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# the Contact

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November 4, 2005 • Serving 8 Wing/CFB Trenton • 8<sup>e</sup> escadre/BFC Trenton • Volume 40 Issue Number 42•

## CF PERSONNEL ARRIVE AT RESERVE TO HELP PURIFY WATER



Photos: MCpl John Nicholson, Combat Camera

Cpl Gerry Driscoll and Cpl Kyle Richard, of 8 Wing and 4 Wing Construction Engineering Squadrons respectively, carry a water pump past the Reverse Osmosis Water Purification Unit (ROWPU), to the Albany River near the Kashechewan Reserve in northern Ontario on October 30. The ROWPU is capable of purifying any water source and can provide up to 50,000 litres of water per day.



MCpl Wayne White of 86 Airfield Systems and Utilities (86 ASU) and Sgt Chris DeCoste of 4 Wing Construction Engineering Squadron, compare the unfiltered Albany River water with the outflow water from the Reverse Osmosis Water Purification Unit (ROWPU) at the Kashechewan Reserve in northern Ontario.

## SPOOKY PATRONS HAUNT REC PLEX



Photo: Laurie McVicar, Contact

More than 500 people braved the RecPlex's first-ever Haunted House on Monday, October 31 at 8 Wing/CFB Trenton. The event, organized by the Community Recreation Association, boasted a frightening array of goblins, ghouls and gore. See more photos on page 2. Have you ever seen a scarier clown?

## Dr. Morton bids farewell as HCol

by Andrea LeBlanc  
Managing Editor

Dr. Desmond Morton, Honorary Colonel of 8 Wing/CFB Trenton is stepping down from this prestigious post as his term comes to a close.

Dr. Morton was invested as Honorary Colonel at a ceremony held on the Wing on February 22, 2002. Dr. Morton took over the reins from the Wing's first-ever Honorary Colonel, Lieutenant-General (Ret'd) A. Chester Hull.

Colonel Andre Deschamps, Commander, 8 Wing/CFB Trenton spoke highly of Dr. Morton.

"The men and women of 8 Wing/CFB Trenton have been very fortunate to have had four years of dedicated service and beneficial interaction with Honorary Colonel Morton," said Col



Deschamps.

"We wish him and his family all the best in their future endeavours and hope that he will remain part of the extended 8 Wing family."

Dr. Morton, a leading academic expert on Canada's military history, has written 37 books on Canadian political, military and industrial relations history.

Born in Calgary in 1937, he is a graduate of the College Militaire Royal de St-Jean, the Royal Military

College of Canada, Oxford University and the London School of Economics. Dr. Morton spent 10 years in the army (1954-64, retired as Captain) and four years as a political organizer before becoming Professor of History at the University of Ottawa (1968) and at the University of Toronto (1969-99).

He is the former principal of Erindale College (1986-94); Founding Director of the McGill Institute for the Study of Canada (1994-2001), and Professor of History, McGill University (1998-present). Dr. Morton was appointed a fellow of the Royal Society of Canada in 1985 and was named an Officer in the Order of Canada in 1996.

Dr. Morton's successor will be announced at a later date. Watch future issues of *The Contact* for details.

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# Ghoulishly good time at RecPlex



Photos: Laurie McVicar, Contact

## WING LOGISTICS & ENGINEERING PICTURE OF THE WEEK



Heavy Equipment Site Supervisor, Cpl Steve McGrath, with Cpl Austin Watts from Refuelling, are seen here fuelling the grader at the end of a day spent clearing some tree stumps from the east end of the airfield.



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## PRINTS DONATED FOR AUCTION



Photo: Submitted

David Weir, BA,CD, of Royal LePage ProAlliance, presents limited edition prints to Cheryl Young of Breadner Elementary School for the school's silent auction fundraiser, held in conjunction with a Hallowe'en Dance on Friday, October 28.

# Search & Rescue UPDATE



424 Squadron Tigers had only one mission in the past week. It was for an ELT signal near St. Jean, Quebec. Our Hercules was stood down during the transit to the scene, and returned to Trenton.

Until next week, stay safe.

Missions for 2005: 144 Missions for Nov.: 12 Persons rescued: 124

## JR RANKS MESS

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	TGIF 4	5
			WLEO Mess Dinner		1700hrs Donairs Sports Euchre 1800 hrs	
6	7	8	9	TGIF 10	11	12
				1700hrs Subs Sports Pool 1800 hrs	Remembrance Day Mess Office Closed Remembrance Day (hosted by WO & SGT's Mess)	
			16	17	18	19
					BOSS'S NIGHT 1500 hrs (TGIF & Sports Cancelled)	Pool Tournament 1300 hrs
20	21	22	23	24	25	26
				WTISS Sports Day BBQ 1130-1600 hrs	TGIF 1700 hrs Chicken & Taters Sports 1800 hrs Euchre United Way Battle of the Bands	
			29	30	BAR HOURS Saturday-Thursday 1130-2400 hrs OFFICE HOURS Monday -Friday 0800-1200/1300-1600 hrs For Bookings (wed/Recept/Conferences/Private Parties) Call (613) 392-2811 Ext: 3700 or 3881	

NOVEMBER  
2005



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## The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel J.P.A. Deschamps, CD, Wing Commander, 8 Wing / CFB Trenton.

## The Contact Staff

**Editor-in-Chief:** Capt Nicole Meszaros  
**Managing Editor:** Andrea LeBlanc  
**Asst. Editor:** Laurie McVicar  
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**Advertising & Promotions Assistant:** Adriana G. Sheahan  
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**Circulation:** Keith Cleaton  
**Assistant Translator/Proofreader:** vacant  
**PSP Manager:** Bob Payette  
**Subscriptions:** First Class postage charge \$65.00 per year for inside Canada, \$130.00 for international.

## Guidelines for submissions: ARTICLES AND PHOTOS

The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a 3.5" disk and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.
- Articles must be received by Tuesday at noon prior to print date at The CONTACT office.

## Letters to the Editor:

Internet: [LEBLANC.AL@forces.gc.ca](mailto:LEBLANC.AL@forces.gc.ca)

Intranet: [LeBlancAL@CFBTrenton@Trenton](mailto:LeBlancAL@CFBTrenton@Trenton)

All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.



