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Trenton welcomes Afghanistan veterans home

See more photos on page 13



Col Sean Friday and Chief Warrant Officer Sandor Gyuk salute after laying a wreath at the cenotaph in Trenton Saturday.

Community expresses thanks for sacrifices of veterans and their families

By Ross Lees

Quinte West jumped at the opportunity Saturday to welcome home surviving veterans from the Afghanistan war.

This community has become known for its stirring repatriation ceremonies, but this once they had the opportunity to say "welcome back" to the many survivors of the conflict... a message they sent with heartfelt abandon.

As approximately 170 military personnel marched through downtown Trenton, spectators applauded and waved Canadian flags, followed by a stirring Legion-led memorial service held at the cenotaph.

During the memorial service, Padre Tim Hayward put into words the dilemma of many present – the confusion about remembering and celebrating at the same time. He said so often Trenton had been the place where soldiers' bodies were returned to Canadian soil prior to being driven down the Highway of Heroes. He also spoke of the many wounded military personnel who returned home through Trenton, adding it was a pleasure to celebrate the safe return of this mission's survivors and to thank them and their families for their service.

Padre Hayward said, "We're here today to say thank you for

Cont'd on page 13

Members of the community wore red to show their support of the veterans and are pictured here standing beneath visible signs of support for the military effort from Quinte West.

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Joint Task Force Afghanistan Air Wing closes

By Captain Nicole Meszaros

As a familiar tune rang out across the tarmac, a formidable formation stood down.

The parade marking the end of the Joint Task Force Afghanistan Air Wing took place on Aug. 18 in the dusty gloaming of the north side of the Kandahar Airfield, with some 150 airmen, airwomen and soldiers at attention, organized in proud flights.

The familiar, soaring melody of the Royal Canadian Air Force Marchpast reminded us all of every parade we had ever been part of on Canadian aerodromes. But on that August day in Kandahar, we received a message quite unlike any communicated on a parade in Canada. After 32 months of first-class support to combat operations in a country where Canada has been part of a major coalition effort for nearly 10 years, the Joint Task Force Afghanistan Air Wing was closing its headquarters and winding up its existence.

Two of the Air Wing's three flying squadrons have already left Afghanistan. The Canadian Helicopter Force Afghanistan conducted its last flights on July 27 and is now in the process of returning to Canada. The Canadian Heron UAV Detachment ceased operations on July 7. Only the Tactical Airlift Unit, equipped with the CC-130 Hercules, is still flying missions, both for the International Security Assistance Force in southern



Photo: MCpl Dan Shouinard

As part of the ceremony marking the stand-down of the Joint Task Force Afghanistan Air Wing, Col Al Meinzingher hands over the official Air Wing hockey stick, in its swaddling of RCAF tartan, to Maj Spencer Selhi of the Tactical Airlift Unit, the last Canadian Forces unit still flying in Afghanistan.

Afghanistan and in support of *Operation ATTENTION* in Kabul.

The Air Wing stand-down ceremony was the last event of a week that began with the return of the three environmental commands of the Canadian Forces to

their pre-Unification names: Canadian Army, Royal Canadian Navy and Royal Canadian Air Force, or RCAF. As presiding officer, Major-General Yvan Blodin, the Assistant Chief of the Air Staff, chose to celebrate this change when he

addressed the parade as presiding officer.

"The Royal Canadian Air Force is strong, and you airmen and airwomen standing before me today have brought us back to our best. We are as good today

Cont'd on page 17

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Photos: Cpl Roxanne Shewchuk

Op JAGUAR: Task Force Jamaica conducts first mission

By Captain Steven Dieter

Tuesday, Aug. 23, was a big day for Task Force Jamaica.

In the morning, the CH-146 Griffon helicopter detachment declared full operational capability and formally raised the Maple Leaf flag at the Canadian compound at Up Park Camp, the home of the Jamaica Defence Force Air Wing. That afternoon, the task force conducted its first no-duff medevac mission.

The call from the Jamaica Defence Force (JDF) came in at 1 p.m. local time: a patient with kidney failure could not be stabilized at the health centre in tiny St. Ann's Bay, on the island's north coast, and needed the facilities and expertise of the University Hospital of the West Indies in downtown Kingston, on the south coast. The crew of five - two pilots, one flight engineer and two search-and-rescue technicians - took off immediately.

This first mission would not have a happy ending. The patient died while the Griffon was still on the ground in St. Ann's Bay despite the efforts of the SAR technicians, who strove for 20 minutes to revive him.

"The SAR techs did more than they could, given the circumstances," said aircraft commander Major Alain Tanguay, noting that the St. Ann's Bay medical team thanked them for their hard work.

The sad conclusion of the afternoon mission could not have been more different from the tone set that morning. Lieutenant-Colonel Christian Lalande, Commander of Task Force Jamaica, declared full oper-

ational capability (FOC) at 7:30 a.m., less than four days after the achievement of initial operational capability. FOC means that the task force can guarantee round-the-clock coverage to satisfy requests for search-and-rescue and humanitarian assistance support.

In the morning's intense heat, the JDF Air Wing area of Up Park Camp was the scene of a formal ceremony in which the Canadian and Jamaican flags were raised over the Canadian compound. Guests of honour included High Commissioner Stephen Hallihan, the Canadian Head of Mission in Jamaica; Brigadier Rocky Meade, the Acting Chief of the Defence Staff of Jamaica; and Colonel Laurent Caux, the Canadian Defence Attaché for the Caribbean region.

High Commissioner Hallihan spoke of the longstanding history between the two nations, noting that

2012 would mark 50 years of diplomatic relations between the two Commonwealth nations. When the order to dismiss was given, the members of the Canadian and Jamaican flights on parade crossed the square to shake hands, laughing and smiling.

Task Force Jamaica deployed in early August with 56 Canadian Forces members and three CH-146 Griffon helicopters to provide military aviation and search-and-rescue support to the Government of Jamaica and the JDF, and to conduct essential training for Canadian Forces search-and-rescue teams. The aircraft and personnel of Task Force Jamaica will return to Canada at the end of November, or when the Jamaica Defence Force Air Wing search-and-rescue capability is sufficiently restored to meet operational requirements, whichever date is sooner.



LCol Christian Lalande, commander of Task Force Jamaica, presents the CEFCOM Chief Warrant Officer's Coin to Lt Jermaine Francis, a pilot with the Jamaica Defence Force Air Wing, in recognition of Lt Francis' outstanding work for the task force during its first days on the ground. Lt Francis recently completed training in Gagetown.

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Laps for Lauren honour corporal's magnificent fight

By Lt(N) Nicole Murillo and Charlotte Weaver

Just a few weeks shy of her 25th birthday on June 4, 2011, Corporal Lauren Weaver lost her well-fought battle with cancer. Lauren was diagnosed with breast cancer in Comox in February of 2010, at the young age of 23. Upon hearing this devastating diagnosis, Lauren was determined to fight this battle to the very end.

Lauren decided to return to Ontario where she could receive her treatments near her family and friends. In March of 2010 she underwent six rounds of the most intensive chemotherapy available, followed by a double mastectomy and reconstructive surgery in the fall.

After Lauren's surgery, she requested a posting to 8 Wing Trenton, where she decided to reward herself for a battle well-fought by purchasing and building her first home. Throughout the winter of 2011, she anxiously awaited the completion of her home when her cancer resurfaced, but this time it had spread throughout her body very aggressively.

Again, Lauren was more determined than ever to try any and all options to beat this terrible disease. She experimented with different alternative and homeopathic treatments; spent a week back in Vancouver learning how to restore the mind, body and soul at Inspire Health for cancer patients and went through five rounds of difficult radiation treatments.

