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Birchall cairn unveiled

by Lt (N) Petie LeDrew
8 Wing Public Affairs

On May 7, 2006, a large crowd gathered at 413 Air Commodore Leonard Birchall Wing in Trenton to pay homage to the wing's namesake during the dedication of a cairn in his honour.

The cairn's history began a few years ago at 888 Komox Wing in Comox, British Columbia. Warrant Officer (Ret'd) Gordon Ireland, the youngest member of 413 Squadron in 1942, believed that such a monument would be a fitting tribute to the Saviour of Ceylon, as Air Commodore Birchall is widely known. With determination, dedication and a strong desire to see this come to fruition, WO (Ret'd) Ireland led a team of wing members through the trials and tribulations of such a project.

The Birchall Cairn Committee designed the cairn. Campbell Monument, of Belleville, Ontario, crafted it. Originally, it was to be erected in Sri Lanka, formerly known as Ceylon, but this became impossible in the aftermath of the devastating tsunami that hit the region in 2004. The new grounds of 413 Air Commodore Leonard Birchall Wing were chosen instead.

The ceremony took place under clear blue skies - an aviator's ideal day. The sounds of pipes and drums added the right amount of pomp to a joyous occasion. A lone Spitfire, flying overhead twice, undoubtedly brought back memories to many in attendance and cre-



Photo: Submitted

The late air commodore's daughters, Mrs. Sharon Chandler, left, and Mrs. Judith Kadish, right, stand by their father's cairn with Mrs. Chandler's sons David and Christopher.

ated some for the rest of us. Those who addressed the crowd shared memories, anecdotes and impressions of the air commodore, in words full of awe and admiration for a man whose legacy continues to affect and influence all who knew him and were touched by his life in so many ways.

Many dignitaries attended the ceremony, including the Chief of the Air Staff, Lieutenant-General (LGen) Steve Lucas, the commanding officer of 413 Transport and Rescue Squadron, Lieutenant-Colonel Tom Hughes, and the ambassador of Sri Lanka, Mr. Sivasothy Poolokasingham. Many members of the Birchall family were also present, including his widow, Mrs. Kathleen Birchall, and his daughters, Mrs. Judith Kadish and Mrs. Sharon Chandler.

"We are here today to unveil a cairn commemorating the life and legacy of one of Canada's greatest heroes of World War II," said LGen Lucas, echoing the sentiments of those present. "A true Canadian

hero, ... he deserves our greatest admiration."

This admiration was palpable in the crowd, and nowhere was it more evident than in a young air cadet who came to know the air commodore during the last year of his life. Sergeant Andrew Birchall first heard of Air Commodore Birchall through the air cadet movement a year before his death. Interested to find out more about this living legend, Sgt Birchall managed to find a way to contact him and began to correspond with him. He also had the opportunity to meet him personally. His impression was that Air Commodore Birchall "had a great sense of humour, and he was also caring and a man you could trust." As he addressed the crowd after the formal dedication ceremony, Sgt. Birchall said that he felt "privileged to attend the commemorative service for Air Commodore Birchall."

Others spoke in equally flattering terms of the air commodore. Colonel Rod McDonald, Director of Cadets at the Royal Military See Air Force, Page 2

FLYING HIGH WITH CFLAWC



Photos: Cpl Tom Parker, 8 Wing Imaging



Shelby Parker, a reporter from the Trentonian, made a tandem jump with Tandem Master Sgt Jeff Whibbs, a parachute instructor from the Canadian Forces Land Advanced Warfare Centre, during a special media day on May 5, 2006. See story on Page 2.

Bob Clute



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Safety record is second to none at CFLAWC

by Luke Hendry
The Intelligencer

CFB TRENTON — The officer overseeing training of Canada's military parachutists says his unit's safety record is "second to none" despite recent accidents.

Lieutenant-Colonel (LCol) Bruce Ewing, commander of Trenton's Canadian Forces Land Advanced Warfare Centre (CFLAWC) where all military parachutists are trained, couldn't have made that point more clear Friday morning for local media.

Formerly the Canadian Parachute Centre, the CFLAWC is home to numerous training programs, most of them parachute-related.

But Friday's open house was limited to media, and Ewing said it was intended to address questions raised by four serious accidents, two of them fatal.

"Accidents will happen," Ewing said. "They

will happen again, no matter how many safety precautions we have.

"We will never eliminate all the risks," he said.

He said parachuting is "inherently dangerous," but military parachuting is even more so because troops jump at night or under difficult conditions.

Ewing's predecessor, LCol. Mike Blanchette, had thousands of jumps to his credit when he died during a September 2003 static-line jump over the Bay of Quinte.

Static-line jumps are made using parachutes that are deployed by a cable as the soldier leaves the airplane.

The investigation that ensued ruled the accident to be a case of human error; the military said Blanchette separated from his chute prematurely.

In July 2005, instructor Sgt. Steven Daniel was seriously injured while jumping over the base's Mountain View detach-

ment in Prince Edward County.

Ewing acknowledged for the first time that the incident was the result of an improper landing.

"Everything went OK in the air, but when he landed, he landed incorrectly," said Ewing.

That fall, Warrant Officer Charlie Sheppard, another veteran parachutist and an instructor at the centre, was killed during a freefall jump over Mountain View.

"The board of inquiry has not concluded," Ewing told reporters, adding nothing further could be said about the incident until the investigation is over — something he said may happen in the next few months.

And this past March, Cpl. Denis Coulombe, 26, was critically injured in a static-line jump at Mountain View.

"That soldier looks like he's going to make a full recovery," said Ewing. However, like

the Sheppard case, it is still under investigation.

Ewing, though, was emphatic that the centre runs safe courses and parachutists are well-prepared.

He said lessons learned from accidents are incorporated into training programs, and stressed that safety is always the first priority.

He and other centre staff said each parachute undergoes numerous checks before use; seven checks for one chute is typical.

"A packer packs his own parachute and jumps with it to show his confidence in his abilities," said Maj. Dan Smith.

