"Delivering news and information. At home and around the world." · "Des nouvelles d'ici et de partout ailleurs."

the contact

www.cfbtrenton.com

• October 20, 2006 • Serving 8 Wing/CFB Trenton • 8e escadre/BFC Trenton • Volume 41 Issue Number 40 •

BUYERS NEEDED!

Didn't buy yet?

Thinking of upsizing/downsizing?

Contact
DAVID WEIR BA,CD
Top 1% - Assoc. Broker
Royal LePage ProAlliance
#1 in Quinte West
david@davidweir.com
394.4837 or 848.0615

Trenton designated C-17 Main Operating Base

CANAIRGEN--
Designation of the C-17 Main Operating Base (MOB)

1. On June 22, 2006, Treasury Board approved the purchase of four aircraft to address Canada's strategic airlift capability shortfall. An evaluation by Adm (Mat) staff has recently confirmed that only the Boeing C-17 meets the CF's mandatory requirements. Initial indications are that the first aircraft could be delivered to Canada as soon as next summer.
2. The new fleet will be flown by CF aircrew and maintained at first line by CF technicians. After analysis of the available options, it has been determined that Trenton will be the MOB for the C-17.
3. Infrastructure upgrades to 8 Wing are required to support the new capability. As this will not be completed prior to the introduction of the C-17 aircraft, interim basing requirements for beddown and home station checks are being reviewed.
4. The C-17 represents a significant new capability for the CF. Training for initial crews has already begun, and it is intended to field this capability as soon as possible. To this end, a well-coordinated effort at all levels will be required to ensure the expeditious introduction to service.

EXPRESSMART NOW OPEN

Photo: Andrea LeBlanc, Contact

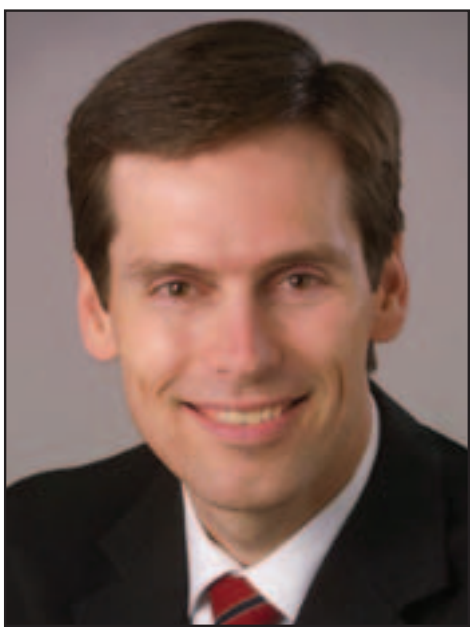
CANEX store manager Andy Moreau (left) treats PO2 Robert Dockrill to a coffee at the newly opened South Side CANEX ExpressMart, located behind the hospital in the former dental building. The store, which opened for business on Oct. 11, stocks standard convenience store fare, plus video rentals, dry cleaning pickup, phone cards, deli sandwiches, coffee, tea and hot chocolate. Store hours are 7 a.m. until 9 p.m. Monday to Friday and 9 a.m. to 5 p.m. on Saturdays and Sundays.

Parliamentary Secretary to visit 8 Wing/CFB Trenton

As we must ensure that our Forces have the equipment they need to complete their missions, we must also strive to make certain that the Quality of Life (QOL) of our Forces' and their family members is reflective of the commitment they've made to the country.

Keeping with that commitment, the Minister of National Defence (MND), the Honourable Gordon O'Connor, has asked MP Russ Hiebert, Parliamentary Secretary to the MND, to visit 8 Wing/CFB Trenton 20 & 21 October 2006. This visit will continue the process of identifying the issues that military personnel and their families face, whether as regular or reserve force; living on, or off base, that Standing Committee on Defence and Veterans Affairs (SCONDVA) started.

Topics to be discussed include: housing, base life, communication, pay and benefits, training, deployment, transfers and retention.



MP Russ Hiebert

Trenton sera la base principale d'operations pour le C-17

CANAIRGEN—Designation de la base prinicpale d'operations du C-17

1. Le 22 juin 06, le CT a approuvé l'achat de quatre aéronefs pour combler la lacune du Canada en matière de capacité de transport aérien stratégique. Une evaluation récente effectuée par le personnel du SMA (Mat) confirme que seul le Boeing C-17 repond aux exigences obligatoires des FC. Les indications initiales sont que le premier appareil pourrait être livré au Canada dès l'été prochain.
2. La nouvelle flotte sera pilotée par des équipages aériens des FC et entretenue au premier échelon par des technicians des FC. Après une analyse des options possibles, on a déterminé que Trenton sera la base principale d'opérations pour le C-17.
3. Pour soutenir la nouvelle capacité, des améliorations doivent être apportées à l'infrastructure de la 8e Escadre. Puisqu' elles ne seront pas terminées avant l'arrivée de l'aéronef C-17, des exigences provisoires en matière de base pour loger l'appareil et les vérifications de la station d'attache sont examinées.
4. Le C-17 est une nouvelle capacité importante pour les FC. L'instruction pour les équipages initiales a déjà commencé, et on souhaite que cette capacité soit mise en service dès que possible. Pour se faire, un effort de coordination à tous les niveaux est nécessaire pour assurer une mise en service rapide.

FLU CLINIC SCHEDULE

See page 14

FALL CLEARANCE SALE!

Win Your Car! DEALER

4 TO CHOOSE

2005 Hyundai Accent
4 cyl Auto, air, pw, pl, am/fm, Cd, 34 km
$9,950

REAL NICE

2000 Mazda Protégé
4 cyl, Auto, tilt, am/fm, Cd only 104 km
$7,800

STILLMAN AUTO SALES
CARS · SUV'S · TRUCKS · VANS
TRENTON, ONTARIO

246 Dundas St. Trenton

Phone 613-394-6111

Fin.OAC All cars cert. W/War.

WOW!

1999 VW Beetle GLS
2.0 4 cyl 5 speed, Air, pw, pl, tilt, cruise, leather heated seats, 70 km
$9,800

7.4% financing on selected vehicles

FRESH IN DON'T MISS!

1993 Toyota Corolla
4 cyl, Auto, air, tilt am/fm, Cd
$3,900

WE ARE THE HOME OF THE REAL DEAL!!

REPATRIATION CEREMONIES

Photos: Cpl Tom Parker, 8 Wing Imaging

Each Bearer Party prepares to place the remains of fallen soldiers Private Blake Williamson (top) and Sergeant Darcy Tedford (below) to the awaiting hearses. During a solemn repatriation ceremony held at 8 Wing /CFB Trenton, fallen soldiers Sgt Tedford and Pte Williamson of 1st Battallion, Royal Canadian Regiment, were returned to their families after being killed during combat operations in Afghanistan. Present to pay their respects were Michaëlle Jean, Governor General of Canada and Commander-in-Chief of the Canadian Forces; the Honourable Gordon O ' Connor, Minister of National Defence; General Rick Hillier, Chief of the Defence Staff; and Lieutenant-General Andrew Leslie, Chief of the Land Staff.

WING LOGISTICS & ENGINEERING PICTURE OF THE WEEK

Sgt Robin Gagné, Mr. Steve Norwich and WTISSO Maj Kent Schramm pose for a photo in front of one of the new Code 1 VIP SSXD Baggage Scanners during the official handover ceremony from the DAR project office to 8 WTISS. The x-ray machines are one of a kind, and will be accompanied by a WTISS ATIS Tech on international flights by Cananda's Code 1 VIPs.

NorthChina BUFFET
OPEN 7 DAYS/WK
Largest Seating for 300
No MSG Added • Licenced
Seniors (over 65) Always 10% off
300 Bell Boulevard
(West of Sydney St.) Belleville
(613) 771-9988
BUFFET HOURS Lunch: 11:30 - 3:30 pm Dinner : 4pm- 9:30 pm

Lunch Prices	ADULT	Kids (6-12)
Mon-Fri	$6.99	$4.50
Sat-Sun	$7.99	$5.50
		Toddlers $1.99
Dinner Prices		
Mon-Thurs	$10.99	$5.50
Fri-Sun & Holidays	$11.99	$6.50

ALL YOU CAN EAT BUFFET

Best Quality
"The Only Place To Go"
Best Price
SMITTY'S
WAREHOUSE OPERATION
For NEW or GOOD USED Appliances
Smitty's has been keeping customers happy for 28 years in the appliance business. This proves Smitty has the Best Price, Selection, Guarantee, Quality & Price plus Same Day delivery, seven days a week. Smitty plans to be around for another 28 years. Now he has in-house financing at NO INTEREST. These are just a few of the many reasons to visit Smitty's for your new or used appliance purchase.
Best Selection
Best Guarantee
Best Service
613-969-0287
SMITTY'S
KING OF APPLIANCES
Open Evenings & Seven Days A Week
River Road-Corbyville (just N. of Corby's)

GREAT MENU - TAKE OUT AVAILABLE
Cascades Pub & Grill
Tweed Twangers Oct. 20th 6-10
Hallowe'en Party Chris Dunwell Oct 27th 7-11
Chuckwagon Express Nov. 3rd 6-10
Open Stage 1st & 3rd Saturday of the month at 1 p.m.
9 Division Blvd., Consecon 613-394-1537
www.foodpages.ca/cascadespubngrill

Volunteers of all ages, with and without construction experience, from all across Canada to work with families in need to help build their first safe, decent, affordable home.
Must be willing to get sore, tired muscles plus have a lot of fun!
Celebrate the International Year of the Volunteer by coming out to a Habitat for Humanity build.
Building Homes Building Hope
Habitat for Humanity
For more information on Habitat for Humanity and to contact your nearest affiliate, contact us at
1-800-667-5137
Email: habitat@habitat.ca
www.habitat.ca

QUINTE FILM ALTERNATIVE.ca
JOYEUX NOËL
Wednesday, October 25
Rated 14A • 2:00 pm & 7:30 pm • 116 minutes
THE EMPIRE THEATRE

LGen Dumais in Trenton to mark 50 years of peacekeeping

by Lt(N) Pierrette LeDrew
8 Wing Public Affairs

The year 2006 marks the 50th anniversary of peacekeeping operations around the world. It also marks the 10th anniversary of the foundation of the Belleville branch of the United Nations Association of Canada.

To commemorate both events, the branch will host a special evening on 24 October 2006, at 19:00 hrs, at the Warrant Officers and Sergeant's Mess. Lieutenant-General (LGen) Marc Dumais, Commander Canada Command, will be the guest speaker. LGen Dumais, who was 8 Wing Commander at the time of the foundation of the Belleville branch of the UNAC, was the branch's first guest speaker and a strong supporter of the organization. The topic of his talk will be "Canada and the UN – Past, Present and Future."

A reception will follow this presentation.

This event will be open to all military and civilian members of the base, as well as to the general public. Tickets are $10.00.

To obtain tickets, please call 613-966-9052.

Search & Rescue UPDATE

Photo: Sgt R. Ruthven, CFLAWC

424 Squadron flew only one mission last week.

The mission was for our Griffon to investigate an ELT near Griffith Island. The crew started to pick up the ELT signal 5 nautical miles from the island. They homed the signal to a grass landing strip, and located an aircraft that had gone off the runway eight days ago. The ELT was shut off and the crew returned to Trenton.

Until next week, stay safe!

Missions for 2006: 203 Missions for Oct.: 12 Persons rescued: 37

The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities.It is our priviledge to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel T.J. Lawson, CD, Wing Commander, 8 Wing / CFB Trenton.

The Contact Staff

Editor-in-Chief: Capt Nicole Meszaros
Managing Editor: Andrea LeBlanc
Reporter/Photographer: Amber Gooding
Advertising Production Assistant: Amanda Sagriff
Advertising Sales: Sheila Lund
Bookkeeper: Marilyn Miron
Circulation: Keith Cleaton
Assistant Translator/Proofreader: vacant
PSP Manager: John Snyder
Subscriptions: First Class postage charge $65.00 per year for inside Canada, $130.00 for international.

2006 WINNER CCNA BETTER NEWSPAPERS COMPETITION

Guidelines for submissions: ARTICLES AND PHOTOS

The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do **not** include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a disc and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution,to ensure quality reproduction.

Jpeg–Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.

• ARTICLES MUST BE RECEIVED BY TUESDAY AT NOON PRIOR TO PRINT DATE AT THE CONTACT OFFICE.

Letters to the Editor:

Internet: LEBLANC.AL@forces.gc.ca

Intranet: LeBlanc AL@CFBTrenton@Trenton

All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.

A Military Community Newspaper

The Contact newspaper is a Personnel Support Programs (PSP) entity . Our newspaper relies almost solely on revenues generated through advertising and sponsorships.

The Contact
Wing Headquarters Building Annex
8 Wing / CFB Trenton
PO Box 1000, Station Forces
ASTRA, ON K0K 3W0
Editorial: 613-392-2811 Ext. 7005 Fax: 613-965-7490
Advertising: 613-392-2811 Ext. 2748/7008

Have an opinion or story to tell?

