

# the Contact

www.cfbtrenton.com



**All Natural Beer**  
 No Additives - No Preservatives  
**Kettle Brewed**  
 Our Quality is Guaranteed  
 Loyal to the tradition  
 of fine brewing.  
**48 Litres from  
 \$87.50**  
**394-1010**  
 #3-36 Frankford Cres.  
 Trenton

• February 4, 2005 • Serving 8 Wing/CFB Trenton • 8<sup>e</sup> escadre/BFC Trenton • Volume 40 Issue Number 05 •

## LG GEN PENNIE VISITS



Photo: Cpl David Cribb, 8 Wing Imaging

Lieutenant-General Kenneth Pennie, Chief of the Air Staff, visited 8 Wing/ CFB Trenton on Feb. 1. Pictured above--Colonel Andre Deschamps, Commander, 8 Wing/CFB Trenton, explains 436 Squadron's current deployment situation.

## 8 Wing breaks record with latest United Way donation

by Laurie McVicar  
 Assistant Editor

8 Wing/CFB Trenton presented its largest contribution ever to the United Way during an appreciation luncheon at Baker Island on Monday.

Colonel Andre Deschamps, Commander, 8 Wing/CFB Trenton, and Major Paul Fleury, Campaign Chairperson, handed over a cheque worth an impressive \$84,500 to Julia Gosson, Executive Director for the United Way of Quinte.

Maj Fleury offered thanks to his committee, the Wing Commander, United Way staff, canvassers and to those on the Wing who organized events and made donations.

"There were a lot of innovative ideas that came out of this campaign and great ideas we could use in future years," said Maj Fleury. "This is a team effort, a Wing effort."

Col Deschamps echoed those words.

"The United Way is the major focus of our charity efforts here at 8 Wing. It doesn't surprise me to see the amount of effort people put in to assisting the community. I know full well there is a significant amount of people on this Wing that participate in

their communities by helping organize events and helping run charitable organizations. You folks make a difference both with the United Way and outside the campaign period," he stated. "Every single person that does volunteer work and helps promote these kinds of initiatives makes a difference."

He added that this year's total has set the bar higher for the 2005 campaign.

"The challenge is up for the new chairperson and committee to try and top this one. Every year the new committee takes it as a personal challenge and attacks it with gusto. I'm looking forward to next year's campaign."

"Every year we can be assured of a couple of things," stated Gosson. "The first is that 8 Wing will make a huge commitment to this community not only through the United Way but, as the Wing Commander said, through many other avenues. We can also be assured that we'll get top notch volunteers...Thank you for this, it truly is your largest commitment financially to this community through the United Way."

The United Way of Quinte funds more than 100 programs in 50 health and social service agencies throughout Hastings & Prince Edward Counties.

Photo: Laurie McVicar, Contact



Julia Gosson (left), Executive Director for the United Way of Quinte, accepts a cheque for \$84,500, the final total from the 8 Wing/CFB Trenton's 2004 United Way Campaign. Presenting the funds were Colonel Andre Deschamps, Commander, 8 Wing CFB Trenton, and Major Paul Fleury, Campaign Chairperson (centre).

## CHAMPIONS ONCE AGAIN!



Photo: Cpl Simon Duchesne, 8 Wing Imaging

Petawawa players Cpl Steve Buckett and Cpl Moe Sneddon attempt to block a shot by Cpl Marc-Andre Perron (of Trenton) during the final game of the Ontario Regional Basketball Championship held here last week. See page 10 for more details and photos.



Member, CIPF

**Imagine. 17.9% A Year Since 1984!**

Our Portfolio Strategy Has Averaged 17.9% A Year Since 1984.

**Wow!**

Call Ian Stock, Investment Advisor at 966-4119 to find out how you can participate in our "winning investment strategy."

**"Buy Quality. Hold Quality. Rest Easy."**



Ian Stock  
 Investment Advisor  
 RBC Dominion Securities  
 10 Front St South  
 3rd Floor  
 Belleville, ON K8N 2Y3  
 966-4119  
 www.ianstock.com



# RASS team completes first full crash recovery

On December 10, 2004 the CF experienced an unfortunate, catastrophic crash between two CT114 Snowbird aircraft from 431 (AD) Squadron.

The ATESS centralized aircraft Recovery and Salvage Support team (RASS) received notice from DFS on Dec. 10 and then received an official tasking request for support from 15 Wing Moose Jaw on Dec. 13.

As a rapidly deployable centre of expertise, the RASS team immediately began developing a recovery plan and putting it into action. This was the first full crash recovery for RASS since the official stand-up of the team in November of 2003, however preparation and pre-planning proved to pay off superbly. The time from official notification to actual deployment was less than 24 hours.

The role of the RASS team in the event of a recovery is to evaluate the support requirements, prepare the necessary equipment, and deploy as needed with subject matter experts and equipment required to support the recovery.

RASS is a small team consisting of three Master Corporals, one Sergeant, one Master Warrant Officer as the team lead, and an AERE

Captain as the RASSO. When RASS is called to support a Wing, the Wing responsible for the recovery effort normally provides the necessary manpower to conduct the actual recovery under direction of the RASS team experts.

In this instance, there was also a requirement for airlift which was staffed to 1 Canadian Air Division Air Operations Centre, which in turn tasked 8 Wing Operations to provide the required support.

It was determined that the RASS team would deploy on Jan. 14 with its Recovery Trailer (which is a fully self-contained aircraft recovery kit)--15 Wing would provide a suitable vehicle to tow the trailer when the Hercules landed in Regina. As this was the first time airlift had been utilized by the RASS team, there were a few lessons learned; however, all-in-all it went off without a hitch thanks to the tremendous support offered by 8 Wing Ops, 2 Air Movements Unit and 8 Air Maintenance Squadron.

The recovery was coordinated by the RASS team lead, MWO Steve Godin, with assistance from team specialists MCpl Bram Courchesne and MCpl



Photos submitted

Richard Malone.

Once on location on Jan. 15, the team conducted an on-site recce and crash site evaluation, established points of contact, and determined the most suitable course of action for wreckage recovery. The necessary support personnel from Moose Jaw, to assist in the recovery effort, arrived the morning of Dec. 15. Due to the excellent pre-plan-

ning and cooperation by all involved, the result was a flawless one-day recovery.

The team returned to Trenton on Dec. 18 and conducted a post-deployment review of the recovery action. This review will be entered into a lessons-learned file that will be used to enhance recovery best practices in the Air Force for future recovery scenarios.

**TOP QUALITY RELAXATION MASSAGE**

**968-9696**

HOURS OF OPERATION:  
 MONDAY - WEDNESDAY: 10:00AM - 1:00AM  
 THURSDAY - SUNDAY: 10:00AM - 3:00AM

205 NORTH FRONT STREET (LOWER LEVEL) BELLEVILLE

**NorthChina BUFFET**

OPEN 7 DAYS/WK  
 Largest Seating for 300  
 No MSG Added  
 Seniors (over 65) Always 10% off

300 Bell Boulevard  
 (West of Sydney St.) Belleville  
**(613) 771-9988**

BUFFET HOURS Lunch: 11:30 - 3:00 pm Dinner: 4pm - 9:30 pm

<b>Lunch Prices</b>	<b>ADULT</b>	<b>Kids (6-12)</b>
Mon-Fri	\$6.99	\$4.50
Sat-Sun	\$7.99	\$5.50
		Toddlers \$1.99
<b>Dinner Prices</b>		
Mon-Thurs	\$10.99	\$5.50
Fri-Sun & Holidays	\$11.99	\$6.50

**ALL YOU CAN EAT BUFFET**

**Crazy Dogs**

**PET STYLING SALON**

Complete Grooming Service or Do-It-Yourself for Dogs & Cats of All Sizes!

12 Carrying Place Rd. (Hwy. 33) TRENTON **392-7087**

**NOW OPEN MONDAY - FRIDAY 8a.m. - 5p.m.**  
 with 2 professional groomers to serve you better!

**Dr. Gerard A. Magne**

**Family Dentist**

**Quinte Mall**

Suite 225, 100 Bell Blvd.  
**962-8626**

Offering you and your family a full range of dentistry including: tooth whitening, implants, crowns, bridges, inlays, onlays, veneers, complete and partial dentures, metal free restorations.

**DENTISTE BILINGUE**

WE ACCEPT ELECTRONIC BILLING | VISA | MC | DEBIT  
**WE CAN DO IT ALL AT THE QUINTE MALL!**

**WING LOGISTICS AND ENGINEERING PICTURE OF THE WEEK**

After months of stocktaking, the MASOP clean up project is nearing completion. From left are: Peter Hobin, Meghan Morphet, Mary Lake, and Renee Davis. With the hard work and dedication from all these individuals, the old combats will be shipped back to the Depot in Montreal to be distributed to Cadet Camps, making space for new CADPAT clothing. Beginning 21 Feb 05 the CEMS project will be in full swing and units will be getting their new combat clothing to replace their work dress. Check with your Unit OPI for unit timings.

**Watch out next week for our Valentines Feature!**

Advertise your Valentine's Specials. Call **392-2811 EXT: 7008/2748**



# SAR crew rescues father, son

by Capt Nicole Meszaros, WPAO

"Something is funny, I think I saw 'SOS' printed in the snow."

Words to this effect were stated by a SAR-Tech from 424 Squadron to the other four members of his CH-149 Cormorant crew during a search and rescue operation in northern Ontario on January 30 and 31. And good fortune prevailed because the crew looked back in the direction of the letters to see flashlights pointing at the large yellow helicopter from the sides of the Abitibi River.

A 62-year-old pilot and his 32-year-old son departed Cochrane Airport in a small, ultra-light aircraft with the aim of gathering imagery, but when they didn't arrive home as expected the pilot's wife alerted authorities that the team was overdue.

It turned out that the pilot had missed his landing, which resulted in a broken nose wheel so the plane could not take off again--which rendered the pair, who when found were in good shape, in need of a rescue.

Weather due south of the search area forced a CC-130 Hercules to return to 8 Wing after being dispatched, but did not impact the Cormorant and its crew who found the father and son quite easily. In the search area itself the weather was good and allowed for the spotters to visually scope the ground.

Finding them was one thing--actually getting to them was another.

Capt Richard Lavallee, First Officer on the helicopter with Aircraft Commander, Capt Gary Kotanko, said that they had to do the approach twice because of the "snowball effect".

"There was fresh, light snow on the

ground which re-circulated with the downwash from the helicopter blades," said Capt Lavallee. "This adversely impacts visibility," he explained.

Capt Lavallee said the crew knew that they needed to get the aircraft down so they could rescue the people. "As a team we came up with a plan for a new approach," he said. They approached the scene from the opposite direction, which allowed for better reference to the ground and, having tried it once already, the crew's situational awareness was heightened in the second attempt, Capt Lavallee explained.

