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Putting it all together – the first Canadian C-17 is joined

by Holly Bridges
Air Force Writer

All the pieces are falling into place for Canada to receive its first Globemaster III C-17 strategic airlift aircraft.

At a ceremony at the Boeing plant in Long Beach, California yesterday, the four major sections of the first of four C-17 strategic airlift aircraft destined for 8 Wing/CFB Trenton were joined together before an enthusiastic crowd of Canadian military and civilian dignitaries, Canadian media, and several hundred cheering Boeing employees.

Two Canadian Air Force officers, Brigadier-General Yvan Blondin of 1 Canadian Air Division in Winnipeg and Colonel Tom Lawson, Commander, 8 Wing/CFB Trenton, had the exciting task of ceremonially “joining” the four major sections of the aircraft together, under the watchful eye of Boeing executives; the actual joining takes several weeks.

Ron Marcotte, Vice President and General Manager of Boeing’s Global Mobility Systems, and Dave Bowman, Vice President and C-17 Program Manager looked on as the final fasteners went into place.

“Since this is going to be a Canadian aircraft, it’s only fitting that we have a little Canadian labour content in it, so I would ask BGen Blondin and Colonel Lawson [to step up to] the forward splice where they will ‘successfully’ and with ‘great skill’ insert a couple of fasteners to help join the forward and center sections of the ‘Canada One,’” said Mr.

Bowman.

“Canada One”, as it is now officially called, is scheduled to arrive at 8 Wing/CFB Trenton in August. Col Lawson told the crowd the air base is ready, willing and able to fly “Canada One” when it arrives. He saluted the Air Force pilots, loadmasters and maintainers who have been diligently training on the C-17 over the past several months. They will be ready for their first operational mission the day the aircraft arrives.

Col Lawson said personnel are “excited to be the first to commence truly strategic airlift operations for the Canadian Forces and Air Force.”

Sue Hale of the C-17 Project Management Office at National Defence Headquarters thanked everyone involved in making the milestone occur.

“I would like to thank the United States Air Force for letting us have access to production line space and training slots that allows our anticipated August delivery of the first aircraft to take place. To Boeing, and all of our respective government departments on both sides of our border, I would like to extend our most sincere appreciation in getting us into contractual arrangements as quickly as was done.

“Today we are here to witness the joining of the first aircraft destined for Canada, but more importantly we are here to celebrate the collaborative efforts of everyone involved in getting the members of Canada’s military a proven platform in 15 months, and not 15 years.”



Colonel Tom Lawson, Commander, 8 Wing/CFB Trenton, talks to members of the press during the April 4 major join celebration at the Boeing plant in Long Beach, California.

Photos: Juanito Holandez, Boeing



Brigadier-General Yvan Blondin of 1 Canadian Air Division drives a ceremonial fastener during the major join celebration, signifying the joining of the four major sections of Canada’s first C-17, now known as “Canada One.”

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WING LOGISTICS & ENGINEERING PICTURE OF THE WEEK



March Madness at WTISS. Sergeant Ashby is shown stacking the last of many new computers received at WTISS over the last several weeks. The computers will be "baselined" with software and then distributed throughout the Wing. With several of the IT staff undergoing pre-deployment training for the MSS, the distribution of the new computers will continue throughout the Spring.

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Lessons Learned committee members meet in Trenton

by Lt(N) Pierrette LeDrew
A1 Programs 2

There was a gathering of Lessons Learned (LL) gurus in Trenton on February 21 and 22, 2007 as the Canadian Forces Lessons Learned Oversight Committee (CFLLOC) met to plan the way ahead. The Canadian Forces Aerospace Warfare Centre (CFAWC) hosted the meeting.

Colonel (Col) James Cottingham, Commanding Officer of CFAWC, stated in his opening remarks that "the LL group is the centre of gravity" at the CFAWC.

"LL and their analyses are incredibly important to the Air Force," he added. Thus, it was only fitting that the first CFLLOC meeting held outside of Ottawa should take place here.

Profiting from LL is important to all branches of the Canadian Forces (CF), as we can all learn from the expe-

riences of others and, finding methods of exploiting this knowledge is at the core of the work done by this committee. Key to this is the requirement to make the information gathered widely and easily available. This is done through an on-line software package known as the Knowledge Management System (KMS). All three environments are now using this system, originally designed for the Army.

In essence, KMS is a database that can be used by anyone in the LL communities of the CF to systematically store and retrieve knowledge data for others to use. It is also an archive of LL. According to the CFAWC Standing Operating Procedures, it is a "multi-workflow, multi-user, multi-element (air, land, sea, joint), bilingual, web-based database that will enable the CF to efficiently centralize, structure and access its knowledge." Colonel Bruce Pennington, chairperson of

the committee, put it best when he said that "we want KMS to become a collaborative planning staff tool." In this age of CF-wide transformation, this is crucial.

As the CF transforms itself, the importance of LL cannot be underestimated. LL supports the force developer-generator-employer triad by being an *enabler*. As such, the proper management and use of LL is essential to increase the operational effectiveness of the CF.

LL ensures accountability through recorded observations, analysis of these observations and dissemination of the results so that appropriate change can take place. According to the CF LL Framework, the ultimate goal of LL is to "support constant learning, from the correction of mistakes to the reinforcement of what was done correctly."

This may seem like a lofty goal on as large of a scale as

the CF. But one that is attainable, according to committee members. There are challenges, however. While it is recognized that the opportunity to gather lessons learned is present at all levels, from training new recruits to deploying trained soldiers in Afghanistan, for example, getting LL from theatre into the institutional schools has proven difficult, according to Col Pennington. Still, he believes that it is crucial to future CF development and that it can be accomplished.

Another significant challenge is language. This issue was prevalent throughout the meetings. The Army, Air Force and Navy have their own distinct vocabulary, and trying to reach a consensus on a common terminology is proving difficult.

Finally, getting people and organizations to share the information they have using KMS has not been easy.