Want to be published?

Write a letter to the Editor

Email:
LeBlanc.Al@forces.gc.ca
Fax:
613-965-7490
Mail:
The Contact Newspaper
Wing Headquarters
Building Annex
8Wing /CFB Trenton
PO Box 1000,
Station Forces
Astra,ON K0K3W0

All letters must be signed and the names will be published unless otherwise requested. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, fax, email or drop it off in person.

WANTED!

Volunteers of all ages, with and without construction experience, from all across Canada to work with families in need to help build their first safe, decent, affordable home.

Must be willing to get sore, tired muscles plus have a lot of fun!

Celebrate the International Year of the Volunteer by coming out to a Habitat for Humanity build.

Building Homes Building Hope

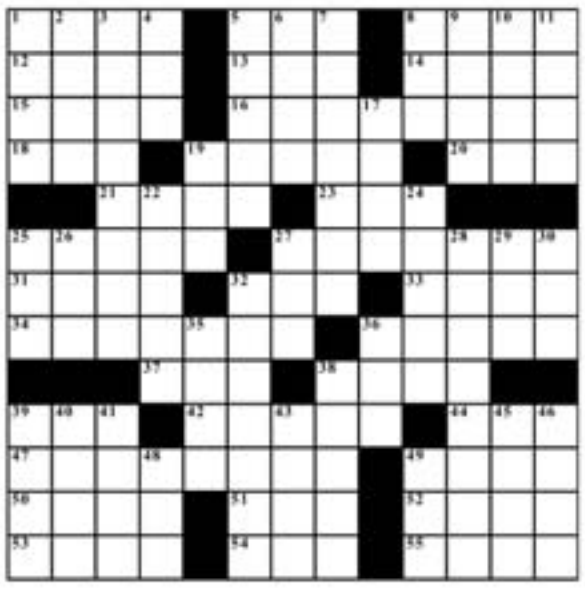
Habitat for Humanity

For more information on **Habitat for Humanity** and to contact your nearest affiliate, contact us at
1-800-667-5137
Email: habitat@habitat.ca
www.habitat.ca

Canadiana Crossword

Junior Juggernauts

By Bernice Rosella and James Kilner



ACROSS
1 Mortgage
5 Rocky peak
8 All-inclusive
12 Neighbour of Saudi Arabia
13 Room in a harem
14 Zone
15 Filth
16 Oshawa _____ (Memorial Cup winners 1990)
18 Legendary Bruin
19 Ocean transporter
20 Partner of caboodle
21 Ratites
23 Dempster stat
25 Peterborough ____ (Memorial Cup winners 1979)
27 Swift Current _____ (Memorial Cup winners 1989)
31 Drenches
32 Iron symbols
33 Net
34 Rimouski _____ (Memorial Cup winners 2000)
36 Cluttered
37 Sacha to Pierre
38 Ointment
39 Prov. legislator
42 Steep slope
44 Ms Braun
47 Spa worker
49 Article
50 Resound
51 Student apartment
52 Identify
53 Observes
54 Evian or St Moritz
55 Image

DOWN
1 Extinct bird
2 Eastern ruler
3 Hair pin
4 A. Nobel invention
5 Robes
6 Baltic Sea feeder
7 Kitchener _____(Memorial Cup winners 1982)
8 ____won ton
9 Neighbour of Iran
10 Grocery
11 It can be near or far
17 Architect Saarinen
19 Urban transporter
22 Plateaus
24 Broadway investor, slangily
25 Paid player, for short
26 Euro alliance
27 Beak, in Bonsecours
28 Lipstick or eye shadow
29 America's org.
30 Guileful
32 Hamilton _____ (Memorial Cup winners 1976)
35 Proboscis
36 Chart
38 Netherlands city
39 Women, in Trois Pistoles
40 Shoe part
41 Tennis great
43 Request in many a bus. memo
45 Kill a bill
46 Prayer ender
48 Distress signal
49 Here, to Henri

This Week in Contact

1976 – Canadian servicemen were advised of the new rates of pay that had been authorized as of October. New rates of pay were approved for officers and men for the 1976-77 military pay year. They were structured to continue the principle of compensation comparability between the Canadian Forces and the Public Service of Canada to comply with Anti-Inflation Board regulations. The rate was increased by eight per cent.

1986 – The BAMEO Family day was enjoyed by approximately 175 service members and their families at CFB Trenton. The Community Centre on Baker Island welcomed the youngsters and performers for a day of fun-filled activities, including a watermelon eating contest, water balloon throwing, tug-of-war, egg tossing and a three-legged race.

1996 – David Collenette, Minister of National Defence and Veterans Affairs, tendered his resignation citing a breach of the Prime Minister's draft guidelines concerning communications between Cabinet Ministers and quasi-judicial bodies. After a weekend of media speculations, Chief of Defence Staff General Jean Boyle advised the Prime Minister of his own decision to step down.

Created by Lt J. H. MacDonald,
Compiled by Amber Gooding.

Op Revamp at 426 Squadron

by WO Blair Smith, 426 Sqn Flight Engineer

As the operational tempo continues in Afghanistan, so does the requirement to generate qualified flight crews for the CC-130 Hercules.

With direction from the highest headquarters, 426 "Thunderbird" Squadron has been tasked to refine the training process to meet an extremely challenging goal: reduce the training time and graduate "Combat Ready", operational crews from the initial CC-130 course. This vision of streamlining the training process at 426 Squadron has been designated "Operation Revamp".

At present, 426 Squadron graduates are deployable to a tactical theatre of operations in eight months after the initial training on type, but depending on crew position and qualification, this can take up to 48 months. Op Revamp will produce nine "Combat Ready" flight crews per year with a focus on current operations in a relatively short period of time.

This will be accomplished by utilizing three course serials per year comprised of three crews each. The new goal outlined in Op Revamp will provide these Combat Ready flight crews through six months of intense, integrated crew training that will allow immediate employment in a low threat theatre of operations. Flight crews emerging from this new revamped program will possess the majority of the qualifications that were previously awarded after completing both the basic CC-130 Initial Course and the Basic Tactical Air Transport (BTAT) course.

Hard working 426 Squadron personnel continue to demonstrate the high levels of professionalism and dedication expected of them to ensure the success of this new revamped program. The next several months will be very busy as we modify and re-write qualification standards, course training plans, and individual lesson plans to integrate tactical training with basic aircraft conversion instruction. This difficult task will require a great deal of support and dedication from all those involved, as we are still required to maintain a full course loading during the process to ensure AMF's force generation requirements are met. Major Chris Conway, OPI for this project, has described this as "changing the engine while the race is on". It will be a very busy year for everyone involved at 426 Squadron, but I am positive that the Thunderbirds will soar as always.

"On Wings of Fire"

Continuing success, with United Way fundraising efforts

by Amber Gooding
Contact Staff

The past month of fundraising efforts for this year's United Way Campaign has raised 36 per cent of the overall goal.

The amount of money raised so far has reached the $26,000 mark.

With numerous successful events since the campaign first launched, committee members are thrilled with the way things are shaping up as they head towards the goal amount of $75,000.

"The pizza lunches are going great," said Sergeant Teri Healey. "On October 6 we doubled the number of people being served. With four separate shifts of senior staff serving, everyone behind the steam line was having as much fun as those being served."

The success of the spaghetti and pizza lunches has been overwhelming, said Major Dave Burley, chair of this year's campaign, but nothing that those involved can't handle.

"I would like to extend our thanks to all the personnel who have supported this event, and a special thanks to Wing Foods for all their hard work in keeping the lunches running smoothly, with their constant supply of great tasting pasta, pizza and salad," he said.

This year's committee members are very optimistic that they will reach their target, said Sgt Healey.

The campaign is scheduled to wrap up at the beginning of December, so keep your eyes and ears open for var-

Photos: Submitted

Above, from right to left: Honorary Colonel Eben James, Lieutenant-Colonel Debbie Miller, Major Cynthia Martineau and Major Dan Harris serve up spaghetti and garlic bread.

Left: Wing Chief Warrant Officer CWO Tom Secretan greets quests as they arrive for the United Way spaghetti and pizza pig-out lunch.

BRUNO'S BARBER SHOP

30 years serving the Quinte area.

We would like to welcome new military to the area.

Specializing in Tapered cuts with neck shaves.

Hours Mon- Fri 9- 5 Sat. 8-3

No appointment necessary.

ZELLERS PLAZA **613-392-0165**

CFB Trenton Golf Club

Purchase three 18 hole green fees at the regular price and receive the fourth green fee **FREE!**

Proshop 613-392-1544

Offer Expires 31 Oct 06

Good for Foursomes only

Present this coupon to the Proshop.

LOCAL SERVICES *To Serve You* **AND TRADES**

Classified Advertising: 613-392-2811 ext 3976 Fax: 613-965-7490
Email: sagriff.alf@forces.gc.ca

Auto General Service
Cannifton Garage 2000 Ltd.
We have gas generators for home & rural use.
✔ Tune-ups - Springs ✔ Safety Inspections
✔ Suspension Service ✔ General Repairs
Cars - Trucks - Vans - Buses
Trailers & Heavy Trucks
Parts & Service - Call Kevin
613-962-1132
at Hwy.37 & Casey Rd., Belleville

Building Material
RONA CASHWAY
"Buy Where The Builder Buys"
House plans, engineered floors, kiln dried lumber, expert staff, etc.
234 Glen Miller Rd
Trenton 613-394-3351

Footcare
Brighton Footcare
~Since 1993~
Jennifer Hardy, B.Sc. Pod; D. CH.
Registered Chiropodist
Custom orthotics and shoes. Expertise in diabetic foot and wound care. Huge selection of spring and summer footwear including customized Birkenstock and Naot sandals. Coverage available through most health care plans.
(613) 475-4453
9 Park Street, Brighton

Garage Doors
CENTRAL GARAGE DOORS
Locally Owned & Operated
Mark Goodmurphy
Installing and Repairing Doors and Openers Since 1981
Authorized Dealer for HORMANN Doors and Openers
Service and Repairs to All Makes and Models of Doors and Openers
Military & Seniors Discounts Available
Tel: 613-847-7488
Fax: 613-966-8911

Home Improvements
ACCURATE CONSTRUCTION
• Renovations
Additions • Soffits • Roofing
Windows • Siding • Facia
Eavestrough • Custom
Homes • Snow Plowing
Rubbish Removal
Free Estimates,
Call Mike O'Hara
613-969-8387

Roofing
ROOFING
✔ Commercial
✔ Residential
✔ Agricultural Asphalt & Steel
✔ Professional Installation
✔ Fully Insured
"The Very Best by John West"
Call for a FREE Estimate CELL (613) 827-1581
JOHN WEST CONSTRUCTION
469 Cty. Rd. 64 RR#3 Brighton
(613) 475-4828

Massage
Silver Star Studio
Relaxation Massage
613-392-7119
Daily 10am - late
56 Elgin St. Unit 2
Downtown Trenton
Second block west of bridge & one road north of Dundas

Swap & Sell
QUINTE WEST SWAP & SELL
•Bikes •Stereos •Tools •TVs
•Game Systems • Movies •CDs
•Guitars • Car Audio
• Paint Ball Guns & Supplies
BUY-TRADE-LOAN
391 Dundas St. W. Trenton
(across from the HighSchool)
613-392-5822
Open Daily 10-6
Sun 10-3

Tree Service
Trenton Tree Service
Tree Trimming & Removal, Chipping & Stumping
• Free Estimates
• Fully Insured
A fair price for everyone
613-392-7415

Advertise in the Contact
Call Sheila
613-392-2811 Ext 7008

Fitness, Sports & Recreation

Astra Lanes report

The Sunday Night League has team Gutterballs tied with team Minority for first place, with the Simpsons team only two points back.

The league is still looking for bowlers interested in participating in a fun league on Sunday nights.

For more information, please contact Capt P.M. Stoddard at local 7429.

Mens High Averages	Ladies High Average
Jim Cluett - 232	Nonnie Goulet - 198
Phil St-Denis - 207	Shirley Fenton - 185
Wayne Fenton - 201	Christine Fenton - 169

Mens High Triple	Ladies High Triple
Phil St-Denis - 777	Nonnie Goulet - 679
Robert Boudriau - 734	Shirley Fenton - 633
Jim Cluett - 726	Joanne Charbonneau - 538

Mens High Single	Ladies High Single
Jim Cluett - 299	Nonnie Goulet - 284
Phil St-Denis - 291	Christine Fenton - 236
Robert Boudriau - 290	Shirley Fenton - 227

Youth b-ball

The new co-ed youth recreational basketball league takes to the court this winter for 10 weeks.

This program stresses fun and safety, along with learning the fundamentals, strategies and rules of the game.

