

"Delivering news and information. At home and around the world." • "Des nouvelles d'ici et de partout ailleurs."



www.cfbtrenton.com

**Merry
Christmas**
and a
**Happy
New Year**

from
the team at
Bayview Auto



• December 22, 2006 • Serving 8 Wing/CFB Trenton • 8^e escadre/BFC Trenton • Volume 41 Issue Number 49 •

A Christmas message

As 2006 draws to a close, I take a moment to reflect on the accomplishments that the airmen, airwomen and civilian personnel have achieved here over the past year. Our defence team has been busy, dedicated and ever professional in the wide variety of tasks asked of this base to achieve.



Colonel Tom Lawson

Air Mobility Forces have been active, proudly supporting the army in Afghanistan, flying CC-130 Hercules, CC-114 Challengers and CC-150 Polaris aircraft around the world while our Search and Rescue forces have been keeping Canadians safe on the home front. Our Movements personnel have prepared millions of tonnes of cargo for overseas transport, with this cargo being essential to the war effort.

To keep our aircrews flying, the support branches of this base know no equals.

Every day of the year our logistics, engineering and administrative personnel, along with our comptrollers, stay on top of the needs of our operators to ensure the success of our flying missions, enabling Trenton to remain the hub of Canadian Forces operations.

And yet another aspect of the personnel of 8 Wing/CFB Trenton that truly impresses me, especially at this time of year, is the spirit of giving I have found to exist here. As we have seen with the great success

of the Adopt-a-Family program and the recent generous donations received during the Government of Canada Workplace Charitable Campaign, kind and thoughtful people work across this base, leaving me proud to be a member of the community that stands tall within the greater community of Quinte West.

With the holiday season upon us, take the time to rest, spend time with loved ones and come back in 2007 refreshed and ready to undertake another year of hard work, vital to the defence of our nation. My wife Kelly, our three sons, Ben, Jack and Neil, and I wish you and yours a very Merry Christmas and all the best in the New Year.

Sincerely,
Colonel Tom Lawson
Commander, 8 Wing/CFB Trenton

Holiday wishes from the CDS

As the 2006 Holiday Season is upon us, I send my very best wishes to all our men and women in uniform, our civilian employees, and their families.

This past year has been an incredible one for the Canadian Forces. We have continued shaping and transforming the CF while being actively involved in the stabilization of Afghanistan, continuing to sustain commitments worldwide, and meeting our responsibilities here at home.

Our achievements are the result of incredible teamwork, proving once again that our greatest strength is our people.

Our collective dedication, professionalism, skills, and resolve have been consistently demonstrated throughout the

year and have served us well. I am proud of our accomplishments, very proud of all of you, and feel honoured to represent you.

Canadians from coast to coast to coast are also taking notice. I cannot recall a time when awareness of our contributions and people has been so high. Canadians have shown a keen interest and have demonstrated support and appreciation for what we do daily on their behalf.

This year, I have done something a little different for my official holiday message. With the help of Rick Mercer from the CBC, this message was shot on location at the Canadian War Museum in Ottawa. The video, which will be made available to you through your chain of com-



General Rick Hillier

mand, will summarize some of our great achievements and will introduce you to a few of your fellow men and women in uniform who have distinguished themselves in their actions in 2006.

May you have a safe, happy and prosperous 2007.

General Rick Hillier
Chief of the Defence Staff

WARMEST WISHES FROM THE CUTEST CAROLERS



Photo: Amber Gooding

Anne-Marrie and her brother Michael sang Rudolph the Red-Nosed Reindeer at the 7th Annual Holiday Concert and Family Dinner held at the 8 Wing Chapel on December 12, 2006.

Seasons greetings from the MND

My wife joins me in sending you and your loved ones our warmest Christmas greetings and best wishes for a happy New Year.

My first year as Minister of National Defence has been very rewarding. And I owe my thanks especially to the men and women of our Canadian Forces, and those who support them in the Department of National Defence (DND) who have made this possible.

Throughout the year, you have more than lived up to the Canadian tradition of helping those in need, both here and abroad. In Afghanistan, the gift you offer is precious: the promise of a better future.

Your efforts support improvements in Afghanistan's governing institutions, economy and national security forces.

Thanks to you, millions of Afghans, girls and women included, are now in school. Millions have access to medical care and clean water. And millions of refugees have returned



Gordon O'Connor

to their homeland, knowing they are safer now, to rebuild their lives with their families.

Many of you have told me that your greatest reward is knowing that you're making a difference, making life easier for those who have suffered greatly.

Whether at home, in Afghanistan, or Lebanon this past summer, where you helped evacuate thousands of Canadians, you have always answered the call whenever and wherever help is needed.

The stories of your personal generosity and how you've gone beyond the call of duty to help those in need are an inspi-

ration, especially this time of year.

Your willingness to give has come at a great cost, and we're deeply appreciative of the sacrifices you've made this year.

We know some of you will be spending the holidays apart from your loved ones, who wait anxiously for your return. That is why you and your families are very much in our thoughts.

We also remember those we have lost, and offer our heartfelt condolences to their families and friends as the year draws to a close.

In 2007 and long into the future, the CF and the DND will continue to successfully undertake challenges that contribute to supporting freedom, democracy, and human rights.

I want you to know that you can count on your government to ensure you have the support you need. Merry Christmas and Happy New Year.

Honourable Gordon O'Connor
Minister of National Defence

CHRISTMAS SELL DOWN!

2005 Hyundai Accent GS

4 cyl, auto, air, PW, PL, PM, low km's, fact. warranty.
\$9,950

4 IN STOCK!

1999 VW Beetle GLS

4 cyl, 5 spd, PS, PB, air, heated seats, AM/FM/CD, alum. wheels, 90K
\$8,900

GREAT FUEL MILEAGE!

STILLMAN AUTO SALES
CARS - SUV'S - TRUCKS - VANS
TRENTON, ONTARIO

246 Dundas St. Trenton • 613-394-6111

1997 Chrysler Concorde

V6, auto, OD, PW, PL, air, tilt, cruise, AM/FM/Cass., alum. wheels, only 87K
\$4,900

FRESH IN!

2003 Ford Windstar LX

V6, auto, OD, PW, PL, air, tilt, cruise, AM/FM/Cass., deep tint, only 87K.
\$10,500

PRICED TO SELL

WE ARE THE HOME OF THE REAL DEAL!!



CHRISTMAS ELF DOES SANTA'S BIDDING?



On Friday Dec. 15, the Wing Logistics and Engineering Branch Chief Warrant Officer, CWO Charlie Fleming, is pictured here visiting WTISS and spreading some holiday cheer to the troops, with Pte Proulx receiving some holiday treats from the jolly CWO. The holiday season is a time where the WLEO, LCol Fortier, and CWO Fleming have been travelling to the WLEO units to wish all unit members their "Season's Greetings."

WING LOGISTICS & ENGINEERING PICTURE OF THE WEEK



Aircraft Support Flight located at 10 Hangar is a 24/7 operating warehouse. Its primary mission is managing aircraft spares for the CC-130 fleet. Warehousing activities are high, primarily due to the fact that 8 Wing is the hub for overseas re-supply. Pictured are Mr Andrew Eyles and Cpl Elson, who are busy verifying stock and ensuring every aircraft part is labelled in anticipation of the Portable Data Entry Terminal (PDET) Roll out Project (implementation tentatively scheduled for spring 07). For us, the PDET project means that we will be able to walk through our warehouse with a hand-held terminal, similar to the ones you would see at major department stores, allowing us to conduct business in issuing to customers as well as receipting materiel without being confined to a desktop computer. This new process should allow day-to-day transactions to be processed in a more efficient way.



**NorthChina
BUFFET**

OPEN 7 DAYS/WK
Largest Seating for 300
No MSG Added • Licenced
Seniors (over 65) Always 10% off



300 Bell Boulevard
(West of Sydney St.) Belleville
(613) 771-9988

BUFFET HOURS Lunch: 11:30 - 3:30 pm Dinner : 4pm- 9:30 pm

Lunch Prices	ADULT	Kids (6-12)
Mon-Fri	\$6.99	\$4.50
Sat-Sun	\$7.99	\$5.50
		Toddlers \$1.99
Dinner Prices		
Mon-Thurs	\$10.99	\$5.50
Fri-Sun & Holidays	\$11.99	\$6.50



ALL YOU CAN EAT BUFFET



PARK



HOUSEKEEPING ACCOMMODATION AVAILABLE
TWO-BEDROOM HOMES COMPLETELY EQUIPPED
INCLUDING WASHER & DRYER
RESTAURANTS WITHIN WALKING DISTANCE
Adjacent to Trenton Shopping Centre
Bobbie & Jasmine Sandu
276 Dundas St. E. Trenton, Ontario
(613) 392-1251



**BRUNO'S
BARBER SHOP**

30 years serving the Quinte area.

**Celebrating our
30th Anniversary!**

*Theresa, Beatrice & Sheri
look forward to seeing you!*

**Specializing in tapered cuts
with neck shaves.
NO APPOINTMENT NECESSARY.**

Hours Mon- Fri 9- 5 Sat. 8-3
TRENTON TOWN CENTRE 613-392-0165

**AUTOTREND
COLLISION**

www.autotrendcollision.com

Serving Quinte over 16 Years

- Approved by Major Insurance Companies
- Lifetime Warranty on Collision Repairs
- State-of-the-Art Repair Centre
- Free Estimates (all makes and models)
- Pick-up & Delivery
- Car Rentals Available
- Certified & Experienced Technicians

**The most modern facility in Quinte West.
Your best choice for autobody paint & repairs.**

Located at 134 Hwy. 33 just south of the 401
613-392-2868 or 613-394-1042

GENEROSITY SHINES THROUGH



Photo: Amber Gooding

The Angela Hayden/8 Wing Adopt-A-Family program, along with volunteers from St. Paul's Catholic Secondary School in Trenton, supported 19 local families, which were adopted out of different sections on base, including 37 children, for this holiday season. The committee managed to gather an abundance of toys, clothes and food, all of which were generously donated by 8 Wing/CFB Trenton community members and were delivered to the families on December 15, 2006. Committee members would like to send out a heart-felt thank you to all those who donated their time and money to help make this year's program a complete success, and whose efforts have also helped to brighten the spirits of these families this Christmas season.

Search & Rescue UPDATE



It was another quiet week for 424 Squadron. We had only one mission last week. JRCC tasked the Griffon to go investigate a red flare sighting near Oakville, ON. After searching for over an hour with nothing found the search was called off. The Griffon returned to Trenton.

Everyone at 424 Squadron wishes all a safe and joyous Christmas and a Happy New Year!

Missions for 2006: 227 Missions for Dec.: 9 Persons rescued: 39

SPELMER.COM
TRENTON'S ONLY CHRYSLER JEEP DODGE DEALERSHIP

2006 DODGE RAM 1500 4x4 QUAD CAB SPORT

5.7 litre Hemi with fuel saving MDS, 5 speed automatic, air, tilt, cruise, power windows, locks and mirrors, power 40/20/40 seat, 20" chromed wheels, anti spin axle, anti lock brakes, trailer package, box liner, U-Connect blue tooth hands free, sliding rear window.

MSRP was \$44,895

NOW JUST
\$32,913!!!!!!!

HWY 33 JUST SOUTH OF THE 401 TRENTON

(613) 394-3945



UNIROYAL
DRIVING DEPENDABILITY HOME.

TIGER PAW[®]
ICE & SNOW™

15% OFF
Military
Personnel
with military ID

now until Dec 22nd 2006

TIRECRAFT
LOCALLY OWNED AND OPERATED BY
AL'S TIRE & AUTOMOTIVE SERVICE
8 WILLIAM ST. (OFF DIVISION) TRENTON
613-392-7083

- Affordable safety and performance in extreme cold conditions.
- Ultimate traction on ice and snow



Meets the Rubber Association of Canada snow traction performance requirements.

Easy Money

"Achievement is largely the product of steadily raising one's levels of aspiration ... and expectation."

