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• May 30, 2003 • Serving 8 Wing/CFB Trenton • 8<sup>e</sup> escadre/BFC Trenton • Volume 38 Issue Number 22 •

## CF-18 crashes during Exercise MAPLE FLAG

Air Force Public Affairs

**4 WING COLD LAKE** – At approximately 2:20 p.m. May 26, 2003, a CF-18 from 416 Tactical Fighter Squadron at 4 Wing Cold Lake crashed during an Exercise MAPLE FLAG mission. The pilot is deceased.

Search and Rescue crews from 417 Squadron were immediately dispatched by CH-146 Griffon helicopter to the scene.

The accident occurred approximately 5 km north of Burnt Lake, AB, which is located on the Cold Lake Air Weapons Range (CLAWR).

The name of the pilot is Capt Kevin Naismith, 38 years old, originally from Toronto.

The reason for the accident is unknown at this time but is being investigated. As soon as more details become available they will be provided.



## Un CF-18 s'écrase lors d'une mission de l'exercice Maple Flag

Force aérienne

**4e Escadre COLD LAKE** – Vers 14 h 20, le 26 mai, 2003, un CF-18 du 416e Escadron d'appui tactique de la 4e Escadre Cold Lake s'est écrasé lors d'une mission de l'exercice MAPLE FLAG. Le pilote a perdu la vie lors de l'accident.

Des équipages de recherche et de sauvetage, du 417e Escadron de soutien au combat, ont été immédiatement déployés au lieu de l'écrasement, à bord d'un hélicoptère CH-146 Griffon.

L'accident est survenu à environ 5 km au nord de Burnt Lake, en Alberta, situé à l'intérieur du polygone de tir de Cold Lake.

L'identité du pilote est Capt Kevin Naismith, 38 ans de , à l'origine de Toronto.

Nous ne connaissons pas la cause de l'accident pour l'instant. Une enquête se poursuit. Dès que nous aurons d'autres détails, nous les diffuserons.

## FOREIGN OBJECT DEBRIS

Photo: Cpl Max Murphy, 8 Wing Imaging



Personnel from 8 Wing/CFB Trenton took part in the annual FOD (foreign object debris) Walk on May 22.

## 8 Wing/CFB Trenton, conference centre of choice

by Laurie McVicar  
 Assistant Editor

Organizing an important conference can be stressful and time consuming – unless, of course, you have booked it at 8 Wing/CFB Trenton.

With state-of-the-art technology and eye-pleasing facilities, your event will not only be productive but highly enjoyable as well.

“There are many benefits to holding a conference here,” said Major Terry Sokolowski, Wing Personnel Services Officer. “Located in central Canada, we are close to the major cities, we have two brand new accommodations buildings with 189 rooms available and a third facility pending, we have video conferencing capability, we have access to the latest in eating facilities and there is in-house or outside catering available. Guests can also look forward to using the new gym facilities, pool, arena and fitness trails.”

Conferences of varying sizes can be arranged in the various locations on the wing/base. For larger events, the Astra Lounge at the Junior Ranks Mess offers top-notch audio/visual equipment and seating for up to 300 people. For smaller

affairs, Baker Island Community Centre, with a 100 -person capacity, houses a full bar and kitchen and is situated on a hill overlooking the Bay of Quinte.

What really makes 8 Wing/CFB Trenton unique in terms of conferencing abilities is the worry-free approach they have taken by hiring Visit/Conference Coordinator Tracy Patrick

“Our mission is to provide client-focused conferencing services to the military and other government agencies. As your coordinator, I will assist you with your guests and meeting room arrangements, audio/visual requirements, recreational activities, transportation needs, meal breaks and accommodation requirements. Our gracious service and our touch of luxury will prove that looking after Canada's best is what we strive to accomplish,” said Patrick.

Andrea LeBlanc, Contact Editor and newly elected president of the Canadian Forces Newspapers, knows firsthand how great this service is.

“We recently hosted the Canadian Forces Newspapers annual general meeting and conference here at 8 Wing, and every single participant had rave reviews—for both our facilities and the services provided. Tracy was a godsend—she did a truly

remarkable job coordinating and organizing the myriad details that constitute a successful conference,” commented LeBlanc.

“I've attended quite a number of similar conferences, and I'm proud to say that none went so smoothly as the one hosted by 8 Wing Trenton.”

These sentiments were echoed by LCdr Joseph Maclean, Division Chaplain, following a visit earlier this year.

“I realize that Trenton is slowly becoming the conference centre of the military. The efficiency and accuracy of the “hotels” rank (is) A-plus. The room was excellent and the food terrific,” he stated.

“I would like to formally thank you for your support to the recent National Movement Conference on 11-12 June,” wrote LCol Blaine Striethorst, J4 Mov Coord, in a letter to Patrick last year. “I was most grateful for your personal efforts on our behalf to ensure that the audio/visual aides were available and that the ambiance of the room was conducive to a professional conference.”

For more information on booking conferences at 8 Wing/CFB Trenton, call 1-877-GO-YUKON or go to [www.cfbtrenton.com](http://www.cfbtrenton.com) and click on the accommodations icon.

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# Theatre Activation Team departs for Afghanistan

OTTAWA, May 23 /CNW/- The Honourable John McCallum, Minister of National Defence, announced today that the Theatre Activation Team (TAT), comprising about 150 Canadian Forces (CF) members, will depart for Kabul, Afghanistan between May 23 and June 1, 2003.

The TAT deployment is crucial to the planning of Operation ATHENA, the Canadian contribution to the International Security Assistance Force (ISAF) in Afghanistan.

The TAT is made up of soldiers from the Canadian Forces Joint Operations

Group based in Kingston, Ontario, and a defence and security platoon from the 2nd Battalion, The Royal Canadian Regiment, which is based at Gaagetown, New Brunswick.

"Canadian Forces personnel are currently deployed in the ISAF area of operations to effect the initial preparations for the arrival of the Op ATHENA units. The Theatre Activation Team will establish the necessary in-theatre support infrastructure for Operation ATHENA," said Minister McCallum.

Canada has made a

commitment to deploy a battle group, a brigade group headquarters, and some additional CF elements to Kabul in support of ISAF by late summer 2003. The vehicles and equipment to be used by the Canadian contingent in ISAF are currently being loaded aboard cargo ships in the Port of Montreal, and are expected to arrive in Turkey in late

June. From Turkey, the vehicles and equipment will be flown by chartered airlift directly to Afghanistan. The delivery of the entire shipment to Kabul is expected to be complete by early August.

"The deployment of the Theatre Activation Team is part of the on-going process, and a necessary step in preparing the CF to fulfill its

mission," said General Ray Henault, Chief of the Defence Staff. "The TAT will facilitate reception, staging and onward movement of materiel, advance parties, and the Operation ATHENA main body."

ISAF comprises about 5,000 troops representing 29 nations, currently led by Germany and the Netherlands in co-opera-

tion. The mission of ISAF is to help maintain security in Kabul and the surrounding areas so the Afghan Transitional Authority and UN agencies can function. It also includes liaison with political, social and religious leaders to ensure that ISAF operations appropriately respect religious, ethnic and cultural sensitivities in Afghanistan.

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**PICTURE OF THE WEEK**



**1 July, 2003 marks the 100th anniversary of Military Communications in Canada, the oldest formation of its type in the Commonwealth. WTISS recently held a parade to hoist the special Centenary Colours and to take a commemorative photo, seen here. The ceremony was presided over by WLEO, LCol R.C. Baker, and included a demonstration of the effect of Communications and Engineering working together. Much to the delight of all in attendance, LCol Baker and WTISO, Maj F. Beaupre, broke the hoisting line for the flag during the breaking of the Colours! Velox, Versutus, Vigilans!**

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8	9	10	11	12	13 TGIF Food & Sports 1700hrs BBQ Steak Sports 1800hrs Euchure	14
15	16	17	18	19	20 TGIF Cancelled Air Show Weekend	21 Air Show Weekend
22 Air Show Weekend	23	24	25	26	27 TGIF 1700hrs BBQ Steak Sports 1800hrs Pool	28
29	30	<b>JUNE 2003</b>				

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# Veterans and youth preserve Canada's military heritage

Veterans take to schools and the Internet to help children understand war and peace through the Dominion Institute's Memory Project

In this latest era of global warfare, veterans of WWII, the Korean War, Peacekeeping and conflict operations prepare themselves for a new mission on the home front: to share their stories with young Canadians.

With a new partnership with DND and \$1,000,000 in annual funding from provincial and federal governments

and various foundations, the Memory Project brings veterans and currently serving members of the CF into local schools across the country to share their life experiences with youth, who then preserve these stories online at

Over 1,000 veterans have visited 100,000 young Canadians through the Memory Project, and hundreds

more will register to join the programme this spring.

This June 13 in Trenton, a veteran preparation workshop will take place at the RCAF Memorial Museum. Veterans and CF personnel will gather with local students and Cadets, to discuss how best to communicate their personal story to youth.

The Memory Project is sponsored by the Department of National Defence, Veterans Affairs Canada, Communication Canada, Department of Canadian Heritage, Government of Ontario, Trillium Foundation, and Historica Foundation. Partners also include Royal Canadian Legion and Cadets Canada.

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## Search & Rescue UPDATE



Both the Herc and Lab were involved in the search for an aircraft reported overdue. However, after a couple of hours of night searching, the aircraft's pilot was located, safe and sound, having neglected to officially close the flight plan.

Emergency Locator Transmitters (ELTs) were the mission of choice over the weekend. The Lab tracked two of them to non-distress outcomes; while the Herc was tasked on three separate ones of its own. Again, no distress was encountered.