This program will take place on Tuesdays from 7 to 8 p.m. in the RecPlex Gym. Sign up at the RecPlex today, to be notified of the start date.

Cost is as follows: CRA members, $20; military community non-members, $25; general public, $30. Prices include a t-shirt. Pre-registration is required.

Hoops program returns to the RecPlex

The new Hoops program helps kids understand the game of basketball and develop skills. It is good for the beginner or advanced.

The program is designed for co-ed youth, to learn fundamentals and develop skills.

Hoops takes place on Tuesdays at the RecPlex Gym. Put your name on our list to be informed of the start date.

Programs for juniors, for ages 8 to 10, will take place from 5 p.m. to 6 p.m. The intermediate, for ages 11 to 13, will take place from 6 p.m. to 7 p.m.

Cost: CRA members, $20; military community non-members, $25; general public, $30. Includes t-shirt. Pre-registration is required.

Drop-in ball hockey program offered at the RecPlex

The drop-in ball hockey program is designed to help develop hockey skills in a fun atmosphere.

Non-competitive game play and instruction will be included while the fundamentals of fair play and team work are stressed.

This program runs from October 12 until December 14 at the RecPlex gym.

The peewee division will play from 6 to 7:00 p.m.; Bantam and midget will play from 7 to 8:00 p.m.

Cost is as follows: CRA members, $1; military community non-members, $2; general public, $3.

Event bowling at Astra Lanes

Youth special events will be taking place at Astra Lanes on Sunday, October 29, 2006 from 2 p.m. to 4 p.m.Cost is just $4 per person.

For more information, please feel free to call 613-392-2811 ext. 2929. Hope to see you there!

PA Day Swim

Join us from 1 to 3 p.m. on the next PA day, (October 27), at the RecPlex for a swim! Drop-in fees will apply.

CRA Ice Times

Effective Tuesday, October 3, 2006

Family Skating:

-- Wednesdays: 4 to 4:50 p.m.
-- Fridays: 6 to 6:50 p.m.
-- Saturdays: 1 to 2:50 p.m.
-- Sundays: 1 to 2:50 p.m.

Parent and Tot Skating:

-- Tuesdays: 10 to 11:20 a.m.
-- Wednesdays: 10 to 11:20 a.m.

Shinny Hockey:

-- Bantam/Midget: Tuesdays, 6 to 6:50 p.m.
-- PeeWee: Wednesdays, 5 to 5:50 p.m.
-- Atom: Tuesdays, 5 to 5:50 p.m.
-- Tyke/Novice: Thursdays, 4:30 to 5:20 p.m.

Full CSA hockey gear is required. Rules are in effect. No parents on the ice except for the volunteers in charge.

Entrance fees are free for military personnel and CRA members with a PSP facility membership; $1 for military community non-members; $2 for the general public.

Bronze Cross and Standard First Aid crash course

Bronze Cross is designed for lifesavers who want the challenge of more advanced training, including an introduction to safe supervision in aquatic facilities.

Bronze Cross is also a prerequisite for the NLS Course.

Course dates are as follows:

- Friday, November 10 and 17, from 5:00 p.m. to 9:00 p.m.
- Saturday, November 11 and 18, from 9:00 a.m. to 4:00 p.m.
- Sunday, November 12, from 9:00 a.m. to 4:00 p.m.

The exam is scheduled for Sunday, November 19, from 9:00 a.m. to 1:00 p.m.

Pre-requisite: Must be 14 years of age and have completed the Bronze Medallion Course.

Cost is as follows: Military and CRA members, $130; Military community, non-members, $140; general public, $160.

There is an additional cost of $35 for the Lifesaving Manual and $15 for the First Aid Manual, (if required).

Hallowe'en Spookfest

Come on out and join us for a night of fun at the RecPlex on October 31, from 6 p.m. to 9 p.m. The Halloween Spookfest and Fright Night will be taking place. Dared to be scared? Travel through our haunted house!

Fitness walking clinic

The Quinte Legion Track and Field Club, in association with the Bytown Walkers of Ottawa, and with the support of the Communities in Action Fund, will be conducting a fitness walking clinic at Centennial Secondary School, in Belleville, from 11 a.m. to 2 p.m. on Sunday, October 22.

Fitness walking is walking done with specific fitness goals.

Participants will learn a low-impact activity for all ages that will transform normal walking into a technique that maximizes fitness benefits for muscles and "cardio".

Simply put, fitness walking is today's aerobic choice that keeps walkers moving fast and injury free.

Trained and experiences instructors will lead participants through the simple and enjoyable skills.

Everyone will receive a 'Walkabout' t-shirt and a handout, which contains techniques on how to brush up on skills, to find suggestions to progress and to learn more about the activity.

People learn fitness walking for a variety of reasons. Some individuals don't like running, but want an aerobics fitness activity, while others have a history of injury that hampers their running.

To register, or for more information, please contact Dave Penny by phone at 613-969-7261 or by email at quintelegion@cogeco.c

Spaces are limited. The registration fee is $15.

Walking and hiking club

The Argosy Rovers Volkssport Club, which is a local walking and hiking club, will be hosting a 5 and 10 kilometre walking event, which is scheduled for 0900 to 1000 hrs on Sunday, October 22. The start point is the 8 Wing/CFB Trenton RecPlex building.

If you like walking and enjoy meeting new friends, come out and join us for fun, exercise and talk. For more information, please contact Major Suzanne Raby at ext 2739, during business hours.

FIT TIPS

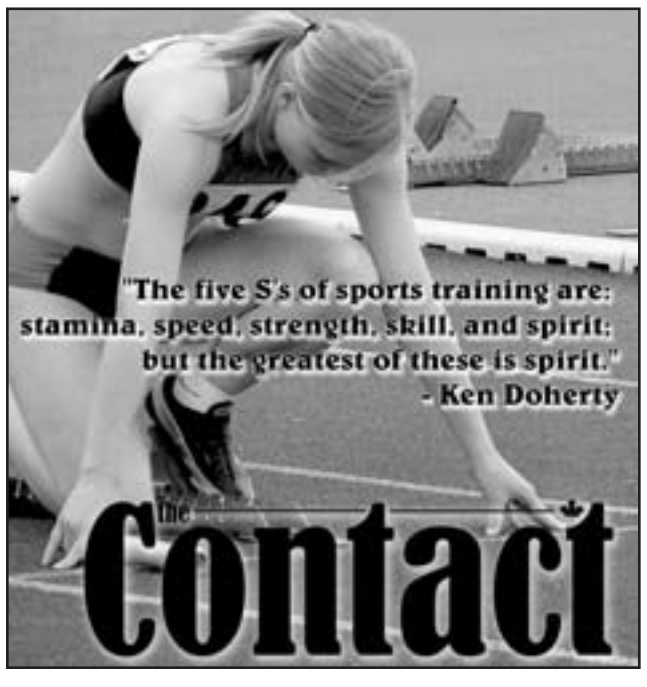
Fitness Trends

Become familiar with the industry's newest fitness trends!

BOSU: Stands for Both Sides Up. The half ball is great for core stability and balance, and is new to the industry as it boasts a challenging workout for any fitness level.

REBOUNDING: Also known as a mini-trampoline, it is another hot item in the fitness industry as it promotes a high, intense cardio workout, without the high intense impact on joints.

It also promotes vertical motion therapy, which is great for lymphatic draining.



FOR ALL YOUR FINANCIAL INVESTMENTS
ROBERT GRANDMAISON, CD, CFP
Certified Financial Planner
FINANCIAL PLANNERS (QUINTE) INC.
55 Glenburnie Drive, Trenton, ON
• RRSP • RRIF • MUTUAL FUNDS
• GIC • SEVERANCE INVESTMENTS
• EDUCATION PLANS • INSURANCE
Mutual Funds Provided by
WORLDSOURCE FINANCIAL MANAGEMENT INC.
Tel: (613) 392-0044 Res: (613) 392-0280
Fax: (613) 392-7110 e-mail: rgrandmaison1@cogeco.ca

Credential Securities
251 RCAF Rd., P.O. Box 278
Trenton, ON K8V 5R5
• Stocks • Mutual Funds • Bonds
• RRSP • RRIF • GIC
Don Lockey, BA, CSA
Investment Advisor
Tel: (613) 394-6589 Fax: (613) 394-4903
www.qcu.ca E-Mail: dlockey@qcu.ca Member: CIPF

AUTO - HOME - BOAT - LIFE - INVESTMENTS
WHITLEY INSURANCE
& FINANCIAL SERVICES
613-392-1283
(1-800-663-1384 Toll Free)
SINCE 1949
Visit our Website at www.whitley.net
E-mail: info@whitley.net
"SAVE MONEY, CALL FOR A QUOTE"
41 Dundas Street W. Trenton
AUTO - HOME - BOAT - LIFE - INVESTMENTS

Weaver Family Funeral Homes
Weaver Family Funeral Homes are pleased to offer you the opportunity to pre-plan and take up to 10 years to pre-fund your arrangements. Advanced planning and funding your funeral is one of the kindest acts you can do for your family. Please contact Kevin Weaver, our Funeral Planning Consultant, to discuss, without obligation, your individual requirements.
"Support, Service & Friendship in the Weaver tradition since 1945"
Weaver Family Funeral Homes
(East Chapel) 613-394-2433 (West Chapel) 613-392-3579

LARRY'S MINI STORAGE
• Heated Indoor Storage
• 24 hour video & monitored alarm protection
(Indoors & Outdoors)
(613) 967-7774
47 Frost Rd & Hwy. 2 Bayside

Bay Marine
SALES • SERVICE
ACCESSORIES
DOCKING • STORAGE
BROKERAGE
Hwy., #2 East of 8 Wing/CFB Trenton
613-394-6691
www.bay-marine.com
RINKER
LUND
SEA-DOO
MOOMBA
HONDA
EVINRUDE
VOLVO
MERCRUISER

Full Service Renovations -
Specializing in Kitchen, Bath, Hardwood Flooring, Ceramic & Stone Tile.
THE IMACS RENOVATION COMPANY
613-394-6420 • www.imacs.ca • 1-800-567-4638
764-A Old Hwy 2, R.R. 2, Trenton, ON.

2006 Health and Safety Show

Left: Lawrence Kowal, a Walter Surface Technologies representative, demonstrates Bio-Circle, a new environmentally conscious cleaning system, which contains active enzymes capable of removing grease and oil, with a solution as mild as the pH level found in water.

This system also helps eliminate various health hazards, often incurred while using solvents, as it is a non-flammable, non WHMIS controlled solution. It has also been approved by Environment Canada and is currently being used by various units within the Canadian Forces.

Photos: Amber Gooding, Contact Staff

Left: Personnel Support Program coordinator, Dan Koets, tries on a pair of 'Molson goggles' provided at the Military Police booth, which are used to help raise public awareness about impaired driving and the consequences of drinking and driving. With the goggles on, Koets was officially over the legal limit, which prevented him from walking in a straight line.

Below: Health Promotions Assistant, Lisa Pitt, and Addictions Counselor Deanne Chafe, provided useful information about substance abuse and everyday harmful habits that can take an extreme toll on a person's health - both body and mind.

"Good Show" safety award presented

by Amber Gooding,
Contact Staff

Safety on every level is a concern, but in the Canadian Forces, it's top priority.

Corporal (Cpl) Luc Nadon, who works as an avionics and installation technician with the Aerospace and Telecommunications Engineering Support Squadron (ATESS), was recognized on October 16 for his efforts in identifying a potentially hazardous situation, which could have significantly exposed personnel to asbestos.

A "Good Show" safety award was presented by the Commanding Officer of ATESS, Lieutenant-Colonel (LCol) Francis Allen, on behalf of the Director of General Safety with the Department of National Defence (DND), Mike Braham, to recognize the outstanding efforts of Cpl Nadon's initiative and tenacity in dealing with this matter.

At the beginning of the year, Cpl Nadon noticed that insulation shielding in the compressor room of 8 Alert Boulevard had dislodged from the piping it was protecting. Suspecting that the insulation may have contained asbestos, he reported it to 8 Wing Construction and Engineering Squadron personnel (Wing CE), who confirmed that the shielding did indeed contain asbestos.

The concern for his health, and that of his co-workers, prompted Cpl Nadon initiative to complete a CF98 form (Report on Injuries or Exposure to Toxic Material or Substance), and recommended that shop personnel do the same.

LCol Allen commended Cpl Nadon for his work in detecting a workplace health hazard.

"Your (Cpl Nadon's) prompt action to inform authorities prevented the spread of asbestos," said LCol Allen. "In addition, your initiative of a CF98 report and encouragement of other shop personnel to report similar occurrences, helped to prevent another asbestos-related problem."

LCol Allen also pointed out that the efforts of Cpl Nadon might have prevented occupational illness and demonstrated health and safety knowledge concerning the well-being of others.

"Cpl Nadon has really demonstrated what is at the heart of the safety program," she said. "And that's that every individual has a responsibility and a role to play in overall safety and in workplace safety," said LCol Allen.

