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• October 10, 2003 • Serving 8 Wing/CFB Trenton • 8<sup>e</sup> escadre/BFC Trenton • Volume 38 Issue Number 39 •

## Fallen soldiers arrive at 8 Wing/CFB Trenton

by Laurie McVicar  
 Assistant Editor

The remains of two Canadian soldiers killed in Afghanistan last week arrived at 8 Wing/CFB Trenton on Sunday morning.

The sun broke through the clouds just prior to the touch down of the CC-150 Polaris transporting the bodies of Sergeant Robert Short, 42, of Fredericton and Corporal Robbie Beerenfenger, 29, of Ottawa. Both suffered fatal injuries on October 2 when the Iltis jeep they were passengers in struck an explosive device a few kilometers from Camp Julien, the main Canadian camp in southwest Kabul.

A honour guard, made up of members from the Canadian Parachute Company and 2 Canadian Mechanized Brigade, stood by while the caskets were lowered from the plane and led by a pallbearer party to the hearses. Accompanying the bodies were six escorts from the theatre of operations, who will remain with the soldiers until they are laid to rest. During the transfer, a lone piper played "Going Home" and "The Dark Isle".

Along with the brother and son of Sgt. Short, Prime Minister Jean Chretien, General Ray Henault, Chief of Defence Staff and the Honourable John McCallum, Minister

of Defence, were on hand to witness the repatriation of the fallen soldiers.

"I am deeply saddened by the tragic incident that claimed the lives of two of our fine soldiers and injured three others," commented Minister McCallum in a statement released last week. "Our deepest sympathies are with the families and friends of those killed and injured."

General Henault also expressed his sympathy last week.

"At this time, on behalf of Canadian Forces members, I wish to offer my sincere condolences to the families and friends of the victims of this tragedy."

At the time of the incident, Sgt Short and Cpl Beerenfenger were part of a two-vehicle section from the 3rd Battalion of the Royal Canadian Regiment that was conducting a deterrence patrol three and a half kilometers outside of their camp.

"The track they were traveling on had been approved the day before by military engineers," noted Major-General Andrew Leslie, Commander of Task Force Kabul, during a teleconference on Oct. 3.

Injured in the blast were Master Corporal Jason Hamilton, Corporal Cameron Laidlaw, and Corporal Thomas Stirling, driver of the vehicle Sgt Short and Cpl Beerenfenger were traveling in.

See soldiers, page 2



Photo: Cpl Tim Jordan, 8 Wing Imaging

A pallbearer party carries the coffin of Sergeant Robert Short from the Polaris aircraft it arrived on Sunday to a waiting hearse. Sgt Short and Corporal Robbie Beerenfenger were killed last Thursday when their Iltis jeep hit an explosive device in Afghanistan. See page 11 for more photos.

## Fire Prevention Week

by Laurie McVicar  
 Assistant Editor

"Get out and stay out". This was the message the 8 Wing/CFB Fire Department and other fire officials across Canada worked hard to promote during Fire Prevention Week, from October 5-11.

The safety blitz kicked off on the wing/base with an emergency vehicle parade through the PMQ area on Sunday morning, followed by an open house at the fire hall.

On Monday, during an early morning fire drill, employees from the headquarters building gathered to witness the reading of the Fire Prevention Week proclamation by 8 Wing/CFB Trenton Commander Colonel Dave Higgins and the presentation of the Fire Warden of the Year award, given to Susan Stoddard of the Military Family Resource Centre. After the ceremony, a demonstration was given by firefighters who responded to a mock fire in the post office.

Firefighters also visited local schools throughout the week to spread their safety message to students.



Photo: Laurie McVicar, Contact

Private Brian Coutu (right) and Corporal Paul Dicaire of the 8 Wing/CFB Trenton Fire Department prepare to enter the headquarters building.

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# Soldiers...continued from page 1

"We all know that security is an issue, we're in a very dangerous part of the world," said MGen Leslie. "Patrols have not stopped, nor will they. As for the Taliban, al Qaeda and others who wish to prey upon the citizens of Kabul and want us to retreat to our camps - we won't run away. Neither is an option."

During an on-camera interview before the

arrival of the Polaris, Minister McCallum defended the use of the Iltis. Since the accident, many government critics have questioned the safety of the vehicle, which provides very little in the way of protection to its passengers. According to Minister McCallum, the jeeps are regularly used since they allow military personnel a clearer view of their surroundings and the ability to interact

more easily with local residents.

Minister McCallum quoted MGen Leslie, saying, "You don't win the hearts and minds of the Afghan people speeding by in an armoured vehicle."

A commemorative service was held in Pembroke on Oct. 7 and funerals were conducted for Sgt Short and Cpl Beerenfenger on Oct. 8 and 9th respectively.



Photo: MCpl Brian Walsh, Combat Camera

Members of 3 RCR patrol the streets of Kabul on September 8. Sgt Robert Short and Cpl Robbie Beerenfenger were killed last week when their Iltis vehicle (similar to the one above) struck an explosive device outside of Camp Julien.

## WING LOGISTICS AND ENGINEERING PICTURE OF THE WEEK



Doug Whiting and Wink Enman, from WCE, paint the outside of a building on Yukon Street. Many of the aging buildings on the south side will be given a similar "facelift".

Congratulations to the Quinte Mall, recipients of the Merit Award for recognition in the category of Marketing-Public Relations from the International Council of Shopping Centres. The Quinte Mall was recognized for their outstanding community involvement and assistance to local, non-profit organizations.

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## "EGG"-CELLENT WAY TO HELP CHARITY



Photo: Laurie McVicar, Contact

Dr. Maggie Reade displays the decorative emu egg she recently donated to a charity raffle for the United Way. The egg, which took approximately 25 hours to engrave with a high speed dental drill, would normally retail for about \$250. Tickets for this spectacular clock are on sale at the Dental Unit and Contact Newspaper for a nominal cost of \$2 each or three tickets for \$5. The draw will take place on November 3, 2003.



From the staff at the  
Contact Newspaper





## Next ISAF Commander named

**National Defence**  
 OTTAWA – (October 6, 2003) The Honourable John McCallum, Minister of National Defence, announced today that Canada's Lieutenant-General Rick Hillier has been selected as the next commander of the NATO-led International Security Assistance Force (ISAF) in Kabul, Afghanistan. Lt-Gen Hillier will assume command in February 2004.

“Canada is already making a substantial contribution to ISAF with the 1900 members of Task Force Kabul,” said Minister McCallum. “It is fitting that Lt-Gen Hillier, with his extensive command experience, has been chosen as the next commander of this important multinational force.”

“Lt-Gen Hillier's considerable experience, which includes command of one of Bosnia's three multinational divisions, makes him an ideal candidate for this

international mission. He has my utmost confidence,” said General Ray Henault, Chief of the Defence Staff.

“I am honoured and humbled by the opportunity to lead Canadian and NATO troops serving on this important mission,” said Lt-Gen Hillier. “Although my reaction is dampened by last week's tragedy, my resolve is steadfast.”

Lt-Gen Hillier is currently serving as Chief of the Land Staff at National Defence Headquarters in Ottawa.

### The 8 Wing Military Police Squadron



invites you to support the Community Council of Quinte by donating a jar of baby food.

Our goal is to collect enough baby food to feed every baby, all their meals, for a week.

- You can drop off your donations of baby food at the following locations on or before 15 October 2003:
- Military Police Section
  - MFRC Daycare entrance
  - Military Family Resource Centre
  - Yukon Galley
  - Wing Ops Passport Control
  - Wing Ordely Room
  - Canex

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**CONGRATULATIONS 424 SQN**



Photo: Cpl Bill Parrott, 8 Wing Imaging

**424 Sqn recieved the first place trophy for the search event at the National Search and Rescue competition, held in Gander, Newfoundland last week.**

# Search & Rescue UPDATE



424 Tiger Squadron responded to only two Search and Rescue missions this past week.

Our Hercules aircraft was given a mission to Mirabel to search for an ELT. They were told to stand down while en route to the area. The second search involved the Labrador helicopter. It was tasked to assist a sailboat that was taking on water on Lake Ontario. After arriving on scene it was determined that a lab evacuation was not required so they remained on scene until a Coast Guard vessel arrived. Upon its arrival, they returned to base.