According to Col

Pennington, "sharing of information is the biggest nut to crack." The system itself is still being refined, and users need to learn how to use it. And in some instances, they need to be convinced to do so. As Lieutenant-Colonel Brian Murray, Analysis and Lessons Learned Branch Head at CFAWC, put it, the Air Force, for instance, has "a good mission debriefing culture, equivalent to the After Action Review process, but we have a complete inability to record and institutionalize what is learned in a debrief. We need to capture and share what is learned much more effectively in the Air Force."

In spite of these challenges, the CFLLOC is forging ahead, as directed by the CDS. LL is an integral part of today's military, and is here to stay. The CF will undoubtedly profit from the exploitation of the knowledge gained by becoming a more efficient and effective organization.

Search & Rescue UPDATE



424 Squadron Tigers had two missions to start off the month of April. The first mission was on April 6 for an ELT search. Our Griffon Rescue 491 was tasked to conduct an ELT search between Guelph and Hamilton, Ontario. Rescue 491 was able to track the signal to an aircraft safely parked at Burlington Airpark. The ELT was turned off and Rescue 491 then returned to base.

The second mission was on April 7. Our CC-130 Rescue 332 was tasked to search for some missing hunters off the east coast of Cape Dorset Island. A CASARA twin Otter found the hunters and Rescue 332 was tasked to provide top cover until a rescue boat could reach the scene. Our Herc then returned safely to base.

Until next time, stay safe.

Missions for 2007: 24 Missions for Apr.: 2 Persons rescued: 1



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The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed (leblanc.al@forces.gc.ca) or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) or as "text only" on a disc and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

• Please label all disks and hard copies with article name, contact person and phone numbers, date.

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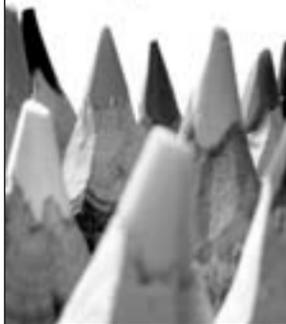
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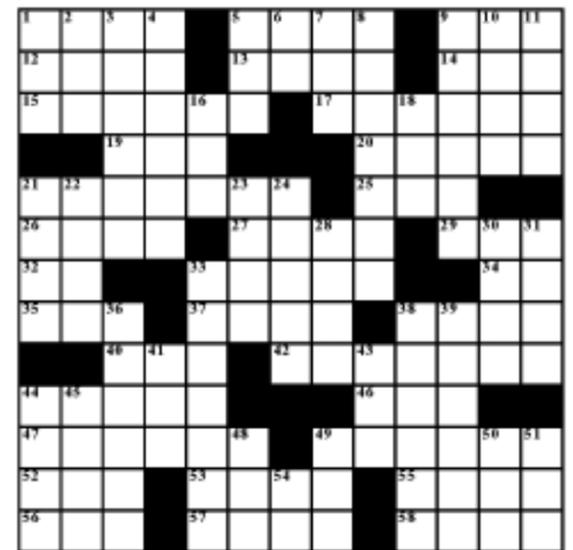
By Bernice Rosella and James Struthers

ACROSS

- 1 Chick chat
- 5 Recording artist Paul
- 9 Brooch
- 12 Caution
- 13 Fabric
- 14 Compass pt
- 15 Cooks, in a way
- 17 Slaps
- 19 Tor. Exhibition
- 20 Approves
- 21 Aged
- 25 Grandma, to some
- 26 Kiln
- 27 Balmy
- 29 Drunk
- 32 Hosp. hot spot
- 33 Finale
- 34 Roman 6
- 35 Prefix denoting new
- 37 Article
- 38 Pitcher
- 40 Iginla milieu
- 42 Disclose
- 44 Announcement
- 46 Lubricate
- 47 Mount _____ ? Newfoundland
- 49 Aphrodite's amour
- 52 Cubes
- 53 Thoroughfare
- 55 Paint thinner, slangily
- 56 Shack and Belfour
- 57 The TV, in Tottenham
- 58 Corset part

DOWN

- 1 P. MacKay and party
- 2 Feed
- 3 Builds
- 4 _____ anguishene? Ontario



- 5 Partner of Oohs
- 6 Absolutely not
- 7 L. Lewis pursuit
- 8 _____ ton? New Brunswick
- 9 _____ field? Quebec
- 10 Bluish black
- 11 Capone pursuer
- 16 Sea, in Ste Rose
- 18 Alias acronym
- 21 Mope
- 22 Swiss river
- 23 Spue
- 24 Noshed
- 28 Citrus fruit
- 30 Done with
- 31 Poop out

- 33 Prince _____ ? Saskatchewan
- 36 Obligations
- 38 T.S. and kin
- 39 St. _____ ? Saskatchewan
- 41 Queen Elizabeth , e.g.
- 43 Endangered food fish
- 44 Alphabet run
- 45 Set
- 48 Misery
- 49 Summer sip
- 50 Mortal sin
- 51 Snoop
- 54 Blakeney or Sapp, familiarly



This Week in Contact

1977 – Over \$5 million in loans, for military bases, has been approved for the next fiscal year by the directors of the Canadian Forces' non-public Central Fund. The loans, totaling \$5,217,500, range from \$1000 for new furniture to \$1.5 million for a shopping centre. This assistance, in the form of loans and, in some cases, grants, may be used to improve accommodations, dining, and recreational and social facilities.

1987 – The renowned Ontario Provincial Police "Golden Helmets" Motorcycle Precision Riding Team is scheduled to perform two shows. The team demonstrates the maneuvers they are famous for, such as "The Wheel" and "The Criss-Cross." Formed in 1963, the Golden Helmets Team comprises of 17 full-time OPP Traffic Enforcement Officers from the Golden Horseshow area. In 1986, the Golden Helmet team logged 85,000 km as it traveled throughout the country.