The Laps For Lauren team began in September 2010 at the Relay For Life in Campbellford. The team was recognized as the top fundraising team of the event raising over \$5000 for the Canadian Cancer Society. To commemorate Lauren's life, the Laps for Lauren team will participate in this event again with the aim of raising more funds for cancer research.

To make a donation to the Laps for Lauren Relay for Life Team, please visit www.convio.cancer.ca and choose Relay For Life>Fight Back>Pledge a participant or team and search for Laps for Lauren.



Lauren and Lincoln



Cpl Lauren Weaver

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The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work.

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• Do not include clip-art or graphics within your typed pages. Additional graphics/ logos may be sent as separate files.

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Dave Hadfield is pictured here with the Cornell he is flying.

Yellow Wings display a golden opportunity for museum visitors

By Ross Lees

There were more than a few people lifting unbelieving eyes to the sky on Aug. 26.

More than one person was heard to exclaim, "Is that a Tiger Moth?"

And indeed, it could have been.

The Yellow Wings display at the National Air Force Museum of Canada on Friday celebrating the 75th anniversary of the British Commonwealth Air Training Plan (BCATP) featured the Harvard, Stearman, Fleet Finch, Fairchild Cornell and the Tiger Moth, all of which flew in for the display. Sponsored by Vintage Wings, a charitable foundation supported by private donations, the Yellow Wings project is a dream come true for some of the pilots.

Dave Hadfield, the flight leader, took over in Windsor on Aug. 7 and the aircraft have been touring south western Ontario ever since. They have been visiting old World War II airfields that were homes to the British Commonwealth Air Training Plan (BCATP) schools and making connections with people, according to Hadfield.

"We're trying to make people aware of their history and heritage, of the fact these fields made a prime contribution to the war victory," he noted. "These were the 'aerodromes of democracy,' as (British Prime Minister Winston) Churchill called them."

These airfields were part of a gigantic effort which involved almost 360 units and schools operating from over 230 sites. More than 100 airfields were constructed and more than 200,000 air and ground crew were trained on these fields, including 50,000 pilots.

According to Hadfield, the plan was fully operational 18 months after the deal was signed in 1939, a "monumental achievement" he termed "completely successful."

The plan stemmed from something Churchill said as the war began. He apparently told his Canadian advisors, "Don't send me 10 pilots now, send me 10,000 in a year."

"And we did," Hadfield states.

These airfields also produced 9,000 American pilots before Pearl Harbor, Hadfield reveals.

"It was illegal to recruit American citizens," Hadfield recalls, but that didn't stop the enterprising Canadians. They set up shop in a large and prominent hotel in New York, where they were "ostensibly hiring for airlines," he notes with just a slight smile.

Hadfield is flying the Cornell during this barnstorming event. He normally instructs on the Finch and the Tiger Moth, but he really enjoys this flying experience on an entirely rebuilt aircraft with just 100 flying hours registered to it.

Hebb Russell is the pilot of the Fleet Finch and, when asked how he's enjoying it, his eyes twinkle and he replies, "I'm having the time of my life."



The Yellow Wings display at the National Air Force Museum of Canada Aug. 26 attracted the attention of aircraft buffs to see aircraft like this Stearman in the foreground and the Spitfire in the background.

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Patrolman Cpl Brandon Long is seen here with a car in front of the 21 MP Flt.

Military Police restructuring now complete

By MCpl Franco Fabris

The Canadian Forces Provost Marshal (CFPM) assumed full command of all Military Police on April 1, 2011.

This restructuring created, among other things, the Air Force Military Police Group (AF MP Gp), Commanded by LCol David Shuster, which is a formation with the mandate to provide policing and security services to the Air Force. The formation is comprised of a HQ in Winnipeg and three subordinate units: 1 MP Sqn (Cold Lake), 2 MP Sqn (Trenton), and 3 MP Sqn (Greenwood). Under each MP Sqn, individ-

ual MP Flts are tasked with normal policing and security operations for their respective Wings.

So how does this restructuring affect you?

In short, from a day-to-day policing perspective, it does not. Under the restructuring, what was once called the 8 Wing SAMP Flt, or 8 Wing MP Detachment, is now called the 21 MP Flt and its Officer Commanding is Lt Benjamin Kelly. They will continue to deliver day-to-day MP services to the 8 Wing AOR, including Middleton Park and CFS Alert. All MP related inquiries are to be directed to the 21 MP Flt 24/7 dispatcher at (613) 392-2811, ext

4444 or 7153 (non-emergency) and, as always, dial 911 for emergencies.

As for 2 MP Sqn, its role is to provide support, direction and guidance on MP policy and issues to the three MP Flts under its command: 21 MP Flt (Trenton), 22 MP Flt (North Bay), and 23 MP Flt (Winnipeg). It does not provide MP services to 8 Wing, which is a function of 21 MP Flt. The 2 MP Sqn is commanded by Maj Marc St-Pierre and is located behind the Officer's Mess at 190 A, B, and C Yukon St, 8 Wing Trenton.

For more information on the restructuring, or the role of the 2 MP Sqn, contact WO Menard at ext 3345 or visit the CFPM website.

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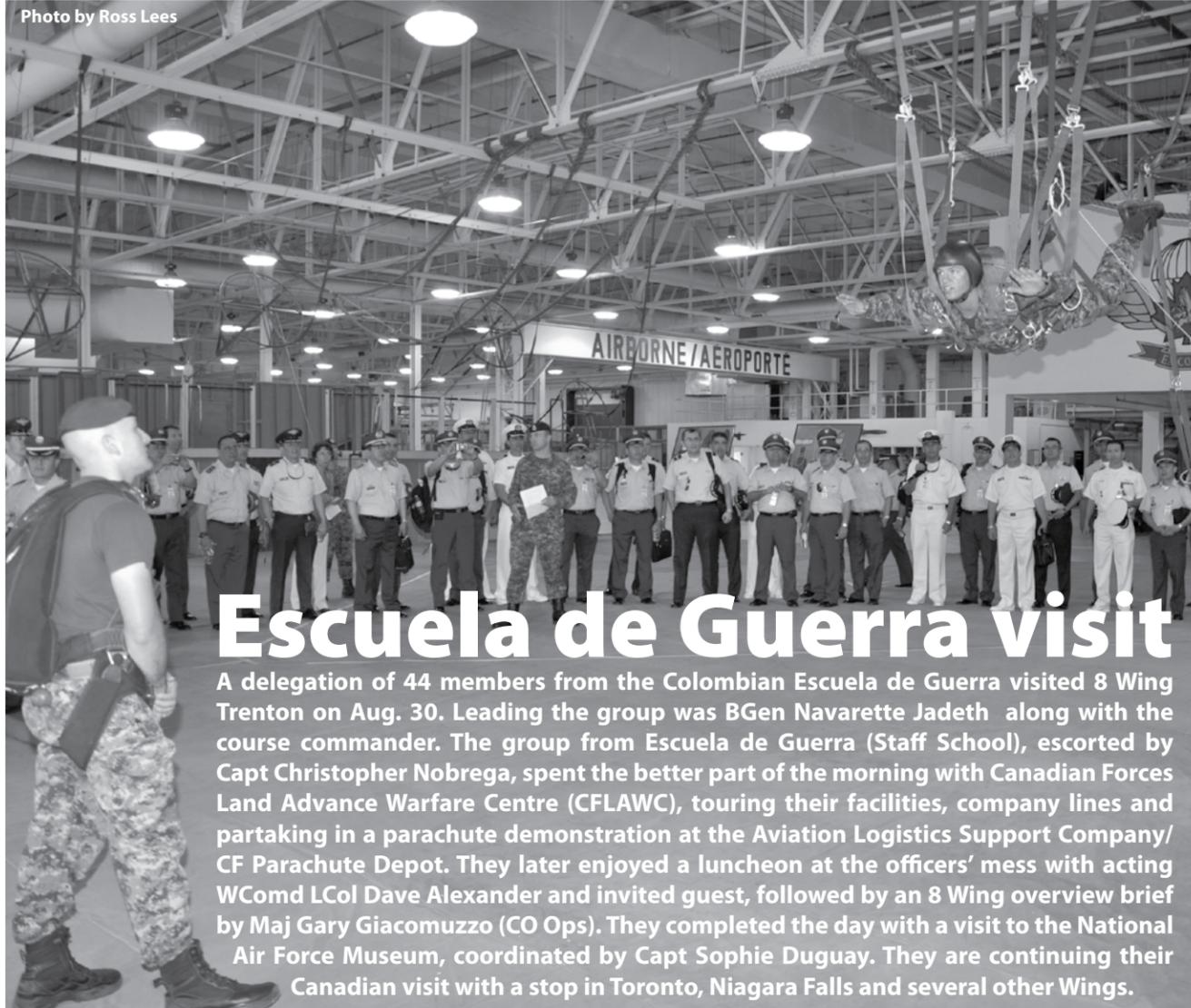