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## A LETTER TO THE EDITOR

Re: Contact issue: 28 October 2005 Hercules support contract awarded

Quote "The men and women of the Canadian Forces deserve the best equipment and support that we can provide," said the defence Minister Bill Graham.

"This new broader integrated contract will allow the Department of National Defence to do just that".

By providing our aircrews with the most efficient maintenance and support means possible, we improve fleet availability, capability and sustainability" said General Rick Hiller, Chief of the Defence Staff.

"This restructuring of contracts to industry will result in a direct operational benefit to our forces." Un Quote.

The men and women of the Canadian Forces have and still provide the best support to the Operational Commitment of the Armed Forces.

Our maintenance crews strive most diligently to improve fleet availability and efficient maintenance, even with all the constraints placed upon them.

Wil Tybaar

Sgt,  
 C130 Maintenance

## Canadiana Crossword

### Trader Grader

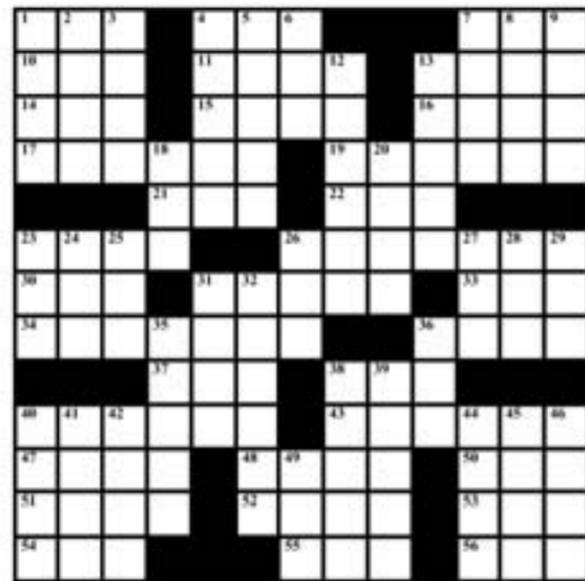
By Bernice Rosella and James Kilner

#### ACROSS

- 1 United States, our # \_\_\_\_\_ trader
- 4 Malacopterygian
- 7 Japan, our # \_\_\_\_\_ trader
- 10 Papa
- 11 Famous Chev.
- 13 Words on a bill of sale
- 14 Mortal sin
- 15 A kind of dancer
- 16 Shopping centre
- 17 Fly fishers' lures
- 19 Sound system
- 21 Map ref.
- 22 Netherlands, our # \_\_\_\_\_ trader
- 23 Germany, our # \_\_\_\_\_ trader
- 26 Bounces a baby
- 30 Lilly or Witney
- 31 Good time Charlie
- 33 Consume
- 34 Carnivorous mammals
- 36 China, our # \_\_\_\_\_ trader
- 37 Geological time period
- 38 Also
- 40 Hairless
- 43 Occur
- 47 Pontiff
- 48 Receptors
- 50 Gagarin, for one
- 51 Start the bidding
- 52 Graf \_\_\_\_\_
- 53 Cable sports net
- 54 Belgium, our # \_\_\_\_\_ trader
- 55 Ref. in a real estate ad
- 56 Observe

#### DOWN

- 1 Norse god
- 2 Without
- 3 Cheese



- 4 France, our # \_\_\_\_\_ trader
- 5 Jagged
- 6 Journal
- 7 Tyrant
- 8 Trick
- 9 Norway's Capital
- 12 Limelight sharer
- 13 Edit
- 18 Cambrian or historic preceeder
- 20 Shelter
- 23 Not many
- 24 Presqu' \_\_\_\_\_
- 25 \_\_\_\_\_ Rail
- 26 Don'ts' partner
- 27 Lion sign
- 28 \_\_\_\_\_ de cologne
- 29 Gib. for one
- 31 Dry
- 32 Woodworking tools
- 35 Mexico, our # \_\_\_\_\_ trader
- 36 Dandy
- 38 United Kingdom, our # \_\_\_\_\_ trader
- 39 Desert islands, so to speak
- 40 Montreal ball team, slangily
- 41 Shoshonian
- 42 Pinnacle
- 44 Places
- 45 Ancient Irish tongue
- 46 Italy, our # \_\_\_\_\_ trader
- 49 Calendar Mo.

## This Week in Contact

1995 – The 1995 United Way Campaign at 8 Wing/CFB Trenton concluded Friday, October 27 with news that the goal of \$50,000 had been surpassed. To date \$54,469.27 has been collected and it is expected that the final tally will surpass \$55,000. Traditionally, 8 Wing/CFB Trenton has been a strong supporter of the United Way of Quinte, raising more than \$50,000 in each of the past three years.

1985 – On October 4, 1985, using a CF-18 from 410 Squadron Bagotville, CFB Trenton tested a newly acquired mobile arresting gear (MAG) purchased from All American Engineering Company in Delaware. The Canadian Forces have purchased four sets in total, with two sets to be deployed in Canada and two in Europe. The gear is planned for use by the CF-18 and CF-5 on damaged, slippery or short runways. The arresting gear is both ground and air transportable and would afford the CF-18 and CF-5 fleets much improved airfield diversification.

1975 – Canadian servicemen on United Nations tours of duty are now eligible for new rates of Foreign Duty Allowance (FDA). As of January 1, the rates increased in accordance with a new military rating system, which takes into account such factors as living conditions, messing facilities, isolation and other local conditions. The new system, replacing one modelled on external affairs department scales, provides five allowance levels, plus a bonus system for foreign duty service of more than six months. The new FDA also covers such duties as extended relief missions.

**Created by Lt J. H. MacDonald,  
 Compiled by Jason Newman.**

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# Operation PLATEAU: The DART deployment in Pakistan

National Defence  
DND/CF

On October 8, 2005, an earthquake that registered 7.6 on the Richter scale struck Pakistan and India. Its epicentre was near Muzaffarabad, Pakistan, about 95 km northeast of Islamabad.

On October 11, acting on a request from the Government of Pakistan, Canada sent a nine-member evaluation and assessment team to the earthquake zone. The team included experts from Foreign Affairs Canada (FAC) and the Canadian International Development Agency (CIDA) as well as the CF, and its objective was to identify the best contribution Canada could make to the relief and recovery efforts in co-operation with the Pakistani authorities and international agencies. On October 14, having accepted the recommendation of the evaluation and assessment team, Prime Minister Paul Martin announced that the CF Disaster Assistance Relief Team would go to Pakistan. This deployment has been dubbed Operation PLATEAU.