The second attempt was a success and the Cormorant landed on the ice of the river. Landing a helicopter that weighs more than 14 tons when fully fuelled may sound risky but Capt Lavallee said that, "we train for the procedure so we know what to do." The pilots can maintain power to the engines which prevents the aircraft's entire weight from landing on the ice until such time that the pilots are sure about the safety of the environment.

After getting out and assessing the stranded father and son, the SAR Techs, Sgt Bill Burton and MCpl Gus Ryan determined that the pair did not need to see a doctor but simply need a ride back to the Cochrane Airport.

After dropping off the father and son team and upon return to 8 Wing, the crew stopped in North Bay for fuel. As a matter of procedure the Flight Engineer, Sgt Dave Rainbert ensured the safety of the aircraft and crew by conducting a standard inspection of the helicopter which allowed for all to return home safely after an almost 12-hour mission

## Search & Rescue UPDATE



424 Squadron was involved in two searches this past weekend. First, our C130 was tasked to search for a hunter on a snowmobile near Repulse Bay, Nunavut. Shortly after the crew started its search pattern, the local RCMP informed them that the hunter had returned home safely. Our crew then returned to Trenton.

The next day we had both the Cormorant and the Herc involved in a search for an overdue Ultra light aircraft near Cochrane, Ont. The Herc was first to arrive on scene but the bad weather in the area made it impossible to conduct any type of search so the crew returned home. When the Cormorant arrived, the weather had improved, and they started a search along the Fredrick River. The two missing individuals were located safe in a cabin. They were airlifted to Cochrane and the crew returned to Trenton.

Missions for 2005: 6 Missions for Jan/Feb.: 6 Persons rescued: 2

**CANEX Gift Card**  
Ask us about it... [www.canex.ca](http://www.canex.ca)

## SUPER BOWL Sale

**DOORCRASHER**

**Lay's Chips**

Assorted Flavours  
230-245 g

**3/4<sup>99</sup>**

**Murray SHP Electric Start**  
21" Snow Blower

Save \$200

**\$599<sup>99</sup>**  
REG \$799<sup>99</sup>

**Ashley Chaise Lounger**

Assorted Colours Available

**\$449<sup>99</sup>**  
REG \$499<sup>99</sup>

**Zenith DVD/VCR**  
Combo Home Theatre System

**\$249<sup>99</sup>**  
REG \$299<sup>99</sup>

• Built in Dolby Digital  
• Progressive scan  
• Total 250 watts  
• 4 Head Hi-Fi Stereo VCR  
• Play DVD/DVD-R/DVD-RW  
• STEREO L/RK238

**51" Toshiba Big Screen TV**

• 16:9 HD Compatible  
• 51" projection TV  
• 1600 lines of resolution with 2 Tuner  
• P.D.P. ShortWing  
• Advanced Lens Technology  
• STK# 51H84

Save \$200

**\$1899<sup>99</sup>**  
REG \$2099<sup>99</sup>

**32" Colour Television**

• 750 lines of resolution  
• ColorStream® Component Video Input  
• 3-Line Digital Comb Filter  
• Black Level Expander  
• STK# 32A14

**\$499<sup>99</sup>**  
REG \$589<sup>99</sup>

**CFB TRENTON**  
RCAF Rd. TRENTON  
392-1608

AUTHORIZED FINANCING ONLY  
**3 - 6 February 2005**

**NO INTEREST CREDIT PLAN**  
O.A.C. (On Approved Credit)

Being made in 12-24 equal payments, interest 0% until payment in full. After 12 months, interest 12.99% per annum. Finance charges apply to the outstanding balance. Payment of 12.99% per annum. Payment of 12.99% per annum. Payment of 12.99% per annum. Payment of 12.99% per annum.

**ADVERTISED MERCHANDISE POLICY**

For this sale, all merchandise is available for purchase during the period of the promotion. If the sale items are not available, we will substitute an item of equal or greater value. All merchandise is available while supplies last. Some restrictions may apply. See store for details. © 2005 CANEX. All rights reserved.

## A Better Banking Experience

Your best choice for your saving & investment needs.

Lori

Alana

Teresa

Greg

Our Loan Officers are the best in the business.

Call today to get your personal and confidential review.

**COMMUNITY BANKING & FINANCIAL SERVICES**

**BELLEVILLE**  
293 Sidney Street  
**966.4111**

**TRENTON**  
251 RCAF Road  
**394.3361**

Dreams Fulfilled Here! (OAC) [quintessentialcu.com](http://quintessentialcu.com)



## The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel J.P.A. Deschamps, CD, Wing Commander, 8 Wing / CFB Trenton.

### The Contact Staff

**Editor-in-Chief:** Capt. Andy Coxhead  
**Editor:** Andrea LeBlanc  
**Asst. Editor:** Laurie McVicar  
**Advertising Sales:** Judy Leavere  
**Advertising Sales:** Adriana Galeota  
**Advertising & Promotions Assistant:** Rorrie MacDonald  
**Bookkeeper:** Marilyn Miron  
**Circulation:** Keith Cleaton  
**Assistant Translator/Proofreader:** MCpl Louise Fagan  
**PSP Manager:** Bob Payette  
**Subscriptions:** First Class postage charge \$65.00 per year for inside Canada, \$130.00 for international.

### Guidelines for submissions: ARTICLES AND PHOTOS

The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a 3.5" disk and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.
- Articles must be received by Tuesday at noon prior to print date at The CONTACT office.

### Letters to the Editor:

Internet: [LEBLANC.AL@forces.gc.ca](mailto:LEBLANC.AL@forces.gc.ca)

Intranet: [LeBlancAL@CFBTrenton@Trenton](mailto:LeBlancAL@CFBTrenton@Trenton)

All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.



### A Military Community Newspaper



The Contact newspaper is a Personnel Support Programs (PSP) entity. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



**The Contact**  
 Wing Headquarters Building Annex  
 8 Wing / CFB Trenton  
 PO Box 1000, Station Forces  
 ASTRA, ON K0K 3W0

Editorial: 613-392-2811 Ext. 7005 Fax: 613-965-7490  
 Advertising: 613-392-2811 Ext. 2748 or 7008

## C.C.A.R.E.S.

Nobody should have to deal with a crisis alone.

C.C.A.R.E.S. Victim Assistance is a community based service which assists Ontario Provincial Police (OPP) Detachments: Central Hastings, Napanee, Kaladar, Loyalist, Picton, Quinte West, Bancroft and Belleville Police Services, CFB Trenton Military Police, Stirling/Rawdon Police Service, Tyendinaga Mohawk Police Service as well as Quinte West fire service and EMS.

This volunteer group has been helping victims of crime since 1996, offering support and referrals to the residents of Hastings, Prince Edward and Lennox & Addington counties. Our office is graciously provided through the OPP in the Napanee detachment and is funded through Ministry of the Attorney General, Victim Services Secretariat.

C.C.A.R.E.S. is a group of volunteers spread across three counties who are always ready and able to help people in a time of crisis. Events beyond our control can strike anyone, at anytime. A crisis can leave an individual feeling alone, afraid and unsure of where to turn for help.

Volunteers help people who have suffered death of a loved one, fires, property crime, domestic violence and homicide, to name just a few. Victim assistance is provided by carefully selected and trained community volunteers. These volunteers are on call to all policing and emergency services, 24 hours a day, seven days a week. The objective of victim assistance is to lessen the trauma of being victimized. Volunteers help the victim cope with the impact of crime and/or tragic circumstance. They encourage the victim to connect with appropriate community services in their local area.

C.C.A.R.E.S. volunteers donate more than 16,000 hours annually. Volunteers are the heart of our service. Without our volunteers' help, we could not serve you or your community.

Lisa Warriner  
 Executive Director  
 C.C.A.R.E.S. Victim Assistance

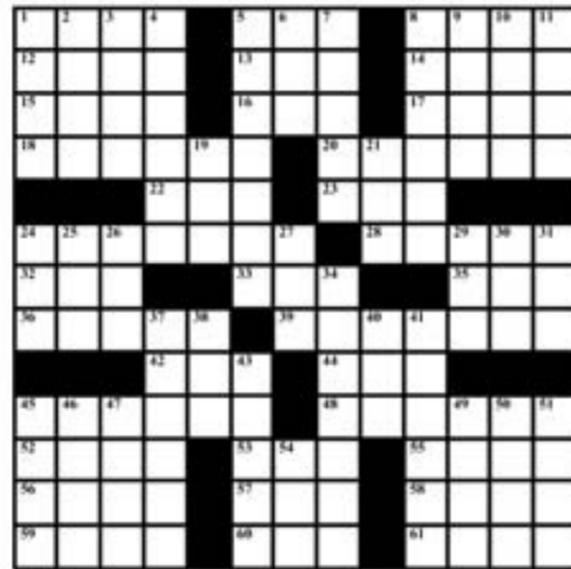
## Canadiana Crossword

### Roots

By Bernice Rosella and James Kilner

#### ACROSS

- 1 Gin genre
- 5 Cave dweller?
- 8 Brewery vessels
- 12 Assists
- 13 Civil defence org.
- 14 Lamb alias
- 15 Burns, for one
- 16 Rent
- 17 Grandmas
- 18 Of this (legalese)
- 20 Gets up
- 22 Travel sched. notation
- 23 \_\_\_ St Jean
- 24 Ontario community or the former Taiwan
- 28 New Brunswick community or English namesake
- 32 Ocean inlet
- 33 Hebrew letter or large marble
- 35 Busy insect
- 36 Ontario community or English namesake
- 39 Bunnies
- 42 Prime ministerial monogram
- 44 Aussie icon
- 45 Saskatchewan town or Scottish namesake
- 48 Ontario community or Polish namesake
- 52 Taj Mahal locale
- 53 Cassius Clay now
- 55 Hurting
- 56 Blackest black
- 57 The old \_\_\_
- 58 Alberta community or Chinese namesake
- 59 Journals
- 60 Large deer
- 61 Brick totes



#### DOWN

- 1 Window part
- 2 Vermin
- 3 Scent (var.)
- 4 Regard
- 5 Prince Edward Island community or Irish namesake
- 6 Soul, in St Foy
- 7 Complete
- 8 Alberta community or Italian namesake
- 9 Woe is me
- 10 Fork part
- 11 Spunk
- 19 Prefix denoting ear
- 21 Cooling device, slangily
- 24 Frat member
- 25 Atar
- 26 Snitch
- 27 Swiss river
- 29 Baseball stat
- 30 Wager
- 31 Affirmative
- 34 Ontario community or British namesake
- 37 Instruments
- 38 Raptors org.
- 40 Constrictor
- 41 Beet soup
- 43 Heroic
- 45 Indian fruit
- 46 Nigerian folk
- 47 Rum ration
- 49 London neighbourhood
- 50 Parched
- 51 Cysts
- 54 Little, condensed

## This Week in Contact

1975 – Canadian servicemen on United Nations tours of duty are now eligible for new rates of Foreign Duty Allowance (FDA). As of January 1, the rates increased in accordance with a new military rating system, which takes into account such factors as living conditions, messing facilities, isolation, and other local conditions.