Cpl Nadon says he is pleased with his award and would like to thank the Director of General Safety, Mike Braham, 8 Wing/CFB Trenton's General Safety Officer, Don Heans, LCol Allen, and Captain Terry LeDrew, who submitted Cpl Nadon's name for this award.

Photo: Amber Gooding, Contact Staff

Left to right: Director of General Safety, Mike Braham, Corporal Luc Nadon and Lieutenant-Colonel Francis Allen.

424 SQUADRON DEDICATES CAIRN IN AIR PARK

Photos: Cpl Tom Parker, 8 Wing Imaging

Lieutenant-Colonel Chuck Collings, Commanding Officer of 424 Transport and Rescue Squadron, addresses those in attendance during a cairn dedication ceremony at the RCAF Memorial Museum on October 15, 2006.

Mr. John Turnbull DFC, OOC, and Honorary Colonel John Gregory examine the cairn after officially unveilling it during a 424 Transport and Rescue Squadron cairn dedication ceremony on October 15, 2006 at the RCAF Memorial Museum.

Interested in advertising? Call Sheila Lund at 613-392-2811, extension 7008.

10 Ways to Save Money When Buying a New Home

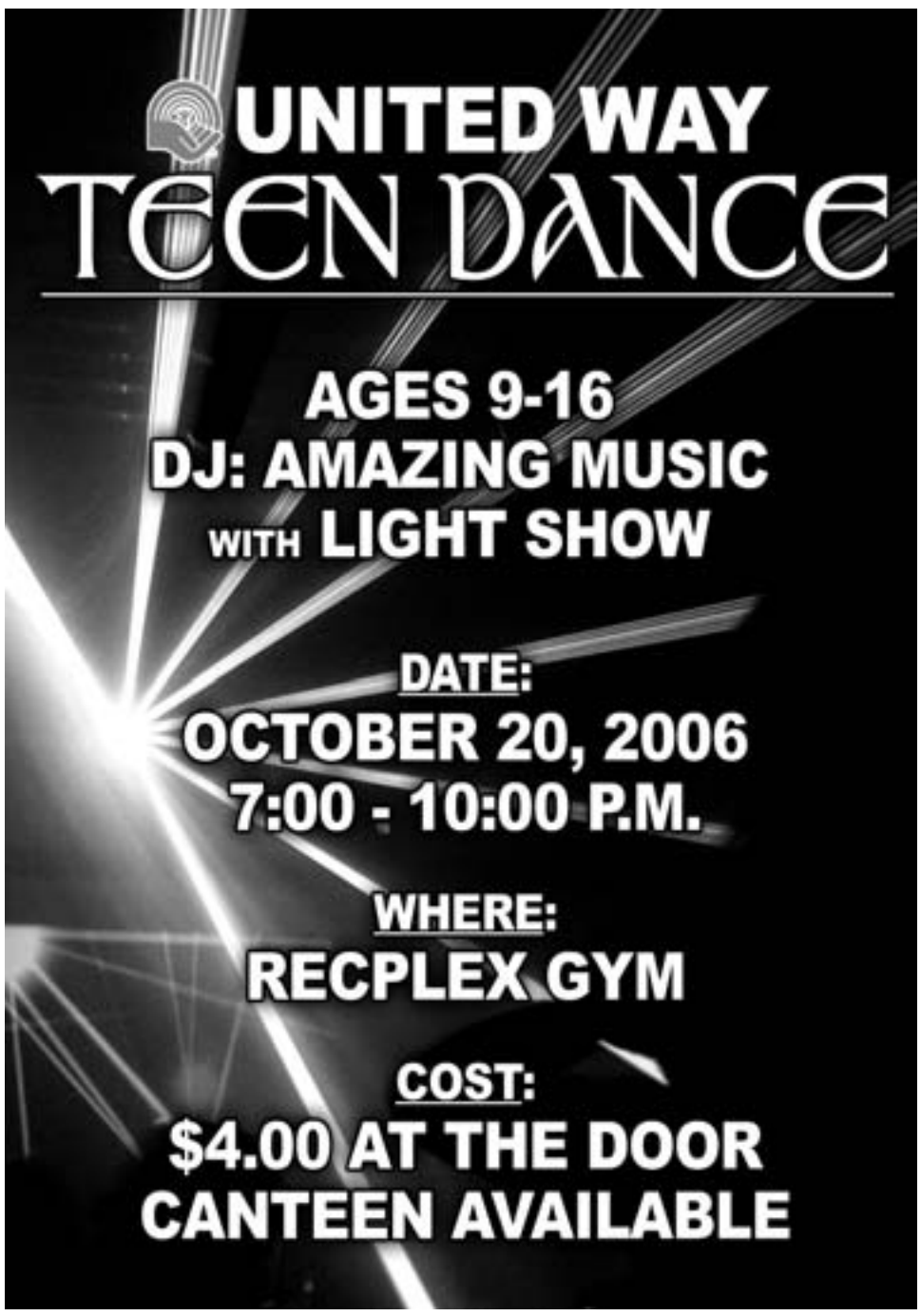
Quinte Area- Although most homes for sale are re-sales, one
out of four home buyers purchases a new home. Which is better: existing or new? The right answer, of course, is up to you. Both
re-sales and new homes offer advantages. Existing homes are less expensive on average, and are generally closer to, and enjoy the warmth and surroundings of established neighbourhoods, often
with mature landscaping.

New homes, on the other hand, offer innovative use of s pace, greater energy efficiency and choices of options and upgrades. Everything is new and modern.

Most people consider both new and existing homes before they decide to purchase.

A new, special insider report entitled "New Homes - 10 Tips to Save Your Time and Money" has just been released which identifies 10 invaluable tips to save you time and money when purchasing a brand new home. Also revealed are little known buyer advantages that most builders may not tell you.

To learn more about what you should be aware of before you



HYUNDAI
TICKET TO RIDE SALES EVENT

0% APR PURCHASE FINANCING† (ON SELECT MODELS)

hyundaicanada.com

HYUNDAI
Drive your way™

The 2007 Models are here.
but at these prices, NOT FOR LONG!

0% APR PURCHASE FINANCING† up to 60 months

2007 Sonata GL

43 MPG Hwy: 6.5 L/100km▲
MSRP $23,295** for GL.
GLS model shown

2006 Best New Family Car Under $35K

• 2.4L, DOHC, 162 HP engine • Automatic transmission with SHIFTRONIC™
• 6 standard airbags (dual front, side and side curtain) • Air conditioning
• Remote keyless entry with alarm • AM/FM/CD/MP3 6-speaker stereo
• Power door locks, windows and heated mirrors • Cruise control

DRIVE-AWAY DEAL
Lease From $319. per month/48mos. Delivery and Destination Incl.
$0 Down Payment Security Deposit

PAYMENT OPTIONS
$286/month $1,500 down
$265/month $2,500 down
$211/month $4,995 down

0% APR PURCHASE FINANCING† up to 36 months

2007 Santa Fe GL

34 MPG Hwy: 8.4 L/100km▲
MSRP $27,295** for GL.
GLS model shown

Top Crash Rating for Frontal Offset Impacts

• 2.7L, V6 DOHC, 185 HP, CVVT engine • Automatic transmission
• Anti-lock braking (ABS) with Electronic Stability Control (ESC) and Traction Control System (TCS) • 6 standard airbags (dual front, side and side curtain) • Air conditioning • 16" Aluminum wheels • AM/FM/CD/MP3 6-speaker stereo • Power door locks and windows • Roof rack • Available 7-passenger seating✦

DRIVE-AWAY DEAL
Lease From $423. per month/48mos. Delivery and Destination Incl.
$0 Down Payment Security Deposit

PAYMENT OPTIONS
$377/month $1,995 down
$330/month $3,995 down
$307/month $4,995 down

0% APR PURCHASE FINANCING† up to 48 months

2007 Entourage

32 MPG Hwy: 8.8 L/100km▲
MSRP $29,995** for GL.
GLS model shown

Best crash test rating for a minivan ever.

• 3.8L, V6, 242 HP engine • Anti-lock braking (ABS)
• 6 standard airbags (dual front, side and side curtain)
• Hyundai Hideaway™ third-row seating • 4-wheel disc brakes • Air conditioning
• Power door locks, windows and heated mirrors
• Floor mats (first and second row)

DRIVE-AWAY DEAL
Lease From $387. per month/60mos. Delivery and Destination Incl.
$0 Down Payment Security Deposit

PAYMENT OPTIONS
$351/month $1,995 down
$315/month $3,995 down
$297/month $4,995 down

2.9% APR PURCHASE FINANCING† up to 36 months

2007 Accent 3 Dr. GS

45 MPG Hwy: 6.3 L/100km▲
MSRP $13,495** for GL.
GLS model shown

• 1.6L, DOHC, CVVT engine
• Dual front airbags • 8-way adjustable driver's seat
• Rear adjustable head restrains • 60/40 split fold-down rear seat • Rear wiper/washer • AM/FM/CD/MP3 stereo

DRIVE-AWAY DEAL
Lease From $189. per month/60mos. Delivery and Destination Incl.
$0 Down Payment Security Deposit

PAYMENT OPTIONS
$180/month $500 down
$171/month $1,000 down
$159/month $1,699 down

GREAT DEALS ON REMAINING 2006 MODELS.

0% APR PURCHASE FINANCING† up to 60 months

2006 Tucson GL

• 2.0L, DOHC, CVVT engine • Anti-lock Braking (ABS) with Electronic Stability Control (ESC) and Traction Control System (TCS) • Air conditioning • 16" aluminum wheels • AM/FM/CD/MP3 6-speaker stereo • Power door locks, windows and heated mirrors.

MSRP $22,285** for GL.
GLS model shown
36 MPG Hwy: 7.9 L/100km▲

DRIVE-AWAY DEAL
Lease From $323. per month/48mos. Delivery and Destination Incl.
$0 Down Payment Security Deposit

PAYMENT OPTIONS
$280/month $1,995 down
$236/month $3,995 down
$214/month $4,995 down

ALL HYUNDAI VEHICLES INCLUDE FLOOR MATS AND A FULL TANK OF GAS.

The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada, a division of Hyundai Motor America, and are used under licence. **MSRP for 2007 Sonata GL automatic/Santa Fe GL automatic/Entourage GL/Accent 3 Dr GS/2006 Tucson GL w/Air FWD of $23,295/$27,295/$35,995/$13,495/$22,285. MSRP for models shown: 2007 Sonata GL/Santa Fe GL SE/Entourage GL/Accent 3 Dr Sport/2006 Tucson GLS of $25,995/$30,995/$36,895/$16,195/$30,085. MSRP prices exclude Delivery and Destination charge ($1,345/$1,345/$1,345/$1,345/$1,345), applicable license fees, insurance, registration and all taxes. Delivery and Destination charge includes freight, P.D.I., dealer admin fees and a full tank of gas. 7 Passenger seating is available on GLS models only. †Leasing offers available on approved credit from Hyundai Financial Services based on new 2007 Sonata GL automatic/Santa Fe GL automatic/Entourage GL/Accent 3 Dr. GS/2006 Tucson GL w/Air with annual lease interest rate of 2.2%/5.6%/3.1%/3.5%/2.5% for 48/48/60/48 month walk-away lease. Monthly payment for 2007 Sonata GL automatic is $319/$396/$265/$211 with $0/$1,500/$2,500/$4995 down payment. Total lease obligation is $15,312/$19,228/$15,220/$10,125. Monthly payment for 2007 Santa Fe GL automatic is $423/$377/$330/$307 with $0/$1,995/$3,995/$4,995 down payment. Total lease obligation is $20,304/$20,091/$19,835/$16,731. Monthly payment for 2007 Entourage GL is $387/$351/$315/$297 with $0/$1,995/$3,995/$4,995 down payment. Total lease obligation is $23,220/$23,004/$22,695/$22,815. Monthly payment for 2007 Accent 3 Dr GS is $189/$180/$171/$159 with $0/$500/$1,000/$1,699 down payment. Total lease obligation is $11,340/$11,300/$11,260/$11,235. Monthly payment for 2006 Tucson GL w/air is $323/$280/$236/$214 with $0/$1,995/$3,995/$4,995 down payment. Total lease obligation is $15,504/$15,405/$15,323/$15,267. Lease offers include Delivery and Destination ($1,345/$1,345/$1,345/$1,345/$1,345 and lease acquisition fee ($350). $0 security deposit on all models. Lease offers exclude applicable license fees, insurance, registration, PPSA ($60) and taxes. 20,000 km allowance per year applies. Additional charge of $0.10/km. Delivery and Destination charge includes freight, P.D.I., dealer admin fees and a full tank of gas. †Purchase Financing available O.A.C. from Hyundai Financial Services on all 2007 Sonata GL automatic/Santa Fe GL automatic/select Entourage/Accent 3 Dr GS and 2006 Tucson GL at 0%/0%/0%/2.9%/0% for up to 60/36/48/36/60 month terms. Financing example: $15,000 at 0%/0%/0%/2.9%/0% per annum equals $250.00/$416.67/$312.50/$435.90/$250.00 per month for 60/36/48/36/60 months. C.O.S. is $0.00/$0.00/$0.00/$960.01/$0.00 for a total obligation of $15,000/$15,000/$15,000/$15,460.01/$15,000.00. All offers expire October 31, 2006 and may not be combined with any other offer. See Belleville Hyundai for details. Dealers are free to set individual prices. ▲Fuel consumption for 2007 Sonata GL 2.4L Automatic transmission (43 mpg, Highway 6.3L/100km)/Santa Fe GL automatic transmission (24 mpg, Highway 8.4L/100km)/Entourage manual transmission (32 mpg, 8.8L/100km Highway)/2007 Accent 3Dr. manual transmission (45 mpg, Highway 6.3L/100km)/2006 Tucson GL 2.0L manual transmission (36 mpg, 7.9L/100km Highway) are based on EnerGuide fuel consumption ratings. Actual fuel consumption may vary. Some conditions may apply to the Graduate Rebate Program. See Belleville Hyundai for details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

