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Wing Commander's Challenge combines camaraderie, charity



Photo: Cpl Bernie Kuhn, 8 Wing Imaging

by Capt Nicole Meszaros,
Asst Wing Public Affairs
Officer

A whole lot of spirit from a whole lot of people combined with warm October sunshine made for a great start to the Wing Commander's Challenge.

Nineteen teams of eight people turned out for the annual event that is one of the many fundraising activities for the United Way Campaign. While no money was required from each team to enter, a Bar-B-Q held after the challenge helped raise \$300.00 for the campaign. Special thanks goes to the EAP folks who did the cooking.

"Today is a fun day," said Colonel Andre Deschamps,

Commander, 8 Wing/CFB Trenton, as he opened the festivities. "Let's enjoy the day and let's have some fun," he said.

The receptive crowd took the Wing Commander on his word and scrambled off to the various stations where challenges involving such things as hula-hoops were found.

During the opening ceremony, the United Way of Quinte Campaign Chairperson, John Whalen, who is also the Quinte West Deputy Fire Chief, presented the "Thanks-a-Million" award to the Wing.

8 Wing received the award because last year DND/CF surpassed the \$1 million mark in donations to the United Way.

Out of the approximately

160 participants in this year's Challenge, it was the Wing Exec Team that deserves special mention. All participants of the team appeared to have had a swashbuckling time in their pirate costumes.

"It says a lot about the Wing that so many are participating," said Maj. P.D. Fleury, this year's 8 Wing/CFB Trenton United Way Campaign Chairperson. This year diversified events are being offered so that everyone will have an opportunity to participate in something, he explained. Later that evening an All Ranks Dance in support of United Way and in celebration of Alexander Keith's 209th Birthday was held in the WO's & Sgts' Mess. A total of \$442 was raised for the

United Way.

Last year the Wing's goal was to raise \$60,000 and \$75,000 was actually raised. This year the goal has been increased to \$65,000.

So far \$10,000 has been raised with many more events to come and everyone is encouraged to get out there and join in.

On a grander scale, United Way of Quinte announced on Monday that they are currently at 19.1 percent of their \$1.5 million campaign with funds in to date of \$287,123.

"This is up just slightly from the 2003 campaign when we had reached 18.02 percent of our \$1,444,444 goal with \$260,283 in the bank," stated Julia Gosson, Executive Director.

FUN TIMES FOR GROWNUPS AND KIDS AT MFRC FAMILY DAY



One-year-old Noah St. Denis watches intently as he is fingerprinted during the MFRC Family Day on Sunday, October 3. The service was provided by the Military Police and was one of several booths at the SISIP-sponsored event. Approximately 300 people took advantage of the sunshine, games, pumper truck rides, displays, and a BBQ put on by the Trenton Military



Community Council (with proceeds to the Muscular Dystrophy Association). At right, MCpl Jack Robinson assists a participant of the mini Fire Fighter Challenge. The Fire Department had a fantastic display of equipment, information, and contests for the kids to mark the beginning of Fire Prevention Week. See page 11, 12 and 16 for more photos.



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Students get more training than they bargained for

by Captain Kelly Jarrett

Three times a year 426 Squadron hosts the Pilot Advanced Course. The aim of the course is to provide seasoned CC-130 First Officers with the skills and tools they require to become CC-130 Aircraft Commanders.

The students receive two weeks of ground school and three sessions in the flight simulator. These simulator sessions are designed to simulate realistic mission scenarios with a heavy dose of emergencies. Upon completion of the simulator phase the students get a chance to apply their new knowledge by acting as Aircraft Commander on an operational mission. Normally the mission is simpler than the simulator sessions, but with the latest course this was not the case!

It was day five of the European trainer. The student Aircraft Commanders, restricted Flight Engineers (5 FE) and Loadmasters (LM) were getting great exposure to CC-130 Hercules operations. A load from Bagotville had already been delivered to Zaragoza, Spain. The airlift tasking

message called for the crew to carry on to Zagreb, Croatia to pick up a load of 20,000 lbs of cargo to be brought back to Trenton. Once in Zagreb, the itinerary called for a one-hour turnaround on the ground to pick up the load and then a relatively short flight to Krakow, Poland. There was just enough time to load the aircraft with the 20,000 lbs of barrack boxes, 20,000 lbs of fuel, a check of the aircraft systems and a smoke. Before they knew it, the "four fires of freedom" were burning, and the Acting Aircraft Captains (AAC's) were taxiing for departure...a departure with an interesting twist, that even a 426 Instructor could not have construed.

It was shortly after lift-off when the plan came off the rails. As the co-pilot selected the landing gear up, the nose gear and left main gear acted accordingly, but the right main showed "down and locked". Now what? For starters, keep the aircraft safe. The AAC gave control of the aircraft to his first officer (FO) and picked up an air traffic control clearance to hold over Zagreb at a safe altitude. A quick check

of the fuel showed enough for a few hours. Next, get into the checklist. Hang on...there is no checklist for landing gear fails to retract! Naturally, one would consider putting the landing gear lever back down and see what happens. This is what the crew elected to do, and when the landing gear was selected down, the indications showed "three down and locked", a safe landing gear, and a sigh of relief. The acting aircraft captain then remembered (of course from his excellent instruction) that somewhere in all of the landing gear checklists, it says that once you get a gear down indication you should visually inspect it from the inspection windows on the inside of the aircraft. So the discussion ensued whether or not to bother inspecting it, or now that it shows "down and locked" is that good enough? Well, what's the harm in having a look right? So that's what they did. The LMs began breaking down the load in the back to give the FE's room to view the right hand landing gear. Once they could gain access, the FEs had a look through the inspection windows. They saw that the forward right

main gear did not retract when first selected up, while the rearward one did. For those not familiar with the CC-130, this is not a good thing. Emergency brake lines were ruptured in the process, along with other damage to the gear and its components. The rear gear was now jammed and would not come down. The good news was that now we could use the checklist, since 'Landing Gear Fails to Extend' is in the checklist. That's the one that explains to inspect the gear even after a "down and locked indication". Not much help now! Next checklist please! 'Manual Landing Gear Extension'. Once disconnected from the hydraulic motor, the gear should freefall. It didn't. So the checklist says to insert a hand crank tool onto the gear assembly and start winding the gear down. It wouldn't budge. How about another checklist? 'Main Landing Gear Manual Extension After Normal and Manual System Failure'. By now the FEs were soaked with sweat as they were removing panels to get even more access to the landing gear. The LMs were doing their best to fetch

tools, secure equipment and provide water. The FEs eventually managed to ratchet the rear gear down after prying apart the jammed components. They then had to secure it in place using the tie down kit.

At the end of the day, it took nearly 2.5 hours, with three flight engineers and four loadmasters onboard. A total of four emergency checklists had been actioned, not including the one that doesn't exist! Many good things happened on this day. Luckily the weather was very good over Zagreb. As well, the emergency happened on departure when we had lots of fuel. Had it happened on arrival into Krakow we would have been in a fuel crunch! More importantly, the crew maintained the safety of the aircraft at all times, and employed excellent HPMA skills by keeping everyone informed, and discussing all possible outcomes. Needless to say, the two restricted loadmasters, one restricted flight engineer and the two acting aircraft captains received excellent training that day! Hey, at 426 Squadron we aim to please.

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United Way Lunch

Back by popular demand is the United Way Spaghetti & Pizza Pig-Out!

WFoods is hosting this year's inaugural "Half 'n' Half" lunch on

Friday, 15 Oct from 1100-1330

What's a "Half 'n' Half" ?

Well, it's half spaghetti and half pizza, along with garlic bread and Caesar salad!

All you can eat for a minimum donation of \$5.00 at the door

See YOU there!

WING LOGISTICS AND ENGINEERING PICTURE OF THE WEEK



MCpl Giebel measures Pte Small for the new "Clothing Ensemble Millennium Standard." Approximately 3,000 personnel at CFB Trenton will be measured for various new pieces of clothing over the next several weeks. Thereafter, orders for stock will be placed, and it is anticipated that most personnel will receive their new kit throughout December and January. Some of the new items include a wide brimmed hat, winter weight coveralls and jacket, light weight jacket, and rain gear.



8 Wing aircraft and crew deliver supplies to flood-ravaged Haiti

by Capt John Price

A C130 Hercules began the first of several Canadian Forces missions to transport relief supplies to the Haiti on Sept 22. Tropical storm Jeanne saturated Haiti with rain, transforming soil to mud and causing more than 1,500 deaths and leaving thousands more homeless.

The Hercules transported 2,400 blankets and 400 rolls of plastic from the Canadian Red Cross and the Canadian International Development Agency and turned them over

to relief workers in Port-Au-Prince. The supplies are expected to be able to assist more than ten thousand families with emergency shelter requirements.

"There were no private freight forwarders who could deploy these relief supplies so that they could reach Port-au-Prince and Gonaives on time," says Charlie Musoka, Emergencies Officer for the Canadian Red Cross. "The Department of National Defence stepped up to the plate and everything was very effi-

ciently organized."

"As we first got over Haiti - it was getting towards sunset - we flew over the area that had the worst flooding in the north-west of the country," said Captain Chris Hepburn, the Aircraft Commander. "Even from the air you could see all the flooding and all the damage."

"Since Canadian participation in Haiti militarily C130s have had a heavy involvement," says LCol Mike Hood, Commanding Officer 429 Squadron and Navigator for the flight. "I was there just a month

ago bringing out the last Canadians [from Op Halo]."

"In '95 I did a six-month tour in Haiti on the ground. The poverty and stuff that you see there is devastating," says Sgt Don MacLean, loadmaster on the Hercules. "To have the hurricane happen to them doesn't seem fair. They are a poverty stricken people and it feels good any time we can help them out."

On Sept 28, a CC-150 Polaris Airbus and a CC-130 Hercules transported additional equipment provided by the Canadian Red Cross, Quebec

Division, and the Ministry of Public Security of the Government of Quebec to Haiti.

"One Herc load is not going to solve all the problems in Haiti," says Hood. "The Government of Canada has supported Haiti through thick and thin and this is just another symbol of support."

"It costs a lot to deploy relief supplies," says Musoka, "The Department of National Defence has a specific capability to deploy these kind of supplies very far."

Search & Rescue UPDATE



Only four SAR missions to report this past week here at 424 Squadron.

The first was a tasking for our Cormorant crew for an overdue 15-foot inflatable boat with a 50-year-old woman aboard, near Sandy Island in Georgian Bay. Shortly after arriving on scene, a local vessel located the woman, and after determining that she needed no medical attention, the crew were released by JRCC and returned to Trenton.