Photo by Ross Lees

Escuela de Guerra visit

A delegation of 44 members from the Colombian Escuela de Guerra visited 8 Wing Trenton on Aug. 30. Leading the group was BGen Navarette Jadeth along with the course commander. The group from Escuela de Guerra (Staff School), escorted by Capt Christopher Nobrega, spent the better part of the morning with Canadian Forces Land Advance Warfare Centre (CFLAWC), touring their facilities, company lines and partaking in a parachute demonstration at the Aviation Logistics Support Company/CF Parachute Depot. They later enjoyed a luncheon at the officers' mess with acting WComd LCol Dave Alexander and invited guest, followed by an 8 Wing overview brief by Maj Gary Giacomuzzo (CO Ops). They completed the day with a visit to the National Air Force Museum, coordinated by Capt Sophie Duguay. They are continuing their Canadian visit with a stop in Toronto, Niagara Falls and several other Wings.

CF sports award recipient

Cpl Jacques Caron, reservist fire-fighter from 8 Wing Trenton, receives the 2011 Canadian Forces Award for dedication to sport, more precisely basketball, from Joanne Thibeault, director of sports, recreation and messes.

This award is given each year to an individual who has been a strong supporter of the CF basketball program. He has been the CF basketball referee-in-chief for the past five years and during the past 30 years, he provided countless hours of training and support to military and civilian officials.

Cpl Caron consistently demonstrated strong communication and leadership skills while interacting with sports program leaders at all levels of the organization. He used initiative to seek professional development opportunities to broaden his abilities and increase the capacity of the basketball program.



Cpl Caron is truly dedicated to the fulfilment of the CF sports program and his efforts in making the Canadian Forces basketball program a success are greatly appreciated. He is indeed a credit

to both the Canadian Forces and to the Department of National Defence and a worthwhile recipient of the 2011 Canadian Forces award for dedication to sport.

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Image: Department of National Defence

Tasty treat raises funds for Afghanistan Memorial Wall

By Ross Lees

Contractors building the new Air Mobility Training Centre (near the Wing hospital) came up with a fantastic way to raise funds for the Afghanistan Memorial Wall in Bain Park on Aug. 25.

They held a barbecue - \$5 for two hamburgers and a pop - a deal a lot of base personnel just could not pass up.

The AMTC will be the state of the art facility which will house equipment and personnel required to train operators and maintainers of the CC-130J

aircraft. Building construction will be completed later this year.

Those supporting the barbecue were given a chance to get a sneak peek inside the maintenance hangar portion of the building while simultaneously donating to a worthy cause.



Photo: Ross Lees

Burger-meisters Chris Rose (with the tongs), an electrician, and Kara Dafoe (foreground), a student, were kept busy Aug. 25 serving up burgers as contractors for the new Air Mobility Training Centre held a barbecue with proceeds going to the Afghanistan Memorial Wall in Bain Park



PO1 Allingham, LS Salajko, and PO2 Sevic, Port Inspection Divers from across Canada replace one of CFS Alert's water pumps. One of Alert's essential services, the pump brings fresh water from Upper Dumbbell Lake through a pipeline to the station where it is treated before being distributed. Allingham HMCS Chippawa (in water), Sevic HMCS Malahat (in water), LS Salajko HMCS Star (on shore).

436 Squadron promotions



Pte Boucher receives his first "hook" as he is promoted to Private Trained from LCol Keiver, CO of 436 (T) Sqn



Pte Fredette receives his first "hook" as he is promoted to Private Trained from LCol Keiver, CO of 436 (T) Sqn



Cpl Judd receives his promotion to Cpl from LCol Keiver, CO of 436 (T) Sqn

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Tuesday senior league start 1 p.m.,
Tuesday Brighton senior league starts at 4 p.m.,
Wednesday special olympic 4 p.m., Thursday ladies 12:30 p.m.
Friday senior start a 1 p.m.

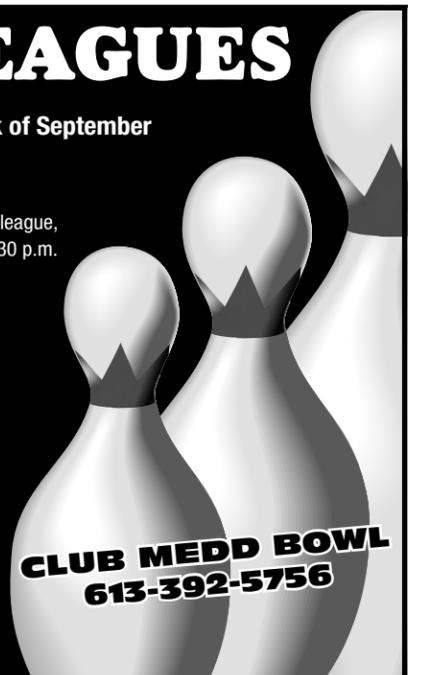
Youth Leagues

Peewee (age 4-7), bantam (age 8-10), junior (age 11-13) and senior league (age 14-18) register at noon - 4 p.m.
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Philip Rossignol, 3, gets his face painted by Lexie Howard while two-year-old Teaghan Howard looks on.



Two-and-a-half-year-old Landon Boyer concentrates on what is going on around him at the ATESS family day.



These three elastic slingers are concentrating on hitting the targets. Samuel Bouffard, left, Gavin Twiss, centre, and Jaxon Twiss were hard to dislodge from this game.

Ethan Travis, 3, finally gets the hang of archery.

(Centre) Three-year-old Morgan Foster models her painted face and the balloon butterfly she received at the ATESS family day Aug. 26.

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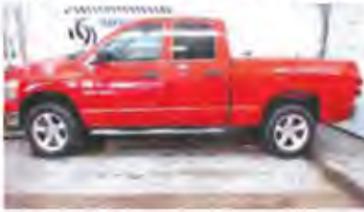
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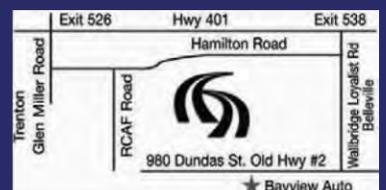
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SAR Tech skydiving team golden in Alberta

By Ross Lees

A Search and Rescue team called Pararescue consisting of Master Cpl. Kevin O'Donnell of 424, Squadron CFB Trenton, Sgt. Lee Bibby, 417 Squadron, CFB Cold Lake, and Sgt. Eric Dinn, 442 Squadron, CFB Comox, won a gold medal at the Canadian National Parachuting Championships on July 15-25, at the Edmonton Skydive Centre in Westlock, AB.

