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• May 19, 2006 •

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ON THE MOVE!

Photo: Cpl Kimberly Gosse, 8 Wing Imaging



Major Dan Harris, CO, 2 Air Movements Squadron, executes a fireman's carry with Colonel Tom Lawson, Commander, 8 Wing/CFB Trenton, during the Battle Fitness Test (BFT) undertaken May 12, 2006—completed in two hours and 12 minutes. As the airmen and airwomen of the only movements squadron in the Air Force, and who deploy in close support of the army in Kandahar, all personnel must complete the BFT prior to such a deployment. Currently, six members of the squadron are deployed in Kandahar, with those now training for the rigorous test scheduled to leave for Afghanistan next month.

Gravel runway at CFB Trenton Mountain View Detachment

by Captain Nicole Meszaros
8 Wing Public Affairs Officer

436 Transport (T) Squadron, the backbone of the Canadian Forces' (CF) Air Mobility Force, routinely flies the CC-130 Hercules to locations around the world and in Canada where landing surfaces are austere and not hard and paved like those of the CFB Trenton airfield.

Construction of a gravel and grass runway, which will run parallel to the existing runway at CFB Trenton Mountain View Detachment, is underway and shall provide the 18 Hercules crews of the squadron a venue to hone essential skills.

"A requirement in the tactical air transport business is to be able to land on austere landing strips," said Lieutenant-Colonel Rob Coulthard, Commanding Officer 436 (T) Squadron. "Runway composition has an impact on landing... we need to be able to practice those skills and Mountain View is ideal because we have the space and we already use it as a drop zone."

LCol Coulthard explained during an interview that pilot lesson plans for austere landings are taught on the Hercules simulator at 426 Transport Training Squadron before flying actually commences, but that the simulator does not have the visual fidelity to allow for comprehensive training.

On short runways such as the one proposed to be built at Mountain View, pilots must execute maximum effort landings. These landings allow the pilot one second from the time the wheels of the plane touch down to the time the engines are put in reverse, and therefore a small margin for error exists. Pilots must carry out maximum effort landings once every quarter to maintain proficiency at the manoeuvre.

In reality, the men and women of 436 (T) Squadron find themselves flying into and around Afghanistan. "There are many runways there that are not long and hard surfaces and the training at Mountain View will give the crews the confidence they will need to land in these conditions," said LCol Coulthard.

"The runway in Kandahar for example can sometimes be shortened for different things such as construction at any given time and the crews from 436 (T) Squadron



LCol Robert Coulthard, CO 436 Sqn

can be tasked to fly to more austere airfields in Afghanistan where the short, austere runways necessitate maximum effort landings."

The Hercules is the only CF aircraft flying into theatre in Afghanistan because it is the only CF aircraft that has the Defensive Electronic Warfare System and armour in place to fly there. Its high-wing structure and its powerful design make it ideal for flying into austere conditions because it can safely accomplish short take offs and landings on under-developed landing surfaces.

The new runway at Mountain View has been designed for practicality. A pilot can land on the austere strip, taxi to the main and paved runway for take off. "This alleviates any requirement to do tight taxiing," said LCol Coulthard.

A team effort has been coordinated with respect to the gravel runway project. The Wing Logistics and Engineering Officer, LCol Darwin Gould, is responsible for the construction of the project while the operational perspective is being driven by the Wing Operations Officer, LCol Mario Fortin.

See Page 2 for technical information regarding this proposed runway.

Female soldier killed in Afghanistan

May 17, 2006

OTTAWA - A Canadian soldier was killed during a firefight with insurgents that occurred approximately 24 kilometres west of Kandahar. The incident occurred at approximately 6:55 p.m. Kandahar time (10: 25 a.m. EDT) on 17 May.

Killed was Captain Nichola Kathleen

Sarah Goddard who was serving with Task Force Afghanistan as part of the 1st Battalion Princess Patricia's Canadian Light Infantry (1 PPCLI) Battle Group. Captain Goddard was stationed with the 1st Regiment Royal Canadian Horse Artillery in Shilo, Manitoba; her next-of-kin have been notified.

Soldat canadien tué en Afghanistan

le 17 mai 2006

OTTAWA - Un soldat canadien a été tué au cours d'un engagement avec des insurgés qui s'est produit à environ 24 kilomètres à l'ouest de Kandahar. L'incident s'est produit vers

18:55 heures, heure de Kandahar (10:25 heures HAE) le 17 mai.

Dans l'échange de tirs, la Capitaine Nichola Kathleen Sarah Goddard qui servait avec la Force opérationnelle en Afghanistan dans le cadre du groupement tac-

tique du 1er Bataillon de Princess Patricia's Canadian Light Infantry (1 PPCLI) a été tuée. La Capitaine Goddard était affectée au 1st Regiment Royal Canadian Horse Artillery de Shilo, Manitoba; ses proches ont été informés.

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Remembering... Post-war Trenton

by Captain Randy J. Henning

The first three years after the Second World War were a time of great uncertainty for Canada's military. Budgets were slashed and the RCAF, which had grown during the war to become the world's fourth-largest air force with 250,000 personnel, was given a post-war ceiling of 16,000! Squadrons were disbanded and operational flying and pilot training pretty well petered out. Most units in Trenton were pre-occupied with demobilization. No. 6 Repair Depot (6RD), for example, busied itself preparing wartime aircraft - those that weren't scrapped or sold outright - for post-war use or for storage.

Then, in December 1948, Defence Minister Brooke Claxton announced a new defence program designed to meet the growing threat posed by the Soviet Union. The Soviets were developing long-range bombers and would soon have an atomic bomb. As part of its response, Canada removed ceilings on the RCAF's personnel strength and established an Air Defence Group, later renamed Air Defence Command, headquartered in Ottawa. New interceptor squadrons and an early warning system quickly followed. And a whole division was planned for Europe. Early squadrons were equipped with the RCAF's first significant jet fighter, the De Havilland Vampire, until more capable aircraft could be obtained.

Conversion training from prop aircraft to the Vampire jet was conducted at the Central



Avro Arrow 25204 in Trenton, 2 February 1969. Photo contributed to "Trenton 50 Years of Air Force," by Brigadier-General R.M. Cox, DFC, AFC, CD, who was Station Commander from July 1957 to July 1959.

Flying School (CFS) in Trenton. The DeHavilland Vampire had only one seat and so pilot conversion consisted of a few hours of ground school and some dual, high-speed landings in a Harvard. Then the student simply signed out a Vampire and was gone! The CFS got its first dual jet trainer, the Lockheed T-33, in May 1951. Canada also acquired the famous F-86 Sabre, taken on strength (TOS) in 1950, the CF-100 Canuck (TOS 1952), the CF-101 Voodoo (TOS 1961), as well as the Bomarc surface-to-air interceptor missile (TOS 1957) as part of its Cold War build-up.

New weapons were developed. The Canadian Armament Research & Development Establishment (CARDE) tested the "Velvet Glove" missile at the Point Petre range in 1955, firing them from CF-100s flying out of Trenton. But the range is more famous as a test site for Canada's ill-fated Avro Arrow program. Scale models of the Arrow, fired on rockets over the water during tests conducted

in the early 1950s, have become the holy grail of local divers. A full-scale prototype of this amazing aircraft, Avro Arrow 25204, was diverted to Trenton from Malton on 2 February 1959. This was the aircraft's only landing away from the Avro plant in Malton. The Avro Arrow program was cancelled three weeks later on 20 February 1959.

One of the social effects of the Cold War build-up on Trenton, indeed on military communities across Canada, was a surge in the construction of personnel married quarters (PMQs). Virtually all our "North-Side" PMQs - some 507 of them - were built on newly expropriated land between 1950 and 1952. Other notable events in Trenton during the 1950s included a fire that destroyed No. 9 Hanger at 6RD on 2 January 1952. While no one was injured in the fire, six aircraft were destroyed and it was reported that the glow of the flames could be seen as far away as Cobourg. The British

Commonwealth Air Training Plan Memorial Gates, described in last month's article, were dedicated in a ceremony on 31 September 1948. Princess Elizabeth and the Duke of Edinburgh visited these famous gates on 12 October 1951. They were greeted by the Honourable Brooke Claxton, Minister of National Defence, Air Vice Marshal C.R. Slemon, CB, AFC, CD, and a host of other dignitaries in a ceremony attended by an estimated 50,000 local people.