5 YEAR WARRANTY
5 YEAR/100,000 KM Comprehensive Limited Warranty†† All Hyundai Warranties Have No Deductible.

GRADUATE REBATE PROGRAM

BELLEVILLE HYUNDAI

22 Town Centre Drive,
(Hwy. #62, 1 Mile N. of 401)
962 3300
email: sales@bellevillehyundai.ca
Visit us at www.bellevillehyundai.ca

ALL TRADE-INS WELCOME

- CREDIT SPECIALIST ON HAND
- NO GIMMICKS • GREAT CARS
- ALL FULLY RECONDITIONED
- 7 DAY, 1000 KM EXCHANGE PRIVILEDGE
- LOW RATE FINANCING
- MANUFACTURERS WARRANTIES AVAILABLE
- ASK ABOUT OUR LOWEST PRICE GUARANTEE
- 120 POINT VEHICLE INSPECTION

NO MONEY DOWN OR PAYMENTS

UNTIL JANUARY 2007 (OAC) (90 DAYS)

BRAND NEW BLOWOUT

2006 Sonata GL V6

Loaded, PW, PL, CD, Cruise, Air, Blue, Stk.#029455

CASH PRICE $20,995††

Pick-Ups • Vans • SUVs • Ford • Chrysler • GM

Many Makes & Models Available

~ Belleville Hyundai ~

Not Just New... Quality Pre-Owned Vehicles Too!

Vehicles Are Fully Certified & Ready to Go!

OVER 100 NEW & USED VEHICLES TO CHOOSE FROM

2006 SONATA GL

P4497 - Award Winning Vehicle, 4 Cyl., Auto, Loaded, CD, Air, Cruise

$18,995† $150 Bi-weekly 96 mth

2005 ELANTRA VE

P4501 - Auto, Loaded, Air, Tilt, Cruise, CD, PW, PL

$12,995† $114 Bi-weekly 84 mth

2005 ACCENT GS

SAVE ON GAS!

2 TO CHOOSE FROM

P4503 - Auto, Tilt, CD, Loaded, Air

$11,495† $98 Bi-weekly 84 mth

2002 Hyundai Santa Fe

P1126 - Loaded, AWD

$14,995 $169 Bi-weekly 60 mth

2002 Hyundai Sonata GL

P4360 - 4 cyl., auto, air, WOW only 59k's.

$10,995 $128 Bi-weekly 60 mth

2003 Hyundai Elantra GT

P875. Loaded, Auto, Leather, Sunroof

$13,995 $139 Bi-weekly 72 mth

2002 Sonata

P4336- 4 Cyl., auto, air, 69k's

$10,995 $128 Bi-weekly 60 mth

2006 Hyundai Accent GL

P4446 - Loaded, Auto, Air, PW, PL, CD

$15,495† $124 Bi-weekly 96 mth

2002 SONATA GL

P4500A - 4 Cyl., Auto, Loaded, Air, Nice Size & Great on Gas

$9,995 $125 Bi-weekly 60 mth

2005 PONTIAC MONTANA EXT†

P4579 - 7 Passenger Loaded, 25K

$17,995 $140 Bi-weekly 96 mth

2002 HYUNDAI SANTA FE AWD GLS

P4480 - Leather Heated Seats and Much More

$17,995 $202 Bi-weekly 60 mth

2002 Hyundai Sonata

P4338- Silver, loaded, air, Auto, only 16k's

$13,495 $155 Bi-weekly 60 mth

2002 SANTA FE GLS

P4480 - Loaded, Leather, AWD

$17,995 $202 Bi-weekly 60 mth

2001 SANTA FE GLS AWD

3115 - V6, CD, alloy wheels, AWD, Leather

$13,995 $139 Bi-weekly 72 mth

2003 Hyundai Santa Fe GLS

P032105A - One Owner, Loaded, Leather

$16,995 $160 Bi-weekly 72 mth

DOOR CRASHERS

2001 TAURUS

181720A Loaded, Auto, Air, Local Trade, Only 94k's.

$115 Bi-weekly 48 mth

$7,995

2004 CHEV EPICA

P4198A. Loaded, Auto, Air.

NOW ONLY... $9,995

2002 CHRYSLER CONCORDE LXi

020866A- loaded, chrome wheels

NOW ONLY... $10,905

2002 HYUNDAI SONATA GLX

P313 -Loaded, leather, Sunroof

NOW ONLY... $12,995

†Former daily rental. Vehicles may not be exactly as shown. *All vehicles plus admin. fee & taxes. **90 days No Payments increases monthly payment cost**. Int. rates may vary. Monthly payments are close approximations O.A.C. All payments calculated at 8.9% and rounded to nearest dollar, eg. $25,995 vehicle plus $399 sec/admin. plus 14% taxes plus bank reg.$82 = $30,171.16 fin. = $203.80 (204 in act). New and demo vehicles add FRT/PDI, Sec. pkg. & taxes. Deal on stock listed only-no substitutions. All vehicles listed are used except 06 Sonata GL Demo, Stk.#029455. See dealer for details.

BELLEVILLE HYUNDAI

www.hyundaicanada.com

GRADUATE REBATE PROGRAM

22 Town Centre Drive
(Hwy. #62, 1 Mile N. of 401)

613 962 3300

email: sales@bellevillehyundai.ca
Visit us at: www.bellevillehyundai.ca

Entertainment

HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last
October 22 – October 28

ARIES (March 21-April 19): Put your money where your mouth is. A great idea can turn into a financial plus on the 22 - 24. Prepare to do whatever you must to accomplish your goals. You'll surprise others with competitive action. Money is heading your way and deals can be settled on the 25 and 26. Someone from your past will make a difference to a decision you have to make. An old reliable source will come in handy. Take a trip down memory lane on the 27 and 28; if it draws you back to a place you used to go, by all means visit it. You'll be emotional about money matters. Refrain from overspending.

TAURUS (April 20-May 20): No matter what you do, you'll be faced with opposition. Everything will ride on how you treat others on the 22 - 24. Stick to facts and be accommodating. Don't stretch the truth or hold back. Listen to complaints and do what you can. Someone will be unapproachable or distant on the 25 and 26, making it hard to resolve matters that are bothering you. Consider an investment that will bring high returns. You'll have the knowledge and good timing to take advantage of something that's being offered on the 27 and 28. A get-together will bring information about someone from your past. Get in touch with this person if you still care.

GEMINI (May 21-June 20): If you present an idea in an exciting way on the 22 - 24, you'll get the backing you need. Someone you think you can trust will be secretly working against you. Don't let personal responsibilities stand in your way. Don't let your emotions stop you from making a good decision on the 25 and 26. Allow yourself time to finish what you start. A problem with an older person may confuse you. Get things done on the 27 and 28 and you'll impress someone. The more you accomplish now, the better you'll do in the future. Your versatility will allow you to make a choice that will change your life.

CANCER (June 21-July 22): You'll move three steps forward and two steps back on the 22 - 24. Don't let this frustrate you, consider it a lesson in how to handle others in the future. A change of scenery will do you a world of good and minimize frustration. Love is in the stars. Look at the options you have and don't be afraid to make a move on the 25 and 26. Change is good and can bring you higher rewards in the end. Put time aside for love, romance and a social event. The conversations you have on the 27 and 28 will lead to an interesting idea or even a proposal. Don't be afraid to make changes. You'll show everyone how equipped you are to pull things off.

LEO (July 23-Aug. 22): Stick around home on the 22 - 24 and you'll be able to deal with problems that have been plaguing you. This isn't the time to run and hide. Embrace what's going on. Rid yourself of further complications. You may feel like going out and having fun but, if you neglect your responsibilities, you'll pay for it on the 25 and 26. Be sensitive to the needs of others. An act of kindness will go a long way. You may want to make changes on the 27 and 28 but be careful not to go over-budget. Include everyone who will be affected by your decisions. You don't want to be put under scrutiny for being evasive.

VIRGO (Aug. 23-Sept. 22): Position yourself on the 22 - 24 so you can take full advantage of an opportunity heading your way. You'll be able to convince others to help you get where you're trying to go. Travel, learning and communications will pay off. Avoid gossip. Travel on the 25 and 26 will lead to knowledge and the possibility of a new direction. Everything will depend on how you react to others. Someone at home will be difficult to get along with and unaccommodating. Keep your distance. Make a commitment or get in touch with someone you never quite forgot about on the 27 and 28. An old friend or lover may be feeling the same way.

LIBRA (Sept. 23-Oct. 22): Get in touch with people from your past on the 22 - 24. Take a walk down memory lane and you'll discover something or someone you want to incorporate back into your life. Your intuitive awareness will help you make the right choice. Money can be made, offers put into play and a new direction based on old goals begun. Talk, collaborate and use your creative ability to take what you want to do one-step further on the 25 and 26 and a good idea will unfold. Someone will be out to stop you from doing what you want to do on the 27 and 28. Rely on past experience to help you win favours. A change in your vocation or career will be a good thing.

SCORPIO (Oct. 23-Nov. 21): Don't hold back or sugar-coat information you have on the 22 - 24. You'll get further ahead in the end if you're honest. A misunderstanding and confusion while traveling will lead to trouble. Emotional matters must not be swept under the carpet. Put your money where your mouth is on the 25 and 26 and move forward. Keep in mind that whoever you deal with has his or her agenda, so look out for yourself. A short trip or dealing with someone who has experienced what you're going through will help you out on the 27 and 28. This is not the time to ignore what has to be done.

SAGITTARIUS (Nov. 22-Dec. 21): The very people you're relying on are the ones who will let you down on the 22 - 24. Take the position of the do-all and be-all person if you want to excel. Calculate every possible scenario so that you have time to consider the best response to take. Don't get all wigged out on the 25 and 26 because someone is talking behind your back. If you don't make waves, what on earth have you been doing? You have to make yourself heard whether anyone wants to listen or not. Someone will be secretive about what he or she is doing on the 27 and 28. A surprise is coming your way so don't ruin it by asking too many questions.

CAPRICORN (Dec. 22-Jan. 19): Pull out all the stops and go after your goals on the 22 - 24. Everything you touch will turn to gold. Take everyone by storm by doing the most imaginative thing you can do — the most unthinkable, unbelievable and captivating. You have everything in order on the 25 and 26 and will not fail if you proceed down the path you've chosen. A new slant to an old goal will develop into something very lucrative and satisfying. It's OK to be emotional. As a matter of fact, on the 27 and 28 it will work to your advantage to show everyone how much you care and how dedicated you are. Once you prove your point, you'll get all the help you need.

AQUARIUS (Jan. 20-Feb. 18): Don't let your emotions lead to mistakes you'll regret on the 22 - 24. Your temper may get the better of you. You won't have all the facts and may cause more upset if you act on impulse and false information. Take a wait-and-see approach. Stick to what you know and do best on the 25 and 26, if you try to be an expert in an area where you really aren't qualified, you'll find yourself in deep trouble. This is not the time to make donations or to lend to a friend. Someone is just waiting for you to make a mistake on the 27 and 28. A money deal will probably fall through or go awry. What you try to describe or tell people will be taken the wrong way.

PISCES (Feb. 19-March 20): You can pretty much write your own ticket on the 22 - 24. Money is heading your way and talks will lead to a verbal settlement. A change will be as good as a rest. Put time aside for a little romance. Don't get involved in useless conversations on the 25 and 26 that will slow down what you should be working on. Stick to money matters and getting things in order for future deals. Travel only for business expansion. A little finagling will go a long way on the 27 and 28 and help you build confidence as well as support. A chance to get involved in a deal of a lifetime is apparent. Don't sit back when there is so much to do.