Mission number two found our Herc investigating an ELT in the Parent, PQ area. After conducting two separate electronic searches, the crew heard nothing and returned home.

Next was a tasking for the Cormorant to Perry Sound area for an overdue 16-foot aluminum boat with two people onboard. Night vision goggles were used to search the assigned area and during the search, the people on the ground got the crew's attention by using a camera flash. A SAR-Tech, lowered by hoist to the ground, confirmed their identity and a Coast Guard vessel was called in to recover them to safety.

Lastly, our Cormorant was involved in a search for an overdue 23-foot catamaran near Keswick on Lake Simcoe. Just after the crew arrived on the scene a police boat located the vessel and the Cormorant crew used their searchlight to provide illumination. Once the person was safely onboard in the hands of the police, the Cormorant returned to base.

Missions for 2004: 159 Missions for Oct.: 2 Persons rescued: 28

Have an opinion or story to tell?
Write a letter to the Editor

Email: LeBlanc.AI@forces.gc.ca

Fax: 613-965-7490

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The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel J.P.A. Deschamps, CD, Wing Commander, 8 Wing / CFB Trenton.

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The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a 3.5" disk and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.
- Articles must be received by Tuesday at noon prior to print date at The CONTACT office.

Letters to the Editor:

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message from the

Editor

I think that in many ways Thanksgiving is my favourite little holiday.

Strange? Not really. Thanksgiving seems like the only holiday or day of celebration that is not commercial--it's not about chocolate, flowers, toys or money. In its pure form, it's about recognizing, remembering what we have to be thankful for. Some days are obviously better than others, and sometimes it really does seem like the sky is falling, but it's good to stop and think *at least* once a year, even if we tend to take things for granted the rest of the time.

I'm thankful for my beautiful sons, my family, friends, my home, my health, my job. I am also thankful for what I don't have in my life. Crazy terrorists storming our public schools; roadside bombs exploding with frightening regularity, killing innocents; hurricanes ravaging whole communities; devastating flooding; threatening volcanoes. I could go on, but I won't. If you need any more examples, pick up any major newspaper or tune in to any network TV news channel.

I guess what I am trying to say is that life could be worse--it is much worse for so many--and that this year more than ever I am thankful to be Canadian--to live in Canada, to have what I am fortunate enough to have, and to not have any of the miseries common to other parts of this world.

Correction

Our apologies to Greg LeClair for misidentifying the photographer of last week's front page picture "General Visits". Credit should have been given to Mr. LeClair.

Canadiana Crossword

Thanks Canadian Style

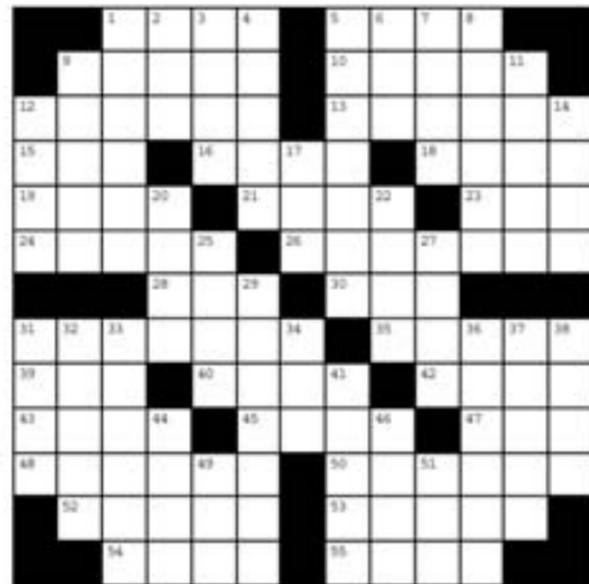
By Bernice Rosella and James Kilner

ACROSS

- 1 Middle east strip
- 5 Tall tales
- 9 Medieval broadcaster?
- 10 Role model
- 12 Carrier
- 13 Chinese Canadian thanks
- 15 Woodworker's tool
- 16 Food fish
- 18 Memorization
- 19 Secular
- 21 Marries
- 23 Premier hockey org.
- 24 A kind of team?
- 26 Akas
- 28 ____ Carlo or Paulo (Brazil)
- 30 Mouth, slangily
- 31 Ukrainian Canadian thanks
- 35 French Canadian thanks
- 39 Arabs org.
- 40 25 Down, e.g.
- 42 Skier Ken
- 43 Female sheep
- 45 Groomsmen's outfits
- 47 Foundation garment
- 48 Cree thanks
- 50 Expenditures, so to speak
- 52 One who dares
- 53 German Canadian thanks
- 54 Spots
- 55 Fencing sword

DOWN

- 1 Italian Canadian thanks
- 2 Tune
- 3 Zeds
- 4 Avro ____
- 5 With great concentration



- 6 ____ Amin
- 7 Brew
- 8 Anglo ____
- 9 A kind of chest
- 11 Supple
- 12 Hairless
- 14 Congers
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- 20 Liquid container
- 22 Anna and the King locale
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- 38 Lupino, and others
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This Week in Contact

1974--Defence Minister James Richardson will visit Canadian Forces personnel on United Nations peacekeeping duties in Cyprus and the Middle East. Mr. Richardson will leave Canada October 31 and return November 10. The Canadian contingent in Cyprus has been increased by approximately 450 personnel since the Defence Minister visited Cyprus a year ago. Some 950 Canadians, the majority from the Edmonton-based Canadian Airborne Regiment, currently are on assignment with the United Nations force there.

1984--Ontario Transportation and Communications Minister James Snow appeared out of heavy fog, on schedule, to officially open the Quinte Air Terminal on Monday, 15 Oct. The terminal, which is located at the east end of the airfield off White's Road, will be served by Torontoair.

1994--In a recent speech at RAF Station Fairford, the Commander, Air Transport Group, said he believes the CC-130 Hercules will be around well into the next century. BGen Jeffrey Brace said the reliability, versatility and self-contained capability of this "superb" workhorse allows it to be used anytime and anywhere to deliver an extensive variety of load. "It's safe to say that without airlift, few elements of the Canadian Forces could fulfill their mandate," the Commander said.

**Created by Lt J. H. MacDonald,
Compiled by Laurie McVicar**



New CFPSA website to help keep youth connected

by Laurie McVicar
Assistant Editor

Life isn't easy for the children of military members. Their parents are often gone on deployments for long periods of time and numerous moves make it difficult to retain friendships and necessary to adapt to new surroundings. Who better to understand the woes of a base "brat" than one of their peers?

The Canadian Forces Personnel Support Agency (CFPSA) is currently developing a youth website with the mission of connecting CF youth from coast to coast.

"The website was conceptualized a few years ago as a result of a youth summit that was held--a number of youths ages 13-18 came together and formulated a list of over 100 recommendations for the program service delivery people on how they can improve the plight of CF youth and their families," said Lara Rooke, National Recreation and Youth Coordinator.

"Part of that was facilitating connectivity, making it easier for them to keep in touch with their family and friends when they leave and providing them with accurate and timely information about what programs and services are available at particular bases, wings and units."

Last summer, approximately 50 youth from across the country spent



five weeks defining the design and content of the future website.

"That was then followed by the development of an actual mock-up with the look and feel of a website. That work has since continued and we now have a smaller group of youth working right now on fine-tuning the mock-up. After that they will then start delving into the development of some of the content," said Rooke.

Some features currently on the mock-up include a pen pal program, chat rooms, forums, deployment info,

help line numbers and websites, health info, and tips on dealing with relocation, to name a few.

"The website will also provide an information base for kids who are not from military families who's aim is to better understand the experiences of their friends who are from military families," stated Rooke.

If everything goes according to plan, Rooke anticipates CFPSA will be able to launch a fully interactive website by early 2005. To view the mock-up, log onto www.connectingcfyouth.ca.



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					1	2
3	4	5	6	TGIF 7 1700 hrs Donairs Sports 1800 hrs Euchre	8	9
10 Happy Thanksgiving Day!	11	12	13	14	TGIF 15 1700 hrs Fish & Chips Sports 1800 hrs Pool	16
17	18	19	20	21	TGIF 22 1700 hrs Chicken Taters Sports 1800 hrs Euchre	23
24	25	26	27	28	TGIF 29 1700 hrs Pizza Sports 1800 hrs Pool All Ranks Oktoberfest	30
31 HAPPY Halloween	OCTOBER 2004					

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SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	Coffee & Donuts 1000 hrs	TGIF 7 1700 hrs Donairs Sports 1800 hrs Euchre	8	9
10 Happy Thanksgiving Day!	11	12	Coffee & Donuts 1000 hrs	14	15 TGIF 1200 hrs Pizza 1700 hrs Philly Steak	16
17	18	19	Coffee & Donuts 1000 hrs	21	22 TGIF 1200 hrs Lasagna 1700 hrs Beef Brochet	23
24	25	26	Coffee & Donuts 1000 hrs	28	29 TGIF 1200 hrs Donairs 1700hrs Fish & Chips Astra Lounge All Ranks Oktoberfest	30
31	<h1>OCTOBER 2004</h1>					

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Better Health Care for Canadians: A 10-year plan

De meilleurs soins de santé pour les Canadiens : plan d'action sur 10 ans

Working together, the Prime Minister, Premiers and Territorial leaders have signed a 10-year plan, supported by \$41 billion in new federal funding, that will lead to better health care for Canadians.

Better Health Care

✔ Reduce waiting times

- Improve access so that Canadians don't wait as long for key tests, treatments and surgeries

✔ More Doctors, Nurses and other Health Professionals

- Plans to train and hire more health professionals while also developing faster accreditation for foreign-trained health professionals

✔ Expand home care

- Provide better support for people being cared for or recovering at home

✔ Improve access to family and community care

- Increase 24/7 access to doctors, nurses and other health professionals

✔ Better Access to Needed Medicines

- A commitment to manage drug costs and ensure that no family is forced to choose between needed medicines and financial ruin

✔ Improved Aboriginal Health

- New investments and better planning to close the gap between Aboriginals and other Canadians in terms of health

Shorter Waiting Times

The federal, provincial and territorial governments have committed to report clearly on the progress we are making in health care and, for the first time will report on progress in reducing waiting times.

