC, at the CAHC: Montreal Aviation Museum/Musée de l'aviation de Montréal. At the Winnipeg and Ste. Anne Museums, in addition to meetings and speakers, they mounted displays of current artwork.

The members wish to thank the staff and volunteers of the

base and museum for making this opportunity available.

You can "like" us on Facebook at **Canadian Aerospace Artists Association**. We post original artwork, archival information, aviation news and member updates.

Or, you can visit the website at www.aviationartists.ca.



Capt. Erin Chapman, of 424 Sqn, gave an animated description of her work in ATESS. She is shown here with her CH146 Griffon Search and Rescue Helicopter.

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16 NISSAN MAXIMA SV

28581E Factory remote start, alloys, push btn start, leather, heat seats/steering, rev cam, park aid, Bluetooth, cruise, touch screen, drive mode select, auto, 3.5 6cyl, FWD, sedan, keyless entry, fog lights, airbags, traction ctrl, pwr seats/windows/locks/mirrors, lumbar support, height adj seat, AC, dual climate. 22,738 km.

\$29,995
\$181
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



12 HYUNDAI GENESIS

28571 Auto 3.8, 6cyl GDI, FWD, alloys, pwr roof/seats/windows/lock/mirrors, push btn start, leather, heated seats/rear seats, nav, rev camera, park aid, Bluetooth, cruise, Lexicon snd, touch screen, keyless entry, fog lights, air bags, traction ctrl, height adjust seat, AC, dual climate, MP3, sat radio, steer wheel ctrs. 66,441 km.

\$16,995
\$151
bi-weekly
60 mths @ 5.9%
0 DOWN + HST



13 FORD C-MAX ENERGI

28691 Factory remote start, push btn start, leather, heated seats, rev camera, park aid, sync, pwr liftgate/seats/windows/locks/mirrors, active park assist, Sony snd, Eco cruise, touch screen, glass roof, auto 2.0, 4cyl, FWD, keyless entry, alloys, fog lights, air bags, traction ctrl, AC, dual climate, MP3, sat radio, nav ready. 41,697 km.

\$18,495
\$141
bi-weekly
72 mths @ 5.9%
0 DOWN + HST



13 CADILLAC ATS LUXURY

28616 Factory remote start, alloys, push btn start, heat seats/steering, rev cam, park aid, Bluetooth, On-Star, cruise, touch screen, auto, 2.5 4cyl, FWD, sedan, keyless entry, tint windows, airbags, trac ctrl, leather, bucket seats, pwr seats/windows/locks/mirrors, height adj seats, AC, dual climate, MP3, sat radio. 58,565 km.

\$18,995
\$145
bi-weekly
72 mths @ 5.9%
0 DOWN + HST



12 MAZDA 3 GX

28324 5spd manual, alloys, AC, Bluetooth, cruise, 2.0 4cyl, FWD, sedan, keyless entry, airbags, trac ctrl, bucket seats, height adj seat, MP3, ext temp gauge, pwr windows/locks/mirrors, steer ctrl, tilt steer. 110,157 km.

\$7,995
\$71
bi-weekly
60 mths @ 5.9%
0 DOWN + HST



16 JEEP WRANGLER UNLIMITED

28797 Manual 6spd, 4x4, alloys, Willy's, AC, U-connect, heated mirrors, running boards, fog lights, tint windows, airbags, trac ctrl, height adj seat, sat radio, compass, ext temp gauge, pwr windows/locks/mirrors, steer ctrl, tilt steer. 3,139 km!!!

\$40,995
\$248
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



16 TOYOTA RAV4 LE

28861E Auto, AC, Bluetooth, cruise, 2.4 4cyl, AWD, keyless entry, tint windows, airbags, trac ctrl, econo mode, bucket seats, height adj seat, MP3, compass, ext temp gauge, pwr windows/locks/mirrors, steer ctrl, tilt steer. 16,899 km.

\$25,495
\$154
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



16 TOYOTA RAV4 LE

28859E AWD, alloys, AC, Bluetooth, cruise, auto, 2.5 4cyl, keyless entry, rear spoiler, tint windows, airbags, trac ctrl, econo mode, height adj seat, MP3, compass, ext temp gauge, pwr windows/locks/mirrors, steer ctrl, tilt steer, curb side mirrors, sport mode. 18,400 km.

\$25,495
\$154
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



11 MITSUBISHI RVR SE

28875 Auto, 4x4, alloys, heat seats, AC, Bluetooth, cruise, 2.4 4cyl, keyless entry, fog lights, tint windows, airbags, trac ctrl, height adj seat, MP3, external temp gauge, steer ctrl, tilt steer. 94,489 km.

\$12,995
\$116
bi-weekly
60 mths @ 5.9%
0 DOWN + HST



17 HYUNDAI SANTA FE SPORT

28826 4cyl GDI, AWD, alloys, heat seats/steering, rev cam, park aid, Bluetooth, cruise, blindspot detect, hill descent, rear cross traffic alert, auto, 2.4, keyless entry, fog lights, tint windows, airbags, trac ctrl, woodgrain trim, econo mode, pwr seats/windows/locks/mirrors, height adj seat, AC, dual climate. 4,913 km.