The Lab was involved in two other missions. The first was in response to what an observer on the ground suspected was an aircraft crash. As weather prevented a conclusive search of the area, the crew waited in nearby Owen Sound for better weather. In the end, no evidence or overdue aircraft were reported.

That's all from the Tigers for another week.

Missions for 2003: 49 Missions for May: 19 Persons rescued: 4

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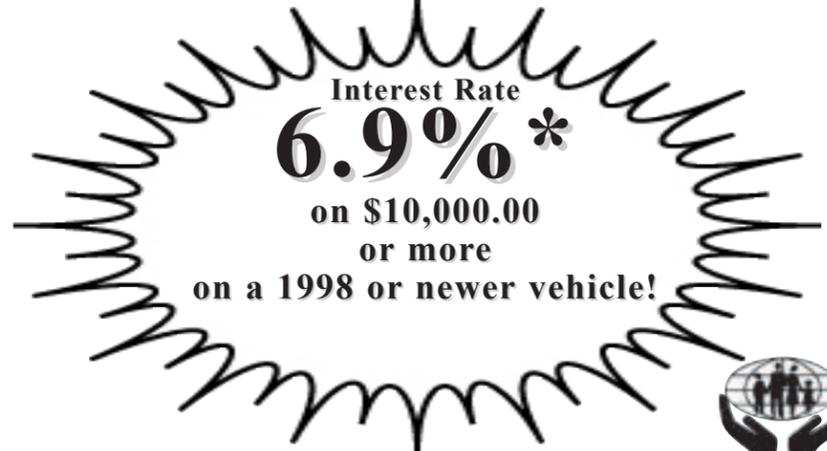


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## The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel David Higgins CD, Wing Commander, 8 Wing / CFB Trenton.

### The Contact Staff

**Editor-in-Chief:** Capt. Andy Coxhead  
**Editor:** Andrea LeBlanc  
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**PSP Manager:** Bob Payette  
**Subscriptions:** First Class postage charge \$65.00 per year for inside Canada, \$130.00 for international.

### Guidelines for submissions: ARTICLES AND PHOTOS

The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a 3.5" disk and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.
- Articles must be received by Tuesday at noon prior to print date at The CONTACT office.

### Letters to the Editor:

Internet: [LEBLANC.AL@forces.ca](mailto:LEBLANC.AL@forces.ca)

Intranet: [LeBlancAL@CFBTrenton@Trenton](mailto:LeBlancAL@CFBTrenton@Trenton)

All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.



### A Military Community Newspaper



The Contact newspaper is a Personnel Support Programs (PSP) entity and is not funded by public funds. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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## Canadian Forces Day

On May 31, 2002, Prime Minister Chrétien proclaimed that, henceforth, the first Sunday in June would be celebrated as Canadian Forces Day.

This proclamation was made in response to a unanimously adopted Private Member's Motion that reflected Canadians' interest in our Navy, Army and Air Force, and their wish to express their gratitude for CF members' service.

Interest is even stronger this year. According to a recent Angus Reid poll, Canadians are more eager now than at any time in the last 30 years to listen, learn and take part in deliberations about the future of the Canadian Forces. CF members are proud of the recognition that Canadian Forces Day brings to their service in Canada and around the world.

The current world situation means that CF members are more in demand than ever.

Since September 11, 2001, more than 6,000 CF members have served or are serving now on Operation APOLLO, Canada's military contribution to the international campaign against terrorism, which currently involves a Naval Task Group and two Air Force detachments.

The Canadian contingent in the NATO Stabilization Force in the Balkan region, maintained under Operation PALLADIUM since the mid-1990s, totals more than 1,000 CF members in Task Force Bosnia-Herzegovina.

And this summer, a major new commitment begins under Operation ATHENA, as the 3rd Battalion, The Royal Canadian Regiment Battle Group deploys to join the International Stabilization and Assistance Force in Kabul, Afghanistan.

In many ways, the Canadian Forces symbolize what unites us as Canadians: our willingness to help those in need, our pride in internationalism and contributions to peace, and our willingness to protect the things we value.

## Canadiana Crossword

### Daddy Oh?

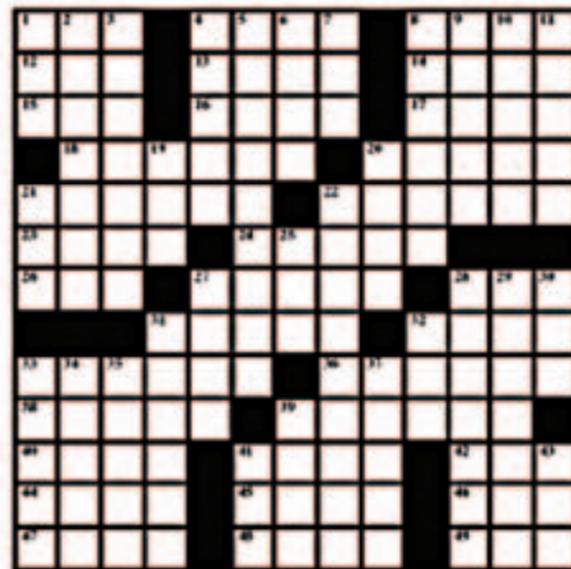
Bernice Rosella and James Kilner

#### ACROSS

- 1 Out. time zone
- 4 Tell all?
- 8 Obliterate
- 12 Punter Passaglia
- 13 Cape buffalo
- 14 Sheltered side
- 15 Prepare for war
- 16 Evil Empire acronym
- 17 Wild \_\_\_\_\_
- 18 Father of Mark
- 20 A kind of pneumonia
- 21 Keep \_\_\_\_\_
- 22 Father of Moises
- 23 Small salmon
- 24 Wept
- 26 Unspecified amount
- 27 Whoville creator
- 28 Newt
- 31 Firth of \_\_\_\_\_
- 32 Japanese waist pouch
- 33 Father of Sacha
- 36 Father of Wayne
- 38 Let in \_\_\_\_\_
- 39 Father of Jacques
- 40 Agreement
- 41 Yugoslavian River
- 42 Mil. rank
- 44 Via or mono follower
- 45 Oil cartel
- 46 Pull \_\_\_\_\_
- 47 Letters
- 48 Escritoire
- 49 Compass pt

#### DOWN

- 1 Note on Guido's scale
- 2 Heart or brain follower



- 3 Father of John Craig
- 4 \_\_\_\_\_ Arabia
- 5 Smarmy
- 6 Snout
- 7 Pike fish
- 8 Father of Stafford
- 9 Defence
- 10 Summarize
- 11 Tractor maker
- 19 Prince, in Punjab
- 20 Sediments
- 21 Canadian Mil. unit
- 22 Foul mouthed females
- 25 Concavity
- 27 Arrange
- 28 Pact
- 29 Art on walls
- 30 Hill
- 31 Falderal
- 32 Sick
- 33 Priest
- 34 Exemplar
- 35 Postal alternative?
- 37 Woe is me
- 39 Stare
- 41 Turf
- 43 Be indebted



## This Week in Contact

**1944--**RCAF Station Trenton Corporal's Mess receives substantial public funding and expands to include bar anteroom, and separate dining room with "long tables with table cloths changed at frequent intervals".

**1953-63--**Unavailable

**1973--**Air Transport Command receives the coveted Air Owner Pilots Association Award for the year's greatest contribution to Canadian Aviation. Minister of National Defense James Richardson visits Canadians in Cyprus and speaks with President Makarios and Vice-President Denktach on the island's progress - just one year before the Turkish invasion.

**1983--**WO John Crocker--Flight Engineer and father of 17--becomes first CF aircrew to amass 10,000 hours in the CC-130 Hercules. Canex markets the Comodore 64 computer for \$1,800 in a special package including "a disk drive and software program."

**1993--**Flying over dense bush in heavy rain and fog, 424 Squadron SAR crew in their Labrador helicopter locate and rescue two seriously injured aircraft crash survivors on a ridge-line near Brampton.



Created & compiled by  
 WO J. H. MacDonald, Deputy Wing Heritage Officer



# And the list goes on ...QIAS 2003

by Deanna Baird

As the anticipation grows for the air show so does the list of performers and displays.

With almost 40 acts confirmed, the newest to join are our very own CC-130 Hercules, CH-113 Labrador and the CC-150 Polaris, better known as the Airbus, as well as the CC-115 Buffalo from Comox, B.C. The United States Air Forces has confirmed that the F-16 Fighting Falcon and the F-18 Sabre will be in attendance.

On the ground, the additions include the CC-149 Cormorant, CF-18 Hornet, CH-113 Labrador, CH-156 Harvard II, S61 Seaking, CT-142 Dash 8, the T-33 Silverstar as well as the FedEx B727. The United States Navy is sending the TC-

12B to be displayed, not to mention letting us have a look at the KC-10.

With new aircraft being confirmed all the time, QIAS 2003 is guaranteed to please.

For those who had their doubts that the air show was going to happen this year, the continually increasing list of performers should put your minds at ease. As they say, the (air) show must go on!



E-mail your letters to LeBlanc  
AL@CFB@Trenton,  
or you can mail them to:

The Contact  
P.O. Box 1000 Stn. Forces Astra,  
ON K0K 3W0



# Truly a family business

by Laurie McVicar  
Assistant Editor

Following nearly two months of extensive renovations, the new owners of Trenton's Centre Theatre held a grand opening on Friday, May 23.

Informal tours were given by co-owner Joe Donato, who pointed out that practically everything was replaced.

"We've got new seats, a new roof and a new heating and air conditioning system," said Donato. "Also, there is now DTS sound in two of the three theatres."

Within the next few weeks, he expects work will be completed on the outside of the century old building.

During his 10-year career as the theatre's manager, Donato approached the former owner several times about purchasing the business.