~ Jack Nicklaus



Start your *Easy Plan*
with as little as

\$50 per pay.

~ Ask us!

Your Trusted Solution Advisor

QuintEssential
CREDIT UNION

BELLEVILLE
293 Sidney Street.
613-966-4111

TRENTON
251 RCAF Road
613-394-3361

www.qcu.ca



The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel T.J. Lawson, CD, Wing Commander, 8 Wing / CFB Trenton.

The Contact Staff

Editor-in-Chief: Capt Nicole Meszaros
Managing Editor: Andrea LeBlanc
Reporter/Photographer: Amber Gooding
Advertising Production Assistant: Amanda Sagriff
Advertising Sales: Sheila Lund
Bookkeeper: Marilyn Miron
Circulation: Keith Cleaton
Assistant Translator/Proofreader: vacant
PSP Manager: John Snyder
Subscriptions: First Class postage charge \$65.00 per year for inside Canada, \$130.00 for international.



Guidelines for submissions: ARTICLES AND PHOTOS

The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a disc and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.

• **ARTICLES MUST BE RECEIVED BY TUESDAY AT NOON PRIOR TO PRINT DATE AT THE CONTACT OFFICE.**

Letters to the Editor:

Internet: LEBLANC.AL@forces.gc.ca

Intranet: LeBlancAL@CFBTrenton@Trenton

All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.



A Military Community Newspaper



The Contact newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



The Contact
Wing Headquarters Building Annex
8 Wing / CFB Trenton
PO Box 1000, Station Forces
ASTRA, ON K0K 3W0
Editorial: 613-392-2811 Ext. 7005 Fax: 613-965-7490
Advertising: 613-392-2811 Ext. 2748/7008

Have an opinion or story to tell?

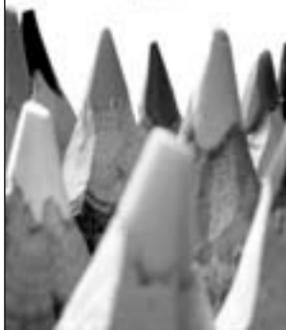
Want to be published?

Write a letter to the Editor

Email: LeBlanc.AL@forces.gc.ca
 Fax: 613-965-7490
 Mail: The Contact Newspaper
 Wing Headquarters Building Annex
 8Wing / CFB Trenton
 PO Box 1000, Station Forces
 Astra, ON K0K3W0

All letters must be signed and the names will be published unless otherwise requested. We reserve the right to edit while preserving the main objective of the writer.

We cannot guarantee that any particular letter will be printed. Mail, fax, email or drop it off in person.



WANTED!

Volunteers of all ages, with and without construction experience, from all across Canada to work with families in need to help build their first safe, decent, affordable home.



Must be willing to get sore, tired muscles plus have a lot of fun!

Celebrate the International Year of the Volunteer by coming out to a Habitat for Humanity build.



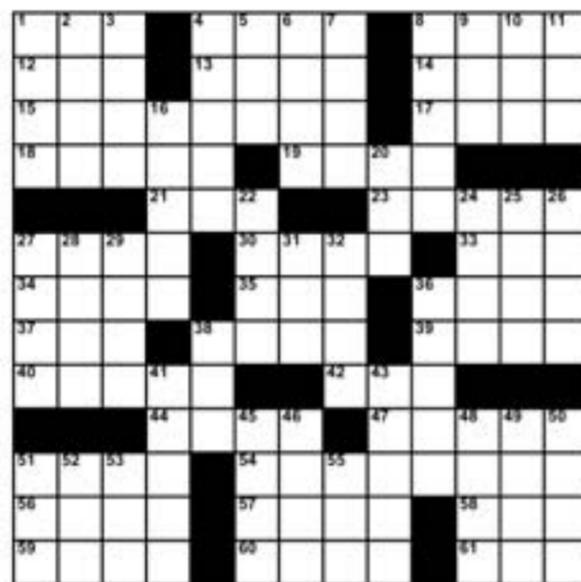
For more information on Habitat for Humanity and to contact your nearest affiliate, contact us at 1-800-467-5137
 Email: habitat@habitat.ca
www.habitat.ca

Canadiana Crossword

Plane English

By Bernice Rosella and James Kilner

- ACROSS**
 1 Auto accessory
 4 Collection of bits
 8 Fighting force
 12 Edmonton airport code
 13 Roman love poet
 14 Boy friend
 15 In love
 17 Hades
 18 A way to play
 19 Starch
 21 British mil. medal
 23 Greek nymph
 27 Heavy metal
 30 Nothing, to Nestor
 33 Regina airport code
 34 Not exactly challenging
 35 Saskatoon airport code
 36 Hawaiian holiday destination
 37 Emulate Michael J. Fox
 38 Kine
 39 Acronym demanding immediate action
 40 A way to bake
 42 St John's airport code
 44 Cyber mart
 47 Ions
 51 Yesteryear
 54 Instinctive
 56 ___ pro quo
 57 Moonfish
 58 Weir concern
 59 Server
 60 Cried
 61 Swerve (nautical)



- 5 Vancouver airport code
 6 Neckpieces
 7 Icelandic poem
 8 Detest
 9 Ruff's mate
 10 ___ de mer
 11 Montreal airport code
 16 Murky
 20 Indian city
 22 Chalcedony
 24 Nestling hawks
 25 Greenish blue
 26 Dweeb
 27 Pastures
 28 Per
 29 Italian wine region
 31 Dismiss
 32 Say it isn't so
 36 Photo finish
 38 Sphere
 41 Thin
 43 Floating status symbol
 45 Swear
 46 Yelp
 48 Paris airport
 49 Mother of Hermes
 50 Slip
 51 Thunder Bay airport code
 52 Yours and mine
 53 Coastal feature
 55 Drain



This Week in Contact

1976 – An Ottawa resident, 45-year-old Lieutenant-Colonel J.J. Sare, an air navigator, became the first Canadian to join the staff of the NATO School, Supreme Headquarters, Allied Powers in Europe (SHAPE) at Oberammergau, Germany. The new appointment was scheduled upon his completion at the NATO Defence College in Rome, when he became the international political and military affairs officer.

1986 – The Minister of National Defence, the Honourable Perrin Beatty, announced the creation of a new National Defence Speakers' Bureau. The objective is to reach a broader cross-section of the Canadian people with an initiative to respond to the increasing public demand for an active information policy on defence issues, based on the belief from government officials, that there is in fact an obligation to provide the public with more factual information about defence activities.

1996 – More than three years after HMCS Preserver and her embarked air detachment returned from Somalia, the federal government announced the approval for a medal honouring those deployed from Her Majesty the Queen. The government was pleased to proceed with the Somalia medal for Canadian Forces members who participated in the humanitarian mission in Somalia.

Created by Lt J. H. MacDonald,
 Compiled by Amber Gooding.



Holiday greetings from the CAS

As we approach the Christmas season and our thoughts turn to family and friends, I extend the warmest of holiday greetings to all members of the Air Force family – those of you in uniform, civilian members of our Air Force team, your families who support you, and our many friends across the country.

Canadians have been reminded, throughout this past year, of the dedication and sacrifice of the men and women in uniform. Every day, you carry out your duties on behalf of Canada and Canadians, sometimes in dangerous situations.

My thoughts are with all of you who have been injured in the line of duty, and those of who have lost a friend or family member

My family and I are also thinking of those who are away from loved ones this holiday season – whether on duty in Canada or in far-off countries.

Our thoughts are also with your families at home, as they bravely carry on during this special season.

I know it's especially difficult this time of year, but I also know that your work is essential to the success of our mission and protection of Canadians.

This is also a time to reflect on what we've accomplished this past year and what will come in 2007, and years to follow. Yet again, the past year has demanded total dedication from our units at home and abroad.

Let me assure you that your outstanding work has resulted in the Air Force being recognized as an invaluable partner in a more integrated Canadian Forces.

Your ongoing contributions are making a real difference in the CF's ability to conduct operations. This is a great time to be a member of the Air Force.

Looking ahead, we will soon see new transport aircrafts, the C-17 and C130J and new helicopters, the Cyclone and Chinook, arriving on our



Lieutenant-General Steve Lucas

bases.

I'm also looking forward to further announcements in the coming year on new and modernized Fixed Wing SAR and utility aircraft, and Unmanned Aerial Vehicles which will ensure the Air Force is more than ever in a position to respond to the security needs of Canada.

But even with all this exciting new equipment and capabilities, you're still our most valuable resource.

We continue to be blessed by the high quality of people who choose to serve our country as members of the Air Force Team. I simply cannot overstate how important you are.

I thank each and every one of you for your enthusiasm, professionalism and hard work. I thank your families and loved ones who contribute every day by supporting the work you do.

Over this holiday season I hope you find time to relax and connect with your loved ones. My family and I wish you and yours the very best holiday season, and health and happiness in the New Year.

Lieutenant-General Steve Lucas
Chief of the Air Staff

Message du chef d'état-major de la Défense à l'occasion des Fêtes

À l'approche de la période des Fêtes 2006, j'aimerais transmettre mes meilleurs vœux à vous, hommes et femmes en uniforme, aux employés civils ainsi qu'à leurs familles.

L'année écoulée a été formidable pour les Forces canadiennes.

Nous avons continué à façonner et à transformer les FC tout en participant activement à la stabilisation de l'Afghanistan, ainsi qu'en respectant nos engagements à l'étranger et au pays.

Nos réalisations sont le résultat direct d'un travail d'équipe incroyable, ce qui prouve une fois de plus que notre plus grande force est en fait notre personnel. Notre dévouement et notre pro-

fessionnalisme ainsi que nos aptitudes et notre volonté d'agir ont été démontrés à maintes reprises durant l'année et nous ont très bien servi. Je suis fier des nos réalisations, très fier de vous et je suis honoré de vous représenter.

Les Canadiens provenant de tous les coins du pays sont aussi conscients de nos réalisations. Je ne me souviens pas d'une époque où les gens ont été aussi réceptifs à nous et nos contributions.

Les Canadiens nous ont démontré un grand intérêt et nous ont offert leur appui et leur reconnaissance pour ce que nous accomplissons chaque jour en leur nom.

Cette année, je me suis un peu aventuré pour

vous offrir un message de la période des Fêtes quelque peu différent.

Le message a été produit en étroite collaboration avec M. Rick Mercer, de la CBC, au Musée canadien de la guerre à Ottawa.

La vidéo produite donne un sommaire de nos réalisations les plus importantes et présente quelques-uns de vos collègues en uniforme qui se sont distingués de par leurs actions en 2006. Celle-ci sera disponible par l'entremise de votre chaîne de commandement.

Je vous souhaite une année 2007 sécuritaire, heureuse et prospère.

Général Rick Hillier
Chef d'état-major de la Défense

Message du temps des Fêtes du chef d'état-major de la Force aérienne

À l'approche du temps des Fêtes, tandis que nos pensées se tournent vers nos parents et amis, je souhaite un très joyeux temps des Fêtes à tous les membres de la grande famille de la Force aérienne – les militaires, les employés civils, les membres de leur famille qui les appuient et nos nombreux amis d'un bout à l'autre du pays.

Tout au long de la dernière année, les Canadiens se sont vus rappeler le dévouement et tous les sacrifices consentis par les hommes et les femmes qui portent l'uniforme. Chaque jour, vous êtes au service du Canada et des Canadiens, parfois dans des situations dangereuses. Mes pensées vont à tous les militaires qui ont été blessés dans l'exercice de leurs fonctions et à ceux d'entre vous qui ont perdu un parent ou un ami.

Ma famille et moi pensons souvent à ceux d'entre vous qui seront loin de leur famille pendant le temps des Fêtes, soit que vous soyez en service au Canada ou en mission dans un pays lointain. Nos pensées vont à vos familles, ici au Canada, qui poursuivent courageusement leur tâche à cette époque spéciale de l'année. Je sais que c'est particulièrement difficile pendant la période des Fêtes, mais je sais également que votre travail est essentiel au succès de notre mission et pour la protection des Canadiens.