1985 – 426 Squadron is preparing to publish a hardcover squadron history book. It will cover the squadron from its wartime role to its present activities. It will contain 200 photos with eight pages of full colour.

1995 – In the two and a half years of Operation Airbridge, the MAMS (Mobile Air Movements Section) team at Ancona has moved more than 50 million pounds of cargo and thousands of passengers. Many personnel have had several tours; some as many as nine. Most of these members come from 2 Air Movement Squadron. Operation Airbridge is Canada's contribution to the UN humanitarian airlift into the former Yugoslavia.

**Created by Lt J. H. MacDonald,  
Compiled by Laurie McVicar**

## Dr. Tom McDowell Family Dentist

Let us show you how our  
"Practice of Dentistry" can benefit you and your family.



**OFFERING**  
Orthodontics  
Sedation  
Hospital  
Close to Base  
Electronic Insurance  
Submission  
Complete -  
Tooth Whitening

**394-8888**

169 Dundas Street East, Trenton, Ontario

## HAVE YOUR SAY...

E-mail your letters to Andrea at:  
LeBlanc.AL@forces.gc.ca, or you  
can mail them to:

The Contact  
P.O. Box 1000  
Stn. Forces  
Astra, ON K0K 3W0



**CANEX**

CFB Trenton

Presents a...

Valentine's Day  
**GOLD** Sale

Remember, you can finance your purchase!



**CANEX**

**No Interest  
Credit Plan**

10 - 11 February 2005

ADVERTISED MERCHANDISE  
POLICY



POLITIQUE EN MATIÈRE  
D'ARTICLES ANNONCÉS

« Nous avons choisi l'école  
secondaire publique Marc-Garneau  
afin de nous épanouir dans la culture  
francophone. L'école a une vision  
avant-gardiste et on s'y sent choyé  
et respecté. De plus, on en sort  
parfaitement bilingue! »

Des histoires à succès comme celle d'Annabelle et Véronique,  
l'école publique de langue française  
en produit des milliers.  
Venez voir!

Soirée d'information et d'inscription  
Ecole secondaire publique  
**Marc-Garneau**  
30, avenue Fullerton  
à Trenton  
**394-0617**  
10 février • 18 h 30

Annabelle Pellerin et Véronique Turpin  
Élèves de l'ESP Marc-Garneau  
Ambassadrices des Jeux  
franco-ontariens 2005

[www.cepeo.on.ca](http://www.cepeo.on.ca)

Conseil des  
écoles publiques  
de l'Est de l'Ontario



Inscription en tout temps à l'école  
élémentaire publique Cité-Jeunesse  
30, avenue Fullerton  
à Trenton • 394-1398

## JR RANKS MESS

SUN MON TUE WED THU FRI SAT

			2	3	4 TGIF 1700 hrs Chicken & Taters 1800hrs/ Eachre	5 All Ranks Caribbean Fiesta Doors open 1930 HRS
6 SUPERBOWL SUNDAY			9	10 General mess meeting 1430 HRS Astra lounge	11 TGIF 1700 hrs Lasagna 1800HRS Pool	12
13	14	15	16	17	18 TGIF 1700 hrs Chicken Wings 1800hrs/ Eachre	19
20	21	22	23	24	25 TGIF 1700 hrs DONAIRS 1800hrs/ POOL	26



**FEBRUARY  
2005**

# Think you own your home? Think again

## it's your Money



Garth Turner

"They don't make it anymore," has long been one of the most effective sales pitches a real estate guy could utter. Land in desirable locations has always commanded a premium, which is why houses on hills cost more than those in valleys, why waterfront properties sell for vastly more than homes a mile inland, and why prices snake higher the shorter the commute to downtown.

Location, location, location are the other three main reasons why a particular property costs what it does. And this means a big house on a busy street sells for less than a smaller one a few hundred feet in. It also translates into a lower selling price for a corner property as opposed to one in the middle of the block. When it comes to location, my personal rule has always been that it makes the most sense to buy the worst house on the best street. You can always change the house. You can do nothing about the neighbourhood.

But these days, the issue of land and location has been shifting quickly in some parts of the country, thanks to interventionist governments and

the fact Canadians have always been denied the right to own property. If that comes as a surprise to you, you're not alone.

While the right to own property has always been protected in the American Constitution, it has never been enshrined into law in this country. Oh, it's been tried, for sure. During a brief time of personal insanity when I was a federal politician, I lobbied for property rights to be protected, and that initiative actually made it into the Charlottetown Accord (remember that?). But, as we all know, provisions in that Accord to give special status to Quebec meant the country shot it down in flames – along with the property ownership issue.

So, what does it mean when you do not have the constitutionally-protected right to own your own piece of land? Simply that the courts will not protect you when government decides to take it away. So, your home can be expropriated for a hydro line or a conservation area or a new road – and you basically have to take whatever compensation you are offered.

Even more sinister is what has been happening

in the part of the country where I hang my hat – southern Ontario – where government has been changing the laws regarding land use in such a way that land values have been horribly skewed. The province has been on an ecological kick lately, and has banned development from a broad strip of land that surrounds Toronto called the Oak Ridges Moraine. The trouble was, home builders already had paid millions of dollars to buy and service vast chunks of the area – but because they don't have the right to own property, either, they lost.

Added to that is the Niagara Escarpment Commission, which controls all development in another huge area to the north and the west, and which now has a policy of simply refusing any and all land severances. So, if you have a hundred acres and want to sever off lots for your kids, you can't. If you want to dig a pond, pave your driveway, cut trees or build a fence, you need a development permit.

And now Ontario has just introduced some of the most ambitious land-protection legislation in the world, called the Greenbelt. This will forever ban all development in a broad swath of land over 600,000 hectares in size in an arc surrounding the country's largest city, Toronto, which is swollen each year by more than a hundred thousand new immigrants.

This means people

who own farmland in the path of approaching development have just seen its value plummet. It means a field without a building will forever stay a field. It means land that can be developed under prior zoning is escalating in value. And it means nobody can do anything about it, challenge it, fight it, change it or defend against it. The right to own land, as the affected folks are discovering, does not exist in Canada.

This is not just an esoteric issue. Anyone buying a new house in the greater Toronto region in December of 2004, paid about \$50,000 more for it – or 15 per cent – than a buyer in January of the same year. This despite the fact home sales actually declined a little, and interest rates did not budge one little bit. The only wild card factor was the cost of land, which is becoming prohibitive in Toronto, as it has in Vancouver, Victoria, Calgary or the South Shore of Nova Scotia.

Supply and demand pressures that drive land costs are one thing – and we all understand them. But government intervention, often based on bad social policy or sheer political ignorance, is quite another. Usually it's politicians, who already have houses, who are making it desperately hard for young families, who often do not, to own real estate.

And they're still not making any more of it.

## Here are the top ten RRSP tips to consider

(NC)—Your best RRSP strategy depends on your financial needs and objectives, your risk tolerance and your preferred investing style. Here are ten simple tips to help keep RRSP season as uncomplicated as possible:

1. **Get expert help**--New investment vehicles are available, new markets are opening up and your goals and objectives may change. Take advantage of expert help to plan your retirement.
2. **Designate a beneficiary**--Designating a beneficiary of your RRSP means that the assets immediately become that person's property and are not subject to probate fees as part of your estate.
3. **Take advantage of "special" RRSP deductions**--Two "special" deduction opportunities may be available to you. One is a severance payment that you may be entitled to transfer, tax-free, into your RRSP. The other is a Pension Adjustment

Reversal that can help restore lost contribution room.

4. **Make sure you practice "tax efficient" investing**--Keep high taxed investment income, such as interest income, in your RRSP. Keep tax preferred investment income, like Canadian dividends and capital gains, outside of your RRSP.
5. **Diversify**--Diversifying your portfolio and holding various types of investments helps protect against day-to-day fluctuations in any one category.
6. **Contribute now, deduct later**--Make your RRSP contribution right now. But don't take the income tax deduction right away if you expect to be in a higher tax bracket in the near future.
7. **Consider a Spousal RRSP**--If you expect one spouse to be in a lower tax bracket in retirement, spousal RRSPs are a good strategy because they provide the benefit of balancing

retirement income between spouses.

8. **Contribute early**--Yes, procrastination can be costly. The sooner you put your money into an RRSP, the sooner it starts compounding tax-free.
9. **Use ALL your contribution room**--If you have substantial unused RRSP contribution room, but no money to make a contribution, consider an "in kind" contribution. For example, if you have non-registered mutual funds, you could contribute them to your RRSP. Alternatively, you could consider an RRSP loan.
10. **Maximize**--Maximize your tax savings by maximizing your RRSP contribution. Your RRSP is one of the most powerful ways to protect your investments from taxes. Not only do you enjoy an immediate tax deduction, but your earnings within the plan grow and compound tax-free until you withdraw money from the plan.

**QRCC** Quinte Region Credit Counselling Services **OACCS**

237 Coleman St Belleville, ON K8P 3H8 www.k3c.org

Accredited, professional non-profit counselling services:  
Personal Budgeting  
Money Management  
Debt Repayment Programs

Tel. (613) 966-3556 Toll Free 1-800-379-5556  
Appointments available in Belleville and Trenton

**WHITLEY INSURANCE & FINANCIAL SERVICES**  
392-1283  
(1-800-663-1384 Toll Free)

SINCE 1949 Visit our Website at www.whitley.net  
E-mail: info@whitley.net

"SAVE MONEY, CALL FOR A QUOTE"  
41 Dundas Street W. Trenton

**Credential securities**  
Member of Credential Group

251 RCAF Rd., P.O. Box 278  
Trenton, ON K8V 5R5

- Stocks • Mutual Funds • Bonds
- RRSP • RRIF • GIC
- Severance Investments

Tel: (613) 394-6589 Fax: (613) 394-4903  
E-Mail: dlockey@qcscu.com Member: CIPF

Don Lockey  
Investment Advisor

FOR ALL YOUR FINANCIAL INVESTMENTS

ROBERT GRANDMAISON, CD, CFP  
Certified Financial Planner  
FINANCIAL PLANNERS (QUINTE) INC.

