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• Volume 42 Issue Number 17 •

437 Transport Squadron – An operational overview

by Captain Nicole Meszaros, 8 Wing Public Affairs Officer

A key aspect of keeping the Canadian Forces (CF) fleet of five CC-150 Polaris aircraft flying the multitude of missions asked of the Huskies is an organized squadron operations section.

Major Eric Philippouci, the squadron operations officer, said that, “extreme flexibility and sound effectiveness at managing our human resources are the two critical components of success in mission accomplishments at 437 (T) Squadron, especially when responding to unforeseen mission requests.” However, most missions are planned well in advance otherwise mission scheduling would become chaotic. “The Air Division needs to know about support requirements well in advance to ensure that all requirements can be met.”

437 (T) Squadron supports the army and navy by airlifting soldiers and sailors for exercises and training missions throughout North America. “When the



Photo: Pte Isabel Lavallée-Raby, 8 Wing Imaging

Major Eric Philippouci, pilot and 437 Squadron Operations Officer.

army does pre-deployment training we take them to locations such as Texas and Alabama,” said Major Philippouci. Other primary customers of the Polaris fleet include Canadian Special Operations Forces Command and Canadian Operational Support Command as worldwide airlift is required for these two organizations routinely.

While all five jets are capable of being configured to carry a combination of freight and passengers except CC-150001, the Prime Minister’s airplane, three are known as “combis” and are used for the weekly sustainment flights to and from Camp Mirage, which is in the Middle East.

“Typically we fly three to four missions per week,” said

Maj Philippouci. “Monthly, an airlift plan comes out and everything becomes more cemented for our flying and planning purposes.”

In addition to providing military support to the various elements and commands of the CF, each year 437 (T) Squadron supports the Prime Minister, the Governor General and other important

Canadians on VVIP flights. The Commonwealth Heads of Government Meeting, in Kampala, Uganda, will see the Huskies flying to Africa with the Prime Minister on board this November.

“Timings are critical for these missions so mission planning is a little more elaborate. We are more thorough when the Prime Minister is on board,” said Maj Philippouci. “There is always a mission commander and this officer liaises with the Prime Minister’s Officer and Foreign Affairs Canada for any requirements the Prime Minister might have.”

OPERATION BOXTOP takes the Huskies to Thule, Greenland, twice a year to ensure CFS Alert stays well supplied and equipped. Recently, 8 Wing/CFB Trenton developed approach plates suitable for the navigation display on the Polaris, enabling the jet to now land in conditions of poor visibility and bad weather safely.

When scheduling conflicts arise, 8 Wing Operations staff, 437 (T) Squadron operations

staff and Airlift Planning personnel from 1 Canadian Air Division work together to prioritize flight requirements.

Medical evacuations and repatriation flights for casualties take priority over other missions. The result of such important missions that arise without advance notice means that the squadron may have to recall squadron members who may be on annual leave. “We try to recall people who are in the area. It may be disappointing but everyone accepts and understands the importance of these missions, this is our job,” said Maj Philippouci.

Twice a year 437 (T) Squadron further supports Canada’s war effort in undertaking the relief-in-place (RIP) flights. “The RIP is a very involved operation and takes most of our resources to carry it out,” said Maj Philippouci. “We move about 2500 soldiers from Canada to Camp Mirage and another 2500 home again.”

437 (T) Squadron is an essential asset of the Air Force’s Air Mobility Force.

Jumping jellyfish, what the hell is going on?

by Fred Lord
8 Wing Realty Manager

OH BOY, the face of 8 Wing/CFB Trenton is about to explode and re-invent itself. The infrastructure development changes that are in progress and being instituted over the next few years have never been equaled, not even with the creation of CFB Trenton back in 1929 and the 1930s.

As the future sun slides out of sight, the visible horizon changes will be unprecedented and spellbind the most advanced and fore-thinking people. Programs such as the acquisition of a C-17 Globemaster III, new Hercules CC-130J platforms and finally a new Fixed Wing Search and Rescue platform will require completely new infrastructure to meet the future mission of the fleets and the Canadian Forces.

In order to meet all mission require-

ments, the existing aging infrastructure needs to be upgraded and/or replaced. That Globemaster is one huge plane and one of the first requirements will be to create more ramp space so it can manoeuvre, park, load and unload. Therefore the ramp to the north and east of 10 Hangar will be torn up and rebuilt with additional ramp added (this year). A project also exists to expand 1 Hangar to the east to provide room for a Material Distribution Centre and increase the efficiency of loading and unloading aircraft. The drainage trench in front of the south hangar line on the ramp will also be torn out and rebuilt to address that failing infrastructure (this year).

The C17 aircraft requires some type of shelter from the elements to address snags and allow aircraft look-sees. Not really formal inspections as this ability will develop with the construction of permanent

hangars. Interim solution – one rather LARGE fabric shelter north of the existing passenger terminal (hopefully this year). Then we have to address permanent solutions for aircraft hangars with the first one anticipated to be built as a corrosion/wash-bay multi-aircraft hangar, located north of the main runway and in the vicinity of the existing Transient Explosive Storage Building at 100 Westwin Avenue. Next it is planned to remove 5 Hangar and place another large hangar in this area, which will require the relocation of communications out of 5 Hangar and into a new hangar line cable plant in the area of the east commercial gate. There is a plan to build another large hangar to the west, which would necessitate the removal of 6 Hangar. Later construction could see continued development of the hangar line to the west which would necessitate the removal of 7, 8 and 9

Hangars to accommodate the new J-model CC-130s. All that being said, the plan is that 10 Hangar may disappear with the existing Hercules legacy fleet. The removal of the southside hangar infrastructure would require new infrastructure to accommodate existing functions presently residing on the south hangar line. Again, the area for support shops presently might be in proximity to the existing uniform taxiway.

Additional infrastructure includes continued ramp replacement to the west through the continuing years, a new firehall centrally located to accommodate larger fire trucks, and a new de-icing pad off the end of the old runway 31 button.

Due to its thirsty nature and fuel tank size we need to incorporate a hydrant refueling system into the ramp. The POL farm will require upgrading to include equipment

See Construction, Page 9

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A message from the Minister of National Defence

Gordon O'Connor
Minister of National Defence

The Honourable Gordon O'Connor, Minister of National Defence, issued the following statement today for Air Force Appreciation Day, held on April 19, 2007, on Parliament Hill:

"This is an important day for Canada and a proud day for me as the House of Commons and the Senate recognize the contributions of the fine men and women of Canada's Air Force to the security and well-being of all Canadians.

The 15,000 men and women of Canada's Air Force are on duty every day, ensuring the sovereignty of our airspace, which extends beyond the land-mass of the second largest country in the world, well out over the Atlantic, Pacific and Arctic Oceans.

They conduct search and rescue missions in dangerous conditions, saving lives on a daily basis and providing immediate assistance to thousands of Canadians in distress each year.

They work alongside other Government Departments to combat drug smuggling and illegal immigration, monitor the environment, and keep track of fishing vessels operating in our offshore commercial fishing areas.

And they are ready when

disaster strikes to provide humanitarian support or evacuate injured or threatened people in Canada and around the world.

The Air Force is a part of our national identity and continually demonstrates to Canadians the high level of professionalism, teamwork, excellence, discipline and dedication inherent in the women and men of the Air Force and the Canadian Forces.

And when Air Force participation in the space program sends talented astronauts like Colonel Chris Hadfield into orbit, the whole country is proud of the accomplishment.

The Air Force plays an active role in the international arena, representing Canada's interests on the world stage and helping to maintain global stability.

It forms Canada's contribution to continental defence through NORAD, provides forces to NATO, and plays a vital role in Canadian Forces operations around the globe.

In Afghanistan, the Air Force is responsible for maintaining the crucial air bridge, transporting tonnes of equipment and thousands of personnel into and out of the country.