1997 – The Honourable Douglas Young, Minister of National Defence, recently released to the Prime Minister an action plan that will enable the Canadian Forces to adapt to new circumstances, meet new challenges and restore public confidence and pride. The Minister's report reaffirmed the defence policy set out in the 1994 White Paper, which calls for multipurpose, combat-capable armed forces.

Created by Lt J. H. MacDonald,
 Compiled by Amber Gooding.

Four local "March 1st, I Quit" winners congratulated



Photo: Amber Gooding
 Shown above from left to right are: Kendra Lafleur, Health Promotion Director for 8 Wing/CFB Trenton; Corporal S. Lemieux, third place winner of the March 1st, I QUIT! Challenge; Lieutenant-Colonel D. Miller, 8 Wing Administration Officer; Andy Moreau, CANEX Manager; Simon Fortin, representative from SISIP Financial Services; and Major A. Snow, Commanding Officer, 24 Health Services.

by Amber Gooding
 Contact staff

This year's March 1st I QUIT! contest concluded with four local winners, three of whom are now smoke free and feeling great. First place went to Master Corporal T. Baldwin, a former smoker of 16 years, who received a \$200 CANEX gift card after remaining smoke-free for the month of March. Second place went to Corporal R. Lagace, an on-and-off smoker for over 10 years, who received a \$100 CANEX gift card, and third place went to

Corporal Steve Lemieux, a smoker of nearly 20 years, who received a \$75 CANEX gift card. Fourth place went to Corporal E. Foster, a non-smoking supporter who received a \$50 CANEX gift card.

The March 1st, I QUIT! contest challenges all military smokers and non-smokers, their immediate family members, Department of National Defence public and non-public fund employees to stay smoke-free for at least one month, from March 1 to April 2.

Smokers register to take the challenge, whereas non-smokers register as supporters of members trying to quit, said Kendra Lafleur, Health Promotion Director for 8 Wing/CFB Trenton.

This year 35 people registered to take the challenge on base, which was a great turnout, she said.

"This program is a great way to challenge yourself and others, as well as achieve the ultimate goal of staying smoke-free and kicking the habit entirely," said Lafleur.

As the winners were presented with their prizes on April 3 in the Headquarters Conference Room. Lieutenant-Colonel D. Miller, Wing Administration Officer, reminded everyone that the ultimate prize is realizing the health benefits of being smoke-free.

"This is a great program to help those addicted to smoking kick the habit," said LCol Miller. "It's not easy for those who battle the addiction but this program offers a great support system and incentives to help stay on track."

The March 1st, I QUIT! Challenge has been implemented across the Canadian Forces and has demonstrated throughout the years, how determined participants can be--and that they are more likely to quit indefinitely after participating in a focus program.

Prizes were provided by CANEX and SISIP Financial Services, both partners of the March 1st, I QUIT! Challenge.



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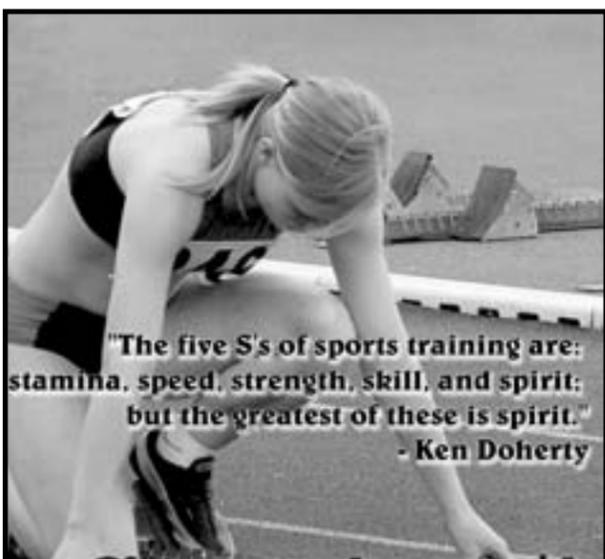
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 - Ken Doherty

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Canadian Forces Running Championship

The 2007 CF Running Championship will be run in conjunction with the National Capital Race Weekend in Ottawa held on 25 - 27 May 07, and shall consist of the following races and categories:

The following is a list of various categories: Under 19-years-old; 20 to 24-years-old; 25 to 29-years-old; 30 to 34-years-old; 35 to 39-years-old; 40 to 44-years-old; 45 to 49-years-old; 50 to 54-years-old; 55-years-old and over.

Races are as follows: 5 km; 10 km; Half Marathon; Marathon.

To be eligible to compete, all participants must be a

member of the regular forces, class B or C reserve.

Each region is limited to 25 runners, provided that they meet the qualifying times.

Personnel who do not meet the qualifying standard may still participate but will not qualify for temporary duty status.

The qualifying times listed below are the minimum times that must have been achieved on a certified course within 14 months prior to the race day.

Proof of time must be forwarded to the 8 Wing/CFB Trenton Fitness and Sports Flight, no later than April 24.

	Mara		Half M:		10		5 k	
	Male	Female	Male	Female	Male	Female	Male	Female
Under 19	3:15:00	3:30:00	1:35:00	1:45:00	38:00	44:00	18:00	22:00
20 - 24	3:15:00	3:30:00	1:35:00	1:45:00	38:00	44:00	18:30	24:00
25 - 29	3:15:00	3:30:00	1:35:00	1:45:00	38:00	44:00	18:30	24:00
30 - 34	3:15:00	3:30:00	1:35:00	1:45:00	38:00	44:00	19:00	25:00
35 - 39	3:30:00	3:45:00	1:40:00	1:50:00	45:00	50:00	22:00	27:00
40 - 44	3:30:00	3:45:00	1:40:00	1:55:00	45:00	51:00	22:00	27:00
45 - 49	3:45:00	4:00:00	1:48:00	1:58:00	45:00	53:00	25:00	30:00
50 - 54	3:45:00	4:00:00	1:53:00	2:05:00	50:00	58:00	30:00	35:00
55+	4:30:00	4:45:00	1:55:00	2:20:00	55:00	65:00	35:00	45:00

Elite Hockey School

Join us for the 8 Wing/CFB Trenton Elite week of hockey school from August 6 to August 10, 2007, for minor atom to minor midget levels.