With the win, the team now advances to the World Championships in Dubai, United Arab Emirates, in 2012.

Weather played a big part in the competition.

"For the first two days, we were stuck on the ground waiting for the weather to be more favourable," he told *The Contact*.

Following the competition delay, the team did a couple of practice jumps the day prior to the jumps being judged. With time at a premium, the team decided when the weather cleared they would do all eight competition jumps in one day because they all had prior scheduling commitments at their home bases.

"We started early in the morning and finished just before supper time," O'Donnell said, admitting that kind of work is taxing.

"Canopy relative work is hard on the body," he said. "You have to have a strong upper body."

At the same time, the team is in competition mode, so they add even more stress to themselves as they try to do as well as they can within the

tight timeframe while competing in a discipline called the two-way sequential canopy formation.

A typical skydive competition consists of the three team members climbing to 8,000 feet in an aircraft, when 90 seconds of working time begins after the first jumper exit the aircraft. The third member of the team is the camera man, who has 30 seconds to open his parachute, turn 180 degrees and form up behind the other two parachutists, who then begin to build formations for points.

The cameraman films everything for the next 60 seconds as the remaining team members try to build as many formations for points as they can in that timeframe.

Once the team lands, the camera man presents the footage to the judges for uploading into their computer system to be reviewed and scored.

The team then packs their parachutes and begins the whole process over again using different formations to try and score maximum points.

Formations are set by a panel of judges from the Canadian Sport Parachuting Association (CSPA) and the team plans their jumps with an eye to producing the highest number of points within their allotted skydives.

Throughout the competition, the team decided not to look at how well they were doing or to allow others to advise them about their jumps. They just concentrated on the next set of formations.

As it turns out, it might have been better if they had taken some time to talk to the judges during their jumps. The judges apparently decided to judge the competition at a world level so team Pararescue scored lower marks than they expected.

"But that gives us a better focus for our next training camp," O'Donnell noted.

The team will have a lot of hard work ahead with train-

ing and equipment upgrades. All three members will have to spend more than \$4,000 on equipment to prepare for the Worlds. Performance Designs have helped the team by providing the state-of-the-art parachutes and support.

Some may wonder how this type of competition helps improve a SAR techs' skill set.

SAR techs are trained in what are called the "big four" disciplines: medical, mountaineering, diving and parachuting.

Every year, each discipline requires hundreds of training and practice hours to maintain competencies and improve skills. This is done through small and large-scale exercises, including jump camps for parachuting and national SAR exercises.

The higher echelons of the Air Force saw the value of participating in these parachute competitions for several reasons, including: studying how a large scale competition is organized and executed; how to adapt to and integrate new equipment quickly and safely; and, how to better train personnel.

The technical information the team has brought back can be applied to improve safety as well as equipment and parachute skills sets for SAR techs. Long term, this will help as most SAR parachute jumps are performed in confined areas, with little decision time and under hazardous conditions.

Sad footnote: At the last training camp in Eloy, Arizona, MCpl O'Donnell was unable to attend, so the wife of the captain of the United States competitive team - Pam Pangburn - acted as their camera person. The team just received word last week from her husband Brian she had been involved in a cycling accident and died in hospital a few hours later. Team ParaRescue sends out their condolences to Brian Pangburn.



Sgt Eric Dinn during a jump at the Canadian National Parachuting competition.

Photo: MCpl Kevin O'Donnell

(Left) 424 Squadron SAR Tech MCpl Kevin O'Donnell holds the gold medal he won along with ParaRescue team members Sgt. Lee Bibby, 417 Squadron, CFB Cold Lake, and Sgt. Eric Dinn, 442 Squadron, CFB Comox, at the Canadian National Parachuting Championships in Alberta July 15-25, at the Edmonton Skydive Centre in Westlock, AB.

Photo: Ross Lees



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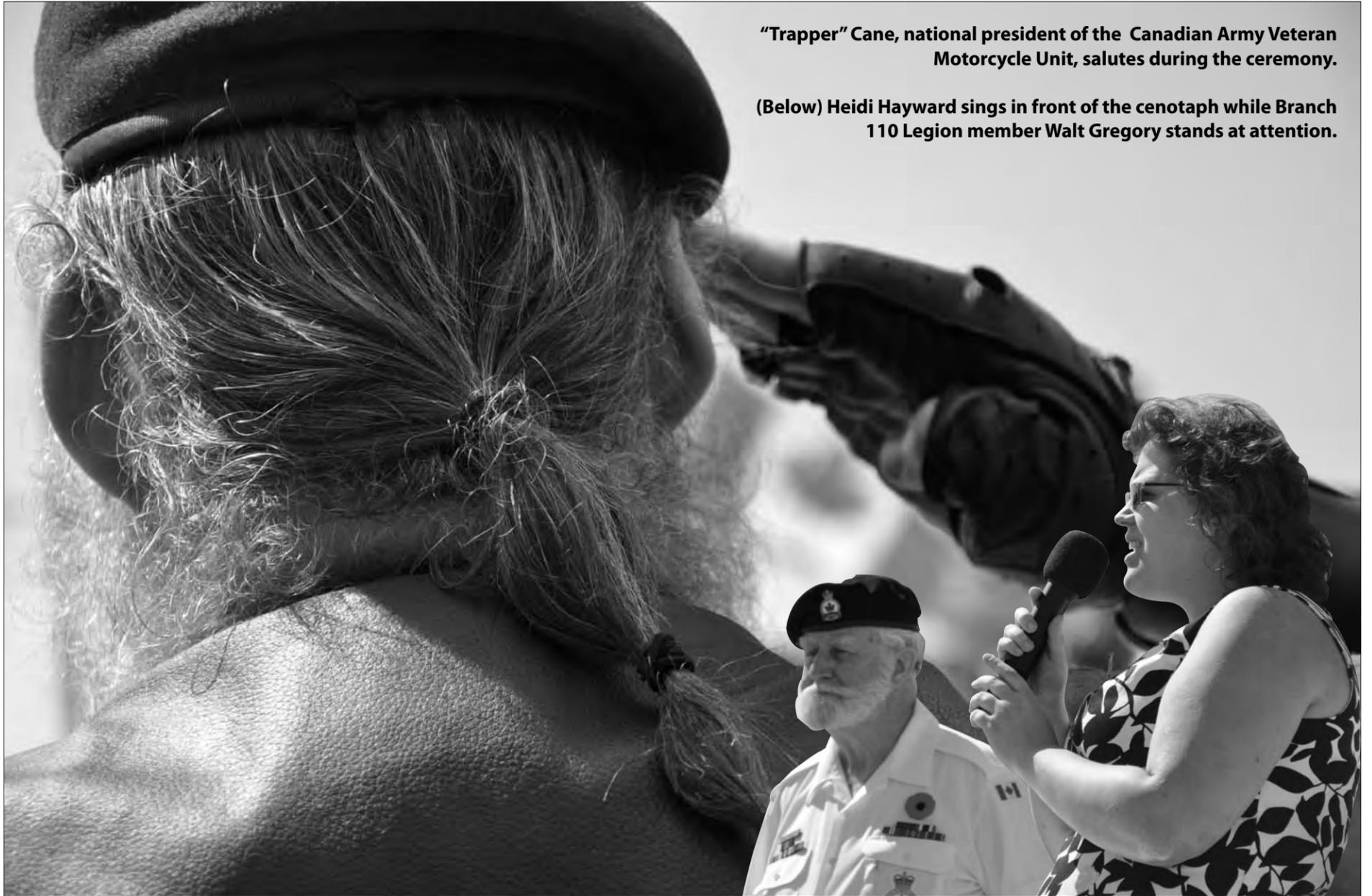
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"Trapper" Cane, national president of the Canadian Army Veteran Motorcycle Unit, salutes during the ceremony.