Royal LePage
ProAlliance Realty

ROYAL LEPAGE

253 Dundas Street E., Trenton 613-394-4837
143 Main St., Brighton 613-475-6242
Toll Free: 1-800-263-2177
www.discoverroyallepage.ca

The Contact Newspaper staff would like to acknowledge Royal Lepage ProAlliance Realty as the weekly sponsor of our newest feature, The Contact Comics.

Community Events

Community Events
generously sponsored by...
OWNED & OPERATED BY SMYLIE'S YOUR NEIGHBOURS
independent
YOUR INDEPENDENT GROCER
DRUGStore PHARMACY
President's Choice
CFB Trenton
Smylie's Independent Grocer
Hwy#2 Dundas St. East
RCAF RD
293 Dundas St. East, Trenton • 613-392-0297

Welcome to The Contact Newspaper's Community Events page! Thanks to the generosity of Smylie's Independent Grocer, we can, space permitting, feature public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 613-965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 613-392-2811 Ext. 7005 for more information.

RAINBOW HALLOWEEN DANCE

Come join us on October 28, 2006 at the Bohemian Penguin, located at 399 Front Street in Belleville, from 9 p.m. to 2 a.m., Admission is $8 per person. For more info, please contact Rosemary by phone at 613-965-0906 or email at blackrowz@sympatico.ca

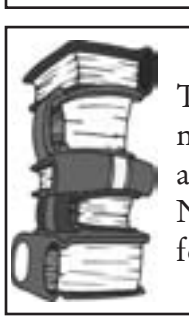
Do you hail from Dufferin County?

Calling all former Orangeville, Shelburne, Grand Valley and Dufferin rural citizens. The Orangeville Citizen would like to hear from you, so we can include you in our Salute to the Troops, scheduled for an edition close to Christmas time.

This is your chance to let everyone 'back home', know where you are and what you are doing! It will also give our readers insight into how many soldiers, sailors, airmen and women we have serving in the Canadian Forces!

Please send your name, rank and a picture (head and shoulders shot if possible) along with some information about what part of the county you are from, what school you attended and how long you have been in the military. Also, include a short message for the folks back home!

Send your information to:
Attention: Lavinia Kerr
c/o Orangeville Citizen
10 First St
Orangeville, On L9W 2C4
Tel: 519-941-2230
Fax: 519-941-9361 email: vinniekerr_02@hotmail.com



Quinte West Book Sale

The friends of Quinte West Public Library will hold their monthly book sale on Saturday, October 28 between 9 a.m. and 1 p.m. at the Municipal building, located at 22 Trent Street North, in Frankford. There will be a great selection of books for all ages.

For more information, please contact Ann at 613-397-1680.

Halloween Patrol

Volunteers are needed for the Military Police Squadron's Annual Halloween patrol. Volunteers will be in uniform (with traffic vests) from approximately 1700 hrs to 2100 hrs on Halloween night and patrol the PMQ area in pairs.

For more information, please contact Corporal Melanie Tremblay by email at Tremblay.MDM2@forces.gc.ca or by phone at local 7154.

...Attention all Boys and Girls, ages 11 to 15...

Enroll in the Red Cross Babysitting Course in preparation for looking after siblings before and after school.

This class will held on November 4, from 9 a.m. to 5 p.m. at the Quinte branch of the Red Cross Office, located in the lower unit of McNabb Towers, at 344 Front Street in Belleville.

For more information, or to register, please call 613-966-0730. Space is limited.

GCWCC WING SUPPLY GOURMET FUNDRAISING BASKET

- $50.00 Dinner at CAPERS Restaurant
- Dessert Fondue Set
- $20.00 Lunch at Golden Valley Restaurant
- Dessert Dishes
- Coffee Mugs
- $10.00 Breakfast at Kelsey's Restaurant
- 3 Different-flavoured Dipping Sauces
- Dipping Sauces Platter
- Chocolate Spoons
- Wine Glasses
- Jams & Preserves
- Jam Pot
- White Chocolate Lemon Scone Mix
- Wicker Basket
- Gourmet Crackers
- Brass Candle Snuffer
- Jackson-Triggs Meritage Red Wine
- Wine Bottle Holder
- Game Set (Dice & Cards)
- Fire Starter Kit (Made by RHC)
- Candles
- Grab It Tongs
- Syrian Table Cloth & Napkin Set

Tickets are $2 each or three for $5, and can be purchased at Wing Supply Clothing stores or at any campaign event. Draw is Dec. 1.

CHAPLAIN SERVICES
SERVICES OFFERT PAR L'AUMÔNERIE

Wing Chaplain/ Aumônier de l'escadre – Major Lloyd Clifton
Administrative Assistant/Adjointe administrative – Manon Pilon Ext 2490

UNIT CHAPLAINS / AUMÔNIERS DES UNITÉS
Padre Frank Pellerin
Padre Mel Talan (deployed)
Padre Catherine Morrison

WORSHIP SERVICES

OUR LADY OF PEACE (RC)
NOTRE-DAME-DE-LA-PAIX (CR)
Chapel Life Co-ordinator
Padre John Tracey

MASS
Sunday Mass (English) 0900 hrs
Messe Dominicale: 1015 hrs

CONFESSION
At all times

PARISH ORGANIZATIONS
Parish Council fourth Sun 1330 hrs
Knights of Columbus first Thurs 1900 hrs
CWL second Tues 1900 hrs
Chorale Merc 1900 hrs
Choir Tues 1900 hrs

ST CLEMENT ASTRA (PROTESTANT)
Chapel Life Co-ordinator
Padre Mike Adamczyk

WORSHIP SERVICE
Divine Worship (Sun) 1130 hrs
Holy Communion 1st Sunday of the month

PARISH ORGANIZATIONS
Chapel Guild Last Tues 1930 hrs

DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR
After working hours, for emergency only, please call the base operator at 613-392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 613-392-2811 et demandez l'aumônier en devoir .

NOTICE/AVIS
It is now possible to have the Club Xtra points that are earned on all your purchases at CANEX go to the Chaplain Emergency Fund. Simply ask to have the points placed on the Chaplains' card. The Chaplain Emergency Fund is used to assist our military families during times of family crises. / Vous pouvez dès maintenant, lors de vos achats au Canex, donner vos points Club Xtra au Fonds d'urgence des aumôniers. Vous n'avez qu'à mentionner que vous désirez donner vos points sur la carte des Aumôniers. Les points seront utilisés pour aider les familles de nos militaires dans des moments de crises familiales.

8 Wing 2006 Flu Clinic Schedule

Date	Location	Times
Tues, 24 Oct 06	Medical Clinic	1300-1500 hrs
Thurs, 26 Oct 06	Medical Clinic	1300-1500 hrs
Tues, 31 Oct 06	Medical Clinic	1300-1500 hrs
Thurs, 02 Nov 06	Medical Clinic	1300-1500 hrs
Tues, 07 Nov 06	8 AMS	1330-1500 hrs
Wed, 08 Nov 06	Medical Clinic	1300-1500 hrs
Thurs, 09 Nov 06	2 AMU	1330-1500 hrs
Tues, 14 Nov 06	ATESS	1330-1500 hrs
Wed, 15 Nov 06	Medical Clinic	1300-1500 hrs
Thurs, 16 Nov 06	8 AMS	1330-1500 hrs
Tues, 21 Nov 06	2 AMU	1330-1500 hrs
Wed, 22 Nov 06	Medical Clinic	1300-1500 hrs
Thurs, 23 Nov 06	8 AMS	1330-1500 hrs
Wed, 29 Nov 06	Medical Clinic	1300-1500 hrs
Wed, 06 Dec 06	Medical Clinic	1300-1500 hrs
Wed, 13 Dec 06	Medical Clinic	1300-1500 hrs

- **Clinics are available for Regular Force and Reserve Force personnel on Class B service contracts over 180 days.**
- **Mbrs are to bring their immunization book if avail.**
- **All Mbrs must observe a 20 minute wait period after receiving the vaccination.**
- **For Civilian personnel, please contact your local health unit at 613-394-4831 (Trenton) or 613-966-5500 (Belleville) for Clinic dates and times.**
- **For FAQ's related to the influenza vaccine, see the following webpage for more information: www.cpha.ca/english/influent1.htm**

DART TRAINING

Photo: Cpl Tom Parker , 8 Wing Imaging

MCpl Dan Hodd, the Disaster Assistance Response Team's (DART) Warehouse Engineer, who specializes in the team's heavy equipment and Reverse Osmosis Water Purificaton Unit (ROWPU), lead a team of Combat Engineers through a training exercise at 8 Wing/CFB Trenton from October 10-13, 2006 . The team was doing an operational check of the ROWPU to ensure it is ready for deployment . Pictured above are MCpl Gerald Darcy and Cpl Daniel Campos of 2 Field Engineer Regiment removing membranes from the ROWPU vessel. The membranes are an integral part of the unit which purifies water and makes it potable .

LOYALIST COLLEGE
Open House
Tuesday, October 24 9 am to 12 noon

When planning your future, start with Loyalist College.
Choose from over 50 career-oriented post-secondary programs – many of which are available on a part-time basis.

Join us this coming Tuesday and start exploring your options. We have a full agenda planned for you, including:

- the opportunity to talk with our faculty and meet our students
- displays highlighting all of the programs starting this January and next September
- campus and residence tours – be sure to check out our new facilities
- the opportunity to explore our full range of student success services
- cooking demonstrations, presented by our Culinary Management and Chef Training students
- interactive display with students from our new Esthetician program
- demonstration of our new Nursing simulation lab
- contest giveaways
- a chance to win $2,000 towards your 2007/2008 tuition

There is a lot happening at Loyalist these days. Come see for yourself. We look forward to meeting you.

(613) 969-1913 , ext. 2204
1-888-LOYALIST • TTY: (613) 962-0633
e-mail: liaison@loyalistcon.ca
Wallbridge-Loyalist Road, Belleville
www.loyalistcollege.com

LOYALIST
MY COLLEGE • MY FUTURE

Three generations of service to our friends and neighbours

Ralph Weaver Founder (1916-2006) Jeff Weaver President Tim Weaver Funeral Director

East Chapel (613) 394-2433 1-866-5WEAVER
West Chapel (613) 392-3579 1-866-4WEAVER

Weaver Family Funeral Homes

PET GROOMING • BOARDING
FOR DOGS AND CATS

• **FULL GROOMING** FOR DOGS AND CATS OF ALL SIZES.
• **COZY & CLEAN BOARDING FACILITY** THAT'S FUN AND SAFE.

CALL NOW TO FIND OUT MORE ABOUT OUR SERVICES!

Crazy Dogs
PET STYLING SALON & BOARDING CENTRE

12 CARRYING PLACE RD. IN TRENTON 613-392-7087

• Desktop Publishing • Posters • Laminating • Digital Copies
• Photograph Photocopying-Full Colour
• Engineering & 36" Copies Format

Darling's
COPY DEPOT

Call Today 613-392-7273
Fax service: 613-392-7058
www.copy-depot.com · 20 Dundas W., Trenton
• Fax Service • Enlargements • Scanning • Canon Laser Copies

CALL 392-2811 Ext 7008
FOR ADVERTISING

Twenty minutes today can save you up to $90/year.[1]

Prenez 20 minutes aujourd'hui et épargnez jusqu'à 90 $ par année.[1]

Your community. Your banking program.

Votre communauté. Votre programme de services bancaires.

Canadian Defence Community Banking[†] (CDCB) brings you everything you want from a banking program – especially value!

- **Save on bank fees** with our $5/month unlimited CDCB Chequing Account.
- **Earn more interest** on any balance, with a better rate than the big banks.

Les Services bancaires Communauté de la Défense canadienne[†] (SBCDC) vous offrent ce que vous recherchez dans un programme de services bancaires – tout spécialement la valeur!

- **Économisez sur les frais bancaires** grâce à notre compte de chèques SBCDC avec opérations illimitées pour 5 $ par mois.
- **Obtenez un intérêt plus élevé** sur tout solde, à un meilleur taux que celui des grandes banques.

Give us a call. 1 866 808-9933 Appelez-nous.

Canadian Defence Community Banking™

CANADIAN FORCES PERSONNEL SUPPORT AGENCY
AGENCE DE SOUTIEN DU PERSONNEL DES FORCES CANADIENNES

AGENCE DE SOUTIEN DU PERSONNEL DES FORCES CANADIENNES
CANADIAN FORCES PERSONNEL SUPPORT AGENCY

Services bancaires Communauté de la Défense canadienne

[1]Bank account savings calculated by comparing CDCB Chequing Account $5 monthly fee against the average monthly fee of $11.00 for the typical chequing account packages offered by the five leading traditional banks as of October 2, 2006. Fees vary by bank. Some banks may waive monthly fee based on amount of deposit. Savings also includes the average $20 fee for cheques at the five leading banks. ™Trademark of CIBC. [†]Canadian Defence Community Banking services are provided by the direct banking division of CIBC. The Canadian Defence Community Banking program is brought to you in cooperation with the Canadian Forces Personnel Support Agency (CFPSA).