55 Glenburnie Drive, Trenton, ON

- RRSP • RRIF • MUTUAL FUNDS
- GIC • SEVERANCE INVESTMENTS
- EDUCATION PLANS • INSURANCE

Mutual Funds Provided by  
WORLD SOURCE FINANCIAL MANAGEMENT INC.

Tel: (613) 392-0044 Res: (613) 392-0280  
Fax: (613) 392-7110 e-mail: rgrandmaison1@cogeco.ca

OPEN 7 DAYS A WEEK

**The Cash Store Inc.**

CASH ADVANCE CENTERS

**money now**

310-4PAY (4729)  
FOR A LOCATION NEAR YOU

• PAYDAY LOANS  
• TITLE LOANS  
• NO CREDIT NECESSARY

GET YOUR MONEY ON THE CASH STORE CASH CARD™

Best Quality Best Price

**"The Only Place To Go"**

**SMITTY'S**  
WAREHOUSE OPERATION  
For NEW or GOOD USED Appliances

Smitty's has been keeping customers happy for 20 years in the appliance business. This proves Smitty has the Best Price, Selection, Guarantee, Quality & Price plus Same Day delivery, seven days a week. Smitty plans to be around for another 20 years. Now he has in-house financing at NO INTEREST. These are just a few of the many reasons to visit Smitty's for your new or used appliance purchase.

Best Selection Best Guarantee Best Service

**SMITTY'S**  
KING OF APPLIANCES  
Open Evenings & Seven Days A Week  
River Road-Corbyville (just N. of Corby's)

969-0287

This space could be yours. Call Adriana (local 7008) or Judy (local 2748) today to promote your business in The CONTACT NEWSPAPER.

# Winter illness got you down? Try these common cures

(NC)—With winter in full swing there is nothing like a bout with cold and flu to bring you down. Here are some tried and true suggestions to help your family cope when winter illnesses pay a visit this season:

**A comfortable bed** – When you are feeling under the weather, there is no place better than your comfortable bed. In order to fight the illness, your body needs rest, and the best place to get that is right in your own bed.

**Chicken soup** – “Feed a cold, starve a fever” is an old saying that many people grew up hearing. If you’re not sure which category you fall into, you’ll still need some form of nourishment to help

fight off your illness. The comfort of chicken soup will warm you up and the clear broth will hydrate you without upsetting your stomach. Chicken soup is packed with nutrients that will restore your energy levels and help you fight your illness.

**Crackers** – If winter illness has you shying away from food, dry crackers are a safe choice. Not only will they help to settle your stomach, they will may also increase your strength to fight off the illness.

**Anti-diarrhea medication** – The symptoms of winter illness can range from coughs and sneezes to upset stomach and diarrhea. The myth that anti-diarrhea medications keep the illness in your

body is simply not true. Recent clinical studies show that treating diarrhea with products like Imodium relieves the discomfort associated with diarrhea and do not prolong illness. Once you’ve treated your diarrhea symptoms, you’ll feel well enough to eat foods that will give you energy, re-hydrate yourself with plenty of water, and ultimately, fight your illness.

**Lots of fluids** – One of the easiest ways to fight the battle against winter illness is to drink plenty of fluids. It is important to keep the body hydrated as symptoms like diarrhea can result in dehydration. So try to drink a lot of fluids like water and fruit juices.

## When you stop smoking...

Twenty minutes after your last cigarette, positive changes begin to occur in your system, which continue for many years. It takes only one cigarette a day to compromise these beneficial changes.

After twenty minutes:

- Blood pressure returns to normal.
- Pulse returns to normal rhythm
- Temperature of hands and feet returns to normal.

After eight hours:

- Carbon monoxide count returns to normal.
- Oxygen level in the blood returns to normal.

After 24 hours:

- Risk of heart attack decreases.

After forty-eight hours:

- Sense of smell and taste improve.

After two weeks to three months:

- Circulation improves.
- Walking becomes easier.
- Pulmonary function increases by about 30 per cent.

After one to nine month:

- Cough and nasal congestion, fatigue and shortness of breath diminish.

• The body regains energy.

After one year:

- Risk of coronary disease is 50 per cent less than that of a smoker.

Do you want to quit smoking but have not set your quit date yet?  
This challenge is for you!

Are you a non-smoker and interested in supporting a smoker attempting to quit?  
This challenge is for you too!

## BE A WINNER!

By registering in the challenge “March 1<sup>st</sup>, I Quit!”, you enhance your quality of life.

You could also win one of:

- 4** gift certificates of \$1,000
- 40** MP3-CD players
- 15** digital cameras

**you could WIN!**  
Quit smoking for at least one month and Non-smokers can also participate

**STRENGTHENING THE FORCES**  
CANEX

Prizes are donated by CANEX and MHC WEARM Financial Services, the sponsors of the “March 1<sup>st</sup> I Quit” Challenge.

Register online at [www.cfpsa.com](http://www.cfpsa.com)  
for more details, call the Health Promotion office at local 3768

**You’re a non-smoker?**  
You can participate in the challenge by becoming a supporter and helping someone to quit smoking.

Supporters are eligible to win one of:

- 1** gift certificate of \$1,000
- 40** MP3-CD players
- 5** digital cameras

## WO'S & SGT'S MESS

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 TGIF 1200 hrs DONAIRS 1700hrs Philly Steak	5
6 SUPERBOWL SUNDAY Mixed Darts 1300 Hrs			9	10	11 TGIF 1200 hrs Subs 1700 hrs Fish & Chips	12
13 Mixed Darts 1300 Hrs	14 	15	16	17 General mess meeting 1430 HRS	18 TGIF 1200 hrs Pizza 1700hrs Hot Chicken	19
20 Mixed Darts 1300 Hrs	21	22	23 WCWO Coffee & Donuts 1000 Hrs	24	25 TGIF 1200 hrs Fish & Chips 1700hrs Roast Beef	26
27 Mixed Darts 1300 Hrs			FEBRUARY 2005			

## OFFICER'S MESS

SUN	MON	TUE	WED	THU	FRI	SAT	
		1	2 OFFICERS' MESS LADIES CLUB	3 MTGIT 1730 hrs Maggies Fish & Chips	4 SANDWICH BAR 11:30-13:15hrs	5 WEDDING	
6 	7	8	9	10 MTGIT 1730 hrs Lasagna	11 SANDWICH BAR 11:30-13:15hrs	12	
13	14 	15 	16	17 MTGIT 1730 hrs Chinese Food	18 SANDWICH BAR 11:30-13:15hrs	19 WEDDING	
20	21	22	23	24 MTGIT 1730 hrs PIZZA	25 SANDWICH BAR 11:30-13:15hrs	26	
27	28	FEBRUARY 2005				Please note: 3 MARCH DONAIRS 1730HRS	



INFORMATION / REGISTRATION / INSCRIPTION 965-3575

Women's Conference 2005  
 Saturday, February 26  
**"De-Stress and Be Happy!"**  
 Register by February 11th and be eligible  
 for the Early Bird Draw  
*Keynote Speaker: Cate Gibson*  
*"Recharge and renovate your  
 emotional state"*

Conférence des femmes 2005  
 Samedi le 26 février  
**"Relaxe et savoure ta vie"**  
 Inscription avant le 11 février pour être éli-  
 gible au tirage participant hâtif  
*Oratrice principale: Cate Gibson*  
*"Ressourcez -vous et restaurez vos  
 émotions"*

**Personal Development**

**Couple Communication**  
 February 21 & 28/ 7pm to 9 pm  
**\$10 registration fee per couple**  
 In these two session workshops participants will focus on solutions not problems. They will explore how men and women communicate differently. Participants will work on how to look for the feelings behind the words.  
 Childcare is available but must be reserved in advance.

**Perfectionnement personnel**

**La communication entre le couple**  
**Les 21 et 28 février - de 19h à 21h** **Coût : 10,00\$ par couple**  
 Durant ces ateliers de deux sessions, les participants se concentreront sur les solutions et non sur les problèmes. Ils étudieront les différences entre la façon de communiquer des femmes et celle des hommes. Les participants s'efforceront de reconnaître les sentiments qui se cachent derrière les mots.  
 Un service de garde d'enfants est disponible, toutefois les réservations doivent être faites à l'avance.

**Trenton MFRC Pre-registered DROP-OFF Childcare**  
**(18 months to 6 years)** **NEW**  
 When: Mondays - Thursdays and Saturdays  
 Time: 9:00 am - noon  
 Where: Siskin Centre (6RD/RCAF rooms)  
 Cost: \$4 per hour/per child, snack not included  
 Register by noon the day before at 965-3575.  
 Funding may be available for families with a deployed spouse.

**Halte-Garderie du CRFM avec pré-inscription**  
**(de 18 mois à 6ans)**  
 Quand: Du lundi au jeudi ainsi que les samedis  
 Heure: 9h à 12h  
 Où: Centre Siskin (salles 6RD et RCAF)  
 Coût: 4\$ de l'heure par enfant, la collation n'est pas fournie  
 Inscription avant midi la journée précédente en téléphonant au 965-3575.  
 Du financement peut être disponible pour les familles dont un parent est déployé.

 **Invisible Ribbon Gala**  
 Saturday, March 5th, 2005  
 Cocktails at 5:30pm at the Ramada Inn, Belleville.  
 Semi-formal dinner, dance and auction.  
 Tickets: \$75 per person  
 Proceeds to support services and programs of the  
 Trenton Military Family Resource Centre and  
*"the ones who wear the invisible uniform."*  
 Great music, great food, great company and a great cause!  
 Tickets available at the Trenton MFRC.

 **Gala Ruban Invisible**  
 Samedi le 5 mars 2005  
 Cocktail à 17h30  
 Ramada Inn, Belleville.  
 Souper, danse et encans  
 Billets: 75\$ par personne  
 Les profits supporteront les services et programmes du  
 Centre de ressources pour les familles des militaires de Trenton et.  
*"à ceux qui portent l'uniforme invisible."*  
 Bonne musique, bon repas, bonne compagnie et une bonne cause!  
 Billets disponibles au CRFM de Trenton.

Three generations of service to our friends and neighbours



Ralph Weaver Founder  
 Jeff Weaver President  
 Tim Weaver Funeral Director



East (613) 394-2433  
 Chapel 1-866-5WEAVER  
 West (613) 392-3579  
 Chapel 1-866-4WEAVER  
 Weaver Family Funeral Homes

DND Discounts up to 11% Select Lifetime Guaranteed Parts



394-3357

Exhaust, Brake & Suspension Specialists  
 Complete Automotive Repair Service  
 220 Dundas Street E., Trenton, ON. K8V 1L9

• Desktop Publishing • Posters • Laminating • Digital Copies

*Darling's* **Call today**  
**COPY DEPOT 392-7273**  
**Fax service: 392-7058**  
 www.copy-depot.com  
 20 Dundas W., Trenton



• Fax Service • Enlargements • Scanning • Canon Laser Copies

Photograph Photocopying-Full Colour • Engineering & 36" Copies Format





# Fitness, Sports & Recreation

## Trenton team heading to nationals

by Laurie McVicar  
Assistant Editor

The 8 Wing/CFB Trenton Men's Basketball Team won the regional championship for the second time in a row during a round-robin style tournament held here last week.