Three changes in the late 1950s would foreshadow the changing role of Trenton. In 1959, after almost two decades in Trenton, the CFS moved to Saskatoon. And the famous 426 (Thunderbird) Squadron, re-activated after the war as a transport squadron, moved here with its Dakotas and North Stars from Dartmouth that same year. Also arriving in 1959 was 2 Air Movements Unit, moving here from Dorval. Special thanks to Ms. Jodi Ann Eskritt for her research assistance with this article.

Austere runway proposal - technical information

Current facilities (available for short take-offs and landings):

- Runway 13/31, 8 Wing/CFB Trenton
- Short runway
- Closed when the CF-18 QRA was built
- Does not meet the requirement that the surface of the austere runway be gravel or dirt (its surface is paved)
- Reopening it is not a viable option

Mountain View Runway 06/24:

- Use by CC-130 Hercules is restricted because of weight limitations imposed to reduce wear and tear on surface
- Short runway

--Paved surface therefore not conducive to austerity training

Proposed runway:

- Austere runway to be built at CFB Trenton Mountain View Detachment
- Short landing strip - approximately 1524 metres long by 24 metres wide
- Located approximately 45 m north of and parallel to the existing paved Runway 06/24 at Mountain View Detachment
- The surface of the runway will be grass, with a visible gravel portion covering 762 m by 18 m.



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New ration card in the works

by Amber Gooding,
Contact Staff

8 Wing Food Services will be introducing a new ration card sometime this summer, which will allow for easy transactions when dining on base.

The new card is currently in the planning and production stages (of developing a new system), and will allow personnel to receive a meal via the universal card.

Designed by a DND employee programmer, the card is tailored to meet the needs of Military Food Services operations and personnel, with a vision to have a set Air Force standard.

The card contains a person's first

and last name, rank and card ID number, with all relating information per person contained within a black swipe-stripe.

Cards displaying photo identification will be distributed to all living-in members and units will be assigned cards based on their group.

Implementation of the new ration card will be taking place sometime within the next couple of months. There is still quite a bit of testing to occur before the cards will be issued. Wing Food Services would like to thank all personnel for being patient during this transition stage.

Please stay tuned to The Contact for further updates.



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If you are unable to join us on May 30, please call the number above to book a campus tour and appointment with one of our counsellors.

Search & Rescue UPDATE



424 Squadron was involved in five taskings in the past week. The first three were all on May 11, for two separate reports of boats in distress. The first was near Amherst Island near Kingston. Our Griffon was tasked to investigate but did not locate any boats in trouble. On the same day both the Griffon and Herc were sent to Frenchman's Bay near Toronto for another "boat in distress." Both aircraft completed the assigned search patterns but again found no one in distress.

On May 14 the Herc was sent to Sudbury to investigate an ELT. The source of the signal was traced to an ultralight aircraft on the north side of Onwatin Lake. No distress was observed and our crew returned to Trenton.

On May 16, JRCC tasked our Griffon to the Wawa, Ontario area to medevac a 31-year-old woman from a camp near the Sand River. The SAR-Techs were lowered into the area to prepare the patient and when they were ready the helicopter hoisted all aboard and proceeded to Wawa to a medical facility. After delivering their patient, the crew made their way back to Trenton.

Until next week, stay safe.

Missions for 2006: 49 Missions for May: 8 Persons rescued: 9



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The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a 3.5" disk and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.

• Articles must be received by Tuesday at noon prior to print date at The CONTACT office.

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All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.



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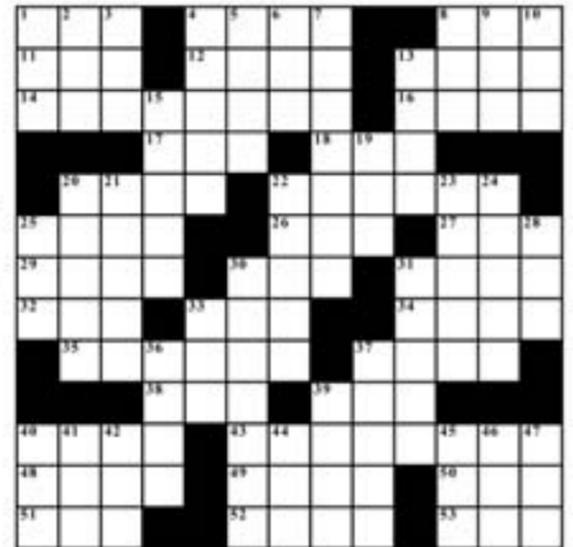
By Bernice Rosella and James Kilner

ACROSS

- 1 Priestly garment
- 4 Breed of horse
- 8 Faucet
- 11 Hot beverage
- 12 Wise
- 13 Harness part
- 14 Elected PEI Premier 1996
- 16 Kine
- 17 Cruces or Palmas preceder
- 18 Siesta
- 20 Verbal joust on stage
- 22 Elected Saskatchewan Premier 1982
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- 26 Plains indian
- 27 Equip for war
- 29 It's sometimes drawn?
- 30 Banned insecticide
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- 33 The "P" in E.A.P.
- 34 Tied
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- 37 Answered a charge
- 38 Child's play
- 39 Annex
- 40 Seep
- 43 Elected Quebec Premier in 1976
- 48 Prissy
- 49 Operatic solo
- 50 Actress Thurman
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- 52 Seaman
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DOWN

- 1 RBC cash source
- 2 Hawaiian coronal
- 3 Dance, in Dorval
- 4 Korean or Tibetan



- 5 Opposite of riches
- 6 Turkish title
- 7 British Columbia Premier elected 1975
- 8 Levy
- 9 Soul, in Ste Agathe
- 10 Sty
- 13 North American native
- 15 Saskatchewan Premier elected 1961
- 19 Latin for hail
- 20 Hockey venue
- 21 Liver or kidney
- 22 Dandies
- 23 Gullible
- 24 Went wrong

- 25 Japanese sash
- 28 Hes
- 30 Saskatchewan Premier elected 1944
- 31 Blue Jay Vernon, for one
- 33 Legume
- 36 Article
- 37 Fold
- 39 Wrongdoing
- 40 Choose
- 41 Prefix with nasal or facial
- 42 Nothing
- 44 Pitcher's stat.
- 45 Sine ____ non
- 46 Ref
- 47 Receptor



This Week in Contact

1996 – On April 29 and 30, 8 Wing's Military Police Flight carried the torch from the east side of Trenton to the Quinte Mall in the annual Law Enforcement Torch Run for Special Olympics. This year marks the 10th anniversary of the run in Ontario, which has raised in excess of \$4,475,000 for Ontario Special Olympics.

1986 – Lieutenant-General D.M. McNughton, Commander Air Command, recently announced the promotion of Colonel Gary "Sky" King to the rank of Brigadier-General, effective 24 July 1986. Col King will be posted from his current position as Base Commander CFB Trenton, a command he has held for the past three years to NATO's 4th Allied Tactical Air Force Headquarters (4ATAF) in Heidelberg, West Germany.

1976 – Colonel Amos J Pudsey ,52, (Ret'd) was killed in a crash of a Twin Otter at Monze, Zambia May 5. Monze is about 170 miles south of Lusaka. Col Pudsey was employed by DeHavilland Aircraft Co as a pilot and was on the African leg of a sales demonstration tour of Europe, the Middle East and Africa.

Created by Lt J. H. MacDonald,
Compiled by Jason Newman.



Universality of service and accommodation

As Transformation continues to reshape the Canadian Forces (CF), it is important for all military members to be informed of the significant changes that are affecting everyone. CAN-FORGENS 087/06 and 088/06, released this month, are a must-read for all CF members.

Universality of service is the catchall phrase that is used to define whether a CF member is fit for duty or not. It includes physical fitness and medical fitness. Simply put, in order to meet the requirements of universality of service, a mem-

ber must successfully complete the appropriate fitness test and must be medically fit for duty in his or her military occupation.