Canada has made a commitment to help Pakistan weather the aftermath of the earthquake through both the initial disaster relief stage and the recovery and reconstruction period still to

come. The Canadian government is consistent in its strong support for humanitarian assistance and disaster relief operations throughout the world, and the DART capabilities demonstrate the care and compassion that Canadians want to see provided to everyone affected by this disaster.

The CF personnel deployed on Operation PLATEAU have the leadership, expertise, experience and equipment required to help the survivors of this disaster. The DART comprises highly trained medical staff and engineers with a multitude of skills, and soldiers who know how to operate in challenging environments. Always prepared to bring aid where it is needed, even on the other side of the world, the DART is now helping people in Pakistan.

## Current Status

All 216 of the DART's military personnel are now in Pakistan. Most are working at the DART camp at Gahri Dupatta, 15 km southeast of Muzaffarabad. A small liaison and support detachment is in Islamabad. The DART Commanding Officer announced the beginning of water processing and delivery of primary medical care on October 23.

The DART area of operations is in and around Muzaffarabad,

where three of the four reverse osmosis water purification units (ROWPUs) are located. Earthquake survivors are receiving treatment at the static medical clinic in Gahri Dupatta and from the mobile medical teams visiting remote areas in the area of operations to treat those who cannot reach the static clinic. Gahri Dupatta is also the location of the DART's fourth ROWPU, and the DART engineers are working closely with the Pakistani Army to co-ordinate the delivery of 94 large Canadian military-pattern modular tents, enough to shelter up to 1,200 people.

The 46 members of the DART medical platoon include:

- 1 medical officer (physician);
- 2 nursing officers (registered nurses);
- 2 physician assistants;
- 1 preventive medicine technician; and
- 13 medical technicians.

Nineteen of the DART medical staff are women, an important advantage in areas (such as Pakistan) where female patients may not be permitted to consult male health care providers. The DART is a military organization designed to deploy anywhere in the world to help local authorities deal with crises ranging from natural disasters to complex humanitarian emergencies. Its objectives are as follows:



A local child drinks clean drinking water produced by the Canadian Forces (CF) Disaster Assistance Response Team (DART), at a newly-opened Reverse Osmosis Purification Unit (ROWPU) site in Muzaffarabad, Pakistan.

Respond rapidly, in conjunction with national and regional governments and non-governmental agencies, to stabilize the primary effects of an emergency or disaster; Provide safe drinking water and medical aid to help prevent the rapid onset of secondary effects of a disaster; and Gain time for the deployment of national and international humanitarian aid to facilitate long-term recovery in a disaster-stricken community. For international missions, the DART can be activated by a request from either the affected country or the United Nations. Whatever the source of the request, the final decision to deploy the DART rests with the Government of Canada, based on advice from DND, FAC and CIDA.



A DART roving medical team treats patients in a farmyard in the village of Malsi Baheen, Pakistan. Medical Technician Master Corporal Yanick Fournier treats the facial cuts of an injured Pakistani boy as doctor Naval Lieutenant Chris Kennedy looks on.



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# Who do you trust on Income Trusts?

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**Garth Turner**

More than a million Canadians, most of them retirees, have taken a chunk of their life savings and purchased income trust units, so they can get an income stream to live on. Millions more retirees have exposure to these trusts through mutual funds. And some of the country's largest pension funds, like the Ontario Teachers Pension Plan and the Canada Pension Plan, hold billions in income trusts, the income from which they use to actually fund pensioners who, of course, have to pay tax on their income.

But right now, there is wall of worry surrounding all these people and pension plans. Seniors are not only terrified at what the federal government appears poised to do, but sickened at the financial damage they have already suffered.

Companies create income trusts to take profits and distribute them to unitholders in the form of income. This means these profits are taxed in the hands of the people who receive

them, as income, instead of in the hands of the companies, as profits. The system has worked well for both corporations and investors, and income trusts have turned into a big business on both Bay Street and Main Street.

But Finance Minister Ralph Goodale changed all that on September 19. On that day the finance minister dropped a bombshell by saying the tax department would no longer grant advance tax rulings to help companies who wanted to turn into trusts. This was followed with musings from Ottawa that Goodale was sour on income trusts because they cost the feds \$300 million a year by shifting tax from profitable companies, who pay a lot, to seniors, who pay less.

And by letting this news slip, Goodale created the conditions for panic. Financial markets – and seniors – hate uncertainty. The value of income trusts traded on the stock exchange started to fall like a stone, taking the trust units of retired people along with

them. So far, the S&P/TSX capped income trust index has lost more than 15 per cent of its value, or a stunning \$23 billion. Ironically, this eliminated far more in potential tax revenue – in fact, nine times more – than Ottawa stood to collect by slapping a new tax on income trusts.

It has rattled the teeth of people who actually need their trust incomes to live on. Seniors, in general, are not savers – they spend all the income they receive. There is no margin to mess around with, and you'd think a federal finance minister would know that.

Meanwhile, let's remember a few key facts, like (a) Canada's population is rapidly aging, with 50-plus Baby Boomers representing almost a third of the population. (b) The national savings rate is sitting at zero, and the consequences of our coming retirement crisis are extreme. (c) Pension plans – as I said, even the Canada Pension Plan – have invested in income trusts to help meet their mounting obligations.

As Canaccord Capital said last week in a blockbuster report Ottawa has tried to discredit: "Income trusts offer one of the highest sources of sustainable recurring cash yield in equity and fixed income

markets and are, therefore, the preferred structure for many retirees. Our fear is that politicians do not think voters care about income trusts. We question whether the consultation process with the Department of Finance will be balanced, or is it just a sham?"

Ottawa has created an uncertainty and desperation in the financial marketplace that has carved tens of billions of dollars in wealth out of the national net worth. It has scared hundreds of thousands of people, already stressed out about financial survival, as the feds muse on how severely they will tax income trusts. And, ironically, this is the same government responsible for a \$6 billion budget surplus in the first five months of the current fiscal year. So, if taxes exceed expenditures by that amount, why is Ottawa trying to suck another \$300 million out of the economy and, specifically, out of the hides of seniors?