Four teams participated in the championship, which pitted 8 Wing/CFB Trenton against Petawawa, Kingston, and Borden. Trenton went into the finals in first place and then defeated Petawawa 68-57 in the deciding game.

Scott Burns, the coach for Trenton's team, was highly impressed by the performance of his players despite their numerous challenges.

"(The team) came together well over the course of the tournament. This year was the first in five years we didn't have a men's league downtown to play in and the team I

selected was so deployable. I don't think I had one full court practice," said Burns. "This tournament was really the first time I got all 10 guys to play together. You could see they were shaking off the rust from the first game, gelled a little better in the second game, got better in the third game and played our best game in the finals."

Burns gives credit to the level of competition offered by the opposing teams.

"Even with the teams that were eliminated, Kingston and Borden, we only beat them by less than 10 points," said Burns. "In the round robin, we beat Pet by only two points in overtime, so everyone was looking forward to the rematch."

He attributed Trenton's win to an early lead.

"In the opening quarter, we jumped out ahead with a 10-point lead and managed to keep it," said

Photo: Cpl Simon Duchesne, 8 Wing Imaging



The 8 Wing/CFB Trenton Men's Basketball Team has advanced to the nationals after defeating Petawawa in the final game of the Ontario Regional Basketball Championship last week.

Burns.

Although stressing the fact it was a team effort, Burns gave special mention to three players in particular: Cpl Scott McGowan, Capt Dave Jones, and MCpl Darren Power.

"They were three of my mainstays. They came off the bench for me and played awesome. We didn't

lose a step when these guys came on the floor. All three played a very big part in getting to the finals," said Burns.

The team is now preparing for the national championship, which will be held at CFB Borden February 27 to March 4. Last year Trenton finished in second place after a loss to Cold Lake.

## Astra Lanes report

Congratulations to Rick Clark, Derek Cook, Pat Kolupanowich and Janette Burns. They finished first for the second third of the season. While most teams have been split up with a new draft this team remains together and looks to defend their title.

### Monday Match Play

**High Average:** Mike Stoddart, 267; Rick Clark, 225; Don Harvey, 217.

**Women's High Average:** Edie Rathbun, 203; Cathy Stoddart 202, Marilyn Ekman 198

**High Quad:** Mike Stoddart 1022, Don Harvey 965, Jim Edworthy 957

**Women's High Quad:** Edie Rathbun 852, Pat Kolupanowich 844, Donna Stoddart 829

**High Single:** Jim Edworthy 323, Mike Stoddart 322, Don Harvey 313

**Women's High Single:** Pat Kolupanowich 291, Donna Stoddart 278, Beth Clark 267

**Most Points Won:** Jim Edworthy 5, Stephen O'Neill 5, Don Harvey 4.

**Women:** Sherry Crawford 4, Beth Clark 4, Joy Beck 4.



## PUBLIC NOTICE

Lowest Prices in the Quinte Area **GUARANTEED**  
WARNING: limited quantities

**Sale ends Saturday!**

54" Box & Matt Set  
From  
**\$139<sup>00</sup>**

39" Box & Matt Set  
From  
**\$89<sup>00</sup>**

60" Box & Matt Set  
From  
**\$199<sup>00</sup>**

54" Pillowtop Box & Matt Set  
From  
**\$299<sup>00</sup>**

**SALE ENDS FEBRUARY 5, 2005**

60" Pillowtop Box & Matt Set From <b>\$329<sup>00</sup></b>	Wood Dinette Sets From <b>\$299<sup>00</sup></b>	Oak Finish Dinette Sets <small>42x44 • 2 Captain Chairs (New York Chairs) • 4 sides</small> From <b>\$799<sup>00</sup></b>	Oak Finish Buffet & Hutches From <b>\$799<sup>00</sup></b>
Wood Bunkbeds <small>(Matts extra)</small> <b>\$299<sup>00</sup></b>	6 Pc. Bedroom Suite Sets <small>Various colours</small> From <b>\$479<sup>00</sup></b>	Single/Double Metal Bunkbeds <small>(Matts extra)</small> <b>\$199<sup>00</sup></b>	Single/Single Metal Bunkbeds <small>(Matts extra)</small> <b>\$189<sup>00</sup></b>

**TRENTON FURNITURE** DELIVERY AVAILABLE  
Hwy 2, Bayside 962-6202

### Saving made easier

*Take advantage of new pre-authorized contributions with Group Retirement Services.*

Save monthly with convenient direct withdrawals from your financial institution's account to your Canadian Forces Group Retirement Savings Plan (CFGRSP). For more information visit [www.sisip.com](http://www.sisip.com) (click on CFGRSP) or your local SISIP Financial Services office. You can also call the Group Retirement Services Access Line at 1-800-724-3402.

### Il est maintenant plus facile d'épargner

*Tirez profit des cotisations par prélèvement automatique, un service offert par les Services de retraite collectifs.*

Versez une cotisation mensuelle à votre régime collectif d'épargne-retraite des Forces canadiennes (RCERFC) au moyen d'un montant prélevé automatiquement sur votre compte de votre institution financière. Pour de plus amples renseignements, consultez le site [www.sisip.com](http://www.sisip.com) (cliquez sur RCERFC) ou visitez votre bureau local des Services financiers du RARM. Vous pouvez également appeler la Ligne d'accès des Services de retraite collectifs au 1 800 724-3402.

Endorsed by:

Avec l'appui des:

The Canadian Forces Group Retirement Savings Plan is offered by Group Retirement Services, a division of The Great-West Life Assurance Company, London Life Insurance Company and The Canada Life Assurance Company.

Le régime d'épargne-retraite des Forces canadiennes est offert par les Services de retraite collectifs, une division de La Great-West, compagnie d'assurance-vie, de la London Life, Compagnie d'Assurance-Vie et de La Compagnie d'Assurance du Canada sur la Vie.

Showcase

# Showcase



**Pte(T) K.A. Hardy**  
was presented with a promotion to that rank by Maj K.J. McDonald, A/CO 426 Sqn.



**Pte(T) J.W. Mansfield**  
was presented with a promotion to that rank by Maj K.J. McDonald, A/CO 426 Sqn.



**MCpl M.R. Finucan**  
was presented with the Junior Leader Air Environmental Course Certificate by Maj K.J. McDonald, A/CO 426 Sqn.



**Sgt S.B. Smith**  
was presented with his CD2 by Maj K.J. McDonald, A/CO 426 Sqn.



**MCpl S. Peacock**  
was presented with his General Campaign Star ISAF Bar by Maj K.J. McDonald, A/CO 426 Sqn.



**Capt T. Brodie**  
was presented with a promotion to that rank by LCol R. Coulhart, CO 436 (T) Sqn.



**Mr. A. Arsenault**  
was presented with a plaque in recognition of 45 years of loyal dedicated service to Queen and Country, presented by CWO J.E.R. Goulet



**Cpl Y.D. Leclerc**  
was presented with a promotion to that rank by Maj E.S. Giles, WTnO



**Cpl T.S. Ball**  
was presented with a promotion to that rank by Maj E.S. Giles, WTnO.



**Sgt J. Whibbs**  
was presented with a promotion to that rank by LCol R. Ewing, CO CPC.



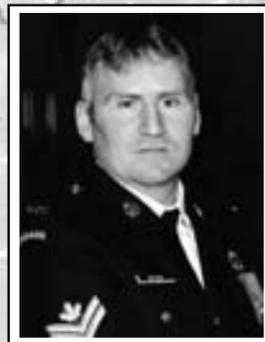
**WO A. Lamarre**  
was presented with a promotion to that rank by LCol R. Ewing, CO CPC.



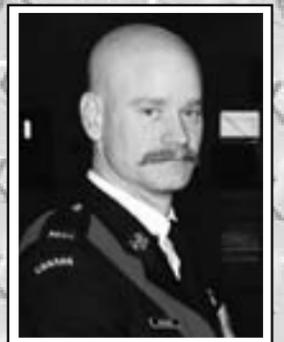
**WO M. Hamilton**  
was presented with a promotion to that rank by LCol R. Ewing, CO CPC.



**WO P. Mazet**  
was presented with a promotion to that rank by LCol R. Ewing, CO CPC.



**Sgt R. Keyes**  
was presented with a promotion to that rank by LCol R. Ewing, CO CPC.



**WO J. McNabb**  
was presented with a promotion to that rank by LCol R. Ewing, CO CPC.

***Congratulations! Félicitations!***



# HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last  
February 6 - February 12

**ARIES** (March 21-April 19): Don't be fooled by what people tell you on the 6th and 7th. Someone will try to trick you into doing the wrong thing. Make your own decisions based on what you know is fact. Things are looking up, so make your move and do your thing on the 8th and 9th. You have the talent and the know-how, so take the plunge and jump into the future with optimism and confidence. You may feel uncertain about your living conditions on the 10th and 11th. Focus on what needs to be done. Change will be good in the end. Everything is looking good so don't take chances on the 12th. It's all about timing so gauge your moves carefully.

**TAURUS** (April 20-May 20): Get over what someone is doing or saying to upset you on the 6th and 7th, and focus on your own success. The more you can do to get ahead or prove what you are capable of doing, the fewer complaints you will face. Stop talking about what you are going to do on the 8th and 9th and take action. It's what you accomplish that will count. You need a change of scenery on the 10th and 11th. You will be at your best when you are contributing to something worthwhile. Someone new will impress you on many different levels. Take a moment to acknowledge what's most important and focus on doing it well on the 12th.

**GEMINI** (May 21-June 20): You should take a look at an investment opportunity on the 6th and 7th. A new look will bring you plenty of compliments. Spend time with someone you care about. Love is in a high cycle. Your genuine enthusiasm coupled with your smart ideas and inventive solutions will lead to popularity and a chance meeting with someone special on the 8th and 9th. Stick to your game plan and don't let emotional matters slow you down on the 10th and 11th. If you are precise and know what you want, you will get your way. Changes may alarm you, but you can make them work to your advantage. Business and personal partnerships will develop on the 12th.