Flying the CC-130 Hercules transport planes, it provides tactical airlift support to the International Security



Honourable Gordon O'Connor

Assistance Force (ISAF) throughout Afghanistan and it operates unmanned aerial vehicles alongside the Army to conduct Intelligence, Surveillance and Reconnaissance to minimize risk to Canadian soldiers on the ground.

Throughout the theatre of operations, men and women of the Air Force are embedded in the Provincial Reconstruction Team, several ISAF headquarters, with the Afghan government and in the Canadian Task Force.

Canadians recognize the dedication and importance of Canada's Air Force and they are proud of the hard working men and women that protect Canada."

Air-to-Air Refuelling Airbus arrives in Trenton

by Holly Bridges
Air Force Writer

The ability for Canada to deploy its fighter jets anywhere in the world, and refuel them along the way, is now stronger than ever.

The first CC-150 Polaris (Airbus A310) to be fully modified for Strategic Air-to-Air-Refuelling (AAR) has arrived back home at 8 Wing/CFB Trenton, after completion of final modifications in Germany.

It returned at the end of February with the second CC-150 Polaris (Airbus A310) slated to arrive in June.

"The SAAR mission capability that we will ultimately have will be greatly enhanced," says Major Duncan Reid, a CC-150 Polaris pilot, one of the first to be trained in the new SAAR role. "We have one crew that is ready to commence air-to-air-refuelling with additional crews identified for training as well."

Strategic Air-to-Air

Refuelling (SAAR) is a core capability for the Canadian Forces (CF) and the Air Force.

It provides efficient, safe and timely inter-continental deployment for our CF-18 fighter aircraft and crews whenever they are called upon to support international operations.

The Air Force does employ its CC-130 Hercules aircraft from 435 Squadron at 17 Wing Winnipeg for tactical air-to-air-refuelling, however, the capability has its limitations.

The Hercules is a slower aircraft than the CC-150 Polaris, carries less fuel and must be pre-positioned ahead of time for long range SAAR missions.

"As much as the CC-130 Hercules can perform tactical air-to-air-refuelling, you have to know ahead of time what you want to do and when because the Hercules takes longer and flies at a slower speed," says Lieutenant-Colonel

The arrival of the

Photo: Submitted



The CC-150 Polaris Multi Role Transport Tanker aircraft at 8 Wing/CFB Trenton. Air-to-air refuelling pods can be seen just inboard of each wing tip.

Yvan Choiniere, Commanding Officer of 437 Squadron. "If the CF is thinking about deploying its fighter jets worldwide, we would be very limited in our capacity to do that using only the KC-130 Hercules tankers"

"These two SAAR aircraft give the CF the chance to deploy the fighter force anywhere in the world on short notice. Your reach is unlimited," said LCol Yvan Choiniere.

The arrival of the

first fully modified Airbus is arguably the most significant milestone in the project being carried out by a consortium of Airbus Germany and Lufthansa Technik in Dresden, Germany.

The Air Force will spend the next few months testing the SAAR modifications and hopes to declare both CC-150 Polaris aircraft ready for their first operational mission by the end of the year.

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AIRCRAFT FIRE TRAINING

Photo: Submitted



As you may have noticed, there is a new Aircraft Training Area that was constructed south of the Wing Fire Department on the north side of the base. The new aircraft mock-up is scheduled to be commissioned and operational in May 2007. As the training commences for aircraft recertification of the firefighters, there will be flames and lots of firefighting activities surrounding the mock-up, which will create a certain level of noise due to vehicles' operations. It is anticipated that 8 Wing/CFB Trenton will be providing the training facilities for various Canadian Forces Fire Departments to re-certify their personnel on Aircraft Firefighting Rescue. The flames will be produced by propane to meet the environmental regulations and there will be no use of AFFF foam (low expansion fire suppression foam) for extinguishment.

FIGHTING FOR HOPE



Photo: Submitted

Corporal J. Knipe, a firefighter with the 8 Wing Fire Department and the fire department's Muscular Dystrophy Canada (MDC) representative, presented Pamela Musgrave, the Eastern Ontario and Nunavut co-coordinator for MDC, with a donation of \$3,400, on behalf of the fire department. The money was raised throughout the 2006-2007 fiscal year, with 100 per cent of the proceeds donated to Muscular Dystrophy Canada. Since 1954, Muscular Dystrophy Canada has been committed to improving the quality of life for the tens of thousands of Canadians with neuromuscular disorders and funding leading research for the discovery of therapies and cures for neuromuscular disorders.

Search & Rescue UPDATE



424 Squadron Tigers had only one mission last week. Our Griffon, Rescue 491, was tasked to Trois-Rivieres to look for a possible person in the water. An overdue 16-foot boat was found earlier with no one on board. The search area was covered extensively using various search patterns, but nothing was found. After a long day of flying the crew was released and returned to Trenton. Until next time, stay safe.

Missions for 2007: 28 Missions for Apr.: 6 Persons rescued: 1



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- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
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- Articles may be mailed, e-mailed (leblanc.al@forces.gc.ca) or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) or as "text only" on a disc and accompanied by a hard copy of your article.
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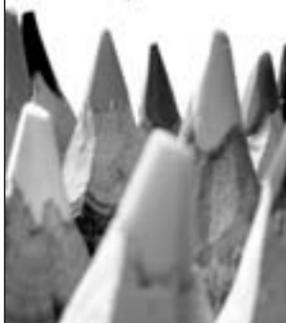
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Canadiana Crossword

A Cabal of Cartoonists

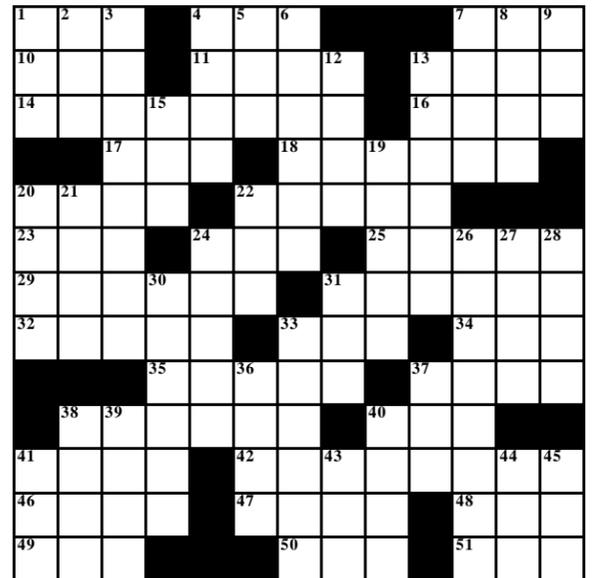
By Bernice Rosella and James Kilner

ACROSS

- 1 Poet's it is
- 4 Autumn mo.
- 7 St. John Telegraph Journal cartoonist
- 10 Twickenham toilet
- 11 Scottish hillside
- 13 Gambol
- 14 Winnipeg Free Press cartoonist
- 16 Emend
- 17 Stanfield, familiarly
- 18 Montreal Gazette cartoonist
- 20 Harbour
- 22 Tecumseh's tent
- 23 Imitate
- 24 Doff's opposite
- 25 Toronto Globe and Mail cartoonist
- 29 Regina Leader Post cartoonist
- 31 Vancouver Sun cartoonist
- 32 Spine
- 33 Salt, in St. Pierre
- 34 Lamb's ma'am
- 35 Foe
- 37 Lawyer's concern
- 38 Toronto Sun cartoonist
- 40 Oriental cooking pot
- 41 Lindross or Nesterenko
- 42 Calgary Herald cartoonist
- 46 Unwise
- 47 Summers, in Saguenay
- 48 Word before whiz
- 49 Ogle
- 50 Heated, with up
- 51 Tolkien creature

DOWN

- 1 RN's forte
- 2 Gambler's acronym



- 3 Senor's sun shade
- 4 First Hebrew calendar month
- 5 Vessel
- 6 Comedians
- 7 Miner's quest
- 8 Eastern potato
- 9 Agile
- 12 Corp. stock option plan
- 13 Listen again
- 15 Witty word
- 19 Actor George
- 20 Treaty
- 21 Aquarium occupant
- 22 Haul
- 24 Italian woman
- 26 Moving Company concern?
- 27 Moos
- 28 Fencer's weapon
- 30 Soak
- 31 ___ you!
- 33 Slick
- 36 Are, in Alsace
- 37 Intimidate
- 38 Cart
- 39 Belgian river
- 40 Show girl Mae
- 41 Before, to Browning
- 43 Scottish river
- 44 Actor Cariou, for one
- 45 Vietnamese new year



This Week in Contact

1977 – The Protestant and RC Chapels at CFB Trenton have joined forces in an Aircraft Ministry Project. The objective of the project is to supply a significant amount of aircraft fuel to several Aircraft Ministries serving remote areas of Canada. These ministries provide spiritual services to communities and individuals who would otherwise not be exposed to such services.

