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8 Wing personnel participating in Exercise MOUNTAIN STAR, led by Exercise Director and WLEO, LCol Sean Lewis.

Photos pages 10 and 12

Photo: Cpl Dan Strohan, 8 Wing Imaging

Military personnel undertake training exercise in Mountain View

By Lt Christopher Daniel, Wing Public Affairs Officer

Military personnel from 8 Wing and the Royal 22^e Regiment participated in an exercise at CFB Trenton's Mountain View training area from Sept. 25 to Oct. 7.

Dubbed as Exercise MOUNTAIN STAR (Ex MS), the training was aimed at maintaining and further developing capabilities of military personnel in conducting modern air expeditionary operations.

"This exercise provided military personnel with a realistic training experience in a simulated humanitarian deployment to effectively operate and sustain a deployed operating base," said Lieutenant-Colonel Sean Lewis, Exercise Director of Ex MS.

During the exercise, participating personnel were to train on non-combatant evacuation operations (NEO), which is an operation conducted to evacuate civilians from another country, generally due to a deteriorating security situation.

"This capability will allow 8 Wing personnel to provide enhanced security to Canadians abroad," said LCol Lewis.

Military personnel also had the opportunity to simulate a major air disaster exercise called MAJAID, which is an emergency response plan to a major air incident that exceeds the local resources of a responsible Joint Rescue Co-ordination Centre (JRCC).

"When a major air disaster strikes, the JRCC responsible for the region is notified and it coordinates a Search and Rescue response," said LCol Darwin Ziprick, Exercise Air Component Commander. "Depending on the magnitude of the disaster, a MAJAID may then be declared resulting in a rapid succession of events to provide immediate, additional support to survivors."

As environmental protection is important to 8 Wing, all participating personnel exercised due diligence in ensuring appropriate care for the environment. Security procedures were also implemented to ensure everyone's health and safety.

The Toronto Maple Leafs loved their reception at CFB Trenton

See story and photos on pages 9 and 11



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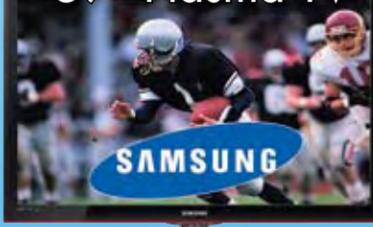
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Photos: Cpl Dan Strohan, 8 Wing Imaging

Associate Minister Julian Fantino leads the sod turning ceremony to mark the building of a new accommodations building at CFB Trenton. Joining him are Mayor John Williams, MP Rick Norlock, Ms Leah Howe, Col Sean Friday, LCol Sean Lewis, and LCol Dan Harris.

Associate Minister Julian Fantino Visits 8 Wing

By Lt A.N. McKinley

The Honourable Julian Fantino, Associate Minister of National Defence paid a visit to 8 Wing last Tuesday. Accompanied by Mr. Rick Norlock, Member of Parliament for Northumberland Quinte West and his Worship, Mayor John Williams of Quinte West, Minister Fantino had an exciting day in the Quinte area. Highlights of the tour included officially opening Fire Prevention week and meeting the Toronto Maple Leafs, who happened to be practicing at 8 Wing that same day.

Minister Fantino also had a first hand look at the CC-130J Hercules aircraft, as well as the CC-177 Globemaster III. All this was preceded by an official sod turning ceremony to mark the building of a new accommodations building that will be constructed on the south side of the base in the coming year.

"We have been trying to get Minister Fantino here for a visit for a long time", said Mr. Norlock. "It [was] a pleasure to have him in the area."



Associate Minister Julian Fantino takes a look at the CC-130J Hercules aircraft. Joining him are LCol Colin Keiver, MP Rick Norlock, and LCol Sean Lewis.

Corrections

In an article about the Disaster Assistance Response Team, The Contact inadvertently misspelled a name. The name should have been Master Warrant Officer Torfason, not Forfason. MWO Torfason is the deputy task force movements officer and is no longer a Loadmaster. The Contact regrets the error.

In a story and cutline of Celebrity Chef Barbecue about Joy Peloquin in the Oct. 7 edition of The Contact, a couple of errors were made. The man in the centre of the picture was not Hon Col John Smiley, but BGen Gord Reid from 1 Cdn Air Div. Also, there was a typographical error in Col Sean Friday's rank. The Contact regrets the errors.

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MCpl Scott awarded



Photo: Lt Corey Smith

By Capt P. Thibault

On Thursday Oct. 5, MCpl Alex Scott, Traffic tech at CFS ALERT, was awarded with the South-West Asia Service Medal Gold Leaf in recognition of more than 390 days service. In the photo, from right to left, MCpl Scott is presented the award by the Commanding Officer of CFS Alert, Maj A.J. Delhommeau.

Aircraft de-icing training at CFS ALERT

This CC-130 Hercules is receiving de-icing service at CFS ALERT as part of the station's routine activities.



Photo: Bob Mitchell

The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base – 8 Wing/CFB Trenton.

We are the primary internal and external communications tool for 8 Wing/CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work.

The Publisher reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel Sean Friday, CD, Wing Commander, 8 Wing/CFB Trenton.

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The CONTACT delivers news and information about 8 Wing/CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos.

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.

- Do not include clip-art or graphics within your typed pages. Additional graphics/ logos may be sent as separate files.

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should be saved as word documents on a disc and accompanied by a hard copy of your article.

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- Please label all disks and hard copies with article name, contact person and phone numbers, date.

- **ARTICLES MUST BE RECEIVED BY TUESDAY AT 4 pm PRIOR TO PRINT DATE AT THE CONTACT OFFICE.**

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Photo: MCpl Dan Shouinard

Kandahar Airfield celebrates women's history month

In celebration of Women's History Month and with the theme Women in Canadian Military Forces: A Proud Legacy, Mission Transition Task Force, women came together at Kandahar Airfield in Afghanistan, to celebrate their bravery, dedication and leadership as soldiers, sailors and air women.

"The Government of Canada salutes all the brave women in uniform who, throughout our history, have been there, fulfilling essential roles, working to uphold peace and security in Canada and across the world," said the Minister of Public Works and Government Services

and Minister for Status of Women, Rona Ambrose. "As Canadians everywhere celebrate Women's History Month, I encourage them to learn about the inspiring stories of the women heroes among us and those who have gone before us."

The Mission Transition Task Force is comprised of approximately 1,300 military personnel of all ranks that are responsible to conduct the mission closure of Operation ATHENA in order to enable the Canadian Forces to transition to subsequent operations as directed by the Government of Canada.

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Wing Logistics and Engineering Picture of the Week



Members of heavy equipment section have been hard at work in Mountain View this summer. In addition to the normal tasks of grass cutting and drop recovery, they have been busy with major projects such as repairing LZ Allen and the perimeter road. Pictured here is heavy equipment that is reconstructing the turn around a portion of LZ Allen.