In the past, members who had deficiencies in any of these areas but who could still contribute to the CF could be retained in the service through what was called accommodation – a period of service which could be used until the deficiencies were remedied or until Compulsory Retirement Age (CRA) in the case of permanent shortcomings. This could be renewed as required.

This will no longer be possible under the new policy.

Beginning 1 June 2006, the maximum duration of any period of retention necessitated by a member's deficiencies in any of the requirements of universality of service will be three years, which will not be renewable. Moreover, unless approved by the Chief of the Defence Staff, CF members will not be eligible for promotion unless they meet those requirements.

For further information, please visit <http://vcds.mil.ca/vcds-exec>.

TIM'S AFGHANISTAN-BOUND

Photo: Cpl Tom Parker, 8 Wing Imaging



This coffee is definitely worth waiting for... Despite several attempts to load one of two Tim Horton's trailers onto a United States Air Force C-17 Globemaster, the hard-working airmen and airwomen of 2 Air Movements Squadron and the American crew of the large jet were ultimately unable to do so because of technical difficulties. The trailers, which are bound for Afghanistan to improve the welfare and morale of deployed troops, will now be transported to an American air force base for eventual flight overseas.



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Postcards for Peacekeepers contest

For the second year in a row, the Trenton Military Family Resource Centre (MFRC) has held a Postcards for Peacekeepers design contest for local students. Awards were presented to four winners and eight runners up at a small gathering on May 10 at the Siskin Centre.

All local elementary and secondary schools received details of the contest. The only requirement was that students draw something that had to do with peacekeeping. The response was excellent. According to Eve Lawrence, from Family Separation and Reunion Services at the MFRC, and contest coordinator, over 70 students, from kindergarten to grade 10, submitted their artwork. The high quality and originality of the submissions made the judging difficult.

Members of the Trenton Art Club judged the entries. Twelve pictures were selected as finalists. All twelve finalists received monetary prizes, t-shirts and baseball hats.

Four winners were selected and their works were printed into postcards.

"This is a positive way for the community to get involved in supporting our Canadian troops," said Lawrence. "We are hoping that this initiative will get bigger every year and be promoted across Canada through other Military Family Resources Centres," she added.



Photo: Submitted

Front row, left to right: Jacob Channell-Hughes, grade 3, honourable mention; Alyse duffy, grade 4, winner; Shelby Johnson, grade 3, winner; Steven MacPhail, grade 3, honourable mention. Back row, left to right: Josh Roy, grade 7, honourable mention; Amanda Casselman, grade 5, honourable mention; Jonathan Easton, grade 4, honourable mention; Taylor Wilson, grade 6, honourable mention. Absent from photo: Eli Slaughter, grade 7, winner; Howard Cho, grade 10, winner; Erika Toffelmire, grade 10, honourable mention; Melissa MacIver, grade 10, honourable mention.

Judy Norlock, wife of Rick Norlock, Member of Parliament for Northumberland Quinte West, was on hand to present the awards. "It is an honour to be here," she said.

QuintEssential Credit Union donated all the cash prizes, and JD Printing made the postcards.

Postcards can be picked up at the MFRC, free of charge, by anyone in the community, and can then be sent to any Canadian soldier serving overseas.

For more information on writing to the troops, please go to www.cfpsa.com.

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Fitness, Sports & Recreation

8 Wing/CFB Trenton women's slow pitch team

The 8 Wing/CFB Trenton women's slow pitch team is looking for players to join this season. This comes in preparation of the 2006 Ontario Region Women's slow pitch championship, which is scheduled to be held 13 - 16 Aug 06 in North Bay.

The team is open to CF military and reserve class B and C members. The team will play in the I/S slow pitch league -- playing every Tuesday and Thursday evenings. The team will also be entering some tournaments prior to the OR Championship.

Interested players are asked to contact MCpl Janette Burns at local 2248 or Cpl Celine Picotin at local 7655.



Surf n' Turf registration ongoing

With the race just two weeks away, Surf n' Turf registration still going strong.

Forms are available at the base gymnasium for those interested.

This year's race is shaping up to be a great sporting event. The team registrations are rolling in and we are still actively recruiting volunteers as well!

Please contact Lisa at refausse.e@forces.gc.ca if you would like to register a team or sign-up to volunteer.

Thank you for all your support and we hope to see you on June 2.



Shown above are two competitors paddling through the 7-km canoe leg of the annual 50 km Surf n' Turf race.

Calling all shinny hockey players

This year's season of shinny hockey will begin on June 5 and run weeknight's until June 30, from 6 to 7:30 p.m.

- Monday:** Tyke/Novice division;
- Tuesday:** Bantam division;
- Wednesday:** Atom division;
- Thursday:** PeeWee division;
- Friday:** Midget/Intermediate division.

Cost is \$1 for Military Community Members and \$2 for the General Public. For more information please contact the Rec Plex office at 392-2811. ext. 3361.

Learn To Run Clinic: Monday nights, May 29 to June 26 at 4:30 p.m. (5 week session plus a race). Meet at The Gymnasium (south side). Learn about nutrition, clothing, footwear and more
 Military and CRA Members: \$50;
 Military Community Non-CRA Members: \$55; General Public: \$60. Register at the Rec Plex

Summer of fun at Kidz Kamp

This camp is designed for kids 6 to 12 years of age that are looking for loads of fun this summer. Come join us at the Rec Plex from July 4 to August 25, 2006. Camp hours are from 8:00 a.m. to 4:00 p.m., Monday to Friday.

Before and after care is available from 7 to 8 a.m. and from 4 to 5 p.m. at a cost of \$2 per child.

Registration for the military community is taking place now and on 5 June 06 for Non-Military Community.

CRA Member:	Military Community (Non-Member):	General Public:
\$78 for one child	\$83 for one child	\$88 for one child
\$141 for two children	\$151 for two children	\$161 for two children
\$184 for three children	\$199 for three children	\$214 for three children

For more information please call the Rec Plex at 392-2811 ext. 3361 or 3348.

Just a reminder that there will be a volunteer meeting regarding this year's Surf n' Turf race. Please join us on Monday, May 29, at 1130 hrs if you are interested in helping out.



Golf Now!

It's that time of year again! Play 18 holes for \$27 at the CFB Trenton Golf Course. Get your pass at the Rec Plex.



Use the Stairs!

To add strength to leg muscles and get a cardiovascular workout at the same time, try climbing plain old stairs.

This can be done at home, in your office, apartment building, or on stair-climbing machines in the gym.

Climbing two steps at a time is good for building the quadriceps (thigh muscles) and the gluteus (butt).

Going down steps builds strength in the quadriceps and to a lesser extent, the hamstrings. Give it a shot...it's worth a try!

Stay tuned next week for part three of 'Fit Tips!'

8 Wing soccer team looking for players

The 8 Wing/CFB Trenton soccer team is looking for players to join.

If you are interested in participating in the upcoming soccer season and the Ontario region Soccer Championship, which is scheduled to be held on 13 - 17 Aug 06, in Petawawa, then you should come try out for the team and have some fun!

Practices are scheduled to take place every Tuesday and Thursday evenings at 1630 hrs at The Soccer Pitch.

All interested players are welcome to attend the practice and the chance to upgrade soccer skills with the help from CISM players.

For further information please contact Cpl Chris Liu at loc 2881.

Drop-in Youth Ball Hockey

Come join in on the fun each Thursday night at the Rec Plex.

Weekly games are scheduled from now until June 15 and are open to the following ages:

PeeWee, 11 to 13-years old: 6 - 7 p.m.

Bantam/Midget, 14 to 17-years-old: 7 - 8 p.m.

Drop in rates are:
 CRA Members: \$1.00
 Military Community, Non-members: \$2.00
 General Public: \$3.00

Introduction to kayaking

This three hour adventure is designed for people who would like an all-round introduction to sea kayaking.

During the course, you will paddle on the Bay of Quinte and learn the basics, including wet exit and re-entry, with an emphasis on learning new skills under the coaching of our expert instructor.