1987 – The Honourable Perrin Beatty, Minister of National Defence, accepted the first of six DASH 8 aircraft on behalf of the Canadian Armed Forces. The aircraft, built by de Havilland Aircraft of Canada Ltd., are part of a \$77.5 million prime contract. Of the six aircrafts, two will be used as replacements for the DASH 7 in Canadian Forces Europe. The main use of these two aircraft will be as a convertible utility transport for both passengers and freight. The remaining four will be used as Navigation Trainers at the Canadian Forces Aerospace and Navigation School (CFANS) in Winnipeg, Manitoba.

1997 – For the third time in history of the Readiness Challenge competition, the Canadian Armed Forces are sending a representative team. Thirty-three personnel from across 8 Wing, representing a variety of military occupations, are currently training to represent Air Command at the biennial international Civil Engineer and Services competition. While the majority of the required military occupations for the competition are based on Airfield Engineer trades members of the fledgling 8 Wing unit, 8 Airfield Engineering Squadron (8 AES), forms approximately 70 per cent of the Readiness Challenge VI team.

Created by Lt J. H. MacDonald,
 Compiled by Amber Gooding.



Training in the air? Nurses and medical techs on board!

by 2Lt Jennifer Jones
8 Wing Public Affairs

When a nurse or medical technician (med tech) is a member of the Canadian Forces (CF), his/her job's terms of reference include extraordinary situations a civilian nurse may never face.

For example, administering medicine to an injured soldier via intravenous at 50,000 feet in an armour-plated aircraft, through a bout of turbulence.

Like any job in the CF, proper training is essential, and in this case, is carried out at 8 Wing/CFB Trenton.

The role of 426 (Transport) Squadron's Air Evacuation Training Flight (AETF) is currently twofold.

Primarily, the instructors train qualified nurses and medical technicians on how to perform their jobs while in flight. The two airframes employed are the CC-130 Hercules and the CH-146 Griffon helicopter. Once a graduate returns to his/her home base, training on that particular base's aircraft follows.

Secondly, instructors deploy for real missions when their assistance is required from other medical cells on a national scope.

426 (T) Squadron's AETF runs three courses per year, each course seven weeks long. A course typically consists

of eight to 12 students, two of which, on average, are international students.

All students have prior medical training and are selected according to whether it is likely their future jobs will involve deploying on Air Evacuation (Air Evac) operations.

On some bases, including 8 Wing/CFB Trenton, Air Evac training is a requirement in the medical field.

For students, the course is a non-stop challenge. The bombardment of information combined with the need for constant adaptation to changing scenarios requires consistent concentration on their part.

For example, instructors raise the questions: What happens if the aircraft catches fire? Or, what happens in the case of rapid decompression?

Basic factors of flight not put into play on the ground - such as oxygen levels, temperature, stress levels, general safety, exposure to a fast-paced tactical environment, as well as aircrew regulations - must be learned.

Students practice how to configure aircraft according to an upcoming patient's or several patients' needs.

The goal of Air Evac is to reinforce stability during a flight until a patient can be transported to a hospital.

Today, casualties do



Photo: 2Lt Jennifer Jones

Shown above are Captains Charles Morris (right), AETF Training Officer and Instructor and Christiane Girard, AETF Standards Officer and Instructor, practicing on one of their new mannequins.

not have the luxury of sitting on the ground for very long to recover; once they reach a certain health level deemed fit for flying, the nurses and med techs work to keep that individual at that health level for the duration of the flight.

"It is important to remember the role we carry," says Captain Christiane Girard, Standards Officer and instructor. "A patient is never deceased until a qualified doctor announces [him/her] as such on the ground."

This means that no med techs or nurses will stop providing care to a patient until they pass him/her on upon landing, sometimes performing consecutive hours of artificial respiration or CPR.

On an eight to ten

hour flight, it is no wonder they finish their shifts completely exhausted.

AETF's Training Officer and Instructor Captain Charles Morris, is an American Officer currently posted to 8 Wing/CFB Trenton on exchange.

"I love Air Evac," says Capt Morris. "Your skills are keeping your patients alive. Getting those kids home to their families, you and your techs as a team up in the aircraft, is a huge rush when you know you've safely handed them off to a new medical team on the ground."

8 Wing/CFB Trenton will soon house a new Air Evac cell, which will operate independently from the training school.

Currently in its first stages of development, personnel have yet to be assigned to the unit.

Its construction will significantly decrease the preparation time of an Air Evac deployment, simply due to its convenient location, resulting in Air Evac being a primary duty for Trenton personnel.

Simultaneously, instructors at AETF will be able to focus on teaching.

Given the incomprehensible levels of exhaustion inseparable from the job, it is no wonder why such extensive and well-prepared training is so important.

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TEE TIME

Photo: Amber Gooding



Harold Werkhoven was the first to tee-off at 0900 hrs on April 24, 2007, as the CFB Trenton Golf Course officially opened its greens for the season. Located on the north side of the base, the CFB Trenton Golf Course offers a beautiful and challenging golf course, a driving range and putting greens, as well as a fully-operational club house, equipped with a pro-shop, locker rooms, a lounge and much more. Depending on the weather, the season typically runs from mid-April through until mid-November.

Annual Surf n' Turf Race

Recruit your teams and start your training today. The Fitness and Sports Flight of 8 Wing/CFB Trenton is pleased to bring you the 21st Annual Surf n' Turf Race, which is set for Friday, June 15, 2007.

This year's race has a new start location, which will be The Gymnasium. The event is a 60 km, 8-leg race. Team and individual entries are welcome. For more information about the race, please contact Lisa at local 3328.

Also, to pick up a Surf n' Turf workout program, to prepare for the race, please call local 7160.

8 Wing martial arts

The 8 Wing Martial Arts Club would like to announce the results from a karate tournament which was held in Bancroft on April 22, 2007.

Members of the 8 Wing Martial Arts Club traveled to Bancroft to participate in the competition, which hosted approximately 100 participants. Competitions were held for Katas, Weapons Katas and Sparring.

Nicole Besnard, (orange belt level) took home a bronze medal for Seisan Kata; Amanda McMuirin, (brown belt level) claimed gold for Heian Go Dan Kata, as well as a silver medal for sparring; Justin Hagerman claimed a bronze for Hageoi Kata; and Stephanie Scott performed the Heian Yo Don Kata.

The 8 Wing Martial Arts Club meets on Tuesdays and Thursdays in the basement of the Junior Ranks Mess, on Oxford Street, located on the south side of the base.

Each Tuesday and Thursday the club is open during the noon hour for adult practice. Children's classes are held from 5 to 6 p.m. and again from 6 to 7 p.m. for children's classes and is then open from 7 to 8 p.m. for adult classes.

This Club has been on the base for 34 years. It offers complete traditional instruction in 10 areas of martial arts. New members with either previous experience or no experience at all are always welcome.