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Take a stand against family violence

Family violence is a broad term that encompasses all forms of abuse of power within a relationship of family, kinship, trust, dependency or intimacy. The term includes domestic violence (sometimes referred to as partner, spouse, or wife battering), sexual assault, child physical abuse and neglect, child sexual abuse, and the maltreatment of older people. Intimate relationships can include those between the opposite and same sex partners.

Violence is not a loss of control. It's an attempt to gain control.

Family violence can include many forms of abusive behaviour, e.g., physical abuse, emotional/psychological abuse, criminal harassment, neglect, financial exploitation, spiritual abuse, destruction of property, injury to pets, physical assault, sexual assault and homicide. Persons in an abusive situation may be subjected to more than one form of abuse.

Family violence is a complex issue with no known single cause. Certain risk factors have been identified which may contribute to family violence however risk factors alone do not cause family violence. Many experts in the area of family violence believe that violence is a learned behaviour which is reinforced by society. Some of the risk factors that are commonly associated with family violence include:

- Social isolation or lack of social support
- Unresolved or chronic marital conflict
- Everyday stressors exacerbated by: Financial problems, Unemployment, Serious substance abuse
- Witnessing or being victimized by family violence as a child
- Holding attitudes or beliefs that condone violence
- Depression or other mental health diagnosis
- Poor communication skills

Family violence has enormous economic costs for Canadian society. Direct costs such as policing and judicial services are substantial. Absenteeism, reduced productivity and errors in job performance are a few of the indirect costs associated with family violence. Family violence within the CF can also have a negative effect on operational readiness and good order and discipline.

The CF has taken a proactive stance in dealing with this complex issue, and is committed to preventing violence through education and understanding of issues relating to family violence. Family violence shall not be tolerated and any allegation or suspected incident of family violence within the CF shall be taken seriously and dealt with in an effective and timely manner in accordance with DAOD 5044-4.

Dénonçons la violence en milieu familial

Violence en milieu familial est un terme général qui comprend toutes les formes d'abus de pouvoir au sein d'une relation familiale, de parenté, de confiance, de dépendance ou d'intimité. Ce terme comprend la violence au foyer (parfois connu sous le nom de *violence conjugale*), les agressions sexuelles, la violence physique et la négligence à l'égard des enfants, la violence sexuelle à l'égard des enfants et les mauvais traitements de personnes âgées. Les relations intimes peuvent comprendre celles entre partenaires hétérosexuels et homosexuels.

La violence n'est pas une perte de contrôle. C'est une prise de contrôle.

La violence en milieu familial peut comprendre un grand nombre de comportements violents, p. ex., la violence physique, la violence psychologique, le harcèlement criminel, la négligence, l'exploitation financière, la violence spirituelle, la destruction de biens, les blessures infligées aux animaux domestiques, les agressions physiques, les agressions sexuelles et l'homicide. Les personnes aux prises avec une situation de violence peuvent être victimes de plusieurs formes d'abus.

La violence en milieu familial est un problème complexe qui ne compte pas qu'une seule cause connue. On a constaté certains facteurs de risque qui pourraient contribuer à la violence en milieu familial. Cependant, ces facteurs de risque à eux seuls ne provoquent pas la violence en milieu familial. Un grand nombre d'experts en la matière croient que la violence est un comportement acquis qui est renforcé par la société. Certains des

facteurs de risque souvent liés à la violence en milieu familial sont :

- Isolement social ou manque de soutien social
- Stresseurs quotidiens aggravés par des problèmes financiers, le chômage, ou une grave toxicomanie
- Témoin ou victime de violence en milieu familial pendant l'enfance
- Comportements ou croyances tolérant la violence
- Dépression ou autre trouble mental
- Difficulté à communiquer

La violence en milieu familial cause d'énormes répercussions économiques pour la société canadienne. Les coûts directs comme le maintien de l'ordre et les services judiciaires sont importants. L'absentéisme, la diminution de la productivité et les erreurs dans les tâches exécutées représentent quelques-uns des coûts indirects liés à la violence en milieu familial. Il peut également y avoir des répercussions sur la disponibilité opérationnelle, le bon ordre et la discipline au sein des FC.

Les FC ont adopté une position proactive pour gérer ce problème complexe et sont déterminées à prévenir la violence en sensibilisant la population et en faisant preuve de compréhension à l'égard des questions touchant la violence en milieu familial. Cette dernière ne doit pas être tolérée, et toutes les allégations ou tous les cas présumés de violence en milieu familial au sein des FC doivent être pris au sérieux et traités efficacement et rapidement, conformément à la DOAD 5044-4.

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Get your flu shots

Colonel Sean Friday, CWO Sandor Gyuk, and Major Patrick Brizay (CO 24 CF HSVS) get their flu shots from Major Bill Swales (WSurg), Lt Terry Wynn (community health nurse) and Michele Edwards (immunization nurse) recently to kick off the 2011 flu campaign at CFB Trenton. Flu clinics are held every Monday, Tuesday and Wednesday from 1 p.m. to 2:30 p.m. at the medical clinic until December. Everyone is encouraged to get their flu shots as soon as possible.



Yacht Club ends season with sail past

By Dennis Dove, Yacht Club Commodore

The Close of the 50th year of boating at CFB Trenton Yacht Club was marked on Sept. 16 by close of season prayers lead by Padre Allen Lynk. The first commodore of the club Robert (Bob) Pattillo was remembered during padre Lynk's prayers. Bob passed away this past year at the age of 97 years young.

Following close of season prayers, the sail past took place which is an opportunity for club members to sail past the Commodore's vessel and pay their respects by letting their jib fly on sail boats or drooping their Canadian flag for power boats. The Commodore's vessel was the receiving platform and the salute was taken by LCol Sean Lewis, the Wing Logistic and Engineering Officer and the CFB Trenton Commodore Master Warrant Officer Dennis Dove.

The weather was perfect as ordered by Padre Lynk and the club enjoyed a relaxing sail past which was the final event for the 2011 on water boating event. The club will now start preparing for the winter training season and laying up of the vessels.

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 \$28 - Military Community or Drop-in: \$4/class
 \$35 - General Public or Drop-in: \$5/class
 Boot Camp Fitness - Thursdays - 9:30 - 10:30 a.m. at the RecPlex or outside (weather permitting)
 Oct. 13 to Dec. 15 (10 weeks)
 \$45 - Military Community - Drop-in: \$5/class
 \$54 - General Public - Drop-in: \$6/class
 Exploring Yoga with Nancy (75 minutes)
 1 p.m. to 2:15 p.m. at the RecPlex
 Oct 12 to Dec 14 (10 weeks)
 \$63 - Military Community - Drop-in: \$7/class
 \$81 - General Public - Drop-in: \$9/class

RV Compound

The new compound is being constructed on Lawrence Drive in the MQs. Construction is delayed and the new date of occupancy is estimated at Dec.1, 2011. Rental rates will be between \$10 to \$15/month.