Le moment est également venu de faire le bilan de ce que nous avons accompli au cours de la dernière année et de réfléchir à ce qui nous attend en 2007 et dans les années subséquentes. Encore une fois, l'année qui vient de s'écouler a demandé un dévouement total de la part de nos unités au Canada comme à l'étranger. Laissez-moi vous dire que votre travail exceptionnel a permis à la Force aérienne d'être reconnue plus que jamais comme un partenaire incontournable au sein des Forces canadi-

ennes mieux intégrées. Votre contribution constante fait une différence quant à l'aptitude des FC à mener des opérations.

Le moment est bien choisi pour être membre de la Force aérienne. Très bientôt, nous verrons les nouveaux appareils de transport, soit le C-17 et le C130J et les nouveaux hélicoptères Cyclone et Chinook, arriver sur nos bases aériennes. De plus, je suis optimiste que dans l'année qui vient, nous pourrions annoncer du nouveau concernant nos avions de recherche et de sauvetage à voilure fixe et nos avions polyvalents, ainsi que les nouveaux véhicules aériens sans pilote qui nous aideront à faire en sorte que la Force aérienne réponde plus que jamais aux besoins du Canada en matière de sécurité.

Mais même avec ces nouveaux équipements et ces nouvelles capacités, vous demeurez notre ressource la plus importante. Nous continuerons de pouvoir compter sur des gens de qualité qui choisissent de servir leur pays en se joignant à l'équipe de la Force aérienne. Je ne soulignerai jamais assez l'importance de votre rôle.

Je vous remercie très sincèrement pour votre enthousiasme, votre constant professionnalisme et votre travail acharné. Je remercie également les membres de votre famille, qui vous appuient jour après jour dans votre travail.

Pendant le temps des Fêtes, j'espère que vous trouverez le temps de vous reposer ainsi que de prendre contact avec les êtres qui vous sont chers.

Ma famille et moi vous souhaitons un joyeux temps des Fêtes, une bonne santé et beaucoup de bonheur pour le Nouvel An.

Lieutenant-général Steve Lucas
Chef d'état-major de la Force aérienne

Message des Fêtes du ministre de la Défense

Ma femme et moi vous souhaitons de même qu'à vos proches un très joyeux Noël et une bonne et heureuse année.

Ma première année en tant que ministre de la Défense nationale a été très enrichissante.

Je dois remercier tout spécialement les membres des Forces canadiennes, hommes et femmes, ainsi que ceux qui les soutiennent au ministère de la Défense nationale : ils ont rendu possible cette réussite.

Tout au long de l'année qui s'achève, vous avez plus que fait honneur à la tradition canadienne qui consiste à aider ceux qui sont dans le besoin, dans notre pays comme à l'étranger.

Le cadeau que vous offrez au peuple afghan est précieux : la promesse d'un avenir meilleur. Les efforts que vous déployez contribuent à l'amélioration des institutions gouvernementales, de l'économie et des forces de sécurité nationales de ce pays.

Grâce à vous, des millions d'Afghans, filles et femmes comprises, vont aujourd'hui à l'école. Des

millions d'entre eux ont accès à des soins médicaux et à de l'eau potable. Des millions de réfugiés sont retournés dans leur pays, où ils sont désormais en sécurité, pour y reconstruire leur vie avec leur famille.

Bon nombre d'entre vous m'avez dit que votre plus grande récompense c'est de savoir que votre présence sert à quelque chose : que vous facilitez la vie à des gens qui ont beaucoup souffert.

Que ce soit dans notre pays, en Afghanistan ou au Liban, où vous avez participé cet été à l'évacuation de milliers de Canadiens, vous avez toujours répondu à l'appel de la population canadienne n'importe où et n'importe quand.

Les nombreux exemples de votre générosité et de la façon dont vous êtes allés au-delà de ce qu'exige votre devoir pour aider les personnes dans le besoin sont une source d'inspiration, surtout en cette période de l'année.

Or, votre générosité a coûté cher, et nous apprécions beaucoup les sacrifices que vous avez consentis

cette année. Nous savons que certains d'entre vous passeront les fêtes de fin d'année loin de ceux qui vous sont chers.

Nous savons qu'ils attendent avec impatience votre retour. C'est pourquoi nous pensons spécialement à vous et à vos familles.

Nous pensons aussi à ceux que nous avons perdus. Nous offrons nos sincères condoléances à leur famille et à leurs amis alors que cette année touche à sa fin.

En 2007 et pendant de longues années à venir, les Forces canadiennes et le ministère de la Défense nationale continueront à relever avec succès les défis qui contribuent à soutenir la liberté, la démocratie et les droits de la personne, au Canada et de par le monde. Je tiens à vous dire que vous pouvez compter sur votre gouvernement qui vous fournira le soutien dont vous avez besoin. Joyeux Noël et Bonne Année!

L'honorable Gordon
O'Connor
Ministre de la Défense nationale

Fitness, Sports & Recreation

RecPlex ~ Hours of Operation ~ Holiday Schedule ~	
December 23, 2006	12:30 p.m. to 8:30 p.m.
December 24, 2006	12:30 p.m. to 3:30 p.m.
December 27 - 29, 2006	8:30 a.m. to 9:00 p.m.
December 30, 2006	12:30 p.m. to 8:30 p.m.
December 31, 2006	12:30 p.m. to 3:30 p.m.
January 2 - 5, 2007	8:30 a.m. to 9:00 p.m.
January 6, 2007	12:30 p.m. to 3:30 p.m.
January 7, 2007	12:00 p.m. to 4:30 p.m.

Rec Swim ~ Both Pools Open	
December 23, 2006	1:00 p.m. to 3:00 p.m. 5:30 p.m. to 8:00 p.m.
December 24, 2006	1:00 p.m. to 3:00 p.m.
December 27 - 29, 2006	1:00 p.m. to 3:00 p.m. 6:30 p.m. to 8:30 p.m.
December 30, 2006	1:00 p.m. to 3:00 p.m. 5:30 p.m. to 8:00 p.m.
December 31, 2006	1:00 p.m. to 3:00 p.m.
January 2 - 5, 2007	1:00 p.m. to 3:00 p.m. 6:30 p.m. to 8:30 p.m.
January 7, 2007	1:00 p.m. to 3:00 p.m.

Parent and Tot Swim (warm-up pool)	
December 23, 2006	3:00 p.m. to 4:00 p.m.
December 27 - 29, 2006	3:00 p.m. to 4:00 p.m. 5:30 p.m. to 6:30 p.m.
January 2 - 5, 2007	3:00 p.m. to 4:00 p.m. 5:30 p.m. to 6:30 p.m.
January 7, 2007	3:00 p.m. to 4:00 p.m.

Adult Lane Swim	
December 23, 2006	3:00 p.m. to 4:00 p.m.
December 27 - 29, 2006	3:00 p.m. to 4:00 p.m. 5:30 p.m. to 6:30 p.m.
January 2 - 5, 2007	3:00 p.m. to 4:00 p.m. 5:30 p.m. to 6:30 p.m.
January 7, 2007	3:00 p.m. to 4:00 p.m.

The RecPlex will be closed for the holidays on the following dates:
December 25, 2006
December 26, 2006
January 1, 2007

RCAF Flyers Arena
~ Holiday Schedule ~

Shinny Hockey	
The following times are in regards to Shinny Hockey, which will take place on December 28 and 29, 2006 and January 2 to January 5, 2007 throughout the holiday season. .	
Tyke/Novice	9:00 a.m. to 10:00 a.m.
Atom	10:00 a.m. to 11:00 a.m.
PeeWee	11:00 a.m. to 12:00 p.m.
Bantam	3:00 p.m. to 4 p.m.

Figure Skating ~ Open Ice Times	
December 28 - 29, 2006	4:00 p.m. to 5:00 p.m.
January 2 - 5, 2007	4:00 p.m. to 5:00 p.m.

Family Skating	
December 23 - 24, 2006	1:00 p.m. to 3:00 p.m.
December 28, 2006	1:00 p.m. to 3:00 p.m.
December 29 & 30, 2006	1:00 p.m. to 3:00 p.m. 6:00 p.m. to 7:00 p.m.
December 31, 2006	1:00 p.m. to 3:00 p.m. 6:00 p.m. to 9:00 p.m.
January 1 - 4, 2007	1:00 p.m. to 3:00 p.m.
January 5, 2007	1:00 p.m. to 3:00 p.m. 6:00 p.m. to 7:00 p.m.
January 6 - 7, 2007	1:00 p.m. to 3:00 p.m.

Military Noon Hour Shinny Hockey	
December 28 - 29, 2006	12:00 p.m. to 1:00 p.m.
January 2 - 5, 2007	12:00 p.m. to 1:00 p.m.

Military Lane Swim will be cancelled from December 27 until December 29, 2006.

Twaddlers on Ice begins January

Twaddlers on Ice runs for 10 weeks, each Tuesday, beginning on January 9 until March 20, 2007. Ice times are between 10 and 11:20 a.m.. Lesson times are broken down in the following categories: 10 to 10:20 a.m.; 10:30 to 10:50 a.m.; 11 to 11:20 a.m.
Cost: CRA members, \$55; military community, non-members \$60; general public, \$70.
There will not be a class on February 6, 2007.

2007 Power Skating for Kids

Power Skating for Kids is a 10-week course which will take place on Monday evenings from 5:00 p.m. to 5:50 p.m.
The program begins on January 8, 2007 and will run until March 19, 2007.
Participants must be at least 5-years-old, be able to skate forwards, backwards and be able to come to a stop.
Full hockey equipment is required, including sticks and mouth guards.
Cost is as follows: CRA members, \$55; military community, non-members, \$60; general public, \$70.
Please note, there will be no classes held on Monday, February 5, 2007.

Evening Aquafit classes

Evening Aquafit classes are returning at the RecPlex and will take place on Tuesdays and Thursdays, from January 9 to March 15, 2007 from 7:00 p.m. to 8:00 p.m.
Cost is as follows: CRA members, \$40; military community non-members, \$45; general public, \$55.
There is a drop-in fee option available, space permitting. Cost is as follows: \$4 for military community with ID; \$5 for the general public.

Red Cross swim registration

The winter (2007) Red Cross swim lesson registration is currently underway at the RecPlex.
Registration is open to all 8 Wing and Quinte West community members until January 2.

Learn the skills and drills

The 10-week program offers two different times.
Participants must be between the ages of 9 and 16-years-old and have complete command of balance on skates.
The first group will begin on Sunday mornings, starting January 7 and until March 18, 2007.
The second group will begin on Monday evenings, starting January 8 and running until March 19, 2007.
Please note, there will not be classes held on Sunday, February 4, 2007 or Monday, February 5, 2007.
Cost is as follows, and applies to both the Sunday and Monday program times: CRA Members, \$55; military community non-members, \$60; general public, \$ 70.

MUNNS' AUTO
Repair & Maintenance
613-392-3400 · 134 Hwy 33, South 401 · Trenton

OIL CHANGE SPECIAL **Castrol**
on most makes & models.
\$21⁹⁹ Includes up to 5 litres of Castrol Oil, Oil Filter, Brake Inspection, Filters & Fluids Inspection.