The Julie Robitaille Power Skating instructors will be back again to assist with this program.

For the Select and House League levels, join us from August 13 to August 17, 2007.

This school is for novice to minor midget players.

Cost for each school is as follows: \$275 for members of the military community; \$375 for the general public.

The cost of the school also includes sweaters, socks, ball caps and lunch.

There is a 10 per cent discount for each additional family member and/or a second week of school.

Residence is available for out-of-town participants. Register at the RecPlex.

Summer Shinny Hockey

There will be three weeks of shinny hockey offered for players from the tyke to the midget level.

The weeks are as follows: July 30 to August 3; August 20 to 24; and August 27 to 31.

Cost is \$30 for members of the military community and \$38 for the general public.

Please register at the RecPlex.



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Fitness, Sports & Recreation

2007 Kidz Kamp

Summer's coming, are you ready for fun? The CRA is already planning for a high energy, fun-filled summer of adventure and fun.

If you are between 6 and 12 years of age and enjoy swimming, playing sports and making new friends, this is the place to be this summer.

The Kidz Kamp will be held at the RecPlex (located at 21 Namao Drive), Monday to Friday, beginning on Tuesday, July 3 and running through until Friday, August 24, from 8 a.m. to 4 p.m.

Registration for military community begins on Monday, April 23. Registration for the general public will be on Monday, June 4.

Cost for CRA members is as follows: \$78 for one child, \$141 for two children, \$184 for three children.

Cost for military community non-members is as follows: \$83 for one child, \$151 for two children, \$199 for three children.

Cost for the general public is as follows: \$88 for one child, \$161 for two children, \$214 for three children.

Before and after care is available in the morning from 7 a.m. to 8 a.m. and again in the afternoon from 4 p.m. to 5 p.m. Cost is \$2/hour/child or part there-of.

The Amazing Race

Awe, you can't go to school today! Well don't sleep in, come to the RecPlex for the great Amazing Race.

A treasure hunt that will surely be a lot more fun than school.

Be sure to pre-register or risk not getting your team into the race.

This event is open to those ages 12 to 18-

years-old, and will take place on April 27 (PA Day) with a 10 a.m. start time from the RecPlex.

There is a \$10 fee for team of two. Pre-registration is required!

Register at the RecPlex reception desk, located at 21 Namao Dr., or at the MFRC reception desk, located at 50 Rivers Dr.

Pre-School Stomp and Romp

A joyful exercise and dance class full of rhymes, songs, rhythm, movement and instrument games for you and your preschoolers.

This assisted-play program for parents and little ones will take place on Thursday mornings from 10:30 to 11:30 a.m., at the RecPlex, beginning April 19 and running through until June 21, for a total of eight weeks.

Cost: CRA members, \$15; military community non-members, \$20; general public, \$25. Drop-in fee: \$4.

Canadian Swim Patrol Course

If your child is level six (6) or higher and has an interest in lifesaving, they may want to try Canadian Swim Patrol as a break from, or an add-on, to regular classes.

The Lifesaving Society offers this "on-ramp to life-guarding", a pre-Bronze training course for young people interested in

going beyond just learning how to swim.

This course will take place on Tuesdays, from April 10 to June 12 from 4:30 to 5:15 p.m.

Cost: \$35 for CRA members; \$40 for military community, non-members; \$60 for the general public.

Pleasure Craft Operator certification

As of September 2002, if you drive a powered boat under 4m in length (including dinghy and personal watercraft like Jet Skis or Sea-Doos), you need to get the Canadian Coast Guard Pleasure Craft Operator (PCO) card, regardless of what age you are.

GET CARDED: You earn the PCO card by scoring 75 per cent on a test of basic boating safety knowledge.

The Community Recreation

Association (CRA) is a proctor site for the Boat Course. Simply purchase a BOAT Study Guide and study at home.

Make an appointment to take the test when you're ready, which takes an hour.

The Pleasure Craft Operator card is good for life and must be carried at all times while operating a powerboat.

This service is offered to adults and youth 12 to 16 years of age.

Manual fee: \$15. Proctor service: \$25.

Kayaking: Wet exit and re-entry course

If you tip over in open water, do you know what to do? This course will give you the confidence to paddle in open water. Learn what to do when you tip and how to get back into your kayak. Some of the skills you will learn include sweep, reverse, draw, rescue, and more.

This two-hour course will be held

at the RecPlex Pool.

Two courses will be offered: Saturday, April 14, and Saturday, May 5, from 3:30 to 5:30 p.m.

Cost: \$30 for military personnel and CRA members; \$35 for military community non-members; \$45 for the general public. Space is limited so register now at the RecPlex.

Bronze Medallion and Emergency First-Aid

The Bronze Medallion and Emergency First-Aid Crash Course will take place on the following dates: Saturday, April 14, 2007, and Saturday, April 21, 2007, from 9:00 a.m. to 4:00 p.m. and on Sunday, April 15, 2007, from 9:00 a.m. to 4:00 p.m.

The exam date is scheduled for Sunday, April 22, 2007, from 9:00 a.m. to 12:30 p.m.

Pre-requisite: Must be 13-years-old. Please note that 100 per cent attendance at all classes is mandatory.

Cost: \$175 for military and CRA members; \$185 for military community non-members; \$205 for the general public.

Please note that all manuals are included in the total cost of the course.

DJ Youth Dance

Dance to a great DJ and light show on April 14, at the RecPlex Gym.

Wired for Sound will keep you hopping all night long. Bring your friends.

Admission is \$5, at the RecPlex Gym.

The dance will open to youth ages 9 to 12-years-old from 5 to 7:15 p.m. The dance will then open to youth ages 13 to 16-years-old, from 7:45 to 10 p.m.

Amateur Radio Club

The 8 Wing/CFB Trenton Amateur Radio Club will be holding a course from its Club Room every Monday and Wednesday evening from 7 to 9:30 p.m.