"I mentioned to my brother (Carm), about becoming a partner. In February, I got a call (from the former owner) asking if I was interested in buying the theatre. We started renovating before we even completed the deal," said Donato with a smile.

The fact that most of the renovations were done by relatives and friends enforces Donato's claim that it's become a family business.

"We offer a more personal flavour. At how many other theatres do you have the owner walk up to you and make sure



Brothers Joe (left) and Carm Donato, owners of Centre Theatre, pose with a gift they received at their grand opening last Friday.

everything is okay?" asked Donato.

In addition, Centre Theatre offers moviegoers a better value both at the box office and the concession stand.

"Our products are just as good as other theatres and cost 60 percent less," said Donato.

Centre Theatre is located at 120 Dundas Street West. For movie listings, call 392-6100 or see their ad on page 2.

## Bay Mazda **0** DOWN

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# The perfect mortgage moment may be here

it's your  
**Money**



The bank mortgage executive sat there in his corner office and rolled his eyes.

"You don't want to know," he said, "you just don't want to know..."

The question I'd put to him seemed simple enough: Exactly how much competition is there these days in the mortgage business? Just how sharp does a lender have to be to keep from losing market share to a competitor?

His response spoke volumes. Today is a great time to be a borrower, and it's hell being a lender. The banks have to calculate where interest rates will be years from now in order to know what level to lend at, and not start losing money. Meanwhile all the big lenders are desperate to make mortgage loans even at the break-even point, because a

home loan is a "relationship product." That means the bank you borrow the mortgage from is the one you will tend to have a chequing account, RRSP, car loan, line of credit borrowing, RESP, debit card and mutual funds with.

Last week proved a great case in point of why these are heavenly days for borrowers. The Canadian dollar shot higher and the latest inflation number fell sharply. That suggested the Bank of Canada is nowhere close to raising rates, and even hinted the cost of money might be lower later in the year.

That had an immediate impact in the bond market, where banks fund their mortgages, and rates started crumbling.

All the major lenders dropped the cost of home loans last week. In fact, some of them did it twice - once on Thursday, and again on Friday. A three-year term now sits in the 5.6 per cent range, with five-year money just a little above 6 per cent. But, of course, you can do a lot better than that. At TD Canada Trust, for example, the five-year "Best

Rate" mortgage is now yours for just 5.1 per cent, which looks like an incredible bargain.

However, competition is such these days that if you have a half-decent credit rating, all the banks will drop 1 per cent or more from their "posted" rates.

This means, in reality, a five-year mortgage is yours for the asking at around 5 per cent just about anywhere. In historic terms, that is close to being free. Remember - the latest inflation number is 3 per cent - which means the real rate of interest on a five-year loan is just 2 per cent. This is the core reason why we are still in the middle of a real estate boom three long years after it started.

So, does long-term money at this level mean it is time to start locking in?

For the last couple of years the smart borrowers went for short-term, variable-rate loans. The market leader has been the CIBC with its Below Prime mortgage, offering a discount of 1.01 per cent below bank prime for the first few months of the loan, and then a quarter point less than prime after that. It has been a winner since the day the bank dreamed it up.

But today, the scales might just be starting to tip. Five-year money at 5 per cent, or less, is truly seductive. After all, the world is still a scary

place, as events of the last few weeks - war in Iraq, terrorism, market volatility, SARS, West Nile and Mad Cow Disease - will attest. Who knows what crap could happen in the next five years? Hey, five years ago we were just entering into a technology boom and everyone was in love with Nortel and AOL Time Warner, the same way they were fearful of Y2K. Osama bin Laden was a nobody and Bill Clinton was the leader of the free world which, in itself, was a devastating thought.

My point is that if you can stabilize the cost of your biggest debt in a volatile period of time at a rate barely over the annual cost of living index, and at a generational low point thanks - in part - to the banks beating each other up, then why wouldn't you?

Today's money has made real estate affordable to tens of thousands of couples who otherwise would be condemned to renting. It has allowed other buyers to move up into homes they thought were a decade away. It's resulted in bidding wars, new record prices and, yes, in some people borrowing way more than they ever should have.

But it's hard to resist, right? So, I think this is it: Lock it in.

Garth Turner's Investment Television airs Sundays on Global Internet, [garth.ca](http://garth.ca).

## Employers supporting reservists

(NC)—Canada's Reserve Force is made up of dedicated men and women who serve part-time in the Canadian Forces. They are ordinary citizens who make an extraordinary commitment to Canada and our international security by giving a portion of their time to service in the military.

Many countries with a Reserve Force have a system that accommodates reservists' civilian jobs. Over the years in Canada the voluntary approach has worked well. Employers have answered the call, allowing reservists time-off to assist when needed.

Since 1992, the number of supportive employers in Canada has grown from a mere 16 to approximately 3600. As the country's largest employer, the Federal Government is leading the way and has thrown its weight behind the Reserve Force by formally signing a Statement of Employer Support. Employers in the

private sector, as well as provincial and municipal governments, have also declared their support either by signing similar statements or by developing military leave policies.

"Canadian businesses that grant employees time off for military service quickly realize the benefits of that training to their company or department," says John Eaton, Chair of the Canadian Forces Liaison Council, an organization that encourages employer support for reservists and offers liaison support between reservists and their employers. "Reserve Force training provides employers with trained, skilled personnel, at a very low cost while contributing to the safety and security of both Canadians, and those in need in other countries."

For information on Reserve Force training or employer support programs call the Canadian Forces Liaison Council toll-free at 1-800-567-9908, or you can visit the following website: [www.cflc.forces.gc.ca](http://www.cflc.forces.gc.ca).

## OFFICERS' MESS REOPENS UPPER BAR AREA



Photo: Laurie McVicar, Contact

**LCol Ray Baker, WLEO, cuts the ribbon to officially open the revamped bar area at the Officers' Mess on Thursday, May 22. Also taking part was Major Wayne Watson (Wing Construction and Engineering Officer) and Major Gayle Quick, (President of the Mess Committee). The Officers' Mess re-opened it's upper bar and patio area after extensive renovations. The tradesmen of CE Contracts are to be highly commended for the professional and high quality work accomplished. Members were especially impressed by the expert and quality workmanship shown by carpenters Richard Whaley and Cecil Clynn. On behalf of all the members of the mess, sincere appreciation is extended to David Eisner, head of CE Contracts, for his exceptional design, dedicated support and superior co-operation in supervising the team involved with this extraordinary endeavour.**

## Mexican burgers

(NC) Makes: 6 servings

- 1 pkg Knorr® Onion Soup Mix
- 1 1/2 lbs (750 g) medium ground beef
- 1/4 cup (50 mL) water
- 2 tbsp (30 mL) chili powder
- 1 tsp (5 mL) ground cumin
- 1 1/2 tsp (7 mL) dried oregano
- 6 slices Monterey Jack or cheddar cheese (2x 1.5 inches/ 5x3 cm)
- 1/2 cup (125 mL) prepared salsa
- 1/4 cup (50 mL) mayonnaise
- 6 buns

shredded lettuce  
coriander leaves

In a large bowl, combine Knorr® Onion Soup Mix, beef, water, chili powder, cumin and oregano; mix well. Divide into 6 equal portions. On a baking sheet pat each portion into a 5-inch (12 cm) thin, round patty. Place one piece of cheese on each patty. Fold edges of meat over the cheese, pressing firmly in centre to seal completely. Chill 30 minutes or overnight. In a small bowl, combine salsa and mayonnaise; chill until ready to serve. Grill patties over medium-hot coals for 6 to 7 minutes on each side or until no longer pink inside. Place cooked patty on the bun and add lettuce. Top with salsa mayonnaise and coriander to serve.

New at Vito's Pizza

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Due to Quinte International Air Show there will be no cash sales in the Yukon Galley from 1500 hrs (3 p.m.), June 20 until 0600 hrs, June 23. Staff and management regret any inconvenience to its' customers.

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Wed June 4 - Lenni Stewart  
Fri June 6 "Sugar Sauce" with Sean Fritz  
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Southern European Cuisine with Chef Pat Forster  
Sunday, June 1  
Sizzling Summer BBQ with Chef Pat Forster

**Thurs June 5**  
**Pam Collacott, well known cook book author & owner of The Trillium Cooking School, features food.**



## Get outside — get revitalized but, don't strain yourself...

(NC)— You've been cooped up all winter. Now the sun is shining and spring is in the air, beckoning you outdoors. Go for it! Getting fresh air and healthy exercise is an ideal way to shake off the winter blahs.

There is so much to enjoy outside. You can hit the trails on foot or mountain bike, play sports, get your yard ready for summer, or just soak up some rays.

Whatever you plan to do, Canada's leader in first aid — St. John Ambulance — advises that you don't push to the extreme first time out. Muscles that have been idle over the winter will not be at their peak performance. If you go too far, you could overstretch a muscle or tendon, causing a strain.

A strain can vary in degree from mildly uncomfortable to disabling. It can be difficult to determine how serious a strain injury is, especially since the symptoms may not show up for hours after the damage was done.

### Watch for signs of strain

It's the day after your first mountain bike adventure of the season. You wake early after a sound sleep — you were beat when you went to bed after a full day on the trail. You try to sit up and a pain shoots up your back, forcing you to fall back. You lay still for a moment, then slowly ease yourself into a sitting position as your strained back muscles echo

their discomfort in resounding stabs of pain.

You reach for a mirror to examine the area. You can see signs of swelling from where the cramps seem to be generating. What can you do for relief?