(Below) Heidi Hayward sings in front of the cenotaph while Branch 110 Legion member Walt Gregory stands at attention.

Cont'd from page 1

your service in confronting a very real danger to our world and at the same time, seeking to help bring about a more peaceful and hope-filled way of life for others."

Hope was also symbolic in the laying of a wreath by the Canadian Army Veteran Motorcycle Unit. As Ernie Hall, Vice-President of the unit, and "Trapper" Cane, National President, approached the cenotaph, six-year-old Dakota Allen walked between them.

"She recently had open heart surgery and she still has problems with her heart," Cane explained. "We take her with us wherever we go."

They first met at the repatriation ceremony of Brian Cook, when Allen was quickly adopted into the organization.

"She gives all of us hope there will be a brilliant future," Cane noted.

CFB Trenton Wing Commander Colonel Sean Friday addressed the troops and their families, reflecting on Canada's role in Afghanistan.

"We have worked to bring change in Afghanistan. Change that helps the people of Afghanistan, but also brings safety and security to the world at large and to Canadians here at home," said Col Friday. "When the government tasked us with this mission, we knew it was going to be challenging. We knew that huge sacrifices would be made, and so it has been."

"The Afghanistan veterans and families have sacrificed very much, some have made the ultimate sacrifice. They have worked tirelessly and

put themselves at risk to ensure commitment success."

Colonel Friday also said the legacy that Afghanistan veterans have left will be continued by the 950 members of the Canadian Forces who will be stationed in Afghanistan for training missions until 2014.

Cane had glowing words of praise for CFB Trenton and the community of Quinte West.

"This is a community that loves and respects our military sacrifices. They are proud of your sacrifices which allow them to live their lives the way they choose," he said.

Member of Provincial Parliament Lou Rinaldi congratulated Legion Branch 110 for organizing the celebration. "Thank you for keeping the torch burning," he said.

Quinte West Mayor John Williams hoped there would eventually be a memorial in Trenton which would commemorate the sacrifices of those who died in Afghanistan. Several family members of fallen soldiers attended Saturday's ceremony and Williams said their support of the memorial project was essential and was contributing to its ongoing success. Contributions were coming in from across the country, he told the crowd.

"We've had far too many repatriation ceremonies," he noted, "but we do it right."

Major Troy Paisley, an Afghanistan veteran who spoke at the ceremony, was pleased with the reception.

"This is a great idea for veterans," he said.



Ernie Hall, vice-president of the Canadian Army Veteran Motorcycle Unit, and "Trapper" Cane, national president, approach the cenotaph with six-year-old Dakota Allen walking between.



Photo: MCpl Roy MacLellan

Approximately 170 military personnel took part in the parade Saturday.



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Flight engineer reaches 10,000th operational hour on Op MOBILE



Photo: Cpl Mathieu St-Amour

Maj Glenn Northrup, commander of the CC-130 Hercules air-to-air refuelling flight deployed on Operation MOBILE, presents flight engineer Sgt Mark Theaker with the certificate awarded upon completion of 10,000 operational flying hours.

By Captain Jill Strelieff

Trapani-Birgi, Sicily — Flight engineer Sergeant Mark Theaker recently completed his 10,000th operational flying hour aboard a CC-130 Hercules tanker during an early morning sortie to supply fuel to fighter jets taking part in *Operation UNIFIED PROTECTOR*, the NATO-led effort to protect civilians and civilian-populated areas in Libya.

Although Sgt Theaker has logged more than half his operational time (so far) in Hercules tactical transports, he has also flown in such diverse aircraft as the Boeing E-3 Sentry airborne warning and control system (AWACS), the “Dash 7” and “Dash 8” regional airliners from deHavilland Canada, and the Boeing CH-47 Chinook heavy-lift helicopter.

“Looking back over the years, 6,000 of the 10,000 hours were flown on the [CC-130], so most of my memorable experiences were on that aircraft. It’s hard to try to choose one over the other - from flying famine relief supplies into Ethiopia in the early 90s, resupplying Sarajevo during the Yugoslavia conflict, or saving lives flying [search and rescue] in Canada,” said Sgt Theaker. “This is the first real-world operation in which I have flown air-to-air refuelling, and I have found it very satisfying. Crossing this milestone in a real-world operation is going to be one of the most memorable experiences.”

Two CC-130 Hercules tactical transports configured as refuellers are currently flying with the Trapani detachment of the Sicily Air Wing, which comprises the flying units of Task Force Libeccio and their immediate support organization. Both aircraft came with their aircrews and maintainers came from 435 (Chinthe) Transport and Rescue Squadron at 17 Wing Winnipeg.

Task Force Libeccio is the land-based element of Operation MOBILE, the Canadian Forces participation in *Operation UNIFIED PROTECTOR*.

With about 350 personnel deployed in four locations in Italy, Task Force Libeccio comprises a Headquarters in Naples, close to the NATO Allied Joint Forces Command; an Air Coordination Element at Poggio Renatico Air Force Base, co-located with the NATO Combined Air Operations Centre 5; and the Sicily Air Wing, divided between Trapani-Birgi on the western point of the island, and Sigonella, on the east coast. The Trapani detachment includes CF-188 Hornet fighters, a refuelling team with CC-150 Polaris and CC-130 Hercules tankers, and the Mission Support and Operation Support flights. The Sigonella detachment has two CP-140 Aurora maritime patrol aircraft flying intelligence, surveillance and reconnaissance missions in support of both air and maritime operations.

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Join Petra Blain and Melissa Cranston from the

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as they make upgrade basic literacy/workplace skills, completing high school, learn a new trade, or earn a college diploma or university degree without leaving the community possible. This session will provide an overview of their offerings with the main focus on free e-channel on-line live courses, offered by the

Literacy Council and PARO Centre business related workshops.

Date: Thursday, September 8th, 2011 • **Location:** Trenton MFRC

Time: 10:00 am - 12:00 pm • **Fee:** \$0 • **Register by:** Friday, September 2nd, 2011

Participants will be accepted on a first come first serve basis as space is limited! Registration required. Come and enjoy a coffee/tea and chat. To register of for more information contact Elizabeth.nicholas@forces.gc.ca 613-392-2811 local 3852

Venez rencontrer Petra Blain et Melissa Cranston du

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qui offrent la possibilité d'améliorer ses bases en littératie/compétences de travail, de compléter son secondaire, d'apprendre un nouveau métier, ou obtenir un diplôme de niveau collégial ou universitaire sans avoir à s'éloigner de chez-soi. Cette session vous donnera un aperçu de ce qu'ils peuvent vous offrir en mettant l'accent sur les cours offerts en ligne gratuitement par le Literacy Council et les ateliers reliés aux affaires par le PARO Centre

Date: Le jeudi 8 septembre 2011 • **Lieu:** CRFM de Trenton • **Heure:** de 10h à 12h

Coût: \$0 • **Inscription avant:** le 2 septembre 2011

Premiers arrivés, premiers acceptés, car les places sont limitées! L'inscription est obligatoire. Venez déguster un café/thé et jaser. Pour inscription ou pour plus d'information, veuillez communiquer avec Elizabeth.nicholas@forces.gc.ca ou au 613-392-2811, poste 3852.