The course will begin on April 16, 2007 and finishes on June 11.

Cost is \$75 per person and includes a study guide, handouts and club membership for one year.

For more information, please feel free to contact Mike Papper by phone at 613-969-1774 or via email at ve3vmp@sympatico.ca.



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New Class: Kickin' Cardio

Kickin' Cardio is the newest class that has been added to the various other fitness classes. Join the additional class on Thursdays, from 6:45 to 7:45 p.m. Pre-register at the RecPlex.



TRENTON Military Family Resource Centre



INFORMATION / REGISTRATION / INSCRIPTION 613-965-3575

Pilates:

The ultimate body workout. Strengthen your core muscles, stretch and tone. Fitness ball, weights, rubber bands are all incorporated into the routines.

You will need to bring a mat and water.

Dates: from April 16 to June 18 Mondays and Wednesdays

Time: 7 pm to 8 pm

Classes: 10 weeks 20 classes, Mondays and Wednesdays. Cost \$120

10 weeks 10 classes, Mondays or Wednesdays only. Cost \$60



Cours Pilates:

L'ultime exercice physique. Renforcer vos muscles, faites des étirements et raffermissez tout votre corps. Les mouvements de routine comprennent :

la balle de conditionnement, les poids, les bandes élastiques.

Vous devez apporter un tapis et une bouteille d'eau.

Dates : du 16 avril au 18 juin Lundi et mercredi , de 19h à 20h.

Durée du cours : 10 semaines, 20 cours les lundis et mercredis Coût 120,00\$

10 semaines, 10 cours les lundis ou mercredis Coût : 60,00\$

Noon Hour Class:

Dates: from April 17 to June Tuesdays and Fridays Time: 12 to 12:45 pm

Classes: 10 weeks 20 classes, Tuesdays and Fridays. Cost \$100

10 weeks 10 classes, Tuesdays or Fridays only. Cost \$50

Drop-In Cost: \$5

Minimum of 10 and maximum of 18 participants, so register early.

Instructor: Penny Forrester, ACE certified Group Fitness Instructor

Cours du midi

Dates ; du 19 avril au mois de juin, mardi et vendredi de 12h à 12h 45

Durée du cours : 10 semaines, 20 cours les mardis et vendredis Coût : 100,00\$

10 semaines, 10 cours les mardis ou vendredis Coût : 50,00\$

Halte-pilates Coût : 05,00\$

Minimum de 10 personnes, maximum de 18, alors inscrivez-vous dès maintenant.

Institutrice : Penny Forrester, Certificat ACE

Francophone chit-chat

Would you like to meet other Francophones in a time and space just for you?

Are you new to this area?

Would you like to share your ideas with others?

Are you a stay-at-home mom who would like to go out once a week?

This new group might be the answer!

Bring your young kids! Childcare is available when you register in advance.

Meetings are every Tuesday afternoon, 1:30-3:00 p.m., at the Siskin Centre, Bistro

Jasette francophone

Aimeriez-vous rencontrer d'autres francophones dans un lieu et un temps qui sont juste pour vous ?

Etes-vous nouvellement arrivés dans la région ?

Aimeriez-vous partager vos idées avec d'autres?

Etes-vous une maman à la maison qui aimerait sortir au moins une fois par semaine?

Ce groupe répond probablement à vos besoins

Amenez vos jeunes enfants! En vous inscrivant à l'avance on vous offre un service de gardiennage.

Les rencontres sont les mardis de 13h30 à 15h au Bistro du Centre Siskin

Deployment Support / Wednesday Night Out

Pre-register please by calling 613-965-3595 or 613-965-3575

April 18 - Cardmaking - 7 pm

Tuesday April 24 - Family Deployment Briefing - 7 pm

April 25 - Coffee and desert - 6 pm

A variety of activities are coming up, please visit the MFRC website calendar at www.trentonmfrf.cfbtrenton.com

Soutien au déploiement / Les sorties du mercredi soir

Veillez vous inscrire à l'avance en appelant au 613-965-3595 ou 613-965-3575

Le 18 avril - Confection de cartes à 19h

Le mardi 24 avril - Briefing, la famille et le déploiement

Le 25 avril - Café et dessert à 18h

Les prochaines activités sont planifiées, svp visitez le calendrier sur le site web du CRFM, www.trentonmfrf.cfbtrenton.com

Daycare Swim Volunteers

The MFRC Daycare will be taking the pre-schoolers swimming this spring and we need volunteers to join in the fun. Every second Tuesday afternoon, starting April 10 until mid-June, we will take one class of children to the small pool at the RecPlex from 2:30 - 3:30 p.m.

Volunteers will be in the water and assist with two children. All volunteers will be screened for suitability to work with children. If you enjoy working with young children and are comfortable in the water, this volunteer opportunity is guaranteed to be rewarding and lots of fun. You can commit for bi-weekly involvement or just for the occasional day. To volunteer, contact Wendy at the MFRC, 613-392-2811 loc 3557.



Bénévoles pour aider à la baignade des enfants de la Garderie

Les enfants d'âge préscolaire fréquentant la Garderie du CRFM visiteront la piscine et nous avons besoin de bénévoles pour s'amuser avec eux.

Débutant le 10 avril jusqu'à la mi-juin, à toute les deux semaines, de 14h30 à 15h30, une classe ira à la pataugeoire du RecPlex.

Les bénévoles seront dans l'eau et s'occuperont de deux enfants.

Tous les bénévoles seront criblés. Si vous aimez la compagnie des enfants et êtes à l'aise dans l'eau, cette opportunité de bénévolat garantit d'être enrichissante ainsi qu'amusante. Vous pouvez vous engager pour toutes les baignades ou pour les baignades occasionnelles. S'il-vous-plaît, contactez Wendy au 613-392-2811 poste 3557.

Scrapbooking this weekend / Albums commémoratifs

Friday, April 13, 6 -11 p.m. & Sunday, April 15, 10 a.m. - 4 p.m.