### First aid for strains

Let's face it — at this point, the damage is done. The best you can do is let the tender tissue take time to heal. Here are some helpful tips:

1. Rest and avoid using the strained muscles any more than absolutely necessary.

2. Ice the injured area, but don't put ice directly on the skin — 15 minutes on, 15 minutes off.

3. Compress the injured area with a bandage, if possible. This is most effective on strains to limbs.

4. Elevate the injury to reduce swelling. For lower back strain, lay in a comfortable position with your knees raised to take pressure off lower back muscles.

### 5. Get medical help.

St. John Ambulance has been helping Canadians for more than 118 years to reduce suffering and prevent injury through first aid training and high quality products. First aid training can teach you what to do in an emergency, and give you confidence to respond effectively. To learn more, see the office in your area or check us out online at [www.sja.ca](http://www.sja.ca).

## A few tips on lawnmower safety



Submitted by  
**Doug Bird, Deputy  
Wing General Safety  
Officer**

Each year many mishaps and accidents occur through the misuse of lawn mowers. Cuts and amputations caused by spinning blades, eye injuries from flying dust or stones, burns from fuel explosions and electric shock are some common injuries.

Here are some safety tips to help keep you safe while using an electric mower or gas mower:

Before using a lawn mower, clear all debris, rocks, twigs and toys from the lawn.

Keep a firm grip on the handle with both hands at all times.

Never over-reach while operating a

mower; it's important to keep your balance at all times.

Be especially careful when mowing on sloping ground where you have less control. Mow across the fall of the slope, never up and down.

Never operate a lawn mower if you are barefoot or while wearing sandals. Always wear safety-toed shoes; they could save your foot if it slips under the cutting blade.

It's much safer to cut the grass while walking forward, keeping the mower ahead of you, rather than pulling it backward toward you.

As a precaution, keep all bystanders at a safe distance and never allow children to operate a mower. Do not give anyone a ride if you are using a riding mower.

Never re-fuel when the motor is hot; it could catch fire.

Never leave a running mower unattended.

Make sure to remove the spark plug before cleaning the mower

housing and before making any repairs or inspections. Turning the blade is extremely dangerous; it can have the same effect as pulling the start cord. Remember; although an engine has been shut off, even a slight movement of the blade can re-start the engine.

If you have an electric mower, unplug the power cord before inspecting or cleaning it. You could be seriously injured if you try to make repairs to live electrical components in your mower.

Never remove clippings from the underside of your mower with your hands. Use a long handled scraper.

Perhaps you are considering an old-fashioned push mower as an environmentally friendly, cheaper and possibly safer alternative to the power mower — one which will provide some exercise. Keep in mind this type of mower also has its hazards, such as unguarded blades. Be careful with any mower you choose to use.

# WO'S & SGT'S MESS

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	TGIF <sup>6</sup> 1700 hrs BBQ Steak 1800hrs Euchure	7
8	9	10	11	12	TGIF <sup>13</sup> 1700hrs BBQ Steak 1800hrs Euchure	14
15	16	17	18	19	TGIF <sup>20</sup> Cancelled Air Show Weekend	21 Air Show Weekend
22 Air Show Weekend	23	24	25	26	TGIF <sup>27</sup> 1700 hrs BBQ Steak 1800hrs Euchure Golf Tourny	28
29	30	<b>JUNE 2003</b>				





## WO's & Sgt's Mess Campers Bingo

### Tuesday, 3<sup>rd</sup> June 03

Doors Open: 1800 hrs  
Bingo Starts: 1900 hrs



**Lots of Good Camping prizes to be won!**

## Jackpot

“Full Card” BBQ (\$500.00 value)



Photo: submitted

## FE passes 13,000 hours mark

by Capt Richard Perreault,  
Public Affairs Officer,  
National Support Unit

*Arabian Gulf Area* – Five hundred and forty-two days, or almost a year and a half is the amount of time that Warrant Officer John McCullough has spent in the cockpit of various aircraft of the Canadian Air Force over 27 years of flying.

Warrant Officer McCullough, from 436 (Transport) Squadron at 8 Wing Trenton, is currently deployed on Op Apollo with the Tactical Airlift Detachment (TAL Det). He reached this personal milestone on May 12, 2003, on yet another beautiful day in the Arabian Gulf Region.

He joined the Canadian Forces in 1968 as an airframe technician, working on the CC-115 Buffalo and the CC-137 Boeing. "My father was in the military and it sounded interesting to me. Since I've always liked aircraft, the Air Force was the way to go," he said. He then became a Flight

Engineer (FE) in 1976 for a career that would take him to across Canada and the world, to places like Germany, Egypt, Qatar, and now the Arabian Gulf Region. Other than the CC-130 Hercules, on which he has flown 4,000 hours, he flew on the CC-137 Boeing, CH-113 Labrador, and the NATO E3 AWACS out of Geilenkirchen, Germany.

"I enjoy flying and have had lots of great experiences along the years. I have seen a lot of the world and I feel privileged for that," said Warrant Officer McCullough. "I'm glad I was able to reach 13,000 flying hours since 10,000 is a big mark for FEs these days. There is not as much flying today as there used to be," he added.

"I would recommend this job to anyone for all the places you get to visit and the experiences, good and bad, you get to live through."

Warrant Officer McCullough is on his second service extension, having 35 years of service.

## MEDAL PRESENTATIONS



Photo: Cpl Josee Menard,  
8 Wing Imaging

Major Jim Burger, 426 Squadron, was one of 130 8 Wing personnel to receive the Queen's Golden Jubilee Medal, presented by Judge Roy Bonisteel on May 21, 2003. Congratulations to all!



## Garden Centre



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# Fitness, Sports & Recreation

## Soon to be squash star? I think not!



Laurie McVicar

### Confessions from the Gym

Wednesday, May 28

Before going on a two-week training course in St. Jean, Quebec, Jen decided to put aside our normal exercise routine and have a little fun.

After warming up with a rather sad game of basketball (on my part of course), we headed to the squash courts. I have always wanted to try squash and was thrilled when

Jen accepted my proposal for a quick game...that is until I saw the size of the ball. For those of you who have never played, imagine trying to hit one of those small bouncy balls you can find in a gumball machine with a racket the size of your head. Mine must have been riddled with holes because that darn ball just kept going right

through the strings (or at least that's what I think happened). I'd like to blame my poor showing on foggy goggles, an uncooperative ball and the fact that Jen made me laugh so hard I couldn't concentrate, but the reality is squash may be a little more challenging than I thought it would be. Hey, I figure if I can master the art of dodging a barrage of Hot Wheels cars thrown at me daily by my wonderful son, a tiny black ball will be a piece of cake.

Well, my friends' wedding is approaching soon and my dreaded dress fitting is tomorrow. I actually break into a sweat everytime I

think about it, which may be a good thing. Maybe I'll lose a few pounds before I even get to the bridal shop! Okay, maybe that's a bit of a stretch - perhaps I'd have better luck finding a body suit that "miraculously" reduces your waistline by at least an inch. Oxygen intake is highly overrated anyway. Besides, the lovely shade of blue I'm bound to turn will be quite fetching with the black dress I've purchased.

Get ready for the swimsuit season! Make an appointment today with a personal trainer!

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TICKETS: \$8.00 Adult, \$6.00 Senior, \$5.00 Child (4-14 yrs.)  
Call 392-5693 for more information

## Small arms competition

In the absence of a Canadian Forces Small Arms Championship for summer 2003, the Dominion CF Canada Rifle Association (DCRA) will conduct a Canadian National Service Conditions Competition at Connaught Range, located outside of Ottawa, from August 25 - 29.

Competitions will be comprised of various matches for service rifle, sniper rifle, service pistol and four practical matches.

Organizations or individuals considering entering this year's competition should contact the DRCA through electronic mail at office@dcra.ca. Initial planning on the part of potential teams or individual competitors should begin as soon as practical to ensure the availability of facilities and allow for arrangements necessary to support the DCRA slate of championship prizes.

The competition is open in three separate classes - regular force

competition class, combined reserve force and RCMP competition class, and a separate competition class for "other" competitors. Off-duty military personnel should contact the DCRA office for additional details.

Further information regarding the National Service Conditions Competition can be obtained at the DCRA internet website at www.dcra.ca or by contacting the DCRA office in Ottawa at (613) 829-8281.

C.F.B. Trenton  
Yacht Club

Ripples  
www.reach.net/~cjones/  
Fibre Glass Repair 101

You've decided to fix that nasty little ding on the hull. Assuming the hull is 1/4 inch thick and the ding is one inch in diameter, you will need the following. A 4 to 6 inch disc grinder, palm or wood block sander, various grit sand paper, rags, fibreglass repair kit (or the items contained in a kit), gel coat kit, acetone, mixing trays, several 1" brushes, green painters tape, old pair of scissors/tin snips, eye, ear protection, face mask, coveralls and several pairs of rubber gloves.

First, remove the damaged laminate using the four-inch grinder with a 24 grit disc to remove the top gel coat and then the fibreglass laminate under it. Solid laminate is usually a uniform reddish brown. If white patches or bare glass fibres are present, they must be removed. The prepared area will be deepest in the centre, moving out in circular pattern until flush to the gel coat surface resulting in a bevelled ring 1 1/2 to 2" wide around the 1" ding. Clean with acetone. Cut circular pieces of fibreglass cloth. The first piece will overlap the original ding by 1/2" the next one by 1" and so on. Since this is a cosmetic repair we can use polyester resin. Following the instructions, mix a small quantity of resin and hardener as you have only 10 to 15 minutes to apply this. Brush a thin coat on to the exposed bevelled laminate. Take the smallest piece of cloth and lay it over the deepest part of the hollow. Carefully apply more resin to the centre, working outward until cloth is wetted out. Place next largest piece with the weave 45 degrees to the first, applying enough resin to wet out the cloth. Repeat with remaining pieces until you are about 1/16" below what would be a flush surface. If there is still a slight hollow, cut out a piece of glass cloth to fit and apply. Let this patch set 24 hours or until cured.