For more information, please feel free to contact Laura Cordick at local 4133 or 613-394-6573.



Shown above from left to right are Nicole Besnard, Amanda McMuirin, Justin Hagerman and Stephanie Scott (front).

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Fitness, Sports & Recreation

8 Wing Elite Hockey School

Join us for the 8 Wing/CFB Trenton Elite week of hockey school from August 6 to August 10, 2007, for minor atom to minor midget levels.

The Julie Robitaille Power Skating instructors will be back again to assist with this program.

For the Select and House League levels, join us from August 13 to August 17, 2007. This school is for novice to minor midget players.

Cost for each school is as follows:

\$275 for members of the military community; \$375 for the general public.

The cost of the school also includes sweaters, socks, ball caps and lunch. There is a 10 per cent discount for each additional family member and/or a second week of school.

Residence is available for out-of-town participants. Register at the RecPlex.

Much Music Video Dance

Saturday May 5 at the south side Gym. The dance is open to those aged 9 to 12 from 5 to 7:30 p.m..

The dance will then open to 13 to 16-years-old from 8:15 to 11:00 p.m.. Cost: \$10.

This will be an adult-supervised event.

Kayaking with confidence

If you tip in open water, do you know what to do? This course will give you the confidence to paddle in open water.

Learn what to do when you tip and how to get back into your kayak. Some skills you'll learn include sweep, reverse, draw, rescue, and more. This two-hour course will be held at the RecPlex Pool.

This two-hour course will be held at the RecPlex on Saturday, May 5, from 3:30 to 5:30 p.m.

Cost: \$30 for military personnel and CRA members; \$35 for military community non-members; \$45 for the general public. Space is limited so register now at the RecPlex.

Basketball Clinic

The "Will2Win" basketball clinic will be hosted by William C. Njoku, and will help participants learn the skills and techniques to be a winner on and off the court.

"Set Your Feet. Aim High. Follow Through, Every Day" (S.A.F.E.)

Learn S.A.F.E. ideas that will teach you the skills and give you the confidence you need to be a success. This clinic will be open to those aged 8 to 10-years-old on April 28, from 8:30 to 11:30 a.m. The clinic will then open to those aged 11 to 13-years-old from 1:00 to 4:00 p.m.

Please bring your running shoes with you to the clinic. Space is limited so register early. Registrations are being accepted at the South Side Gym.

Cost is as follows: CRA members, \$35; military community non-members \$40; general public, \$45.

2007 Summer Kids Kamp

Summer's coming, are you ready for fun? The Community Recreation Association (CRA) is already planning for a high energy, fun-filled summer of adventure and fun.

If you are between 6 and 12 years of age and enjoy swimming, playing sports and making new friends, this is the place to be this summer.

The Kidz Kamp will be held at the RecPlex (located at 21 Namao Drive), Monday to Friday, beginning on Tuesday, July 3 and running through until Friday, August 24, from 8 a.m. to 4 p.m.

Registration for the military commu-

nity begins on April 23. Registration for the general public will be on June 4.

Cost for CRA members is as follows: \$78 for one child, \$141 for two children, \$184 for three children.

Cost for military community non-members is as follows: \$83 for one child, \$151 for two children, \$199 for three children.

Cost for the general public is as follows: \$88 for one child, \$161 for two children, \$214 for three children.

Before and after care is available from 7 to 8 a.m. and from 4 p.m. to 5 p.m. Cost: \$2/hour/child or part there of.

Shinny Hockey

There will be three weeks of shinny hockey offered for players from the tyke to the midget level.

The weeks are as follows: July 30 to August 3; August 20 to 24; and August 27 to 31.

Cost: \$30 for military community and \$38 for the general public. Please register at the RecPlex.

Pleasure Craft Operator certification

As of September 2002, if you drive a powered boat under 4m in length (including dinghy and personal watercraft like Jet Skis or Sea-Doos), you need to get the Canadian Coast Guard Pleasure Craft Operator (PCO) card, regardless of what age you are.

Get Carded: Earn the PCO card by scoring 75 per cent on a basic boating safety knowledge test. The CRA

is a proctor site for the Boat Course. Purchase a BOAT Study Guide and study at home. Make an appointment to take the test when you're ready, which takes an hour.

The Pleasure Craft Operator card is good for life and must be carried at all times while operating a powerboat.

This service is offered to adults and youth 12 to 16 years of age. Manual: \$15. Proctor service: \$25.

Bronze Cross and Standard First Aid

The emphasis of this course is placed on the candidate's ability to respond to a variety of aquatic emergencies using principles of teamwork and emergency procedures.

The Bronze Cross course is a prerequisite for the National Lifeguard Service (NLS). Candidates must be at least 14 years of age, and have completed both the Bronze Medallion and Emergency First Aid. Please

bring certification cards to the first class.

The course will be held on Saturdays, May 5 and 12, 2007, from 9 a.m. to 5 p.m.; Sunday, May 6, from 9 a.m. to 5 p.m. The exam date is set for May 13, from 9 a.m. to 1 p.m.

Cost is as follows: military and CRA members, \$130; military community non-members, \$140; general public, \$150.

National Lifeguard Service (NLS) Course

This two-weekend crash course will take place on the following dates: Friday, May 25 and June 1, from 5 to 10 p.m.; Saturday, May 26 and June 2, from 9 a.m. to 6 p.m.; Sunday, May 27 and June 3, from 10 a.m. to 5 p.m.

Please note: Participants must show proof of Bronze Cross and Standard

First Aid and CPR certification.

Must be at least 16 years of age. 100 per cent attendance is mandatory. Students must attend all training.

Cost is \$265 for CRA members; \$295 for military community non-members; and \$320 for the general public. Includes manual.

Kayaking for kicks on the bay

A three-hour adventure on the Bay of Quinte! Take this intro course and enjoy renting the kayaks available at the South Side Gym. All equipment is supplied, and is great for small groups and families. Includes Wet Exit and Re-entry Certificate (issued if wet exit and re-entry is performed).

Youth 12 years of age and over may take the course if accompanied by a parent.

Upcoming dates are as follows: Thursday, May 31, 5:30 to 8:30 p.m.; Thursday, June 7, 5:30 to 8:30 p.m.; Wednesday, June 20, 5:30 to 8:30 p.m.; Saturday, July 7, 9 a.m. to 12 p.m.; Thursday,

July 19, 8:30 to 11:30 a.m.; Thursday, July 19, 1 to 4 p.m.; Thursday, August 9, 5:30 to 8:30 p.m.; Wednesday, September 5, 5:30 to 8:30 p.m.; Thursday, September 20, 5:30 to 8:30 p.m.; Friday, September 28, 5:30 to 8:30 p.m.

Cost: \$50 for military or CRA members; \$55 for military community non-members; \$60 for general public.

Location: Bernie Gray Kayaking, located at 383 Dundas Street West in Belleville.

Please register at the RecPlex to take advantage of the REDUCED cost of the course, (A \$60 regular value).

Outdoor Pursuits Club (New)

Contact Dave Elverson at extension 2627 for information on this exciting new club!

Mother's Day is coming...will you be ready?

Are you 13 to 18 years old? If so, an opportunity awaits! Come to the Youth Centre (Siskin Centre) on Thursday, May 10, from 7:00 to 10:00 p.m. or on Friday, May 11, from 3:00 to 11:00 p.m. Choose one of two Mothers Day crafts to do. Only \$3! (includes drop-in fee). And don't forget, Mother's Day is May 13.

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SUPPORTING THE MFRC

Photo: Amber Gooding



Joe Donato, owner of Trenton's Centre Theatre, presents Sherry Ryan, playroom facilitator at Trenton's Military Family Resource Centre (MFRC), with a cheque for \$300. The money was raised through a military family appreciation movie night at Centre Theatre, where \$3 of the \$5 from admission was donated to the MFRC to help support programs such as the Children's Deployment Program, Pop and Tot program and parenting classes. The MFRC is dedicated to enhancing the quality of life and enriching the military experience for families by providing specialized programs and services that promote health, education and social well-being.