- Safety Inspections
- Front End Work
- Air Conditioning
- Fuel System Cleaning
- Brakes, Suspension, Shocks, Exhaust
- Peace of Mind Warranty

10% OFF all Labour for Military Personnel

LOCAL SERVICES AND TRADES
To Serve You

<p>Classified Advertising: 613-392-2811 ext 3976 Fax: 613-965-7490 Email: sagriff.alf@forces.gc.ca</p>	<p>Auto General Service Cannifton Garage 2000 Ltd. We have gas generators for home & rural use. ✓ Tune-ups - Springs ✓ Safety Inspections ✓ Suspension Service ✓ General Repairs Cars - Trucks - Vans - Buses Trailers & Heavy Trucks Parts & Service - Call Kevin 613-962-1132 at Hwy.37 & Casey Rd., Belleville</p>	<p>Building Material RONA CASHWAY "Buy Where The Builder Buys" House plans, engineered floors, kiln dried lumber, expert staff, etc. 234 Glen Miller Rd Trenton 613-394-3351</p>	<p>Footcare Brighton Footcare -Since 1993- Jennifer Hardy, B.Sc. Pod; D. CH. Registered Chiroprapist Custom orthotics and shoes. Expertise in diabetic foot and wound care. Huge selection of spring and summer footwear including customized Birkenstock and Naot sandals. Coverage available through most health care plans. (613) 475-4453 9 Park Street, Brighton</p>
<p>Garage Doors CENTRAL GARAGE DOORS Locally Owned & Operated Mark Goodmurphy Installing and Repairing Doors and Openers Since 1981 Authorized Dealer for HORMANN Doors and Openers Service and Repairs to All Makes and Models of Doors and Openers Military & Seniors Discounts Available Tel: 613-847-7488 Fax: 613-966-8911</p>	<p>Massage Silver Star Studio ★ Oriental European Massage Relaxation ★ 613-392-7119 Daily 10 a.m. - late 56 Elgin St. Unit 2 Downtown Trenton Second block west of bridge & one road north of Dundas</p>	<p>Roofing ROOFING "The Very Best by John West" ✓ Commercial ✓ Residential ✓ Agricultural ✓ Professional Installation ✓ Fully Insured JOHN WEST CONSTRUCTION 469 Cty. Rd. 64 RR#3 Brighton (613) 475-4828</p>	<p>Swap & Sell QUINTE WEST SWAP & SELL •Bikes •Stereos •Tools •TVs •Game Systems •Movies •CDs •Guitars •Car Audio •Paint Ball Guns & Supplies BUY-TRADE-LOAN 391 Dundas St. W. Trenton (across from the High School) 613-392-5822 Open Daily 10-6 Sun 10 - 3</p>

• Desktop Publishing • Posters • Laminating • Digital Copies
• Photograph Photocopying - Full Colour • Engineering & 36" Copies Format

Darling's COPY DEPOT

Call Today 613-392-7273
Fax service: 613-392-7058
www.copy-depot.com • 20 Dundas W., Trenton
• Fax Service • Enlargements • Scanning • Canon Laser Copies

Fitness, Sports & Recreation

Youth Aquatic Club begins early 2007

The Youth Aquatic Club is open to those ages 8 to 16-years-old. The program takes place on Mondays, Wednesdays and Fridays from 5 to 6:15 p.m., beginning Wednesday, January 3, 2007 and running through until Friday, March 9, 2007. This program will run in sessions in the fall, winter and spring. One night per week: CRA members, \$25; military community, non-members, \$40; general public, \$55. Two nights per week: CRA members, \$30; military community, non-members, \$45; general public, \$60. Three nights per week: CRA members, \$35; military community, non-members, \$50; general public, \$65. Club t-shirts are available for \$15. Cost applies to all CRA members, military community non-members and the general public.

Upcoming Paper Toile Course

You must be at least 18-years-old or older to participate. This course demonstrates the art of cutting, edging, shaping and sculpturing paper to achieve a 3D effect. Students may complete two pictures during the course, depending on their proficiency. The course will run from January 10 to March 7, on Wednesday evenings from 6 to 9 p.m. and on Monday, January 29, from 6 to 9 p.m. Cost: CRA members, \$75; military community, non-members, \$85; general public, \$95, plus materials, which are paid separately. For more information please contact Leona Burns at 613-475-2729.

Looking for ice monitors

Ice monitors are needed for family skating on Wednesdays from 4 to 5 p.m.; Fridays from 6 to 7 p.m.; Saturdays and Sundays from 1 to 3 p.m. Monitors must be at least 16-years-old. Those interested in becoming an ice monitor, please contact Holly Lalonde, at 613-392-2811 ext. 3348.

Learn to skate for youngsters

This program is for those between the ages of 4 and 7-years-old. The program will take place on Fridays beginning January 5 to March 16, 2007. There are two lesson times available, from 5 to 5:25 p.m. and from 5:25 to 5:50 p.m. Cost is as follows: CRA members, \$50; military community non-members, \$60; general public, \$70. Please note there will not be a class on Friday, February 9.

Bronze Medallion and Emergency First Aid

This Bronze Medallion crash course teaches an understanding of the lifesaving principles embodied in the four components of water rescue education, judgment, knowledge, skill and fitness. Bronze Medallion is the first step toward a National Lifeguard certification and is a prerequisite for the Bronze Cross Award. The course will take place on the following dates: Friday, January 5 and 12 from 5 p.m. to 9 p.m.; Saturday, January 6 and 13 from 9 a.m. to 3 p.m.; Sunday, January 7 and 14 from 9 a.m. to 1 p.m. The exam date is scheduled for Sunday, January 14 from 9 a.m. to 1 p.m. Cost: Military and CRA members, \$120; Military community, non-members, \$130; general public, \$150. Pre-requisite: Must be 13-years-old.

Bronze Cross and Standard First Aid

This Bronze Cross crash course is designed for lifesavers that want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross teaches the difference between lifesaving and lifeguarding, the principles of emergency procedures, and teamwork. The course will take place on the following dates: Friday, January 26 and Friday, February 2 from 5 to 9 p.m.; Saturday, January 27 and Saturday, February 3 from 9 a.m. to 4 p.m.; Sunday, January 28 and Sunday, February 4 from 9 a.m. to 4 p.m. The exam date is scheduled for Sunday, February 4 from 9 a.m. to 1 p.m. Must have completed the Bronze Medallion and Emergency First Aid Course. Cost: Military and CRA members, \$130; military community, non-members, \$140; general public, \$160. Manual fee's: \$35 for the Lifesaving Manual and \$15 for the First Aid Manual (if required). Pre-requisite: Must be 14-years-old.

Youth bowlers finish in the top three

On December 3, 2006, the Combo Team Zone round was held at Delaney Bowl in Ganonoque. Both the boys and girls teams from Astra Lanes finished in the top three. Taking first place in the girls division and advancing to the provincial finals which will take place on January 21, 2007 in Branford, Ontario, is Brittany Laporte, Alisha Williams, Marisa Roy and Coach Barb Roy. Taking third place in the boys division was Michael Williams, Christopher McDonald, Robert Roy and Coach Raymond Roy. Congratulations to all bowlers and good luck at the provincial round girls!

8 Wing Gymnasium Holiday Hours

Saturday, December 23: 0900 – 1600 hrs (regular hours)	Wednesday, December 28: 0600 – 2200 hrs
Sunday, December 24: 0900 – 1400 hrs (closed early)	Wednesday, December 29: 0600 – 2200 hrs
Monday, December 25: CLOSED	Saturday, December 30: 0900 – 1600 hrs (regular hours)
Tuesday, December 26: CLOSED	Sunday, December 31: 0900 – 1400 hrs (closed early)
Wednesday, December 27: 0600 – 2200 hrs	Monday, January 1: CLOSED - Happy New Year!

SILVER MEDAL WINNERS



Photo: Submitted

The Ontario Region Bowling Championship was held in Borden from November 26 to 29, 2006. The 8 Wing/CFB Trenton team finished second, earning a silver medal. The team was made up of Captain P.M. Stoddart, Sergeant J.E. Burns, Sergeant C.M. Hill, Master Corporal P.E. Gairdner, Master Corporal D.A. Elverson, and Leading Seaman L.S. Jesso. Team members did manage to pull off some great individual accomplishments with Mike Stoddart earning the High Average honours and High Triple for the event. Mike Stoddart and Dave Elverson were also selected for the Ontario Region All-Star team.

Learn to Skate, from 8 to 88

The Learn to Skate program is great for those ages 8 to 88-years-old. The 10-week program begins on January 7 and runs until March 18, with the exception of February 4, when there will not be a class held. Cost is as follows: CRA members, \$55; military community, non-members, \$60; general public, \$70.

Astra Lanes 5 Pin Bowling

Please contact the Bowling Alley, at extension 3305, for more information in regards to open bowling times.

Recruit your teams

The 8 Wing Winter Carnival date is set for Friday, February 2, 2007. Start planning!

2007 Military Lane Swim

There are new timings for the Military Lane Swim in the new year. The dates and times are as follows: Mondays, Wednesdays and Fridays from 1130 hrs to 1230 hrs and Tuesdays and Thursdays from 1200 hrs to 1300 hrs. This new schedule is effective on January 2.

Noon Hour Fitness Schedule

December 2006

Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
Stat Holiday	Stat Holiday	Spinning	No Class	Circuit

- Classes are held in the MPR from 12:00 to 12:50 p.m.
- Remember to bring your own water bottle and sweat towel!
- Noon hour fitness is open to all military and DND full-time employees!
- Any questions or concern please contact Lisa at local 3328.

Have a safe and happy Holiday Season,
from the Fitness Staff of 8 Wing/CFB Trenton.

MARCHING TO A TRADITIONAL CHRISTMAS DINNER



Photo by Cpl. David Cribb, 8 Wing Imaging

8 Wing Pipe Major Sergeant S. Alderman leads 8 Wing Commander (Acting) Amy Ostner, and 8 Wing Chief Warrant Officer (Acting) Matthew Gervais, along with the non-commissioned members (NCMs) of 8 Wing to the Yukon Galley, and the traditional Christmas Dinner on December 13, 2006. Originally called the Men's Christmas Dinner, it has long been a Canadian Forces tradition. The officers serve the NCMs a traditional Christmas meal, in thanks for all the hard work and perseverance of the enlisted members. Traditionally the youngest members fill the role of acting Wing Commander and acting Wing Chief.

Drugs are a real killer

Submitted by
Don Heans,
Wing General Safety
Officer

Drug use on the job is a highly hazardous practice. Drug impairment is the cause of many serious workplace accidents, motor vehicle accidents, falls, fires and even violent incidents. Making a decision to stay straight and sober at work is a decision to stay safe and to protect your fellow workers and the public.

Here is a quick review of common drugs and their harmful effects:

--Alcohol. It's legal but it's lethal. It impairs your judgment, mental abilities and physical co-ordination. Your inability to think straight and perform physical activities can put you and your co-workers in serious danger. We all know drinking and driving is a dangerous combination, but so is drinking and working.

--Marijuana. This drug also impairs your co-ordination and concentration, and affects your memory.

--Cocaine. This drug stimulates the brain and alters the mind. The user engages in risky behaviors and is subject to mood swings including violent behavior. Crack is a form of cocaine which is smoked.

--Barbiturates. These drugs are also known as downers. They slow the body functions and cause extreme drowsiness as well as lack of balance and co-ordination.

--Amphetamines. Also known as uppers, these drugs are powerful stimulants. They speed up the person's behavior, sometimes to the point of violent and bizarre behavior.

Use of these drugs endangers your safety at work, and the safety of everyone around you. If someone else is using drugs at work, he or she is putting your life on the line. If you are having trouble with drugs or alcohol, get help. There are many recovery programs available to help you learn how to live straight and sober. Check the Yellow Pages or ask the company's employee assistance officer.

A drug-free workplace is a safer workplace. Make a decision today to keep it that way.

Il y a des limites à ce qu'on peut donner.

À compter du 1^{er} janvier 2007, seuls les particuliers peuvent faire des contributions politiques fédérales.

- En tant que citoyen canadien ou résident permanent du Canada, vous pouvez verser des contributions maximales de 1 100 \$ par année à chaque parti enregistré.
- De plus, vous pouvez verser une contribution d'au plus 1 100 \$ par année à l'ensemble des associations enregistrées, des candidats à l'investiture et des candidats de chaque parti enregistré.
- Vous pouvez verser une contribution maximale de 1 100 \$ à l'ensemble des candidats à la direction de chaque parti enregistré.
- Vous pouvez aussi verser une contribution maximale de 1 100 \$ par élection à chaque candidat indépendant.
- Les contributions en espèces de plus de 20 \$ sont maintenant interdites.
- Les personnes morales, les syndicats, les associations et les groupes ne peuvent plus désormais verser de contributions politiques.