- Thursday, June 1, 2006 6 - 9 p.m.
- Tuesday, June 13, 2006 6 - 9 p.m.
- Wednesday, July 12, 2006 1 - 4 p.m.
- Wednesday, July 26, 2006 6 - 9 p.m.
- Friday, August 25, 2006 1 - 4 p.m.

\$45 Military or CRA Members;
 \$50 Military Community Non-Members;
 \$55 General Public.

Register at the Rec Plex. Courses will be held at Bernie Gray Kayaking, 383 Dundas Street West in Belleville.





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<p>2003 CHEV AVALANCHE Z71</p>  <p>0 down \$217.96 bi-weekly 60 months</p> <p>Burnt Orange WOW! Loaded with every option available inc. pwr. Heated leather, TV, DVD, OnStar, too much to list mint shape off GMAC lease. Why pay more? 95,000 kms \$22,799 cert.</p>	<p>2002 GMC ENVOY SLE 4X4</p>  <p>0 down \$178.02 bi-weekly 60 months</p> <p>17" high polish rims, loaded with full power group incl. power seat, OnStar & much more! Mint shape off GMAC lease. Why pay more? 96,000 kms. \$18,999 cert.</p>	<p>2002 CHEV TRAILBLAZER LTZ</p>  <p>0 down \$205.24 bi-weekly 60 months</p> <p>Wow! 4X4 power memory leather seats, pwr. sunroof 17" alloys, loaded with every option available. 74,000 kms. Off GMAC lease. Why pay more? Great colour combination, mint shape. \$20,499 cert.</p>	<p>2003 CHEV TRAILBLAZER</p>  <p>0 down \$210.79 bi-weekly 72 months</p> <p>Ext 327ci, V8, 3rd row seating. Loaded with every option available inc power sun roof and power heated leather! 73,000 kms. Mint shape, off GMAC lease. Why pay more? \$21,999 cert.</p>	<p>2002 FORD WINDSTAR SPORT</p>  <p>0 down \$123.58 bi-weekly 60 months</p> <p>Sharp! Loaded with full power group inc. dual heat and A/C, Quad seating, alloys and much more! Mint shape. Off Ford lease! 71,000 kms \$15,999 cert.</p>
<p>2003 PONTIAC MONTANA</p>  <p>0 down \$135.34 bi-weekly 72 months</p> <p>Extended, factory TV, DVD, loaded with options inc. quad captains chairs, dual heat and A/C, alloy wheels & much more. Mint shape, off GMAC lease. Why pay more? 80,000 kms. \$18,999 cert.</p>	<p>2002 PONTIAC GRAND PRIX GTP</p>  <p>0 down \$156.24 bi-weekly 60 months</p> <p>GTP Wow! Loaded with every option available, supercharged! High polished rims! Pwr. sunroof, heads up display. Too many options to list. Must see. Mint shape off GMAC lease. Why pay more? 65,000 kms. \$19,999 cert.</p>	<p>COME IN AND FILL OUT A BALLOT FOR A CHANCE TO WIN A ROTO SPA HOT TUB TO BE DRAWN JULY 31ST</p> <p>NO PURCHASE NECESSARY SEE INSTORE FOR DETAILS</p>	<p>2002 BUICK RENDEZVOUS CX</p>  <p>0 down \$145.35 bi-weekly 72 months</p> <p>Black beauty! Loaded with power options Mint shape off GMAC lease. Why pay more? 97,000 kms \$18,999 cert.</p>	<p>2002 OLDS SILHOUETTE EXTENDED</p>  <p>0 down \$137.30 bi-weekly 60 months</p> <p>Sharp! Loaded with options inc. pwr. seat, pwr. door, reverse back up sensors, quad seating, and dual heat A/C, and much more! Mint shape. 78,000 kms. \$18,299 cert.</p>
<p>2003 CHEVY SLE Z71</p>  <p>0 down \$206.08 bi-weekly 72 months</p> <p>Ext. cab, short box. Black beauty! Loaded with full power group. Clean 1 owner GMAC lease return. 58,000 kms. \$21,999 cert.</p>			<p>2004 PONTIAC VIBE</p>  <p>0 down \$158.92 bi-weekly 72 months</p> <p>Only 79,000 kms! 5 speed, loaded, power windows, power mirrors, power locks, power moon roof, alloys, sharp local trade. \$18,999 cert.</p>	

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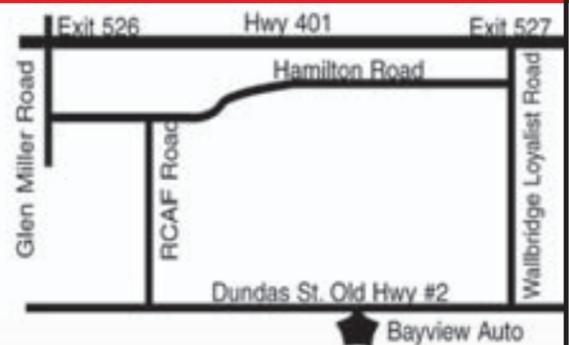
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Souvenirs... Trenton d'après-guerre

par Capitaine Randy J. Henning

Les trois premières années suivant la Seconde Guerre mondiale étaient pleines d'incertitude pour les forces armées canadiennes. Les budgets étaient comprimés et l'ARC, qui avait grossi durant la guerre pour devenir la quatrième plus grande force aérienne au monde avec un effectif de 250 000 membres, devait être ramenée à 16 000 membres après la guerre! Des escadrons ont été démantelés, et les vols opérationnels et l'instruction de pilotes ont pris fin. Dans la plupart des unités de Trenton, on était préoccupé par la démobilisation. Au 6 Dépôt de réparations, par exemple, on s'est occupé de l'entretien des aéronefs utilisés en temps de guerre – ceux qui n'avaient pas été mis au rebut ou vendus sans condition – en vue d'une utilisation après-guerre ou d'un entreposage.

Ensuite, en décembre 1948, le ministre de la Défense Brooke Claxton a annoncé un nouveau programme de défense visant à faire face à la menace grandissante que constituait l'Union soviétique. L'URSS était en train de fabriquer des bombardiers à long rayon d'action et allait bientôt se doter d'une bombe atomique. En guise de réaction, le Canada a annulé la limite imposée sur les effectifs de l'ARC et établi un Groupe Défense aérienne, qui devait par la suite être rebaptisé Commandement de la Défense aérienne, dont le quartier général était basé à Ottawa. Cette mesure a été rapidement suivie par la mise en place de nouveaux escadrons d'interception et d'un système d'alerte rapide. On envisageait aussi de créer une division complète pour l'Europe. Les tout premiers escadrons étaient équipés du premier chasseur à réaction de l'ARC digne d'être mentionné, le Vampire de la société De Havilland, jusqu'à ce qu'on puisse avoir des aéronefs plus puissants. L'instruction de conversion de

l'aéronef à turbopropulseur au chasseur à réaction Vampire a été effectuée à l'École centrale de vol (ECV) de Trenton. Le Vampire avait un seul siège, et l'instruction de conversion des pilotes consistait en quelques heures de formation au sol et en quelques atterrissages à haute vitesse dans un Harvard à double commande. Ensuite, le stagiaire n'avait qu'à signer le registre d'emprunt pour se procurer un Vampire et commencer à voler! C'est en mai 1951 que l'ECV a eu son premier chasseur d'entraînement à double commande, le Lockheed T-33 Silvestar. Dans le cadre de la montée en puissance découlant de la guerre froide, le Canada a aussi fait l'acquisition du fameux F-86 Sabre, qui a été porté à l'effectif (PAE) en 1950, du CF-100 Canuck (PAE en 1952), du CF-101 Voodoo (PAE en 1961), ainsi que du missile intercepteur sol-air Bomarc (PAE en 1957).