**CANCER** (June 21-July 22): Not everything will go your way on the 6th and 7th, but if you are willing to work and compromise, a lot can be achieved. Financial and legal matters will turn in your favor. Make some changes to your home. Investment or a pending settlement is looking favorable on the 8th and 9th. Luck is in your corner, and good things are coming your way. A change may not be welcome, but it will be beneficial. You can make some very subtle changes on the 10th and 11th that will result in clearing up financial or legal matters hanging over your head. A little patience will go a long way on the 12th. Follow your own path and do your own thing.

**LEO** (July 23-Aug. 22): You may have to take on a little more responsibility than you had planned on the 6th and 7th. Don't make a fuss — instead get the work done and move on to better things. Love is in a high cycle. So much is riding on how you treat the people around you on the 8th and 9th. You can be a star or a villain — the choice is yours. A new partnership can lead you in a better direction. You may have to make a decision that will affect your living arrangements on the 10th and 11th. Do what's necessary to protect what you have. Honesty coupled with a little Leo finesse will win support. Stay on top of matters on the 12th. Call the shots and everything will bend in your favour.

**VIRGO** (Aug. 23-Sept. 22): You will learn something interesting on the 6th and 7th that can be applied to your future plans. Keep an open mind when discussing different lifestyles. The emphasis is on what you can accomplish on the 8th and 9th. Let your imagination take over and invent a new angle to something that you already know how to do. It's all about being in the right place at the right time. You can make progress through the people you influence on the 10th and 11th. A partnership may be on unstable ground. Taking precise action will help you smooth things over. An opportunity to change your direction should be taken advantage of on the 12th.

**LIBRA** (Sept. 23-Oct. 22): Don't let an emotional issue stifle your plans on the 6th and 7th. It's up to you to speak up and let others know what you want. Be brave. You have the edge on the 8th and 9th. You can be spectacular as long as you don't start putting off things you should be getting done right now. The time is right to excel, so get moving. You will have some terrific creative ideas that can lead to a moneymaking deal on the 10th and 11th. Changes regarding your work will be to your benefit. Don't look back; do your own thing and you will succeed. Go to the spa or book something that will raise your confidence or make an improvement to the way you look on the 12th.

**SCORPIO** (Oct. 23-Nov. 21): What you see and what you get may not coincide on the 6th and 7th. Check everything before you proceed. It's better to be safe than sorry. Personal issues can be dealt with. Say what's on your mind. Change may be required on the 8th and 9th, but you don't have to be dramatic about it. Keep your plans to yourself, and you'll avoid opposition. You need to formulate what will serve you best before taking action. Not everyone will get what you are trying to do on the 10th and 11th, but the ones who do will be in your corner to help you every step of the way. The 12th is the time to expand your knowledge, creative outlet and circle of friends.

**SAGITTARIUS** (Nov. 22-Dec. 21): You may think that everything is all about you on the 6th and 7th, but it really is about getting along with others. You can make a big splash if you present your ideas on the 8th and 9th. Travel the information highway and you will discover everything you need to know. Self-improvement, romance and luck are all highlighted. You will find yourself in a difficult situation on the 10th and 11th if you have not been honest about something. You may have to make a promise in order to keep the peace. Don't go back on your word. Your attributes will be sought after, and you can call in any favors you are owed on the 12th.

**CAPRICORN** (Dec. 22-Jan. 19): You may be out of sorts if you let personal matters escalate on the 6th and 7th. Do something productive and you will eliminate many of the problems trying to manifest in your private life. Making money or changing the way you do so should be penciled in on the 8th and 9th. You can set up interviews, start your own business or apply for a better position. You will have a lot to contend with on the 10th and 11th, but the end result will bring you exactly what you want. Stop being so hard on yourself on the 12th. Relax and forget about the things that aren't going your way. Anger or dissatisfaction will only lead to more trouble.

**AQUARIUS** (Jan. 20-Feb. 18): Keep your ideas and plans secret on the 6th and 7th. Someone you think you can trust is likely to let you down. You will end up paying too much for something if you shop. You will learn something very important on the 8th and 9th from someone whose lifestyle is totally different from yours. Don't rule out combining a few different ideas in order to come up with something that works for you. Follow your heart and your dreams on the 10th and 11th. Follow the path that you know will bring you the greatest satisfaction. Get involved in something that you feel really passionate about on the 12th, and you will find your voice, your niche and contentment.

**PISCES** (Feb. 19-March 20): You'll be ambitious on the 6th and 7th. Creative projects will take off in a direction that looks promising. Attend a class that will inspire you. Getting your act together should be your intent on the 8th and 9th. If you have been wasting time trying to take from others instead of doing for yourself, apologize and work at being more self-sufficient. You will be emotionally unpredictable. Don't let your own uncertainty lead to an irreversible mistake on the 10th and 11th. Finish one thing before you start another. You have to be honest about what you want in order to get ahead. Don't waste your time on people with no vision on the 12th. Get your ideas off the ground.

## Soyez de la partie et profitez de la saison des REER!

À quelques jours de la date limite (1er mars 2005) pour cotiser à un REER pour l'année financière 2004, voici quelques stratégies qui vous permettront de tirer le maximum de revenu de votre REER à la retraite.

· Veuillez consulter votre avis de cotisation reçu du gouvernement fédéral pour l'année d'imposition 2003 pour connaître votre plafond de cotisation à un REER et le montant de vos cotisations inutilisées des années précédentes. Le calcul des cotisations à un REER permises pour 2004 est le suivant : Le moindre de 18 % du revenu gagné en 2003 et 15 500 \$, moins le facteur d'équivalence pour 2003 si vous avez participé à un régime de retraite, plus vos droits de cotisations REER inutilisées des années précédentes.

· Si vous prévoyez une variation importante de vos revenus gagnés entre 2004 et 2005, vous devriez demander à votre planificateur financier

si'il est plus avantageux de déduire vos cotisations REER pour l'année financière 2004 ou s'il vaut mieux les utiliser en 2005. Toutes cotisations REER faites dans les 60 premiers jours de l'année peuvent être déduites pour l'année financière courante ou précédente.

· Contribuez à votre REER au moyen d'un

plan de retraits systématiques. Des contributions régulières vous aideront à atteindre vos objectifs financiers plus rapidement.

· Au besoin, empruntez afin d'investir dans votre REER, en autant que l'emprunt soit remboursé dans un délai raisonnable d'au plus un an. Si vous recevez un remboursement d'impôt, servez-vous de cet argent

pour rembourser votre emprunt plus rapidement. N'oubliez pas que les intérêts d'un emprunt REER ne sont pas déductibles d'impôt.

· Si vous estimez que votre conjoint aura un revenu de retraite moins élevé que le vôtre, étudiez la possibilité de cotiser à un REER de conjoint. Ainsi, le conjoint qui gagne un

revenu plus élevé pourra réclamer une déduction d'impôt pour la contribution tandis que le conjoint dont le revenu est moins élevé pourra utiliser les fonds comme revenu de retraite et profiter d'un taux marginal d'imposition plus faible.

· Contribuez dès le début de l'année. Cotisez à votre REER dès que vous avez les liquidités

disponibles. Dans le monde de l'investissement, le temps, c'est de l'argent. Le temps vous permet de faire fructifier votre investissement grâce à la composition des intérêts à l'abri de l'impôt.

Le REER constitue une des stratégies de planification fiscale les plus efficaces et souples. Elle vous permet de maximiser votre revenu de retraite ou d'atteindre tout autre objectif tels l'achat d'une maison ou le retour aux études. Ce serait une bonne idée de communiquer avec votre planificateur financier pour obtenir plus de renseignements.

Cet article est publié à titre informatif et représente uniquement l'opinion de l'auteur.

Renée Trépanier, CFP, gestionnaire de l'éducation et des communications Services financiers du RARM, Ottawa.

SEE NEXT WEEK'S CONTACT FOR THE ENGLISH VERSION OF THIS ARTICLE.



Book your space today! Call Adriana (local 7008) or Judy (local 2748) today to promote your business in The CONTACT NEWSPAPER.

LOCAL SERVICES

To Serve You

AND TRADES

Classified Advertising 392-2811 ext 3976 24 Hour Faxing 965-7490

e-mail:MacDonald.3@forces.gc.ca

**Auto General Service**  
**Cannifton Garage 2000 Ltd.**  
We have gas generators for home & rural use.  
✓ Tune-ups - Springs ✓ Safety Inspections  
✓ Suspension Service ✓ General Repairs  
**Cars - Trucks - Vans - Buses Trailers & Heavy Trucks**  
**Parts & Service - Call Kevin 613-962-1132**  
at Hwy.37 & Casey Rd., Belleville

**Eavestroughing/Siding**  
**"RICH" HOME IMPROVEMENTS**  
• Roofing  
• Windows  
• Fascia & Soffit  
• Eavestroughing  
• Vinyl Siding  
Tel & Fax: (613) 475-3749  
Cell: (613) 827-8218

**General Contractors**  
**LUYMES Construction Ltd.**  
General Contractors  
Kitchen & bathrooms, rec-rooms, additions, replacement windows, refacing kitchen fronts & stairways, textured ceilings & fireplaces.  
613 962-8795 613 848-9996  
E-mail:luymes@reach.net  
Free Estimates  
In business since 1967  
www.luymesconstruction.com

**Antiques & Collectibles**  
**Paul's Bayview Market**  
Belleville's newest market featuring: antiques, collectibles, knitting, baked goods & jewellery, flea market **PARK & SELL**  
**OPEN 7 DAYS/WK 968-5715**  
3910 Hwy # 2 East Belleville

**This spot could be advertising your business. Call 392-2811 ext. 3976 for details!**

**Roofing W & E**  
**Roofing & Construction**  
Shingle Roofs, Vinyl Siding, Fascia & Soffit, General Repairs,  
**"Year Round Roofing"**  
Free Estimates  
**969-8109**

# Community Events

**CENTRE THEATRE** - **TOTALLY RENOVATED INCLUDING D.T.S. SOUND**  
**BIRTHDAY PARTIES ARE NOW AVAILABLE**

**GENEROUSLY SPONSORED BY THE CENTRE THEATRE**

**MOVIE LINE-UP**

- Hide & Seek (14A)
- Racing Stripes (G)
- Coach Carter (PG)
- Are we there yet? (G)

Coming Soon: Hitch

Admission \$7.50 (adults 18+) \$6.00 (youth) Wed. & Matinees \$5.00 (ALL)

1:10	7:10	9:10 (Weekend)
7:10		(Mon to Thurs.)
3:10		(Sat. & Sun.)
1:00	7:00	9:30 (Weekend)
	7:00	(Mon. to Thurs.)
1:05	3:05	7:05 9:05 (Weekend)
7:05		(Mon. to Thurs.)