Youth Aquatic Club

For Youth 8 to 16 years of age .** Program has been revised
 Mondays, Wednesdays, Fridays
 4:45 to 6 p.m.
 Sept. 26 to Dec. 16, 2011
 Does your child have the basics of swimming? Are you looking for a change from traditional lessons? Youth Aquatic Club is for you. Participants will improve their endurance and fitness level, receive stroke correction and learn competitive swimming skills all while having tons of fun. In this club there is no pass or fail, participants will work toward their own goals and challenge their own personal bests. **Participants will receive a written progress report during the session. In order to accommodate everyone's busy schedule, kids can join the club for one, two or three nights per week. Focusing on fitness and fun! Kids must be able to swim two lengths of the main pool in order to join the club.
 Cost
 Military Community General Public
 1 night/wk \$55 + HST \$65 + HST

2 nights/wk	\$70 + HST	\$80 + HST
3 nights/wk	\$85 + HST	\$95 + HST

Junior Lifeguard Club

For kids 8 to 15 years of age - Sept. 26 to Dec. 5, 2011
 Mondays- 6 p.m. to 7 p.m.
 Serious fun!
 * Swimming Skills * Leadership
 * Lifesaving Knowledge * Lifesaving Skills
 * Fitness * Teamwork
 * Community Education * Special Events
 If you can swim one length of the main pool and tread water for two minutes....this club is for you!
 Cost
 \$ 75 + HST - Military Community
 \$ 85 + HST - General Public

Power Skating

Power skating provides co-ed instruction covering power development, power strides, starting, stopping, lateral mobility and power drills. This program will benefit kids who play hockey. Skaters must be at least five years old, be able to skate forwards, backwards and be able to come to a stop without running into the boards. Skaters will be broken up into groups depending on age, skills and ability. Full hockey equipment is required, including sticks and mouth guards
 Mondays - 5 p.m. to 6 p.m. - Oct. 3 to Dec. 12 - (9 weeks)
 (No skating on Thanksgiving Oct. 10 and Halloween Oct. 31) - Cost - \$ 75 + HST - Military Community - \$ 85 + HST - General Public

Learn to Skate for Youngsters 4 - 7 years

Oct. 7 to Dec. 2, 2011 - Friday - 4 p.m. to 5 p.m.
 \$70 - Military Community - \$80 - General Public

Learn to Skate for Youth 8 - 16 years

Oct. 7 to Dec. 2, 2011 - Friday - 5 p.m. to 6 p.m.
 \$70 - Military Community - \$80 - General Public

Learn to Skate for Adults

Oct. 7 to Dec. 2, 2011 - Friday - 6 p.m. to 7 p.m.
 \$70 - Military Community - \$80 - General Public

Adult Stroke Improvement (Intermediate - Advanced Level) Goal-Driven Program

The emphasis of this course will be on either learning a new stroke or improving your existing strokes to enable you to be safer in the water or more efficient in the water.
 Tuesdays - Sept. 27 to Nov. 29 from 6:55 p.m. to 7:55 p.m.

\$ 60 - Military Community
\$ 85 - General Public

Bronze Cross and Standard First-Aid

Emphasis is placed on the candidate's ability to respond to a variety of aquatic emergencies using principles of teamwork and emergency procedures. Bronze Cross is a pre-requisite for NLS. Candidates pre-requisite: Bronze Medallion plus Emergency First Aid.
 Date: Nov. 4, 5, 6, 18, 19 and 20.
 Fridays 6 p.m. to 9 p.m.
 Saturdays 1 p.m. to 6 p.m.
 Sundays 9 a.m. to 5 p.m.
 \$ 150 - Military Community
 \$ 170 - General Public
 Manual fee extra if required. (Manual used is the same as Bronze Medallion)
 Community Recreation Association (RecPlex)
 613-392-2811 ext 3361
 www.cfcommunitygateway.com



2011 Roll Off

The 8 Wing/CFB Trenton Bowling Team will represent 8 Wing/CFB Trenton at the Ontario Region Bowling Championship held in Borden in late November. The Roll Offs will be held at the Club Medd Bowling Lanes on Oct. 19 or Oct. 20 and all bowlers must attend Oct. 21 from 8 a.m to 1200 noon. Competition is open to all CF, Class B and C Reserve members. Players must register or for information contact Mr. Dan Cormier at local 3373.

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As part of Exercise MOUNTAIN STAR, military parachutists simulate a major air disaster exercise called MAJAID, which is an emergency response plan to a major air incident that exceeds the local resources of a responsible Joint Rescue Co-ordination Centre (JRCC).

Photo: Cpl Dan Strohan, 8 Wing Imaging

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Vic Podmilschak

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Cont'd from page 9

tender James Reimer pose with him at the arena.

LCol Alexander was the man who worked with the Leafs organization to set up the visit.

"We received a request from the Leafs to do their team-building exercises here and we are honoured to have them as guests," LCol Alexander told The Contact. "It was a real pleasure bringing them here as they're a great organization to work with."

LCol Alexander said the Leafs showed interest in what the military does and things just evolved from there.

The fans weren't the only ones filing into the arena for the workouts. Members of the media also came from far and wide, with regular Leaf reporters on hand from Toronto, Quinte media types from broadcast through to newspaper and including a number of Loyalist College students. Even some of the journalists expressed excitement at being at a real Leafs' practice.

But when it came right down to it, it was the youngest fans whose dreams come true when their young hockey heroes stopped for a chat, to sign an autograph and to have their pictures taken with their avid fans. Cole King, 12, stopped every Leaf who came within reach and asked them to sign his Dion Phaneuf Leafs sweater. He admitted Phaneuf was his favourite, but that didn't stop him from trying to get all of them to sign his sweater.

Thirteen-year-old Bradley Rylski even had his picture taken with Leafs' coach Ron Wilson.

Wilson was also besieged by the reporters, each wanting a scoop on who would dress for Saturday night's game against the Calgary Flames. Already at the player limit of 23 on the roster, the fact that Nazim Kadrim, Tim Connolly and Clarke MacArthur were probables to rejoin the line-up for Saturday meant Wilson would have to make tough decisions about who would be sent down to the Toronto Marlboros farm team and who would stay with the Leafs.

Wilson, noted for his stick handling ability as a player, put that skill to good use in the media and in single interviews after the practice Tuesday, noting that whoever went down it would likely not be so much because that player played poorly, but because others had played a little better.

The Leafs also signed jerseys to help raise funds for the CFB Trenton United Way campaign.

Watch for more stories and photos in the upcoming issues of The Contact.

LCol Dan Harris joins Dion Phaneuf in checking-out the Herc at the air park in CFB Trenton.

Photo: Lt Chris Daniel



(Below) Janet Smallman took some time out from working in the Galley kitchen to have her picture taken with James Reimer, Maple Leaf goaltender.