Missions for 2003: 135 Missions for Oct.: 2 Persons rescued: 21

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## The Contact Newspaper

The CONTACT is an unofficial publication of 8 Wing/CFB Trenton. The CONTACT is a weekly military newspaper that provides accurate and timely coverage of issues and events at and affecting Canada's largest and busiest air base — 8 Wing / CFB Trenton. We are the primary internal and external communications tool for 8 Wing / CFB Trenton and began publishing in November, 1940. We strive to build awareness, morale and 'esprit de corps' among both the military and civilian communities. It is our privilege to showcase the efforts of the men and women of the Canadian Forces at work. The Editor reserves the right to edit copy and reject advertising to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charged for the erroneous item. Published every Friday with the kind permission of Colonel David Higgins CD, Wing Commander, 8 Wing / CFB Trenton.

### The Contact Staff

**Editor-in-Chief:** Capt. Andy Coxhead  
**Editor:** Andrea LeBlanc  
**Asst. Editor:** Laurie McVicar  
**Advertising Sales:** Judy Leavere  
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**Assistant Translator/Proofreader:** MCpl Louise Fagan  
**PSP Manager:** Bob Payette  
**Subscriptions:** First Class postage charge \$65.00 per year for inside Canada, \$130.00 for international.

### Guidelines for submissions: ARTICLES AND PHOTOS

The CONTACT delivers news and information about 8 Wing / CFB Trenton; at home and around the world. We depend on you and our military community for articles, personal stories and photos. We work hard, with a limited staff, to bring you a quality weekly newspaper. You can help considerably by following these guidelines on preparing your submissions for the paper:

- Articles should be typed in upper and lower case and in plain black text. Don't worry about formatting with underlines, bolds, italics, colours, etc. Acronyms should be spelled out on first reference, and then abbreviated when referred to thereafter.
- Do not include clip-art or graphics within your typed pages. Additional graphics/logos may be sent as separate files.
- Articles may be mailed, e-mailed or delivered in person. Non e-mail submissions should be saved in rich text format (.rtf) and as "text only" on a 3.5" disk and accompanied by a hard copy of your article.
- Articles must include author's full name, unit and phone #.
- Wherever possible, photos should be included with your article. Include your name and caption on the back of each photo, and number multiple photos. Electronic photos should be saved in either a jpeg or tiff format at a high resolution, to ensure quality reproduction.

Jpeg-Maximum (8X10), 300 dpi

- Please label all disks and hard copies with article name, contact person and phone numbers, date.
- Articles must be received by Tuesday at noon prior to print date at The CONTACT office.

### Letters to the Editor:

Internet: [LEBLANC.AL@forces.ca](mailto:LEBLANC.AL@forces.ca)

Intranet: [LeBlancAL@CFBTrenton@Trenton](mailto:LeBlancAL@CFBTrenton@Trenton)

All letters and editorials must be signed and the name of the author will be published, unless otherwise requested. Include a phone number for verification. We reserve the right to edit while preserving the main objective of the writer. We cannot guarantee that any particular letter will be printed. Mail, e-mail, fax or drop in person to the Contact office. Please refer to the information at the bottom of the page for how to reach us.



### A Military Community Newspaper



The Contact newspaper is a Personnel Support Programs (PSP) entity and is not funded by public funds. Our newspaper relies almost solely on revenues generated through advertising and sponsorships.



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## QUAD'S LAST BOXTOP

It's the last time the Quad would deploy to Alert; For BOXTOP of course, so no planes would divert.

The venerable old, but reliable kit; Just barely inside the Herc, it would fit.

Was scheduled to leave, one Friday this fall; But due to the air-plane, did not fly at all!

Successful the next time, R.O.N.'d in Fro Bay, Because of delays, we lost our crew day.

Then on to Alert, our plane then did take, When all pax and crew, did finally wake.

The Set-Up was textbook, few probs did we see; But then could not Flight Check, we lacked I.C.P.

Once flown and confirmed, the RADAR did fine; When the weather turned bad, the Controllers did shine!

Thus the Op ran, like a clock, and its ticks; To the last flight and crew of BOXTOP 86.

Captains Gauvin and Jackson and Thomas on deck, Were offered a PAR, and said, "What the Heck!"

The last run now offered, the last run away; Was noted in Log, by Control Jimmy Ray.

Many a trip to the North it did roam! The QUAD bound for showcase or scrap-heap or home.

For the decades of service this RADAR can boast; We offer, in homage, an appropriate Toast . . .

Thanks for another, deployment success; From the Orange "Gypsy Hoard" of 8ACCS!

## Canadiana Crossword

### Collections of Critters

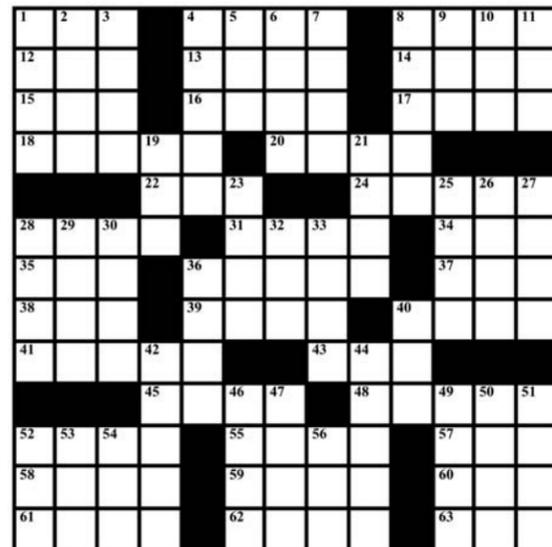
Bernice Rosella and James Kilner

#### ACROSS

- 1 Environmental org.
- 2 Whitney, for one
- 3 Printer's concern
- 4 A \_\_\_ of badgers
- 8 Slurps?
- 12 A \_\_\_ of whales
- 13 Roman poet
- 14 A \_\_\_ of toads
- 15 Point, in a way
- 16 Sell
- 17 Unsightly
- 18 A \_\_\_ of cattle
- 20 Spirit
- 22 Caustic
- 24 A \_\_\_ of geese
- 28 Continent
- 31 A \_\_\_ of oxen
- 34 Natal or nuptial preceder
- 35 A \_\_\_ of clams
- 36 Stitched
- 37 Atom
- 38 Letter
- 39 Serf
- 40 Skin problem
- 41 Pang
- 43 Sixties drug
- 45 A \_\_\_ of plovers
- 48 A \_\_\_ of greyhounds
- 52 Greek letter
- 55 Knows about
- 57 Expression of distaste
- 58 Aft
- 59 NAEL
- 60 Each
- 61 Astringent
- 62 Engrave
- 63 Staff

#### DOWN

- 1 Mild medieval expletive



- 2 A \_\_\_ of horses
- 3 Munitions, for short
- 4 A \_\_\_ of quail
- 5 Original woman
- 6 Cans
- 7 Taro root
- 8 A \_\_\_ of foxes
- 9 Park or plant ender
- 10 Chretien or Martin, for short
- 11 Mr. Piggy's place
- 19 Legislation for war vets
- 21 Second hand
- 23 Ogles
- 25 Saga
- 26 Press
- 27 Baby, in Barcelona
- 28 Fundamentals
- 29 Ooze
- 30 Inspiration
- 32 Possess
- 33 Ship part
- 36 Highway freighter
- 40 Word after lemon or orange
- 42 A \_\_\_ of bees
- 44 A \_\_\_ of bears
- 46 Snout
- 47 Bothersome insect
- 49 Distant
- 50 Forage storage
- 51 Pinned
- 52 Auto accessory, slangily
- 53 Slippery fish?



## This Week in Contact

1944 -- Actual test pilots are on strength at RCAF Station Trenton, where every aircraft is put through its paces after every periodic overhaul – every aircraft, every time.