**CALL 392-4211**

**FOR INFORMATION**

*Matinees Saturday, Sunday, Mondays & Tuesdays*

**MOVIES MOVIES MOVIES**

Welcome to the Contact Newspaper's Community Events page! Thanks to the generosity of Trenton's Centre Theatre, we can now feature (space permitting) public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 392-2811 Ext. 7005 for more information.

## Fête de la St-Jean Baptiste

Le Franco-Phare a mis sur pied un comité de la St-Jean Baptiste afin d'organiser cet événement d'envergure qui aura lieu **le 25 Juin 2005**. Afin que l'évènement soit un succès assuré, nous avons besoin de volontaires dans tous les domaines possibles.

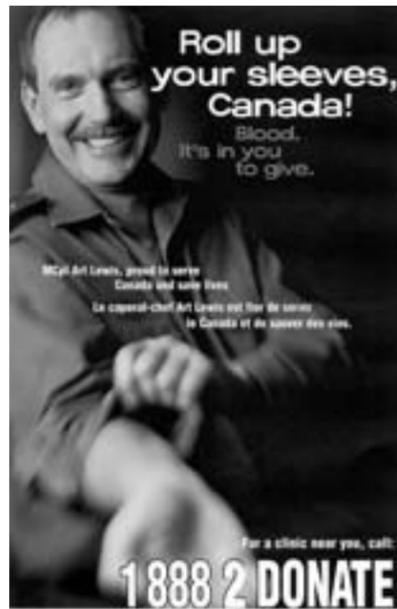
Si vous êtes intéressés à faire partie du comité organisateur ou comme bénévole, votre volontarisme serait grandement apprécié. Que ce soit pour la logistique, promotion, sécurité publique, premiers soins, communication ou chanssonier; votre expertise est la bienvenue.



## FIT FOR HEART BALL HOCKEY TOURNAMENT

February 24, 2005

Keep an eye on the Contact Newspaper for more details or contact the event coordinator, Tammy Whalen, at local 2822.



Retrouvez vos manches!  
Donnez. Vous l'avez dans le sang.

### CANADIAN BLOOD SERVICES BLOOD DONOR CLINIC

Canadian Forces Base Trenton  
75 Yukon Road  
Astra  
Thursday, February 17  
10:30 a.m. ~ 4 p.m.  
Cadet's Mess





## CHAPLAIN SERVICES

### SERVICES OFFERT PAR L'AUMÔNERIE

**Wing Chaplain/ Aumônier de l'escadre – Major Lloyd Clifton (Presbyterian)**  
**Administrative Assistant/Adjointe administrative – Manon Pilon Ext 2490**  
 UNIT CHAPLAINS / AUMÔNIERS DES UNITÉS  
 Padre James Craig  
 Padre Marc Torchinsky

#### WORSHIP SERVICES

<p><b>OUR LADY OF PEACE (RC)</b>  <b>NOTRE-DAME-DE-LA-PAIX (CR)</b></p> <p>Chapel Life Co-ordinator/Responsable de la communauté chrétienne                  Padre Bastien Leclerc (RC)</p> <p><b>MASS</b>                  Sunday Mass (English) 1015 hrs                  Messe Dominicale: 1130 hrs</p> <p><b>CONFESSION</b>                  At all times</p> <p><b>PARISH ORGANIZATIONS</b>                  Parish Council 3rd Thurs 1900 hrs                  Knights of Columbus 1st Thurs 1900 hrs                  CWL 2nd Tues 1900 hrs                  Chorale Merc 1900 hrs                  Choir Tues 1900 hrs</p> <p><b>BAPTISM/BAPTÊME</b>                  Please allow 30 days notice for preparation. / Communiquer avec le bureau des aumôniers au moins 30 jours avant la date désirée.</p> <p><b>MARRIAGES / MARIAGES</b>                  It is necessary to contact the chaplains' office prior to setting a date. Failure to do so could result in disappointment. Afin d'éviter des déceptions, il est important de communiquer avec le bureau des aumôniers avant de choisir votre date.</p> <p><b>DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR</b>                  After working hours, for emergency only, please call the base operator at 392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 392-2811 et demandez l'aumônier en devoir.</p>	<p><b>ST CLEMENT ASTRA (PROTESTANT)</b></p> <p>Chapel Life Co-ordinator                  Padre Catherine Morrison (ACC)</p> <p><b>WORSHIP SERVICE</b></p> <p>Divine Worship (Sun) 0900 hrs                  Holy Communion 1st Sunday of the month                  Mid-Week Communion Wed 1230 hrs</p> <p><b>PARISH ORGANIZATIONS</b></p> <p>Chapel Guild Last Tues 1930 hrs</p>
--	---

## THANK YOU

The Angela Hayden/8 Wing Adopt-a-Family Committee would like to send many thanks to all who helped make Christmas so special for 47 lucky children and special thanks to the following persons (and their sections): Theresa Nevills (8AMS), Dan DeLuca, Pte Guy Laurin (8AMS), MCpl David Corry (8AMS), Georgia Hoyle (Dental), Fren Breen (Whosp), Tara Derkson-Bent (Wops), Gabrielle deNoble Torfason (2AMS), Gloria Hewson (429 Sqn), Pte Mark Anderson (8 ACCS), Cindy Berryhill (WFoods), WO Spurvey (CCC), Cpl Jerry MacLennan (CCC), MCpl Ginette Gauthier (CCC), Michele Morrison (CHRO/TRICO), Cpl Guillemette (CFPU), Mrs Mitts (CFPU), Rhonda Bourbonnais (CE), Sgt Stewart (424 Sqn), Sue Viner (WHQ), Patty Leighton (ATC), Paul Burton (ATESS), Terry Oliver (ATESS), Eve Lawrence (MFRC), Joyce Fowler (ARAF).

## PREPARE TO RESPOND AND REGISTER NOW!

Take a Red Cross Standard First Aid/CPR Course at the Red Cross Quinte Branch.  
 365 North Front Street, Suite 212, Belleville

To register, or for more information, call 962-9122 today!



**SINGLES DATING GAME SHOW!**

**VALENTINES DANCE**

**SATURDAY FEB. 12TH**

**BELLEVILLE LEGION 9 PM**

**HEART & STROKE FUND RAISER**

**WWW.ROMEOANDJULIET.CA**

**392-9850**

Classifieds

# Classified

For Classified Information Call  
392-2811 ext: 3976

business • for sale • wanted • equipment • automobiles • child care • for rent • employment

**Information**

**CLASSIFIED AD RATES**  
Word ad: 20 words \$3.00 per insertion. GST included. Cash or cheque to be paid at time of insertion.

**ORDERING AN AD**  
All advertising must be dropped off at CONTACT 142 Yukon Street, South Side Room 26 before noon Wed. for the next edition and payment should be made at that time. In the event of a statutory holiday all deadlines are advanced by one day.

**ERRORS & OMISSIONS**  
Advertisers should check their ad the first day it appears. CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad wherein the error occurred.

**USERS & AD READERS**  
CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content. CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, CONTACT reserves the right to make necessary changes in ad copy.

 Please recycle this newspaper!

**Wanted**

**Wanted to Buy**  
Fridges, stoves, washers, dryers in working order and clean. Will pay good price. No dealers. Please call 1-613-969-0287 or 968-4183

**Business Services**

**BOARDING**  
Dogs & cats. Individual exercise. Secluded country setting. Airport service available. 5 mins from 401 Brighton. Call EDDYSTONE KENNELS 613-475-4405 2-2-RB

**NEW & USED REFRIGERATORS**  
Stoves, washers, dryers, freezers, dishwashers, 3 months old & up. Sold with written guarantees. Fridges \$100 and up  
**NEW APPLIANCES**  
at the lowest prices in the area. Trade-ins accepted on the new appliances. Big selection to choose from  
**PAYS CASH**  
for good used appliances in working order, or not, but no junk please. VISA & MASTERCARD accepted. We have our own financing. Shop at our competitors & then come and see for yourself, quality at low prices. Open 7 days a week & evenings. We deliver. We like Base people.

**SMITTY'S APPLIANCES LTD.**  
969-0287

**Help Wanted**  
**EARN \$\$\$ FROM ANYWHERE! HOME BASED ONLINE BIZ**  
**Excellent \$\$\$ Potential!**  
Full training & support  
FREE INFO!  
**1-888-563-7675**

**SIT BACK, RELAX, ENJOY**  


**RUSHNELL FUNERAL HOME & CREMATION CENTRE**  
60 Division Street Trenton  
**392-2111**

**Don't let your guests walk away hungry!**  
Serve with an all you can eat style of rotisserie. For all occasions. Book now for summer 2005!  
**L&L BBQ Catering**  
Call 613-395-0097

**"La Coccinelle"**  
home child care, bilingual, placements FT/PT ages 0-12, smoke free, cpr-fa, parks, reasonable rates & receipts call Brandy 392-8600

**SHOP for FREE**  
Earn FREE DISCOVERY TOYS® products by hosting a demo in your home. Share the excitement of our toys, books, games and software with your friends. Demos year-young. No pressure to buy.  
Ask me for a catalogue!  
  
**Laurie McVicar Educational Consultant**  
**392-9395**

**For Rent**

**Apt. for Rent**  
1 Bdrm, lower level of Country Bungalow, seperate entrance. 5 min west of Trenton. Furnished or Unfurnished Rent Negotiable  
Call Harry (613) 961-5144 Ext 111

**Great value!**  
1&2 bdrm apts  
ADULT OR FAMILY BUILDINGS  
clean & quiet  
utilities & cable included  
CLOSE TO BASE  
**KLEMENCIC PROPERTIES**  
**392-7839**

**Coming Events**

**VALENTINES DANCE & DATING GAME SHOW**  
Heart & Stroke fundraiser.  
Single Men & Women wanted to be in the show.  
Email us randj@reach.net to volunteer!  
The Valentines Dance is  
**Sat. Feb 12th**  
Belleville Legion  
9pm-1am  
No blue jeans or ball caps this dance  
**613 392-9850**  
www.romeoandjuliet.ca

Please recycle this newspaper!  