Photo: Ross Lees



Photo: Ross Lees

Thirteen-year-old Bradley Rylski has his picture taken with Maple Leafs coach Ron Wilson.

Cole King, 12, is pictured with James Reimer.

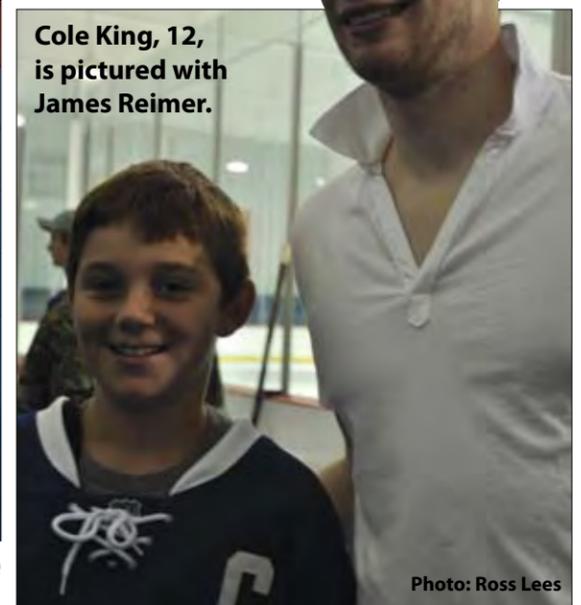


Photo: Ross Lees

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Des militaires en entraînement à Mountain View

Par le Lt Christopher Daniel, Officer des affaires publiques
Des militaires de la 8^e Escadre et du Royal 22^e Régiment ont participé à un exercice qui s'est déroulé dans le secteur de Mountain View de la BFC Trenton, du 25 septembre au 7 octobre 2011.

L'entraînement, nommé exercice *Mountain Star* (Ex MS), visait à maintenir et à améliorer les capacités des militaires à mener des opérations expéditionnaires aériennes modernes.

Le Lieutenant-colonel Sean Lewis, directeur de l'Ex MS, a déclaré ce qui suit : « Dans le cadre de cet exercice, nos militaires ont suivi un entraînement réaliste qui a pris la forme d'une simulation de déploiement pour des raisons humanitaires afin qu'ils puissent opérer efficacement et maintenir une base opérationnelle fonctionnelle lorsqu'ils participent à un déploiement.

Au cours de l'exercice, les participants devaient s'entraîner à réaliser une opération d'évacuation de non-combattants (NEO). Ce type d'opération consiste à évacuer des civils d'un autre pays, normalement en raison de la détérioration de la situation dans leur pays sur le plan de la sécurité.

Cette capacité permettra au personnel de la 8^e Escadre d'intervenir de façon plus sécuritaire auprès des Canadiens à l'étranger », d'affirmer le Lcol Lewis.

Les militaires ont aussi eu l'occasion de participer à une simulation d'exercice de catastrophe aérienne (CATAIR). Il s'agit du plan d'intervention en cas d'urgence d'une catastrophe aérienne qui requiert plus de ressources que celles dont dispose un centre conjoint de coordination de sauvetage (JRCC) local.

Le Lcol Darwin Ziprick, commandant de la composante aérienne explique : « Quand survient une catastrophe, le JRCC responsable de la région en est avisé et il coordonne une intervention de recherche et sauvetage. Compte tenu de l'ampleur du désastre, il est possible qu'une opération CATAIR soit déclarée, entraînant une succession rapide d'interventions pour fournir un soutien immédiat et supplémentaire aux survivants. »

Comme le personnel de la 8^e Escadre se soucie de protéger l'environnement, tous les militaires participant à l'exercice ont fait preuve de diligence raisonnable dans l'application des mesures de protection de l'environnement. Des procédures de sécurité ont aussi été mises en place pour assurer la santé et la sécurité de tous.



CC130612 loading the simulated stranded Canadians to complete the evacuation process of the non-combatant evacuation operations (NEO) exercise.

(Below) Acting as a stranded Canadian civilian, a Canadian Forces member goes through the administration area to get manifested and accounted for their flight home.

Photos: Cpl Dan Strohan, 8 Wing Imaging



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Wood stoves and fireplaces Poêles à bois et cheminées



While fireplaces are usually considered a decorative alternative, the use of a woodstove in the home has become quite a popular choice as the main source of heat. And while the fireplace may cut down on heating bills, keep in mind you are still dealing with fire. And fire can be deadly.

The most immediate hazards of a fireplace or wood stove are these:

- Fire may escape directly, in the form of hot coals or sparks;
- Radiant heat may be great enough to ignite nearby combustible materials;
- Flammable residues in the chimney may catch fire and spread to adjacent wood framing or to the roof.

The benefits of stoves and fireplaces can be realized in a safe home environment only through proper installation and regular maintenance.

If you plan to install or alter a stove or a fireplace, the project must be carefully carried out in accordance with the manufacturer's instructions and at the same time meet fire prevention or building code regulations of the region where you live. Find out what the building codes are in your area before you begin installations of any kind.

Usually fire codes provide specific instructions for stove placement. It is important to place the appliance a safe distance between the fire and nearby walls as wood can ignite at temperatures as low as 200°F which is much less than the 800°F temperature radiated by some stoves! Most codes require protective shields behind and beneath a stove and its flue to dissipate heat before it reaches combustible wall or floor materials. Most codes also specify the thickness of the masonry in a fireplace and chimney and the amount of air space that is required between the masonry and combustible interior walls.

Regular inspection, cleaning and maintenance are the best insurance against chimney fires and fires resulting from a damaged stove or flue. Thoroughly check the entire system before lighting the first fire of the season and repeat inspections on a regular basis every month or so.

Safety Tips for Stoves and Fireplaces:

- Use proper accessories for your wood burning system. Cradle shaped grates will keep burning logs from falling or rolling beyond the firebox opening.
- A metal container provides safe transport of ashes, which may contain hot coals. Store

them in a safe place outdoors for at least 24 hours before discarding them.

- Every fireplace requires a close-fitting screen or glass doors to prevent sparks and hot coals from popping out.
- Pay attention to the fire itself. Never allow a stove to become so hot the metal glows. Heat this intense can cause dangerous cracks.
- There must be a sufficient supply of fresh air through outside ducts to ensure good combustion in the fireplace.
- Don't burn trash, plastic, Christmas trees, wrapping paper or anything that provides a sudden, intense flame.
- If you do have a chimney fire, cut off the chimney's air supply to starve the fire and call your fire department.
- Keep a fire extinguisher handy to the fireplace or stove and be trained in its use. A fire extinguisher will not help if you don't know how to use it.
- Burn only the fuels for which a stove is designed. Avoid any substance that could increase the heat of the fire - starter fluids, coal, cardboard and especially trash such as Christmas tree boughs and plastic wrappings.
- Never store extra firewood so close to the flames it might ignite outside the firebox.
- If fire does break out you can ensure an early warning with properly installed smoke detectors.