Even with the recent accidents, Ewing said, the centre's safety record is "second to none."

"We take all the steps possible to minimize the risks," he said. "Our soldiers have confidence in our equipment; they have confidence in our training; and they have confidence in each other."

Allied Rapid Reaction Corps takes over NATO mission in Afghanistan

NATO - ISAF

KABUL, Afghanistan — The Headquarters of NATO's Allied Rapid Reaction Corps (HQ ARRC) took command of the NATO-led International Security Assistance Force (ISAF) at a ceremony in Kabul, Afghanistan on May 4, spearheading international efforts to support the Government of Afghanistan in ensuring security, stability and redevelopment in the country.

The UK-led ARRC took over from the Italian-led NATO Rapid Deployable Corps which played a key role in providing a safe and secure environment for the first parliamentary and provincial council elections held in Afghanistan in 36 years.

The Commander of the ARRC, Lieutenant-General (LGen) David Richards, speaking at the ceremony, said: "We are fully prepared to meet the challenges that lie ahead for NATO in Afghanistan. ISAF's main effort will be to extend and deepen the areas in which the Government of Afghanistan, international and non governmental agencies can safely operate."

Thirty-six nations con-

tribute to the International Security Assistance Force, including forces from non-NATO and Partnership for Peace nations. The NATO Secretary General's senior civilian representative in Afghanistan, Minister Hikmet Cetin, said: "Each incoming ISAF commander picks up where the previous one left off ensuring continuity and maintaining the momentum of support for the government and people of Afghanistan. I am convinced that LGen Richards will do an excellent job. He and his team have conducted extensive preparations for this mission and have the experience, the professionalism and the commitment to make a very real difference to the future of this country."

LGen Richards and the 17,000 ISAF Forces personnel he will ultimately command in Afghanistan will be working with the Government of Afghanistan and the international community to implement a comprehensive and all-embracing development plan for the future of the country. The program will focus on the eight key sectors of reform and will particularly concentrate on initiatives that will make imme-



LGen David J. Richards, UK Army & Commander of ISAF

mediate improvements to peoples' lives.

ISAF forces will also work together with the Government of Afghanistan to resolve conflict and tension in Afghanistan, ridding the country of terrorist and criminal elements and training the Afghan National Security Forces.

As ISAF expands its operation into the south of the country in the summer, LGen Richards said he will not hesitate to use appropriate measures against those disruptive elements opposed to democracy and the rule of law in Afghanistan, including military force if necessary.



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BOOT DRIVE A SUCCESS



Photo: Cpl Tom Parker, 8 Wing Imaging

Members of the 8 Wing/CFB Trenton Fire Department held a boot drive on May 8 to raise money for Muscular Dystrophy Canada. Pictured above: Deputy Platoon Chief Sergeant Robert Comeau accepts a donation from Cpl Kim Gosse, during the boot drive. A total of \$2,720.93 was collected.

Since 1954, Muscular Dystrophy Canada has been committed to improving the quality of life for the tens of thousands of Canadians with neuromuscular disorders and funds leading research for the discovery of therapies and cures for neuromuscular disorders. This organization strives to ensure that people with neuromuscular disorders lead full and engaged lives by providing services that increase mobility and encourage independence. The organization also aims to increase the awareness of neuromuscular disorders and their implications amongst Canadians to motivate changes in social policy at a national level.

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Search & Rescue UPDATE



424 Squadron had two taskings last week. The first was for an ELT north of Montreal. Tiger 305 was stood down en route when the source was found and there was no distress. The second was for a boat collision in the vicinity of Hay Bay. Our Griffon located the boats involved and all persons were accounted for. Tiger 493 returned to base after the OPP arrived on scene.

Until next week, stay safe.

Missions for 2006: 44 Missions for May: 3 Persons rescued: 8



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The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel T.J. Lawson, CD, Wing Commander, 8 Wing / CFB Trenton.

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The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a 3.5" disk and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.
- Articles must be received by Tuesday at noon prior to print date at The CONTACT office.

Letters to the Editor:

Internet: LEBLANC.AL@forces.gc.ca

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All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.



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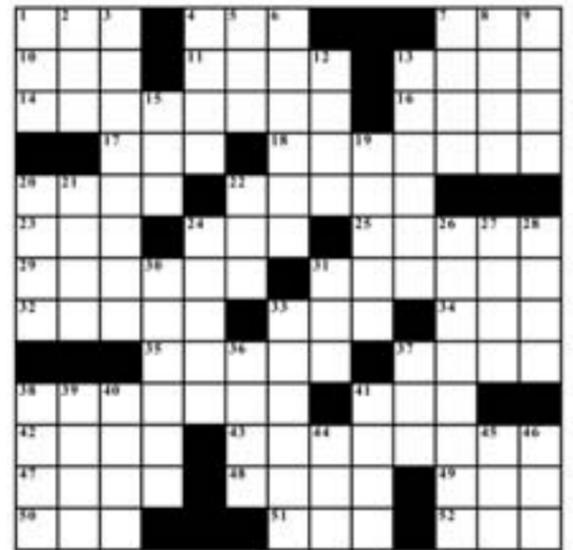
By Bernice Rosella and James Kilner

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This Week in Contact

1996 – At 1500 hrs on 31 May Wing Commander, Colonel Marc Dumais will cut the ribbon to officially open the Siskin Centre. Everyone is welcome to visit the new building, enjoy cake, coffee, and juice and meet new and old friends. The Siskin Centre is located on Rivers Ave, behind the CANEX main store. Co-hosted by the Military Family Resource Centre and Middleton Park Community Council, the grand opening celebration will include club displays, children's show and face painting and a family BBQ from 1530-1730.

1986 – The Honourable Harvie Andre, Associate Minister of National Defence, has announced that the government will begin negotiations with Oerlikon Buhle Machine Tool Works of Switzerland and Litton Systems Canada on arrangements for supplying a low-level air defence (LLAD) system to the Canadian Forces. The proposal submitted by Oerlikon Buhle Litton was found to be the best among those of three competing groups of companies, based on selection criteria such as effectiveness, cost and socio-economic benefits.