1953-63 – Unavailable

1973 -- DND and Treasury Board begin discussing the Annual Armed Forces Pay Review, and are widely expected to announce a one-year retroactive raise, to be added to the 10.5 per cent raise received just one year earlier.

1983 -- 25 expectant mothers at 18 CF Bases begin trials of a new military maternity uniform, a 4 piece ensemble including pleated jumper, jumper-style tunic, skirt, and trousers all of the former "workdress" fabric.

1993 -- Canadian CC-130 Hercules crews chalk up an incredible 10 million lbs of food delivered to refugees in the war-torn former Yugoslavia.



Created & compiled by  
 Lt J. H. MacDonald, Deputy Wing Heritage Officer



# Last voyage to Alert for QUAD radar, equipment outdated



(L-R) 8ACCS Controller – MCpl James Ray. The Crew of BOXTOP 86 - Capt. Brian Thomas, Capt. Jeff Jackson, A/C Capt Mario Gauvin, and 8ACCS Technician – Cpl Kelvin Turriff.

Poem and article submitted by WO Grant Anstey, 8ACCS S&T WO

With the impending transition to the cutting edge MPN-25 deployable radar, this September's OP BOX-TOP may have been the last voyage to the north-pole for the TPN-501 QUAD radar.

The TPN-501 QUAD radar has been in service with the Canadian Air Force for

over forty years. However, QUAD radar parts are becoming scarce and maintenance on this aging piece of electronics equipment has become increasingly difficult. Set to enter service with the CAF and 8ACCS is the QUAD's replacement, the MPN-25, a modern Air Traffic Control radar that the Squadron eagerly anticipates will deploy to OP BOX-TOP in the spring of 2004.

Both radars, the



1960s TPN-501 "QUAD" radar, and the new millennium MPN-25 model radar were built by the same company, ITT Gilfillan in Van Nuys, California.

## Win a chance to crush a car

by 2Lt Jennifer Jones  
8 Wing Public Affairs

How often does one get the chance to drive a bulldozer over a car? Well, one lucky person will get such an opportunity as part of a United Way fund-raising "car crush" that will take place Thursday, October 30 at the Heavy Equipment training area west of RCAF Road.

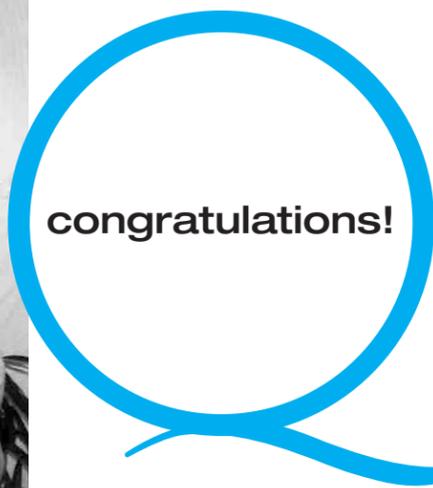
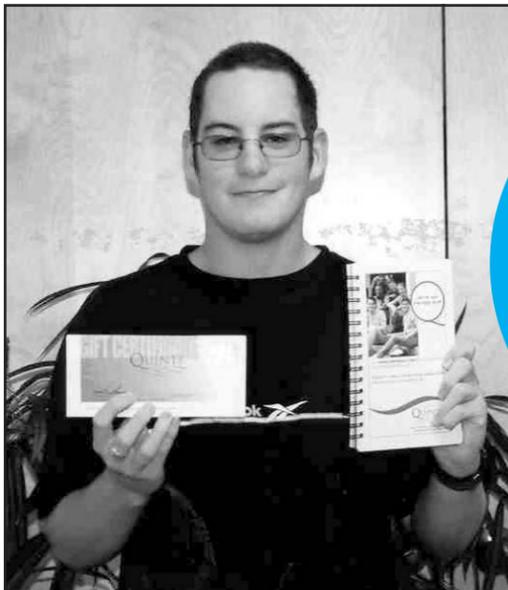
Tickets are now available and can be obtained from Wing

Transportation (WTN) or Wing Heavy Equipment at a cost of \$2.00 each or three for \$5.00. Once a winning name is drawn, he or she will receive a safety briefing on bulldozer operation and will drive the bulldozer over the car, all the while assisted by a qualified bulldozer operator.

Maximum safety precautions will be taken to ensure the safety of the event. The vehicle, a Pontiac Sunbird donated

two years ago by Cpl Russell Morgan (now at CFB Petawawa), will be stripped of its headlights, windows and fuel tank and will be drained of all residual fuel and oil. In addition, the vehicle will be placed in a depression on the day of the "car crush" in order to prevent any possible tipping of the bulldozer.

To purchase tickets or for further information, please contact Cpl Denis Dubeau of WTN at extension 7669.

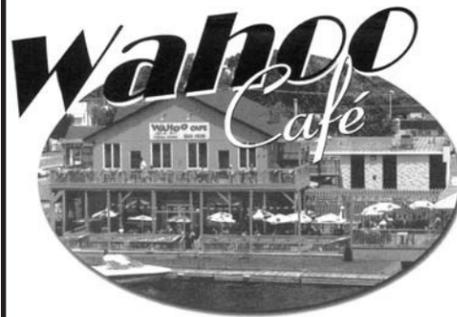


QUINTE MALL CONGRATULATES STEPHEN CAMERON OF TRENTON. HE WAS THE WINNER OF OUR **THE RIGHT STUFF ROOM MAKE-OVER DRAW** FOR LOYALIST COLLEGE STUDENTS HELD THIS SEPTEMBER. STEPHEN WON \$1000 IN QUINTE MALL GIFT CERTIFICATES.



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SUN MON TUE WED THU FRI SAT

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12 ★	13 Thanksgiving Day! ★	14	15	16	17 All Ranks Oktoberfest TGIF Food TBA Sports/Euchre	18 ★
19	20	21	22	23	24 TGIF Food TBA Sports 1800hrs Pool	25 ★
26 ★	27	28	29	30	31 TGIF Food TBA Sports 1800hrs Euchre	HAPPY Halloween

## 2003 OCTOBER



The Contact staff would like to wish one and all a safe and fun-filled Thanksgiving weekend!



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# All Ranks Oktoberfest Dance

**Friday 17 Oct 03**

- Doors Open: 8 pm
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- Dance to The music of DJ:  
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**Free Hat, Mug & Bratwurst for the first 500 people.**

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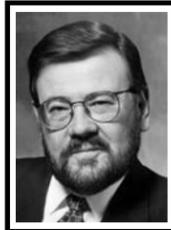
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# When saving just doesn't pay

## it's your Money



**Garth Turner**

The federal government last week unveiled its latest series of Canada Savings Bonds, and there is probably no better symbol of how astonishing this world has become.

The new bonds will pay 1.75% interest over the coming year, and Ottawa is expecting to sell billions of dollars worth. The interesting point is that, given the latest inflation rate of 2%, every proud CSB owner will actually be losing money over the next 12 months, since the bond will be growing at a rate slower than the erosion of its face value. Making the situation worse, of course, is the fact the bond holder has to pay tax on the interest earned. It all means that if you buy a Canada Savings Bond, you will have about 1% less money by next October.

As I wrote here last

time, a few million Canadians are cruising towards some uncomfortable retirement years since they insist on plowing their money into the wrong kinds of assets, like these bonds. The amount of money we have parked in low-yielding, fixed-income assets is mind-boggling. And the latest mutual fund numbers show that we remain suspicious and distant from the fund companies, even though stock markets are in the middle of a rebound.

Sure, the real estate market remains very much alive, but in retirement your house is not going to pay you money to buy gas and groceries with. Everybody who seeks to maintain a nice little middle-class Canadian life will need to have investment income, or a big fat pension. Trouble is, those corporate pensions are fast disappearing and the government pension provides for less than subsistence living.