Le vendredi 13 avril de 18h à 23h et dimanche, 15 avril de 10h à 16h

Information: Angie Neal, 613-394-5857

Please read our newsletter "Touching Base" or visit www.trentonmfrf.cfbtrenton.com for more information
S'il vous plaît, consultez notre bulletin de nouvelles "Touching Base" ou visitez www.trentonmfrf.cfbtrenton.com

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5547 SUPER CREW - Trailer tow, moonroof, keyless, hard tonneau, roof rack, fully loaded, overhead console, CD and cassette. 79,000 kms. Ford Credit Lease Return. **\$20,750** certified

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5426 Extended, TV, DVD. Fresh in off GMAC lease loaded with full power options inc. power seat & door, quad captain, dual heat & AC & more! Only 82,000 kms. **\$12,495** cert.

2006 PONTIAC G6

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0 down taxes included **\$127.80** biweekly 84 mths



54795 Smart buy! V6, automatic, loaded with power everything inc. power seat, alloys, spoiler, full convenience package! Must drive cars. 5 to choose from. 39,000 kms. **\$14,995** certified.

2003 PONTIAC GRAND PRIX GT

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0 down taxes included **\$106.32** biweekly 60 mths



5459D Fresh in off GMAC lease! 3.8L V6, loaded with full power options. A must see, excellent shape! Only 83,000 kms. **\$9,495** certified

2003 BUICK RENDEZVOUS CXL

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0 down taxes included **\$165.68** biweekly 60 mths



5371 Great Buy!!! Loaded with options, 3rd row seating, leather heated seats, chrome alloys. 80,000 kms. **\$14,995** certified.

2004 FORD RANGER FX4 4X4

Save @ Bayview

0 down taxes included **\$176.05** biweekly 72 mths



5467 Extended cab, level II. Fresh in off Ford lease. only 52,000 kms. 4.0L V6, loaded with every power option. Amazing condition. a must see! **\$18,475** certified.

2006 DODGE GRAND CARAVAN

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0 down taxes included **\$169.42** biweekly 84 mths



5441 TV, DVD, Alloy wheels, sto'n go seating, loaded with every power option. A must see! mint condition. Many colours Only 34,000 kms. **\$19,995** certified

2003 FORD WINDSTAR SPORT

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0 down taxes included **\$111.72** biweekly 60 mths



54225 TV. Fresh in off Ford lease! Loaded with full power options inc. power seat, dual heat & SC & much more! 94,000 kms. **\$9,995** certified

2004 DODGE RAM HEMI

Save @ Bayview

0 down taxes included **\$157.54** biweekly 72 mths



5508 Crew cab, short box, 5.7L Hemi. Amazing shape. Off Chrysler lease. Only 80,000 kms. automatic AC, cruise, tilt, slider & more! 7 yr/115 km warranty. A must see. **\$16,495** certified.

2006 CHEV 1500 SILVERADO CREW CAB SHORT BOX LT 4X4

Save @ Bayview

0 down taxes included **\$231.86** biweekly 84 mths



52435 Fresh in off GMAC repo return! Loaded w/full pwr. options, flawless cond. 54,000 kms. 5.3 V8, Autotrac, alloys & much more! **\$27,995** certified

2004 PONTIAC GRAND PRIX GTI

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0 down taxes included **\$134.17** biweekly 72 mths



5522 Fresh in off GMAC lease. Loaded with every power option inc. heads up, power seat, high polish rims, power sunroof & much more! Excellent condition! 80,000 kms. **\$13,945** certified. Arriving weekly. Also Black 2005 same toys!

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Save @ Bayview

0 down taxes included **\$161.84** biweekly 84 mths



54985 Navy blue extended! Big upgrades! TV, DVD, power seat, steering controls, computer over head console, factory remote start, alloy wheels, Onstar, quads, dual air & much more! Only 39,000 kms. Like new. Balance of factory warranty. 5 TO CHOOSE FROM! **\$18,995** certified.

2005 FORD F-250 SUPER DUTY LARIAT 4X4 FX4

Save @ Bayview

0 down taxes included **\$290.14** biweekly 84 mths



5564 CREW CAB, power stroke diesel! Power heated seats, steering controls and too many options to list. 98,000 kms. Fresh in off Ford lease. **\$34,495** certified.

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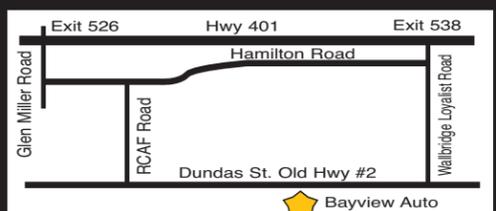
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Repatriation ceremonies held for six fallen soldiers

Photo: Cpl David Cribb , 8 Wing Imaging



The remains of Corporal David Greenslade arrived in Canada for a repatriation ceremony held April 11, 2007 at 8 Wing/CFB Trenton. Cpl Greenslade, who was deployed as part of Task Force Afghanistan (OP ATHENA), was killed when an improvised explosive device exploded near his vehicle on April 8, 2007.

Photo: Cpl David Cribb , 8 Wing Imaging



The remains of Corporal Christopher Stannix arrived in Canada for a repatriation ceremony held April 11, 2007 at 8 Wing/CFB Trenton. Cpl Stannix, who was deployed as part of Task Force Afghanistan (OP ATHENA), was killed when an improvised explosive device exploded near his vehicle on April 8, 2007.

Photo: Cpl David Cribb , 8 Wing Imaging



The remains of Corporal Brent Poland arrived in Canada for a repatriation ceremony held April 11, 2007 at 8 Wing/CFB Trenton. Cpl Poland, who was deployed as part of Task Force Afghanistan (OP ATHENA), was killed when an improvised explosive device exploded near his vehicle on April 8, 2007.