P & FC Walk/Run 2011

On Sept. 24, 2011 at Jane Forrester Park (waterfront trail in Belleville) the Belleville Pregnancy and Family Care Centre will be holding a 2 km walk/run and a 10 km run to support the Centre. The theme is "Journey of Life". Three satellite centres (Picton, Madoc, and Quinte West) will be joining in this fundraiser, bringing people from those regions to join as a united effort to raise awareness and financial support for the each centre. Polish up your sneakers and please consider joining us! Registration begins at 9 a.m. and run/walk start times are at 10 a.m. Following the event there will be refreshments and a barbecue. **Pledge sheets** for the Quinte West Centre can be picked up at the centre, 20 Joseph St., Trenton or online at <http://journeyoflifepfc.blogspot.com>. Please call the Pregnancy and Family Care of Quinte West centre for more information: 613-392-0074.

Come and explore

Prince Edward County

This adult-only trip will start off with samplings from the Fifth Town Artisan Cheese Company, the County Cider Company, lunch & shopping in Picton and then ending with wine tasting at the Grange Prince Edward.

Saturday, October 1st, 2011

Bus departs MFRC at 9:00 a.m., return appr. at 6:00 p.m.

Register and pay at the MFRC by September 13th, 2011

Maximum 44 participants.

\$35.00 per person

*includes bus and tastings

** each person is responsible to pay for their own lunch in Picton

*** Participants are required to have provision for a safe ride home from the MFRC.

Venez explorer

le comté de Prince Edward

Ce voyage réservé aux adultes commencera avec une dégustation de fromage de la compagnie Fifth Town Artisan Cheese, pour se poursuivre à la compagnie County Cider, le dîner et magasinage à Picton. La journée se terminera avec une dégustation de vin au vignoble Grange Prince Edward.

Le samedi 1er octobre

Départ de l'autobus du CRFM à 9h et le retour vers 18h

Inscription et paiement au CRFM par le 13 septembre.

Maximum de 44 personnes

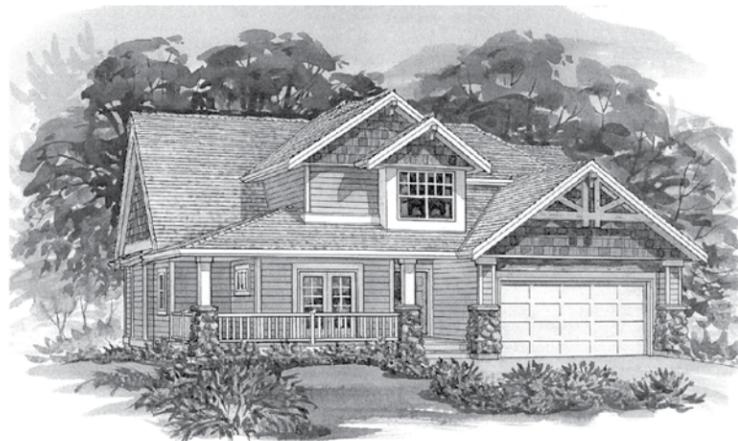
Coût 35,00\$ par personne,

*ce qui inclus les dégustations et l'autobus

** chaque personne est responsable de leur dîner à Picton.

***Les participants doivent s'assurer d'avoir un moyen de transport sécuritaire du CRFM à la maison.

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An attractive double dormer adds character to this three-bedroom charmer, which features a partial second storey.

Entry is through a covered porch and into the foyer, with stairs to the upper floor on the left. A coat closet is tucked under the stairs.

Directly ahead, through an archway, is the spacious great room, with french doors opening out to a covered patio, the perfect spot for the barbecue. With a half wall next to the archway, the great room is visible from the foyer.

The kitchen's handy prep island will make for a contented cook. Both the kitchen and dining room, which have access to the back garden, flow into the great room, creating one airy space.

The master suite, with a capacious walk-in closet and en suite, overlooks the back garden. Also on the

main floor, a generous study has french doors that open on to a veranda. A powder room for guests is nearby, separated from the laundry room by a linen closet.

Upstairs are two bedrooms, with a bathroom and second linen closet conveniently located to serve them. The front bedroom features a built-in window seat, a cosy nook for reading or day-dreaming.

The double garage faces the street, with a door to the side garden, as well as one to the laundry room, which includes a second coat closet for storing off-season items.

River-rock half-pillars accent the home's exterior. Finishes include wood siding, with shingled gables, which boast decorative wooden braces.

This home measures 46 feet wide and 65 feet, 10 inches deep, with 2358 square feet of finished living space. All ceilings are nine feet.

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Welcome to The Contact newspaper's Community Events page! Thanks to the generosity of Smylie's Independent Grocer, we can, space permitting, feature public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. The Contact is always interested in what is going on in and around CFB Trenton. Please send your coming events (from blood donor clinics to tea parties) to us at cfbcontactnewspaper@gmail.com. Each event should be typed out in the format of those below. Please do not send posters.

Ontario Provincial Parks Day Passes

The Rec Association now has day passes which may be rented and signed out by Military personnel and CRA members only. Use the pass at any of the provincial parks in our area; Sandbanks, Presqu'Île Provincial Park, North Beach, Ferris, Bon Echo. Pay to sign out the pass, use the pass and return it either the same day or by 9 a.m. the following morning or 12:45 p.m. on weekends. Cost is \$8.63 + HST = \$9.75. Limit of one pass per family. Sorry...no reservations. First come, first serve basis. Info ext 3361.

Aug. 8 to Sept 2 - Shiny Hockey

Shiny hockey Monday to Friday, Aug. 8 to Sept. 2. Tyke/Novice - 10 a.m. to 11 a.m. Atom - 11 a.m. to noon. PeeWee - 1 p.m. to 2 p.m. Bantam 2 p.m. to 3 p.m. Midget - 3 p.m. to 4 p.m. Full CSA Hockey gear required. Rules are in effect. No parents on the ice except for the volunteers in charge. Entrance fees: \$3 for military community; \$4 for general public.

Sept. 8 - Wing Commander's Invitational Golf Course for United Way

Wing Commander's Invitational Golf Course at Roundel Glen Golf Course. Four-player best ball. Fee \$90, dinner only \$35. Fee includes 18 holes, cart, steak dinner, gift bag and prize draw. OPI - Sgt Gardiner Local 2687.

Sept. 9-10 - Trenton Scottish Irish Festival

Friday night at 7p.m. a military tattoo is being held to Salute our Troops followed by a performance by Poor Angus at 9 p.m. Saturday, the day begins with a parade through Trenton, opening ceremonies, heavy events "Legends" competition, pipe bands, highland dancers, celtic music, clan gathering, kids activities a Celtic marketplace and the Mudmen represent the evening entertainment. For more information, contact: Colleen Vickers-Kleywegt at 613 - 392 - 2841 ext 4487 colleenvk@quintewest.ca

Sept 9 - Oct. 28 - Weight Wellness Lifestyle Program

Weight Wellness takes a realistic and positive view to achieving a healthy lifestyle with a self-management approach to behaviour change.

Throughout the program, participants will develop personalized goals and learn skills to manage eating habits and physical activity for a lifetime. This course is interactive, combining physical activity and nutrition information. Fridays: Sept. 9 through until Oct. 28, 8:30 a.m. to 10:30 p.m. Register online at healthpromotion.cfbtrenton.com

Sept. 12 - Blood donor clinic

A blood donor clinic will be held Sept. 12 from 10 a.m. to 2:30 p.m. at the Yukon Galley ASTRA. Potential donors are encouraged to call 1 888 2 donate to book an appointment.