The only sensible course of action for most folks, especially those who are middle aged, is to have a diversified portfolio that is managed by a financial pro-

fessional. Current statistics show the vast preponderance of us do not fall in that category. We seek advice from bank tellers, relatives, friends at work and - worst of all - ourselves.

So, if you are wary of the markets, sour on funds, suspicious of financial advisors, negative about fees and charges and jaded about the whole idea of investing, then why not just concentrate for a while on saving taxes? After all, it is just as valuable to conserve your wealth through tax strategies as it is to build it through successful investing. Here are some suggestions:

**Income-splitting:** If you and your spouse are in different tax brackets, then you can reduce overall family tax in many ways. For example, pay your spouse's taxes if he or she earns less, along with the family expenses. Then your spouse's income can be used to invest, and the returns taxed at a lower rate.

You can put a spouse or child on the payroll of a family or home-based business, and write that off your own taxable income. Just make sure there's a reasonable expectation of profit. Or open up a spousal RRSP, which means you can contribute to your spouse's plan up to your own level, while writing that all off your own taxable income. After three years the money becomes the property of your spouse,

and can be withdrawn at a lower tax rate. Or, in retirement, you can split CPP benefits between spouses, getting some of it from the hands of the higher-taxed one, into the hands of the one with a lower tax profile.

**RRSPs:** Never, ever forget all of the ways you can save using this great vehicle. For example, you can make a "contribution in kind," which means you do not need money to build up an RRSP. If you own a financial asset like a GIC or mutual fund units, it can simply be transferred into an RRSP and the government will consider that equivalent to a cash deposit. For selling yourself something you already own, the feds will send you a tax refund cheque.

**Charitable donations:** The income tax act encourages people to be generous, and to support charitable giving - to the extent that you can save a significant amount on taxes. If you donate something that has a higher market value than you paid for it, a tax receipt can be issued for the higher amount, giving you a tax credit to write off taxable income. The rules now allow you to wipe out up to 75% of your taxable income in any one year with this kind of credit. Ever wonder why rich people donate so much stuff to charity? It's to stay rich.

*Garth Turner's Investment Television airs Sundays on the Global network.*

## Control the cost of your car insurance

(NC)-The issue of auto insurance has been an important topic of conversation among Canadians in almost every province. Top of mind is the question of how to manage your own cost of insurance during "hard risk" markets or times of regulatory flux and change.

If your auto insurance is coming up for renewal, then you need to protect yourself. You may not be able to avoid a jump in the cost of your premium, but here are three steps you can take to minimize the increase.

1. Keep a safe and clean driving record.

The single, greatest thing you can do to protect yourself is care about your own driving record, drive defensively, avoid gaps in coverage, and manage any accidents that do occur in

a smart and straightforward manner. By driving smart, you reduce your chances of having your insurance cancelled due to lapses, irresponsible claims activity or careless driving incidents.

2. Review your coverage, discounts and deductibles.

Talk to your insurance broker about raising your deductible. You may also be eligible to receive a discount if you have more than one car or your car and home are insured with one company. If you're buying a new car, insurance companies rate vehicle models based on historical or projected claim experience and costs. Check out the relative claim experience and costs of your car at the Vehicle Insurance Centre of Canada ([www.vicc.com](http://www.vicc.com)).

3. Talk to your broker and make sure you have the best policy for you.

All insurers and coverage are not created equal. Some specialize in high-risk markets, others in luxury vehicles. All those living in your home, with access to your vehicles need to drive clean as well, as their driving records can impact your overall premium. If high quality claims service or special family requirements are part of your insurance needs, discuss them with your broker, who can then find the best policy for you.

Above all, remember, there are a lot of insurance companies doing business in Canada and most of them want your business. Do your research well in advance and do what you can to help control the cost of your insurance.

# Home spas - know what you are getting into



Submitted by  
**Doug Bird, Deputy  
Wing General Safety  
Officer**

With the increasing popularity and numbers of home spas comes a corresponding increase of hot tub casualties. People must realize there are important safety responsibilities to owning and using a hot tub.

The hot bubbling water swirling around your body relaxing and soothing those aching muscles can have severe consequences. The average temperature in a spa is hot enough to raise your body temperature by several degrees above normal levels. About 10 to 15 minutes is safe for most users; but longer exposure can put enough stress on the cardiovascular system and cause changes in blood pressure and heart rate.

Consider your health before entering a tub. Older people with circulatory problems or heart conditions should stay away from a hot tub. Pregnant women and young children are also advised against hot tub use.

Do not go for a soak if you are on any medication – even such non-prescription drugs as antihistamines. Such drugs can make you drowsy, which introduce the risk of falling asleep and possibly

drowning in the tub.

If you lose track of how long you've been in the water or if you start to feel tired or faint, get out slowly. Getting out of the hot tub slowly allows your body to get accustomed to the change in blood pressure.

Keep breakables such as drinking glasses and bottles away from the tub. Never drink alcoholic beverages in a hot tub.

Electrical appliances such as radios and stereos should also be kept out of the area. Hot tubs located on an outdoor deck should use grounded lights for illumination.

When children are around the hot tub, strict rules should be set to avoid accidents. Horseplay should be avoided as should running around or near the tub. Children should always be accompanied by an adult while in the tub. Never allow diving to the bottom of the tub, as the pull of the suction unit may tend to hold a child underwater.

In winter, watch for ice build-up in and around your outdoor tub. Ice build up causes a slipping hazard while walking to and from your spa.

A hard protective cover over the top of your tub is recommended. You may also purchase these

with locks for extra protection.

Proper storage and handling of your spa chemicals is very important. Careless handling and storage of chemicals can result in serious injury if basic precautions are not taken. Always make sure children and pets are kept away from open containers. Read and follow directions on the labels and measure quantities closely. Overdosing your pool water will not make the water any cleaner but it can give bathers irritated eyes and skin. Don't smoke around chemicals because they can be ignited from a single cigarette.

The most basic and perhaps the most important rule when mixing chemicals for spas is never add water or liquid chemicals to a dry chemical - always add the chemical to the water. Improperly stored spa chemicals can give off noxious gases, cause fires and corrode surrounding equipment. All spa chemicals should be stored separately from other household chemical compounds. Liquid chemicals should never be stored above dry chemicals and all chemicals should be locked away on high shelves in a cool, dry, well-ventilated cabinet. Keep the original lids on all chemical containers and

make sure the lids are tightly sealed when not in use. It's also a good idea to keep records of how old your chemicals are and throw out any that are beyond their expiry date.

There are few things more appealing than a nice soak in a hot tub. But as with anything else, the secrets of enjoying a hot tub are common sense and a good knowledge of just what it is you are getting yourself into.

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Date: **October 17**      Time/Heure: **1330-1430 hrs**

Location / Lieu : **105, Yukon St. Bldg 56, Room 304**

Contact/ Communiquez avec: **Cheryl Rothenburg, 392-2811, local 3767**

## Pet Particulars

### Mission Paw-sible

On Sunday, October 26th, 2003 the Quinte Humane Society will be holding it's first annual "Mission Paw-sible" telethon. This event will take place at the Cogeco studios in Belleville from 12pm till 5pm.

Proceeds from this year's telethon will go towards the general running of the shelter. As well we are currently developing an aggressive spay/neuter program in the community.