On a conçu de nouvelles armes. Le Centre d'étude et de recherche sur les armements Canada (CARDE) a mis à l'essai de missiles « Velvet Glove » au champ de tir Point Petre en 1955; ils ont été tirés à partir de CF-100 décollant de Trenton. Cependant, le champ de tir est plus connu comme un site d'essais du défunt programme canadien « Avro Arrow ». Les modèles à l'échelle de l'Arrow, tirés au-dessus de la mer par des roquettes au cours des essais effectués au début des années 1950, sont devenus le Saint-Graal des plongeurs locaux. Un prototype à pleine échelle de cet étonnant aéronef, l'Avro Arrow 25204, a été dérouté de Malton vers Trenton le 2 février 1959. C'est la seule fois où l'aéronef s'est posé loin de l'usine Avro de Malton. Le programme Avro Arrow a été annulé trois semaines plus tard, le 20 février 1959.

L'une des répercussions sociales de la montée en puissance découlant de la guerre froide sur Trenton et, en fait, sur les collectiv-

ités militaires partout au Canada, a été l'augmentation subite de la construction de logements familiaux. Pratiquement tous les logements familiaux du côté nord – environ 507 logements – ont été construits sur des terres nouvellement expropriées entre 1950 et 1952.

Au nombre des événements notables survenus à Trenton au cours des années 1950, on compte aussi un incendie qui a détruit le hangar no 9 au 6DR le 2 janvier 1952. Bien que personne n'ait été blessé durant l'incendie, six avions ont été détruits, et on raconte que la lueur des flammes pouvait être vue d'aussi loin que Cobourg.

Les grilles commémoratives du Programme d'entraînement aérien du Commonwealth britannique qui ont été décrites dans un article du mois passé ont été inaugurées lors d'une cérémonie qui a eu lieu le 31 septembre 1948. La princesse Elizabeth et le Duc d'Edimbourg ont visité ces fameuses grilles le 12 octobre 1951. Ils ont été accueillis par l'honorable Brooke Claxton, ministre de la Défense nationale, le Vice-maréchal de l'Air C. R. Slemon, CB, AFC, CD, et bon nombre d'autres dignitaires lors d'une cérémonie à laquelle ont participé environ 50 000 habitants de la région.

Vers la fin des années 1950, trois changements ont laissé présager la modification du rôle de Trenton. En 1959, après presque dix années d'existence, l'ECV a été transférée de Trenton à Saskatoon. Et le fameux 426e Escadron (Thunderbird), réactivé après la guerre en tant qu'escadron de transport, a été transféré de Dartmouth Nouvelle Ecosse à Trenton au cours de la même année, avec ses Dakota et ses North Star. Aussi, pendant la même année, la 2e Unité des mouvements aériens a déménagé de Dorval, Québec à Trenton. Remerciements particuliers à Mme Jodi Ann Eskritt pour son aide en matière de recherches en vue de la rédaction de cet article.

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2 Air Mov Sqn holds 2ND annual hockey match

by Pte Terry Parsons

On Thursday May 11, 2 Air Movements Squadron held its 2nd Annual Jr. NCOs vs. Sr. NCOs / Officers Hockey Challenge. It was a fun-filled, morale-boosting event featuring exciting two-way hockey right up to the end.

The Jr. NCOs stepped onto the ice as defending champs and perhaps with too much of a swagger as they watched the Sr. NCOs / Officers get the first and crucial goal. They held the lead confidently until midway through the first period when the Jr. NCOs were finally able to score. It was



Photo: Submitted

a tight contest, with each team trading two more goals. With the game looking like it was going into overtime, the Jr. NCOs as defending champs were determined not to go down to defeat. So they hiked up their socks, and raised their skills yet another notch to

score the game winning goal with less than two minutes remaining. In the end, despite all efforts of the Sr. NCOs' / Officers in recruiting and enrolling goaltender Steve Owens from 8 AMS as an honorary member of 2 Air Mov Sqn., even he could not

stop the skills of the Jr. NCOs. The score sheet indicates only one team coming out on top with a 4-3 victory but both teams were winners by enhancing Squadron morale while encouraging good physical fitness in a relaxed fun filled atmosphere.



What is Transport Operational Test and Evaluation Flight (TOTEF)?

by Capt Gary Madore

"So what, exactly, do you do over at TOTEF?" This question is sure to be posed anytime one of us is asked where we work.

Transport Operational Test and Evaluation Flight (TOTEF) is a sub-section of 426 Transport Squadron and, although tasked directly by 1 Canadian Air Division, belongs to 8 Wing. That's who we are, but you want to know what we do, right?

Everyone has heard of the CF's Aeronautical Engineering Test Establishment (AETE) at Cold Lake and seems to have an idea of what they do there (that's the place where they cut holes in airplanes and see if they will still fly, right?) Well, testing airplanes and associated equipment actually takes place in a lot more organizations than one may think.

There are basically three levels, or categories, of testing involved in the employment of an aircraft:

Category One testing is called Developmental Test and Evaluation (DT&E) and takes place at the manufacturer. This is basically where a company builds an airplane and ensures that it will fly. The manufacturer's word, though, isn't enough to prove to us that an airplane is good enough for the military. When DT&E is finished, there is an aircraft available for purchase but pretty much all we know about it is that the manufacturer says it will zoom through the sky and the wings will not come off. This is where AETE steps in with its Category Two testing.

Category Two testing is called Engineering Test and Evaluation (ET&E) and generally takes place at AETE in Cold Lake. AETE's mandate is to ensure that an aircraft is safe for the CF to operate and that it meets the Canadian government's regulations. When AETE is finished with its testing, we have an aircraft that the manufacturer says is air-worthy and that AETE says meets all applicable regulations and is safe for the CF to operate. But we still don't really know what the airplane can actually do. That's where the operational testing people come in with Category Three testing.

Category Three testing

is called Operational Test and Evaluation (OT&E) and takes place at any one of a number of OT&E units operated by the CF: Air Training Test and Evaluation Flight (ATTEF) in Winnipeg, Fighter Operational Test and Evaluation Flight (FOTEF) in Cold Lake, Helicopter Operational Test and Evaluation Flight (HOTEF) in Shearwater, Land Aviation Test and Evaluation Flight (LATEF) in Gagetown, Maritime Proving and Evaluation Unit

(MP&EU) in Greenwood, and (of course!) TOTEF here in Trenton.

When people think of Trenton they tend to think of Hercs, but TOTEF is actually responsible for OT&E on six fleets of aircraft on six different Wings. Any time a new piece of software or equipment is required for the Buffalo, Challenger, Cormorant, Hercules, Polaris, or Twin Otter, TOTEF is required to assign a Project Officer to test the aircraft and/or

equipment in a representative environment and provide a report that evaluates the operational effectiveness and suitability. The process is quite involved and is, perhaps, the subject for another article. In a nutshell we take an airplane and put it through its paces in order to see if it can do the job. Ensuring proper documentation is available, identifying capabilities and deficiencies, developing tactics and standard operating procedures and training initial cadres of aircrew are all

part of the job.

To recap, a manufacturer is responsible for producing an aircraft that can fly and they perform DT&E in order to satisfy their contractual requirements. We can't just take an airplane and put it into CF use, so AETE performs ET&E in order to ensure the airplane is up to the task of CF flying and that it meets Canadian regulations. More testing is required, though, because it is not enough to know if the airplane can fly and if it meets government stan-

dards. The CF really needs to know if it can fly in an operational environment. We need to know if someone can fly a Challenger with winter boots on, if a Cormorant can hover over water with someone on the hoist, if a Hercules can operate from unimproved airfields in a hot mountain environment with a heavy load, if a Buffalo can safely deploy paratroopers, if a Twin Otter can carry a full load of Rangers while on skis....

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The water tower: repaired, sandblasted, prepared and primed

by Lt (N) Petie LeDrew

What is going on behind the white tarps? This is what many might be asking themselves, as they look up at the masked water tower behind the headquarters building.

The tower, built in 1931, was starting to show its age. Although its water reservoir is no longer used as such, the tower is the platform for communications on the base, and it serves as the base's rotating beacon. Its role is vital to the activities that take place here. Fixing it was necessary, and earlier this spring, scaffoldings went up, white tarps were installed and work began.

So far, work has progressed well, in spite of a few minor setbacks. Installation of the tarps was slightly more difficult and slower than expected, as the region was

affected by strong winds when that part of the task was carried out. Otherwise, there have been no surprises and no unexpected hurdles.