\$29,695
\$179
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



15 CHRYSLER T & C TOURING L

28389 factory remote start, alloys, pwr roof/seats/windows/locks/mirrors/sliding doors/liftgate, push btn start, leather, Sto'n'Go, heated seats/mirrors/steering, DVD x2, nav, rev camera, U-connect, cruise, rear sun visors, touch screen, hill start assist, auto, 3.6 6cyl, FWD, keyless entry, flex fuel, roof rack. 25,688 km.

\$27,995
\$169
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



16 DODGE GRAND CARAVAN CREW

28395 Sto'n'Go, heated seats/mirrors/steering, rev cam, U-connect, cruise, touch screen, hill start assist, auto, 3.6 6cyl, FWD, keyless entry, flex fuel, roof rack, alloys, fog lights, tint windows, airbags, trac ctrl, woodgrain trim, econo mode, pwr seats/windows/locks/mirrors, AC, dual climate, rear air ctrl. 23,134 km.

\$24,995
\$151
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL

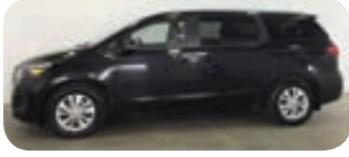


15 CHRYSLER T&C PREMIUM

28308 Factory remote start, alloys, pwr roof/liftgate/seats/windows/locks/mirrors, push btn start, leather trim seats, sto'n'go, nav, rev cam, heat seats/rear seats/mirrors, DVDx2, rear window visors, touch screen, hill start assist, auto, 3.6, 6cyl, FWD, keyless entry, roof rack, airbags, u-connect, cruise. 22,177 km.

\$30,495
\$184
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



16 KIA SEDONA LX

28370E Auto, 6cyl GDI, FWD, alloys, heated seats, rev camera, park aid, Bluetooth, cruise, touch screen, keyless entry, rear spoiler, air bags, econo mode, pwr seats/windows/locks/mirrors, AC, rear air ctrls, MP3, sat radio, ext temp gauge, steer wheel ctrls, tilt steering. 37,135 km.

\$23,995
\$145
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



15 CHEVROLET CITY EXPRESS LS

28119 AC, park aid, Bluetooth, cruise, auto, 4cyl, FWD, hubcaps, air bags, traction ctrl, vinyl floor, height adjust seat, CD, pwr windows, steer wheel ctrls, curbside mirrors. 17,129 km.

\$18,495
\$112
bi-weekly
96 mths @ 5.9%
0 DOWN + HST



14 FORD F150 FX4

28553 Factory remote start, crew cab, leather trim seats, heated seats, nav, rev camera, park aid, sync, cruise, touch screen, auto, Sony snd, 6cyl, 4x4, short box, keyless/keypad entry, eco boost, trailer hitch, tonn cover, box liner, alloys, air bags, pwr seats/windows/locks/mirrors, vented seats, AC, dual climate. 105,073 km.

\$34,995
\$235
bi-weekly
84 mths @ 5.9%
0 DOWN + HST



16 NISSAN FRONTIER SV

28356E, Crew cab, AC, Bluetooth, cruise, Auto, 6cyl, 4x4, keyless entry, short box, box liner, alloys, tinted windows, airbags, trac ctrl, CD, MP3, satellite radio, pwr windows/locks/mirrors, heated mirrors, steering ctrls, tilt steering, hill descent ctrl. 14,410 km.

\$28,995
\$175
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



14 GMC SIERRA ALL TERRAIN

28710A Factory remote start, crew cab, leather trim seats, heat seats, rev cam, park aid, OnStar, cruise, Bose snd, touch screen, hill descent ctrl, tow/haul mode, auto, 5.3, 8cyl, 4x4, keyless entry, short box, trailer hitch, box liner, alloys, fog lights, airbags, trac ctrl, pwr seats/windows/locks/mirrors, AC, MP3, sat radio, ext temp gauge. 62,041 km.

\$45,995
\$309
bi-weekly
84 mths @ 5.9%
0 DOWN + HST



15 DODGE RAM 1500 SPORT

26414 Auto, 4 dr, 8 cyl, 4x4, HEMI, keyless entry, crew cab, short box, box liner, trailer hitch, tow/haul pkg, alloys, air bags, traction ctrl, AC, MP3, sat radio, u-connect, touch screen, pwr seats/windows/locks/mirrors, heated mirrors, cruise, steering wheel ctrls, tilt steering. 19,751 km.

\$36,995
\$223
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

PREVIOUS DAILY RENTAL



15 CHEVY SILVERADO 1500

28768 4x4, crew cab, alloys, AC, cruise, auto, 4.3, 6cyl, short box, flex fuel, trailer hitch, tonneau cover, box liner, airbags, trac ctrl, vinyl floor, bucket seats, height adj seat, MP3, ext temp gauge, pwr windows/locks/mirrors, steer ctrl, tilt steer. 25,556 km.

\$29,995
\$181
bi-weekly
96 mths @ 5.9%
0 DOWN + HST

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