If the finance department thinks a new tax is warranted, then it should be imposed in a budget context. The last thing we need is for an entire industry to be talked down over the course of a month, destroying billions in value from units owned by grandparents.

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# Fitness, Sports & Recreation

## Bowling Stats

CCC was perfect this week earning 21 of a possible 21 points. Janette Burns and Don Cole lead the way with games over 200. High Single of the week was Mike Stoddart with 327. We are still looking for teams or individuals who would like to participate on either Wednesday or Thursday at noon. If you are interested in entering a team or just as an individual please contact Capt Mike Stoddart at 7429.

Team Standings: CCC, 36; Wing Ops, 35; A2, 29; Sexy Seniors, 27; EME, 17.5; Golden Oldies, 14.5; 81 AEF, 9.

### High Average Men

Mike Stoddart 239  
Harold Stoddart 219  
Ernie Strocel 217

### High Average Ladies

Donna Stoddart 211  
Edie Rathbun 188  
Janette Burns 180

## Final session with Jen



Laurie McVicar

Monday was an incredibly sad day, marking the final fitness session with trainer Jen Lecuyer before her move to Cold Lake.

As long-time readers of this column know, I have worked off and on with her since 2002. Reflecting back, it's been three years full of struggles, victories, losses and gains, and, above all, adapting to a lifestyle that had totally conflicted with my adulthood up until I began working with her. My activity level was next to nil when I first met with Jen. I was sucking wind after five minutes on the elliptical, a fact Jen now takes

## Confessions from the Gym

delight in reminding me of part way through a half-hour session on the machine.

As I browsed through my file, passed over by Jen this week, I marvelled at the number of changes that have occurred over the years - specifically my measurements and goals.

During our first session, Jen encouraged me to set three goals for myself. At the time, weight loss seemed the most important and topped the list. In reality, that's likely the main reason why most people start a workout regimen.

Jen and I have re-evaluated these goals a few

times since 2002, and each time weight loss has become a secondary goal.

When asked on Monday what my new goals were, I responded with improvements in my cardio level. I suppose Jen can leave with the assurance that her influence has rubbed off on me. Yes, weight loss is important, but it's really the end of an equation that involves plenty of cardio, strength training and proper nutrition.

I have been extremely blessed to not only have fostered a wonderful friendship with Jen, but also have access to the wealth of fitness knowledge she possesses.

It's with great reluctance that I bid her farewell and with great anticipation that I await the opportunity to work with yet another skillful 8 Wing/CFB Trenton fitness instructor.

## Badminton Clinic

8 Wing/CFB Trenton will be hosting the Ontario Region Badminton Clinic/Selection Camp, to be held January 29 to February 2, 2006. Smash, drop and clear your way in the following categories:

- Open Event ~ 4 players
- Senior 35 and over ~ 2 players
- Masters 45 and over ~ 2 players
- Women's ~ 2 players

Playdown will be held at The Gymnasium from November 14 - December 16. Registered players will play a round robin tournament. Players will get a list of all registered players and play competitors on their own time. Competition is open to all CF and Reserve class B & C members. For registration or information, contact Shirley Martin at local 3467 or Dan Cormier at local 3373.

## Tae kwon do Camp

The 2006 CISM Tae kwon do Training Camp will be held at CFB Kingston from January 2 - 8. This selection camp is open to all CF and Reserve class A, B, and C. Interested martial artists, any style, interested in practising Tae kwon do and developing into a CISM Tae kwon do high performance competitor at the national and international level are welcome. For further info and standards required, or to register, contact the Military Sports Coordinator, Dan Cormier, at local 3373, via mail, by fax at 965-2704 or e-mail with the following information no later than November 25: serial number, rank, last name, first name, initials, gender, local, home phone number, fax number and e-mail address (if applicable).

## Trenton Ladies take on Brighton team

On Thursday, October 27, 8 Wing hosted the Brighton Intermediate Ladies Hockey Team at the RCAF Flyers' Arena. The game started at 7:15 p.m. and concluded with an 8-4 win for the Trenton team.

Cpl Celine Picotin lead the scoring with a whopping four goals, with three break-aways!

WO Lisa Rowe counted two goals. Capt Annie

Perry contributed one goal by the seat of her pants (literally) and MCpl Judith Arsenaault added one goal.

Assists came from Cpl Celine Picotin (2), Capt Annie Perry, Cpl Kim St.-Denis, 2Lt Annie Morin, Cpl Joan Flecknell, MCpl Jodi Raybould, Cpl Nathalie Houde, and Pte Tanya Logan.

Cpl Inga Topona guarded our goal.

## Ontario Region & CF National sports schedule

### Regionals

11 - 14 Dec 05  
22 - 25 Jan 06  
18 - 22 Jan 06  
26 - 29 Jan 06  
19 - 23 Feb 06  
29 Jan - 2 Feb 06  
26 Feb 3 Mar 06  
26 Feb - 1 Mar 06  
6 - 10 Mar 06  
9 - 14 Jul 06  
13 - 17 Aug 06  
13 - 16 Aug 06  
23 - 27 Jul 06  
13 - 18 Sep 06  
N/A

Borden  
Kingston  
Petawawa  
Borden  
Kingston  
Trenton  
Petawawa  
Trenton  
Petawawa  
Borden  
Kingston  
North Bay  
North Bay  
Petawawa

Bowling  
Curling  
Basketball  
M/W Volleyball  
Men's Hockey  
Women's Hockey  
Old Timers Hockey  
Badminton  
Squash  
Ball Hockey  
Men's Slow Pitch  
Women's Slow Pitch  
Golf  
Soccer  
Running

### Nationals

N/A  
N/A  
25 Feb - 4 Mar 06  
6 - 11 May 06  
22 - 29 Apr 06  
4 - 10 Mar 06  
1 - 7 Apr 06  
15 - 20 Apr 06  
15 - 20 Apr 06  
26 Aug - 1 Sep 06  
23 - 27 Sep 06  
23 - 27 Sep 06  
3 - 7 Sep 06  
30 Sep - 6 Oct 06  
26 - 28 May 06  
Borden  
Ottawa

## WANTED: HOCKEY TEAMS

For all hockey fanatics, this year's GCWCC Campaign includes a 24-hour Marathon Hockey Tournament!