Fireplaces and wood stoves are great alternatives for heating. Just make sure you are aware and can handle the possible dangers associated with them.



Bien que les cheminées soient considérées comme une option plutôt décorative, les poêles à bois sont, ces jours-ci, la source de chaleur de prédilection de bon nombre de personnes. Les cheminées peuvent en effet alléger la facture de chauffage, mais il ne faut pas oublier que l'on a affaire au feu. Et que le feu peut être mortel.

Voici les dangers immédiats que posent les poêles à bois et les cheminées :

- Le feu peut s'échapper directement, sous forme de braises ou d'étincelles;
- La chaleur rayonnante peut augmenter suffisamment pour enflammer les matériaux combustibles se trouvant aux alentours;
- Les résidus inflammables dans la cheminée peuvent prendre feu et se répandre aux encadrements en bois adjacents ou au toit.

On ne peut tirer profit des poêles à bois et des cheminées tout en sécurité que s'ils ont été installés adéquatement et si l'on en assure l'entretien régulièrement.

Si vous envisagez d'installer ou de modifier un poêle ou une cheminée, il faut le faire conformément aux directives du fabricant ainsi qu'aux règlements concernant la prévention des incendies et aux codes de la construction en vigueur dans votre région. Renseignez-vous sur les codes de la construction de votre région avant d'installer quoi que ce soit.

En règle générale, les codes de prévention des incendies contiennent des dispositions précises sur l'emplacement des poêles. Il est important de placer la source de chaleur à une certaine distance des murs étant donné que le bois peut s'enflammer à 200 °F, ce qui représente une température bien en dessous des 800 °F que peuvent produire certains poêles. La majorité des codes exigent l'installation d'écrans protecteurs sous le poêle et derrière celui-ci ainsi que d'un conduit de fumée qui dissipe la chaleur avant qu'elle atteigne les matériaux combustibles des murs ou du sol. De plus, ils précisent l'épaisseur de la maçonnerie des cheminées et de la lame d'air qu'il faut prévoir entre la maçonnerie et les murs intérieurs, qui sont inflammables.

Pour éviter les feux de cheminée et les incendies produits par un poêle ou un conduit de fumée endommagé, rien ne vaut les inspections de routine et les travaux de nettoyage et d'entretien réguliers. Effectuez

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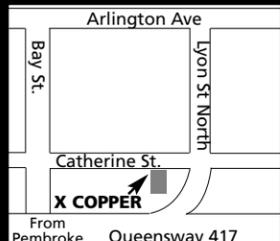
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Welcome to The Contact newspaper's Community Events page!

Thanks to the generosity of Smylie's Independent Grocer, we can, space permitting, feature public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area.

The Contact is always interested in what is going on in and around CFB Trenton.

Please send your coming events (from blood donor clinics to tea parties) to us at cfbcontactnewspaper@gmail.com.

Each event should be typed out in the format of those below.

Please do not send posters.

Air Cadets wanted

Are you between the ages of 12 and 18? Interested in something new this year? Try Air Cadets! Learn about leadership, citizenship, aviation, survival, military stuff and so much more. No fees to join. 704 Air Force City Squadron, Royal Canadian Air Cadets is located at 11 Buffalo Ave on CFB Trenton and is looking for excited and motivated young people interested in our program. We meet Monday nights from 6 p.m. and 9 p.m. starting on Sept. 12. For more information please call 613-392-1360."

Looking for Volunteers!

Are you interested in causes? CFB Trenton is looking for both military and civilian personnel interested in participating in the base's employment equity advisory group that champions persons with disabilities, visible minorities, women, and aboriginals. Our mission is to help close the employment gaps which exist across DND among these four groups. To do this we need individuals interested in organizing events for the nationally recognized commemorative days of these designated groups and to participate in recruiting initiatives among youth. For more information, you may contact Major Brenda Tucker at local 3672.

Bénévoles recherchés!

Description / notice (French) Avez-vous à cœur de défendre des causes? La BFC Trenton est à la recherche de militaires et d'employés civils qui souhaitent participer au groupe consultatif sur l'équité en matière d'emploi de la base, lequel défend les droits des personnes handicapées, des membres des minorités visibles, des femmes et des Autochtones. Nous avons pour mission de combler les écarts qui persistent à l'échelle du MDN en ce qui concerne l'emploi au sein de ces quatre groupes. Pour y parvenir, nous avons besoin de personnes désireuses d'organiser des activités dans le cadre des journées nationales consacrées à ces groupes

désignés et prêtes à participer à des initiatives de recrutement visant les jeunes. Pour en savoir plus, n'hésitez pas à communiquer avec le Major Brenda Tucker, au poste 3672.

WHL coming in October

The Wing Hockey League (WHL) will commence play on Oct. 2 and play Sunday through Thursday evenings. The league organization meeting will be held at 10:00 a.m. Sept. 11 at the gymnasium conference room and all interested team representatives are encouraged to attend. For further information, contact the Military Sports Coordinator Dan Cormier at 3373.

Oct. 17 - Noon Hour Hockey League

The start of Noon Hour Hockey League is postponed until Oct. 17 due to the inadequate number of registered players at a cost of \$80 per player. Player registration for the NHHL is ongoing at the gymnasium main office, Monday to Friday from 8 a.m. to 11:30 a.m. and 1 p.m. to 3:30 p.m. For further information, contact the Mil Sports Coord., Mr. Dan Cormier at Loc. 3373.

Oct. 19-20 - 2011 Roll Off

The 8 Wing/CFB Trenton bowling team will represent 8 Wing/CFB Trenton at the Ontario Region Bowling Championship held in Borden in late November. The Roll Offs will be held at the Club Medd Bowling Lanes on the Oct. 19 or Oct. 20 and all bowlers must attend Oct. 21 from 8 a.m. to 12 noon. Competition is open to all CF, Class B & C Reserve members. Players must register or for information contact Mr. Dan Cormier loc. 3373.

Oct. 26 - Trenton Seniors Club Tea and Bake Sale

Trenton Seniors Club 105 is hosting a tea and bake sale on Oct. 29. Cost is \$2 entry fee which includes door prize draws or \$5 which includes entry fee + door prize draws and Tea room. There will be bake table, craft table, woodcraft, white elephant table, a quilt draw, plus door prizes.