[1]Les économies pour un compte bancaire ont été calculées en comparant les frais mensuels de 5 $ d'un compte de chèques SBCDC et les frais mensuels moyens de 11 $ des forfaits de comptes chèques offerts habituellement par les cinq grandes banques traditionnelles au 2e octobre 2006. Les frais varient selon la banque. Certaines banques peuvent supprimer les frais mensuels selon le montant du dépôt. Les économies comprennent également les frais de chèques moyens de 20 $ imputés par les cinq grandes banques. **Marque de commerce de la Banque CIBC. [†]Les Services bancaires Communauté de la Défense canadienne sont offerts par la division des services bancaires directs de la Banque CIBC. Le programme des Services bancaires Communauté de la Défense canadienne (SBCDC) vous est offert en collaboration avec l'Agence de soutien du personnel des Forces canadiennes (ASPFC).

Fireplace safety rules

Below are two lists: a fireplace safety list and a fireplace dangers list. Make sure you practice fireplace safety when your fireplace is in use.

Do not ever start a fire in a fireplace without the participation and supervision of an adult or parent.

Fireplace Safety

--Use natural logs. However, if you use the artificial logs, be sure to follow the directions on the package.
--Check your fireplace and chimney often and keep them clean and in good repair.
--Always make sure that a good fire screen is in front of the fireplace.
--Keep the damper (have your parents show you where it is and how it works) set so the draft (flow of air) will remove all smoke and gases when the fireplace is on. Remember, too much air flow might let the fire get out of control.
--Keep the area near the fireplace clear of materials like papers, books, toys, etc. Everyone should know about the possibility of flying sparks from the fire and what to do about them.
--Make sure that the fire is completely out before going to bed or if you plan to leave the house.

Fireplace Dangers

--Do not stack artificial logs in the fireplace like you would real wood.
--Do not use your fireplace if it has loose bricks or needs to be cleaned.
--Do not burn charcoal, coal, or plastic materials (wrap, cups, plates, etc.).
--Do not burn garbage in the fireplace.
--Do not ever use gasoline or other such liquid to start or help a fire to start.
--Do not allow small children near the fireplace.
--Do not leave a fire unattended.
--Always keep a fire extinguisher close at hand. Make sure that everyone knows how to use it. Keep emergency phone numbers on or next to the telephone.

Get ready to handle winter

Submitted by Don Heans, Wing General Safety Officer

Guiding a vehicle from one place to the next is a particularly challenging task in winter weather. Preparing your vehicle to handle the road is the first step to safe driving.

These are some of the factors, which add hazards to driving in the winter:

Ice, snow and even water on road surfaces reduce traction, increasing stopping distance and possibly resulting in a skid. It takes more distance to stop on an icy road than it does on a dry road.

As the temperature rises to near the melting point, roads become even more slippery than they are in severely cold weather. Traffic also polishes ice and snow packed on a road surface.

Black ice is a thin and invisible layer of frost on pavement. It commonly occurs around bridges and overpasses and shaded areas, but be alert for it on all road surfaces.

Water, which may be mixed with oil, on the road surface can be hazardous. Tires begin to lose contact with the road surface, slipping across the surface of the water and oil instead.

Visibility decreases drastically in winter driving conditions. Long nights and short days in some areas mean you spend more hours behind the wheel when you can see little beyond your headlights. Snow, rain and fog also cut visibility.

Vehicle breakdown under winter conditions can be life-threatening because of freezing weather and the possibility of chain reaction collisions. Here is a suggested pre-winter checklist for all kinds of motor vehicles:

Radiator and heater hoses should be in good condition, free of cracks and leaks.

Fan belts should be checked too.

The heater should be working well, for your own comfort and to defrost and defog the windshield.

Start the winter with a new set of wiper blades.

Equip your vehicle with an ice scraper and a snow brush.

Change to a winter coolant, which won't freeze.

Use a winter windshield washer fluid, which won't freeze, and keep it topped up.

Check all vehicle fluids including power steering fluid and brake fluid.

Make sure the battery is in good condition for starting the vehicle in cold weather.

Your tires should have good tread to provide traction.

Examine all lights--headlights on high and low beam, running lights, taillights and brake lights.

Inspect brake systems to determine if they will provide uniform braking on all wheels.

Muffler and exhaust systems must be examined to make sure they are not leaking. Carbon monoxide poisoning is a deadly hazard for occupants of motor vehicles.

Lubrication should be of winter weight for use in lower temperatures. This includes lubrication of the fifth wheel.

Carry a winter survival kit, especially on long trips or in isolated areas. Include matches and a candle, a parka and sleeping bag or emergency blanket, food, first aid kit, jumper cables with safety goggles, gasoline antifreeze, fuel conditioner for diesel fuel, wrenches for minor repairs, a spare fan belt and radiator hose, spare spark plugs and spark plug wire.

It is important to have a working knowledge of basic vehicle repairs so you know what to do in case of a breakdown, in any season.

Arm yourself against winter driving hazards. Examine your vehicle for defects, and equip it to handle winter driving conditions.

the Contact
keeping you up-to-date on health, fitness & well-being.

DR. THOMAS G. McDOWELL
"Home of the Big White Tooth"

New Patients Welcome
- Tooth Coloured Fillings
- Orthodontics
- Dentures
- Root Canal /sedation
- Wisdom teeth /sedation
- Dental Implants
- Whitening & Cosmetic Dentistry
- Electronic Insurance Submission
- Financing Available
- Close to Base

"Let our family treat your family"
613-394-8888
169 Dundas St. East Trenton, Ontario
Visit our website: www.drtommcdowell.com

SUPPORT YOUR LOCAL CANEX!

KROWN BODY MAINTENANCE
IS YOUR VEHICLE READY FOR WINTER?
See the Specialists at...
KROWN RUST CONTROL
Cars $109.95 Vans & Trucks from $119.95
$10.00 MILITARY DISCOUNT ON ANY RUSTPROOFING JOB.
Krown Belleville
115 North Front St.
613-962-4481
Krown Trenton
4 Carrying Place Rd.
613-392-0222

Farewell to a comrade: F/L Robert L. Devers

by Captain Tim Brodie
436 Squadron

436 (Transport) Squadron has a secret, and I'd like to share it with you. It's not so much a secret, I guess, as a great memory from a special occasion made even more important through the "participation" of one of our past members … posthumously.

On September 30 of this year an estimated 1,800 military and retired personnel, friends, family and respected guests gathered at the RCAF Memorial Museum for the 2006 Ad Astra Stone Dedication Ceremony. In the midst of the crowd was a small contingent from 436 (T) Squadron and a group of family members from the "Devers Clan" ostensibly to congratulate our past Honorary Colonel, Art Adams, on the dedication of his Ad Astra Stone but also to say farewell to one of our own. It was on that day, at that ceremony, that we quietly wished fair winds to Distinguished Flying Cross recipient Robert L. Devers.

As Colonel (Retired) Cy Yarnell was celebrating "the formal dedication of over 8,000 Ad Astra stones and the incredible anniversary of this magnificent airbase," we were eyeing the plane that circled lazily to the northeast of the museum. As Col (Ret'd) Yarnell exclaimed that it was "fitting that these stones lay in this hallowed corner of this base, where aircraft fly over every day" we watched as one of those planes embarked on the final mission for F/L Devers, with his ashes to be dispersed over the Bay of Quinte.

Photo: Submitted

F/L Robert L. Devers

F/L Robert Devers was born on the 3rd of June 1917 in Richmond, Surrey, England where his father was in the CEF at the time. He was educated at Bowmore Road Public School and Malvern Collegiate in Toronto from 1922 to 1932.

Feeling the strong pull from the motherland he enlisted in Royal Air Force (RAF) as a Clerk, General Duties, on the 21st of March 1939 and reclassified Aircraftman 1st Class on the 1st of November that same year. He was later commissioned as navigator on the 3rd of July 1942 within the RAF.

In his citation for his Distinguished Flying Cross, it read in part:

"This officer has completed 27 night sorties as navigator, totalling 189 hours operational flying. He has on every occasion shown a very high standard of navigational skill and has never yet failed to navigate his aircraft to the target.

When employed on flare dropping, it has been due to Flying Officer Devers' faultless navigation and accurate timing that on ten separate occasions the target was successfully illuminated for the bombing force even in conditions of no moon, cloud en route, and poor visibility over the actual targets."

On the 1st of April 1945 F/O Devers transferred to the RCAF where he served with distinction in a number of squadrons. Most notably he was posted to 436 (T) Squadron from the 4th of September 1956 until his retirement on the 1st of August 1962.

Bob Devers passed away on the 1st of July 2006 at the age of 89.

Photo: Submitted

F/L Robert Devers with his family in Canada in the early 1950s.

During the Ad Astra ceremony Colonel Tom Lawson, Commander, 8 Wing/CFB Trenton, said he believes in the magnificent concept of the Ad Astra stones, linking the past to the present. Padre Lloyd Clifton, 8 Wing Chaplain, led the crowd through a prayer. "Grant that we may always be faithful to those who have gone before us."

Col (Ret'd) Yarnell closed the ceremonies after the planned fly-by, and the release of a homing pigeon, also symbolizing "our aircrews returning to their base after a mission". "This is a tribute to our airmen and airwomen who have already gone home to their makers," said Col (Ret'd) Yarnell.

For the members of 436 (T) Sqn and the collection of family members named Devers the words on that day carried a special meaning.

"The stones are timeless," said Col (Ret'd) Yarnell. "Every day they remind us that generations of airmen and airwomen have worked together, and continue to work together, as a proud team in the service". As the words resonated through the PA system I turned, with the Devers', to watch the plane disappear into the distance carrying one of our own, a proud member of our team, on his last flight.

Special thanks to our Squadron Padre, Capt Catherine Morrison, for her true stalwart efforts in ensuring this event unfolded as it should. A sincere thanks, as well, to Padre Frank Pellerin for true devotion to duty as he accompanied the ashes of Mr. Devers on dispersement. The family and all of 436 (T) Squadron sincerely appreciated it.

Time to throw those colleagues behind bars!

Jail and Bail

It's back! The Wing Transportation Squadron's United Way Jail and Bail is ready to take prisoners.

All you have to do is call local 7253 beginning at 0800 hrs and tell us who you want arrested and we will do the rest.

There is a minimum donation of $5.00 required, for 10 minutes of jail time. For example, if you raise $20, the person will remain in 'jail' for 40 minutes.

When: 27 Oct 2006
Hours of Operation: 0900 – 1400 hrs
WHERE: Wing Transportation Squadron, bldg 28 (11 Buffalo Ave)

Prison and Libération

Nous Sommes de Retour! L'évènement " Prison and Libération " pour centraide commendité par L'escadron du Transport

Tout ce que vous avez à faire c'est de composer le local 7253 dès 8h00 pour nous dire qui vous voulez sous arrestation et nous ferons tout le reste.

Un minimum of $5.00 pour 10 minutes. Exemple. Si vous collecter $20.00, la personne demeurera en prison pour 40 minutes.

Quand: le 27 octobre 2006
Heures D'opération: 09h00 - 14h00
Endroit: Escadron du Transport, édifice 28 (11 Rue Buffalo)

Classifieds

Classified

For Classified Information Call 613-392-2811 ext: 3976

business • for sale • wanted • equipment • automobiles • child care • for rent • employment

Information

CLASSIFIED AD RATES

Word ad: 20 words $3.00 per insertion. GST included. Cash or cheque to be paid at time of insertion.

ORDERING AN AD

All advertising must be dropped off at CONTACT 142 Yukon Street, South Side Room 26 before noon Wed. for the next edition and payment should be made at that time. In the event of a statutory holiday all deadlines are advanced by one day.

ERRORS & OMISSIONS

Advertisers should check their ad the first day it appears. CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad wherein the error occurred.

USERS & AD READERS

CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content. CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, CONTACT reserves the right to make necessary changes in ad copy.

Business Services

The Largest Discount Furniture & Appliance Store Between Toronto & Montreal
PX
Over 50 Years in Business
FURNITURE & APPLIANCES
The King of Low Prices
BIG 30% off ON FURNITURE
50 Mile FREE DELIVERY
Open 7 days a Week
Thurs & Fri-9-8
Sun. 11-5
Furniture Appliances
CANADA'S Super Stores
SAVE $ $ $
Yes We Have No Interest No Payment See Store for Details
TRENTON
Hwy. 33 just south of 401
613-392-6690
NO GST NO PST
1/2 PRICE MATTRESS SALE ON SERTA & SIMMONS MATTRESSES & ALL FURNITURE
ALL APPLIANCES AT BLOW OUT PRICES
• Fridges • Stoves • Washers • Dryers
WE FINANCE O.A.C. ON APPROVED CREDIT

RUSHNELL
FUNERAL HOME & CREMATION CENTRE
60 Division Street
Trenton
613-392-2111

NEW & USED REFRIGERATORS

Stoves, washers, dryers, freezers, dishwashers, 3 months old & up. Sold with written guarantees. Fridges $100 and up

NEW APPLIANCES
at the lowest prices in the area. Trade-ins accepted on the new appliances. Big selection to choose from.