Déclaration du ministre de la Défense nationale

Défense nationale

OTTAWA, le 19 avril 2007 — L'honorable Gordon O'Connor, ministre de la Défense nationale, a émis aujourd'hui la déclaration suivante au sujet de la Journée d'appréciation de la Force aérienne tenue sur la Colline du Parlement.

« Aujourd'hui, la Chambre des communes et le Sénat rendent hommage aux hommes et aux femmes de qualité qui servent dans la Force aérienne du Canada et qui contribuent à la sécurité et au bien-être de tous les Canadiens. Il s'agit d'un épisode important pour le Canada et, tout particulièrement pour moi, d'un grand moment de fierté.

Les 15 000 hommes et femmes de la Force aérienne sont à

l'œuvre chaque jour pour assurer la souveraineté de notre espace aérien, une zone qui s'étend bien au-delà de la masse terrestre de notre pays, qui est soit dit en passant le deuxième plus grand pays au monde, une zone qui se prolonge loin dans les océans Atlantique, Pacifique et Arctique.

Les membres de la Force aérienne mènent des missions de recherche et de sauvetage dans des conditions dangereuses, sauvent des vies quotidiennement et volent chaque année u secours de milliers de Canadiennes et Canadiens en détresse. Ils collaborent avec d'autres ministères gouvernementaux afin de combattre la contrebande de drogues et l'immigration illégale, surveillent l'environnement et suivent les navires de

pêche qui opèrent dans nos zones de pêche commerciale. De plus, ils sont fin prêts, lorsque surgissent des situations d'urgence, à apporter un soutien humanitaire ou à évacuer des blessés ou des personnes en danger au Canada et dans le monde.

La Force aérienne du Canada est l'un des fleurons de notre identité nationale. Elle prouve chaque jour aux Canadiens que les hommes et les femmes qui la composent exécutent leurs tâches avec professionnalisme, esprit d'équipe, excellence, discipline et dévouement. Et lorsque la Force aérienne participe au programme aérospatial et envoie en orbite de talentueux astronautes comme le Colonel Chris Hadfield, c'est le pays entier qui vibre à cette réus-

site. La Force aérienne joue un rôle actif sur la scène internationale, notamment en représentant les intérêts du Canada et en aidant à maintenir la stabilité mondiale. Elle constitue la contribution du Canada à la défense continentale par le biais du NORAD, fournit des forces à l'OTAN et joue un rôle essentiel au sein des opérations des FC partout dans le monde.

En Afghanistan, la Force aérienne maintient un pont aérien vital, assure le transport aller et retour de tonnes d'équipement et de milliers d'effectifs. Grâce aux aéronefs de transport CC-130 Hercules, elle fournit un soutien aérien tactique à la Force internationale d'assistance à la sécurité (FIAS) partout en Afghanistan.

En outre, grâce à ses véhicules aériens sans pilote, elle mène aux côtés de l'Armée de terre des opérations de renseignement, de surveillance et de reconnaissance afin de limiter les risques que les soldats canadiens encourent sur le terrain. Dans le théâtre des opérations, on retrouve des membres de la Force aérienne au sein de l'Équipe provinciale de reconstruction, de plusieurs quartiers généraux de la FIAS, du gouvernement afghan et de la Force opérationnelle canadienne.

Les Canadiens sont conscients du dévouement et de l'importance pour le pays des membres de la Force aérienne du Canada. Ils sont fiers de ces hommes et de ces femmes qui travaillent dur pour protéger le Canada. »

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8 Wing construction boom begins, Continued from Page 1

replacement and extra tanks to meet the operational tempo expected.

In order to remove AMSE equipment off the ramp and create room for construction, the airfield fence between 5 and 6 Hangars will be relocated from the north face of the hangars to the south face of the hangars (very soon). This will allow more ramp-AMSE-parking. With that goes some POMV parking, but do not be chagrined, the plan is that eventually there will be no POMV parking along the hangar line; only DND operational vehicles. To add more confusion, there will be two large tented fabric shelters installed south of 5 and 6 Hangars in the parking lot to protect new C-17 AMSE equipment from the elements,

resulting in more POMV parking disappearing (this year).

Now we are really going to make a mess. We need to replace a water line from 6 Hangar on the south hangar line all the way to 22 Hangar (Wing Supply) on the north side. But alas there is too much infrastructure between the south hangar line and Old Highway 2, so we have been working with the City of Quinte West to burst off the Wing outside 6 Hangar and tear up Old Highway 2 to run the new waterline. The water line will turn north back onto DND property just west of 9 Hangar. Oh well, some traffic slow down on that highway. Then we will make two water-line crossings on the RCAF Road, in order to hook the

new line to the water line at Johnson Drive and Curtis Road to allow looping (sorry, but more traffic slow down).

At the same time, we will be tearing out Yukon Street from Caribou through to the new Medical/Dental facility. We will replace the utility lines, rebuild the road and repave it. Therefore there will be traffic congestion for a time around this area. It is estimated that all this work should be done by mid September.

As we wander further away from the south hanger line, we discover much more work. As people know, we turned the sod (03 Apr 07) for a new JNBCD facility that will take a year to complete.

The construction of a new control tower is about to be tendered with construction to

be started this year. It also will take at least a year to complete and will be located at the junction of the Golf Club Road and North Perimeter Road. This will allow the ATC people to observe the airport, ramp and circuit to the south all at the same time.

A new soccer pitch and two ball diamonds will be constructed north of Bain Park and south of Johnson Drive, on the west side of the RCAF Road. The existing sport fields, on the south side of the Wing will be the new home of the CFAWC. This project is presently waiting for Ministerial sign off, hopefully soon.

Other proposed projects include an EME/Transport facility in the area of the exist-

ing RV Compound, a new Refinishing Shop and ATESS Headquarters building constructed to the north of the "Glasshouse" at 9 Alert Boulevard, a Herc Training Facility next to Graphic Arts on Gander Street, beside the Portage Gate, an ATESS Aircraft Storage Hangar north of the new JNBCD Facility (between North Ramp and Uniform Taxiway) to replace the demolished hangars at Mountain View, and an MSU Facility west of the existing fire hall.

In consideration of the amount of work that still has to be identified, clarified and progressed, future articles will address ongoing initiatives. The overall development costs are in the hundreds of millions of dollars.

First Air Force pilots certified on the C-17 Globemaster

by Kristina Davis
The Maple Leaf

"It's like a CC-130 [Hercules] on steroids," says pilot Major Jean Maisonneuve. It carries four times the payload, flies 40 per cent faster and can fly twice as far.

And Maj Maisonneuve and Maj Jeremy Reynolds are the first Canadian Air Force pilots certified on the C-17 Globemaster III.

Maj Maisonneuve, a pilot out of 1 Canadian Air Division, says the aircraft offers much in the way of tactical and operational capabilities. First, it has phenomenal stopping power.

Traveling at 209 kilometres per hour, it can come to a full stop on a runway measuring between 609 and 914 metres—that's at a weight of 200 tons. To compare, Maj Maisonneuve says that's about one-third the size of a runway found at a major Canadian airport.

For both Majors Maisonneuve and Reynolds, their certification was a bit of déjà vu. In fact, both were on exchange with the US Air Force (USAF) in the early 2000s and flew the C-17 in Iraq and Afghanistan.

Maj Maisonneuve has about 2,000 hours on the C-17. He describes the aircraft as "tactically sound", meaning it

can carry all that payload long distances and can still land in austere locations. He tells of landing safely in Afghanistan on a short field using night vision goggles and no lights. "It's good for me. It's comforting for my wife and anyone who has a friend or family member going into theatre," he says.