1976 – Flying is not a sometime thing to Carol and Alice, Linda and Joanne, Jeanine and Pat or Iris and Peggy. They do it every week. They are among the 30 female flight attendants aboard Canadian Armed Forces Boeing 707 aircraft, which fly the skies across Canada and around the world.

Created by Lt J. H. MacDonald,
 Compiled by Jason Newman.



Documenting the transition

by Amber Gooding,
Contact Staff

Grade 6 students from Cité Jeunesse Elementary School are the winners of \$1000 and the proud producers of a 10-minute video documenting the shift from grade school to high school.

The documentary, which showcases a student's life in the transition period, was awarded the prize on May 9 by Nicole Sylvestre, a representative of TFO, a French-language network of the Ontario Educational Communications Authority (TVOntario).

The contest, which started a few years ago, focuses on the intent of giving elementary students the opportunity of getting to know their future secondary school better.

Grade 6 teacher, Sylvanna Lavoie, is proud of her student's accomplishments with their video.

"This is a really great class and they're well behaved," said Lavoie. "They know how to listen and follow instruction, which was key in order to create the final product."

The students took on a large portion of this independently, working in a group settings with five teams in total, broken down into different crews, such as a camera and audio crew, with one actor shown throughout.

The final product -- a 10-minute video that attempts to answer questions or apprehensions

students may have towards advancing on to a secondary school.

The contest is limited to students of French language schools in Ontario whom are finishing elementary school in Grade 6 or Grade 8.

For these students, Grade 6 marks the end of their time in an elementary school, as they head to Marc Garneau Secondary School, which accommodates students from Grade 7 to Grade 12.

Lavoie explains that the French curriculum requires students to participate in a media component. The contest with TFO was free to enter and added a boost to their goals of completing the required component of the curriculum as well as a chance to win.

"I am very proud of their accomplishment and their efforts with this project," said Lavoie. "They worked very hard for a month straight, and although towards the end

many felt as though it was never going to be finished or come together quite like they hoped, they quickly learned that wasn't the case. They completed the project and completed it exceptionally well."

As the students near closer to closing the chapter on their final phase of elementary school they have a sense of great accomplishment with their efforts.

They followed through with their plan, completing a solid, final product in just a month. Working on it everyday, under the guidance of their teacher, they successfully produced a great documentary that was acknowledged by TFO.

A panel of television producers evaluated the videos and chose the finalists, said Sylvestre.

"Cité Jeunesse won the contest because of the coherence and humour of their scenario and efficient use of the camera," she said.



Photos: Amber Gooding, Contact Staff

Nicole Sylvestre (left) from TFO presents Grade 6 student Jenna Verreault, with a \$1000 cheque for the student's 10-minute documentary.



Shown above is Sylvanna Lavoie's Grade 6 class at Cité Jeunesse.

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TRENTON RACQUET CLUB

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 Saturday, May 20th 9am - 12pm
 Saturday, May 27th 9am - 12pm

Some Racquets Available
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Sports

Fitness, Sports & Recreation

Summer of fun at Kidz Kamp

This camp is designed for kids 6 to 12 years of age that are looking for loads of fun this summer. Come join us at the Rec Plex from July 4 to August 25, 2006. Camp hours are from 8:00 a.m. to 4:00 p.m., Monday to Friday.

Before and after care is available from 7 to 8 a.m. and from 4 to 5 p.m. at a cost of \$2 per child.

Registration for the military community is taking place now and on 5 June 06 for Non-Military Community.

CRA Member:	Military Community (Non-Member):	General Public:
\$78 for one child	\$83 for one child	\$88 for one child
\$141 for two children	\$151 for two children	\$161 for two children
\$184 for three children	\$199 for three children	\$214 for three children

For more information please call the Rec Plex at 392-2811 ext. 3361 or 3348.

WING HOCKEY LEAGUE FINALS



(Above) The Wing Hockey League (WHL) drew to a close with the final game in the A Division took place on Mon 1 May 06, seeing second place 2 Air Move Squadron defeat CPC 3 to 2 in a hard fought game.



The B Division played Mon 3 May 06, seeing second place ATESS defeating JNBCD 4 to 3 in a hard fought game forcing a second game to determine the B Div Champions. On Wed 3 May 06 the teams took to the ice to determine the winner. JNBCD defeated ATESS 5 - 2 to become the B Division Champs.

8 Wing soccer team looking for players

The 8 Wing/CFB Trenton Soccer Team is looking for players to join for the upcoming soccer season and the Ontario region Soccer Championship, which is scheduled to be held on 13 - 17 Aug 06, in Petawawa.

Practices will take place every Tuesday and

Thursday evenings at 1630 hrs at The Soccer Pitch.

All interested players are welcome to attend the practice to upgrade their soccer skills with the help from CISM players.

For further information please contact Cpl Chris Liu at loc 2881.

Athletes wanted...there's still time left to register

With the race just over a month away, Surf n' Turf registration is still going strong.

Forms are available at the base gymnasium for those interested.

This year's race is shaping up to be a great sporting event -- the team registrations are rolling in and we are still actively recruiting volunteers as well!

The annual 50-km race will take place on

Summer NHL

The Fitness and Sports Flight is trying to organizing a Summer Hockey League.

The league will commence on Monday, May 29 and play during the noon hour, Monday to Friday, at a cost of \$30.00 per player. Please note that the league requires approximately 80 players.

A League meeting will be held at 1000 hrs, 24 May 06 at The Gymnasium.

Player registration for the SHL will be from 0800 to 1200 and 1300 to 1530 hrs Monday through Friday at the main office of The Gymnasium. Register early to make this activity a success.

For further information contact Dan Cormier, at Loc. 3373.