Pour obtenir plus de renseignements sur ces changements importants et de nombreux autres à la Loi électorale du Canada, rendez-vous au www.elections.ca et cliquez sur le lien *Loi fédérale sur la responsabilité*, ou composez le 1-800-463-6868.

ATS 1-800-361-8935 pour les personnes sourdes ou malentendantes



Weaver Family Funeral Homes

Weaver Family Funeral Homes are pleased to offer you the opportunity to pre-plan and take up to 10 years to pre-fund your arrangements. Advanced planning and funding your funeral is one of the kindest acts you can do for your family. Please contact Kevin Weaver, our Funeral Planning Consultant, to discuss, without obligation, your individual requirements.

"Support, Service & Friendship in the Weaver tradition since 1945"

Weaver Family Funeral Homes
(East Chapel) 613 394-2433 (West Chapel) 613 392-3579

Credential Securities

251 RCAF Rd., P.O. Box 278
Trenton, ON K8V 5R5

- Stocks • Mutual Funds • Bonds
- RRSP • RRIF • GIC

Don Lockey, BA, CSA
Investment Advisor

Tel: (613) 394-6589 Fax: (613) 394-4903
www.qcu.ca E-Mail: dloockey@qcu.ca Member: CIPF

LARRY'S MINI STORAGE

- Heated Indoor Storage
- 24 hour video & monitored alarm protection

(613) 967-7774
(Indoors & Outdoors) 47 Frost Rd & Hwy. 2 Bayside



WING COMMANDER AND WING CHIEF, BUT JUST FOR A DAY



Colonel Tom Lawson, Commander, 8 Wing/CFB Trenton, and Wing Chief Warrant Officer CWO Tom Secretan hand over temporary command to Pte Amy Ostner, Acting Wing Commander, and Pte Matthew Gervais, Acting Wing Chief.



Photos: Cpl David Cribb, 8 Wing Imaging

In a one-day role reversal, Colonel (Acting) Amy Ostner, 8 Wing Commander, and Private (Acting) Tom Lawson, carve the Christmas turkey at the traditional Christmas dinner at the Yukon Galley on Dec. 13.

ATTENTION READERS

The Contact office will be closed for the holidays from noon on December 22, 2006 until 8 a.m. on January 2, 2007.

Please note, there will be no paper during this time.

Thank you and have a safe and happy holiday season from our family to yours.



There are limits to what you can give.

As of January 1, 2007, only individuals can make federal political donations.

- As a Canadian citizen or permanent resident of Canada, you can give up to \$1,100 in total per year to each registered party.
- In addition, you can give up to \$1,100 in total per year to the registered associations, nomination contestants and candidates of each registered party.
- You can give up to \$1,100 in total to the contestants in each registered party leadership contest.
- You can also give up to \$1,100 per election to each independent candidate.
- You can no longer make a cash donation of more than \$20.
- Corporations, trade unions, associations and groups can no longer make political contributions.

For more details on these and many other important changes to the *Canada Elections Act*, click on the *Federal Accountability Act* box at www.elections.ca or call 1-800-463-6868.

TTY 1-800-361-8935 for persons who are deaf or hard of hearing



EXHAUST, BRAKES & ABS OUR SPECIALTIES

MILBRO
AUTOMOTIVE

Full Service Automotive Repair Centre

DND Discounts
613-394-3357

220 Dundas St. E. Trenton www.milbroauto.com

DIAGNOSTICS - SHOCKS & STRUTS - TUNE-UPS

SAFETY INSPECTIONS
RUST PROOFING - TIRES

Bay Marine

SALES • SERVICE
ACCESSORIES
DOCKING • STORAGE
BROKERAGE

Hwy., #2 East of 8 Wing/CFB Trenton
613-394-6691
www.bay-marine.com

RINKER
LUND
SEA-DOO
MOOMBA
HONDA
EVINRUDE
VOLVO
MERCUISER

Silver Star Studio
Relaxing Massage

\$40/30 min

613-392-7119
Open Daily 10 am - Later
56 Elgin St. Unit 2 in Trenton (downtown)
Second block west of bridge @ 1 road north of Dundas

**A & W,
Trenton**
613-392-4669

**Action Towing
& Automotive**
613-394-4924

**ADECCO,
Trenton**
613-965-5927

**Bank of Montreal,
Trenton**
613-392-5627

**Belleville
Sport & Lawn**
613-968-4559

**Carpet
One**
613-966-9988

**Family Realty
Village**
613-475-1966

**Kelsey's Restaurant,
Trenton**
613-392-7194

**Klemencic
Homes**
613-392-7839

**M&M Meat Shop,
Trenton**
613-392-6659

**Marinovich
Dental**
613-392-3939

Happy Holidays



**May
Motors**
613-392-3150

**McCurdy
GM**
613-392-1245

**National Car
Rental, Trenton**
613-392-3300

**Randall's
office plus**
613-392-1281

**RBC,
Trenton**
613-392-1211

**H.D. Rolf
"The Jeweller" Ltd.**
613-392-3383

**Scotiabank,
Trenton**
613-392-2531

**TD Canada Trust,
Trenton**
613-392-9271

**The Computer
Shop**
613-392-7283

**Twin City
Rentals**
613-392-6593

**Tyendinaga
Computers**
613-966-9522

HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last
December 24 - December 30

ARIES (MARCH 21-APRIL 19): You can pick up valuable information from those you associate with on the 24 that'll help you in the new year. Beginning a new project on the 25 and 26 will all bring favorable results. Don't hesitate to let others take care of you for a change. Don't let being hotheaded hold you back on the 27 and 28. Instead fight the crowds and get out and do a bit of sale shopping. You'll find a bargain that will serve you well. You can expect to have some problems on the 29 and 30 with the people who have criticized you the most throughout the year but shrug any comments off - it's not worth getting all upset over.

TAURUS (April 20-May 20): Take some extra time to help an elderly family member on the 24, even if this person does annoy you. Your good intentions will be appreciated and you can obtain some interesting financial information. Something you receive on the 25 and 26 will help move in the right direction. Don't let money slip through your fingers. Offer time not your cash. You need to share a little joy on the 27 and 28. A look at something that might be useable in the new-year from a professional perspective will interest you. You'll be able to set parameters on the 29 and 30. Everyone will be interested in what you do and say.

GEMINI (May 21-June 20): A relationship problem will prevail. A look at your past on the 24 and what you have been doing should push you to think about making some helpful, personal changes in the new year. Don't rely on others or make promises you can't keep on the 25 and 26. The simple route will be your best bet. Keep money and personal issues separate on the 27 and 28. You stand to lose if you let someone soft-talk you out of your cash. A new partnership can develop but can fall apart just as quickly. An older relative or friend will give you good advice on the 29 and 30 about how to handle a situation you face. Don't back down - change is inevitable.

CANCER (June 21-July 22): So much can happen on the 24 if you're willing to go the distance and make the changes that will bring everyone closer. Talks will result in great suggestions and solutions to past problems. Love is looking hot. An older or more experienced family member will have some wisdom to share with on the 25 and 26. Focus on love; family and important relationships that may need tender loving care. Don't trust anyone who plays with your emotions on the 27 and 28. If you can't get a straight answer take a pass. Give in to your urges on the 29 and 30 and say what you feel.

LEO (July 23-Aug. 22): Your efforts will be worth it on the 24. You'll experience a new height of love and happiness. Socialize and have fun on the 25 and 26. Your entertaining personality can bring great joy to so many who are less optimistic. Get out and shop and you'll be sure to find a bargain on the 27 and 28. Traveling about will help you discover something new about yourself and what you want to do in the future. Someone from your past will be on your mind or get in touch with you. Look for action on the 29 and 30 and you'll end up as the centerpiece at whatever function you attend. You'll be dynamic and everyone will want a piece of you.

VIRGO (Aug. 23-Sept. 22): Don't pick a fight or get involved in a family squabble on the 24. Emotions will be running high on the 25 and 26 and over-indulgence will lead to trouble. Do your best to keep the peace and avoid unwanted personal changes. A gift, winning or money will come to you in an unusual way on the 27 and 28. Be grateful and generous regarding your fortune. On the 29 and 30 you need to have fun and close this year out with friends, lovers or people who don't judge you so harshly. Travel, communicate and get out and enjoy cultural events. Be honest, giving and humble.

LIBRA (Sept. 23-Oct. 22): Travel to visit friends, relatives or neighbours. Your unique approach to things on the 24 will be well received and bring interesting thoughts in return. Don't be disappointed on the 25 and 26 if someone you love isn't as generous as you hoped. There's a reason for everything and you must be accepting. You'll be drawn to emotional matters. Stay out of other's affairs on the 27 and 28 trying to tell others how to run their lives will backfire. You can't give in to people who want to dominate you on the 29 and 30. Get ready to take charge - make up your mind and make your own decisions.

SCORPIO (Oct. 23-Nov. 21): Someone may be trying to rain on your parade on the 24. Speak up in a confident but gracious manner. Emotional changes on the 25 and 26 will turn out to be far better in the end than you anticipated. Avoid loud overbearing individuals who like to exaggerate and brag. You'll want to get back to business on the 27 and 28 preparing for what you can do once the new-year kicks in. It's your resourcefulness now that will help you later. Your ideas will be considered on the 29 and 30. Don't ask what others want instead tell them what you have to offer. End the year on a strong note. Rely on past happenings to control your destiny.

SAGITTARIUS (Nov. 22-Dec. 21): A chance to see someone from your past on the 24 is likely to spark intrigue and renewed interest. Not everyone will understand you or what you're trying to do so keep things light, simple and playful on the 25 and 26 and you'll avoid controversy and questioning. You'll be entertaining but likely to exaggerate on the 27 and 28 - be careful someone may question where you got your information or how much you can really do. You'll be thinking big on the 29 and 30 but that doesn't mean you have to spend a lot. Moderation will be the key to your success. A sudden change may disrupt your plans.

CAPRICORN (Dec. 22-Jan. 19): Keep a secret on the 24 and you'll surprise someone very special. You'll find it difficult to keep your mind off of work or a project you want to complete on the 25 and 26. Someone you least expect may surprise you. Your ideas will be impressive on the 27 and 28. Don't let anyone discourage from following your dream. Get everything in order on the 29 and 30 and don't even consider the possibility of failure. You have to be proud, aggressive and believe in what you have to offer. It's time to start building momentum so that you enter the new-year in top form. Family, tradition and building a closer bond with the ones you love will pay off.

AQUARIUS (Jan. 20-Feb. 18): Best behaviour and showing kindness toward others will be the key on the 24. Be true on the 25 and 26. You can surprise everyone by doing more than expected. A chance to impress those who may not always give you a fair shake will be present. Good things are heading your way on the 27 and 28. Acceptance and willingness to try something new will be required. Emotional blackmail is likely to stand in the way of making a good decision or getting to the bottom of things on the 29 and 30. You may want to clear up personal matters before year-end in order to start the year off right.

PISCES (Feb. 19-March 20): Let bygones be bygones and look to the future with a positive attitude on the 24. Put the past behind you and refuse to talk about others behind their backs. Don't let anyone pick a fight with you on the 25 and 26. Keep moderation in mind. Less of everything will help you out. Over-indulgence will lead to trouble. Focus on what you can do for others on the 27 and 28 not what they can do for you and everything will be all right. Problems while traveling can be expected on the 29 and 30 if you're over-indulgent or don't abide by the law. However, doing something nice for someone will make you feel good.