Photo: Cpl David Cribb , 8 Wing Imaging



The remains of Private Kevin Kennedy arrived in Canada for a repatriation ceremony held April 11, 2007 at 8 Wing/CFB Trenton. Pte Kennedy, who was deployed as part of Task Force Afghanistan (OP ATHENA), was killed when an improvised explosive device exploded near his vehicle on April 8, 2007.

Photo: Cpl David Cribb , 8 Wing Imaging



The remains of Corporal Aaron Williams arrived in Canada for a repatriation ceremony held April 11, 2007 at 8 Wing/CFB Trenton. Cpl Williams, who was deployed as part of Task Force Afghanistan (OP ATHENA), was killed when an improvised explosive device exploded near his vehicle on April 8, 2007.

Photo: Cpl David Cribb , 8 Wing Imaging



The remains of Sergeant Donald Lucas arrived in Canada for a repatriation ceremony held April 11, 2007 at 8 Wing/CFB Trenton. Sgt Lucas, who was deployed as part of Task Force Afghanistan (OP ATHENA), was killed when an improvised explosive device exploded near his vehicle on April 8, 2007.

HOROSCOPES

Weekly Astrology by Christine Davison

April 15 - April 21

ARIES (March 21-April 19): There is a possible celebration coming your way, this week, Aries. Projects should be begun midweek for best results. Others may come to you for advice and sympathy. Your helpful nature is often overlooked due to your impulsive/brash ways. Aries make loyal, true and very fun friends! A weekend flirtation looks promising.

TAURUS (April 20-May 20): Happy Birthday Taurus! The week ahead may bring an unexpected stroke of luck. The 17th and 18th are the best days to imagine new plans, begin projects or go on a date. Watch out for possible conflicts with others during a group activity. Let friends invite you out this weekend and you'll enjoy a truly memorable time.

GEMINI (May 21-June 20): This may be your week to finally gain the recognition at work that you deserve. You have many powerful allies who say good things about you. Expect promotions or raises. Mid-week is the best time for brainstorming or putting plans into action. The next few days may bring flirtation and romance. Plan a date for the weekend.

CANCER (June 21-July 22): There may be someone or something that you have recently taken an extreme dislike to. Examine your priorities and make changes during the middle of the week and you'll feel much better. This weekend you'll find the courage to start conversations with complete strangers and perhaps even, flirt with someone you like.

LEO (July 23-Aug. 22): Be careful that jealousy and envy do not rear their ugly heads. Try to pour negative emotions and overwhelming desires into improving yourself and working towards goals; results will be best if this is begun on either Tuesday or Wednesday. This weekend, there is nothing that can prevent you from getting whomever you want.

VIRGO (Aug. 23-Sept. 22): This is a potentially romantic week ahead. With your clever and charming wiles, who wouldn't want to be with you? Virgo's sometimes sarcastic and critical ways will be transformed into sweet, witty words and flirtatious tones. If planning for a night out with a new beau, try for either midweek or week's end.

LIBRA (Sept. 23-Oct. 22): A relative or co-worker requires your help. Try not to overindulge or overwork or you may find your body suffering as a result. Make plans/begin projects mid-week. You deserve praise and rewards as much as anyone; make sure workmates share credit. The weekend will be an exciting whirl of social activities and romance.

SCORPIO (Oct. 23-Nov. 21): Lucky Scorpios should be prepared for a passionate, sensual and romantic week ahead. You know who is it and what is it you want and how to go about achieving your desires. A new romance may begin midweek. If what you say to your lover is gentle and sweet, then you may find that words of love are spoken this weekend.

SAGITTARIUS (Nov. 22-Dec. 21): The repairs around your house and efforts at spring cleaning may finish this week, with amazing and beautiful results. The upcoming weekend will be a fun and social time, busy with outings and relatives coming to visit. Plans made and projects begun on Tuesday and Wednesday will be realized sooner than thought.

CAPRICORN (Dec. 22-Jan. 19): Try to loosen that tie and let down your hair this weekend, Capricorn. Ideas will be most successful if put into action on Tuesday or Wednesday. Remember that conversation is not a competition. A romantic tête-à-tête mid-week may transform into a full blown flirtation over the weekend. Your witty ways are attractive.

AQUARIUS (Jan. 20-Feb. 18): You often spend time and effort helping out others; try to pour that powerful intellect and energy into looking after your own financial situation. Put a brilliant scheme into action during the middle of the week and money may soon come your way. This weekend, you'll be the one breaking the ice at get-togethers.

PISCES (Feb. 19-March 20): Over the next few days, others will see you as a real go-getter. You can make your dreams a reality if you try to work on the details around the middle of the week. Plan to have a night out with your friends and admirers this weekend. There is a special someone in particular that may benefit from your attention.

Astrological queries can be directed to Christine at www.moonsignastrology.ca

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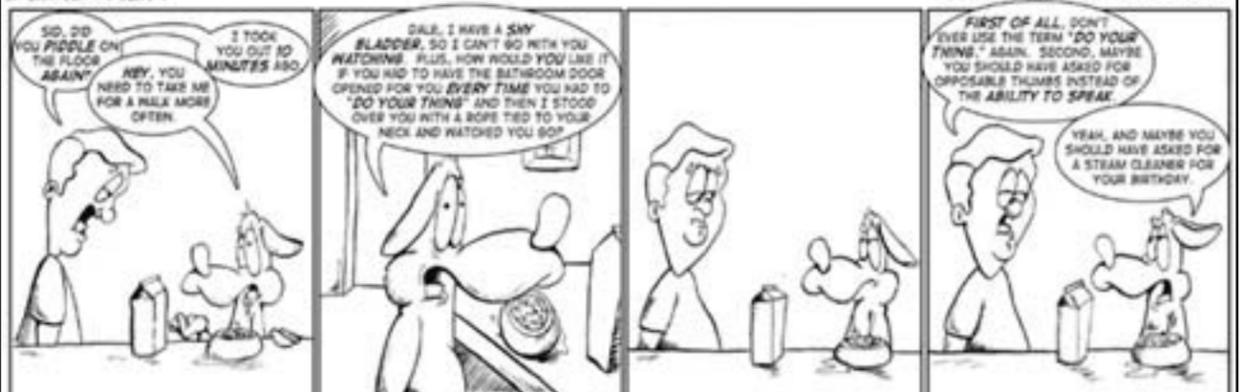
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Welcome to The Contact Newspaper's Community Events page! Thanks to the generosity of Smylie's Independent Grocer, we can, space permitting, feature public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 613-965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 613-392-2811 Ext. 7005 for more information.