Of the certification, which took place at Altus Air Force Base located in Oklahoma, there were three weeks of intense computer-based systems training, coupled with four weeks in the simulator and a final three weeks' training on the flight line.

The computer training is critical because there are more than 20 computers onboard the C-17 and, consequently, a smaller crew. In fact, the degree and kind of automation has removed the need for a navigator and a flight engineer. That also means, explains Maj Maisonneuve, the pilots must be able to troubleshoot and re-set certain computers themselves. "Sometimes you have to employ the Microsoft fix; control, alt, delete," he says wryly.

Maj Jeremy Reynolds is part of the Transport and Rescue Standards Evaluations Team, a lodger unit at 8 Wing Trenton. With 1,500 hours on the Globemaster, he agrees it is a capa-

ble aircraft. In fact, he says the only time the capabilities of the CC-130 and the C-17 overlap is when landing on an austere airfield. "The C-17 represents a stark technological leap forward in terms of automation, avionics and capability," he explains.

He says the technology has necessitated a paradigm shift. Before, he explains, a pilot would simply turn around and ask questions from another human being. Now, computers will do many of those tasks. And what does that mean to the crew? "I'll be doing less talking," laughs Maj Reynolds.

And if something goes wrong, he says the system will immediately alert him to the problem. In fact, on some systems, the redundancies are three- or even four-fold. The very first new pilots will receive their training on the C-17 this summer. And while he says it's a good and comprehensive course, there will be a steep learning curve. "It will be like drinking from a fire hose at the beginning—until they get used to it." He says it's hard to say which is more challenging: teaching brand new pilots to fly the C-17 or those who already have experience on the CC-130. Essentially, he says, it boils down to personality. All pilots, though, are creatures of habit and procedures

quickly become second nature.

Maj Reynolds says it felt good to be back in the C-17, an aircraft he admits he's become quite attached to. "I feel like we have a lot personally invested in this aircraft," he explains. In fact, even though the course was a re-qualification, he can't think of a down-side.

In all, six more pilots will be certified this year. And when the aircraft is delivered in August, he says, they've been given a goal: an operational mission five days after delivery. He's cautiously optimistic: "I believe we can do it."

To that end, as much training and preparation as possible is being done before the aircraft actually arrive. And while he admits there are many details to be worked out, the fact that the aircraft is largely off-the-shelf means the process can be streamlined.

"There are benefits and synergies," he explains, "that it's configured the same as the USAF." In fact, a joint conference is being planned for May. There, Boeing will brief both the Canadian and American Air Forces on upcoming upgrades.

In the end, though, Maj Reynolds says, the C-17 is all about one thing: fulfilling Canadian commitments and supporting other CF personnel.

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The MFRC Daycare will be taking the pre-schoolers swimming this spring and we need volunteers to join in the fun. Every second Tuesday afternoon, starting April 10 until mid-June, we will take one class of children to the small pool at the RecPlex from 2:30 - 3:30pm.

Volunteers will be in the water and assist with two children. All volunteers will be screened for suitability to work with children. If you enjoy working with young children and are comfortable in the water, this volunteer opportunity is guaranteed to be rewarding and lots of fun. You can commit for bi-weekly involvement or just for the occasional day. To volunteer contact Wendy at the MFRC, 613-392-2811 loc 3557.



Bénévoles pour aider à la baignade des enfants de la Garderie

Les enfants d'âge préscolaire fréquentant la Garderie du CRFM visiteront la piscine et nous avons besoin de bénévoles pour s'amuser avec eux. Débutant le 10 avril jusqu'à la mi-juin, à toute les deux semaines, de 14h30 à 15h30, une classe ira à la patageoire du RecPlex. Les bénévoles seront dans l'eau et s'occuperont de deux enfants. Tous les bénévoles seront criblés. Si vous aimez la compagnie des enfants et êtes à l'aise dans l'eau, cette opportunité de bénévolat garantit d'être enrichissante ainsi qu'amusante. Vous pouvez vous engager pour toutes les baignades ou pour les baignades occasionnelles. S'il-vous-plaît, contactez Wendy au 613-392-2811 poste 3557.

Deployment Support / Wednesday Night Out

Call to find out what is coming up
613-965-3595 or 613-965-3575

A variety of activities coming up, please visit the MFRC website calendar
www.trentonmfr.cfbtrenton.com

Soutien au déploiement / Les sorties du mercredi soir.

Téléphonez pour savoir ce qui s'en vient comme activités,
613-965-3595 ou 613-965-3575

Les prochaines activités sont planifiées, svp visitez le calendrier sur le site web du CRFM, www.trentonmfr.cfbtrenton.com

Jasette francophone

Aimeriez-vous rencontrer d'autres francophones dans un lieu et un temps qui sont juste pour vous ?

Etes-vous nouvellement arrivés dans la région ?

Aimeriez-vous partager vos idées avec d'autres ?

Etes-vous une maman à la maison qui aimerait sortir au moins une fois par semaine ?

Ce groupe répond probablement à vos besoins

Amenez vos jeunes enfants! En vous inscrivant à l'avance on vous offre un service de gardiennage.

Les rencontres sont les mardis de 13h30 à 15h au Bistro du Centre Siskin



Rejoignez-vous à nous pour notre troisième

Gala du ruban invisible

Repas gastronomique avec vin et Vente aux enchères

Le samedi 12 mai 2007

au Salon Astra de la BFC Trenton

Billets: 75,00\$/chacun

"Supportez ceux qui portent l'uniforme invisible"



Tickets available at the Trenton MFRC
50 Rivers Drive E. (Siskin Centre),
613-965-3575
And Smylie's Independent Grocer,
293 Dundas St. E., Trenton,
613-392-0297

Les profits supporteront les services du
Centre de ressources pour les familles des militaires de Trenton

Des opportunités de parrainage sont encore disponibles
Les dons pour les ventes aux enchères sont vivement appréciés

Pour plus d'information sur le Gala et l'Encan, visitez notre site web www.trentonmfr.cfbtrenton.com

Parrainé par



Please read our newsletter "Touching Base" or visit www.trentonmfr.cfbtrenton.com for more information
S'il vous plaît, consultez notre bulletin de nouvelles "Touching Base" ou visitez www.trentonmfr.cfbtrenton.com

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HOROSCOPES

Weekly Astrology by Christine Davison

April 29 - May 5

ARIES (March 21-April 19): This week will be full of energy. You may find it hard to keep up with everyone and everything. Try to make sure to have some fun when the work is done. If you keep negative words and feelings private on Monday and Tuesday, then this may turn out to be a jovial week. Your competitive nature will win out in the end.

TAURUS (April 20-May 20): There may be a surprise or two in store for you Taureans. Try to avoid making social plans around the beginning of the week, though the rest of it should be filled with social activities and stimulating, pleasant conversations. Sensual and romantic words may put spring back into your lover's step.

GEMINI (May 21-June 20): This is your kind of week, Gemini. You may find out that someone is planning a surprise for you for next month. Your charm and wit make you very popular. A friend may misinterpret what you say on Monday or Tuesday. Don't worry; things will all be fine between the two of you by the end of the week.

CANCER (June 21-July 22): You may find this to be an unusually social week, Cancer. Don't be discouraged if people seem a little cranky or impatient around the beginning of the week. Your friends want to spend more time with you and you'd do well to get out of the house this weekend. A pleasant event may surprise you on Friday or Saturday.

LEO (July 23-Aug. 22): This week may be filled with social invitations and compliments. Try to humour your friends and go out as often as possible. There may be a confusing or argumentative moment or two around the start of the week. Try to remain calm and level headed. Leo's are above petty conflicts. Act as a mediator, where necessary.

VIRGO (Aug. 23-Sept. 22): Others who seemed cold or aloof may suddenly open up to you. Sometimes a person who seems snobby is actually shy or preoccupied. Keep your words and actions gentle and sweet, come-what-may on Monday or Tuesday and this may be one those weeks to fondly remember for some time to come. Love is patient.