Using palm sander/sanders block and 80 grit paper remove small amount off your patch removing any residue, providing a good base for the gel coat. Clean with acetone. Masking tape a circle around the patched area leaving a 1" space of the original gel coat. Following the mixing instructions for the gel coat, hardener and pigment applying this mixture with a brush in layers. Allow the resin to sit a while, thickening up making it easier to work. Remember time is limited! Applying gel coat may take several attempts, so be patient. The final coat is 1/16" above the surrounding original gel coat. Carefully remove excess gel coat using a sander block and 100 grit paper. As you get closer to a flush surface use 220 and then still finer grit sand paper. Lastly buff using a quality rubbing compound and apply polish or wax as you would normally. (Rick Tinga CFB Trenton Yacht Club).

Hwy., #2 East of 8 Wing/CFB Trenton  
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## Surf 'n Turf Relay Race

**When:** The race will be on **13 June 2003** rain or shine beginning at Baker Island at 0900 hrs "sharp". Register before **June 6!**

**Participants:** The race includes mostly military members, but also has teams from local corporations and businesses. Over 400 participating racers are expected including the 75+ race volunteers and Organizing Committee.

**Team Composition:** A team can enter in to one of the below categories (eight participants per team). Also, individual military members may register as a "Tinperson" and complete all legs of the race on their own. **Note:** a Tinperson may participate as a member of a team but can only compete in the first leg of the race (the 10 km run) as part of that Team.

**Categories:**

- Open - open to any mixture of age and gender
- Mixed - must have a minimum of two females or two males
- Female - all female team
- Masters - sum of all participants ages must equal 280+
- Tinman - one male completes all legs of the race
- Tinwoman - one female completes all legs of the race

**PICK UP ALL REGISTRATION INFO AT THE GYMNASIUM MAIN OFFICE.**  
Race Organizer is Fitness Coordinator, Scott Burns, at 613-392-2811 local 3328. Volunteers are needed to help with the organization of this event. Please contact 3328 if you would like to become part of the organizing team.

**\*\*CAPTAIN'S MEETING-9 JUN 03 AT 1330 HRS IN THE HQ THEATRE\*\***



# TRENTON Military Family Resource Centre



## MASS SCHEDULE HORAIRE DES MESSSES

*Senior Chaplain - Aumônier Supérieur: Major Lloyd Clifton Local 3665*

<p><b>OUR LADY OF PEACE CHAPEL (RC) NOTRE-DAME DE LA PAIX (CR)</b> Padre Bastien Leclerc (RC) Recteur de Chapelle Local 3487 <i>(Chapel Life Coordinator / Responsable de la communauté chrétienne)</i> Padre Allan Murphy (RC) Local 3312</p> <p style="text-align: center;"><b>MASSES - MESSSES</b></p> <p>Messe Dominicale: 0900 hrs (français) Sunday Mass: 1130 hrs (English) Weekdays (W-F): 1200 hrs (Bilingual)</p> <p style="text-align: center;"><b>CONFESSION</b></p> <p>At all times. <span style="float: right;">En tout temps.</span></p> <p style="text-align: center;"><b>BAPTISMS / BAPTÊMES</b></p> <p>Please allow at least 30 days notice for preparation. Communiquez avec l'aumônier au moins 30 jours avant la date désirée.</p> <p style="text-align: center;"><b>MARRIAGES / MARIAGES</b></p> <p>You must contact the chaplain's office prior to selecting a date. You must obtain a recent copy (less than six months old) of your baptismal certificate prior to booking appointment with chaplain. Veuillez prendre rendez-vous avec l'aumônier avant de choisir la date. Vous devez apporter avec vous une copie récente (datée de moins de six mois) de votre certificat de baptême.</p>	<p><b>ST CLEMENT ASTRA CHAPEL (Protestant) Services</b> Padre Catherine Morrison (ACC) Local 2314 Padre Matthew Lucas (Baptist) Local 3286 <i>(Chapel Life Coordinator)</i> Sunday: Divine Worship 1015 hrs Holy Communion: First Sunday of the month Wed. - Anglican Eucharist at 1230 hrs</p> <p style="text-align: center;"><b>CHAPEL ORGANIZATIONS</b></p> <p>Men's Club 1st Tues of the month 1800 hrs Ladies Guild: Last Tues of the month 1930 hrs</p> <p style="text-align: center;"><b>BAPTISMS</b></p> <p>Allow at least one month's notice for preparation.</p> <p style="text-align: center;"><b>MARRIAGES</b></p> <p>You must contact the chaplain's office prior to selecting a date. Please allow at least six months.</p> <p style="text-align: center;"><b>PARISH ORGANIZATIONS</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Parish Council</td> <td>3rd Thurs 1900 hrs</td> </tr> <tr> <td>Knights of Columbus</td> <td>1st Thurs 1900 hrs</td> </tr> <tr> <td>CWL:</td> <td>2nd Tues 1900 hrs</td> </tr> <tr> <td>Chorale:</td> <td>Mercredi 1900 hrs</td> </tr> <tr> <td>Choir:</td> <td>Tues at 1900 hrs</td> </tr> <tr> <td>Silhouettes of Mary:</td> <td>2nd and 4th Thurs at 1830 hrs</td> </tr> </table>	Parish Council	3rd Thurs 1900 hrs	Knights of Columbus	1st Thurs 1900 hrs	CWL:	2nd Tues 1900 hrs	Chorale:	Mercredi 1900 hrs	Choir:	Tues at 1900 hrs	Silhouettes of Mary:	2nd and 4th Thurs at 1830 hrs
Parish Council	3rd Thurs 1900 hrs												
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Chorale:	Mercredi 1900 hrs												
Choir:	Tues at 1900 hrs												
Silhouettes of Mary:	2nd and 4th Thurs at 1830 hrs												

After working hours please call the base operator at 392-2811 and ask for the duty chaplain.  
Après les heures de travail, appelez la téléphoniste de la base au 392-2811 et demandez à parler à l'aumônier en devoir.

### "Partner Away-Deployment Support/ "Partenaire au loin"-Soutien au déploiement

<p><b>"Wednesday activities"</b> Wednesday evenings, 6 - 8 p.m. Variety of events will be planned for each week. Please call ahead. <b>June 4</b> - "Save money &amp; eat well" with Daniel Béland <b>June 11</b> - "Perspective from a "Partner Away" with Greg Turcotte</p>	<p><b>Activités du mercredi"</b> Les mercredis de 18h à 20h, une diversité d'activités sont planifiées. S'il vous plaît, téléphonez à l'avance <b>4 juin</b> - "Épargnez vos sous &amp; mangez bien" avec Daniel Béland. <b>11 juin</b> - Perspective d'un "Partenaire au loin" avec Greg Turcotte.</p>
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### SECOND LANGUAGE TRAINING FOR TEENS

Two new programs are available this Summer for students aged 10 to 14 years. For young people registered in **French immersion** it will help them maintain and improve their level of French over the summer period. This program will help those students in immersion Indoor and outdoor activities will focus primarily on language acquisition.

For young people who need a little extra help with their oral English. This program will help **young francophones to improve their English** in a "painless" out of school environment

We are offering 6-week programs (broken down into 2 weeks sessions) from July 7 until August 15. These programs will be given five mornings a week from 9 a.m. to 12:00 p.m. at the Siskin Centre. The cost is \$40.00 per two weeks sessions for military family members and \$50.00 per two weeks sessions for non-military members of the community. For further information or to register call Manon at 392-2811 ext 3852 or the reception desk at 965-3575. If your child is younger than 10, let us know, we can always add a second group if we have enough interest.

### True Colors© (Vraies Couleurs)

<p><b>Date:</b> Thursday, June 12th, from 6:00 to 8:30 pm. This interactive workshop offers you the opportunity to discover your potential and establish positive relationships with others that promote learning and teamwork. <b>True Colors©</b> is an easy, entertaining way to identify your character which becomes an invaluable tool for enjoying success in your professional life as well as with family and personal relationships.</p> <p>Please register in advance by contacting Manon Lachance at 392-2811 ext. 3852 or 965-3575. Maximum of 20 participants.</p>	<p><b>Date:</b> jeudi le 12 juin de 6h à 8h30. Les <b>Vraies Couleurs</b>, qui sont conçues en fonction du besoin de respect, de dignité, de confiance en soi-même et d'estime de soi, ont été créées pour devenir le véhicule par lequel nous communiquons avec les autres. Les <b>Vraies Couleurs</b> représentent une façon simple et amusante d'apprendre à se connaître et à connaître autrui. La détermination de votre couleur devient un outil inestimable qui vous aide à avoir du succès sur le plan professionnel, familial et interpersonnel. Réservez en appelant Manon Lachance au 392-2811 poste 3852 ou la réception au 965-3575. Maximum de 20 participants.</p>
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<p>Discount tickets are back at the MFRC</p> <p style="text-align: center;"><b>\$34.00 until June 30<sup>th</sup> instead of \$51.91</b></p>		<p>Les billets à prix rabais sont de retour au CRFM</p> <p style="text-align: center;">jusqu'au 30 juin, 34,00\$ au lieu de 51,91\$</p>
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### FOR MORE INFORMATION 965-3575

### COURS DE LANGUE SECONDE POUR ADOS

Deux nouveaux programmes sont disponible cet été pour les étudiants âgés de 10 à 14 ans. Débutant le 7 juillet nous offrons ces programmes d'une durée de six semaines (sessions de deux semaines chacune). Ces programmes prendront fin le 15 août. Pour les jeunes qui sont inscrit en **français d'immersion**. Ce programme aidera les étudiants d'immersion à maintenir et améliorer leurs connaissances de la langue française durant l'été. Il y aura des activités à l'intérieur et en plein air qui ont l'acquisition du langage comme but principal.