Family Deployment Information Session

Join us on Wednesday, April 11 or Tuesday, April 24, 2007
at 7 p.m. at the Siskin Centre

What are the resources available to families of deployed members? Parents, spouses, siblings, sponsors all are welcome. Come and find out what services are there for you!

The MFRC will host two Deployment Information Nights at the Siskin Centre. There will be short presentations by: Military Taskings, Judge Advocate's office, Base Social Worker, the MFRC, SISIP, the Chaplain's office, the Mission Support Squadron and others. Presenters will have handouts and information packages.

Childcare will be available. Please register for childcare by calling 613-965-3575. Refreshments will be served.

La famille et le déploiement - Scéances d'information

Le mercredi 11 avril et le mardi 24 avril
à 19h au Centre Siskin

Quelles sont les ressources disponibles pour les familles des militaires déployés? Parents, époux/épouses, frères et soeurs, parrains, vous êtes tous les bienvenus. Venez découvrir les services qui existent pour vous!

Le CRFM est l'hôte de deux soirées d'information sur le déploiement au Centre Siskin. Les présentateurs sont; des représentants du détachement arrière, du bureau du juge-avocat, travailleurs sociaux de l'escadre, du CRFM, de SISIP, du bureau des aumôniers, de l'escadrille de soutien aux missions et d'autres. Ils auront tous de la documentation à offrir.

Un service de gardiennage est disponible. S'il vous plaît, téléphonez au 613-965-3575 pour l'inscription au gardiennage. Des rafraichissements seront servis.

Garden, Art and Wellness Show

July 14-15, 2007

We are looking for vendors with great products to showcase at the Garden, Art and Wellness show in July. Arts and crafts, organic and wellness products are welcomed.

For a copy of the application which is required to be completed by all interested vendors may be viewed and printed by visiting www3.simpatico.ca/wildblueyonder. For more information, please feel free to contact Debbie at 613-473-1725.

Tuesday Quilters' Meeting

The Trent Valley Quilters' Guild will hold its monthly meeting on Tuesday, April 17th, at 1 p.m. at the King Street United Church (please use the side door). New members are always welcome. For more information call Joyce at 966-7179.



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SERVICES OFFERT PAR L'AUMÔNERIE

Wing Chaplain/ Aumônier de l'escadre – Capt Padre Catherine Morrison
Administrative Assistant/Adjointe administrative – Mrs. Manon Pilon Ext 2490

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 Capt Catherine Morrison, Capt Mike Adamczyk
 As support staff: Rev. Jim Craig (P) and Fr Julien R. Beaulieu (RC priest)
 Civilian Officiating Clergypersons/personnel de soutien: Rév. Jim Craig (P), le père Julien R. Beaulieu (prêtre CR), membre du clergé civil.

WORSHIP SERVICES	
<p>OUR LADY OF PEACE (RC) NOTRE-DAME-DE-LA-PAIX (CR) Chapel Life Co-ordinator Julien Régis Beaulieu Responsable de la communauté, Coordinateur de vie de chapelle</p> <p>MASS Sunday Mass (English) 0900 hrs Messe Dominicale: 1015 hrs</p> <p>CONFESSION At all times</p> <p>PARISH ORGANIZATIONS Parish Council third Thurs 1900 hrs</p>	<p>PARISH ORGANIZATIONS (Continued) Knights of Columbus first Thurs 1900 hrs CWL second Tues 1900 hrs Chorale Merc 1900 hrs Choir Tues 1900 hrs</p> <p>ST CLEMENT ASTRA (P) Chapel Life Co-ordinator Padre Mike Adamczyk</p> <p>WORSHIP SERVICE Sunday Divine Worship 1130 hrs Holy Communion - First Sunday of the month</p> <p>PARISH ORGANIZATIONS Chapel Guild Last Tues 1930 hrs</p>

Sacrament of Reconciliation/Sacrement du pardon: Please, make an appointment with a Roman Catholic priest through our Admin Assistant, ext: 2490 / S.V.P. prendre un rendez-vous avec un prêtre catholique à travers l'adjointe administrative, au 2490.

DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR
 After working hours, for emergency only, please call the base operator at 613-392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 613-392-2811 et demandez l'aumônier en devoir.

NOTICE/AVIS
 It is now possible to have the Club Xtra points that are earned on all your purchases at CANEX go to the Chaplain Emergency Fund. Simply ask to have the points placed on the Chaplains' card. The Chaplain Emergency Fund is used to assist our military families during times of family crises. / Vous pouvez dès maintenant, lors de vos achats au Canex, donner vos points Club Xtra au Fonds d'urgence des aumôniers. Vous n'avez qu'à mentionner que vous désirez donner vos points sur la carte des Aumôniers. Les points seront utilisés pour aider les familles de nos militaires dans des moments de crises familiales.

Trenton Lions Club Open House

Do you feel successful enough in your life to help those less fortunate than yourself? Do you feel you would get personal satisfaction from helping others? Do you enjoy fun, fellowship, networking and getting involved? Do you feel you have something to contribute to your community? Do you want to see what we are all about?

Join us on April 25, 2007 at 6:30 p.m. at 77 Campbell Street. For more information please contact Lion Harm Zylstra at 613-921-1413 or Lion Sharon Astle Manuel at 613-965-5692.

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ERRORS & OMISSIONS

Advertisers should check their ad the first day it appears. The CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad wherein the error occurred.

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The CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content. The CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, The CONTACT reserves the right to make necessary changes in ad copy.

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