Drop-in Youth Ball Hockey

Come join in on the fun each Thursday night at the Rec Plex.

Weekly games are scheduled from now until June 15 and are open to the following ages:

Peewee, 11 to 13-years old: 6 - 7 p.m.

Bantam/Midget, 14 to 17-years-old: 7 - 8 p.m.

Drop in rates are:
CRA Members: \$1.00
Military Community, Non-members: \$2.00
General Public: \$3.00

Volunteer meeting for this year's Surf n' Turf. Monday May 29 at 1130 hrs!



It's that time of year again and it's time to make sure you protect yourself from that beautiful sun that is out in full force. Follow these simple steps, brought to you by the Canadian Cancer Society.

SLIP... on clothing to cover your arms and legs. Covering your skin will protect it from the sun. Choose clothing that is loose fitting, tightly woven and lightweight.

SLAP... on a wide-brimmed hat. Most skin cancers occur on the face and neck. This area needs extra protection. Wear a hat with a wide brim that covers your head, face, ears and neck. Hats without a wide brim, like baseball caps, do not give you enough protection.

SLOP... on a sunscreen with SPF (Sun Protection Factor) 15 or higher and SPF 30 if you work outdoors or if you will be outside for most of the day. Look for 'broad spectrum' on the label. This means that the sunscreen offers protection against 2 types of ultraviolet rays, UVA and UVB. Apply sunscreen generously, 20 minutes before outdoor activities. Reapply at least every 2 hours and after swimming or exercise that makes you perspire.

Remember that no sunscreen can absorb all of the sun's rays. Use sunscreen along with shade, clothing and hats. Don't use sunscreen instead of them. Always use sunscreen as a backup in your sun protection plan.



For a total workout make sure to include your body, mind and spirit as a component of your fitness.

Gone are the days when fitness is just about the heart and muscles. The pop culture of the fitness industry includes all components of fitness; body - mind - spirit!

The best workout, according to top trainers and fitness experts, is one that includes the mind and spirit as well as the body.

Consider some alternatives to your regular weight and cardio training. For a change of pace, try yoga, Pilates or tai chi, all of which engage your mind, body and spirit.

Include these alternative mind/body disciplines on a regular basis. Add them to your workout regime and feel the difference.

Stay tuned next week for part two of 'Fit Tips!'



Competitors race across the bridge from Baker Island at the beginning of the 50-km race.

8 Wing Tire Day Fight the Bite

Protect yourself and your family against the West Nile Virus and clean up the environment.

A well-known habitat for mosquitoes that carry the West Nile Virus is old tires.

Bring Your Old Tires

Quantity: Max 4 Tires/person (NO Rims)

When: June 1st, 2006 (1 morning Only)

Rain or Shine

Time: 7:00 to 10:00 (3 hours Only)

Place: 27 Alert Blvd (Across from Heavy Equipment)

Cost: A donation to the Food Bank

(Would be appreciated but not compulsory)

Questions: Contact: Dot Serre 3295, Note: This is a one-morning tire drive, WLEO Order, do "not" drop off tires on the Wing at any other time.

Controller's Corner

by Capt Frank Jaerschky

This month, I'd like to talk a bit about the control tower.

At any airport, the control tower is a pretty obvious structure. The current tower we have was built in 1960, and it is really starting to show its age. It is draughty, leaky, cold in the winter, and hot in the summer. When the wind blows from the east, we have a snowdrift inside. When the wind really blows, you need to have good sea legs, as it sways, shakes, rattles and shivers. Ahh the hardships.

But all that is going to change, starting this year. September 2006 marks the date when construction is tentatively scheduled to begin on our brand new control tower. To us controllers, that's like a pilot with a new aircraft, a sailor with a new frigate, or a clerk with a new pen--the kind with gel ink, that writes upside down, even underwater. We are excited to say the least! Trenton's Taj Mahal of towers will soar seven stories into the Quinte skyline. The new tower cab will have more than double the floor area of the current one. The 16-sided cab's windows will be of seamless glass, offering controllers an uninterrupted view of the airfield. The current tower has thick aluminium posts running between panes that can hide a vehicle requiring extra vigilance on the part of the controllers.

The new tower will be situated directly across the runway from the current structure. This also offers an advantage, as the ramp area will be easily visible, and the tower controller will be facing south, which is where the VFR traffic circuit is flown. This will allow the controller to keep aircraft in sight more easily. It will also afford an excellent view of the golf course, to see how the guys and gals on



their days off are doing.

The project is slated to start with ground breaking this June. Construction of the building should be complete in July 2007. Installation of interior fittings and all our electronic gear will take another year, so we expect the new tower to be open for business in the summer of 2008. We are all looking forward to that day!

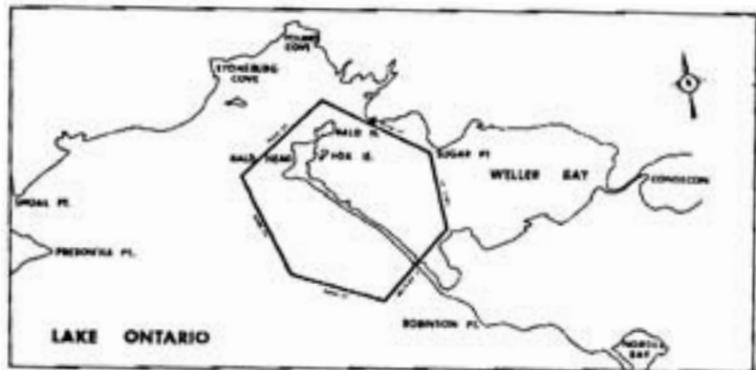
On the personnel front this month, we want to extend our congratulations to Capt Konrad Ostner and Lt Mike Maynard who have returned from their Aerospace Control Officer's and VFR controller's courses. Mike and Konrad have both been commissioned from the ranks, and we look forward to working with them in the tower. Mike has already met training requirements, and is now a qualified tower controller. Congratulations, Mike! Congratulations also to Capt Mélanie Paquette who has just returned from her VFR controller's course. Mélanie has been in Trenton for a while as a terminal controller. A "Well Done" also to Cpl Bob Gaudrault who recently qualified in the Terminal Assistant position, and Pte Kirby Walsh who qualified in the Tower Assistant position. Fine work by you all!