✔ Comparable indicators ... so we can measure

- Federal, provincial and territorial governments will use comparable information to report their progress in improving access to doctors, and to diagnostic and treatment procedures

✔ Benchmarks ... so we know what we are striving for

- Federal, provincial and territorial governments will set medically acceptable waiting times – based on advice from medical experts – starting with cancer, heart disease, diagnostic imaging, joint replacement, and sight restoration

✔ Targets ... to drive change

- Provincial and territorial governments will set their own targets and report annually to citizens on progress in reducing waiting times

Canadians will see for themselves where their health care money is going and how it is making a difference.

Le premier ministre du Canada et les premiers ministres provinciaux et territoriaux ont de concert adopté un plan d'action décennal qui, grâce notamment à un nouvel investissement fédéral de 41 milliards de dollars, consolidera les soins de santé pour tous les Canadiens.

De meilleurs soins de santé :

✔ réduction des temps d'attente

- améliorer l'accès pour que les Canadiens obtiennent plus vite les tests cruciaux, les traitements et les chirurgies essentiels

✔ davantage de médecins, d'infirmières et d'autres professionnels de la santé

- élaborer des plans plus formés et recruter davantage de professionnels de la santé, et accréditer plus rapidement ceux formés à l'étranger

✔ élargissement des soins à domicile

- améliorer le soutien aux personnes soignées ou en convalescence à domicile

✔ meilleur accès aux services de santé à la famille et communautaires

- augmenter l'accès en tout temps à des médecins, infirmières et autres professionnels de la santé

✔ meilleur accès aux médicaments essentiels

- gérer les coûts des médicaments afin qu'aucune famille n'ait à choisir entre les médicaments et la déchéance financière

✔ amélioration de la santé des Autochtones

- investir de nouveaux fonds et mieux planifier pour combler l'écart entre les soins de santé offerts aux Autochtones et aux autres Canadiens

Réduction des temps d'attente :

Les gouvernements fédéral, provinciaux et territoriaux ont convenu de rendre compte des progrès accomplis dans le domaine de la santé et, pour la première fois, dans la réduction des temps d'attente.

✔ des indicateurs comparables... pour mesurer les progrès

- les gouvernements fédéral, provinciaux et territoriaux utiliseront des indicateurs comparables pour rendre compte de l'amélioration de l'accès aux médecins, aux services de diagnostic et aux traitements

✔ des jalons... pour préciser le but visé

- les gouvernements fédéral, provinciaux et territoriaux établiront des temps d'attente médicalement acceptables – fondés sur l'avis d'experts – d'abord dans les domaines du cancer, des maladies du cœur, de l'imagerie diagnostique, des remplacements articulaires et de la restauration de la vue

✔ des objectifs... pour susciter le changement

- chaque gouvernement provincial et territorial établira ses propres objectifs pour les temps d'attente et rendra compte annuellement aux citoyens des progrès réalisés

Les Canadiens pourront constater à quoi sert leur argent affecté aux soins de santé et les résultats déterminants qu'il produit.

To obtain a copy of "The 2004 Health Care 10-Year Action Plan at a Glance", call **1 800 O-Canada** (1 800 622-6232) or, to see it on the web, click www.canada.gc.ca/healthplan.

Pour obtenir un exemplaire du document « Aperçu du plan d'action décennal sur les soins de santé 2004 », composez le **1 800 O-Canada** (1 800 622-6232). Vous pouvez aussi le consulter sur Internet à www.canada.gc.ca/plansante.





WE NEEDS YOUR ADVICE!

What do you think about your MFRC? How well are we meeting your needs? What can we do better? What should and shouldn't we be doing?

You are invited to attend a Focus Group to explore these issues, make suggestions, and to complete a survey about MFRC's services.

Space is limited, so please call the reception at 965-3575 to let us know if you can come. Make sure that you can be heard. We will provide free childcare. Please reserve for it by October 11th at noon.

Wednesday, October 13 6:30 – 8:30 pm at the Siskin Centre

NOUS AVONS BESOIN DE VOS CONSEILS!

Que pensez-vous de votre CRFM? Servons-nous adéquatement vos besoins? Que pouvons-nous améliorer? Que devrions-nous ou ne pas faire?

Vous êtes cordialement invité à participer à un groupe de consultation pour explorer ces questions, pour faire des suggestions et pour compléter un sondage sur les services offerts par le CRFM.

Laissez-nous savoir si vous pouvez participer, s.v.p. téléphonez à la réception au 965-3575. Le service de gardiennage est gratuit, mais vous devez réserver avant le 11 octobre à midi

Mercredi le 13 octobre 18h30 à 20h30 au Centre Siskin

New at the Youth Centre

Welcome Lauren Spence, our new facilitator at the Youth Centre. We said goodbye to Julia Brown in August as she headed to Nova Scotia with her family.

New hours at the Youth Centre

Wednesday 5:30 -8:00 - 8 - 18 years
 Thursday 4:00 -6:00 - 8-12 years
 6:00 - 8:00 - 13 - 18 years
 Friday 6:00 - 9:00 13 -1-18 years
 Saturday 1:00 - 4:00 8 -12 years

Lauren has a new line-up of activities, please stop by to get the schedule of events. Membership is now due
 8 - 12 years \$6.00 per year and
 13 - 18 years \$12 per year. May be additional charges for activities.

Car Wash at the Youth Centre
 Saturday October 9th
 10:00 am - 1:00pm
 Come get the car shined up before heading out for that Thanksgiving dinner.

TMCC dances are resuming. The first one is Oct 29th at the RECPLEX and is a costume dance and you can get in for \$3.00 with a costume. The Youth Centre will provide a canteen at the dances.
 Susan Stoddard
 MFRC Youth Coordinator
 392-2811 Loc 2382

Du nouveau au Centre des jeunes!

Nous souhaitons la bienvenue à notre nouvelle animatrice Lauren Spence. En août dernier, nous avons dû dire au revoir à Julia Brown qui a déménagé en Nouvelle-Écosse avec sa famille.

Nouvel horaire du Centre :
 Les mercredis 17h30 à 20h - de 8 à 18ans
 Les jeudis de 16h à 18h - 8 à 12 ans et de 18h à 20h - 13 à 18 ans
 Les vendredis de 18h à 21h - 13 à 18 ans
 Les samedis de 13h à 16h - 8 à 12 ans

Lauren a organisé toute une gamme d'activités, passez au Centre pour obtenir le programme des événements. Les inscriptions se font dès maintenant. Le coût annuel est de :
 6,00\$ pour les enfants de 8 à 12 ans et
 12,00\$ pour les jeunes de 13 à 18 ans.

Il se peut qu'il y ait des coûts supplémentaires pour certaines activités.

Lavage d'autos au Centre des jeunes
 le samedi 9 octobre de 10h à 13h.
 Venez faire reluire votre auto pour les sorties de l'Action de grâce!

Les danses du CCMT sont de nouveau au programme. La première aura lieu le vendredi 29 octobre au RECPLEX et ce sera une danse costumée. Le prix d'entrée est de 3,00\$ (avec costume). Une cantine sera fournie par le Centre des jeunes lors des danses.

Susan Stoddard
 Coordinatrice Centre des jeunes
 392-2811, poste 2382

Beginner Spanish Course
 Starting October 12, 2004 at the Siskin Centre.
 The cost is \$75. The course will run for 10 weeks from 6:30 pm to 9 pm. Come in and register or call Eve at 965-3595 for information.

Couple Communication
 October 18 and October 25 / 7pm to 9 pm
 \$10 registration fee per couple
 Child care is available but must be reserved before October 13.

Scrapbooking
 The Sassy Scrappers are an enthusiastic group of ladies who meet to learn new and interesting ways of preserving their family memories, through scrapbooking. We have a wide range of skills to draw from and there is also an instructor if you are a beginner. Please feel free to drop in and see what the group is all about. Everyone is welcome. There will be a drop-in fee, a loonie per visit. The funds will go towards other MFRC programs.
 October 17 *Dancing Letters*
 October 31 *Accordion Booklets*

PARENTING WORKSHOPS
Learning Begins-Parenting
 Facilitated by Josée Martell
 October 12, 19th & 26th, 1:00-3:00 pm
 Cost: \$10.00
 Designed for 0-2 year olds

Kids Have Stress Too!
 Facilitated by Josée Martell
 October 13, 20th, & 27th, 6:30-8:30
 Free: Three two-hour sessions
 Parenting 4 -9 yrs olds

Cours d'espagnol, débutant
 débute le 12 octobre au Centre Siskin. Le coût est de 75\$ pour 10 semaines de 18h30 à 21h. Pour vous inscrire, venez au Centre ou téléphonez à Eve au 965-3595 pour de l'information.

La communication dans le couple
 Les 18 et 25 octobre - de 19h à 21h
 Coût : 10,00\$ par couple
 Un service de garde d'enfants est disponible, toutefois les réservations doivent être faites avant le 13 octobre.

Albums commémoratifs
 Les Sassy Scrappers sont un groupe de dames très enthousiasmées qui se rencontrent pour préserver de façons intéressantes leurs souvenirs en les incluant dans des albums. Nous mettons à votre disposition une multitude de ressources et il y a même une enseignante pour aider les débutantes. Le 17 octobre - Lettres dansantes
 Le 31 octobre - Livrets accordéons

ATELIERS " PARENTING "
 Les débuts de l'apprentissage - Animatrice, Josée Martell
 Les mardis, 12,19, et 26 octobre de 13h à 15h
 Coût : 10,00\$, Âge : de 0 à 2 ans

Les enfants aussi sont stressés - Animatrice, Josée Martell
 Les mercredis, 13,20 et 27 octobre de 18h30 à 20h30
 Gratuit: 3 sessions de 2 heures
 Âge : de 4 à 9 ans

Wednesday Night Out!
 6 pm to 8 pm in the Bistro
 Please register for the workshop and childcare by calling 965-3575/965-3595. There is no cost for childcare for families of deployed members.
 October 13th / **How to buy and sell safely on E Bay.** - Jennifer Nesbitt developed her own home business selling on E Bay and she will share some of her expertise with you. No Cost.

October 20th / Hand Made Cards - The holidays are fast approaching! We will explore a few fast and easy card designs - Christmas cards and several note cards which you can create and package as gifts.
 Class fee: \$5 for supplies.