Sept. 13 - Men's basketball team

The men's basketball team will practice every Tuesday and Thursday from 4 p.m. to 6 p.m. starting on Sept. 13 at the gymnasium area one for the 2011-12 basketball season in preparation for the Ontario Region Basketball championships. Come out all skill levels for a good workout, make new friends, hone your skills and compete against other bases. The team coach is Cpl Larocque, ext. 7789.

Sept. 14 - 8 Wing Officer's Mess Ladies' Club

8Wing Officer's Mess Ladies' Club new 2011-12 season commences with a dinner on Sept. 14 at 6 p.m. in the upper lounge of the Officer's Mess. Admission - members free with their new membership. Invited guests of members \$10. For further information, please call Kim at 613-962-2718.

Sept. 23-25 - Certified Volleyball Officials Clinic

CFB Petawawa will be hosting a certified volleyball official's clinic from Sept. 23-25. The official's clinic is open to all CF, Class B, C Reserve Members, PSP and DND full time employees. Travel day will be Friday, Sept. 23 and Sunday, Sept. 25. For registration or information, contact the military sports coordinator Dan Cormier at ext. 3373 no later than Sept. 2.

Sept. 24 - RCAF Memorial Foundation Charity Banquet

The 7th Annual RCAF Memorial Foundation Charity Banquet to support the National Air Force Museum

of Canada will be held on Ad Astra Stone Day, Saturday, Sept. 24, at the museum on RCAF Road in Trenton. Cocktails at 6 p.m., Dinner at 7 p.m. Dress is semi-formal. Tickets are \$100 per person. RSVP on or before Sept. 16 to foundation@airforcemuseum.ca or call 613-965-7314.

You are invited to the 16th Annual Ad Astra Stone Dedication Ceremony. The service is held to dedicate stones placed along the walkways of the Airpark adjacent to the museum. Ad Astra Stones can be purchased on behalf of any Canadian airman or airwoman who has served, or is serving, in one of Canada's Air Forces or an Allied Air Force. All are welcome to attend the ceremony Saturday, Sept. 24 at 2 p.m. in the airpark at the National Air Force Museum of Canada on RCAF Road.

More information about both events is available online at <http://airforcemuseum.ca>.

Sept. 27-30 - Occupational Health Course

An Occupational Health Course (OHC) will be conducted at 8 Wing/CFB Trenton Sept. 27-30, in the WGSO classroom, Room 1 (west end basement), 58 Polaris Ave, Bldg 21. There are no formal prerequisites for the course; however it would be beneficial if they have had the SMC or BSOTC. Without some exposure to the DSafeG Safety Program, candidates could be a fish out of water. Nominations are to be forwarded to mailto:+WGSO@CFB%20Tren-

ton%20WGSO@Trenton prior to Sept. 1.

A maximum of 26 candidates can be accommodated. Units are requested to prioritize their nominations. Nominations should include the following information: SN/PRI, Rank, Name and Initials, MOSID/Classification, and UIC. Joining instructions will be issued after the nomination cut-off.

WHL coming in October

The Wing Hockey League (WHL) will commence play on Oct. 2 and play Sunday through Thursday evenings. The league organization meeting will be held at 10:00 a.m. Sept. 11 at the gymnasium conference room and all interested team representatives are encouraged to attend. For further information, contact the Military Sports Co-ordinator Dan Cormier at 3373.

Oct. 3 Noon Hour Hockey League

It's that time of year again. The 2011-12 hockey season is almost upon us. The 8 Wing/CFB Trenton hockey leagues are open to Canadian Forces military, DND and NPF full time employees. Noon Hour Hockey League (NHHL) is scheduled to commence Oct. 3 at a cost of \$80 per player. Player registration for the NHHL will commence on Aug. 29. Gymnasium main office hours are from 8 a.m. to 11:30 a.m. and from 1 p.m. 3:30 p.m. Monday to Friday. For further information, contact military sports coordinator Dan Cormier at ext. 3373.

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Cont'd from page 2

as we were during the Second World War," he said. "Afghanistan has been a catalyst for the RCAF as we have built up new capabilities, completing three years of Air Force transformation."

Brigadier-General Chuck Lamarre, commander of the Mission Transition Task Force, described the Air Wing as a shining example of what the Canadian Forces can achieve in joint operations. "For 32 months, the Air Wing has been conducting its operations properly with excellent air-land integration, an important capability to Canadians," he said. "Ground forces and air forces need to continue to plan together to guard against skill-fade in the area of integrated operations."

Colonel Al Meinziger, the last commander of the Joint Task Force Afghanistan Air Wing, summed up the last achievements of the formation's two and a half years of operations. "We ably supported the

counter-insurgency campaign under Task Force Kandahar in an incredibly surged and professional fashion, and then nimbly shifted our focus to position ourselves for supporting the daunting work associated with transitioning Air Wing equipment and material back to Canada under the Mission Transition Task Force," he said. "The Air Wing ensured its material was prepared for shipment home in the right state, the right sequence and at the right time."

The preparation for transition was so efficient that the Mission Closure Unit set up a production line on the ramp to process the Air Wing's equipment and materiel.

The parade ended with "O Canada," played by the eight-piece 10th Mountain Division Band from Fort Drum, New York, and the departure of the guests of honour. Through it all, the incessant engine roar so characteristic of Kandahar Airfield never slackened.



(Photo by MCpl Dan Shouinard)

From left: Col Al Meinziger, commander of the Joint Task Force Afghanistan Air Wing; presiding officer MGen Yvan Blondin, Assistant Chief of the Air Staff; and BGen Chuck Lamarre, commander of the Mission Transition Task Force sign the documents formalizing the closure of the Joint Task Force Afghanistan Air Wing and the handover of its remaining personnel and assets to the Mission Transition Task Force.

Horoscope

WEEK OF AUGUST 28 TO SEPTEMBER 3, 2011

BIRTHDAYS THIS WEEK: AUGUST 29 – MICHAEL JACKSON • AUGUST 30 – CAMERON DIAZ



ARIES

You are very sensitive to what other members of your family are experiencing. You want to tell them how much you love them. This is really essential for you, so continue to act this way.



TAURUS

This is a good time to change some things in your surroundings. You will feel much better if you do, because it will bring you an unshakeable inner peace.



GEMINI

The South Node (the moon's descending node) helps you organize your finances. You feel at ease in your life and enjoy feeling the radiance of success.



CANCER

You feel the urge to travel, but this might not be beneficial to you at the moment. You have the feeling that the people you love need your presence.



LEO

This week brings you great understanding concerning your professional life. Planet Uranus brings you face to face with some pleasant but demanding matters.



VIRGO

This week, you appreciate subtlety and avoid noise. You are heading towards situations where you can better assert your need for peace. This will go well.



LIBRA

You are in a phase where everything you undertake requires a great deal of willpower. Pluto causes you to experience some rewarding things.



SCORPIO

You are in a phase where things that were difficult in the past come back to occupy your thoughts. Be assured that this will not last long.



SAGITTARIUS

This week puts you in the spotlight, and you can easily accomplish important things. You will think about living in an unusual way.



CAPRICORN

Talk to the people you trust. Saturn teaches you several things about yourself and helps you to be more objective in your life.



AQUARIUS

You are too attached to what you do and will benefit from making changes in your professional life. Doing so will have a big impact on you and you will reap the benefits.