LIBRA (Sept. 23-Oct. 22): You need to take time for yourself this week, Libra. People rely upon your wisdom and help so often and you are only too happy to grant it. However, there comes a moment where you need to take care of your own needs first and foremost. You deserve and require a rest. You'll deal with conflict in a fair and even-handed manner.

SCORPIO (Oct. 23-Nov. 21): This week may seem unusually emotional and passionate. A lover may become jealous or possessive of you. This situation will naturally lead to conflict. Try to pour this passionate energy into romantic endeavours and away from argument. You may be surprised by how patiently and gently you handle the situation.

SAGITTARIUS (Nov. 22-Dec. 21): This week, you know what, and who you want, and how to go about getting them. Try not to be insensitive around the beginning of the week and this may turn out to be a highly intimate and romantic time for you worldly Sagittarians. Travel may be necessary to pursue foreign interests.

CAPRICORN (Dec. 22-Jan. 19): Watch that words are not callous or critical around the beginning of the week. Though a lover was once attracted to your steadfast and conservative characteristics. You may need to do something a little bit exciting and unexpected to spice things up. Uncover your lover's wild side. Throw caution to the wind and follow your heart.

AQUARIUS (Jan. 20-Feb. 18): Loved ones support your eccentric and frequently ingenious ideas, despite what the rest of the world sometimes thinks. Try to act in a slightly warmer manner towards your family around Tuesday or Wednesday and you may find that you are brought more closely together as a result.

PISCES (Feb. 19-March 20): This week may be filled with social activities, such as visiting a far off relative, or perhaps a friend down the street. You'll have the best of both worlds, though you may find it necessary to speak the truth about something early on in the week. Trust in the courage of your convictions.

Astrological queries can be directed to Christine at www.moonsignastrology.ca

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The Contact Newspaper staff would like to acknowledge Royal LePage ProAlliance Realty as the weekly sponsor of our newest feature, **The Contact Comics**.

MISFITS BY BRIAN CODAGNONE

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WATERPROOF NEWSPAPERS! THAT WAY, PEOPLE CAN READ IN THE TUB WITH GETTING THE PAPER ALL SOGGY!

A HAMMER THAT COMES WITH THE NAIL ALREADY ATTACHED!

BREED VEGETABLES SO THEY COME OUT OF THE GROUND FULLY COOKED! THAT'LL SAVE LOTS OF TIME AND ENERGY!

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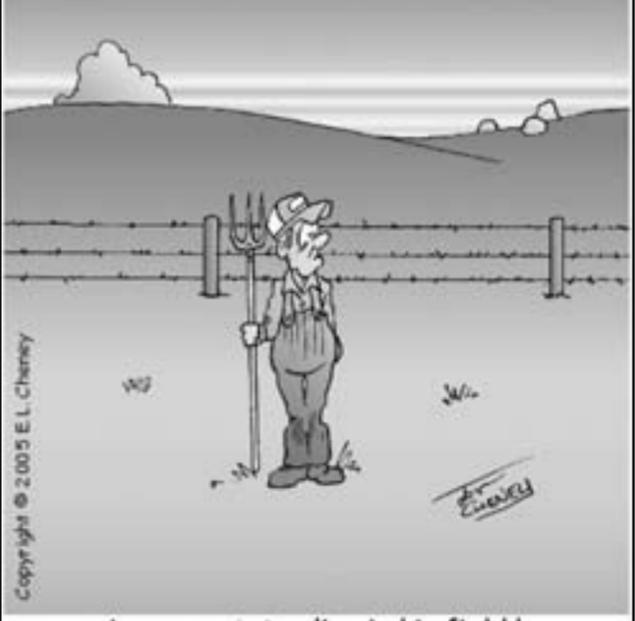
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Not In My Backyard! by Dale Taylor



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CFB Trenton Smylie's Independent Grocer

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Welcome to The Contact Newspaper's Community Events page! Thanks to the generosity of Smylie's Independent Grocer, we can, space permitting, feature public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 613-965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 613-392-2811 Ext. 7005 for more information.

Belleville Super Cities WALK for MS

Sunday, May 27, 2007

WALK Day Check-in Time: 8:30 a.m. * Start Time: 10:00 a.m.

The WALK will begin at Moira Secondary School, located at 275 Farley Ave., in Belleville.

There are two routes available to walk, 5 and 10 km.

You may register online today by visiting www.supercitieswalk.com or call 1-888-822-8467. Hope to see you there!



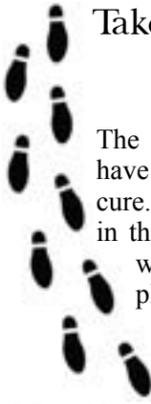
Multiple Sclerosis Society of Canada

Société canadienne de la sclérose en plaques




Rainbow Fundraising Dance

Join us on Saturday, May 5, 2007, at the Bohemian Penguin Banquet Hall (located at 399 Front Street, please use the Pinnacle Street entrance) in Belleville from 9 p.m. to 2 a.m. Admission is \$8 per person.





Take a short walk to end breast cancer in the long run at Cleo in the Quinte Mall.

Together we can make a difference!

The Breast Cancer Society of Canada (BCSC) and Cleo have teamed up again this year for a nationwide walk for a cure. The walk will take place on May 12, at Cleo located in the Quinte Mall. Registration begins at 8 a.m. and the walk will begin at 9 a.m. You are invited to visit Cleo to pick up a pledge form or online at www.mothersdaywalk.ca.

The 5th Annual Mother's Day Walk will be held at 90 Cleo mall locations across Canada. For more information please visit www.mothersdaywalk.ca, www.bsc.ca or www.cleo.ca.

May 12th, 2006. You may also contact the Breast Cancer Society of Canada at 1-800-567-8767.



CHAPLAIN SERVICES

SERVICES OFFERT PAR L'AUMÔNERIE

Wing Chaplain/ Aumônier de l'escadre – Capt Padre Catherine Morrison
Administrative Assistant/Adjointe administrative – Mrs. Manon Pilon Ext 2490

UNIT CHAPLAINS / AUMÔNIERS DES UNITÉS
 Capt Catherine Morrison, Capt Mike Adameczyk
 As support staff: Rev. Jim Craig (P) and Fr Julien R. Beaulieu (RC priest)
 Civilian Officiating Clergypersons/personnel de soutien: Rév. Jim Craig (P), le père Julien R. Beaulieu (prêtre CR), membre du clergé civil.

<p style="text-align: center;">WORSHIP SERVICES</p> <p>OUR LADY OF PEACE (RC) NOTRE-DAME-DE-LA-PAIX (CR) Chapel Life Co-ordinator Julien Régis Beaulieu Responsable de la communauté, Coordinateur de vie de chapelle</p> <p style="text-align: center;">MASS Sunday Mass (English) 0900 hrs Messe Dominicale: 1015 hrs</p> <p style="text-align: center;">CONFESSION At all times</p> <p>PARISH ORGANIZATIONS Parish Council third Thurs 1900 hrs</p>	<p style="text-align: center;">PARISH ORGANIZATIONS (Continued) Knights of Columbus first Thurs 1900 hrs CWL second Tues 1900 hrs Chorale Merc 1900 hrs Choir Tues 1900 hrs</p> <p style="text-align: center;">ST CLEMENT ASTRA (P) Chapel Life Co-ordinator Padre Mike Adameczyk</p> <p style="text-align: center;">WORSHIP SERVICE Sunday Divine Worship 1130 hrs Holy Communion - First Sunday of the month</p> <p>PARISH ORGANIZATIONS Chapel Guild Last Tues 1930 hrs</p>
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Sacrament of Reconciliation/Sacrement du pardon: Please, make an appointment with a Roman Catholic priest through our Admin Assistant, ext: 2490 / S.V.P. prendre un rendez-vous avec un prêtre catholique à travers l'adjointe administrative, au 2490.

DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR

After working hours, for emergency only, please call the base operator at 613-392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 613-392-2811 et demandez l'aumônier en devoir.

NOTICE/AVIS

It is now possible to have the Club Xtra points that are earned on all your purchases at CANEX go to the Chaplain Emergency Fund. Simply ask to have the points placed on the Chaplains' card. The Chaplain Emergency Fund is used to assist our military families during times of family crises. / Vous pouvez dès maintenant, lors de vos achats au Canex, donner vos points Club Xtra au Fonds d'urgence des aumôniers. Vous n'avez qu'à mentionner que vous désirez donner vos points sur la carte des Aumôniers. Les points seront utilisés pour aider les familles de nos militaires dans des moments de crises familiales.

Breadner Elementary School Presents
 Mark Twain's classic story "Tom Sawyer"

Join us on May 2 and 3 at 7 p.m. at Breadner Elementary School for Mark Twain's story "Tom Sawyer".

Tickets are \$3 per person, or \$10 per family. Tickets may be purchased at the school office or by calling 613-394-1394 or 613-394-1396.

Monthly Book Sale

The Friends of Quinte West Public Library will be holding their monthly book sale on Saturday, April 28, 2007, between 9 a.m. and 1 p.m. at the Municipal Building in Frankford (located at 22 Trent Street North).

There will be a great selection of books for all ages to enjoy.

For more information, please contact Ann at 613-397-1680. Hope to see you there!

Sunday Service

Come and worship with us every Sunday at 10:30 a.m. at Orchard View Baptist Church.

Orchard View Baptist Church is located at 178 Lester Road, in Trenton.

The service is led by Pastor Raymond A. Wilson, D Min.

Canadian Red Cross Quinte Branch Babysitting Course

ATTENTION ALL BOYS AND GIRLS AGES 11 TO 15 YEARS OLD.

The Canadian Red Cross Babysitting Course will be held on May 5, 2007, from 9 a.m. to 5 p.m., at the Quinte Branch office, which is located at 344 Front Street in Belleville.

Cost is \$43 per person and pre-registration is required. Those interested in obtaining more information or are interested in taking the next course, may register in person at the office, by phone at 613-966-0730 or by fax at 613-966-5719.

Please note: Payment must be received in order to confirm registration. Acceptable forms of payment include cash, cheque, VISA, MasterCard or American Express.

Classified

For Classified Information Call

613-392-2811 ext: 3976

business • for sale • wanted • equipment • automobiles • child care • for rent • employment

Information

CLASSIFIED AD RATES

Word ad: 20 words \$3.00 per insertion. GST included. Cash or cheque to be paid at time of insertion.

ORDERING AN AD

All advertising must be dropped off at The CONTACT, 142 Yukon Street, Room 26, before noon Wed. for the next edition and payment should be made at that time. In the event of a statutory holiday all deadlines are advanced by one day.

ERRORS

& OMISSIONS

Advertisers should check their ad the first day it appears. The CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad wherein the error occurred.

USERS

& AD READERS

The CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content.

The CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, The CONTACT reserves the right to make necessary changes in ad copy.

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 Call 613-921-7011 for viewing appointment.

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 Call 416-427-5454

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A raised patio boosts your home's appeal

(NC)-If it's time for the deck in your backyard to walk the plank, you may want to look into replacing it with a raised paver patio.

It's not surprising that the addition of raised concrete paver patios in the backyard is a growing trend.

Raised patios using segmental concrete retaining walls and interlocking concrete pavers give homeowners the beauty of natural stone at surprisingly modest prices. They're also maintenance-free.

There are a number of practical reasons why raised patios have become a favourite family gathering place in so many homes.

Patios using concrete pavers are not only beautiful; but they can also be easily installed and are known for their durability.

Raised concrete patios typically are a better investment than wood decks because they offer a longer life cycle and require less maintenance.

Also, raised patios with segmental concrete retaining walls create new space in sloped backyards, and can even extend

an existing raised deck.

Backyard Creativity: Raised patios not only provide a great entertainment area, they can incorporate an in-ground hot tub, a barbeque or a fire pit and ground-level lighting.

Here are some good ground rules to follow when considering one in your backyard. Look for materials that:

Don't crack. Unlike asphalt or poured-in-place concrete, each interlocking paver unit has joints that allow for a small amount of movement without cracking.

Are easy to repair. You can remove and reinstate the same pavers with no ugly patches after repairs to the base. Asphalt, concrete and stamped concrete can't make this claim.

Come in many shapes, colours and textures. Homeowners should consider hiring a certified paver and segmental retaining wall installer.

To learn more about concrete pavers, visit the Interlocking Concrete Pavement Institute's website at www.icpi.org. For additional information about segmental retaining walls, visit www.ncma.org.



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PLEASE RECYCLE THIS NEWSPAPER

How to grow a little gardener

(NC)—If you haven't yet introduced your child to the joys of gardening, perhaps this is the year.

Gardening combines two things kids love: the dirt and the outdoors.

SunlightLaundry.ca shows you how to nurture a lifelong passion in your kids.

Give them a personal patch. Even if it's just a spot for your toddler to dig a muddy hole or for your nine year-old to examine bugs, having their own garden gives kids a sense of adventure and pride.

Leave room for good old-fashioned digging. Don't urge your child to fill in all the holes they inevitably dig.

Holes make a great landscape feature.

Kids can look for worms in holes, bury treasures or add water to attract water bugs, frogs and thirsty birds.

Guarantee kid gratification. Encourage kids to start some

plants from seeds so they can see the growth cycle from seed to bloom.

Sunflowers are particularly kid-friendly and sprout within eight weeks; radishes within four weeks.

So they don't lose interest in the meantime, visit a nursery and let your kids pick out blossoming plants, such as pansies that they can plant in the ground and enjoy now.

Break the rules. So what if the plant rows are crooked or your child has decided to put tomatoes next to the daisies?

Remember that the real beauty of a child's garden is his being able to say, "I did it myself."

Find a fun theme. Get kids excited by planting a theme garden.

Choose plants that attract butterflies, and you have a butterfly garden.

Choose chocolate cosmos for a chocolatey scent and chocolate mint for a minty scent,



and you have an ice-cream sundae garden. Find plants starting with the letters of your child's first name, and

you have a "name garden". Be inventive and create your own theme with your child.

Conserving energy in your home

(NC)—The warm Canadian summer is quickly approaching and many Canadians are looking for ways to stay cool at home and reduce energy costs at the same time. The energy management team at Canadian Tire has the following tips for beating the heat without breaking the bank:

Thermostat timer: A programmable thermostat timer will allow you to minimize the number of hours your air conditioner is running, but still keep the house cool. There's no need to keep the air conditioner running if no one is home. Program it to turn on about an hour before you get home so it's comfortable when you get in. A programmable thermostat can save up to 33 percent on energy costs.

Dimmers: Install dimmers on all your lights. They can reduce energy consumption by 20 percent and with the long summer hours of daylight, you don't need the full strength of bulbs.

Motion sensors on exterior lights: Installing motion sensor lights on the exterior of your home means the lights will automatically turn off when not detecting motion.

Energy efficient light bulbs: CFL bulbs use up to 78 percent less energy and save money on your electricity. CFL bulbs have the advantage of lasting up to ten times longer than traditional bulbs and, because you won't have to replace them as often, you'll create less landfill. This quick and easy solution will pay off in the long run, both in your pocket and for the environment.

Low flow items in the bathroom: Switch to a low flow toilet and showerhead and save up to 52,000 litres of water per year. Fixing any leaky faucets can also reduce wasted water.

EnergyStar appliances: When purchasing new appliances look for the EnergyStar symbol.

Research: You can learn more about ways to save energy, money and the planet online at canadiantire.ca/advancegreen.

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