**Royal LePage
ProAlliance Realty**

ROYAL LEPAGE

253 Dundas Street E., Trenton 613-394-4837

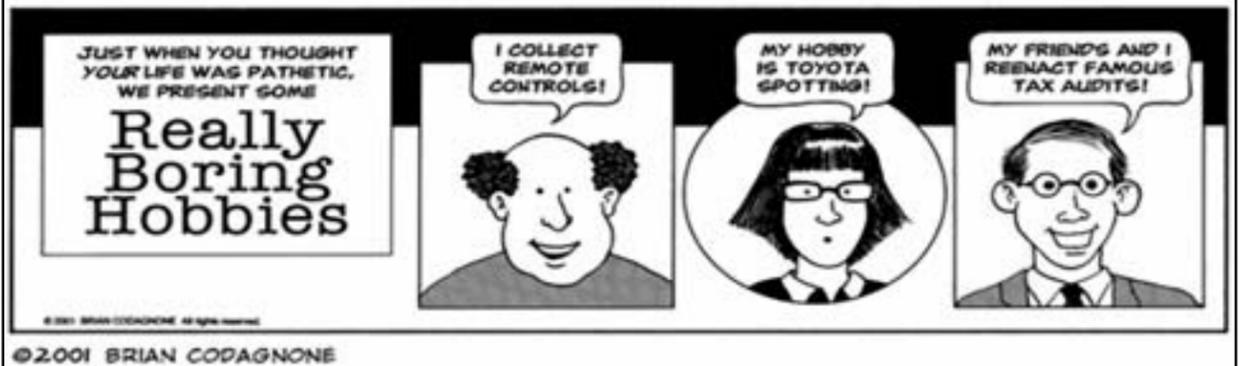
143 Main St., Brighton 613-475-6242

Toll Free: 1-800-263-2177

www.discoverroyallepage.ca

The Contact Newspaper staff would like to acknowledge Royal LePage ProAlliance Realty as the weekly sponsor of our newest feature, **The Contact Comics**.

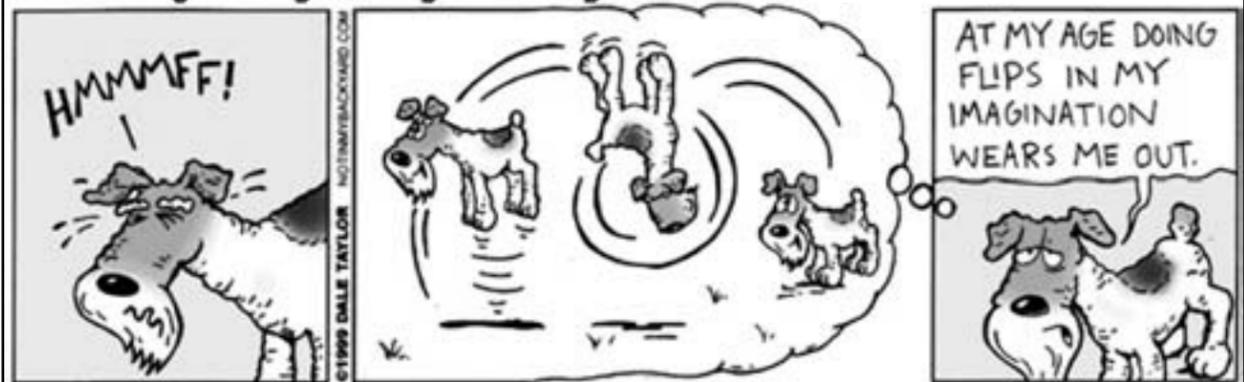
MISFITS BY BRIAN CODAGNONE



DuJour



Not In My Backyard! by Dale Taylor



Community Events

Community Events

generously sponsored by...

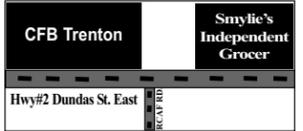


independent

YOUR INDEPENDENT GROCER

DRUGStore
PHARMACY

President's Choice



**293 Dundas St. East,
Trenton • 613-392-0297**

Welcome to The Contact Newspaper's Community Events page! Thanks to the generosity of Smylie's Independent Grocer, we can, space permitting, feature public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 613-965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 613-392-2811 Ext. 7005 for more information.



**CHAPLAIN SERVICES
SERVICES OFFERT PAR L'AUMÔNERIE**
Wing Chaplain/ Aumônier de l'escadre – Major Lloyd Clifton
Administrative Assistant/Adjointe administrative – Manon Pilon Ext 2490
UNIT CHAPLAINS / AUMÔNIERS DES UNITÉS
Padre Frank Pellerin
Padre Mel Talan (deployed)
Padre Catherine Morrison

**Advent & Holiday Season Church Celebrations
Célébrations du Temps de L'aveit et du Temps des Fetes**

- 17 December 2006 - Advent 3 -3e Dimanche de l'Avent 17 décembre 2006
0900 hrs -Anglophone mass (RC)
1015 hrs - Messe francophone (cr)
1130 hrs - Ecumenical Service of Lessons and Carols - cookie exchange
Service œcuménique - Lectures et chants - échange de biscuits
- 24 December 2006 - Advent 4 -- 4e Dimanche de l'Avent 24 décembre 2006
0900 hrs -Anglophone mass (RC)
1015 hrs - Messe francophone (cr)
1130 hrs - Sunday Worship Service (P)
- 24 December 2006 - Christmas Eve - Veille de Noël 24 décembre 2006
1730 hrs - Bilingual Family Mass (RC) /Messe familiale bilingue (cr)
1930 hrs - Christmas Eve Service (P)
2130 hrs - English Christmas Mass (RC)
2400 hrs - Messe de Noël francophone (cr)
- 25 December 2006 - Christmas Day -- Jour de Noël 25 décembre 2006
1015 hrs -Bilingual Mass (RC) - Messe bilingue (cr)
- 31 December 2006 - 31 décembre 2006
0900 hrs -Anglophone mass (RC)
1015 hrs - Messe francophone (cr)
1130 hrs - Sunday Worship Service (P)
- 1 January 2007 - New Years Day - Jour de l'An 1 janvier 2007
1015 hrs -Bilingual Mass (RC) - Solemnity of Mary, Mother of God
Messe bilingue (cr) - Solemnité de Marie, mère de Dieu.

DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR

After working hours, for emergency only, please call the base operator at 613-392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 613-392-2811 et demandez l'aumônier en devoir.

NOTICE/AVIS

It is now possible to have the Club Xtra points that are earned on all your purchases at CANEX go to the Chaplain Emergency Fund. Simply ask to have the points placed on the Chaplains' card. The Chaplain Emergency Fund is used to assist our military families during times of family crises. / Vous pouvez dès maintenant, lors de vos achats au Canex, donner vos points Club Xtra au Fonds d'urgence des aumôniers. Vous n'avez qu'à mentionner que vous désirez donner vos points sur la carte des Aumôniers. Les points seront utilisés pour aider les familles de nos militaires dans des moments de crises familiales.

Hastings & Prince Edward Counties Health Unit Holiday Closures ~ Branch Offices

The Health Unit branch offices in Picton, Madoc, Bancroft and Trenton will be closed from 12:00 pm on Friday December 22, 2006 to 8:30 am Tuesday January 2, 2007.

The main office at 179 North Park Street in Belleville will be open from 8:30 am to 4:30 pm on December 27, 28 and between 8:30 am and 12:00 pm on December 29, 2006.

The 24 hour line for urgent health concerns will remain in operation throughout the holiday season and can be reached at 613-391-0564.



+ First-Aid Instructor Course + January 2007

The Canadian Red Cross, Quinte branch, will be holding a course for new first aid instructors in January.

Those interested in registering for this course may contact the Quinte branch at 613-966-0730.

The course will be held at 344 Front Street (located in McNabb Towers, lower unit) in Belleville. Please note that pre-registration is required.

UNIFORM DRIVE

Your 8 Wing Band needs your help!

Are you about to retire and considering what to do with all those Air Force DEU items in the basement that supply let you have? Then the 8 Wing Band has a home for your Air Force DEU items.

We will be happy to receive any Air Force DEU item you no longer have a use for. Due to temporary changes the band is unable to access Air Force DEU for our new civilian volunteers and you can help us outfit them.

If you would like to participate please bring your Air Force DEU items, both male and female, to Sergeant Gord Smith, at local 3510, located at the 8 Wing Band room (North side, next to the bowling alley).

Your support of the 8 Wing Band Uniform Drive will be greatly appreciated!

Operation Red Nose

Last call, before you hit the road 613-962-4343

Between 2000 hrs and 0300 hrs on December 22, 23, 28, 29, 30 and 31

Operation Red Nose Quinte is serving the following areas: Belleville, Quinte West, Frankford, Stirling, Tyendinaga, Deseronto, Madoc, Tweed, Picton, Wellington, Carrying Place, Trenton, Ameliasburg, Consecon

GM CAR AND TRUCK PLANTS SUPPORT OUR TROOPS

Photo: Submitted



Graeme Hume, a Sergeant in the Reserves with the Royal Canadian Dragoons for the past 21 years and currently one of the unit morale officers, is also an MFRC volunteer who has been selling *Support Our Troops* hats and t-shirts since August. He has now sold more than \$17,000 worth of goods, and has raised awareness and support for the military throughout the city of Oshawa. Hume has also recruited and coordinated about 15 other volunteers at the General Motors truck and car plants in Oshawa, culminating in two very successful "I Support Canadian Troops" rallies.



www.canex.ca

Wrap it up for Christmas!

Julian Austin The Red & White



Early release available exclusively at CANEX.

\$5 from every CD sold at CANEX is donated to the Wounded Warriors Fund.

New items!
Christmas Stocking, Ornament, Fleece Top, Touque and more!



Your home of OFFICIAL Support Our Troops merchandise!

Available in store and on-line at... www.canex.ca/wyn

NO INTEREST CREDIT PLAN
S.A.C. (See Approved Credit)

AUTHORIZED FINANCING ONLY
December 2006

ADVERTISED MERCHANDISE POLICY

HOLIDAY WORKOUTS A BLAST

Photo: Amber Gooding



The PSP Fitness and Sports Flight Team put on a festive fitness challenge during the noon hour, encouraging members to sweat it out for the holiday fun of it. Instructor Amy Dawson (left, as the elf) and the Fitness Coordinator Lisa Refausse (as Santa) held a class full of kick boxing, step and rebounding, which is a new trend in the fitness industry that 8 Wing boasts. The high-energy class was just another way to stay fit and have fun at the gym, regardless of the holiday season.



MFRC



INFORMATION / REGISTRATION / INSCRIPTION 613-965-3575

May peace be more than one
season...may it be a way of life.



Que la paix soit pour plus qu'une sai
que ce soit une façon de vivre.

*We wish you all a wonderful Christmas and the best for 2007!
Nous vous souhaitons un merveilleux Noël et ce qu'il y a de mieux pour 2007!*

Second Language Training for military partners French and English

Courses run for 10 weeks beginning on January 8, 2007.
Each session offers a total of 60 hours of instruction,
beginner and intermediate. If you are new to our program,
we can set up a placement test to determine your level.
A deposit of \$50 is required upon registration for the course.
This deposit is refundable if the participant attends 85% of classes.

Morning and Evening Classes

Come in and register at the MFRC for the winter classes
by January 3, 2007

Call Anu at 613-392-2811 ext. 3855 for more information.

*Courses are open to military members for the same cost

*Courses are also available to the community at a
non-refundable cost of \$100 per session.

Programme d'enseignement de langues secondes pour les partenaires militaires en anglais et en français

Les cours sont d'une durée de 10 semaines débutant le 8 janvier 2007.
Chaque session offre un total de 60 heures de cours
(débutant ou intermédiaire).

Un dépôt de 50\$ est dû lors de l'inscription au cours.

Ce dépôt est remboursé si l'étudiant participe à 85% des cours.

Classes offertes en matinées et en soirées.

Venez vous inscrire au CRFM pour les classes d'hiver,

la date limite est le 3 janvier 2007.

Pour plus de renseignements appelez Anu au 613-392-2811, poste 3855.

*Les cours sont disponibles au même coût pour les militaires.

*Les cours sont aussi disponibles à

la communauté civile au coût de 100\$ par session, non-remboursable.

Why Hire a Military Spouse?

Calling all Military Spouses, I need your input!

Let's get together for a brainstorming session.