Until next month, "Know you're safe in Trenton's airspace!"

WARNING

CANADIAN FORCES CONSECON AIR WEAPONS RANGE, TRENTON, ONTARIO

The public is hereby warned that the area indicated and described below was formerly used by the RCAF for air weapons exercises. Despite efforts to recover unexploded munitions several unexploded bombs are known to exist within the land area and in the water around it.



DANGER AREA

The area bounded by a line beginning at a point North of Bald Island at North 52° 56' East and South 56° 04' East;
Thence clockwise along the line South 56° 04' for 8250 feet;
Thence along line South 6° 04' East for 5610 feet;
Thence along line South 44° 02' 15" West for 6950.85 feet;
Thence along line North 68° 04' West for 6864 feet;
Thence along line North 18° 04' West for 8250 feet;
Thence along line North 52° 56' East for 7920' (to point of beginning).

The public is hereby warned of the danger of entering the described Danger Area.

BY ORDER

Deputy Minister of National Defence

AVIS

CHAMP DE TIR AERIEN DE CONSECON TRENTON (ONTARIO)

La population est par les présentes avertie que l'A.R.C. a antérieurement utilisé la zone décrite ci-dessus pour y conduire des exercices de tir aérien. Malgré les efforts déployés en vue de récupérer les munitions qui n'ont pas explosé, on sait qu'il se trouve encore des bombes demeurées intactes dans la partie terrestre de cette zone et dans les eaux environnantes.

ZONE DANGEREUSE

La zone limitée par une ligne prenant son origine à un point situé au nord de Bald Island et déterminé par l'intersection de deux vecteurs orientés respectivement à 52° 56' en direction nord-est et à 56° 04' en direction sud-est. (Tous les angles mentionnés sont calculés à partir d'une verticale passant par les points d'intersection des vecteurs qui-encadrent la zone.)

De ce point, dans le sens des aiguilles d'une montre, le long du vecteur orienté 56° 04' sud-est, sur une distance de 8,250 pieds;
De là, le long du vecteur orienté à 6° 04' sud-est, sur une distance de 5,610 pieds;
De là, le long du vecteur orienté à 44° 02' 15" sud-ouest, sur une distance de 6,950.85 pieds;
De là, le long du vecteur orienté à 68° 04' nord-ouest sur une distance de 6,864 pieds;
De là, le long du vecteur orienté à 18° 04' nord-ouest sur une distance de 8,250 pieds;
De là, le long du vecteur orienté à 52° 56' nord-est, sur une distance de 7,920 pieds, jusqu'au point de départ.

Le public est averti, par les présentes, du risque qu'il court en pénétrant dans la ZONE DE DANGER ci-dessus décrite.

PAR ORDRE

CHESS CHAMPIONS



Photo: Amber Gooding, Contact Staff

A group of six students from Cité Jeunesse Elementary School participated in a chess tournament on both local and regional levels. Students and overall rankings are as follows (from left to right): **Ismaël Morin** placed first in the local and region tournament; **Dylan Hardy** placed first locally; **Pierre Alexandre Roy** placed first regionally; **Anthony Jacques** placed first locally and regionally; **Gabriel Jacques** placed first locally and **Louis Joseph Lévesque** (back) placed first locally. Not shown above is coach **Carmen Morin**, who looked on as these players advanced to the final tournament, which was held in Stirling.



Air Force Association Wing unveils cairn, Cont'd from Page 1

College of Canada, speaking on behalf of the commandant of RMC, Brigadier-General Jocelyn Lacroix, best described the commodore as a "walking legacy of leadership in everything that he did."

Mr. Poolokasingham voiced the gratefulness of the Sri Lankan people, stating that Air Commodore Birchall's "humanitarian acts will always be appreciated and remembered." And for good reasons.

Air Commodore Birchall's involvement with Sri Lanka was a life long commitment, which began on April 4, 1942, on a routine patrol over the Pacific Ocean, his first since his arrival in theatre. During this fateful flight, then Flight Lieutenant Birchall spotted a large Japanese fleet, on a direct course towards Ceylon. The island was a key strategic point for the British in the Pacific theatre. Putting himself and his crew at great risk, Flight Lieut. Birchall gathered as much intelligence as he could and transmitted it back to the Allies. This proved costly, as he and his crew were shot down as a result. Three of his men were killed and everyone else was taken prisoner. Flight Lieut. Birchall spent the remainder of the war in various Japanese POW camps, where his legend was born.

Although the Japanese attack

was carried out, the British were able to prepare themselves as a result of Birchall's actions, and the Japanese fleet suffered heavily. Thus, Ceylon was spared from a much more brutal and devastating attack. Moreover, this series of events changed the course of the war. Sir Winston Churchill believed that the consequences of a British defeat at Ceylon would have been disastrous and far-reaching for the Allies. He named Flight Lieut. Birchall "the Saviour of Ceylon" after the war because of his instrumental role in protecting the island and its people.

Flight Lieut. Birchall's deeds during the war are well known in air force circles. A gallant officer and courageous leader, Birchall was the senior military officer in the POW camps where he spent the rest of the war. The welfare of those imprisoned with him was his utmost concern. He took great risks to protect his comrades, and often paid a heavy price for his decisions. He took the beatings and solitary confinement with courage, and never let himself be defeated by the harsh conditions of the POW camps. His actions during those years earned him the respect and admiration of everyone, from the airmen who shared those difficult times with him to the heads of state who would later find out about them.



Photo: Submitted

Mrs. Kathleen Birchall presents a gift to WO (Ret'd) Gordon Ireland in recognition of his efforts and dedication in making the cairn a reality.