If you would like to make a contribution or volunteer your time contact Jill Brideau, Telethon Organizer 394-5866! [pets@quintehumane.com](mailto:pets@quintehumane.com)

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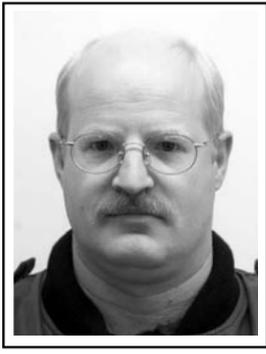
# FIRE PREVENTION WEEK



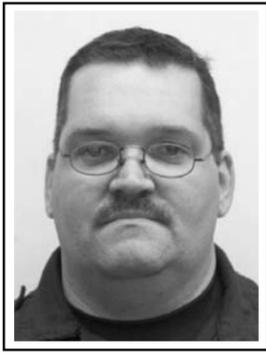
Cpl J.W. MacInnis



Pte D. Manser



Sgt D. Marshall



Sgt B. Mathieu



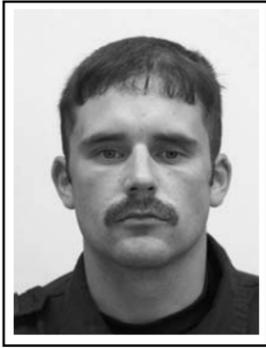
Cpl J. McCreight



MWO D.M. Mullins



MCpl J.F.M.G. Paquin



Cpl J.P.P. Bouchard



Cpl J. Pereira



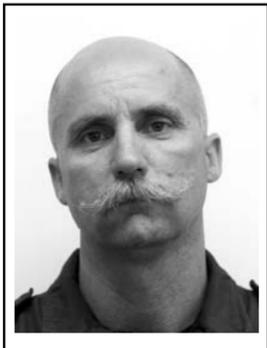
Cpl J. Proulx



Cpl J.B. Prud'homme



Cpl G. Ridgewell



MCpl J. Robinson



Cpl M. Roddy



Cpl J. Running



MCpl G.D.J. Slaunwhite



MCpl J. Smallwood



MCpl P. St.Croix



MCpl S. St.John



Cpl J.S. Bouchard



Capt S.R. Vollhoffer



MCpl B. Wade



Cpl D. Walker



MCpl J. Dodge



WO D. Lareau



K.E. Foster



**FIRE WARDEN OF 031**  
 Colonel Dave Higgins, 8 Wing/CFB Trenton Commander, presents Susan Stoddard with the Fire Warden of the Year award. This was the second year in a row she received the honour.



The history of Fire Prevention Week has its roots in the great Chicago Fire on October 9, 1871. This tragic event killed 250 people, left 100,000 homeless, destroyed more than 17,000 homes and buildings and burned 2000 acres in 27 hours. While the origin of the fire has never been determined there has been much speculation with one popular legend being that Mrs. Katherine O'Leary was milking her cow when the animal kicked over a lamp, set the O'Leary barn on fire and started this devastating fire.

On the Great Chicago Fire's 40th Anniversary, the Fire Marshall's Association of North America sponsored the first National Fire Prevention Day as a way to keep people informed of the importance of fire prevention. Every year since 1925, on the Monday through Saturday where the 9th of October falls, Fire Prevention Week has been observed.



8 Wing Fire Department



# FIRE PREVENTION WEEK



Cpl V. Atkinson



Pte S. Aubie



Cpl J. Bath



Pte R. Belair



Sgt S. Bolduc



MCpl K. Boudreau



Cpl B. Bowen



Cpl S. Byford



Sgt J.J.G. Cayouette



Cpl S. Charest



Cpl J.G. Charlebois



Cpl D. Contini



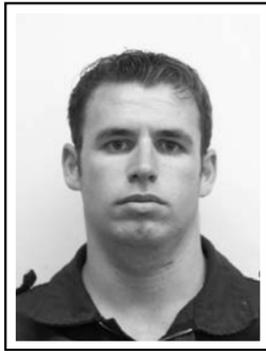
Pte B. Coutu



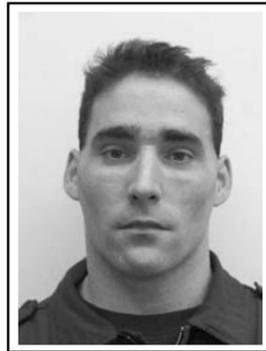
Pte N. Cristo



Pte M. Davis



Pte J.G. Dedieu



Cpl P.C. Dicaire



MCpl S. Duchesne



Sgt C. Gelinas



Cpl A. Germain



WO O.M. Greer



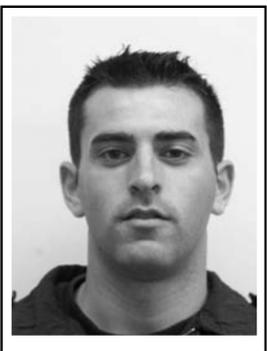
Cpl T.E. Holmes



MCpl M. Hutchison



Cpl R.P. Johnson



Pte J. Kingsley



WO D.E. Kleinstuber



Pte K. Kruse



MCpl J. Lessard



Cpl J.A.G. Levesque



Cpl S.A. Lewington



This year Fire Prevention Week is Oct 5th through Oct 11th 2003 and embraces the theme "GET OUT AND STAY OUT" and is dedicated to raising awareness of the dangers of fire and how to prevent them. While the 8 Wing Fire Department makes Fire Prevention and education an every day practice, this week is a special week where we make an exceptional effort to involve all of the Elementary School children and 8 Wing personnel. Each day the people in our Fire Prevention Office along with duty personnel will visit schools where we will give a Fire Prevention Presentation followed by a Fire Drill.



# Fitness, Sports & Recreation

## Astra Riders execute "Operation Saturday Salvage Scramble"

by Brian Quick

Saturday, October 4 saw a cool morning and continuing threats of rain, but it did not deter members of the Astra Riders from completing another Club ride. Four bikes and five members enjoyed a coffee at Tim's on Sidney Street before heading out on the first annual Saturday Salvage Scramble. With winter coming and plans for winter motorcycle maintenance, there was no better time to head to Peterborough Cycle Salvage to source that elusive part or develop a project idea. Under a darkened sky, the group headed out at 0800 hours and took the scenic Highway 2 to Port Hope, then veered north on 28. Autumn was certainly in the air with many trees already

showing their fall colours. Taking an easy pace, the group was happy to pull into Peterborough, as it certainly was "brisk" enroute. Suffice it to say that one of my winter projects is to install heated grips on my Concours!

Peterborough Cycle Salvage is a welcomed destination as the staff is very knowledgeable and let you roam to your hearts content. While some in the group had specific parts to source (and were very successful), most of us strolled the bone yard reminiscing as we saw the incredible selection of bikes in different stages of being stripped. Inside, the various parts catalogues let you dream of that custom bike you always wanted to build or that single accessory which

would make your bike a true stand out. We all agreed that if our 6/49 numbers came in, we would be set.

Having our fill of tire kicking, we headed into Peterborough for lunch. Conversation flowed, much coffee was consumed and we planned events for 2004. Leave it to a group of motorcyclists to gloss over winter and

simply focus on the next great ride.

Leaving Peterborough, we took Highway 7. Travelling with minimal traffic, we headed south at Marmora on Highway 14, and then 33 once we hit Stirling. Enjoying the changing landscape, members started to leave the group as we entered Frankford and individual bikes started to

head home. As I pulled into my driveway in Trenton, I was left with the satisfied feeling of an enjoyable group ride, but saddened at the fact that there would be few opportunities for more before the snow flies. Just like all the Astra Riders, however, I can't wait for spring to arrive!

The Astra Riders are a group of motorcycle

enthusiasts (all brands) who simply enjoy the sport of motorcycling. Meetings are held the last Tuesday of every month at the Club House at 38A Rivers and you can become a member at any time. For more information about upcoming events or the Club itself, please visit the Community Recreation Association Website.

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**613-965-1854**  
 email: kenkeuning@sympatico.ca

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## Firefighter volunteers in Grand Prix

Corporal Robert Comeau, 8 Wing firefighter and member of the elite Canadian Forces Combat Challenge Team, took time out of his busy schedule last June to volunteer at what may be the last Formula 1 Grand Prix in Montreal, Quebec.

"Just as in the past, a multitude of firefighters from Quebec and Ontario volunteered to help out with the Montreal Formula 1 Grand Prix for a weekend," said Cpl Comeau. "We are crossing our fingers that this will not have been our final opportunity to live this unforgettable experience."

A total of 125 volunteer firefighters divided amongst the side of the race track, the pits, cab-type fire trucks and forcible entry teams, were on site to ensure the safety of Formula 1 drivers as well as support racers such as those with Fran-am 2000, Formula 1600 and the Ferrari



Photo: Submitted

**Corporal Robert Comeau assists a driver at the Formula 1 Grand Prix.**

Challenge. When divided up, there are over 15 firefighters to one driver, ready to tend to any accidents, collisions or skids that may occur on the course during the race.