PAYS CASH
for good used appliances in working order, or not, but no junk please.
VISA & MASTERCARD accepted.
We have our own financing.
Shop at our competitors & then come and see for yourself, quality at low prices.
Open 7 days a week & evenings.
We deliver. We like Base people.

SMITTY'S APPLIANCES LTD.
613-969-0287

Accommodations

Bayside Motel

2 Minutes from Base.
Housekeeping, Facilities.
Daily, Weekly, Monthly.
Free Storage.
613-392-9281

Cleaning Services

Tammy's Cleaning Service

Years of 100% successfully passed Marchout Inspections. & 20 years of housecleaning in the Quinte Area. (limited spaces available)
"I likely clean for someone you already know."
Call Tammy
@ 613-392-0759

Will clean your house top to bottom, even windows. Quality Service, reasonable rates, bondable, 18 years experience.
Cheryl
613-392-6473

Child Care

Day Care

One full time space available, aged 2 yrs and up. Fun and Educational activities. Nutritious meals and snacks. Standard First-aid, CPR. In Trenton.
Call Amanda at
613-394-3220

Wanted

Wanted to Buy
Fridges, stoves, washers, dryers in working order and clean.
Will pay good price.
No dealers.
Please call
1-613-969-0287
or 613-968-4183

For Rent

Great value!
1&2 bdrm apts
ADULT OR FAMILY BUILDINGS
clean & quiet utilities & cable included
CLOSE TO BASE
KLEMENCIC PROPERTIES
613-392-7839

Frankford

4 bedroom house. Walking distance to Frankford Public School & IGA. 20 min to Trenton & Belleville
$600/mo. plus util.
Avail 1 November
Call 613-398-6769

---

1 bdrm + Den in Trenton
Renovated Victorian Mansion, Quiet Building, non-smoking, no pets, heat included, hydro + water extra, First & last, References,
$625/month
613-968-6872 or 416-802-6186

Community Events

Halloween Ball! Cash! Cash! Cash!

Singles Halloween ball! Win cash/ Best costumes! Private Tarot Readings ($35 each) by Freya this dance only!

Sat. Oct 21st Belleville Legion 9pm

613-392-9850
www.romeoandjuliet.ca

Quinte Legion

Track Club Fitness Walking and Race Walking Clinics

Sunday, October 22nd.
11am to 2 pm
Centennial High School
Belleville

613-969-7261

For Sale

Mixed Wood Dried
Split For Sale.
$135 cord.
Delivery Extra
613-398-6769

Chocolate CKC Registered Labrador Retriever Pups
Home raised.
Vet checked.
First shots.
Tattoos.
2 Year Health Warranty.
Ready Now.
613-392-7374

2004 Taurus 7 Pass Station Wagon
Still Under Ford Bumper to Bumper Warranty.
50,000Km. Fully Loaded.
$15,000 Firm
613-392-0885

Belleville Volkswagen
Fresh Local Trades!

2004 Golf Diesels
Silver, Auto, 5 speed, 2 to choose from, each with VW Certified Warranty
$19,900

2001 Beetle GLS TDI
silver, auto, am/fm, Cass, Air, 63 Km
$15,900

For Additional Details
Call Paul at
613-966-3333
239 North Front
Belleville
www.bellevillevw.com

---

1 Mates Bed
with mattress.
$250
Call 613-965-6864

Crossword Answers

D	E	B	T	■	T	O	R	■	W	I	D	E
O	M	A	N	■	O	D	A	■	A	R	E	A
D	I	R	T	■	G	E	N	E	R	A	L	S
O	R	R	■	B	A	R	G	E	■	K	I	T
■	■	E	M	U	S	■	E	R	A	■	■	■
P	E	T	E	S	■	B	R	O	N	C	O	S
R	E	T	S	■	F	E	S	■	G	O	A	L
O	C	E	A	N	I	C	■	M	E	S	S	Y
■	■	■	S	O	N	■	B	A	L	M	■	■
M	L	A	■	S	C	A	R	P	■	E	V	A
M	A	S	S	E	U	S	E	■	I	T	E	M
E	C	H	O	■	P	A	D	■	C	I	T	E
S	E	E	S	■	S	P	A	■	I	C	O	N

Look who turned GOLD

Do you want to become successful?

Victoria said "Yes" and was supported through the Century 21 Lanthorn Support Program to become a Masters Silver Award Winner.

Come learn how you too can become successful

CAREER SEMINAR

Wednesday, Oct 25, 2006 • 7pm

Century 21 Lanthorn Office, Trenton
(441 Front St.)

Call Tiffany to Register!

613-392-2511

careers@c21lanthorn.com

Century 21

Lanthorn Real Estate Ltd., Brokerage
Each office is independently owned & operated

Approved For DND Relocation!

Have You Been Posted In Or Out Of The Quinte Area?

Call Our Trenton Coldwell Banker Branch, They Are Ready To Serve

Jamie Troke
Broker of Record/Owner

Sue Barlow
Broker

Wes Cawker
Sales Representative

Mike Miron
Broker

Sylvia Smith
Sales Representative

Toni Troke
Sales Representative

Wilma Wodzak
Sales Representative

Helping You Find Your Way Home...

CELEBRATING 100 YEARS

(613) 394-9901
82-84 Dundas St. W
Trenton, ON K8V 3P3
www.ekortrealty.ca
ekorttrenton@kos.net

COLDWELL BANKER

EKORT REALTY
BROKERAGE

"We Keep Our Promises, Or You Don't Keep Us"

Offices also in Belleville, Tweed, Madoc & Marmora

Each Office Is Independently Owned And Operated.

Century 21

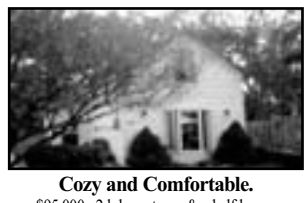
441 Front St.
Trenton, ON K8V 6C1
613 392-2511 / 613 475-5677
1-888-792-5499

Lanthorn Real Estate Ltd. Brokerage

make it count

Sun., Oct. 22, 2-4 p.m.,
14 Whitley Lane, Trenton.
Quick possession is available. Cute 2+1 bdrm. bungalow. Gas furnace & FP, lrg. back yd. Enclosed deck plus sun porch.
Call Lionel Botly**.
MLS#2065731.

Immaculate 3 bdrm.
Beautiful hardwood in LR, DR & foyer. Detached single car garage with workshop.
Call Al Duffin*.
MLS# 2067686.



Cozy and Comfortable.
$95,000. 2 bdrm. storey & a half home. Good area. Freshly painted inside. Appliances incl. Large lot fence.
Call for that appt. now!
Call Helen*.
MLS# 2066046.

A truly lovely home.
$179,900. 3+ bdrms. Hdwd. flrs. Dining Room. Newly renovated kit. Bkyrd. oasis. 1 ½ bths. This home shines.
Call Norma* for a list of updates & features.
MLS # 2066923.

Independently owned & operated
***Sales Representatives ** Brokers**
website: c21lanthorn.com **e-mail: trenton@c21lanthorn.com**

"I love 1st time home buyers"

Debra O'Brien-Darling,
Sales Rep.
RE/MAX
RE/MAX Trent Valley,
Brokerage Ltd.

422 Montrose Road
Open House 2-4 pm Sat. Oct. 7, 2006
New Price $234,900
It's a gorgeous home with gleaming hardwood floors in the living room, family room and dining room. This home has a beautiful eat-in kitchen with ceramic flrs and update cupboards. A patio door leads to a 2 tiered deck and a nice back yard with mature trees. **MLS#2066315**

Executive Lot
21 acres
New Price
$137,900

This property is a nature lovers dream with it's trails through the trees, and pond. Located on Hwy 2 just west of Brighton. Pls call for more info.

cell 613-922-1768
office 613-392-6594
www.yoa.ca/debraobriendarling
www.quinteandareahomes.com
dhomesale@aol.com

Children's Wish Foundation RE/MAX

Advertise in the **Contact**

Call Sheila
613-392-2811 Ext 7008

We're big on results.

RE/MAX

Remax Trent Valley Realty LTD Broker

Trenton
447 Dundas St. W
613-392-6594

Brighton
41 Main St.
613-475-6594

Toll Free:
1-800-567-0776

Check us out at... www.remaxtrent.com

• VISIT OUR WEBSITE: www.bellevilledodge.ca • VISIT OUR WEBSITE: www.bellevilledodge.ca • VISIT OUR WEBSITE: www.bellevilledodge.ca •

FREIGHT IN. TAX IN.* ARE YOU IN?

'06 DODGE CARAVAN

Drive away lease
$339† per month for 48 months with
$0 DOWN PAYMENT.
†0 security deposit. Freight and taxes included.

Lease APR
2.7%

OTHER 48 MONTH TAX & FREIGHT IN LEASES OFFERED	
Monthly	Down payment
$299†	$1,824
$249†	$4,104
$215†	$5,694

★★★★★
NHTSA 5 Star‡ front impact

ENERGUIDE
Fuel consumption rating:
City: 12.2L/100 km (23 mpg)Δ
Hwy: 8.2L/100 km (34 mpg)Δ

- 3.3L 180 hp V6 engine
- Advanced multistage front air bags
- Air conditioning
- Child-seat anchor system
- Power mirrors, windows & locks
- Cloth-faced seating surfaces
- Roof rack • Sunscreen glass
- AM/FM stereo with CD player & 4 speakers

Dodge Caravan
Canada's Best Selling Minivan

'06 DODGE GRAND CARAVAN

Drive away lease
$75† more per month gets you these additional features:

Lease APR
1.6%

★★★★★
NHTSA 5 Star‡ front and side impact

ENERGUIDE
Fuel consumption rating:
City: 13.4L/100 km (21 mpg)Δ
Hwy: 8.7L/100 km (32 mpg)Δ

STOW 'N GO™ The only minivan with available two rows of seats that fold flat into the floor
• Quad seats • Anti-lock braking system • Remote Keyless Entry
• 6 inch extended wheelbase with 23.3 cu. ft. additional cargo capacity

ARRIVING DAILY 2007'S

THE FASTEST SALE EVER 2006 CLEAROUT

Or get **0%**• purchase financing for up to 36 months + $500 DONUS CASH**

Visit your Chrysler • Jeep® • Dodge retailer or daimlerchrysler.ca today.

Wise customers read the fine print: ♦, **, ‡, These limited time offers apply to retail deliveries for personal use only on selected new in-stock 2006 models. All offers exclude license, insurance, registration. Offers subject to change without notice. Retailer trade may be necessary. Financing and leasing are subject to approval by Chrysler Financial. See retailer for specific pricing details and conditions. **¥ Freight in, Tax in applies only to advertised lease offers.** ♦ 0% APR purchase financing up to 36 months available on all 2006 Dodge Caravan and Grand Caravan models (excluding Caravan 28T). Freight ($1200) licence, insurance, registration, $50 PPSA, any retailer administration fees and applicable taxes are excluded. Down payment may be required. Example: $27,000 financed at 0% for 36 months, monthly payment is $750, cost of borrowing is $0 and the total obligation is $27,000. ** $500 Chrysler Financial Bonus Cash available on all new in-stock 2006 Dodge Caravan and Grand Caravan models (excluding Caravan 28T) purchased on approved credit through Chrysler Financial. $500 Chrysler Financial Bonus Cash will be deducted from the negotiated purchase price after taxes.

FINANCING PROVIDED BY Chrysler Financial

† Leases based on 48 month terms for 2006 Dodge Caravan (28C): total lease obligation is $16,272 with $0 down, $16,176 with $1,824 down, $16,056 with $4,104 down, and $16,014 with $5,694 down @ 2.7% lease APR; Grand Caravan (28S+GXW+CYC+MWG): total lease obligation is $19,872 @ 1.6% lease APR with $0 down. First month's payment due at lease inception. Kilometres limited to 81,600 for 48 month terms; charge of $0.15/km for excess kilometres. Δ Based on 2006 Fuel Consumption Guide ratings published by Natural Resources Canada. Your actual fuel consumption may vary. ‡ Based on U.S. National Highway Traffic Safety Administration (NHTSA) scoring system for 2006 model year Dodge Caravan and Grand Caravan. ® Jeep, and Stow 'n Go are registered trademarks of DaimlerChrysler Corporation.

Chrysler Jeep Five Star

SHOWROOM HOURS: MON-THURS 9-7
FRI & SAT 9-6
613-966-9936 OR 1-888-757-9994

BELLEVILLE DODGE

• PRODUCT • PRICE
• VALUE • SELECTION

Visit our website: www.belvilledodge.ca HOME OF THE "REAL DEAL" Visit our website: www.belvilledodge.ca