"The inside of the water tank has been sandblasted, prepared and primed, and the structural repairs it needed have been done," said Coleen Purdey-Morrison, contract coordinator for Defence Construction Canada on the base. Work on the outside of the tank and on its supporting structure is well underway.

A crew of four painters and a superintendent, from Dupont Painting in Toronto, is doing all the work. A consultant is occasionally brought in to check on the work and how it is progressing.

Work on the entire structure is expected to be finished by early September 2006.



Photo: Coleen Purdey-Morrison, Contract Coordinator, Defence Construction Canada

A view of the inside of the reservoir, looking up.

Basic Relationship Training (BRT)



A Strengthening the Forces Health Promotion program for Canadian Forces (CF) members and their partners that focuses on preventing problems before they start. BRT offers a comprehensive, skill based and effective approach to navigating the unique challenges of life in the CF for couples. The program begins 3 June 06 from 0900-1600 hrs, with two follow-up sessions on 7 and 14 June 06 from 1800-2000 hrs. To register call local 3768 or pitt.l@forces.gc.ca

- Body composition and weight issues
 - Dietary issues and supplements
 - Fine tuning your eating and activity habits
- Two-day course, June 15 and 22, 2006. To register call local 3768 or pitt.l@forces.gc.ca

Butt Out

Butt Out can help you identify your personal reasons for smoking, then help you develop and practice substitutes for smoking that do the same good things for you, without the negative long-term effects that smoking gives you.

Session One begins June 5, 2006. To register call local 3768 or email pitt.l@forces.gc.ca.

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- Everyday eating
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HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last
May 21 - May 27

ARIES (March 21-April 19): Don't hesitate to do for others on the 21st and 22nd. Looking back and reflecting on your past will help you move forward with confidence. You will have a strong competitive drive on the 23rd and 24th, so get your to-do list out and start making headway. The little things you have found difficult before will be easy now. You will feel so much better once you put these things behind you. Attend a lecture or surf the net in search of information on the 25th and 26th to help you move forward with an idea. Extra money can be yours if you create a service or product. Someone will find what you have to say interesting enough to want to get involved in your project on the 27th.

TAURUS (April 20-May 20): Deal with personal matters head-on on the 21st and 22nd. Speak your mind and, once you have cleared the air, you will feel much better. Listen carefully on the 23rd and 24th if you want to get the information required to do what needs to be done properly. This is not the time to make final decisions. Observe what's going on around you and assess the situation. You have plenty of energy on the 25th and 26th so don't waste it by being stubborn. You will accomplish far more if you concentrate on working alongside others. Don't let someone less inclined to act impulsively stop you from doing what will bring you closer to your dream on the 27th.

GEMINI (May 21-June 20): Don't act desperate on the 21st and 22nd. Be smart and take a back seat. Observance will be your friend and will help you make the right choices. You will gain respect and the confidence of others by your actions on the 23rd and 24th. Your sincerity and goodwill will pay off in an interesting proposal. You will intrigue someone with your knowledge and curiosity on the 25th and 26th. Focus on what you can change and do to get ahead. Don't reveal information on the 27th that may be used against you. It may be difficult to contain your enthusiasm but, if you do, you will be able to use the information you have obtained positively.

CANCER (June 21-July 22): You can turn something you love into a money-making prospect on the 22nd and 23rd. You will learn from past experience and will know the best route to take and when the time is right. Stop what you are doing and give yourself a chance to recuperate on the 25th and 26th. A much-needed break will give you a new perspective. Let someone else take over. By dealing with matters head on you will eliminate problems with a potential to escalate on the 25th and 26th. You can avoid a negative response by being open to other people's suggestions and really listening. Use your creative ideas on the 27th to gain the approval of those opposing your plans.

LEO (July 23-Aug. 22): Organization is a must if you want to be successful on the 21st and 22nd. Your ability to convince others to support your cause can result in making a connection that will change your future direction. You'll be busy, motivated and raring to get things done on the 23rd and 24th so focus on the projects and situations that will bring you the highest returns. Don't make financial contributions on the 25th and 26th to impress others. Offer your time, not your cash and you will gain respect for your dedicated and detailed contribution. The work you do or the proposals you make on the 27th will help you get ahead in the near future.

VIRGO (Aug. 23-Sept. 22): You will not have much choice on the 21st and 22nd, so don't fight the changes heading your way. A past partner may lead you in the wrong direction. Put your talent and your money to work for you on the 23rd and 24th. No matter how little you think you have to offer, it will turn out to be more than enough to help you start moving down a path better suited. A sudden turn of events may cause a partnership to break down on the 25th and 26th -- let your intuition lead the way. If something doesn't feel right on the 27th, take a pass. You have to protect yourself from anyone or anything that may not be to your advantage.

LIBRA (Sept. 23-Oct. 22): Have everything worked out in your own head on the 21st and 22nd before you engage in conversations about vocations or future direction. Someone may question your motives on the 23rd and 24th, if you haven't been playing by the rules. Don't take a back seat to anything or anyone. Show your strengths, not your weaknesses. A multitude of tasks can be dealt with on the 25th and 26th if you use your head and your heart to find solutions. In the end, you will be glad you resisted temptation. Travel and entertainment on the 27th will lead to knowledge and a worldliness that can't be bought at your local store. Develop a connection with someone who will influence you positively.

SCORPIO (Oct. 23-Nov. 21): Be true to yourself on the 21st and 22nd. If you don't fulfill your dreams you will never be satisfied with your life. You have to realize what you are good at doing and contribute to the projects that will best utilize what you have to offer. You may not be feeling up to par on the 23rd and 24th, but once you get moving the tables will turn and opportunities will develop. You'll move in a new and exciting direction. You have to be forceful if you want to make your presence felt on the 25th and 26th. Be prepared to make quick decisions if you want to complete all your plans. Money is coming your way on the 27th. Your uniqueness will attract people who have vision.

SAGITTARIUS (Nov. 22-Dec. 21): Someone you are attached to financially or emotionally will cause some problems on the 21st and 22nd. Deal with these matters before they escalate. Your competitive attitude will be matched by your opponents on the 23rd and 24th, so be prepared to give it your all. If you become too confident, you may miss a very strategic move that someone else makes. Your strategy will be what counts on the 25th and 26th so don't let your emotions take over, leading you down the wrong path. Expect the unpredictable on the 27th and you will be prepared mentally to handle whatever comes your way.

CAPRICORN (Dec. 22-Jan. 19): Learn to say no to others if you want to get things done for yourself on the 21st and 22nd. Your drive and determination will attract lazy people. Rid yourself of any dead weight. You should schedule time off to relax and rethink your strategy on the 23rd and 24th. Better to be safe than sorry, especially when it comes to your future. Align yourself with people just as eager as you are to get ahead on the 25th and 26th, and the rest will be easy. Chill out and relax on the 27th. It won't kill you to let someone else take over for a little while. You've done your share so take the time you require to rejuvenate.

AQUARIUS (Jan. 20-Feb. 18): You can make a big difference on the 21st and 22nd to the people in your life who count. Let them know how you feel. Someone you like will reciprocate if you make a move. You must be willing to share with others on the 23rd and 24th if you want to make progress. A new interest will consume you but, when all is said and done, what you have learned will be so valuable that it can change the course of your life. It may be time to make a move or at least address the issues that are causing you the most grief on the 25th and 26th. Once you make a decision, everything will clear up. Love and romance are apparent on the 27th, so pay attention to the one you care most about.

PISCES (Feb. 19-March 20): Don't lament about what could have been or about something you didn't do on the 21st and 22nd. Jump into the present and look toward the future. Put yourself first on the 23rd and 24th and start to think about what will make you happy. Rely on your strength and courage. Someone you are close to may not share your views on the 25th and 26th. Don't jump to conclusions or take someone's word. Avoid saying something you'll regret later. Take a pass on the 27th if someone tries to goad you into doing something you don't want to do. You don't have to please everyone all of the time. If someone is making you feel guilty, he or she probably shouldn't be in your life.