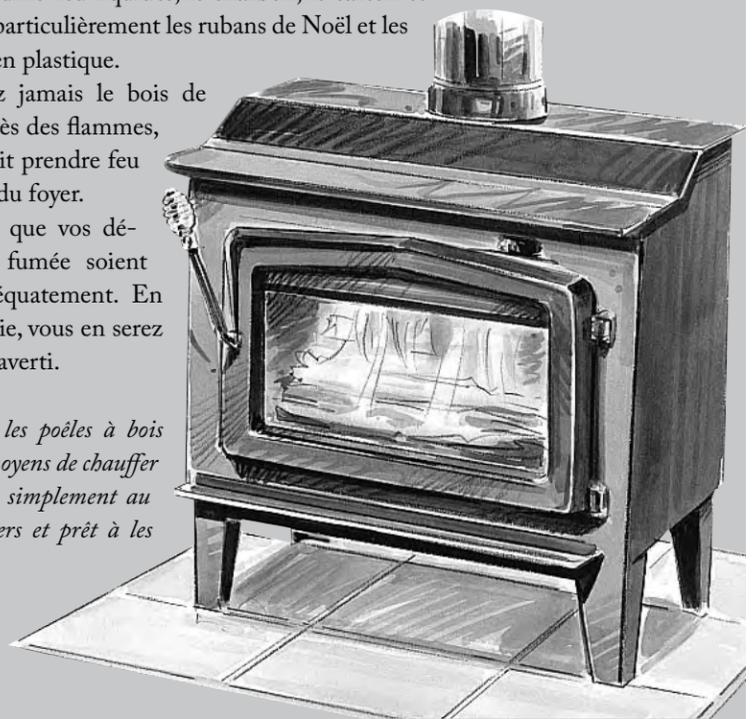
Suite de la page 13

une vérification de l'ensemble du système avant d'allumer le premier feu de la saison et répétez les inspections régulièrement, environ tous les mois.

Mesures de précaution au sujet des poêles et des cheminées :

- Utiliser les outils adéquats pour votre système de chauffage au bois. Les grilles porte-braise concaves empêchent les bûches de tomber ou de rouler à l'extérieur du foyer.
- Transportez les cendres dans un conteneur en métal, car elles pourraient contenir des braises. Gardez-les à l'extérieur dans un lieu sûr pendant au moins 24 heures avant de les jeter.
- Chaque cheminée doit être munie d'un écran pare-feu bien ajusté ou de portes en verre pour éviter que des étincelles ou des braises ne s'échappent.
- Surveillez le feu. Ne laissez jamais la température d'un poêle augmenter suffisamment pour que le métal rougeoie. Une chaleur aussi intense peut causer des fissures dangereuses.
- Les conduits extérieurs doivent fournir suffisamment d'air frais pour assurer une combustion adéquate dans le foyer.
- Ne brûlez pas de déchets, de plastique, d'arbres de Noël, de papier d'emballage, ni toute autre chose pouvant créer une flamme intense soudainement.
- Si la cheminée prend feu, coupez l'alimentation en air de la cheminée pour étouffer le feu et appelez les pompiers.
- Gardez un extincteur près de la cheminée ou du poêle et sachez comment l'utiliser. Un extincteur ne vaut rien si vous ne savez pas comment vous en servir.
- Ne brûlez que les combustibles qui conviennent à votre poêle. Évitez toute substance susceptible d'augmenter la température du feu, entre autres les allume-feu liquides, le charbon, le carton et les déchets, particulièrement les rubans de Noël et les emballages en plastique.
- N'entreposez jamais le bois de chauffage près des flammes, car il pourrait prendre feu à l'extérieur du foyer.
- Veillez à ce que vos détecteurs de fumée soient installés adéquatement. En cas d'incendie, vous en serez rapidement averti.

Les cheminées et les poêles à bois sont d'excellents moyens de chauffer votre logis. Soyez simplement au courant des dangers et prêt à les affronter.



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Inter-section Golf League season ends

Fitness and Sports Director Dave Rothermund presents Perry Hulan and Joe Dunkley (missing from photo) Bill Hewson, Eric Mofina of the WCE first team the 2011 inter-section Golf League Award. The WCE first team was composed of the following golfers Bill Hewson, Eric Mofina, Perry Hulan, Joe Dunkley, Jake Talsma, Brian Hicks, Glenn Coll, Jim Barr. Second place goes to CFLAWC. The year end tournament winner was AMIS with a total stroke of 64 with 424 Sqn with 67 and CJIRU with 70. The league was highly competitive as indicated by the stats.

Full stats page 17

Horoscope

WEEK OF OCTOBER 9 TO OCTOBER 15, 2011

BIRTHDAYS THIS WEEK:
OCTOBER 13 – PAUL SIMON
OCTOBER 14 – RALPH LAUREN

ARIES
People are telling you things that help you understand what's going on. When someone asks something of you, get straight down to it, although you might not want to do everything they ask.

TAURUS
Your love life is in the forefront this week. You are in a phase of your life where what you experience will completely change your expectations. This transforms the way you look at your affections.

GEMINI
This week teaches you to respect what you feel. The Moon causes you to experience things in a very special way. You love analyzing everything concerning your work.

CANCER
The planet Neptune brings you some strong emotions and causes you to see what others represent in your life. Discern things carefully this week.

LEO
The domain of learning is in the forefront for you this week. You want to feel happy in everything you do. You might have to completely rethink your way of living.

VIRGO
You will shine in the spotlight at work this week. The planet Jupiter causes you to be admired by others. This surprises you but makes you happy.

LIBRA
You feel very sure of yourself, which has positive consequences for you at the moment. You might start a new phase in your professional life, and you can even expect to travel.

SCORPIO
Loyalty is profoundly important for you. Your need for everything in your life to be harmonious is increasingly essential for you. Don't hurt yourself with things from the past.

SAGITTARIUS
Several things happen to you at a most unexpected time, but they make you think about the conditions in which you live. You really want to succeed, and you will see that it is possible to do so.

CAPRICORN
You deeply love the people in your family, and you are in a phase where they are very close to you. The Sun brings you many clarifications in the area of your studies.

AQUARIUS
You need to feel really good with the one you love. You want to be sure that this person truly loves you, which is important for your equilibrium and your peace of mind.

PISCES
You have huge possibilities for personal achievement. You might want to start giving your attention to the things that you truly wish to accomplish, even if they are not part of your current professional life.