Sortie du mercredi soir!
Au Bistro du CRFM De 18h à 20h
 Pour les inscriptions des ateliers et la garde des enfants, veuillez composer le 965-3575. Il n'y a aucun frais pour la garde des enfants des familles en déploiement.
 Le 13 octobre - Comment acheter et vendre en sécurité avec le service E-Bay: Aucun frais

Le 20 octobre - Cartes faites à la main : Les fêtes approchent à grands pas! Nous vous enseignerons quelques modèles rapides et faciles à exécuter pour des cartes de souhaits de Noël et autres items que vous pourrez offrir en cadeaux.
 Coût : 5,00\$ pour le matériel

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Fitness, Sports & Recreation

REVISED RCAF FLYERS ARENA SCHEDULE 2004 - 2005

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
0700	WCE/81 AEF	CPC	Goalie Clinic	8 ACCS	CPC		
0800	WLEO/MP's/FIRE HALL	CPC	Before School	8 ACCS	CPC	SML	SML
0900	Supply				8AMS 08:30-1000hrs	SML	SML
1000	Transport	Parents	Parents	Maintenance	ATESS	Belleville Girls	Cornell
1100		Tot's (1000-1130hrs)	Tot's (1000-1130hrs)		ATESS 1000-1145hrs	Belleville Girls	Belleville Girls
1200	NHL	NHL	NHL	NHL	NHL	Belleville Girls	Belleville Girls
1330	FLYERS OT	424	437	429	OPEN	Family	Family
1400	FLYERS OT	424/426	436 JNBCD	ATC	OPEN	Skate	Skate
1500	FLYERS	426	FLYERS 1430-1600hrs	8AMS	LADIES BASE	Red Devils	Learn To Skate 8-88
1600	FLYERS	Maintenance	Family Skate	8AMS	TEAM	Red Devils	Red Devils
1700	Beg. Power Skate	Bantam/Midget Shiny	Atom/Shiny	Tyke Novice	Shiny/Learn To Skate	Red Devils	Red Devils
1800	Intermediate Power Skate	PeeWee/Shiny	WHL	WHL	Family skate	Red Devils	WHL
1900	Red Devils	WHL	WHL	ELITE	TMHA	Red Devils	WHL
2000	Red Devils	WHL	WHL	HOCKEY	TMHA	Red Devils	WHL
2100	Red Devils	WHL	WHL	LEAGUE	TMHA		WHL
2200	8AMS	WHL	WHL		TMHA		

All Community Programs call local 3361

All others call RCAF Arena local 4110



From the staff at The Contact

Participants needed for Orienteering Competition

The Fitness & Sports Flight will be organizing an Orienteering Competition at 1330 hrs on the 4 Nov 04 in the Batawa area. Two training sessions are scheduled from 1330 - 1600 hrs Tuesday, October 26 and Thursday, Oct. 28. What is Orienteering? Orienteering is a com-

petitive sport that simulates the multitude of problems encountered when navigating using a map. It combines the physical benefits of cross-country running, the mental challenge of quickly solving complex puzzles, and the very useful skill of map interpretation and compass

use. The competition will be conducted in four person teams with a maximum of twenty-five (25) teams. Military, Reserve Class B & C, DND, and NPF full time employees with priority to the Military personnel are eligible to participate. Register your team with the

Fitness and Sports Flight no later than Oct. 22. Registration forms can be picked up at the main office of The Gymnasium. Come out and have some fun. For more info contact the Military Sports Coordinator, Dan Cormier, at local 3373.

Coral's Van Sale!

1995 Chevy Lumina Van - 6 cyl, auto, AM/FM/cass, air, burgundy, 7 passenger. 6 mons./6000 km. Powertrain warranty
Was \$4,750
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2002 Dodge Caravan SE - 6 cyl., auto, fern, power windows/mirrors/locks, AM/FM/CD, air, cruise. 6 mons/6000 km. Powertrain warranty
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Located on Hwy 33 @ East end of Wellington. 20 min South of Trenton

Beat winter blahs with women's basketball

With winter around the corner, we are all going to need help motivating ourselves to get out of the house and to the gym. It's much easier when you are working out with friends and know that people depend on you to show up. If you are interested in playing some pick up basketball once or twice a week please give Kara a call at the gym at ext 2825.

If you would like any other information about our programs or would like to make an appointment with one of our qualified fitness instructors please call Scott Burns, Fitness Coordinator at ext. 3328.

SIT BACK, RELAX, ENJOY

Contact
Delivering news and information.
At home and around the world.

CISM Running Team seeking new members for world competition

The CISM Running Team is continuing to look for new members to strengthen the team's competitive performance at the next CISM World Championship. The next world event will be held in Barbados in Feb/May 05.

- Team members must meet the following criteria:
- Member of the Regular or Reserve Force;
 - Passed the annual fitness test and maintain an active fitness program;
 - Female under 20 minutes for 5 km;
 - Male under 17 minutes for 5 km;
 - Available to attend training camp 29 Nov - 6 Dec 04 in Barbados.

Interested members are requested to send the following info: SN, rank, name, MOC, age, sex, home & work phone number, and copy of last year's fitness report.

For more info contact the Military Sports Coordinator, Dan Cormier at local 3373.

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Pirates, wacky relays, pure fun dominate challenge



Members of Wing Exec Team--the best dressed by far!



EME Squadron's Team #1 win the annual Wing Commander's Challenge.



A participant looks for rubber chickens with reversed binoculars in the Bird Watching Relay.



Participants were encouraged to warm up prior to the start of the challenge.



A member of the Wing Exec Team maneuvers around a pylon in one of the relay races.



Participants had to spin around repeatedly and then race with a hockey ball balanced in a toilet plunger in Dizzy Lizzy Relay Race. Yikes!

Photos: Cpl Bernie Kuhn & Pte Kim Gosse, 8 Wing Imaging



The team from 8 ACCS captured a respectable third place in the challenge.



Plenty to do at this year's MFRC Family Day



Photos by Laurie McVicar, Contact



**Military Family Resource Centre
Job Fair Oct. 14th, 1-4 p.m.
Sears Contact Centre - Belleville**

**Family Friendly Shifts 5 p.m. to Midnight
Seasonal Part Time Positions**

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High School education preferred with excellent oral and written communication skills. Keyboard and computer experience a definite asset. Flexibility in hours of work required.

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500 College Street East
Belleville, Ontario
K8N 5L2**

or Fax us at: 613-391-3010

Sears Canada Inc. is an equal opportunity employer. We thank all applicants for their interest.



Fire Prevention Week kicks off at 8 Wing/CFB Trenton

Photo: Laurie McVicar, Contact



Photos: Laurie McVicar, Contact



The 8 Wing Fire Department got a jump on Fire Prevention Week this year by having strong presence at this year's MFRC Family Day on Sunday, October 3. In addition to the Fire Safety/Hazard House, there were displays, Structural Pumper rides, contests and a miniature Fire Fighter Combat Challenge (pictured left). On Monday morning, Colonel Andre Deschamps, Commander of 8 Wing/CFB Trenton read the official Fire Prevention Week Proclamation following a scheduled fire drill for personnel in the Headquarters building. Following that, the Fire Warden of the Year Award was presented by the Wing Commander to Jamie Young.

Pet Particulars

Do you have room for us?



I am a young adult female Calico. I need a sponsor for spaying. You will receive a tax receipt for your donation.



Hello I am a young adult male neutered Red-White.

Many Thanks to the Trenton Pet Valu Store who hosted a BBQ on 23 September 2003. They raised over \$1500.00 and raised pet ownership awareness. Thank you to Paul Sweeney (Sheba Foundation), Albert and Rose DeLuca (Duke and Logan), Nutram, Science Diet, Technical and Nutro for their contributions.

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<p>1999 Honda CRV Only \$14,995</p> <p>Auto, one local owner, P/W/D/L, cruise and air. Real time All Wheel Drive. Winter unfortunately isn't too far away. 102,862 kms. Alloy wheels under black paintwork makes a pretty picture. Please compare RS. has a power sliding sun roof.</p>	<p>2002 Nissan Sentra \$11,900</p> <p>5 speed, Air, One local owner, warranty, silver, 58,040 kms.</p> <p>to Choose From</p>
<p>2000 GMC Reg. Cab Sierra 1500 Series \$18,995</p> <p>Auto, air, cruise, lovely chrome package, 4.8 L, V8, only 79,260 kms. As they say "A Black Beauty". Pioneer stereo system, boxliner, step rails.</p>	<p>1996 Nissan Quest XE \$7,995</p> <p>Auto, p/w/d/l, cruise, good condition, green, 154,850kms</p>
<p>2002 Toyota Corolla \$13,995</p> <p>Auto, P/W/D/L, cruise, air conditioning, one owner, keyless entry, silver, 90,000 kms.</p>	<p>2000 Nissan Maxima GXE \$14,995</p> <p>Auto, p/w/d/l, climate, traction control, alloys, 1owner, 118,000kms, Silver</p>

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Community Events

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Matinees
Saturday, Sunday
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**MOVIES
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MOVIES**

MOVIE LINE-UP

• Shark Tales	(G)	1:10	3:00	7:10	9:10
• Taxi	(PG)	1:05	7:05	9:05	
• Ladder 49	(PG)	1:00	7:00	9:15	

Coming Soon: The Incredibles & National Treasure
Admission \$7.50 (adults 18+) \$6.00 (youth) Wed. & Matinees \$5.00 (ALL)

**CALL
392-4211
FOR INFORMATION**

Welcome to the Contact Newspaper's Community Events page! Thanks to the generosity of Trenton's Centre Theatre, we can now feature (space permitting) public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 392-2811 Ext. 7005 for more information.

8 WING/CFB TRENTON UNITED WAY EVENTS UPDATE

UNITED WAY PIZZA AND SPAGHETTI LUNCH – Back by popular demand is the United Way Spaghetti and Pizza Pig Out! WFoods is hosting this year's inaugural "half 'n' half" lunch on Friday, Oct. 15 from 1100 - 1330 at the Galley, Cadet side. The lunch features half spaghetti, half pizza along with garlic bread and Caesar salad. All you can eat for a minimum donation of \$5 at the door.

MEGA PAYDAY 50/50 DRAW 01 DEC 04 – get your tickets now for the Mega Payday 50/50 draw on Dec 1st. If everyone on the Wing buys one ticket it could be worth \$8000.00. Tickets are available through your Unit United Way rep.

WING TRANSPORT CAR CRUSH - 8 Wing Transport will be holding the 2nd Annual Car Crush as a fundraiser for the United Way. The winner will have the opportunity to take control of a D6 bulldozer and drive overtop of a car numerous times crushing it as flat as a "pancake". Tickets are already on sale and can be purchased from MCpl Flowers at ext 7669 or you can pop in and see him at Heavy Equipment Section which is located on the North side or you can contact Cpl Dubeau at ext 7258. Tickets are \$1.00 each. The winner's name will be drawn on the 27th of October. The actual event will be held on October 28 at 1315 hrs on the west side of RCAF road in the dirt area just south of the railway tracks.