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IN THE ZONE BY BRIAN CODAGNONE



DuJour



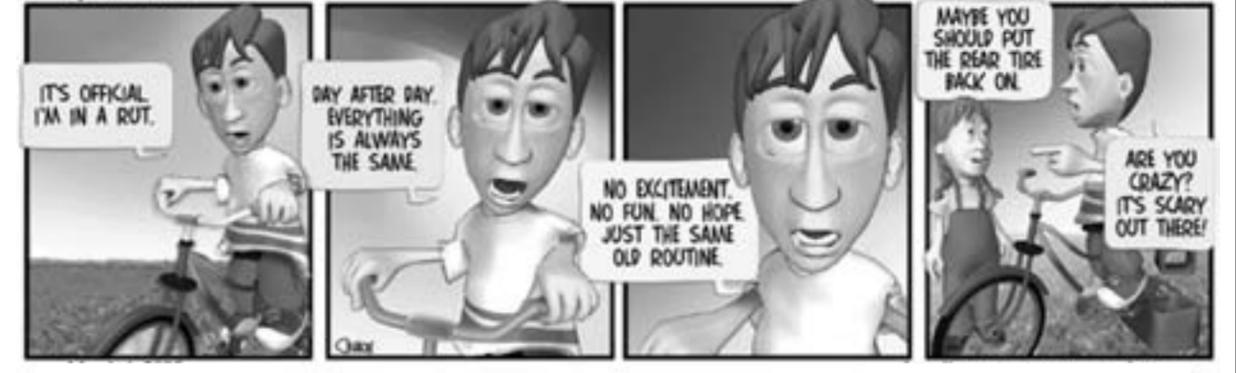
Again.... how long have you been clueless?

Rules for Duffers



"It's the foursome in front of us... I think they're trying to surrender!"

Syntax Errors



Community

Community Events

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- Over the Hedge (PG)
- M.I. 3 (PG)

Coming Soon: XMEN 3

Admission \$7.50 (adults 18+) \$6.00 (youth) Wed. & Matinees \$6.00 (adults 18+) \$5.00 (youth)

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6:45 (Mon-Thurs)

1:00 3:00 7:05 9:00 (weekend)

7:05 (Mon-Thurs)

1:10 7:00 9:20 (weekend)

7:00 (Mon-Thurs)

**CALL
392-4211
FOR INFORMATION**

Welcome to The Contact Newspaper's Community Events page! Thanks to the generosity of Trenton's Centre Theatre, we can now feature (space permitting) public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 392-2811 Ext. 7005 for more information.

Please be advised that the 8 Wing Fire Department will be conducting ANNUAL HYDRANT FLOW TESTING

As in previous years, the 8 Wing Fire Department will be conducting annual hydrant flow testing throughout the Wing and in the PMQ area. These tests help to confirm and ensure that the water pressures servicing these areas are sufficient for fire fighting operations. Occupants may experience discoloration of their water and need not worry. If this occurs, simply continue to run your water until the discoloration disappears.

The testing period will run from 1 June until approximately 1 September. If there are any concerns, please feel free to contact the Fire Department business line at local 3511.

Quinte Baby Fair

Join us for the Quinte Baby Fair! Free admission and lots of Entertainment for the whole family!

The Trenton Military Family Resource Centre (MFRC) and CAPPA Canada would like to invite you to visit the Quinte Baby Fair, **27 May 2006**, from 10am to 3pm, at the Trenton Rec Plex.

This event is free to the public and provides resources, product sales, service and resource information that focus on pregnancy, childbirth, baby care and parenting.

8 Wing Tire Day

Bring Your Old Tires...Fight the Bite

Protect yourself and your family against the West Nile Virus and clean up the environment. A well-known habitat for mosquitoes carryin the West Nile Virus is old tires.

Quantity: Max 4 Tires/person (No rims please)

When: June 1st, 2006 (1 morning only)

Rain or Shine

Time: 7:00 to 10:00 a.m.

Place: 27 Alert Blvd (Across from Heavy Equipment)

Cost: A donation to the food bank would be appreciated (but is not compulsory)

For further information please contact Dot Serre at local 3295, Note: This is a one-morning tire drive, WLEO Order, do "not" drop off tires on the Wing at any other time.

THUNDER CYCLE & SPORT PRESENTS
'THUNDER IN THE COUNTY'

Ride in support of the MS Society of Prince Edward County on June 3, 2006 and we will knock 10 per cent off in-store purchases for this event. The event will take place at Thunder Cycle and Sport, 456 County Road #1, Picton, On. Arrive at 8 a.m. -- the ride will kick off at 10 a.m. sharp. Entry donations are \$20 per person or \$25 per couple and include a complimentary BBQ and raffle ticket.

For more information please call John Jackson at 476-4110 or Jason Lentz at 398-6732. You may also contact Thunder Cycle and Sport at 476-5225.

NDT REUNION

18-20 Aug 06

The Nondestructive Testing reunion will be held at 8 Wing/CFB Trenton.

For more information please feel free to contact Orv Francescone at PO Box 4681, RR4, Trenton, ON, K8V 5P7 or by email at Francescone.OS@forces.gc.ca or by phone at 392-2811 local 2330 or 394-3592. You may also contact CWO Bill Gosse at 392-2811 ext. 3218 or by email at Gosse.WD@forces.gc.ca.

Registration forms and all related info can be found by visiting www.cfb-trenton.com.

THE VIRTUAL WARRIOR

Sunday, May 21 at 7pm ET (Repeats Monday, May 22 at 11am ET) on the Space Channel.

From the deserts of Afghanistan to the seas of the North Atlantic, the personnel of the Canadian Armed Forces have to be ready for anything at anytime. Through experience, they know that a key element of surviving these dangerous assignments is being prepared through extensive training. This in-depth half-hour special investigates how the Canadian Forces train for combat using breakthrough simulation technologies *features 426 Transport Training Squadron members and CC-130 Hercules simulator.*

Middleton Park
Yard Sale

27 May 06 from 9 a.m. to 4 p.m.
Come check out the great deals!
Rain date: 28 May 06

9th Annual County Poker Run

June 10, 2006

All riders are welcome to participate in this 200 km ride. Cost is \$20.00, with all proceeds going to Camp Trillium (Garrett's Island). Departure time: 11:30 a.m. This is a 'ride at your own risk' event. For more information please contact Rick Haagsma at 392-7794.

"Live to Ride -- Ride to Live"

The MacIntosh Users Group (MUGS) meets the third Thursday of each month, at 6:30 p.m. in room P13, (Pioneer building), at Loyalist College. The program will commence with election of officers for the 2006 - 2007 term. Doug Rickaby will discuss "iLife Suite" and present a video on Apple's "Garageband application". A question and answer session will follow. New members are welcome.

For more information please call Harriet at 392-4449 or Jackie 969-9387.

Playground equipment tips



Submitted by
Don Heans,
Wing General Safety
Officer

Sunny summer days and kids naturally go together. Is your backyard playground ready for the kids, or are you thinking of purchasing new equipment?

Keep these safety tips in mind:

--Check the swing seats of the playground equipment before you buy it. The seats should be made of soft material, not wood or metal.

--Avoid equipment with "s" type hooks, sharp edges or rings between five and 10 inches. Rings of this size could trap a child's head.

--Assemble home playground equipment following the manufacturer's instructions. If you are not sure of how to do it, talk to a professional.

--Install playground equipment at least six feet from fences or walls. Anchor the

equipment firmly on the ground on a level surface. Do not install it over hard surfaces such as concrete or asphalt.

--Use a softer surface instead like sand, woodchips or bark. The surface should be able to cushion a fall.

--Make sure to cap all screws and bolts. Check the equipment once a month for loose nuts and bolts.

Home playground equipment needs just as much safety attention as public park playground equipment.

Make sure yours is safe for the kids this summer.

Portable fire extinguishers in the home

by Sgt Gary Ridgewell,
85 ARFF Chief Fire Inspector

Although most people are aware of the requirement to have smoke detectors installed in their homes, many do not consider including portable fire extinguishers in their fire and life safety efforts.