When: 18h00 24 Nov 05 (Thursday) to 1800 25 Nov 05 (Friday)

Where: RCAF Flyers Arena

Cost: \$20 Player (Suggested eight skaters plus a goalie per team. Approx \$180 per team)

Teams: All welcome, military and civilian. Only room for 12 teams, so hurry!

Format: 4-on-4, 20-minute games. Guaranteed 5-6 games, plus playoffs.

Why: To help 8 Wing/CFB Trenton reach its campaign goal! (And prizes and trophies for the winners)

Contact: 2Lt Brad Fee (ATC) loc 2842 or by email at: Fee 2Lt BJB@CFB Trenton ATC@Trenton.

Note: Adherence to 8 Wing Leave Policy for military and civilian participants will be required.

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# Several changes for the Fish and Game Club

**Archery:** The new Archery Chairman, Yan Desmarias, is looking forward to welcoming members and individuals who are interested in archery.

**New Initiatives:** To broaden the appeal of the club to its existing members and attract new members, the club is looking for volunteers to fill the positions of ATV Chairman and Snowmobiling Chairman.

**Volunteers:** 81 AEF (Airfield Engineering Flight) has taken on the task of rebuilding the Main Lodge at the Northern Lodge facility. Many from the unit are away for various reasons and because of this a call for volunteers to assist in

the building of the Main Lodge is going out. The club is looking for active duty military personal that can be given permission to assist in this endeavour.

**Memberships and Cabin Bookings at the Northern Lodge facility:**

Some changes have occurred:

1) Memberships for the next calendar year will now be available starting the first working day after the Labour Day Holiday till Dec. 31; only those members who have purchased a membership during this time will be able to book the cabins starting the first business day of the new calendar year till. (Use of the Northern lodge facility for the balance of the

calendar year the membership is purchased is included). Individuals who do not purchase their memberships in the previous calendar year will have to wait until 15 Jan or the next business day to purchase their membership and then book their cabin. Cabin rentals will still be first come, first choice following the above guidelines.

**2) Reservations:**

a) During the prime rental periods (1 July to Labour Day and WMU 63 Deer Hunting Season) only one cabin or trailer pad may be booked for per membership for the same time period.

b) A reservation can only be made by a member of the club, on a first

come first choice basis, whose membership is paid up covering the time period being reserved.

c) Full payment of the rental fees is required within 48 hours of the time the reservation is made. Payment can be made with a cheque post dated a minimum of 14 days in advance of the rental period.

If a reservation is cancelled within 14 days of the rental start date, a request for reimbursement shall be made in writing to the Northern Lodge Chairperson and a refund, if any, will be at the discretion of the Committee of the Whole.

d) The member making the reservation shall

certify as having read and understood all the rules and regulations applying to the Northern Lodge, including Federal and Provincial regulations regarding boating safety, fishing and hunting.

e) Associate members advance booking for the two prime rental periods will commence the first business day in February.

f) Bookings made prior to 1 May are restricted as follows: minimum is five days, maximum of seven days (short vacancy periods created by minimum bookings are excluded from the minimum).

g) Commencing 1 May, summer prime time bookings may be expanded to a total entitlement of 14 days.

h) Commencing 1 September, additional time during hunting season may be booked.

j) Requests for use of the Northern Lodge facilities beyond the limitations stated shall be presented in writing to the Northern Lodge chairman and acceptance or denial will be at the discretion of the Committee as a Whole.

k) Check-out time is 1500 hrs on the last day of the period covered by the reservation.

The new Club President is Cpl Lee Leroux--he can be reached at local 7412. Please contact MCpl Dave Elverson at local 2627 or 394 4325(H) for memberships and bookings.



Photo: Bob Payette, PSP Manager

## 8 Wing hosts major darts tournament

8 Wing/CFB Trenton played host to some of the world's best darts players last weekend during the 10th Annual Bob Jones Memorial Open Darts Tournament.

The three-day event, sponsored by Labatt, was held in the Astra Lounge, Junior Ranks Mess, with a total of 202 players competing for a \$12,280 cash prize. The tournament attracted such prestigious players as Kim Whaley, ranked number one in Canada, and two-time world champion John Part (pictured left shaking hands with Lieutenant-Colonel Mark Roberts, 8 Wing Administration Officer).

## Fit Bits

November Fit Bits Newsletter is available to everyone. It is a monthly newsletter put out by Fitness and Sports. If interested in receiving it, send your request to Fitness Coordinator Lisa Refausse via e-mail at [refausse.e@forces.gc.ca](mailto:refausse.e@forces.gc.ca)

Friday, November 25 is the next date for a Youth Strength and Conditioning Clinic.

Where: Base Gym  
Instructor: Todd Peart  
Cost: \$25

Who: Youth ages 13-17  
Time: 0900-1100hrs  
More info, please contact Todd at local 7160.

## Astra Lanes Report

The team of the week was Sherry Crawford, Brenda O'Hara, Lewis Jenkins and Mike Stoddart who managed 25 points. Mike Stoddart rolled games of 390, 306, 337 and 306 for a very impressive 1349 quad.

**Men's High Averages:** Mike Stoddart, 259; Pat Carey, 227; Harold Stoddart, 222.

**Ladies' High Average:** Cathy Stoddart, 217; Donna Stoddart, 205; Edie Rathbun, 203.

**Men's High Quad:** Mike Stoddart, 1131; Harold Stoddart, 1052; Pat Carey, 1023.

**Ladies' High Quad:** Pat Kolupanowicz, 993; Edie Rathbun, 943; Donna Stoddart, 919.

**Men's High Single:** Harold Stoddart, 368; Don Harvey, 343; Jim Edworthy, 312.

**Ladies' High Single:** Edie Rathbun, 297; Janette Burns, 284; Pat Kolupanowicz, 278.

November's Noon Hour Schedule is posted!  
Monday - Hi Lo PUMP  
Tuesday - STEP  
Wednesday - Spinning  
Thursday - Cardio and Core  
Friday - SWEAT

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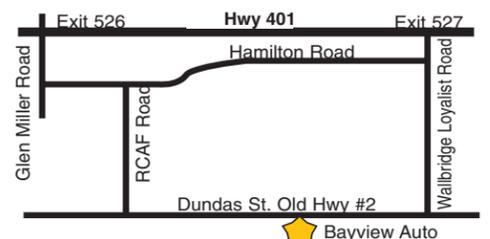
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# Maintain your gas furnace for warmth and safety



Submitted by  
**Don Heans,**  
Wing General Safety  
Officer

As long as your natural gas furnace keeps circulating warm air in your home, you may tend to forget about maintaining

it.