CROSSWORD

ACROSS

1. Oater friend
5. Source of poi
9. Discolor
14. Health herb
15. Keen
16. Paper fastener
17. Sow's opposite
18. Reform
19. Pond resident
20. Guilt
22. Translate
24. Rested
25. Tar's hello
26. Bill at "Cheers"
29. Baby's pajamas
33. Steel mill residue
34. Prima donna
35. Auricle
36. Halloween word
38. Strict diet
40. Touch on
42. Grandmother
43. Harsh
44. Father
46. Happiness
49. Common gull
50. Reach
53. Nonclerical
55. Thick cord
58. Revel noisily
60. Finance
62. Skate
63. Curdle
64. Shed tears
66. Increase
68. Female bird
69. Romanov title
70. Lettuce type
71. Small village
73. Rustic
77. Layers
80. He's got the blues
82. Head sheik
83. "___ Can Wait"
84. Rye fungus
85. Make a mad dash
86. Key in, as data
87. College administrator

1	2	3	4	5	6	7	8	9	10	11	12	13	
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88. "___ Were Expendable"

DOWN

1. Young salmon
2. Direction for Sinbad
3. Perambulate
4. Testify
5. Submissive
6. Stone or Bronze
7. Tear to pieces
8. Tribulation
9. Pore over
10. Bible weed
11. Bright
12. Queasy
13. Maiden-named
15. Asian
16. Larry, Curly, and Moe
21. Deeply absorbed
23. Blacken
26. Antiquated
27. State strongly
28. Scourge
29. Caribbean or Coral
30. Biology class, for short
31. Outbreak
32. Enlarge
33. Hollywood newcomer

34. Springboard figure
37. Tropical bird
39. Amethyst, for one
41. Seared bread
45. Abyss
47. Bronzed
48. ___-and-go-seek
50. Coyly roguish
51. Lacquered tin
52. Dan Rather, e.g.
54. Musical performance
56. Boot liner
57. Aperture
59. True
61. Halt, to a horse
65. Student-doctor course
67. Affirm
69. Spud
71. ___ it coming
72. Wrenched
73. Unskilled laborer
74. Indian nanny
75. Kind
76. Three, in cards
77. Her, subjectively
78. Five-and-___
79. Dock rodent
81. Nicklaus's gr.

Trenton is where I want to be

By 2Lt Katharine Quint
On Sept. 27, 2010, I embarked upon a journey to a vast new world in the Canadian Forces. After completing basic training, I came to CFB Trenton on Feb. 4, 2011 to undergo on the job training while waiting for my trade qualification training.

My trade is Air Traffic Controller (AEC) and being at 8 Wing, I had the privilege to work at the newly built tower.

On my last day at 8 Wing before going to Cornwall to do my trade qualification training, I thought of a number of memorable experiences I had at the Wing.

8 Wing has been an excellent training ground, as far as I'm concerned, to await training as an AEC. There have been countless opportunities to sit in the tower or terminal and watch (or more importantly listen) to what takes place on the aerodrome.

I also had the opportunity to take a number of courses in leadership through the Trenton Continuous Improvement Office, which granted me a Wing Commander's Award for Personal Improvement. I've also taken courses through the Learning Center that help develop skills in managing people and an excellent Military Writing Course, which I highly recommend to everyone.

To keep me fit and healthy for my

job, 8 Wing Trenton has an excellent gym and PSP staff members that are dedicated to helping me achieve my fitness goals. In fact, I have used their resources extensively. I even played soccer and made it to Regional's in Petawawa where Trenton women's soccer earned the silver medal.



2Lt Quint in front of the newly built control tower at 8 Wing Trenton.

There's been no lack of meaningful work here; I had the opportunity to be on the 8 Wing United Way Campaign executive committee doing public relations and communication. Also, I started a project at the Learning Center to

create a course on military memos and letters starting with the basics of the English language.

As a junior officer just starting my career, 8 Wing Trenton has given me endless possibilities to grow and learn within the CF. After several months of being here, I've gained a far greater understanding of an aerodrome than I ever would have learned working at a non-air base for my on the job training.

So if you want to be an Air Traffic Controller, Trenton is where you want to be!

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MFRC briefs

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The saying that small is beautiful is proved once again by the design of this compact one-bedroom home, which features lofty nine-foot ceilings throughout, as well as an unfinished basement.

The entry, tucked under generous eaves, is protected in inclement weather. To the right of the foyer and facing the street is a study that can double as a guest room. French doors open onto a covered porch with a vaulted roof.

At the heart of this home is a combined dining room, kitchen and great room, featuring a built-in entertainment centre and a gas fireplace.

A small covered deck off the dining room provides the perfect spot for a barbecue.

A kitchen island hides a dishwasher, and the raised eating bar is ideal for casual family meals.

The master suite overlooks the back garden. Beyond the double-sided walk-in closet is an ensuite with a double sink, as well as an enclosed water closet.

The double garage offers access to the laundry room. Nearby is the coat closet and a powder room.

The exterior features handsome wood detailing over the garage door and at the gables. The design is suitable for a lot that slopes away from the street.

This home measures 44 feet wide and 59 feet, eight inches deep, for 1,692 square feet of finished space on the main floor, plus an unfinished basement.



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Take a Stand Family Violence Awareness Week: full of interesting sessions

The Take a Stand Family Violence Awareness Week is a Canadian Forces-wide family violence prevention and awareness campaign which reaches out to all military personnel, families and service providers.

The week kicks off with a Why Women Stay workshop provided by Three Oaks Foundation. The workshop which begins at 6:30 p.m. at the base chapel at 91 Namao Drive, identifies the economic, socio-cultural and emotional/psychological barriers which make it difficult for women to live free of abuse.

Triple P Parenting with Kelly Briggs is the featured event on Oct. 19 from 1 p.m. to 2:30 p.m. at the Military and Family Resource Centre annex at 9 Namao Dr. This workshop discusses parenting styles and techniques which help create a positive, caring relationship with your children and family.

A Francophone brunch is scheduled for Oct. 20 from 9:30 a.m. to 11 a.m. at the Base chapel at 91 Namao Dr. Everyone is welcome to come and share food and conversation, including children.

Thursday, Oct. 20 is Date Night with Brenda Hudson. The event takes place from 7 p.m. to 9 p.m. at the Fireside Mess and is an evening for couples to put more fun, happiness, love and affection into their relationship.

Friday, Oct. 21 features a Female Empowerment Course with Jason Chin-Leung. The event takes place from 7 p.m. to 10 p.m. and there is a \$5 registration fee. It takes place at the Trenton Brazilian Jiu Jitsu Martial Arts

Club at 182 Yukon Street, CFB Trenton. Participants will learn practical self-defense techniques based in Brazilian Jiu Jitsu. It is open to women ages 12 and up. (Youth between the ages of 12-16 must be accompanied by an adult.)

To register for any of these events, please contact 613-955-8891 or aallen3@cogeco.net

If you are experiencing or witnessing family violence... seek help!