Pour les jeunes qui ont besoin d'un peu d'aide à s'exprimer en anglais, cela aidera les **jeunes francophones à améliorer leur anglais** dans un milieu moins structuré que l'école. Il y aura des activités à l'intérieur et en plein air qui ont l'acquisition du langage comme but principal.

Ces programmes se donneront au Centre Siskin cinq avant-midi par semaine de 9h à 12h. Le coût est \$40.00 par session pour enfant de militaire et \$50.00 par session pour enfant de civil de la localité. Appelez Manon au 392-2811, poste 3852 ou la réception au 965-3575 pour de plus amples renseignements ou pour vous inscrire. Si votre enfant est plus jeune que 10 ans et vous êtes toujours intéressé, dites-le nous! On peut faire un deuxième groupe s'il y a lieu.

### Have your say! Votre opinion compte!

<p>A consultation regarding the future of the Military Services Program "The Way Ahead"</p>	<p>Une consultation sur l'avenir du Programme de services aux familles des militaires "La voie de l'avenir"</p>
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**WWW.thewayahead.ca**

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# HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last

June 1 - June 7

**ARIES** (March 21-April 19): Spend time with family or friends on the 1st, 2nd and 3rd. A positive attitude will be your guide. News regarding someone from your past will surprise you. You can make some professional moves on the 4th, 5th and 6th if you are quick to take advantage of information you've been given. Put a call in and set up an appointment. A little rest and relaxation on the 7th will help you get back on track. Start a new diet or consider what you've been consuming and make an effort to do what's best for yourself.

**TAURUS** (April 20-May 20): You can come into money or receive a gift that you don't expect on the 1st, 2nd and 3rd. A residential move will be profitable. Making a decision about your future will make you feel settled. Take the time on the 4th, 5th and 6th to develop an idea that you've been thinking about for some time. New friendships can be formed if you interact with people who enjoy the same pastimes. Get involved in social events that interest you on the 7th and start to make new friends. Begin new hobbies. You have a lot to gain if you are proactive.

**GEMINI** (May 21-June 20): Don't just think about making some changes on the 1st, 2nd and 3rd--do something about it. Don't be afraid to have high expectations when it comes to your professional direction. You will get the help you need on the 4th, 5th and 6th if you ask for it. Your contributions to a group you believe in will pay off. Networking will lead to future prospects. It will be easy for you to offend someone or say something that may get you into trouble on the 7th. Don't offer to do something if you really don't have the time.

**CANCER** (June 21-July 22): Take some time on the 1st, 2nd and 3rd to visit someone who has been confined. You can make significant changes in your personal life that will lead to a better situation for you and your family. You should put your efforts into work, finding work or discovering new means to make more money on the 4th, 5th and 6th. This isn't the time to sit waiting for things to come to you -- get out and start the ball rolling. Take the initiative and do something that will bring you in touch with people you like on the 7th. You should be exchanging ideas with friends.

**LEO** (July 23-Aug. 22): The contribution you make on the 1st, 2nd and 3rd will bring you the acclaim you've been looking for. Your generous spirit coupled with your volunteer work for a charity you believe in will raise your profile for a future public position. You'll be emotional, sensitive and in a perfect position to make a good connection on the 4th, 5th and 6th. Prepare to be the center of attention. Everyone will appreciate your outgoing manner. Be on guard to counteract any negative comments being made on the 7th. If you don't stand up for yourself, no one else will.

**VIRGO** (Aug. 23-Sept. 22): Refrain from criticizing others on the 1st, 2nd and 3rd. This is not the best time to make decisions or changes to your personal life. A mistake will take a long time to rectify. Keep everything you are trying to do to yourself on the 4th, 5th and 6th. If word gets out, you will have to explain yourself, and in doing so someone may make your plans impossible to accomplish. Not everything will go according to plan on the 7th, and you are likely to have a difficult time adjusting to the changes going on around you. Remain calm and be positive even if things aren't going your way.

**LIBRA** (Sept. 23-Oct. 22): You will enjoy the company of others on the 1st, 2nd and 3rd. An event that promises to bring you a new experience should be attended. Socializing will raise your self-esteem. Be yourself on the 4th, 5th and 6th and you will do much better interacting with others. Don't believe everything you hear. Someone is likely to renege on a promise made. You will have to be prepared to counteract anything that appears to be going wrong on the 7th. You will have a problem with officials if you drive too fast.

**SCORPIO** (Oct. 23-Nov. 21): Your communication skills will enable you to reach all sorts of new levels if you present your ideas on the 1st, 2nd and 3rd. You are creative and your ability to make changes will be noticed and admired. Not everyone around you will be trustworthy on the 4th, 5th and 6th. You have some good ideas, but you must realize that you don't have to include other people in order to make things happen. On the 7th spend time with people who can help you further your ambitions. Follow your dreams and try to make a go at doing something that you have always wanted to do.

**SAGITTARIUS** (Nov. 22-Dec. 21): Your outgoing attitude will draw others to your side on the 1st, 2nd and 3rd. This can be a great time for love and romance, but don't lead anyone on. Be true to yourself and to others. Opportunities for change are apparent on the 4th, 5th and 6th and you should prepare to do whatever is necessary to move forward. Experience will be your intent and should leave you feeling good about yourself and your future. You stand a good chance of getting into the crossfire of someone else's fury on the 7th if you aren't diplomatic.

**CAPRICORN** (Dec. 22-Jan. 19): Rest and relaxation will be your best friend on the 1st, 2nd and 3rd. Taking time out for yourself will result in an inner strength. Prepare to do your own thing. Patience will be the key on the 4th, 5th and 6th to getting what you want and when. Time is on your side, so take an easygoing approach and you will see how quickly things start to move in your favour. You will be in a learning cycle on the 7th. Listen to what others have to contribute and decide what you can add to make the information you've been given better.

**AQUARIUS** (Jan. 20-Feb. 18): You've probably got the travel bug on the 1st, 2nd and 3rd. It's not the destination but the experience you have or what you learn along the way that counts. Romantic encounters will be engaging. If you don't put in the effort on the 4th, 5th and 6th when it comes to your personal or professional relationships, you can't expect them to run smoothly. Take the time to do a little extra. Investments can pay off on the 7th if you have been serious about your financial goals. Real estate may be an option.

**PISCES** (Feb. 19-March 20): Your flare for unusual projects will result in greater popularity on the 1st, 2nd and 3rd, don't be afraid to be yourself. You will have a knack for pleasing others. Think big when it comes to your professional direction on the 4th, 5th and 6th. Opportunities are present and you will make a connection that will lead to future prospects. Romance is beckoning you on the 7th. You need to tell the one you love exactly how you feel. If you are single, you should get out and meet new people.

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<p><b>Cleaning Service</b> <b>Let another one fight the dust!</b> Residential &amp; Commercial Fully Insured &amp; Bonded Seniors Discount Free Estimates <b>Maid Easy</b> Call Cleaning Service 394-2852</p>	<p><b>Computer/Sales/Service</b> <b>THE GEEKOOSHACK</b> 199 Front Street Century Place Belleville, Ontario 613-968-6602 PC's, UNIX®, Networking Sales, Service &amp; Consulting Apple Authorized Reseller</p>	<p><b>Computer Specialist</b> <a href="http://www.computersystemspecialist.ca">www.computersystemspecialist.ca</a> Home &amp; Small Business PC Repair, Networking &amp; Web Design Always the lowest rates GUARANTEED!! <b>967-9603</b></p>	<p><b>Dehumidifiers</b> Welcome to Dehumidifier Family <b>Hercules</b> Industrial Agricultural <b>Mother's Helper</b> Household <b>Teacher's Aid</b> Portable Classrooms For More Information Call <b>DEHUMID INC.</b> 613-967-0390 <a href="http://www.dehumid.com">www.dehumid.com</a></p>
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# Community Events

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**MOVIE LINE-UP**

• Finding Nemo (G) - Disney	1:10	7:10	9:10
• Matrix Reloaded (14A) - Keanu Reeves			1:05 7:05 9:35
• Bruce Almighty (PG) - Jim Carrey	1:00	7:00	9:15

Matinees Saturday & Sunday

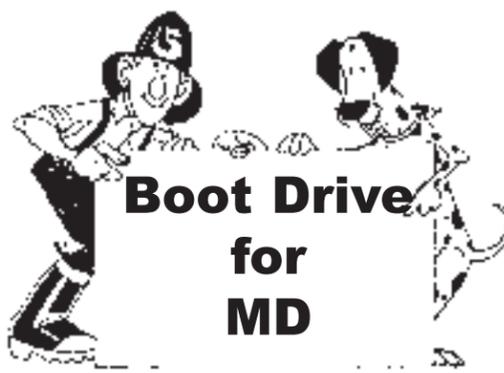
Welcome to the Contact Newspaper's brand new Community Events page! Thanks to the generosity of Trenton's Centre Theatre, we can now feature (space permitting) public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 965-7490 or email to [leblanc.al@forces.ca](mailto:leblanc.al@forces.ca), at least 10 days prior to your event. Call 392-2811 Ext. 7005 for more information.

## Golf Club President Intersection Golf Tournament

The Golf Club President I/S 4 Ball Best Ball Golf Tournament will be held on Tuesday, June 10 at the CFB Trenton Golf Course.