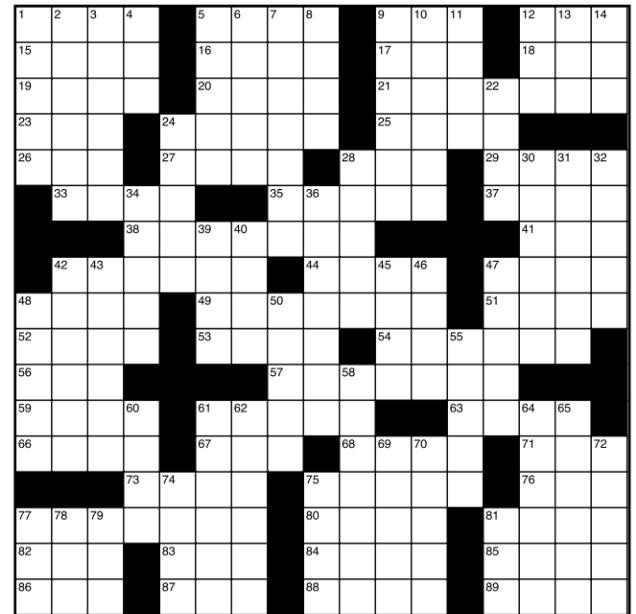
PISCES

This week allows you to see everything in a happier light. You have a lot of willpower, which will help you with some difficult situations. Indeed, your willpower is something precious to enjoy!

CROSSWORD

ACROSS

1. Remove
5. Hospital area
9. Scurried
12. Formerly
15. Whitewall, e.g.
16. Protected, at sea
17. Fruit cooler
18. Young chap
19. Draw wages
20. Busy spot
21. Shake
23. 7th Greek letter
24. Astute
25. Motion of the ocean
26. Fixed habit
27. Tender meat cut
28. Clod
29. Very fine rain
33. Diamond decision
35. Extremely thin
37. Aboard
38. Aretha Franklin wanted it
41. Siamese or tabby
42. Track broker
44. Correct
47. Dollar division
48. Day's beginning
49. Milk sugar
51. Scoop
52. Entrance
53. Ricelike pasta
54. Yeast, e.g.
56. Unearth
57. Insect's feeler
59. Burning substance
61. Threaded fastener
63. Data
66. Bill of fare
67. Lived
68. Matterhorn's range
71. Before of yore
73. Ten-four buddy
75. Cherish
76. On the ____
77. Forbidding
80. 1601, to Caesar
81. Sink one's teeth into



82. Glide over snow
83. "____ of Destruction"
84. Word of regret
85. Promptly
86. Scope of knowledge
87. Apiece
88. Sulu's station
89. Geek

DOWN

1. Oversee
2. Break
3. Boo-boo list
4. Animal's home
5. Mackerel
6. Court excuse
7. Retribution
8. Buck or doe
9. Wicker material
10. Untethered
11. "We ____ a Little Christmas"
12. Clerical garment
13. Lassie
14. Poetic work
22. Notation
24. Streamlined
28. Trounce
30. Provoke
31. Flower part
32. Indian pole emblem
34. Foreground
36. Volatile solvent
39. Grain-storage tower
40. Bosc or Bartlett
42. Dress part
43. Beginning
45. Land surrounded by water
46. Numerical ending
47. Settee
48. Woman's title
50. Despots
55. Licorice flavoring
58. Silly talk
60. Channel
61. Deviate
62. Profession
64. Catlike
65. Eloquent speaker
69. Not widespread
70. Light bender
72. Fix text
74. Pager sound
75. Asian nanny
77. Grill
78. Maui strings
79. Serious offense
81. Enjoin

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BEAUTIFUL ACREAGE in picturesque Shell River Valley, Manitoba for sale. 50+ acres, beautiful home, gorgeous gardens and un-tapped potential. Contact Sandy Donald, Royal LePage Martin Liberty Realty, 204-724-5743.

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FRIDAY TGIF 3-7pm 32 oz draught & 8 wings \$11.99
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613-394-6276

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#1 HIGH SPEED INTERNET \$28.95 / Month. Absolutely no ports are blocked. Unlimited Downloading. Up to 5Mbps Download and 800Kbps Upload. ORDER TODAY AT www.acanac.ca or CALL TOLL-FREE: 1-866-281-3538.

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DO-IT-YOURSELF STEEL BUILDINGS PRICED TO CLEAR - Make an offer! Ask about FREE DELIVERY, most areas! CALL FOR QUICK QUOTE and FREE BROCHURE - 1-800-668-5111 ext. 170.

SAWMILLS FROM only \$3997 - MAKE MONEY & SAVE MONEY with your own bandmill - Cut lumber any dimension. In stock ready to ship. FREE Info & DVD: www.NorwoodSawmills.com/400OT 1-800-566-6899 Ext:400OT.

General Help

\$\$\$ ATTENTION CHOCOLATE \$\$\$ Thank goodness school is out for summer!! Sell different products to make some Money easily \$\$\$! Call us quickly... limited spaces available. 1-800-393-3589.

XSTRATA COPPER currently has openings for Development Miners at our Kidd Mine site in Timmins, Ontario. Please email your resume: christopher.may@personified.com or call 312-264-9805 for information.

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Crossword Answers

S	H	E	D	W	A	R	D	R	A	N	A	G	O	
T	I	R	E	A	L	E	E	A	D	E	L	A	D	
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R	E	S	P	E	C	T					C	A	T	
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K	E	N	P	E	R	H	E	L	M	N	E	R	D	

Contact Sports

Swim Schedule until Sept. 5, 2011

Recreation Swims - Outdoor Pool

Mon., Tues., Wed., Fri., Sat., Sun., Holidays • 1 p.m. to 3:15 p.m.

Mon., Wed., Fri., Sat. • 5:30 to 8 p.m

Adult Lane Swims - Main Indoor Pool

Mon., Wed., Fri. • 6 to 7:20 a.m. & 9:30 to 10:30 a.m.

Adult Lane Swims - Outdoor Pool

Mon., Tues., Wed., Fri., Sat., Sun., Holidays • 3:30 to 4:30 p.m.

Swim and fitness programs Fall 2011

Morning Aquafit

Mon., Wed., Fri. mornings - 8:30 - 9:20 a.m.

26 Sept. to 16 Dec. (34 classes)

\$85 + HST - Military Community

\$91.46 + HST - General Public

Drop in Fee (Space Permitting) \$3/class - Military Community with ID

\$4/class - General Public

PSP On-line registration and in-person registration begins

Thurs., Sept. 8.

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Reunion squash tourney at CFB Trenton Nov. 11-13

By Ross Lees

CFB Trenton is holding a Canadian Forces/Department of National Defence squash reunion tournament from Nov. 11 to 13 and organizers are hoping that many people will participate from all over Ontario and as far as Quebec.

Canadian Forces or DND members, retirees or dependents are encouraged and welcomed to register for the tournament in whatever capacity they wish - player, official or visitor.

Registration should take place prior to midnight on Nov. 4. It costs \$25 for adults and \$15 for students and that is reduced by \$5 if you are paid up by Nov. 4.

There are various categories including an open female and novice categor-

ies. Seedings are based on your talent or your recollection of your talent. Everyone is guaranteed three matches and the first match won't be before 4:30 p.m. on Nov. 11. If you need to start later, advise the organizers and they can see that it happens.

There is also a Saturday night social to spice up the event.

On base accommodations are available for the Squash Group by calling 1-877-469-8566. Single or double rooms are available at the Yukon Lodge; or, if you're on a tight budget, air cadet camp rooms are also available.

For more information, please contact Major Mikola Czich at (613) 971-7756 at work, (613) 249-8094 at home, or email Mikola.Czich@forces.gc.ca

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Submitted photo

The new Personal Support Program (PSP) Recplex outdoor pool (Albatross) opened Aug. 24 with a military noon-hour lane swim. Some of the people who took part in that initial swim are pictured above: Pte Paula Chu-Bourgon, Cpl Dennis Simpson, John Bruyeh and PSP fitness instructor Tracy Blair.

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