HEALTH PROMOTION PEDOMETER CHALLENGE - The Challenge involves teams of up to five wearing pedometers (small step counter) for a week to establish how many steps they are averaging in a day. After that point they spend the next week trying new things to increase the number of steps that they accumulate. We hope to have prizes for the most improved, most innovative idea, team spirit and greatest number of steps. All that is required is for each person to make a small donation to participate. See the Health Promotion Director Cheryl Rothenburg.

UNITED WAY VIRTUAL HOLIDAY - 426 Squadron has donated a 1-hour C130 Hercules Flight Simulator session to be raffled as a prize for the United Way campaign. Tickets are available for \$1.00 through your unit United Way canvassers. The full-motion simulator session is on Saturday, 13 November from 1300-1400 hours. (Winner and 1 guest are guaranteed a minimum of 1 hour flying time anywhere in the world that the simulator can fly!)
Think about it: An hour in the Caribbean, your home town, Europe, wherever YOU want to go. Beat those winter blahs and buy your ticket to paradise now!

Here's your opportunity to save lives.

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THURSDAY, OCTOBER 21
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WORSHIP SERVICES

<p>OUR LADY OF PEACE (RC) NOTRE-DAME-DE-LA-PAIX (CR)</p> <p>Chapel Life Co-ordinator/Responsable de la communauté chrétienne Padre Bastien Leclerc (RC)</p> <p>MASS Sunday Mass (English) 1015 hrs Messe Dominicale: 1130 hrs</p> <p>CONFESSION At all times</p> <p>PARISH ORGANIZATIONS Parish Council 3rd Thurs 1900 hrs Knights of Columbus 1st Thurs 1900 hrs CWL 2nd Tues 1900 hrs Chorale Merc 1900 hrs Choir Tues 1900 hrs</p>	<p>ST CLEMENT ASTRA (PROTESTANT)</p> <p>Chapel Life Co-ordinator Padre Catherine Morrison (ACC)</p> <p>WORSHIP SERVICE</p> <p>Divine Worship (Sun) 0900 hrs Holy Communion 1st Sunday of the month Anglican Eucharist Wed 1230 hrs</p> <p>PARISH ORGANIZATIONS</p> <p>Chapel Guild Last Tues 1930 hrs</p>
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BAPTISM/BAPTÊME
Please allow 30 days notice for preparation. / Communiquer avec le bureau des aumôniers au moins 30 jours avant la date désirée.

MARRIAGES / MARIAGES
It is necessary to contact the chaplains' office prior to setting a date. Failure to do so could result in disappointment. Afin d'éviter des déceptions, il est important de communiquer avec le bureau des aumôniers avant de choisir votre date.

DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR
After working hours, for emergency only, please call the base operator at 392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 392-2811 et demandez l'aumônier en devoir.

Has real estate got the big chill? No not really, not yet

it's your Money



Garth Turner

Anybody who's been into real estate for a few years has One Big Fear. Simply put, it is paying too much money for a house. More exactly, it is buying at the top of the market when there is no hope of reselling that property for the same price for years to come--and not realizing it at the time.

This last happened, lo these many years ago, back in 1989. Feeding off an inflationary orgy and a stock market disaster that scared most investors away from equities and into real estate, housing boomed as rarely before in the late Eighties, and prices shot to levels previously unheard of. There was a clear sense that anyone who did not take the plunge into home ownership would forever stay a tenant because prices would only continue to rise. That withering decade also

brought the rise of the small-time real estate speculator, as people began to realize their houses were making more a year than they were.

So, things kind of got out of hand, and by 1989 the average house could no longer be afforded by the average family. For a while, prices continued to climb while sales levels declined. Suddenly it became obvious that the peak had passed; that the latest buyers in were the biggest potential losers; and that supply was about to swamp demand. That brought us the real estate disaster of the early 1990s, when prices cratered and thousands of people who had "invested" in a few rental condo units discovered it was their tenants who were the smart ones.

Fast forward 15 years, and here we are. Real estate has been

smoldering hot for the last six years and positively in flames since late 2001. The average house price has handily surpassed that of 1989; housing starts are running at some of the highest rates in history; another stock market shocker has turned real estate into the asset of choice; and once again some people are wondering if history is about to repeat itself, proving beyond a doubt that (a) real estate really is a cyclical commodity that (b) can eat you.

So it was with interest that I glimpsed the front-page headline on one of the national dailies last weekend. "HOUSING MARKET COOLS OFF" it screamed in 100-point-high capital letters. That was enough to have any recent buyer--especially the winner of a bidding war--running for the antacid. If true, it would suggest that once again supply and demand will become unbalanced in the favour of buyers, leading to an inevitable correction in price.

If true, the consequences today would be far greater than back in 1989. For example,

today's homebuyers are more leveraged, with far bigger mortgages which are the result of far higher prices. In addition, back in 1989 people had to plunk down 25 per cent of the purchase price of a home to get a conventional mortgage. Today all the banks will happily lend you at least 95 per cent of the price, and many of them will hand over 100 per cent. So, if you have no equity, and the value of your home dips below what you paid for it, then you have negative equity. That's a nice term for falling into the sewer.

In short, with more debt all over the place, the real estate market is a scarier place than it ever has been, vulnerable to the twin shocks of rising mortgage rates and falling demand. So, is news this thing is suddenly cooling off as

serious as it sounds?

Relax. This is just a headline, and since when was the media right about anything, anyway? It is true that the rate of appreciation in the price of the average home is slowing--it went up about 5 per cent last year, as opposed to over 8 per cent the previous year. But that's about the full extent of the bad news. Housing starts continue to be robust; the country's largest real estate board has set all-time sales records for the last five consecutive months; sales of high-end homes have never been higher; interest rates have crept higher but remain ridiculously low by historic standards; and financing a home has never been easier than it is right now..

In addition, most Canadians are still

spooked by their mutual funds and suspicious of putting money in anything that does not have a chimney or a driveway. As I mentioned here last week, those same Baby Boomers who fuelled the housing boom of the Eighties are still at it--back in love with their brick-and-mortar sweethearts.

In short, the real estate market may well cool. Sellers may come to outnumber buyers. Prices may reverse, and start to decline. Rekindled stock markets and deflationary pressures could rob real estate of its luster.

But, not yet. We are probably a few years away from worries of that kind. So, if you recently bought a home, please put down those Tums. And be more careful what you read.

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Shorter days mean safety check

(NC)-St. Jacobs, Ontario – With the switch to Standard Time (everywhere except Saskatchewan) Canadians can look forward to cooler, shorter days and crisp nights. The fall is a wonderful time to enjoy the great Canadian outdoors with its brilliant colours and invigorating freshness.

Setting your clocks back one hour is also a good reminder to check all your battery operated smoke detectors and other home safety devices and to replace batteries to make sure everything works properly just in case. The folks at Home Hardware also remind you to reset timers on outdoor lighting and home security devices.

Here's a short checklist of other devices to test when the time changes on October 31:

- smoke alarms
- carbon monoxide detectors
- flashlights
- thermostats
- portable TVs and radios
- telephones and pagers
- audio/visual remote controls
- alarm clocks
- wireless door bells
- garage door openers
- car alarm key chains
- baby monitors.

BLESSED ARE THE ANIMALS

Photo: Laurie McVicar, Contact



Thirty-six pet owners with a total of 15 dogs took part at the first ever "Blessing of the Pets" ceremony at the 8 Wing Chapel on Sunday, October 3. The ceremony was in honour of Saint Francis of Assisi Day (held Monday) who was well known for his devotion to animals. Above, Padre Catherine Morrison blesses Dickens, her four-year-old Lhasa Apso-Terrier.

HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last
October 10 – October 16

ARIES (MARCH 21-APRIL 19): Someone may unnerve you about a project you are pursuing on the 10th, 11th and 12th. Confidence will be the key to keeping any critic at arms length allowing you to stay focused and finish what you start. Don't take no for an answer on the 13th and 14th. You'll succeed if you are aggressive in a complimentary and persuasive way. It's all in the way you handle things. Don't back down or give in. Luck is with you on the 15th and 16th. Sudden financial gains are likely. Legal matters will be in your favor. It's payback time.

TAURUS (April 20-May 20): You will be able to surprise the people you want to impress on the 10th, 11th and 12th with your ability to pull things together. Your efficiency coupled with your practical and unique ideas will seal a deal. Break old habits and you will find your niche on the 13th and 14th. Push your ideas and don't be afraid to be a little different. It may be difficult for you to concentrate on the 15th and 16th. Someone may question you about your feelings. Don't divulge everything you are thinking. Secrets must be kept.

GEMINI (May 21-June 20): Stick to your game plan on the 10th, 11th and 12th but listen to the suggestions being made. You may have to be a little more convincing if you want to make changes at home. Personal problems will surface. No one will be able to outdo you on the 13th and 14th. You will have the competitive edge and will be able to make changes that will have you looking and feeling your best. Start a new health regime on the 15th and 16th that will get you back into tip-top shape. An opportunity to follow a creative dream is present.

CANCER (June 21-July 22): Rely on your friends to help meet new people on the 10th, 11th and 12th. If you are looking for love you won't have to look far. Your great sense of humor and genuine warmth will attract friends and lovers. Problems at home will escalate if you are moody on the 13th and 14th. Don't nag, criticize or blame others without expecting the same in return. Make the personal changes on the 15th and 16th. A creative idea you have will spark an interest in someone who may be able to help you out. It's your move so take it.

LEO (July 23-Aug. 22): You may want to take a walk down memory lane on the 10th, 11th and 12th in order to remind yourself where you came from and where you are headed. Get things back on track before you lose sight of your initial goals. Communication will be the key to popularity on the 13th and 14th. Your ideas will be well received and you can be in the spotlight. Money matters will be on the line on the 15th and 16th and must be dealt with swiftly. Extravagance will be a concern; so don't go over budget. You'll be surprised what you can get for less.

VIRGO (Aug. 23-Sept. 22): You can make all the noise you want on the 10th, 11th and 12th but if you don't have the approval from loved ones it won't mean much in the end. Stop and consider the consequences if you don't compromise. Money matters can be dealt with on the 13th and 14th by looking back and preparing to make a changes to your career goals. Don't settle for less when you are capable of more. You should consider taking a trip or visiting someone who lives outside your vicinity on the 15th and 16th. Meeting new people will lead to something good.