"It is an extremely challenging weekend and days are long for the

volunteer firefighters," added Comeau. "Their day starts at 6:00 a.m., goes until 6:00 p.m., and all the while they are heavily clothed in their nomex coveralls, helmets and hoods. We have to remain alert since a F1 fuel leak in the pits can

result in a loss of 30L of fuel."

The 2003 Grand Prix took place on the weekend of June 14th to 16th in Montreal, QC. Volunteer firefighters were under the supervision of Fire Chief Denis Picard.

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 Tue / Thu: 11:30 - 13:00 hrs

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# Fallen soldiers arrive at 8 Wing/CFB Trenton



Photo: Cpl Tim Jordan, 8 Wing Imaging



Photo: Cpl Tim Jordan, 8 Wing Imaging



Photo: Cpl Tim Jordan, 8 Wing Imaging



Photo: Cpl Tim Jordan, 8 Wing Imaging



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Padre Rick Gould  
Padre Catherine Morrison (deployed until Jan 04)

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**BAPTISM/BAPTÊME**  
Please allow 30 days notice for preparation. / Communiquer avec le bureau des aumôniers au moins 30 jours avant la date désirée.

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It is necessary to contact the chaplains' office prior to setting a date. Failure to do so could result in disappointment. Afin d'éviter des déceptions, il est important de communiquer avec le bureau des aumôniers avant de choisir votre date.

**DUTY CHAPLAIN/ AUMÔNIERS EN DEVOIR**  
After working hours, for emergency only, please call the base operator at 392-2811 and ask for the duty chaplain. / Après les heures de travail, pour les urgences seulement, svp appeler la téléphoniste de la base au 392-2811 et demandez l'aumônier en devoir.

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# HOROSCOPES

ASTRO ADVICE WEEKLY By Eugenia Last  
October 12 - October 18

**ARIES** (March 21-April 19): If you are willing to put in the effort on the 12th and 13th, you could start your own moneymaking business on the side. Take pride in what you do and you will be successful. By standing behind your own ideas on the 14th and 15th, you will gather interest and support from others. You can be the mastermind of anything you want. You may find yourself with added responsibilities on the 16th, 17th and 18th. Don't let your emotions lead you in the wrong direction. Physical activities will lessen the anxious feeling you have been harboring.

**TAURUS** (April 20-May 20): You will find it difficult not to say what you think when it comes to personal and emotional matters on the 12th and 13th. Limitations will result if you let others put demands on you. Be honest, but kind. Act on a decision you made on the 14th and 15th. The more powerful you are in your presentation, the better you will do. You will receive the help you need, but there will be a price to pay. You will face some problems at home on the 16th, 17th and 18th. Talk matters through reasonably and back off if necessary. Get out of the house and do things with outsiders.

**GEMINI** (May 21-June 20): Stay busy catching up around the house on the 12th and 13th. Someone you live with may not be in the best mood. A change may be required in order to make your life less stressful. Put some thought into self-improvement on the 14th and 15th. Your emotions will be close to the surface. If someone you live with is difficult, remove yourself from the situation. Get out and mingle on the 16th, 17th and 18th. Love will be your thing. You can meet a new partner or take the one you are already with out on the town. Let your imagination run wild, and welcome change.

**CANCER** (June 21-July 22): Your ability to put things together and make things happen will be a welcome contribution that should lead to some power and leadership on the 12th and 13th. Don't be shy about asking for help. You will feel better on the 14th and 15th if you make some positive changes to your home. Open your doors to a group meeting geared toward something that interests you. Don't limit yourself. Proceed down new avenues on the 16th, 17th and 18th that will better satisfy your needs. You may have to make some changes to your living arrangements if someone does not agree with the choices you are making.

**LEO** (July 23-Aug. 22): Opportunities are apparent on the 12th and 13th, so don't settle for something less than what you want. Ask for a raise, create a new position for yourself, send out your resume, talk to a headhunter or circle ads in the classified section of your paper. Your friendly nature will win favors with acquaintances on the 14th and 15th, but not with those who know you well. Don't go overboard and make promises that may not pan out. The emphasis should be on home and family on the 16th, 17th and 18th. Property deals should turn out in your favor. Remember to be sensitive to the needs of others.

**VIRGO** (Aug. 23-Sept. 22): Take a look at the way you've been living and what you can do to make your life better suited to the direction you are taking on the 12th and 13th. Learning, making alterations to your lifestyle and changing your circle of friends will lead to better times. Be careful how you handle both work and personal situations on the 14th and 15th. Someone is likely to call your bluff. Making unrealistic promises will come back to haunt you. Nothing will go according to plan on the 16th, 17th and 18th. Changes at home will not be exactly what you had in mind. Limitation and stress will result if you don't compromise.

**LIBRA** (Sept. 23-Oct. 22): You may have some problems with the people you live with on the 12th and 13th. Don't let your finances get you down. Limitations may be apparent, but if you budget, you will build up your bank account quickly. Rethink your plans on the 14th and 15th. If you have been procrastinating, start making things happen. This can be a perfect time to excel. Don't be afraid to mix business with pleasure. The people you talk to on the 16th, 17th and 18th will have an influence on an important decision you make. Travel will bring you cultural knowledge. Changes made will impact your life positively.

**SCORPIO** (Oct. 23-Nov. 21): You may be confused as to what others think of you on the 12th and 13th. Networking will help you achieve your goals. Developing a partnership or a romantic encounter is likely. You need to concentrate on your own interests on the 14th and 15th, not everyone else's. Investing in yourself will bring the highest returns. Don't be discouraged — you'll do just fine. You will have lots of energy, coupled with great ideas and sound judgment on the 16th, 17th and 18th. Start working on a creative project that you find stimulating. Love should be on your mind.

**SAGITTARIUS** (Nov. 22-Dec. 21): Getting together with peers on the 12th and 13th will lead to accomplishment, but it will also be draining. Leave ample time to take care of yourself. Keep your secrets to yourself on the 14th and 15th. You will be inclined to trust someone who isn't reliable. Being calculating and precise will help you get ahead financially. Someone you worked with in the past is likely to contact you about a contract on the 16th, 17th and 18th. You can make a proposal that should be lucrative and allow you to work out of your home. A change may be required.

**CAPRICORN** (Dec. 22-Jan. 19): Do things with younger people on the 12th and 13th. Socializing will lead to an interesting revelation about yourself and your future. This can be a very informative period for you. Business propositions will turn out well on the 14th and 15th if you put a creative spin on them. Don't let your emotions stand in the way of doing what you know in your heart you should be doing. You may feel confined on the 16th, 17th and 18th by your current situation. Don't make promises you know you won't be keeping. It's time to be honest and spell out exactly what your intentions are.

**AQUARIUS** (Jan. 20-Feb. 18): Emotional matters will not run smoothly on the 12th and 13th. Do what you must to make your home life better, but don't stick around if the tension is too great. Money matters can turn in your favor. You will feel competitive on the 14th and 15th, but don't overdo it. Turn on the charm with the person you love. Winnings or other means of financial gains are likely to come your way. Don't be fooled by someone who is being pushy on the 16th, 17th and 18th. Back away from a relationship that is causing you grief. Take care of personal papers, financial matters or legal affairs.

**PISCES** (Feb. 19-March 20): You will be able to enlist the help of people who believe in you and what you are trying to accomplish on the 12th and 13th. Expand an idea you've been mulling over. You are more talented than you think. Someone may try to involve you in his or her personal affairs on the 14th and 15th. Meddling will only lead to trouble. Concentrate on your own relationships not other peoples. Take the initiative on the 16, 17th and 18th and start something that you enjoy doing. You will be very innovative and should be able to elaborate on any creative ideas you have. Your genuine warmth will draw positive and passionate response today.