But regular inspections and care are important for preventing breakdowns which can cause far worse problems than a chill in the air.

Defective natural gas appliances can produce carbon monoxide gas. This odourless and invisible gas, caused when fuels burn incompletely, can cause death. Keeping your furnace in good shape, and using a carbon monoxide detector are two ways to stay

safe from exposure to carbon monoxide.

Leaking natural gas can result in an explosion that could level your home. While natural gas itself is odourless, a stinky additive makes it easy to detect. If you smell it, call your natural gas utility immediately.

You should change the air filter in your furnace several times a year. At this time, check the fan belts for cracks and signs of wear. Oil the motor according to manufacturer's direc-

tions. Turn off the electricity before attempting your maintenance routine. Call a qualified maintenance service if you have doubts about how to do this yourself.

You should also know where to find the gas shut-off valve for your furnace and other natural gas appliances such as the hot water heater, cook stove or fireplace. In an emergency such as a severe storm or earthquake, you may need to turn off the gas to stop a leak which can result in

a fire or explosion.

Because a natural gas appliance has a pilot light, keep flammable liquids away from it. Gasoline and gasoline-powered equipment such as lawnmowers and motorcycles should not be stored indoors, in hot water heater enclosures, or any area that is not well ventilated.

A basement or room containing a natural gas furnace or hot water heater is also a dangerous place for a home workshop. Solvents,

glues, spray paints and other flammables can be ignited by the pilot light, resulting in an explosion. Flammable material should be stored in a well-ventilated area — preferably away from the house.

No source of home heating is without its hazards, and that goes for natural gas too. Keep your appliances properly maintained to minimize the dangers. Contact your local Fire Marshall or gas utility company for more information.

# Incorporate physical activity at work and home

The numbers are in and they could be better. A recent survey in Hastings and Prince Edward counties showed that 52 per cent of adults are considered inactive. Most adults spend about one half of their waking hours at work. With little time after work and other family commitments, it is hard for people to fit the recommended 30-60 minutes of daily physical activity in their schedule.

"We observe Canada's Healthy Workplace Week in October," says Lesley Kennedy, a health promoter for the Hastings and Prince Edward Counties Health Unit. "This is a great time to evaluate your physical activity level." Kennedy suggests that many ways exist to add physical activity to the daily routine at work. "It could be taking 15



minutes during your lunch or coffee break to go for a brisk walk. You may be able to park further from your work entrance or take the stairs instead of an elevator."

Some employees can take advantage of services, programs and resources offered at work. Look at the workplace's existing policies. See if your workplace offers a discount at local fitness centres, or reduced rates for community recreation programs. If your workplace has an onsite fitness centre, look into becoming a member. "Some of these opportunities

may exist within your workplace. But if they don't, you may be that physical activity champion needed to get things started," says Kennedy. "Remember to start small. Sometimes making small changes can support big results."

Employees are not the only ones that benefit from physical activity. The workplace also benefits. Health Canada reports that physically active employees take fewer days of sick leave, and have fewer disability days. "Be active your way, every day – for life," says Kennedy.

For more information on physical activity in the workplace or to get your copy of Canada's Physical Activity Guide to Healthy Active Living call the Health Unit's Healthy Life Line at (613) 966-5513 ext. 610.

## The benefits of regular physical activity include:

- better health
- improved fitness and weight control
- better posture and balance
- better self esteem
- stronger muscles and bones
- more energy
- greater relaxation and reduced stress
- continued independent living later in life.



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MIXED DARTS Games Room 1300 hr	<i>Don't Forget</i> <b>REMEMBRANCE DAY</b> NOVEMBER 11			Coffee Break Main Lounge 1000 hr TGIF Main Lounge 1700 hr Fish & Chips	Remembrance Day Mess Office Closed Main Lounge Remembrance Day Hosted by WO & SGT'S Mess	
MIXED DARTS Games Room 1300 hr				TGIF Main Lounge 1700 hr Roast Beef	BOSSES NIGHT @ JRs Mess Astra Lounge & WO & SGT'S Main Lounge	
MIXED DARTS Games Room 1300 hr				TGIF Coffee Break Main Lounge 1000 hr	TGIF Fireside Lounge 1700 hr Shepherd's Pie	
MIXED DARTS Games Room 1300 hr				Bar Hours: Monday-Thursday 1130-1330 hr & 1500-1930 hr Friday 1130-2130 Saturday & Sunday 1200-1530 hr Office Hours: Monday - Friday 0800-1600 hr		

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# OFFICER'S MESS

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
			Ladies Club Meeting 1900 hrs	MTGIT Donairs 1730 hrs	Sandwich Bar 1130-1315	
 <p style="font-size: 1.5em; font-style: italic;">Remembrance Day</p> <p style="font-weight: bold;">NOVEMBER 11TH</p>				10	11	12
				MTGIT Pizza 1730 hrs	Remembrance Day Mess Closed	
				17	18	19
				MTGIT Fish & Chips 1730 hrs	Sandwich Bar 1130-1315	
	22	23	24	25	26	
			MTGIT Curry Night 1730 hrs	Sandwich Bar 1130-1315	Christmas Bingo	
	29	30	UPCOMING EVENTS WCOMD Christmas Cheer - 9 Dec 05 Kids Christmas Party - 11 Dec 05 Associate Members Appreciation Day - 16 Dec 05 New Years Eve Ball - Sat 31 Dec 05 MTGIT - Chinese Food - 01 Dec 05 MTGIT - Quirno's Subs - 08 Dec 05			

NOVEMBER  
2005




# HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last  
November 6 – November 12

**ARIES** (March 21–April 19): Check out the possibilities on the 6th and 7th, but don't set yourself up for a fall. Change may be required in your personal life so you can follow your professional goals. Be clear about everything you do and don't settle for less. A culture shock might be just what you need to get you thinking and moving in a new direction on the 8th, 9th and 10th. Don't hesitate to speak up if you have something relevant to say. Your words may be exactly what someone you care about needs to hear. Don't let anyone back you into a corner on the 11th and 12th. Act now and you won't have any regrets later. Don't let your personal life interfere with your professional decisions.