The availability of a portable fire extinguisher in the home can mean the difference in the loss of minimal personal effects, and an entire loss of belongings or worse.

Department stores and other convenience stores have made available for purchase portable fire extinguishers for the home.

Generally, these extinguishers are designed for use on Class A, B, and C fires, all of which are ideal for use in kitchens, basements and other areas of residential buildings.

During an incident involving a stove fire in a PMQ, the occupant performed the correct action of covering the pot which was on fire with a tight fitting lid, however the occupant then carried the pot outside, this action was potentially dangerous to the occupant.

In addition to endangering the occupant, a misstep or mishap causing the occupant to drop the pot could have caused a much more serious fire.

The availability of a portable fire extinguisher would have prevented this hazardous situation from ever occurring.

For more information about portable fire extinguishers, please feel free to contact the 8 Wing Fire Prevention Office, Monday through Friday from 0730 to 1600 hrs at local 7880 or 3910.

8 WING TRENTON'S BICYCLE RODEO



Come join us on Saturday 3 June, 2006

This event is for kids in Kindergarten to Grade 8, who are interested in participating in this year's bicycle rodeo which will be held on June 3 from 10 a.m. to 1 p.m. at the Canex (RCFAF Road).

There are a number of prizes to be won and a fun-filled day for all to enjoy.

Please note that all children must be accompanied by an adult and all children are also required to wear a helmet.



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OPEN HOUSES:
Appledene Park Trenton
Sat. May 27, from 12 - 1:30pm
LOCATIONS: Dundas W, South on Tripp Blvd. Right onto Parkview Heights, right onto Sunshine Lane.

OPEN HOUSES:
Harbour Point Brighton
Sat. May 27, from 2 - 3:30pm
LOCATIONS: South on Hwy 30 to Prince Edward S. Take Cedar St. then right onto Raglan St. & right onto Cove Cres.

OPEN HOUSES:
Follwell Park Belleville
Wed. & Thurs. May 24 & 25, from 2 - 4pm
Sat. May 27 from 1:30 - 3pm
LOCATIONS: East onto College, North on Centre St. to Follwell Cres.

OPEN HOUSES:
Cooke Court Belleville
Wed. & Thurs. May 24 & 25, from 2 - 4pm
Sat. May 27, from 1:30 - 3pm
LOCATIONS: Dundas St. E to Bradgate Rd. & right onto Cooke Court.

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- CRS Technicians;
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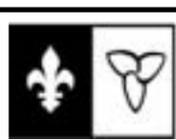
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M	I	L	L	I	G	A	N			O	X	E
				L	A	S				N	A	P
		A	G	O	N					D	E	V
O	R	L	Y			U	T	E			A	R
B	E	A	D			D	D	T			W	I
I	N	N				P	O	E			E	V
		A	D	I	E	U	S			P	L	E
						T	A	G			E	L
O	O	Z	E			L	E	V	E	S	Q	U
P	R	I	M			A	R	I	A		U	M
T	O	P				S	A	L	T		A	P



Universalité du service et adaptation

La transformation des Forces canadiennes affecte tous les aspects de notre organisation. Ainsi, il est important que tous les membres des Forces se tiennent au courant de certains changements significatifs qui peuvent toucher à tous. Tous les militaires se doivent de lire les CANFORGENS 087/06 et 088/06, publiés ce mois-ci.

L'universalité du service définit les facteurs qui déterminent si un membre est en condition de remplir ses devoirs militaires ou non. Elle inclut la condition physique et l'état de santé du membre. En d'autres mots, afin de remplir les conditions requises par l'universalité du service, un militaire doit atteindre les normes d'aptitude physique applicables et doit être en bonne santé et répondre aux normes médicales minimales qui s'appliquent à son domaine d'emploi.

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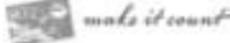


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<p>2005 PACIFICA SPORT TOURING MODEL V6, auto, air, CD, 11,000 miles.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$22,888</p> <p style="font-size: x-small;">2 in STOCK</p>	<p>'05 CHRYSLER TOWN & COUNTRY Leather, loaded! Quads, sunroof, entertainment system. Balance of factory warranty.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$34,888</p>	<p>2004 DODGE STRATUS COUPE Air, alloy wheels, pwr. group, 5 speed, 9,000 miles.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$18,888</p>	<p>2005 SEBRING CONVERTIBLE V6, auto, air, p. door locks & windows, cruise & tilt, factory warrants, and only 4,000</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$25,888</p>	<p>2005 DODGE DAKOTA CLUB CAB V6, auto, air, 4x2, Low Kilometers.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$19,998</p> <p style="font-size: x-small;">X-RENTAL 3 in stock!</p>	
<p>UP TO \$6,500 OFF ALL NEW 2006 CARAVAN & GRAND CARAVANS IN STOCK!</p>					
<p>2004 CHRYSLER CROSSFIRE V6, loaded, power group, alloy wheels, low kms.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$28,888</p> <p style="font-size: x-small;">ONE ONLY!</p>	<p>2005 PT CRUISER Convertible Auto, air, CD X-Rental</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$19,900</p>	<p>2005 DODGE SX Automatic, air conditioning, CD. Balance of warranty. X-RENTAL</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$12,688</p> <p style="font-size: x-small;">ONLY 1 AT THIS PRICE</p>	<p>2005 DODGE RAM 2500 4X4 QUAD PR, FL, chrome wheels, trailer pkg, short box, Cummins diesel, low kms.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$40,995</p> <p style="font-size: x-small;">ONE ONLY</p>	<p>2005 JEEP GRAND CHEROKEE 4X4 V6 engine, automatic, air and more! X-RENTAL</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$26,888</p> <p style="font-size: x-small;">2 in stock!</p>	
<p>UP TO \$6,500 OFF ALL NEW 2006 CARAVAN & GRAND CARAVANS IN STOCK!</p>					
<p>2005 CHRYSLER 300C HEMI V8, automatic, leather, executive demo. LOADED! LOW KMS.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$34,900</p>	<p>2005 PACIFICA ALL WHEEL DRIVE V6, leather, chrome wheels, sunroof, 6-CD changer, heated seats, 4,000 kms.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$34,995</p>	<p>2005 DODGE MAGNUM SXT V-6 automatic, air conditioning, tinted windows, alloy wheels, power locks, power windows. Rental - Balance of Warranty X-RENTAL</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$20,978</p> <p style="font-size: x-small;">2 in stock!</p>	<p>2002 DODGE GRAND CARAVAN V6, automatic, quad seats, one owner.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$12,950</p> <p style="font-size: x-small;">ONE ONLY!</p>	<p>2005 JEEP TJ 4X4 2 tops, alloy wheels & freight!</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$23,995</p> <p style="font-size: x-small;">ONE ONLY!</p>	
<p>2002 RAM QUAD 4X4</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$20,888</p>	<p>2005 RAM REG. CAB RUMBLE BEE special edition 100 kms.</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$31,888</p>	<p>2005 RAM REG CAB DAYTONA Low Kms! LOADED, leather</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">\$32,888</p>			
<p>— WE NEED IMPORT BUYERS —</p>					
<p>TRADE-IN</p> <p>2004 MAZDA 6 power, air, windows, 1 year</p> <p style="color: red; font-weight: bold;">\$15,988</p>	<p>TRADE-IN</p> <p>04 HYUNDAI SANTA FE 1 year, air, cd, alloy, low kms</p> <p style="color: red; font-weight: bold;">\$18,888</p>	<p>TRADE-IN</p> <p>2003 HONDA CIVIC automatic, air, cd, windows</p> <p style="color: red; font-weight: bold;">\$18,988</p>	<p>TRADE-IN</p> <p>03 MAZDA PROTEGE S automatic, air, cd, windows, 1 year</p> <p style="color: red; font-weight: bold;">\$15,888</p>	<p>TRADE-IN</p> <p>2003 HONDA CIVIC automatic, air, cd, windows</p> <p style="color: red; font-weight: bold;">\$15,998</p>	<p>TRADE-IN</p> <p>2003 MAZDA TRIBUTE 15,000 kms, air, cd, windows</p> <p style="color: red; font-weight: bold;">\$13,888</p>