Although he bore no ill feeling towards the Japanese people, he played an important role during the Japanese war crime trials, where his war diaries were used as evidence. He remained deeply committed to Sri Lanka and its people, and often visited the nation. This relationship continued to the end of his life, and his memory remains alive there today.

He maintained his military ties throughout his life. A serving member of the Royal Canadian Air Force until unification in 1967, when he retired, he contin-

ued to serve in the military in various roles. He was honorary colonel of 400 Tactical Helicopter Squadron as well as, most recently and until his death, 413 Transport and Rescue Squadron. Just a few months before his death in 2004, a delegation of 413 Sqn from Greenwood, Nova Scotia, flew to Kingston, Ontario, in order to include him in the squadron's change of command parade, since he was the honorary colonel but was too ill to travel. With five clasps on his Canadian Decoration, he was, undoubtedly, the longest serving member of

the Canadian Forces to date.

Few people can command as much respect from so many of their peers and followers. Fewer still are ever able to earn it. Air Commodore Birchall was one who could and did, not only through his words, but through his actions as well. His legacy will live on as long as Canada has an air force. His memory will remain alive. His sacrifices and selflessness will not be forgotten. The Saviour of Ceylon will be remembered, at home and abroad, for the many lives he touched.

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 Registration along with payment is due by May18

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Le mardi 23 mai 2006, pour 6 semaines, de 18h30 à 20h30 Coût: 10\$

Inscription et paiement sont dûs avant le 18 mai
 Ce programme comprend six parties et vous donnera des méthodes pratiques et efficaces de communication qui aidera à rendre votre relation avec vos enfants de tous âges moins stressante et plus satisfaisante.

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Contact Eve Lawrence at the MFRC, 965-3595 or 965-3575, for more details. Lawrence.es@forces.gc.ca

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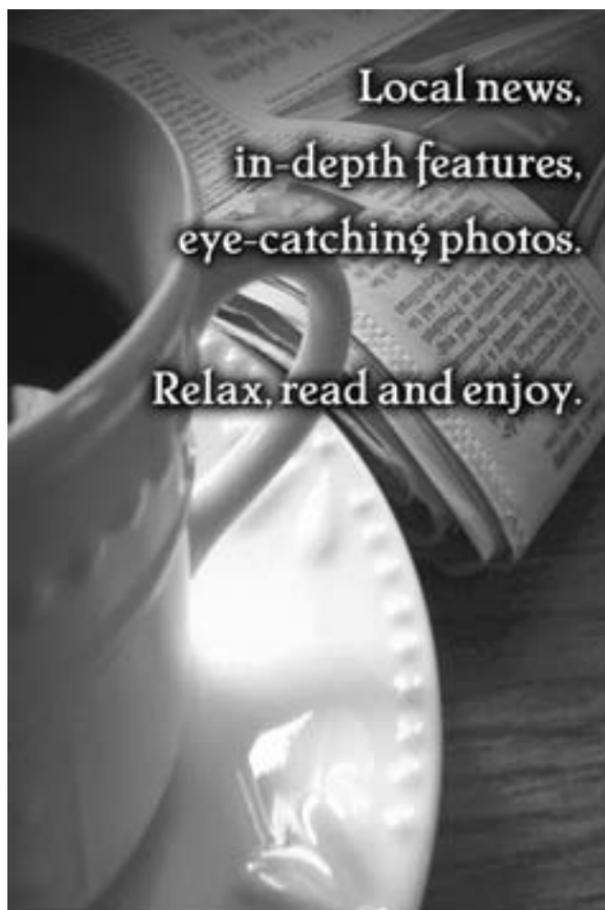
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 ASTRO ADVICE WEEKLY By Eugenia Last
 May 14 - May 20

ARIES (March 21-April 19): A money deal is looking very prosperous on the 14th and 15th. Follow through with your original plans. Property investments or making changes to your surroundings will benefit you. For as hard as you try on the 16th and 17th you will come up against people who will slow you down. Focus on what you can learn and make the most of the time you have to wait around for answers. You will make a connection with someone who is unique on the 18th and 19th by getting involved in an event or an organization you believe in. The more versatile a group, the more you will learn. Your input will be greatly appreciated on the 20th by someone who respects your opinion.

TAURUS (April 20-May 20): Less talk and more action will do more for your relationship on the 14th and 15th. Activities or sports events will take your mind off your worries. A proposal is apparent but make sure you understand what is expected. You'll have to look at things realistically on the 16th and 17th, especially when it comes to dollars and cents. A financial mistake will snowball into a series of difficulties. If you do the unexpected on the 18th and 19th, you will have a far greater chance of getting what you want. Someone will want to join your team and help you with a project on the 20th, but be careful not to let him or her take over. Fun and games are in the picture.

GEMINI (May 21-June 20): A lesson can be learned on the 14th and 15th if you are willing to listen to what others have to contribute. Avoid getting involved in gossip or rumours. Changing your mind too much will cause problems on the 16th and 17th. The more consistent you are, the better. A serious approach will win you points and buy you time. A change in your current direction may be daunting on the 18th and 19th but, once you start moving down that path, you will become energized. You will have to be especially careful on the 20th when dealing with people you work with or for. A situation you are involved in may become very complex if you aren't precise.

CANCER (June 21-July 22): Focus on work and getting ahead on the 14th and 15th. If you dwell too much on the past, you will overlook something important happening in the here and now. Try your luck at something new on the 16th and 17th. Being open and receptive to others will certainly help you gain popularity and support. An emotional matter may surface; deal with it promptly. You may be questioned about financial matters on the 18th and 19th. Do whatever you can to rid yourself of debts. The stress you are feeling is not necessary if you deal with problems head-on. Romantic encounters will lead to a very eventful evening on the 20th. This is a great time to get serious about your personal goals.