LIBRA (Sept. 23-Oct. 22): An opportunity is evident on the 10th, 11th and 12th but you must look at all the possibilities before you move forward. Someone may lead you astray or tend to be greedy. Make sure you get a fair deal. You will be in control and ready to take action on the 13th and 14th. Poise yourself and prepare to take your friends and associates by storm. Present and promote your talents and you will succeed. Making changes on the 15th and 16th to follow a unique path may be daunting at first but once you get going you will be happy.

SCORPIO (Oct. 23-Nov. 21): Mingle on the 10th, 11th and 12th and you will discover a new way to seal a deal. Your secretive nature may have caused you to lose out in the past but by sharing just enough information you can be everyone's best connection. Observe what everyone else is doing on the 13th and 14th so that you are able to surpass even your toughest competition. Number one is your aim. Jealousy will cloud your vision on the 15th and 16th. The sweetest revenge is your own success.

SAGITTARIUS (Nov. 22-Dec. 21): You could be on the verge of something good but don't take anything or anyone for granted on the 10th, 11th and 12th or all will be lost. Diplomacy coupled with fair play will be all it takes to succeed. Run your ideas by anyone who will listen on the 13th and 14th. A partnership is looking quite lucrative. Changes are inevitable on the 15th and 16th. You are best to adhere to what's happening around you. Opposition will only lead to hurt feelings and irreconcilable differences. Patience will be required.

CAPRICORN (Dec. 22-Jan. 19): Open your eyes and your mind to new techniques on the 10th, 11th and 12th and you will make gains in all areas of your life. A change that entails philosophy, direction and attitude will be enlightening. Bide your time on the 13th and 14th. It appears that something or someone is not in alignment with you and your plans. Observe but don't be too quick to share your ideas. Your determination and desire to do what's right will win you acclaim not to mention an admirer on the 15th and 16th. You are in a power position.

AQUARIUS (Jan. 20-Feb. 18): You should do a quick once over on the 10th, 11th and 12th and make sure that you've been doing everything you can to protect your assets, personal matters and your health. A lifestyle change may be in order. You must take control of your life on the 13th and 14th. You will discover information that will help you get what you want. Romance is apparent. Keep your affairs to yourself on the 15th and 16th. Someone may try to finagle information that you shouldn't divulge. Check everyone's motives including your own before you proceed.

PISCES (Feb. 19-March 20): Emotions will run high. You may have to promise something that will take effort on your part on the 10th, 11th and 12th but if you pull it off it will be worth your while. Creative financial maneuvers will pay off on the 13th and 14th. You can seal deals and make profits. Changes to your residence will be to your advantage. Focus on getting ahead and following your dreams. You can get ahead personally and professionally on the 15th and 16th if you are open about your plans. Your unique approach to life will lead to a proposition.

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FIRE SAFETY: TEACH THEM YOUNG, TEACH THEM WELL

At the launch of Fire Prevention Week here at 8 Wing/CFB Trenton on Oct. 3, visitors were encouraged to check out displays and ask questions. At left from left to right, Kimberley Jaeggi, Kristeanna Desgagné and Jean-Claude Desgagné crawl to the nearest exit to escape a mock fire, under the supervision of MCpl Claude Desgagné, from the 8 Wing Fire Department. Pictured at right, Kristeanna Desgagné has a successful "escape" from the fire house with MCpl Claude Desgagné.



Photos: Cpl Josee Menard, 8 Wing Imaging



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Energy Matters -- Beware of the "Silent Killer"

by Sgt. D. Carlson

It's that time of year to start thinking about getting your heating system tuned-up. Old Man winter is just around the corner, so don't wait until the day you turn up the thermostat to discover something is not working the way you expected it to.

In conjunction with your heating system, it's important to install and maintain a Carbon Monoxide Detector. Most of us remain dependant on heating our homes primarily with processed fossil fuels; namely fuel oil, natural gas, propane or wood products. I'd like to point out some important information with regards to carbon monoxide. It is

often something we overlook, take for granted, and think, "It can't happen to me". This so called "silent killer" of a gas is just that, if you don't take the proper precautions to properly maintain your heating source you may find yourself seriously ill. Whether it's a furnace, wood stove or other type of heating medium, it is paramount that you take the time to understand the characteristics, warning signs and symptoms of this potentially hazardous gas. Ensure you service your heating equipment annually and consider installing a Carbon Monoxide Detector, there are many on the market to choose from.

Carbon monoxide (CO)
What is it?

Carbon monoxide (CO) is a poisonous gas that is odorless, colourless, tasteless and non-irritating.

What are the sources of CO?

CO results from the incomplete combustion of fuels such as natural gas, propane, heating oil, gasoline, coal, wood, charcoal, kerosene or other combustible materials such as tobacco and paper. Gasoline-powered vehicles, generators, lawn mowers, snow blowers, kerosene stoves, charcoal grills, coal stoves or heaters, candles, and wood

burned in a fireplace or wood stoves produce CO.

What are the signs of CO building up?

Warning signs, include stale or stuffy air, excessive moisture on windows and walls and soot buildup around appliances and vents, a yellow flame, rather than a blue flame, in a natural gas appliance and a pilot light that keeps going out.

What happens when you are exposed to CO?

When breathed in to the body, CO forces oxygen from red blood cells and prevents the body from absorbing oxygen. Exposure to very low CO

levels generally has no harmful effects. Prolonged exposure to high concentrations of CO can lead to unconsciousness, brain damage and, in severe cases, death.

What are the symptoms of CO poisoning?

Exposure to CO can cause symptoms such as dizziness, headache, nausea, fatigue, burning eyes, vomiting or loss of muscle control. As there could be many other causes for these symptoms, including the flue. CO poisoning is sometimes difficult to diagnose. The severity of symptoms will vary depending upon the length and concentration of CO exposure and the

health and level of physical activity of the home's occupants.

What should I do if I suspect a CO problem?

If someone in the home is experiencing the symptoms of CO poisoning, leave the premise promptly and get medical help immediately by calling 911 or the fire department. If you suspect a CO problem, but no one is ill, evaluate the situation. Go outside into the fresh air. Then return to your home, open the doors and windows to allow fresh air inside and call ATCO Gas or a contractor to inspect your appliances and check your home for other possible sources of CO.

Proper maintenance can prevent chimney fires



Submitted by
**Doug Bird, Deputy
Wing General Safety
Officer**

Chimney fires can burn explosively – noisy and dramatic enough to be detected by neighbours or passers-by. Flames or dense smoke may shoot from the top of the chimney. Homeowners report being startled by a low rumbling sound that reminds them of a freight train or a low flying airplane. However, those are only the chimney fires you know about.

Slow burning chimney fires don't get enough air or have enough fuel to be as dramatic or visible. But, the temperatures they reach are very high and can cause as much damage to the chimney structure – and nearby combustible parts of the house – as their more spectacular cousins. With proper chimney system care, chimney fires are entirely preventable.

**Creosote & chimney fires:
What you must know**

Fireplaces and wood stoves are designed to safely contain wood-fueled fires, while providing heat for a home. The chimneys that serve them have the job of expelling the by-products of

combustion – the substances given off when wood burns.

As these substances exit the fireplace or wood stove, and flow up into the relatively cooler chimney, condensation occurs. The resulting residue that sticks to the inner walls of the chimney is called creosote. Creosote is black or brown in appearance. It can be crusty and flaky ... tar-like, drippy and sticky ... or shiny and hardened. Often, all forms will occur in one chimney system.

Whatever form it takes, creosote is highly combustible. If it builds up in sufficient quantities – and catches fire inside the chimney flue – the result will be a chimney fire. Although any amount of creosote can burn, sweeps are concerned when creosote builds up in sufficient quantities to sustain a long, hot, destructive chimney fire.

Certain conditions encourage the buildup of creosote, restricted air supply, unseasoned wood and cooler-than-normal chimney temperatures are all factors that can accelerate the buildup of creosote on chimney flue walls.

The air supply on fireplaces may be restricted by closed glass doors or by failure to open the damper wide enough to move heated smoke up the chimney rapidly (the longer the smoke's "residence time" in the flue, the more likely is it that creosote will form). A wood stove's air supply can be limited by closing down the stove damper or air

inlets too soon and too much, and by improperly using the stovepipe damper to restrict air movement.

Burning unseasoned firewood: Because so much energy is used initially just to drive off the water trapped in the cells of the logs – burning green wood keeps the resulting smoke cooler, as it moves through the system, than if dried, seasoned wood is used.

Cool flue temperatures: In case of wood stoves, fully-packed loads of wood (that give large cool fires and eight or 10 hour burn times) contribute to creosote buildup. Condensation of the unburned by-products of combustion also occurs more rapidly in an exterior chimney, for example, than in a chimney that runs through the center of a house and exposes only the upper reaches of the flue to the elements.

When chimney fires occur in masonry chimneys – whether the flues are an older, unlined type or are tile lined to meet current safety codes – the high temperatures at which they burn (around 2000°F) can "melt" mortar, crack tiles, cause liners to collapse and damage the outer masonry material. Most often, tiles crack and mortar is displaced, which provides a pathway for flames to reach the combustible wood frame of the house. One chimney fire may not harm a home. A second can burn it down. Enough heat can also conduct through a perfectly sound chimney to

ignite nearby combustibles.

To be installed in most jurisdictions in the United States, factory-built, metal chimneys that are designed to vent wood burning stoves or pre-fabricated metal fireplaces must pass special tests determined by Underwriter's Laboratories (U.L.). Under chimney fire conditions, damage to these systems still may occur, usually in the form of buckled or warped seams and joints on the inner liner. When pre-fabricated, factory-built metal chimneys are damaged by a chimney fire, they should no longer be used and must be replaced.

Chimney fires don't have to happen. Here are some ways to avoid them:

- Use seasoned woods only (dryness is more important than hard wood versus soft wood considerations);
- Build smaller, hotter fires that burn more completely and produce less smoke;
- Never burn cardboard boxes, wrapping paper, trash or Christmas trees; these can spark a chimney fire;
- Install stovepipe thermometers to help monitor flue temperatures where wood stoves are in use, so you can adjust burning practices as needed;
- Have the chimney inspected and cleaned on a regular basis.

Proper maintenance

Clean chimneys don't catch fire. Make sure a CSIA Certified Chimney Sweep TM inspects your

solid fuel venting system annually, and cleans and repairs it whenever needed.

Your sweep may have other maintenance recommendations depending on how you use your fireplace or stove.