## SCOUTS PREPARE FOR APPLE DAY



Photo: Laurie McVicar, Contact

Lieutenant-Colonel Bill Lewis, Acting Wing Commander, and Master Warrant Officer Bruce Leedham, Acting Base Chief Warrant Officer, recently helped kick off one of the Scout's largest fundraisers - Apple Day. The 1st Air Force Scout group will be giving out apples for a small donation at various locations in Trenton and door-to-door in the PMQ area on Saturday. The apples were donated by Morning Star Orchard. Pictured above with LCol Lewis (second from left) and MWO Leedham are Matthew Young, William Smallman, and Josh Young.

### LOCAL SERVICES

To Serve You

### AND TRADES

Classified Advertising 392-2811 ext 3976 24 Hour Faxing 965-7490 email:MacDonald@forces.ca

**Autobody Repair**  
  
 Collision • Restoration • Refinishing  
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**Auto/New/Used/Lease**  
**DON'T BE FOOLED!**  
 You can't buy the same used Car or Truck for less!!  
 The Price King  
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 1/2 Mile South of 401  
 Trenton, Ontario  
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 • Venetians, Verticals, Rollers, Pleated & More  
 • Quality Products at "Discount Prices"  
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 • 6 Month No Down Payment O.A.C.  
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**This spot could be advertising your business.**  
**Call 392-2811 ext. 3976 for details!**

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 Kitchen & bathrooms, rec-rooms, additions, replacement windows, refacing kitchen fronts & stairways, textured ceilings & fireplaces.  
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 Acupuncture Treatments  
 • Chronic pain relief  
 • Eliminate the effects of stress  
 • Pain free treatments  
 • Professional relaxing atmosphere  
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 "When Quality Counts"  
 Call Steve  
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**Storage**  
**BIGFORD STORAGE**  
 Household & Commercial - You store it - You lock it & keep key 24 hours - 7 days a week - 468 Bigford Rd., Brighton  
**475-6500**  
 5x5 - \$25/mo 10x10-\$60/mo  
 10x20 - \$100/mo  
 5x10 - \$48/mo 10x15-\$80/mo  
 10x30 - \$160/mo

**Storage**  
**BIGFORD STORAGE**  
 Secured Outside Storage Compound available for RV's, Boats, Trailers, etc.  
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**475-6500**

**Tree Service**  
**TRENTON TREE SERVICE**  
 Tree Trimming & Removal, Chipping & Stumping  
 Call Geo and Ray anytime  
 • Free Estimates •  
 • Fully Insured •  
 A fair price for everyone  
**392-7415**

# Community Events

**CENTRE THEATRE - TOTALLY RENOVATED INCLUDING D.T.S. SOUND BIRTHDAY PARTIES ARE NOW AVAILABLE**

**GENEROUSLY SPONSORED BY THE CENTRE THEATRE**

**MOVIE LINE-UP**

- Good Boy (G) 1:10 7:10 9:05
- School of Rock (PG) 1:05 7:05 9:15
- The Rundown (PG) 1:00 7:00 9:10

Coming Soon - "Halloweek" (Oct 24 - 30) 7 Scary Movies for \$20.00 or \$5.00 each

Matinees Saturday & Sunday

Admission: \$7.00 (adults 18+) \$5.00 (youth) Wed. & Matinees \$5.00 (ALL)

**CALL 392-4211 FOR INFORMATION**

MOVIES MOVIES MOVIES

Welcome to the Contact Newspaper's Community Events page! Thanks to the generosity of Trenton's Centre Theatre, we can now feature (space permitting) public service announcements, community events and help promote non-profit and charitable organizations in the Quinte area. Fax us at 965-7490 or email to leblanc.al@forces.gc.ca, at least 10 days prior to your event. Call 392-2811 Ext. 7005 for more information.

## What Every Babysitter Should Know!

Trenton St. John Ambulance is offering a one day babysitting course for youth 12 to 16 years of age.

*What Every Babysitter Should Know* teaches babysitters how to prevent injuries, provide basic first aid and how to get help in an emergency. It also provides information on nutrition, creative and educational recreation activities.

With this course you can apply for ANY babysitting job...and you'll get a cool certificate too!



**Date: Saturday, October 25, 2003**  
**Time: 8:30 a.m. - 3:30 p.m.**  
**Place: Dufferin Centre, 344 Dufferin Ave., Trenton**  
**Cost: \$30 (includes books, certificates & tax)**  
**To register, call 394-2990**

## FALL CLASS!

Did you know that Spanish is the third most spoken language in the world? Why not learn Spanish with us!! The Trenton MFRC will offer Beginner Spanish and Intermediate Spanish classes starting in the Fall of 2003.

You will receive twenty-five hours of instruction for a total of ten weeks. Classes will run until the third week of June. Fees are \$75.00 for military family members and \$85.00 for civilians who are not affiliated with the military. We require a minimum of eight participants per class to offer this service. Please register early to reserve your seat and

**START LEARNING SPANISH**

Please contact our reception desk at 965-3575 to register or contact Manon Lachance for additional information at 392-2811 ext. 3852.






- **Recently Moved?**
- **Expecting?**
- **Recently had a Baby?**
- **Getting Married?**

Let us congratulate you! We have gifts and information free for you. Call 613-967-8780 to arrange a visit. [www.welcomewagon.ca](http://www.welcomewagon.ca)

### DEADLINES

Editorial: Tuesday noon  
 Advertising: Wednesday noon

### WANTED!

Volunteers of all ages, with and without construction experience, from all across Canada to work with families in need to help build their first safe, decent, affordable home.



Must be willing to get sore, tired muscles plus have a lot of fun!

Celebrate the International Year of the Volunteer by coming out to a Habitat for Humanity build.



**Habitat for Humanity**

For more information on Habitat for Humanity and to contact your nearest affiliate, contact us at 1-800-667-5137  
 Email: [habitat@habitat.ca](mailto:habitat@habitat.ca)  
[www.habitat.ca](http://www.habitat.ca)

# "Pennies for Kids"

**To be held by 8 Wing Fire Department October 26th 09:00 to 12:00 hrs throughout PMQ areas. Support the fight against Muscular Dystrophy.**

# "Collecte d'argent"

**Par la caserne de la 8ième Escadre le 26 Octobre de 09:00 à 12:00 hrs. Supportez le combat contre la Dystrophie Musculaire.**



Cpl Stephan Bouchard visits the Military Family Resource Centre at 8 Wing CFB Trenton and meets Ashley Gilbert.



# Muscular Dystrophy

# Dystrophie Musculaire

### Total Health (For Women)

This seminar will leave you feeling educated instead of disappointed that you wasted your time. You will learn very valuable information on how to keep your life in balance. You will feel like you have more control over what goes on in your daily routine and learn easy-to-do tips that are within your budget.

You will be doing many different problem-solving techniques in groups that will start you thinking about what is needed to enhance all parts of your life.

There is no reason for anyone to feel left out of this growth process that has been going on since the beginning of time.

Thursday October 23rd, 7 - 9 pm  
 Cost is \$10. Payment confirms your spot. Course is limited to 20 people. Course outline available with registration.

### Santé totale (pour femmes)

Ce séminaire vous donnera le sentiment d'avoir appris quelque chose plutôt que d'avoir perdu votre temps.

Vous apprendrez des renseignements précieux qui vous montreront comment maintenir l'équilibre dans votre vie. Vous aurez l'impression d'avoir un meilleur contrôle sur votre routine de tous les jours et vous apprendrez des petites choses faciles à faire tout en respectant votre budget. En groupe, vous utiliserez plusieurs techniques de résolution de problèmes qui amèneront à penser à ce dont vous avez besoin de faire afin d'améliorer tous les aspects de votre vie.

Il n'y a aucune raison pour quiconque de se sentir exclu de ce processus de croissance qui se déroule depuis que le monde est monde.

Jeudi le 23 octobre de 19h à 21h  
 Le coût est 10\$. Votre paiement confirme que vous avez une place. Le nombre de participantes est limité à 20. Un sommaire du cours est disponible lors de l'inscription.