LEO (July 23-Aug. 22): Listen to any complaints being made on the 14th and 15th and your ability to find solutions will make you a hero. Circumstances involving money may not be as they appear. You will be tempted to take on too much on the 16th and 17th because you want to impress someone. Better to do less and do it well. You can make some very favourable changes at home on the 18th and 19th. An investment is looking quite lucrative. Debts can be collected or paid. A sudden change in your status is apparent. Not everything will run smoothly on the 20th especially if money is involved. A few changes at home will be the perfect place to begin to budget.

VIRGO (Aug. 23-Sept. 22): Take a journey on the 14th and 15th that will lead to information, ideas or even a new position. The people who are closest to you will not see things your way. Weigh what's being said. You have the right idea and the timing to forge ahead with your plans on the 16th and 17th. Go after what you want. Pay attention to your personal responsibilities on the 18th and 19th if you want things to run smoothly. A little family outing or a short trip should be scheduled. Someone from your past can play a prominent role in your life on the 20th. If you feel you missed out on something you wanted to do in the past, go back and live out your dream.

LIBRA (Sept. 23-Oct. 22): Get together with neighbours and friends on the 14th and 15th. Love is in a high cycle and enjoying unusual events will be entertaining. You have a lot more to lose if you take chances on the 16th and 17th. You may have some interesting ideas but right now you are not going to be able to sell them to anyone. Get into a routine on the 18th and 19th to better maintain looking and feeling good. Get out with people you find inspiring and intellectually challenging. You will dazzle people with your charm, sophistication and very unique way of doing things on the 20th. Someone you respect may offer you a better position or a chance to form a partnership.

SCORPIO (Oct. 23-Nov. 21): The extra research you do on the 14th and 15th will pay off. A good idea can turn into an opportunity to change your current position. Take advantage of the little opportunities that are right in front of you on the 16th and 17th. You will be able to make the appropriate changes to follow through with something you've wanted to do for some time now. You may not realize what's going on in your own back yard on the 18th and 19th. Take a closer look at what family and neighbours are up to. You can score big on the 20th if you follow your own unique path. Someone you are interested in will show the same in return. A shopping spree will exhilarate you.

SAGITTARIUS (Nov. 22-Dec. 21): Accept the changes going on around you on the 14th and 15th and you will find it much easier to get on with things. Love and romance are in a high cycle but that doesn't mean you should move too quickly. Don't let a friend or relative push you into a situation that will make you feel uncomfortable on the 16th and 17th. Be careful not to make a move based on false information on the 18th and 19th. When in doubt, do not make any noise about what you are going to do. Watch to see what everyone else is doing. Stop evading issues and get to the bottom of things on the 20th so you can get back to some normalcy in your life.

CAPRICORN (Dec. 22-Jan. 19): Get approval from family and friends on the 14th and 15th before you proceed with your plans. You will get far more help and support if you are straightforward about the possible risks and the solutions. Get involved in a new project on the 16th and 17th, jump in with both feet. You need a bit of a change and now is the perfect time. Plan something social on the 18th and 19th but don't go overboard financially. You'll be surprised what a good time you can organize for a pittance. Make an effort to get ahead on the 20th. Check out the possibilities and make a list of people you want to discuss your plans with. A better position is apparent if you go after it.

AQUARIUS (Jan. 20-Feb. 18): Problems with friends and family will develop on the 14th and 15th if you are stubborn about the way you want to do things. Compromise if you don't want to feel isolated. You can rely on friends or relatives to help you out on the 16th and 17th. Deal with any matters that have to do with institutions. A lie will lead to a whole lot of explaining and disappointment. Refrain from trying to convince others to follow your path on the 18th and 19th. Instead follow it yourself; you may change your mind once you get started. You may want to make changes in the way you earn your living on the 20th. Lots can happen when you put your mind to it.

PISCES (Feb. 19-March 20): Money matters can be resolved on the 14th and 15th. Good things are heading your way but you must be willing to stand up and ask for what's rightfully yours. You can make a deal on the 16th and 17th. An interesting job will get you moving in a new direction. Talk to the people you know have a good handle on your situation on the 18th and 19th and you will get answers to questions you haven't been able to solve yourself. Your sensitivity toward others will be what counts on the 20th. Money is headed your way. Check out an investment or a piece of property that will grow in value. Gifts will be forthcoming.

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The Contact Newspaper staff would like to acknowledge Royal LePage ProAlliance Realty as the weekly sponsor of our newest feature, The Contact Comics.



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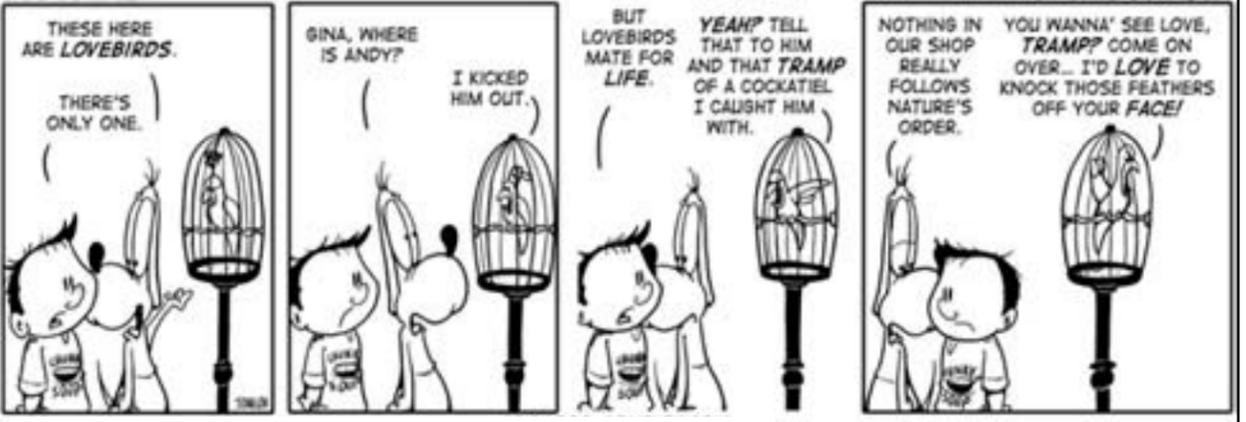
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Welcome to The Contact Newspaper's Community Events page! Thanks to the generosity of Trenton's Centre Theatre, we can now feature (space permitting) public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 392-2811 Ext. 7005 for more information.