CSIA recommends that you call on certified sweeps, since they are regularly tested on their understanding of the complexities of chimney and venting systems.

Signs of a chimney fire

Since chimney fires can occur without anyone being aware of them ... and since damage from such fires can endanger a home and its occupants, how do you tell if you've experienced a chimney fire?

Here are the signs a professional chimney sweep looks for:

- "Puffy" creosote, with rainbow coloured streaks, that has expanded beyond creosote's normal form;
- Warped metal of the damper, metal smoke chamber, connector pipe or factory-built metal chimney;
- Cracked or collapsed flue tiles, or tiles with large chunks missing;
- Discoloured and distorted rain cap;
- Creosote flakes and pieces found on the roof or ground;
- Roofing material damaged from hot creosote;
- Cracks in exterior masonry;
- Evidence of smoke escaping through mortar joints of masonry or tile liners.

If you think a chimney fire has occurred, call a CSIA Certified Chimney Sweep TM for a professional evaluation. If your suspicions are confirmed, a certified sweep will be able to make recommendations about how to bring the system back into compliance with safety standards. Depending on the situation, you might need a few flue tiles replaced, a relining system installed or an entire chimney rebuilt. Each situation is unique and will dictate its own solution.

What to do in case of fire

If you realize a chimney fire is occurring, follow these steps:

- 1) Get everyone out of the house, including yourself.
- 2) Call the Fire Department.

If you can do so without risk to yourself, these additional steps may help save your home. Remember, however, that homes are replaceable, but lives are not:

1. Put a flare type chimney fire extinguisher into the fireplace or wood stove.
2. Close the glass door on the fireplace.
3. Close the air inlets on the wood stove.
4. Use a garden hose to spray down the roof (not the chimney) so the fire won't spread to the rest of the structure.
5. Monitor the exterior chimney temperature throughout the house for at least two or three hours after the fire is out.



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All advertising must be dropped off at CONTACT 142 Yukon Street, South Side Room 26 before noon Wed. for the next edition and payment should be made at that time. In the event of a statutory holiday all deadlines are advanced by one day.

ERRORS & OMISSIONS

Advertisers should check their ad the first day it appears. CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad wherein the error occurred.

USERS & AD READERS

CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content. CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, CONTACT reserves the right to make necessary changes in ad copy.

Business Services

BOARDING

Dogs & cats. Individual exercise. Secluded country setting. Airport service available. 5 mins from 401 Brighton. Call EDDYSTONE KENNELS 613-475-4405 2-2-RB

NEW & USED REFRIGERATORS

Stoves, washers, dryers, freezers, dishwashers, 3 months old & up. Sold with written guarantees. Fridges \$100 and up
NEW APPLIANCES at the lowest prices in the area. Trade-ins accepted on the new appliances. Big selection to choose from
PAYS CASH for good used appliances in working order, or not, but no junk please. VISA & MASTERCARD accepted. We have our own financing. Shop at our competitors & then come and see for yourself, quality at low prices. Open 7 days a week & evenings. We deliver. We like Base people.

SMITTY'S APPLIANCES LTD.
969-0287

KEITH STEIN Appliance Service Ltd.

PARTS & REPAIRS to all makes of refrigerators, freezers, air conditioners, dehumidifiers, washers, dryers & stoves.

We certify appliances

For service call 962-4048
For parts call: 966-6966

Cleaning Services

Cleaning Services
PMQ's, houses etc. at great prices.
Call Tammy @ 392-0759

RUSHNELL FUNERAL HOME & CREMATION CENTRE

60 Division Street
Trenton

392-2111

For Rent

For Rent

Spacious 4-bdrm house, large kit, 1 1/2 baths, jacuzzi, 2-car garage, appliances included, Main Street Brighton, \$825/mo plus utilities, rent negotiable for good tenants. References required. 475-4735 after 5 p.m.

Advertise in the Contact!
Reasonable rates!

Help Wanted

IT & TELECOMMUNICATIONS RESOURCES *adga*

In anticipation of an RFP requesting specialized IT and Telecommunications resources for the Technical Engineering & Maintenance Support (TEMS) initiative that is up for renewal in October, we are conducting a preliminary search for potential candidates to staff positions across Canada. All positions need to have experience in delivering services for DND and require knowledge of DND systems and practices.

The positions are as follows:

- Procurement Specialist
- Project Management Assistant - Accommodation Project Officer
- Telecommunications Services
- Technical Coordinator LCMM
- Junior Technician - Frequency Manager
- Junior Project Manager - Lineman
- Cable Plant Specialist
- Cable Plant and Terminal Equipment LCMM
- Draftsperson
- Data Systems Design LCMM
- DISDN Data Communication Equipment and Data Terminal Equipment LCMM
- TSRP Bandwidth Engineer
- Network Management System (NMS) and 3645 Gateway Manager
- Defence Telephone Network (DTN) Telephony Support
- DISDN Network Management System (NMS) Support

ADGA Group 600-116 Albert Street Ottawa, ON K1P 5G3
Telephone: (613) 237-3022 | Fax: (613) 237-3024
Please submit your resume to careers@adga.ca and quote reference #: TEMS104-M5-B133 and identify the position you are applying for.

Help Wanted

Studio Two is looking for a stylist. Hourly commission or chair rental opportunity. Call Nicki 392-7169

Announcement

St. Clement 8 Wing Chapel CRAFT SALE 2004
Saturday, November 6, 2004
Home/handmade crafts only
Reserve tables - \$15 each
For information: Judith Hill, 394-2187
Joan Wright 392-2389

For Rent

Great value!

1&2 bdrm apts
ADULT OR FAMILY BUILDINGS
clean & quiet
utilities & cable included
CLOSE TO BASE

KLEMENCIC PROPERTIES
392-7839

For Rent

Furnished room for rent - East end of Belleville. Satellite, high speed internet. Non Smoker Call 962-6025.

For Rent

Renovated 1 BR in quiet, well-maintained building. \$600.00 includes heat. Utilities extra. No pets. Non-smoker preferred. 1st & Last required. References. Call 613-968-6872 or 416-802-6186.

Help Wanted

Wanted

Wanted to Buy

Fridges, stoves, washers, dryers in working order and clean. Will pay good price. No dealers. Please call 1-613-969-0287 or 968-4183

Music

Guitar Lessons

Classical, Acoustic & Electric. Times Available for Weekday Evenings. \$10 per 1/2 hour. Call Chris at 965-0621.

Help Wanted

Certified Space Technology
Major distributor requires managers to market technology developed in cooperation with NASA to clean air in spacecraft. Compact, filterless air purification systems have endless home/commercial applications. P/T 10-12 hrs/wk or F/T. \$75-90K first year. Will train.

Call Jay at 1-800-281-3947
www.ecoquestintl.com/falconquest

THE CONTACT OFFICE WILL BE CLOSED ON MON., OCT. 11 FOR THANKSGIVING. THE OFFICE WILL REOPEN TUESDAY, OCT. 12.

Announcement

Vendors don't miss your chance!

Spaces still available for the Dufferin Centre's annual craft show on October 23. Please call 392-0595 for more information.

For Sale

Belleville Volkswagen VW Certified Pre Owned BEETLES



2000 GLS - 2.0l gas, 5 speed, yellow, power group, sunroof, leather, 6 CD changer, 71,000 kms. \$16,900
2000 GLS - 2.0l gas, auto., silver, power group, 73,000 kms. \$16,900

All prices + Admin., GST & PST & licensing
Call Paul at

966-3333
239 North Front Belleville
www.bellevillevw.com

For Sale

New Barn & Gable style storage sheds 8'x8' & 8'x10'. Delivered completely assembled. Call Fred's Sheds 475-0192 Also will install vinyl siding.

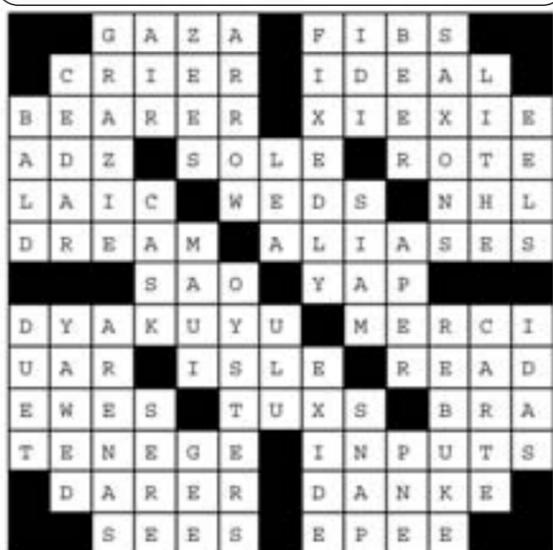


FOR SALE - \$26,000 (serious buyer only) Warrantly of replacement at cost (transferable 5 year)
Fifth wheel HORNET 2004, model: 245 RKS (24.5 feet inside length)/ can sleep 6, air cond./central heater/microwave/propane stove/water heater/elec. and gas/slide-out/oak cupboard/front electric jack/rear stabilizer/bicycle stand/a lot of storage/new awning/inside like new/tv antenna booster. Call sell the truck with it: Dodge Ram 2001 diesel model 2500, automatic, 4x4, king cab, 4 doors, 5 places.
Call: Eric Robichaud
Tel: 394-2548, after 5 p.m.
Cell: 242-5515, day time

For Sale

Chain link fence - 48 inches high, 150 ft, double drive gate, single drive gate, plus posts, \$200. Call 394-0679

Crossword Answers





CF supports transition of mission in Bosnia

National Defence

OTTAWA - (October 1, 2004) Task Force Banja Luka, the most recent Canadian Forces (CF) contingent to serve with the NATO Stabilization Force (SFOR), was declared operationally ready today in Banja Luka, Bosnia - Herzegovina. Deployed under Operation BRONZE, Task Force Banja-Luka is commanded by Lieutenant-Colonel David Laderoute and comprises about 80 CF members.

The mandate of Operation BRONZE is to maintain support to SFOR during the transition of the Bosnia-Herzegovina mission from NATO to the European Union, which is expected to be complete by the end of 2004. Operation BRONZE includes a Liaison and Observation Team and various positions at Multi-National Task Force North-West Headquarters in Banja Luka and SFOR HQ in Sarajevo.

"Canada continues to support our NATO commitment and our allies at this important time of transition in Bosnia-Herzegovina," said Defence Minister Bill Graham. "We are working closely with SFOR to ensure it continues to receive the support it needs during this process."