**TAURUS** (April 20–May 20): You will surpass everyone's expectations including your own on the 6th and 7th. You will be in tune with the people you care most about, and love will not elude you. A trip will verify that you have done what's best for you. You can expect to face trouble at home on the 8th, 9th and 10th if you have been spending too much time with your friends, on the road or working. Delays in shipments or setbacks from poor communication are likely. Make any claims you have immediately. A trip or a sudden change will take you by surprise on the 11th and 12th. You will discover an asset you didn't realize you had. Money ventures look promising.

**GEMINI** (May 21–June 20): If you move quickly you will be able to make some money on the 6th and 7th. Luck is in your corner. A unique concept you've been mulling around in your head may be your ticket to financial freedom. You will have a chance to prove yourself on the 8th, 9th and 10th and drum up business that has been off-limits to you in the past. Don't get too comfortable, however. Someone may try to broadside you. Be prepared and stay in control. You're trying to do too many things for too many people on the 11th and 12th. Be realistic about what you can accomplish. You won't be able to please everyone, including yourself, so stop being so critical.

**CANCER** (June 21–July 22): You have a lot going for you on the 6th and 7th, so don't blow it by getting all wrapped up in your own melodramas. Look beyond the little things that are bothering you and you will see how much you can achieve. You may not like change, but if you are receptive to what's going on around you on the 8th, 9th and 10th, it will turn out to be in your best interest. Don't lend or borrow money. Loss is likely if you aren't frugal. You can't go wrong if you visit someone who can help you further your plans or make a profit on the 11th and 12th. Your determination, good sense and hard work will give you the edge. A love relationship will take a positive turn.

**LEO** (July 23–Aug. 22): The little bit of work you do on the 6th and 7th will pay off big-time in the future. By entertaining others you will put yourself in line for a new position. Serious talks will lead to a serious commitment. You will certainly be noticed on the 8th, 9th and 10th so be on your best behavior. Getting laughs and attention is your thing, but don't do so at the expense of someone else. A gracious and humble manner will be far more impressive. Your money situation will be unpredictable on the 11th and 12th. Living on credit will only lead to worry — and you do enough of that without adding to your troubles. Spending will not impress the people you are concerned with.

**VIRGO** (Aug. 23–Sept. 22): Everything is changing on the 6th and 7th. Keep yourself in the loop so you can take advantage of whatever opportunity opens up. Social events will bring you in contact with someone who can lead you in a prosperous direction. Your practical nature will elude you on the 8th, 9th and 10th, causing confusion for everyone around you. You may find yourself mesmerized by someone who may not be all that trustworthy. Protect your interests. Make a physical change that will enhance your looks on the 11th and 12th. A new partnership will be to your benefit. A sudden trip is apparent. It may not be a long distance, but it will make you think about your future.

**LIBRA** (Sept. 23–Oct. 22): Watch what you say to whom on the 6th and 7th, especially at an emotional or personal level. You may get into trouble if you name-drop or exaggerate. Stick to basics and don't pretend you know more than you do. Whatever you want can be yours if you put in an honest effort on the 8th, 9th and 10th. Everyone will see your worth and bend over backward to help you. Don't question your good fortune — do your best to get the most out of it. Avoid getting into a dispute with someone you care about on the 11th and 12th. This is a no-win situation, best left alone. Think things through logically. Concentrate on a creative project that interests you.

**SCORPIO** (Oct. 23–Nov. 21): More is happening than meets the eye on the 6th and 7th. Take advantage of a very interesting proposal. Social events will take a surprising turn. Consider what you always wanted to do for a living and discuss how you can make it happen. It is likely that someone will try to withhold information or give you a false impression on the 8th, 9th and 10th. Focus on the task at hand. Go after whatever you want — the biggest crime would be to watch someone else do something you know you can do better. Accept whatever changes come your way on the 11th and 12th. Deal with whatever is happening in the moment. Be honest with yourself about what you can and can't do.

**SAGITTARIUS** (Nov. 22–Dec. 21): Your mind will be on your future and where you see yourself heading on the 6th and 7th. Research what you must do to reach your objectives. A sudden change in your personal life may confuse you. Don't daydream about what you want to do on the 8th, 9th and 10th — start making arrangements. Make changes to your home or your living arrangements and you will eliminate part of your problem. Stick to what you start. Don't make promises impulsively. A change will make you feel better on the 11th and 12th. Someone you live with or are close to will be capricious. Make sure that the visual aspect of whatever you work on is pleasing.

**CAPRICORN** (Dec. 22–Jan. 19): You may have a hard time containing the way you feel on the 6th and 7th. A chance meeting with someone from your past will lead to an interesting option. Facing your past will allow you to move on. Someone may try to get the better of you on the 8th, 9th and 10th. Don't donate or lend money. Be smart — anger will not be the answer to getting what you want. Instead, take positive action. A chance to do something unique on the 11th and 12th will spark a host of new possibilities. Mum's the word when it comes to your personal life. Don't ruffle feathers or take on too much. Include the people you care about the most in whatever you decide to take part in.

**AQUARIUS** (Jan. 20–Feb. 18): You will be pulled in two different directions on the 6th and 7th. It will be difficult for you to be logical about personal issues. Stop living a lie. Arguments will not solve your problem. A clean break is what it will take. Money matters will work themselves out on the 8th, 9th and 10th if you discuss your plans with those to whom you are indebted. Have a game plan in place and be confident about what you can do. Stability is the name of the game. Overindulgence may be a problem on the 11th and 12th if you aren't thinking properly. Don't go overboard or you could lose what you thought you had gained.

**PISCES** (Feb. 19–March 20): Getting involved in a community event or with neighbors on the 6th and 7th will help you have a better understanding of what can be accomplished. An effort to make your environment better will lead to other possibilities. You may be inclined to think that everyone around you has more or is doing better on the 8th, 9th and 10th. Spend less time dwelling on what you don't have and more time trying to build your confidence and your assets. Be true to yourself. Your versatility will capture attention on the 11th and 12th. Try something new and you will solve a problem that has been bothering you. Your participation will result in a workable partnership.