Date: Tuesday, January 16, 2007

Time: 1 p.m. - 3 p.m.

Objective: Take control by providing insightful information that employers need to know.

Registration Deadline: January 9, 2007

Pourquoi engager le ou la conjoint(e) d'un militaire?

Appel à tous les conjoints(es) de militaires, j'ai besoin de vos idées!

Une rencontre pour une session de Remue-méninges

Date : Mardi le 16 janvier 2007

Heure : 13h - 15h

Objectifs Garder le contrôle en communiquant à l'employeur toutes les informations pertinentes qu'il se doit de connaître.

Date limite pour d'inscription : le 9 janvier 2007

Deployment Support / Wednesday Night Out

Pre register please by calling 613-965-3595 or 613-965-3575

January 10 - Helping your kids stay connected. Come in and learn about ways to stay in touch with a long distance Dad or Mom. You will go home with beautiful booklet with 250 activities that you can try.

January 17 - Card Making - creating with 3D embellishments! Featuring designs with doodads and fibres. Cost of \$5 for supplies.

A variety of activities coming up, please visit the MFRC website calendar

www.trentonmfr.cfbtrenton.com

Soutien au déploiement / Les sorties du mercredi soir.

Veillez vous inscrire à l'avance en appelant au 613-965-3595 ou 613-965-3575

Le 10 janvier : Aider les enfants à rester en contact. Venez voir comment les enfants peuvent rester en contact avec le parent au loin. Vous repartirez avec un merveilleux cahier de 250 activités à faire en famille.

Le 17 janvier : Confection de cartes - Embellir les créations en 3 dimensions!

Enjolivez vos cartes avec des designs Doodads et des fibres. Le coût est de 5,00\$ pour le matériel.

Les prochaines activités sont planifiées, svp visitez le calendrier sur le site web du CRFM, www.trentonmfr.cfbtrenton.com

Active Parenting Of Teens

There's now a workshop specifically for parents of teens ! Active Parenting Of Teens will help you understand today's tough teen issues and get you on the road to effective communication with your teens

6 week course: Tuesdays 6:30 - 8:30 p.m. Starting January 23 2007

\$20/person or \$25/couple, includes a book to keep

Register before January 17, 2007 at the reception or call 613-965-3575.

" Parenting " actif pour ados

Des ateliers spécialement conçus pour les parents d'ados sont maintenant offerts! Parenting actif pour ados vous aidera à mieux comprendre les difficultés auxquelles ils font face et vous amener à une meilleure communication avec eux..

6 semaines Les mardis de 18h30 à 20h30 Début le 23 janvier 2007

20\$ par personne ou 25\$ par couple incluant un livre à garder

Inscriptions avant le 17 janvier 2007

Au bureau d'accueil ou par téléphone : 613-965-3575

Please read our newsletter "Touching Base" or visit www.trentonmfr.cfbtrenton.com to have more information

S'il vous plaît, consultez notre bulletin de nouvelles "Touching Base" ou visitez www.trentonmfr.cfbtrenton.com

FOR ALL YOUR FINANCIAL INVESTMENTS

ROBERT GRANDMAISON, CD, CFP

Certified Financial Planner
FINANCIAL PLANNERS (QUINTE) INC.

55 Glenburnie Drive, Trenton, ON

• RRSP • RRIF • MUTUAL FUNDS

• GIC • SEVERANCE INVESTMENTS

• EDUCATION PLANS • INSURANCE



Mutual Funds Provided by
WORLD SOURCE FINANCIAL MANAGEMENT INC.

Tel: (613) 392-0044

Res: (613) 392-0280

Fax: (613) 392-7110 e-mail: rgrandmaison1@cogeco.ca

AUTO - HOME - BOAT - LIFE - INVESTMENTS



WHITLEY INSURANCE
& FINANCIAL SERVICES

613-392-1283

(1-800-663-1384 Toll Free)

SINCE 1949 Visit our Website at www.whitley.net

E-mail: info@whitley.net

"SAVE MONEY, CALL FOR A QUOTE"

41 Dundas Street W. Trenton

AUTO - HOME - BOAT - LIFE - INVESTMENTS

Three generations
of service to
our friends and
neighbours



Ralph Weaver
Founder
(1916-2006)

Jeff Weaver
President

Tim Weaver
Funeral Director

East (613) 394-2433
Chapel 1-866-5WEAVER

West (613) 392-3579
Chapel 1-866-4WEAVER



Weaver Family Funeral Homes

Showcase

Showcase



Maj R. Sensabaugh
received his CD2, presented by LCol P. van Haastrecht, Regional Cadet Air Operations Officer.



Sgt R. Kinnear
received his CD3, presented by LCol P. van Haastrecht, Regional Cadet Air Operations Officer.



WO C. Tanguay
received his promotion to that rank, presented by LCol D. Miller, WAdminO, and MWO B. Doggett, WAdmin/SWO.



MCpl A. Dilworth
received her CD1, presented by LCol D. Miller, WAdminO, and MWO B. Doggett, WAdmin/SWO.



MWO G. Sutherland
received his CD2, presented by LCol D. Miller, WAdminO, and MWO B. Doggett, WAdmin/SWO.



Cpl K. Houtby
received her CD, presented by LCol D. Miller, WAdminO, and MWO B. Doggett, WAdmin/SWO.



MCpl D. Hood
received his CD, presented by LCol D. Miller, WAdminO, and MWO B. Doggett, WAdmin/SWO.



Maj P. Anderson
received his General Campaign Star and Special Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



Capt S. Yon
received his 1,000 Hr CC-130 Certificate, presented by LCol J. Martineau, A/CO 436 Sqn.



Sgt W. Hall
received his 10,000 Hr Flying Certificate, presented by LCol J. Martineau, A/CO 436 Sqn.



MCpl C. Kingston
received his CD1, presented by LCol J. Martineau, A/CO 436 Sqn.



Maj Y. Harvey
received his General Campaign Star, presented by LCol J. Martineau, A/CO 436 Sqn.



Sgt E. Jacques
received his 1,000 Hr CC-130 Certificate, presented by LCol J. Martineau, A/CO 436 Sqn.



Maj B. Prystai
received his 35 Year Certificate, presented by LCol J. Martineau, A/CO 436 Sqn.



WO M. Zimmermann
received his General Campaign Star, presented by LCol J. Martineau, A/CO 436 Sqn.



AB M. Batten
received her promotion to that rank, presented by Maj R. Tremblay, A/WAdmin O, and MWO B. Doggett, WAdmin/SWO.

Congratulations! Félicitations!

Showcase

Showcase



Maj P. Anderson
received his General Campaign Star and Special Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



Capt K. Barling
received his CD and South West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



Capt V. Mota
received his General Campaign Star and South-West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



Sgt J. Pedé
received his 1,000 Hr CC-130 Certificate and South West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



WO F. Woods
received his South-West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



Capt C. Gallagher
received his South West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



MCpl T. Fleck
received his South West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



MCpl S. MacCarthy
received his South West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



MCpl M. Lavictoire
received his South West Asia Service Medal, presented by LCol J. Martineau, A/CO 436 Sqn.



MWO J. McKenzie
received his promotion to that rank, presented by LCol J. Martineau, A/CO 436 Sqn., and MWO G. Santerre



MWO A. Brake
received his promotion to that rank, presented by LCol F. Allen, ATESS CO, CWO J. Girodat, SCWO.



WO M. Reuvekamp
received his promotion to that rank, presented by LCol F. Allen, ATESS CO, CWO J. Girodat, SCWO.



Capt K. Ostner
received his Commissioning Scroll, presented by LCol M. Fortin, WOPSO.



Sgt M. Muise
received his promotion to that rank, presented by LCol M. Fortin, WOPSO.



MCpl N. Evertt
received her Certificate of Service, presented by LCol M. Fortin, WOPSO.

Congratulations! Félicitations!

Classifieds

Classified

For Classified Information Call
613-392-2811 ext: 3976

business • for sale • wanted • equipment • automobiles • child care • for rent • employment

Information

CLASSIFIED AD RATES

Word ad: 20 words \$3.00 per insertion. GST included. Cash or cheque to be paid at time of insertion.

ORDERING AN AD

All advertising must be dropped off at The CONTACT, 142 Yukon Street, Room 26, before noon Wed. for the next edition and payment should be made at that time. In the event of a statutory holiday all deadlines are advanced by one day.

ERRORS & OMISSIONS

Advertisers should check their ad the first day it appears. The CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad wherein the error occurred.

USERS & AD READERS

The CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content. The CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, The CONTACT reserves the right to make necessary changes in ad copy.

Business Services

NEW & USED REFRIGERATORS

Stoves, washers, dryers, freezers, dishwashers, 3 months old & up. Sold with written guarantees. Fridges \$100 and up

NEW APPLIANCES

at the lowest prices in the area. Trade-ins accepted on the new appliances. Big selection to choose from.

PAYS CASH

for good used appliances in working order, or not, but no junk please. VISA & MASTERCARD accepted. We have our own financing. Shop at our competitors & then come and see for yourself, quality at low prices. Open 7 days a week & evenings. We deliver. We like Base people.

SMITTY'S APPLIANCES LTD.
613-969-0287

BOARDING

Dogs & cats. Individual exercise. Secluded country setting. Airport service available. 5 mins. from 401 Brighton. Call **EDDYSTONE KENNELS** 613-475-4405

RUSHNELL FUNERAL HOME & CREMATION CENTRE

60 Division Street
Trenton
613-392-2111

For Rent

Great value!
1&2 bdrm apts
ADULT OR FAMILY BUILDINGS
clean & quiet
utilities & cable included
CLOSE TO BASE
KLEMENCIC PROPERTIES
613-392-7839

Great Deal

Excellent split level home. 3 + 1 Bedroom, 2 full bath, gas fireplace, attached garage, 2 appliances, landscaped yard. In great family neighbourhood in Trenton. 5 minutes to base. \$850/ month + utilities Avx end of January 2007 Call Anne at **613-392-5024** And leave a message.

For Sale

Belleville Volkswagen
Camper's.. Camper's.. Camper's



3 To choose from... All Safety and E-Tested
1995 Eurovan Camper, 5 cyl Auto, full camper, With 141,000km **\$27,900**
1993 Eurovan Camper, 5 cyl Auto, full camper, with 110,000km **\$21,900**
1983 Vanagon Camper, 4 cyl, 4 Spd manual, full camper, with 261,000km **\$10,900**

Call Paul at 613-966-3333 239 North Front Belleville www.bellevillevw.com

1998 Mercury Mystique
4-Door, 4-Cylinder, Automatic, 235,000 km **\$2,800.00, as is.**
Please call: **613-967-2229**

For Sale or Trade??

1953 Chev Half Ton - Two thirds complete restoration. Everything new, too much to list here - asking \$5000, or trade, or partial trade for enclosed cargo trailer suitable for hauling motorcycles.

Call Steve at local 7641 or **613-394-6172** after 5 pm

Holiday Greeting

To my singing Master Electrician,



Another year, who would have known, You're now a Master, and I finished mine, too.



We've shared so much, and we'll share even more. Soon on our way, looking forward to that day.



Wishing you a Merry Christmas and another eventful, adventurous Happy New Year.