8 Wing Contact Information

613-392-2811
 Family Violence Crisis Team: x4322 / x 7670
 Mental Health Services: x3651
 Member Assistance Program: 800.268.7708
 Military Family Resource Centre: 613.965.3537
 On Duty MO or Padre (after hours): x2219 / x3316 / 0
 Health Promotion: x3767

Community Contact Information

Crisis Intervention Centre Line: 613.962.7227
 Trenton Mental Health Services: 613.394.1655
 Kids Help Phone: 800.668.6868
 Three Oaks Women's Crisis Line: 613.966.3074
 SupportLink & Victim Quick Response: 877.354.4151
 Children's Aid Society: 613.962.9291
 Victim Services: 866.680.9972
 Open Line Open Mind: 613.310.OPEN (6736)

... Full stats from 15

A Div					
Teams	Wins	Ties	Loss	Points	Place
426 Sqn # 1	10	0	2	32	1st
WCE # 1	9	0	4	31	2nd
RTF	9	0	3	30	3rd
8 AMS # 1	8	1	4	30	4th Lost to RTF
CJIRU	8	0	2	26	5th
429 Sqn # 1	8	0	2	26	6th Lost to CJIRU
WOPS	7	1	2	25	7th
AEPF	5	2	5	24	8th
AMIS	5	1	6	22	9th
WTISS	4	1	7	21	10th
CCISF	4	1	7	21	11th Lost to WTISS # 1
ATC	3	2	7	20	12th
8 ACCS	3	1	7	18	13th Lost to WTISS # 1
ATC	2	0	4	8	14th

B Div					
Teams	Wins	Ties	Loss	Points	Place
WSup	9	0	3	30	1st
JRCC	9	0	2	29	2nd
424 Sqn	7	1	3	26	3rd
C Check	7	1	3	26	4th Lost to 424 Sqn
ARMF	6	0	3	21	5th
WTISS	6	0	3	21	6th Lost to ARMF
429 # 2	5	0	3	18	7th
WCE # 2	4	1	4	17	8th
WTISS # 2	4	0	5	17	9th Lost to WCE # 2
426 Sqn # 2	3	0	6	15	10th
8 AMS # 2	2	0	8	14	11th
426 Sqn # 2	1	1	8	13	12th

Wins	3 Points	Ties	2 Points	Loss	1 Point
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JOURNEYPerson INDUSTRIAL MECHANIC - 2 positions - The City of Regina is looking for 2 permanent, full-time Journeyperson Industrial Mechanics, one in the Water Operations Branch & one in the Wastewater Treatment Branch. For more information and to apply, please contact: Careers.Regina.ca Closing: October 19, 2011.

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P	A	R	D		T	A	R	O		S	T	A	I	N			
A	L	O	E		E	A	G	E	R		S	T	A	P	L	E	
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D13607 2.0 Turbo! Pwr sunroof! Pwr heated leather seats! 17" Alloy wheels! Automatic, 4 cyl, 4 dr, hatchback, tilt, air, cruise, AM/FM/CD/MP3, pwr mirrors, windows, locks, keyless entry, 77,000kms.

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\$95.89 biweekly
 60 mths @ 6.99%
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08 MAZDA 3



PD13814 15" Alloy wheels! 5 Speed manual transmission, 4 dr, air, tilt, AM/FM/CD, pwr windows, locks, mirrors, keyless entry, only 45,000kms.

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P13655 Rear sliding doors! Pwr sunroof! 16" Alloy wheels! Automatic, 4 cyl, 4 dr, quads, steering wheel controls, cruise, air, tilt, AM/FM/CD, pwr mirrors, windows, locks, keyless entry, 67,000kms.

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\$118.73 biweekly
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07 MAZDA 3 TOURING EDITION



P13651 Pwr sunroof! 16" Alloy wheels! 5 Speed, manual transmission, steering wheel controls, tilt, air, cruise, AM/FM/CD, pwr locks, windows, mirrors, keyless entry, 82,000kms.

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08 VOLKSWAGEN GOLF CITY



D13684 Pwr sunroof! Black! Heated seats! 15" Alloy wheels! 5 Speed manual transmission, Bluetooth ready, cruise, tilt, air, AM/FM/CD, pwr mirrors, windows, locks, keyless entry, 51,000kms.

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P13255 Manual transmission, 4 cyl, 4 dr, air, tilt, AM/FM/CD, only 44,000kms!

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\$100.46 biweekly
 60 mths @ 6.99%
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07 VOLKSWAGEN JETTA



P13631 Pwr heated leather seats! Pwr sunroof! Black! 16" Alloy wheels! 5 Speed, manual transmission, cruise, tilt, air, AM/FM/CD, pwr locks, mirrors, windows, keyless entry, 94,000kms.

\$11,995

\$109.60 biweekly
 60 mths @ 6.99%
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07 MAZDA 3



P13654 Heated leather seats! Pwr sunroof! 17" Alloy wheels! 5 Speed manual transmission, steering wheel controls, hatchback, cruise, air, tilt, AM/FM/CD, pwr mirrors, windows, locks, keyless entry, 66,000kms.

\$13,495

\$123.30 biweekly
 60 mths @ 6.99%
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08 VOLKSWAGEN JETTA CITY



P13606 Black! 15" Alloy wheels! 5 Speed manual transmission, 4 dr, air, tilt, cruise, Am/FM/CD/MP3, pwr windows, mirrors, locks, keyless entry, 76,000kms.

\$12,495

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07 VOLKSWAGEN PASSAT



13333 2.0LT-turbo! Pwr sunroof! Heated seats! Automatic, 4 cyl, 4 dr, tilt, air, cruise, AM/FM/CD/MP3, pwr mirrors, locks, windows, keyless entry, 100,000kms.

\$12,995

\$118.73 biweekly
 60 mths @ 6.99%
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07 MAZDA 3



PD13692 Pwr sunroof! Charcoal grey! Heated seats! 17" Alloy wheels! 5 Speed, manual transmission, 4 dr, hatchback, steering wheel controls, cruise, air, tilt, AM/FM/CD, pwr mirrors, windows, locks, keyless entry, 59,000kms.

\$12,995

\$118.73 biweekly
 60 mths @ 6.99%
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07 MAZDA 3



PD13579 Pwr sunroof! Heated leather seats! 17" Alloy wheels! 5 Speed, manual transmission, hatchback, steering wheel controls, cruise, tilt, air, AM/FM/CD, pwr locks, windows, mirrors, keyless entry, 52,000kms.

\$13,995

\$127.87 biweekly
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13687 16" Alloy wheels! Heated seats! Automatic, 4 cyl, sedan, tilt, air, cruise, AM/FM/CD/MP3, pwr mirrors, locks, windows, keyless entry, 77,000kms.

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 72 mths @ 6.99%
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PD13772 Pwr sunroof! Heated seats! 17" Alloy wheels! 5 Speed manual transmission, 4 cyl, 4 dr, hatchback, steering wheel controls, air, cruise, tilt, AM/FM/CD, pwr windows, locks, mirrors, keyless entry, 82,000kms.

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PD13583 Pwr sunroof! Rear sliding doors! 16" Alloy wheels! Heated seats! Automatic, 4 cyl, 4 dr, hatchback, tilt, cruise, air, steering wheel controls, AM/FM, pwr locks, windows, mirrors, keyless entry, 100,000kms.

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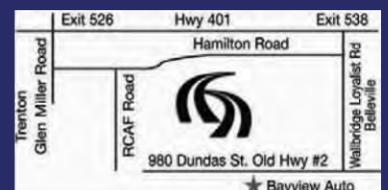
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