This tournament will be limited to 21 teams, all units wishing to participate will be guaranteed a spot, and leftover spots will be on a first come basis. Registration fee will be \$10.00 per person for door prizes, \$20 green fees for non Golf Club Members and \$5 for food. Payment will be made at The Gymnasium Main Office no later than **1600 hrs, Friday, June 6.**

There will be a team briefing at 0800 hrs, followed by a shotgun start. Register your team or as individuals with Shirley Martin at loc. 3467 or for info Contact the Military Sports Coordinator, Dan Cormier, at local 3373.



### Boot Drive for MD

The 8 Wing Trenton Fire Department will once again be conducting their Boot Drive in support of the Muscular Dystrophy of Canada. Firefighters will be set up at the gates on the morning of June 12. Please give generously to this worthwhile cause.

## MONTHLY BOOK SALE

### THE FRIENDS OF TRENTON PUBLIC LIBRARY

BOOK BARGAINS

**SATURDAY, MAY 31ST**  
 BETWEEN 9 A.M. AND 1 P.M.  
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Volunteers are needed to shelve books, if you wish to donate your time (two hours a week) please contact Kathy for further information at **392-2244**.

Proceeds go to all Quinte West libraries.





## Rick Hansen

**WHEELS IN MOTION**

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"If you believe in a dream, and have the courage to try, great things can be accomplished."  
 Rick Hansen, Canada's Man in Motion

**The End Was Just The Beginning...**

Eighteen years ago Rick Hansen embarked on his two-year, 40,000 km Man in Motion World Tour, becoming the first and only person to wheel the circumference of the globe in a wheelchair. His goal was to raise awareness about the potential of people with disabilities and funds for research, rehabilitation, wheelchair sport and prevention. Rick has remained dedicated to this goal and now has set his sights on an annual event asking Canadians to get in motion, make a difference and help make this dream become a reality.





**Canadians Are On A Roll**

Rick Hansen Wheels In Motion is the Rick Hansen Man In Motion Foundation's signature event to be held in communities across Canada on **Saturday, June 14th 2003**. Family, friends and colleagues pledge to wheel - on bicycles, wheelchairs, inline skates, etc. or by walking or jogging with the wheelers - to raise awareness and funds to improve the lives of people with spinal cord injury. Fifty percent of net proceeds raised in each community will be used to improve quality of life for people with spinal cord injury. The other fifty percent will support research to accelerate the discovery of a cure.

**Scotiabank Joins The Team!**

The Rick Hansen Man In Motion Foundation is pleased to welcome Scotiabank as the Presenting Partner for Rick Hansen Wheels In Motion. The success of Rick's Man In Motion World Tour was a direct result of having a strong team behind him. The same thing holds true for Wheels In Motion. We look forward to working together on this new national initiative.

**Rick Hansen Wheels In Motion - Saturday, June 14, 2003**  
[www.rickhansen.com](http://www.rickhansen.com)



**Get Involved**

- Participate by wheeling, walking or jogging on June 14th, 2003
- Contact us now to find out how you can become an Event Leader and help organize a Rick Hansen Wheels In Motion event in your community
- Donations can be made at any Scotiabank branch

Visit: [www.rickhansen.com](http://www.rickhansen.com), Email: [comm.events@rickhansen.com](mailto:comm.events@rickhansen.com), or Phone: 1.800.213.2131

## Annual General Meeting

The Quinte Area District Council of The Easter Seal Society, Ontario will hold their Annual General Meeting on Wednesday, June 11 at Grace United Church, 85 Dundas St. E., Trenton, beginning at 7 p.m. The guest speaker will be Darrell Lott, an Easter Seals parent, who will talk about overcoming obstacles. Everyone is cordially invited to attend. Light refreshments will be served. For info, please call 613-394-1972.

## Quinte Baby Fair

The Trenton Military Family Resource Centre (MFRC) and Doula CARE Quinte would like to invite you to attend the Quinte Baby Fair, 31 May 2003, from 10 a.m. to 4 p.m., at the Siskin Centre. This event will be free to the public and provide resources, product sales and service information that focus on pregnancy, childbirth and baby care.





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## Information

### CLASSIFIED AD RATES

Word ad: 20 words \$3.00 per insertion. GST included. Cash or cheque to be paid at time of insertion.

### ORDERING AN AD

All advertising must be dropped off at CONTACT 142 Yukon Street, South Side Room 26 before noon Wed. for the next edition and payment should be made at that time. In the event of a statutory holiday all deadlines are advanced by one day.

### ERRORS & OMISSIONS

Advertisers should check their ad the first day it appears. CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad where-in the error occurred.

### USERS & AD READERS

CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content. CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, CONTACT reserves the right to make necessary changes in ad copy.

Advertise your business in The Contact!

## Business Services

### RUSHNELL FUNERAL HOME & CREMATION CENTRE

60 Division Street  
Trenton  
**392-2111**

### NEW & USED REFRIGERATORS

Stoves, washers, dryers, freezers, dishwashers, 3 months old & up. Sold with written guarantees. Fridges \$100 and up  
**NEW APPLIANCES** at the lowest prices in the area. Trade-ins accepted on the new appliances. Big selection to choose from  
**PAYS CASH** for good used appliances in working order, or not, but no junk please. VISA & MASTERCARD accepted. We have our own financing. Shop at our competitors & then come and see for yourself, quality at low prices. Open 7 days a week & evenings. We deliver. We like Base people.

**SMITTY'S APPLIANCES LTD.**  
969-0287

### KEITH STEIN Appliance Service Ltd.

**PARTS & REPAIRS** to all makes of refrigerators, freezers, air conditioners, dehumidifiers, washers, dryers & stoves.

**We certify appliances**  
For service call 962-4048  
For parts call: 966-6966

### BOARDING

Dogs & cats. Individual exercise. Secluded country setting. Airport service available. 5 mins from 401 Brighton. Call  
**EDDYSTONE KENNELS**  
613-475-4405 2-2-RB

## Business Services

### Lost & Found

**Metal Detector Sales**  
Whites, Fisher & Tesoro  
Lifetime warranty on Fisher & Tesoro  
**View products at**

(www.lost-n-foundmetaldetectors.com)

Call: 613-394-1801  
Email:  
clayg@sympatico.ca

### Wanted to Buy

Fridges, stoves, washers, dryers in working order and clean. Will pay good price. No dealers. Please call 1-613-969-0287 or 968-4183

**KEITH'S REFRIGERATION**  
Parts & repairs of all makes of refrigerators, freezers, air conditioners, dehumidifiers and heat pumps. Call Keith Stein 392-6218

### Paradise Adult Video

394-6660  
RENT 2 MOVIES  
GET A 3RD ONE FREE  
FOR 3 DAYS  
Toys - Videos - Magazines

255 Glen Miller Rd.  
Riverview Plaza, Trenton  
(North of 401, across from Cashway)  
Open Mon, Tues, Wed. & Sat. 11-9  
Friday 11-10, Sunday 12-5

### Canine Resort

475-2594  
Long term & Short term boarding for cats & dogs  
Operated by a Registered Veterinary Technician  
Just west of Trenton

### Come check us out!

834 County Road 64  
Kitty corner from Brighton Speedway



www.cfbtrenton.com

Click on Contact

**Now** you can browse the latest news stories on-line. You're one click away from finding out what's happening at Canada's largest Air Force wing.  
**(613) 392-2811**  
Ext. 7005 (editorial)  
Ext. 2748, 7008 (ads)

## For Rent

### KLEMENCIC PROPERTIES 1&2 BEDROOM APARTMENTS

OWNER-MANAGED  
MODERN & WELL-MAINTAINED  
ALL UTILITIES INCLUDED  
CABLE T.V. INCLUDED (most units)  
ON-SITE SUPERINTENDENTS  
CONVENIENT LOCATIONS

**392-7839 392-5915**

### HOUSE FOR RENT

North of Wooler, 2 bedroom Country house, garage \$575/month plus utilities, references, No Pets, adults preferred, available May 15. Call (613)398-6971, leave message.

### Lost!

A lady's gold chain bracelet. Call local 3978.

## For Rent

**Classified Info Call**  
**Rorrie,**  
**392-2811**  
**ext 3976**

## Business Services

Professional Flight Training Basic to Airline Pilot

To better serve 8 Wing/CFB Trenton OFF is actively developing a training plan for your area. We need to hear from all those interested in renting or learning to fly this summer.

Ask Barry Smith about Financing, rebates, Military Discounts

**1-800-345-4181**  
www.offtraining.com  
Ontario Fun Flyers, Kingston Airport

## Announcements

### GIANT YARD SALE!!

Saturday May 31, 2003  
8:00am - 4:00pm

Members who live outside of Middleton Park may rent a table for \$10 (proceeds go to the TMCC Emergency Fund)

Contacts: TMCC Events Coord:  
Cpl Ron Scali, local 2412  
TMCC Mayor: Capt Sandy Ward, local 2465

## For Sale

**FOR SALE**  
Sofa bed for sale. Just like new, \$450.  
**Call 965-0416**

### MOVING, MUST SELL!

Kenmore washer and dryer, \$250.  
Mountain bike, \$50  
Call 965-6724.

### FOR SALE

1991 Pontiac transport van for sale. Mint condition, will never rust. Four new tires and brakes, tune up. Rides beautifully.

\$4,000.  
Phone  
(613) 965-0416.

### ITEMS FOR SALE

Toshiba micromave, Lazy Boy recliner, white kitchen table with 6 chairs, matching hutch with glass doors and interior light, queen size sofa bed, 2 electric weeders, fridge, GE self-cleaning electric stove, Kenmore BBQ, glass top coffee table, corner tv stand, coloured television, 18 speed mountain bike and many, many more items. To view or pricing call 398-8955 after 4:30 p.m.