Please be advised that the 8 Wing Fire Department will be conducting ANNUAL HYDRANT FLOW TESTING

As in previous years, the 8 Wing Fire Department will be conducting annual hydrant flow testing throughout the Wing and in the PMQ area. These tests help to confirm and ensure that the water pressures servicing these areas are sufficient for fire fighting operations. Occupants may experience discoloration of their water and need not worry. If this occurs, simply continue to run your water until the discoloration disappears.

The testing period will run from 1 June until approximately 1 September. If there are any concerns, please feel free to contact the Fire Department business line at local 3511.

NDT REUNION

18-20 Aug 06

The Nondestructive Testing reunion will be held at 8 Wing/CFB Trenton. For more information please contact Orv Francescone at PO Box 4681, RR4, Trenton, ON, K8V 5P7 or by email at Francescone.OS@forces.gc.ca or by phone at 613 392 2811 ext. 2330 or 613 394 3592. You may also contact CWO Bill Gosse at 613-392-2811 ext. 3218 or by email at Gosse.WD@forces.gc.ca

Registration forms and all related info can be found by visiting www.cfbtrenton.com (CFB Trenton Community/upcoming events).

Tuesday Quilters' Meeting

The monthly meeting will be held at the King Street United Church on May 16th, at 1 p.m. (side door). Members, please remember donation for the silent auction. The Guild always welcomes new members. For more information call Joyce at 966-7179.

Attention boys and girls ages 11 to 15-years-old

The Red Cross Babysitting Course will be taught on Saturday, May 13, from 9 a.m. to 5 p.m. at the Quinte Branch of the Canadian Red Cross, located in the lower unit of McNabb Towers, 344 Front Street in Belleville. Pre-registration is required and space is limited. Those interested are asked to call 966-0730.

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Administrative Assistant/Adjointe administrative – Manon Pilon Ext 2490

UNIT CHAPLAINS / AUMÔNIERS DES UNITÉS
 Padre Mike Adamczyk
 Padre Mel Talan
 Padre Marc Torchinsky (deployed)

WORSHIP SERVICES

<p>OUR LADY OF PEACE (RC) NOTRE-DAME-DE-LA-PAIX (CR)</p> <p>Chapel Life Co-ordinator Padre Frank Pellerin</p> <p>MASS Sunday Mass (English) 1130 hrs Messe Dominicale: 0900 hrs</p> <p>CONFESSION At all times</p> <p>PARISH ORGANIZATIONS Parish Council 4th Sun 1330 hrs Knights of Columbus 1st Thurs 1900 hrs CWL 2nd Tues 1900 hrs Chorale Merc 1900 hrs Choir Tues 1900 hrs</p>	<p>ST CLEMENT ASTRA (PROTESTANT)</p> <p>Chapel Life Co-ordinator Padre James Craig</p> <p>WORSHIP SERVICE Divine Worship (Sun) 1015 hrs Holy Communion 1st Sunday of the month</p> <p>PARISH ORGANIZATIONS Chapel Guild Last Tues 1930 hrs</p>
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BAPTISM/BAPTÊME
 Please allow 30 days notice for preparation. / Communiquer avec le bureau des aumôniers au moins 30 jours avant la date désirée.

MARRIAGES / MARIAGES
 Couples wishing to be married by a military chaplain must have their application approved prior to setting a date for the wedding. Normally at least one party must be active in a military or civilian church. / Les couples qui désirent avoir leur mariage célébré par un aumônier militaire doivent avoir leur application approuvée par l'aumônier avant de choisir la date de leur mariage. Il est recommandé qu'un des fiancé soit un membre actif d'une église militaire ou civile.

DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR
 After working hours, for emergency only, please call the base operator at 392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 392-2811 et demandez l'aumônier en devoir.

Great networking, dinner and information!

The Trenton and District Business and Professional Women's Club would like you to join them Wednesday, May 17 when we introduce the new Executive and enjoy our guest speaker Heather Bossa, head of student services for Trenton High School. This event will be held at Holiday Inn, 99 Glen Miller Road in Trenton.

For more information please call Joanne Hormann at 392-6594.

9th Annual County Poker Run

June 10, 2006

All riders are welcome to participate in this 200 km ride. Cost is \$20.00, with all proceeds going to Camp Trillium (Garrett's Island). Departure time: 11:30 a.m. This is a 'ride at your own risk' event. For more information please contact Rick Haagsma at 392-7794.

"Live to Ride -- Ride to Live"

Take a short walk to end breast cancer in the long run at Cleo in the Quinte Mall.

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The Breast Cancer Society of Canada (BCSC) and Cleo have teamed up again this year for a nationwide walk for a cure. The walk will take place at the Quinte Mall from 10 a.m. to 10:30 a.m. on May 14. You are invited to visit Cleo now during all regular store hours to pick up a pledge form. Tax receipts will be issued for amounts of \$20 or more. A BCSC wristband, BCSC magnet, and a Cleo voucher for 20 per cent off your next purchase will be issued upon submission of pledges. Refreshments will also be provided. For more information please visit www.cleo.ca or www.mothersdaywalk.ca or www.bcsc.ca. You may also call the Breast Cancer Society of Canada at 1-800-567-8767.

May 14th, 2006.

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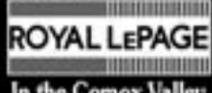
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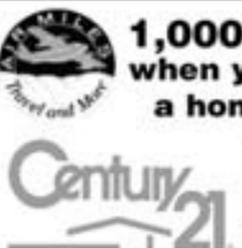


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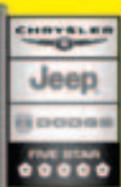
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