**For Sale**

**Belleville Volkswagen**  
  
**2000 Jetta GLS** - Green, 2.0L, 5 spd., power group, sunroof, leather, clean, local trade, VW certified, 65,000kms. **\$16,900**  
  
**1999 Jetta GLS TDI** - 5 speed, green, power group, diesel, clean local trade, 190,000 kms **\$11,900**  
All prices +Admin., GST & PST & licensing  
Call Paul at 966-3333  
239 North Front Belleville  
www.bellevillevw.com

**Crossword Answers**

S	L	O	E	B	A	T	V	A	T	S		
A	I	D	S	E	M	O	E	L	I	A		
S	C	O	T	L	E	T	N	A	N	S		
H	E	R	E	O	F	A	R	I	S	E	S	
			E	T	A	L	A	C				
F	O	R	M	O	S	A	D	E	R	B	Y	
R	I	A		T	A	W		B	E	E		
A	L	T	O	N		R	A	B	B	I	T	S
			R	B	B		R	O				
B	I	G	G	A	R		W	A	R	S	A	W
A	G	R	A		A	L		S	O	R	E	
E	B	O	N		V	I	C		C	H	I	N
L	O	G	S		E	L	K		H	O	D	S

Bridging the Gap presents the

8TH ANNUAL

# Bay of Quinte WINE FESTIVAL

February 5, 2005  
3:00 to 8:00 p.m.  
Loyalist College, Belleville

*Wine • Hors d'oeuvres • Silent Auction*

Advance Tickets \$20 • At the Door \$25  
*Price includes tickets for sampling your choice of food or wine!*

**TICKET LOCATIONS:**  
Brewjays 59 Dundas St. E., Belleville  
Freeman's Winemaking & Brewing Super C Plaza, Belleville  
Wine Rack Quinte Mall, Dewar's, Ultra Mart and the Trenton Town Centre  
Belleville Beer & Wine 600 Dundas St. E., Belleville  
Canex RCAF Road, CFB Trenton

**Great Gift Idea!**

Additional Information: Please call (613) 962-3239  
*All proceeds benefit local children.*

2005 FESTIVAL SPONSORS

**McDougall** Insurance Brokers Ltd.  
O'Flynn Weese Tausendfreund LLP  
Barristers and Solicitors

Printing Courtesy of Easy Print, a Division of Essence Communications Group, Belleville

# When a soldier falls

DND-CF

OTTAWA - (January 27, 2005) Defence Minister Bill Graham today acknowledged receipt of the DND/CF Ombudsman's special report, When a Soldier Falls: Reviewing the Response to MCpl Rick Wheeler's Accidental Death, and affirmed the Department of National Defence's broad acceptance of the recommendations.

"I commend Mr. André Marin for his detailed review of the Board of Inquiry into the accidental death of Master Corporal Wheeler," said Minister Graham. "As a result of this investigation, Mr. Marin has made a number of recommendations for changes to the way we conduct Boards of Inquiry. His report corroborates lessons that other Boards of Inquiry have identified, and we recognize that systemic changes must be made."

"To that end, the Chief of Defence Staff has directed that a fundamental and comprehensive review of the Board of Inquiry process be carried out," added Minister Graham.

This review will include examining the manner and means by which Boards of Inquiry are convened, terms of reference are drafted, members are selected and trained, evidence and testimonies are gathered, findings and recommendations are determined, reviews are carried out, and follow-up action is implemented.

In the years since Master Corporal Wheeler's death in 1992, the Canadian Forces have made significant improvements to the way it conducts investigations and supports the families of deceased CF personnel - improvements that reflect many of the recommendations made by the Ombudsman.

The Department of National Defence has received a claim for compensation from Mrs. Wheeler and it is being reviewed as quickly as possible by appropriate authorities.

Tired of standing in a store for hours trying to find the perfect Valentine card? Why not say it in your own words by putting an ad in the Contact Classifieds! Special Valentine word ads (30 words or less) now only \$1! Will be published Feb. 11th

You're about to buy a home that represents good value. Choose a home inspection company the same way.



**ELECTROSPEC®**  
Home Inspection Services

1-888-394-6954

www.allaroundthehouse.com



Gil Strachan  
Registered Home Inspector

## POSTED THIS YEAR?

CALL ANDRÉ (Andy) MARTIN, CD1



ProAlliance Realty

HELPING DND MEMBERS BUY OR SELL HOMES SINCE 1990

"LIFETIME AWARD OF EXCELLENCE"

1-800-263-2177

394-4837  
253 Dundas St. E.,  
Trenton

"Service Bilingue"  
amartin@royalpage.ca

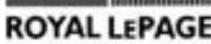


André (Andy) Martin CD1  
RCAF/CFRETD  
Sales Representative



Barb Hieb  
Sales Representative

ProAlliance Realty  
253 Dundas St. E.  
Trenton, Ontario  
394-4837  
1-800-263-2177



**RELOCATING TO 8 WING/CFB TRENTON?**

...for a free no obligation market evaluation or buyers package.

e-mail: bhieb@royalpage.ca

"Hieb Ho, Your House Will Go!"



Lanthorn Real Estate Ltd.

257 Dundas St. E.,  
Trenton, Ontario K8V 1M1  
613 392-2511 / 613 475-5677  
e-mail: trenton@c21lanthorn.com  
website: c21lanthorn.com  
1-888-792-5499



**THE RATES ARE GREAT**  
A good time to invest in income property. This 3 unit building shows a good return, is fully rented & in excellent condition. Call Joyce\*. #2050183



**CUTE AS A BUTTON**  
A super buy for this 3 bedroom mobile in Sunny Creek. Lovely lot, immaculate home with 4 appliances-addition-den or computer room. Call Judy\* 392-2511. #2047233



**NEW LISTING -**  
2 Bedroom bungalow. Plaster walls, hardwood floor in living room. Bright kitchen, garage, full basement. Call Al Duffin\*. #2050245.

\*Sales \*\* Associate Broker



**A MUST SEE! -** In town services. Close to all conveniences. 2 Bdrm, partial basement with walk-out, pretty lot with breakwall for summer relaxing. Call Norma Christie\*. #2050126

News we can use? Photo opportunity? Give us a call at local 7005.

**Don't list your home....**  
Without calling me first. Call John Barry and start packing!  
Trent Valley Realty  
266 Dundas St. East  
Trenton, Ont.  
**(613) 392-6594**  
1-800-567-0776  
www.QuinteHomes.com

Call for Free Market Evaluation  
New Listing  
MARG MACLEAN  
SALES REPRESENTATIVE  
AND  
IAIN MACLEAN, CD  
SALES REP/ASSOCIATE  
966-6060  
Email: mmaclean@royalpage.ca  
website: www.margmaclean.com  
225 Ann Street, Belleville  
\$219,000  
Classic 2 1/2 storey brick Victorian home with lots of character. Located between Queen and Bridge Street East, across from Corby Rose Garden. Striking 4 bedroom home with major upgrades. Warm oak trim; hardwood floors; functioning pocket doors between the living and dining rooms; decorative fireplace, leaded windows. Third floor, 32 ft. x 16 ft. attic, ready for finishing. Call Marg MacLean for details. MLS# 2050553

Our success is your success.  
Remax Trent Valley Realty LTD Broker  
Trenton 266 Dundas St. E 392-6594  
Brighton 41 Main St. 475-6594  
Toll Free: 1-800-567-0776  
Check us out at... www.remaxtrent.com

**Posted to Kingston in 2005?**  
**Don Wyld, CD**  
Military Authorized Realtor  
Automatic Buyer Representation  
If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call at the "TOLL FREE" number below and I will send you a "Worry-Enders Kit of Kingston" (with video) containing maps, home prices, school information, shopping facilities, transportation and more.  
**NEW HOMES BY "CARACO"**  
For a complete information package of new homes being built in Greenwood Park, minutes from CFB Kingston and RMC, and Cobblestone Ridge in West End Kingston. See the whole package at www.c21wyld.com  
Please call or write:  
Don Wyld, CD, Sales Rep.  
#1 Barriefield Centre,  
Kingston, Ontario,  
Canada K7L 5H6  
Fax 1-613-545-1101 or  
Toll Free 1-800-438-9953  
613-545-3333 office  
Visit the Canadian Military Relocation Network  
Website at www.interbaserealestate.com  
QR Email: donwyld@kos.net  
Century 21  
TOWN & COUNTRY REALTY INC.



Everyone Gets A **REAL Sweetheart OF A DEAL**

From Ralph Neale  
1st 10 New Vehicle Buyers  
This Week Get A

**CRUISE PACKAGE!**



2005 DODGE CARAVAN  
UP TO **\$7,000 OFF MSRP** - OR - **0% FINANCING** for 60 months.\*\*  
Zero down with \$149 Bi-Weekly



2005 DODGE SX  
**\$2,500 OFF MSRP** - OR - **0% FINANCING** for 48 months.\*



2005 PT CRUISER  
**\$4,200 OFF MSRP** - OR - **0% FINANCING** for 48 months.\*



"ALL NEW" 2005 DAKOTA  
**\$2,500 OFF MSRP** - OR - **0% FINANCING** for 36 months.\*



2004 DURANGO  
**\$10,000 OFF MSRP** - OR - **0% FINANCING** for 60 months.\*\*



2005 CHRYSLER 300

FOR A LIMITED TIME ONLY  
**BUY OR LEASE ANY NEW 2005/04 VEHICLE AND GET A COMPLIMENTARY CRUISE OF A LIFETIME FOR 2**

**Carnival**

The Most Popular Cruise Line in the World!®



**GET A CARNIVAL CRUISE WITH THESE TOO!**



2005 MAGNUM

2005 GRAND CARAVAN  
UP TO **\$8,000 OFF MSRP** - OR - **0% FINANCING** for 60 months.\*  
Excludes 28J Plg - Sto-N-Go Grand Caravan



2005 CHRYSLER SEBRING  
**\$3,000 OFF MSRP** - OR - **0% FINANCING** for 48 months.\*



2005 PT CRUISER CONV.  
**\$2,500 OFF MSRP** - OR - **0% FINANCING** for 48 months.\*



2005 RAM 1500 QUAD  
**\$3,000 OFF MSRP** - OR - **0% FINANCING** for 36 months.\*



2005 JEEP TJ  
**\$3,000 OFF MSRP** - OR - **0% FINANCING** for 48 months.\*



2005 PACIFICA

\*Disclaimer: Off MSRP is amount discounted by dealer to customer from manufacturer's suggested retail price. Discount cannot be combined with 0% APR financing. Some conditions apply. OAC. All prices plus applicable taxes - dealer admin - window security etching. The Cruise package is subject to conditions outlined in brochure package and is an agreement between you the customer and Travel America Inc. Belleville Dodge assumes no responsibility for travel arrangements and conditions or extra costs. See dealer for complete details. \*\*Caravan payment based on 96 month term - 7.95% APR zero down \$149 bi-weekly plus applicable taxes OAC. Total cost of borrowing at 7.95% = \$9,382.61



SHOWROOM BUSINESS HOURS:  
Mon-Thurs 8:30am - 8:00pm,  
Fri 8:30am - 6:00pm,  
Sat 9:30am - 5:00pm

www.bellevilledodge.ca  
HWY#2 W. BELLEVILLE

**BELLEVILLE**  
DODGE • CHRYSLER • JEEP

613-966-9936  
1-888-757-9994