### FOR SALE

94 Starcraft tent trailer. Double bed, 3 burners, inside/outside stove, ice box, sink, portable toilet, awning with screenroom, \$4500.  
Phone  
(613) 965-5964.

## Wanted

**WANTED TO BUY**  
Scrap Cars, Trucks & Tractors  
Please call  
**968-2784.**

## DEADLINES

Editorial:  
Tuesday noon  
Advertising:  
Wednesday noon  
Questions: local 3976

## Crossword answers

E	S	T		S	I	N	G		H	A	R	D			
L	U	I		A	N	O	A		A	L	E	E			
A	R	M		U	S	S	R		R	I	C	E			
				G	O	R	D	I	E		L	O	B	A	R
R	E	T	A	I	N				F	E	L	I	P	E	
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R	A	I	L			O	P	E	C		T	O	W		
E	L	L	S			D	E	S	K		E	S	E		

# Don't rush when purchasing a home

(NC)—For many people, the purchase of a home will be the single largest financial commitment they will ever make. It should be a rewarding and exciting experience — especially for the first time homebuyer. However, it is not something that should be rushed into.

There are a number of factors a person should consider before beginning to look for a home. A well thought out plan will help prevent some of the aggravation and disappointment associated with house hunting. Here are some things to keep in mind:

1. Do some research. There are a number of factors to consider. What can you afford? What are the current pricing trends in the area you are looking? What is the current interest rate environment? Understanding current trends in the housing market will give you an idea of

what to expect as you begin the house hunting process. The Internet can give you easy access to this type of information. Check out the Canadian Mortgage and Housing Corporation at [www.cmhc-schl.gc.ca](http://www.cmhc-schl.gc.ca).

2. Location. For many people, one of the most influential factors in buying a home is its location. How close is it to work? To a grocery store? To a school? Make sure the location makes sense for you and your family. And, if down the road you consider reselling the home, a bad location could also have a negative impact.

3. Look into pre-approval. With a pre-

approved mortgage you can have a clear understanding of exactly what you can afford before you begin to look for a home. It will also help you avoid the disappointment of finding a perfect home and not being able to come up with the financing. Stop by your local bank branch and talk with a mortgage specialist about the mortgage options available to you.

4. Make a list. Write down everything that you would like and would not like in a home. Prioritize this list into things your home must have, what you may like it to have, what you could live without and what you absolutely can

not live with. By writing these things out you will help ensure that any prospective home will meet your needs.

5. Look for a home online. After you have made your wish list, why not use the Internet to begin your search for a home? By visiting the Canadian Real Estate Association's website at [www.mls.ca](http://www.mls.ca), you can view houses in the areas you are interested in, and access contact information of real estate professionals in those areas.

6. Keep a record of the houses you look at. During the house hunting process it is likely you will view a number of houses. After you look at a dozen houses, you may forget many of the details. So, keep track of what you like about each house, and what concerns you. It is also a good idea to take photos of the house, this way you can visually compare each house you visit.

## Save your money...

by taking advantage of our low advertising rates. Call our Advertising Sales Consultants today! 392-2811 Janet Somerville - ext 7008 (Trenton, Brighton) Judy Leavere - ext. 2748 (Belleville, Prince Edward County)



**mazda**

# Bay Mazda

60 Millennium Parkway, Belleville  
96-MAZDA (962-2032)

- Sales
- Leasing
- Service
- Parts

**WE WANT YOUR BUSINESS!!**  
Show your Military ID and get **\$250** off the purchase price of a New or Used Vehicle.  
Ask salesman for details.

**Century 21**  
Lantern Real Estate Ltd.

257 Dundas St. E.,  
Trenton, Ontario K8V 1M1  
613 392-2511 / 613 475-5677  
e-mail: [trenton@c21lanthorn.com](mailto:trenton@c21lanthorn.com)  
website: [c21lanthorn.com](http://c21lanthorn.com)  
1-888-792-5499

**\$149,900.**

**IMMEDIATE POSSESSION!**  
Start the year in your new home. Spacious rooms, 2 fireplaces, main floor fam rm plus rec rm. New carpet & freshly painted. Call Nadine\* today! #2026765.

**\$394,000.**

**IT'S OUT OF THIS WORLD!**  
A fantastic custom built waterfront home with every imaginable luxury. App 2300 sq ft on 2 floors, att dble gar, sandy beach frontage. Call Joyce\* for details. #2032408.

**\$66,500.**

**LOVELY DBLE WIDE WITH GARAGE-**  
Located in Bayview Est.-this upgraded mobile is roomy both inside and out. Private lot backs onto woods. New roof on both home & garage. Call Judy\* to view! #2030992.

**EXCELLENT 4 BDRM STARTER-**  
1 1/2 Storey, 2 bdrms-up with sitting room and 2 bdrms-down. Large eat-in kitchen-partly finished basement, house is on a large lot. Much more! Call James\* #2032445.

\*Sales \*\* Associate Broker

**Are you looking for trouble?**

We are.

**ELECTROSPEC**  
Home Inspection Services

7 days, 8 am - 8 pm

394-6954  
1-888-394-6954

[www.allaroundthehouse.com](http://www.allaroundthehouse.com)

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# Posted to Kingston in 2003?

**Don Wyld, CD**  
Military Authorized Realtor

**Automatic Buyer Representation**

If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call at the "TOLL FREE" number below and I will send you a "Worry-Enders Kit of Kingston" (with video) containing maps, home prices, school information, shopping facilities, transportation and more.

**NEW HOMES BY "CARACO"**  
For a complete information package of new homes being built in Greenwood Park, minutes from CFB Kingston and RMC, and Cobblestone Ridge in West End Kingston. See the whole package at [www.c21wyld.com](http://www.c21wyld.com)

**Century 21**  
TOWN & COUNTRY REALTY INC.

Please call or write:  
**Don Wyld, CD, Sales Rep.**  
#1 Barrieffield Centre,  
Kingston, Ontario,  
Canada K7L 5H6

Fax 1-613-545-1101 or  
Toll Free 1-800-438-9953

Visit the Canadian Military Relocation Network  
Website at [www.interbaserealestate.com](http://www.interbaserealestate.com) OR  
Email: [donwyld@kos.net](mailto:donwyld@kos.net)

**EXPERIENCE THE DIFFERENCE... THE DIFFERENCE IS EXPERIENCE**

For Professional Service that you can depend on...call Earl and Joyce Monds "We specialize in client satisfaction"  
Bus: (613)771-1544 (24hr pager)  
Fax: 392-9385  
Res: 392-0544

**Century 21**  
Colonial Real Estate Ltd.

Earl & Joyce Monds Sales Reps. We Give Air Miles

## 1st & 2nd MORTGAGES

**HASTINGS MORTGAGE CENTRE**

Call Ken Today  
962-2901  
965-1854 (res)  
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"5 year - 5.3%"

**Ken Keuning**  
Consultant

**308 N. Front St. Belleville**

## POSTED THIS YEAR?

CALL ANDRÉ (Andy) MARTIN, CD1

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**André (Andy) Martin** CD1  
RCAF/CFRETD  
Sales Representative

"Service Bilingue"



**DODGE**



# “NO DICKER STICKER” ONE PRICE TEST MARKET EXPERIENCE FINAL 2 DAYS

**JOIN US**  
**Q100 FM**  
 QUINTE COUNTRY  
**CLASSIC HITS**  
**REMOTE BROADCAST**  
**4PM-8PM**  
**FRI. MAY 30**

## FRIDAY, MAY 30, 9 AM TO 10 PM & SATURDAY, MAY 31, 9 AM TO 5 PM

Belleville Dodge Chrysler Jeep is holding a TEST MARKET EXPERIMENT. You may have seen it on 'CNN' or CTV' or read about it in the newspaper. This new trend is sweeping the nation, and now available in BELLEVILLE FOR 2 DAYS ONLY!

## NO HAGGLE, NO PRESSURE, NO STRESS, ONE PRICE TEST MARKET SALE

Friday, May 30 and Saturday, May 31, 2003 for 48 hours only, OVER \$6-MILLION DOLLARS of new and pre-owned vehicles will be priced with our ABSOLUTE LOWEST ACCEPTABLE NON-NEGOTIABLE PRICE, you will clearly see your savings. This will enable you to make a decision to buy based solely on your financial needs.

To further enhance the sale of all new and pre-owned vehicles during this special event, all trade-ins will be accepted at FULL BOOK VALUE.

IT GETS EVEN BETTER! FACTORY INCENTIVES UP TO \$5,000 WILL BE IN EFFECT (on selected vehicles). Financing & Leasing representatives will also be on hand to offer aggressive financing and specially designed leasing programs to free up your hard-earned cash.

This marketing experiment will be held rain or shine with over 250 new and used cars and trucks for immediate delivery. Please bring all decision-makers, your ownership or chequebook or credit cards, and be prepared to purchase a NEW OR PRE-OWNED VEHICLE of your choice. (Show us this is the way you wish to purchase a new or used vehicle.)

### ~~4.9~~ 6 MILLION IN NEW & PRE-OWNED INVENTORY

• SAME DAY DELIVERY • USED CARDS FROM \$79. BI-WEEKLY



PURCHASE ONE OF OUR FINE PRE-OWNED RETAIL USED VEHICLES AND YOU GET **\$500<sup>00</sup>** IN

### COMPLIMENTARY GAS!!

VALID FRI., MAY 30 TO SAT., MAY 31, 2003, 48 HOURS ONLY.

LIMIT 1 COUPON PER CUSTOMER  
NO CASH VALUE - NOT TO BE COMBINED WITH ANY OTHER OFFER.



# BELLEVILLE

DODGE • CHRYSLER • JEEP

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1-888-757-9994