"The men and women serving on Operation BRONZE will continue to make a significant contribution to maintaining a safe and secure environment in Bosnia-Herzegovina," said General Ray Henault, Chief of the Defence Staff.

In addition to Operation BRONZE, the final rotation of Operation PALLADIUM, known as the Mission Close-Out Team (MCT), will take over from Rotation 14. Next week, Lt.-Col. John Frappier, commanding officer of Task Force Bosnia-Herzegovina on Rotation 14 of Operation PALLADIUM, will transfer command authority of the 260-strong MCT to Lt.-Col. Richard Préfontaine of the CF Joint Operations Group in Kingston, Ontario.

The MCT will be responsible for returning equipment and finalizing the closure of the last two Canadian camps in Bosnia-Herzegovina. The MCT is expected to complete its mission by mid-December.

On June 28, 2004, NATO announced that its operations in Bosnia-Herzegovina would be turned over to a European Union Force (EUFOR) by the end of 2004. As part of this transition, and in concert with our NATO and European allies, the Canadian contingent to SFOR has also been reduced.



BRUNO'S Men's Hairstyling

Staff at Bruno's is celebrating their first year in business with new owner Gerry Delgrosso and would like to say thank you to our patrons for their support during the last year.

Please join them in welcoming their new stylist Shirley Gagnon from Quebec. 10 yrs experience

Hours Mon- Fri 9- 5 Sat. 8-3



Trenton Town Centre
266 Dundas St. E., Trenton 392-0165

Number 1 On Purpose

Trenton 392-6594 Brighton 475-6594 Toll Free: 1-800-567-0776
Check us out at... www.remuxtrent.com

All Ranks Oktoberfest Dance

Friday 29 Oct 04

- Doors Open: 8 pm
- Cost: \$5.00 person
- The music by: Stanly Road & DJ: Garland Tully

Free Hat & Mug for the first 500 people.

Bratwurst provided by United Way

Courtesy Vehicles Available

Lots of Fun, Prizes & Draws throughout the evening!

Don't miss an evening of Fun!

IF YOU DRINK PLEASE DON'T DRIVE



Belleville

Dodge • Chrysler • Jeep

LUBE, OIL & FILTER

\$12.95*

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Applies to most vehicles (Ensures maximum engine life and is Essential for allwarranty validation)

- drain old engine oil
- add premium factory approved oil
- change engine oil filter
- lubricate chassis
- check all fluid levels
- 19 point visual inspection of vehicle including check tires & adjust pressures if needed

Offer Expires Nov. 12/04

CHRYSLER FIVE STAR SERVICE ★★★★★

* PLUS ENVIRONMENTAL DISPOSAL CHARGE

Service & Parts Dept. Hours
Monday-Friday 7:30am to 6:00pm
Saturday 7:30am to 5:00
966-9936
HWY. 2 WEST, BELLEVILLE near Wallbridge Loyalist Rd.

Contact

Don't "fall" behind on advertising

Advertising Call 392-2811
Brighton & Trenton Call ext. 7008
Belleville & Area Call Judy ext. 2748

You're about to buy a home that represents good value. Choose a home inspection company the same way.

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Home Inspection Services

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www.allaroundthehouse.com

Gil Strachan
Registered Home Inspector

THE PHYSIO CENTRE

We are also offering new evening hours for your convenience. Please call for more details.

The Physio Centre staff welcomes Jeri-lynn Heinsma to the clinic. Jeri is a graduate of the University of Western Ontario physiotherapy program and has a special interest in sports injuries. She is now accepting new patients.

30 King St., Unit #205 Trenton, Ont. K8V 6B1 Phone: (613) 392-7823 Fax: (613) 392-2612

Century 21

Lanthorn Real Estate Ltd.

257 Dundas St. E., Trenton, Ontario K8V 1M1
613 392-2511 / 613 475-5677
e-mail: trenton@c21lanthorn.com
website: c21lanthorn.com
1-888-792-5499

\$145,000.00

3 BDRM W/FENCED POOL/DECK AREA - Convenient location-Great 3 bdrm family home. Lrg kit, sep dining room w/gas fireplace & main floor laundry room. Mstr bdrm w/4pc bath w/jet tub. Call Kelly* or Lilian*. #2046212.

\$89,900.00

SUPER! - 3 Bdrm, gas heat, newer windows, doors, steel roof, newer furnace. Move-in condition. Close to 401 and school. Call Shelly Gregory* 922-4527. #2045826.

\$172,900.00

REDUCED! - This nearly new and very spacious home on Trenton's west side offers dble attached garage, 4 bdrms & 4 baths. Many lovely interior features! Call Joyce*. #2044725.

\$124,900.00

CLOSE TO ALL AMENITIES - Excellent family home. House is nice & bright, freshly painted in all neutral colours. Newer windows & doors, dble paved drive, new carpets where laid. Call Helen Kreh*. #2046275.

*Sales ** Associate Broker



FALL INVENTORY ROLLOUT

A LITTLE COMPETITION NEVER HURT ANYONE. EXCEPT OUR COMPETITION.

OVER \$1,000,000 PRE-OWNED VEHICLES ON SALE

BRAND NEW 2004 GRAND CARAVAN
 V/6 engine, automatic, air and much more.
FIVE Left
 CASH BACK \$6,000 OR 0% financing 60 mos. †

BRAND NEW 2004 DODGE SX 2.0
 4 cylinder engine, automatic, air conditioning and more!
12 Left
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BRAND NEW 2004 SEBRING CONVERTIBLE
 V/6 engine, automatic, air, AM/FM/CD, plus much more!
ONE Left
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2004 CHRYSLER CROSSFIRE
 A true sport dream machine! CHECK THIS ONE OUT!
ONE Left
 CASH BACK \$5,000 OR 0% financing 60 mos. †

SPECIAL PURCHASE
2004 CHRYSLER SEBRING SEDAN
\$99 BI-WEEKLY **
 Automatic, Air, CD, alloy wheels, pwr. door locks, pwr. windows, low kms. Balance of Factory Warranty. FLEET BUY BACK.
6 AVAILABLE

BRAND NEW 2004 DAKOTA QUAD
 V/8 Engine, automatic, air and much more.
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BRAND NEW 2004 RAM 1500 QUAD
 V/8 engine, automatic, air, "A true pick-up truck"
FOUR Left
 CASH BACK \$3,500 OR 0% financing 60 mos. †

BRAND NEW RE-DESIGNED 2004 DURANGO
 V/6 engine, automatic. Great New Styling & Much More!
five Left
 CASH BACK \$6,000 OR 0% financing 60 mos. †

BRAND NEW 2004 JEEP LIBERTY
 V/6 engine, automatic, air, CD and more!
THREE Left
 CASH BACK \$4,000 OR 0% financing 60 mos. †

**All prices are plus applicable taxes, licencing and dealer administration fees. Payment based on 84 months, bi-weekly terms at 7.95% with \$1,000 cash or trade reduction. OAC

Open Saturday
9:00 am - 5:00 pm
CLOSED THANKSGIVING
SUNDAY & MONDAY



2005 Dodge MAGNUM
 V/6 ENGINE, AUTOMATIC, AIR CONDITIONING, VERY NICELY EQUIPPED
FROM \$27,995
 Come see this NEW CONCEPT for yourself!

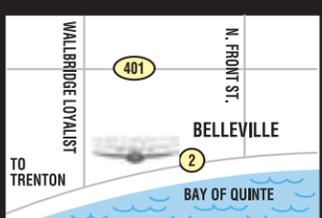
† Cash back and 0% financing may not be combined, financing on OAC, all vehicles plus applicable taxes, licencing, dealer administration, limited time offer. See dealer for important details or visit us at www.bellevilledodge.ca

OVER \$1,000,000 PRE-OWNED VEHICLES ON SALE

<p>'03 Dodge Caravan Cargo Van Stk#358P, auto., 4 dr., V/6, air, cassette, 17,168 kms. \$169 BI-WEEKLY</p>	<p>2003 Jeep TJ Rubicon 4X4 Stk#526P, V/6, auto, air, CD 3,500 kms \$236 BI-WEEKLY</p>	<p>2004 Dodge SX 2.0 Stk#487P, auto., 4 cyl., air, pw., pdl. 1,047 kms \$119 BI-WEEKLY</p>	<p>2003 Durango SLT 4X4 Stk#524P, V/8, auto., loaded 44,733 kms. \$245 BI-WEEKLY</p>	<p>2004 Dodge SX 2.0 Stk#494P, auto., 4 cyl., air, CD, bucket seats, 11,196 kms. \$119 BI-WEEKLY</p>
<p>2004 Chrysler Sebring LX Stk#424P, V6, auto, air, Cd, pw, pdl, 30,961 kms. \$129 BI-WEEKLY</p>	<p>2004 Jeep Liberty 4X4 Stk#475P, auto., V/6, air, cruise, tilt and more. 20,344 kms. \$199 BI-WEEKLY</p>	<p>2003 Ford Ranger Stk#418P, V/6, auto, air, CD, box liner 37,212 kms \$159 BI-WEEKLY</p>	<p>'03 PT Cruiser Limited Edition Stk#4154A - Auto., 4 cyl., sunroof, leather, pw., pdl., pwr. seats, CD \$165 BI-WEEKLY</p>	<p>2004 Chrysler Pacifica Stk#511P, auto., V/6, air, loaded 6,000 kms. \$305 BI-WEEKLY</p>
<p>2004 Dodge SX 2.0 Stk#505P, auto., 4 cyl., air, CD 18,000 kms \$119 BI-WEEKLY</p>	<p>2004 Chrysler Sebring Stk#440P, auto., 4 cyl., air, pdl, pw. 32,247 kms \$129 BI-WEEKLY</p>	<p>2004 Dodge Caravan Stk#491P, Auto, V/6, air, captain's chairs & more. 28,506 kms. \$189 BI-WEEKLY</p>	<p>2004 Chrysler Sebring Stk#460P - Auto., 4 cyl., air, CD, pw, pdl 24,503 kms. \$129 BI-WEEKLY</p>	<p>2004 TJ Sport 4X4 Stk#528P, auto., V/6, air, CD 17,800 kms. \$189 BI-WEEKLY</p>



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SHOWROOM BUSINESS HOURS:
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 Sat 9:00am - 5:00pm, Sun 10:00am - 4:00pm

* All prices are plus applicable taxes, licencing, dealer administration fees. Payments based on terms as follows: 72 month financing, all payments bi-weekly, OAC, \$1,000 cash or trade downpayment required. 7.9% APR. Cannot be combined with any other offer. Prior sales excluded.