# the Contact

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## GINGER & SHADOW BY BARRY CORBETT

PSST! HEY! HEY BUDDY!  
 WHOP ME? DO YOU MEAN ME?  
 YEAH, YOU TELL ME. ARE THERE ANY CATS IN THIS HERE HOUSE?  
 YOU...YOU... YOU'RE... A MOUSE!!  
 OF COURSE I'M A MOUSE. WHAT ARE YOU SUPPOSED TO BE?  
 OOH...YOU'D BETTER NOT LET GINGER SEE YOU.

## Not In My Backyard! by Dale Taylor

NEVER FALL ASLEEP IN A BACKYARD WITH A NEUROTIC SQUIRREL.  
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## Community

# Community Events

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**Matinees  
Saturday & Sunday**

**MOVIES  
MOVIES  
MOVIES**

**MOVIE LINE-UP**

• Legend of Zorro (PG)	1:00	7:00	9:25
• Chicken Little (G)	1:10	7:10	9:00
• Dreamer (G)	1:05	7:05	9:20

Coming Soon: Zathura, Harry Potter  
Admission \$7.50 (adults 18+) \$6.00 (youth) Wed. & Matinees \$5.00 (ALL)

Welcome to The Contact Newspaper's Community Events page! Thanks to the generosity of Trenton's Centre Theatre, we can now feature (space permitting) public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 965-7490 or email to [leblanc.al@forces.gc.ca](mailto:leblanc.al@forces.gc.ca), at least 10 days prior to your event. Call 392-2811 Ext. 7005 for more information.

### New Years Eve Bash

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Dinner and Dance  
DJ: Joan Sebben  
Tickets on sale now  
call 965-0906

### Woodworking Draw

Once again, Mr. Fred Sanders of WCE's Carpentry Shop has made beautiful wood pieces for our draw.

Tickets are \$2.00 each or 3 for \$5.00. Tickets can be purchased at 81 AEF, 11 Goose Bay Road, Bldg 368, Orderly Room or Friday 4 Nov 05 at the Yukon Galley Spaghetti & Pizza Pig-Out #3.



### ATESS will be conducting its 9th Annual Food Bank "TOLL BOOTH"

at the North Entrance to the Base on  
Tuesday, November 22, 2005 with proceeds to be  
donated to the Trenton Area Food Bank.  
The toll is a non-perishable food item or a monetary  
donation, which will be used to buy  
food for the Food Bank.  
The Gate will be manned from 0630-0830 hrs.  
All donations and support greatly appreciated.

The Hastings County Chapter of the MS Society will hold its' Annual General Meeting at 7:00 p.m., 10 November 2005 at Eastminster United Church, Belleville. **ALL MEMBERS ARE URGED TO ATTEND.**

The support group meeting will be held following the Annual General Meeting.

#### ORCHARD VIEW BAPTIST CHURCH

178 Lester Rd. Trenton, 392-5284  
Pastor: Dr. Raymond Wilson *Worship Service: Sunday 10:30am  
Everyone Welcome!*

### GCWC C 'All Banks' 2005 The Campaign Continues 'Battle Of The Bands'

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**Doors Open At 8:00 PM**  
**When: 25 Nov 05**  
**Where: Astra Lounge**  
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**Tickets will be \$1 each at the door. This guitar would make an excellent Christmas gift!**

### CHAPLAIN SERVICES SERVICES OFFERT PAR L'AUMONERIE

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Administrative Assistant/Adjointe administrative – Manon Pilon Ext 2490  
UNIT CHAPLAINS / AUMONNIERS DES UNITÉS  
Padre Mike Adamczyk  
Padre Marc Torchinsky

#### WORSHIP SERVICES

OUR LADY OF PEACE (RC)  
NOTRE-DAME-DE-LA-PAIX (CR)

Chapel Life Co-ordinator  
Padre Frank Pellerin

#### MASS

Sunday Mass (English) 1130 hrs  
Messe Dominicale: 0900 hrs

#### CONFESSION

At all times

#### PARISH ORGANIZATIONS

Parish Council 4th Sun 1330 hrs  
Knights of Columbus 1st Thurs 1900 hrs  
CWL 2nd Tues 1900 hrs  
Chorale Merc 1900 hrs  
Choir Tues 1900 hrs

ST CLEMENT ASTRA (PROTESTANT)

Chapel Life Co-ordinator  
Padre James Craig

#### WORSHIP SERVICE

Divine Worship (Sun) 1015 hrs  
Holy Communion 1st Sunday of the month

#### PARISH ORGANIZATIONS

Chapel Guild Last Tues 1930 hrs

#### BAPTISM/BAPTÊME

Please allow 30 days notice for preparation. / Communiquer avec le bureau des aumôniers au moins 30 jours avant la date désirée.

#### MARRIAGES / MARIAGES

It is necessary to contact the chaplains' office prior to setting a date. Failure to do so could result in disappointment. Afin d'éviter des déceptions, il est important de communiquer avec le bureau des aumôniers avant de choisir votre date.

#### DUTY CHAPLAIN/ AUMONNIERS EN DEVOIR

After working hours, for emergency only, please call the base operator at 392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 392-2811 et demandez l'aumônier en devoir.

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For Lion's Hall, call Franklyn at (613) 354-0776

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**S/he must have:**

- A broad understanding of the Quinte West and Belleville employment markets together with a broad local network of professional contacts to assist in job searches.
- A good understanding of resources needed to support an effective employment assistance program, as well as to assist clients with associated problems, e.g., with Employment Insurance matters
- The ability to work independently as well as work effectively as a member of a larger staff team. S/he will be expected to liaise internally to help clients meet their needs
- Developed communication skills, preferably including oral and written fluency in both official languages
- Progressively responsible, professional experience in the staffing field; CHRP designation is desirable
- Standard computer skills.

Please submit your resume to Mary Lazier Corbett, Executive Director, Trenton Military Family Resource Centre, P.O. Box 1000, Station Forces, Astra, Ontario K0K 3W0 by 4:00 p.m. on November 18, 2005.

## Crossword Answers

O	N	E	E	E	L	T	W	O					
D	A	D	I	R	O	C	A	S	I	S			
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O	P	E	N			S	P	E	E		T	S	N
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Nov. 13 10 am - 3pm  
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