Wanted

Wanted to Buy
Fridges, stoves, washers, dryers in working order and clean. Will pay good price. No dealers. Please call 1-613-969-0287 or 613-968-4183

Cleaning Services

Tammy's Cleaning Service

Years of 100% successfully passed Marchout Inspections, & 20 years of housecleaning in the Quinte Area. (limited spaces available) "I likely clean for someone you already know." Call Tammy @ **613-392-0759**

Comm. Events

www.romeoandjuliet.ca
New Year's Eve!
Single or with a Date.
All music types / No Jeans
Champagne Toast Snacks & Horserves
Party favours Balloon drop
Tickets at Door \$22.00 Each
Belleville Legion 8pm

Crossword Answers

H	E	N		P	O	E	T		A	F	T	S		
A	N	A		L	A	N	K		G	O	R	E		
L	O	M	B	A	R	D	O		R	U	I	N		
F	L	E	E	C	E				P	E	R			
			T	E	D			F	U	E	L	E	D	
C	E	D	E	S			W	A	N		A	P	R	
A	X	I	S			S	H	Y		I	D	E	A	
T	E	A		S	A	O			A	S	S	E	T	
O	S	M	I	U	M			A	V	A				
			O	N	E				R	O	A	R	E	R
B	A	N	D			C	R	E	W	C	U	T	S	
U	R	D	U			O	O	N	A		S	U	V	
M	A	S	S			D	E	A	L		H	I	P	

Paradise Adult Video
613-394-6600
DVD's FOR RENT & FOR SALE
Toys - Videos - Magazines
255 Glen Miller Rd. Riverview Plaza, Trenton (North of 401, across from Rona) Open Mon. - Sat. 11-8 Sunday 12-3

Hamel's
WILL SHIP ANYWHERE
www.hamelworldfamousjerky.com
Hamel's World Famous Jerky
Now Available by DHL Express
Go to www.thecouriernewspaper.ca and click on E-Coupons for Jerky Varieties and Shipping Info

Accommodations

Bayside Motel

2 minutes from base. Housekeeping Facilities. Daily, Weekly, Monthly Rates. Free Storage. **613-392-9281**

"The Only Place To Go"
SMITTY'S
WAREHOUSE OPERATION
For NEW or GOOD USED Appliances
Smitty's has been keeping customers happy for 28 years in the appliance business. This proves Smitty has the Best Price, Selection, Guarantee, Quality & Price plus Same Day delivery, seven days a week. Smitty plans to be around for another 28 years. Now he has in-house financing at NO INTEREST. These are just a few of the many reasons to visit Smitty's for your new or used appliance purchase.
Best Quality Best Price Best Selection Best Guarantee Best Service
SMITTY'S KING OF APPLIANCES
Open Evenings & Seven Days A Week
River Road-Corbyville (just N. of Corby's)
613-969-0287



Holiday greetings from the Command CWO

What a year it's been. This phase we are currently going through is incomparable to any since I joined the CF 35 years ago. As the Commander often says "Air Power will enable the CF Vision and meet the effect that the Government of Canada wants us to achieve.

What a difference working in an environment where the paradigm has switched from efficiency to effectiveness. In a very short two years, we have a new CF structure, which is effects-based and soon we'll switch from Capability Acquisition to Capability Operations.

These new acquisitions will ensure that we can meet our Commander's vision: expeditionary, network-enabled and result focused. With the creation of our Mission Support Squadrons, our Air Force Support Concept is gaining momentum, is ready to deploy and is achieving sustainment.

Around the corner is a new process

for Honours and Awards, which will expedite recognition. Our professional development is a success story with all five Development Periods working; we have Non-Commissioned Members (NCMs) studying at Royal Military College on a year-long course; we have NCMs working in Ottawa in jobs that used to be done by Captains and Majors; and we have NCMs writing doctrine side by side with officers. That's a remarkable achievement. I thank the leadership for allowing us to do this.

We're working hard to create the right strategic environment. Project Preflight will do just that with all the new acquisitions. On the people side, the Wing Chief Warrant Officers, the staff here at NDHQ and I are working hard to rejuvenate the Flight Plan for Life Program changing the focus from buying toasters to creating environments where our people will be taken care of, from take-off to landing.

The common denominator to all this is YOU!!! I am a privileged person. I get to see first-hand what you do for a living and for this country and the common good. My heart's with the men and women serving this beautiful country either home or abroad so that future generations will have a better place to live as our veterans did for us.

To the families that lost loved ones for freedom, may you find comfort that we shall never forget. To the families that will be separated during the holiday season, thank you for all your sacrifices and understanding.

To all personnel serving this great nation, thank you for your devotion to duty and for your courage. May next year bring you health, love and compassion.

Merry Christmas and Happy New Year.

*Chief Warrant Officer Roger Bouchard,
Command Chief Warrant Officer*

Santa arrives early for military families

On December 20, spouses, children, and parents of military members serving in Afghanistan were treated to a special Christmas dinner.

The Military Family Resource Centre at CFB Trenton opened its doors in the evening to provide a full, traditional Christmas dinner for more than 120 excited people. The evening was sponsored by Sears Canada, which provided the home-cooked meal and a number of door and draw prizes.

The evening was the result of a close relationship with the military that began in Halifax. Joy Charbonneau, who was an associate at the Sears store, thought her store should provide an extra service for military members serving overseas. Her idea was picked up by Sears Canada and this year every

military member, deployed outside of Canada was sent a letter and a special "Wish Book" catalogue from Sears. They are able, through a special web site and phone number to order presents for their families at home in Canada. The presents are wrapped and sent, even with a personal note if wanted, directly to their families.

Jason Brooks, Manager of the Belleville Mall Sears, took the idea a step further this year: he made arrangements with a local church group and the MFRC to sponsor a special Christmas dinner for the families.

A number of local celebrities spoke to the families before they sat down to the meal of turkey, mashed potatoes, corn, coleslaw, stuffing, and a selection of home-baked pies. Lieutenant-Colonel Debbie Miller, Wing

Administration Officer, thanked Sears for its efforts on behalf of the troops and welcomed the families. MP Rick and Judy Norlock, brought greetings from the federal government and thanked Sears and the MFRC for the evening. Quinte West Mayor John and Heather Williams said the city was proud of the base and its residents both here and overseas and hoped everyone would enjoy the evening. Padre Frank Pellerin gave the blessing, asking God to watch over the troops on foreign soil.

As the meal concluded, who should arrive to please the children but that elderly gentleman from the North Pole complete with treats and favours for all. Many asked Santa for an early end to the hostilities in Afghanistan and a safe return of those deployed there.

Gimpel Electric Supply Ltd

38 Elgin Street Trenton Ontario K8V 3X8
Ph 613-392-9261 — Fax 613-392-3374

Our experienced and friendly staff would be pleased to help you with all your electrical and electronic needs.

MEMBER OF
IED/SEABELL
EDGE
Marketing Groups



SERVING
8 Wing CFB Trenton
The Quinte Area
since 1976

Visit our new Lighting Showroom

beams lighting

392-3595

country traditional log home residential
lamps fans furniture

Trust, Dedication & Client Focused Care



Jennifer Foley
Sales Representative

613-392-6594
1-800-567-0776



RE/MAX Trent Valley Realty Ltd, Brokerage
447 Dundas St. W. Trenton, ON



Lantern Real Estate Ltd.
Brokerage

441 Front St.
Trenton, ON K8V 6C1
613 392-2511 / 613 475-5677
1-888-792-5499



*Merry Christmas
with a Happy and Safe New Year,
from the Sales Representatives and
Staff at Century 21 Lantern!*



Great Trenton Location.
\$139,900. This 3 bedroom back split is centrally located, comfortably laid out and very affordable. This is a great home with lots of potential.
Call Steve*.
MLS# 2068242.



Great Style - West Side
\$173,900. An easy walk to downtown from this charming brick family home. Attractive main level has formal rms plus m/f fam. rm. 4 bdms. & 2 bths.
Call Joyce* or Earl*.
MLS# 2061266.

Independently owned & operated
*Sales Representatives **Brokers
website: c21lanthorn.com e-mail: trenton@c21lanthorn.com

BRINGING THE MESSAGE HOME



Photo: Amber Gooding

The message is clear, don't drink and drive! A total of 10 elementary schools throughout Quinte West, including L'envol, Cité Jeunesse and Breadner Elementary, as well as the group shown above from North Trenton Public School with personnel from 8 Wing Military Police Squadron, representative's from the Trenton LCBO and Quinte West OPP, participated in a creative, informative and unique campaign against drinking and driving. Nearly 300 paper LCBO bags were given to Grade 6 students who decorated them with messages about the consequences of getting behind the wheel impaired. For the second year in a row, Constable Randy Green from the Quinte West OPP detachment has been overseeing this very worthwhile project and believes the message is hard to ignore. The bags were returned to the LCBO for distribution to their patrons.

**Support
your
local
CANEX!**



**We're
big on
results.**



Remax Trent Valley Realty LTD Broker

Trenton 447 Dundas St. W 613-392-6594
Brighton 41 Main St. 613-475-6594
Toll Free: 1-800-567-0776

Check us out at... www.remaxtrent.com

• VISIT OUR WEBSITE: www.bellevilledodge.ca • VISIT OUR WEBSITE: www.bellevilledodge.ca

• VISIT OUR WEBSITE: www.bellevilledodge.ca • VISIT OUR WEBSITE: www.bellevilledodge.ca • VISIT OUR WEBSITE: www.bellevilledodge.ca • VISIT OUR WEBSITE: www.bellevilledodge.ca • VISIT OUR WEBSITE: www.bellevilledodge.ca

SEASON'S GREETINGS

FROM ALL OF US AT BELLEVILLE DODGE



3 for FREE HOLIDAY EVENT

We will be **CLOSED**
Dec 24th, 25th, 26th
Plus
Dec 31st & Jan 1st

We'll Make
Your First 3 Payments
On ALL 2006 Models
Purchase or Lease

SEE WWW.CHRYSLER.CA FOR DETAILS OR CALL 613-966-9936

CHECK OUT OUR 12 VEHICLE INDOOR SHOWROOM

-  RYAN BARCLAY
-  CLINTON DOMBROWSKIE
-  LINDA HILL
-  BILL SINGLETON
-  RUSS TROTMAN
-  JUSTIN WARD

2006 JEEP LIBERTY LIMITED
4X4, Auto, 3.7 L V6, Air, CD, Power Windows & Locks, Cruise, Tilt, Alloy Wheels
Stk #R212



\$23,888 *1-DAILY RENTAL

YOUR CHOICE
2006 PT CRUISER
4 Cyl, Auto, Air, CD, Tinted Glass, Power Windows & Locks
Stk #R223 *1-DAILY RENTAL



\$13,888 FOR EITHER

2007 CALIBER SXT
Automatic, Alloy Wheels, CD, Air
Stk #R234



\$19,888 *1-DAILY RENTAL

2006 DODGE GRAND CARAVAN SE
Auto, Entertainment Group #1, Power Windows, Slow 'n Go Seats, Power Seats, 3 Zone Air
Stk #R25P



\$20,888 *1-DAILY RENTAL

2006 CHRYSLER SEBRING TOURING
Auto, V6, Air, CD, Power Locks, Alloy Wheels, Cruise & Tilt
Stk #R225 *1-DAILY RENTAL



2006 CHRYSLER PACIFICA
V6 Engine, Auto, CD, Air & More
Stk #U014



\$23,998

2005 DODGE MAGNUM
V6, Auto, Air, CD, Power Windows & Locks
Stk #730P



\$19,888 *1-DAILY RENTAL

2006 DODGE DURANGO SLT
4X4, V8, HEMI, Auto, Leather, Sunroof, DVD, 29,000kms
Stk #R235



\$28,888 *1-DAILY RENTAL

2006 WRANGLER TJ SPORT SE
4X4, Standard, CD, Alloy Wheels, Tilt, Running Boards
Stk #829P



\$19,888



BRIDGESTONE
Firestone
GOODRICH
TAKE CONTROL!

GET YOUR CAR READY FOR WINTER
BUY 3 GET 1 FREE

AND WE'LL
STORE YOUR
SUMMER TIRES
FREE!



SHOWROOM HOURS:
MON 9 - 8 TUES - FRI 9 - 6
SATURDAY 9 - 5
613-966-9936 OR
1-888-757-9994



BELLEVILLE DODGE

• Used Plus Applicable Taxes/Service/Dealer Admin. \$399
• New Plus Destination/Applicable Taxes/Dealer Admin.
PRODUCT • PRICE
VALUE • SELECTION



VISIT OUR WEBSITE: www.bellevilledodge.ca

"HOME OF THE REAL DEAL"

VISIT OUR WEBSITE: www.bellevilledodge.ca