# Classified

For Classified Information Call  
392-2811 ext: 3976

business • for sale • wanted • equipment • automobiles • child care • for rent • employment

## Information

### CLASSIFIED AD RATES

Word ad: 20 words \$3.00 per insertion. GST included. Cash or cheque to be paid at time of insertion.

### ORDERING AN AD

All advertising must be dropped off at CONTACT 142 Yukon Street, South Side Room 26 before noon Wed. for the next edition and payment should be made at that time. In the event of a statutory holiday all deadlines are advanced by one day.

### ERRORS & OMISSIONS

Advertisers should check their ad the first day it appears. CONTACT shall not be liable for failure to publish an ad or any typographical errors in the publication except to the extent of the cost of the ad for the first day's insertion. Adjustments for errors are limited to the cost of the ad wherein the error occurred.

### USERS & AD READERS

CONTACT is not responsible for the products and/or services advertised. Readers should exercise their best judgement with the content. CONTACT will not knowingly publish any advertisement which is illegal, misleading, or offensive. In compliance with the Human Rights Code, CONTACT reserves the right to make necessary changes in ad copy.

## Wanted

### Wanted to Buy

Fridges, stoves, washers, dryers in working order and clean. Will pay good price. No dealers. Please call 1-613-969-0287 or 968-4183

**Wanted: Dog house, in good condition, for large dog.**

**Not too pricey, please. Please call 394-5158, leave message.**

## Business Services

### RUSHNELL FUNERAL HOME & CREMATION CENTRE

60 Division Street  
Trenton

392-2111

### NEW & USED REFRIGERATORS

Stoves, washers, dryers, freezers, dishwashers, 3 months old & up. Sold with written guarantees. Fridges \$100 and up

### NEW APPLIANCES

at the lowest prices in the area. Trade-ins accepted on the new appliances. Big selection to choose from

### PAYS CASH

for good used appliances in working order, or not, but no junk please. VISA & MASTERCARD accepted. We have our own financing. Shop at our competitors & then come and see for yourself, quality at low prices. Open 7 days a week & evenings. We deliver. We like Base people.

SMITTY'S APPLIANCES LTD.  
969-0287

### ATTENTION SINGLES!!!

Romeo & Juliets Singles dances has hundreds of singles! Sat. Oct 11th's Singles Dance Top floor Belleville Legion 9PM-1AM  
www.romeoandjuliet.ca  
613 392 9850

### Paradise Adult Video

394-6660

RENT 2 MOVIES  
GET A 3RD ONE FREE  
FOR 3 DAYS

Toys - Videos - Magazines

255 Glen Miller Rd.  
Riverview Plaza, Trenton  
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Open Mon, Tues, Wed. & Sat. 11-9  
Friday 11-10, Sunday 12-5

### Classified Info

Call **Rorrie**

392-2811 ext 3976

## Business Services

**BOARDING**  
Dogs & cats. Individual exercise. Secluded country setting. Airport service available. 5 mins from 401 Brighton. Call  
EDDYSTONE KENNELS  
613-475-4405 2-2-RB

### KEITH STEIN Appliance Service Ltd.

PARTS & REPAIRS to all makes of refrigerators, freezers, air conditioners, dehumidifiers, washers, dryers & stoves.

We certify appliances  
For service call 962-4048  
For parts call: 966-6966

## For Sale

**FOR SALE**  
2yr old twin bed ensemble (mattress, box spring, frame, headboard) LIKE NEW \$500 (OBO)  
394-1322  
evenings only

**FOR SALE**  
All Wood Kitchen Table with 4 chairs. Extending type \$200  
Contact 394-0119

**FOR SALE**  
Apple Macintosh Quadra 650 computer with CDrom drive, inkjet printer & 14" colour monitor. Suitable for home office. Mint condition \$225.00  
392-3940

**FOR SALE**  
End Tables - \$15  
Table - \$10  
Call 392-8043

**FOR SALE**  
1986 Grand Prix 130kms, E-Tested, Good Condition, \$1200 O.B.O.  
Call 394-6907

**FOR SALE**  
1998 Pontiac Sunfire 93000kms, Red, 4 dr, 1 owner, automatic, E-Tested & Certified, \$6750.00  
Call 965-6851

**FOR SALE**  
4 Michelin Artic Alpine winter tires - 13" w/rims, 2yrs old \$200.  
Call 965-6864

## For Rent

### KLEMENCIC PROPERTIES 1&2 BEDROOM APARTMENTS

OWNER-MANAGED  
MODERN & WELL-MAINTAINED  
ALL UTILITIES INCLUDED  
CABLE T.V. INCLUDED (most units)  
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CONVENIENT LOCATIONS

392-7839

392-5915

## FOR RENT

**Trenton West Side**  
A stunning renovation of one & two bedroom apartments on Dundas Street West, Trenton.

All new kitchen, bathrooms, paint, windows, carpet, ceramic laminate flooring & security entrance. New appliances, heat & water included.

\$525/mth to \$695/mth  
NO PETS  
Call Kenmau Ltd. Property Management  
392-2601

## Help Wanted

## For Rent

### WEST SIDE NEAR HOSPITAL

Newly renovated upper one bedroom apartment. Fridge, stove, water incl. \$525/mth + utilities.  
Call Kenmau Property Management 392-2601

## USA ENVIRONMENTAL, INC.

is looking for

## UXO Technicians California, US

WE ARE a US based company, seeking qualified Explosive Ordnance Disposal (EOD) Technicians (HA/HB rated) to fill IMMEDIATE LONG-TERM positions in Monterey California at Fort Ord, a US Army Corp of Engineer site.

### WE OFFER

- An attractive benefits package
- competitive salaries
- (USA) will provide a daily meal allowance, lodging, and travel expenses to and from Monterey.
- A \$2000.00 bonus.

All salaries and bonuses are paid in USD's.

To inquire for more information, please contact Maggie 1-888-267-3630 ext.122 or Cathy ext. 100. Fax (813) 884-1876  
Visit our website at www.usa-environmental.com.

## EARN EXTRA MONEY!!

## CARRIER NEEDED

to deliver Contact newspapers for one route here at 8 Wing/CFB Trenton:

South Side

Please call 965-7248 mornings or leave your name, address, phone number & age.

## Crossword Answers

E	P	A	C	E	T	E	S	I	P	S
G	A	M	O	V	I	D	K	N	O	T
A	I	M	V	E	N	D	U	G	L	Y
D	R	O	V	E	S	O	U	L		
		L	Y	E	S	K	E	I	N	
A	S	I	A	Y	O	K	E	P	R	E
B	E	D	S	E	W	E	D	I	O	N
C	E	E	E	S	N	E	A	C	N	E
S	P	A	S	M	L	S	D			
		W	I	N	G	L	E	A	S	H
B	E	T	A	O	N	T	O	F	I	E
R	E	A	R	S	A	L	T	A	L	L
A	L	U	M	E	T	C	H	R	O	D

## ADVERTISERS



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## ATTENTION ADVERTISERS



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CALL SANDI AT  
392-2811  
EXT. 7008



# Home and Garden



## Hot tips for buying a new furnace this autumn

(NC)—If you're about to buy a new furnace, here are some hot tips to help you make the best choice for your budget.

You probably already know that your furnace uses more energy than any other household appliance. The cost of that energy depends on several factors that vary from year to year — the cost of energy, the severity of the weather, the efficiency of your heating system and your own living habits. Despite these fluctuations, you can take a giant step toward controlling your heating bill by buying the most energy-efficient furnace you can find.

Here are some questions to consider before buying a furnace:

- How big a furnace do you need? You can reduce the amount of energy it takes to heat your home by

air sealing and adding insulation to your home. If you take these steps before you size your new furnace, you may find you can buy a smaller, more inexpensive unit that works more efficiently and cuts your heating bills.

- How well is your heat distribution system working? Follow manufacturers' instructions for the maintenance of your system. You should also clean and replace any filters in your system or equipment about once a month during the heating season.

- What can you expect to pay for different kinds of fuel? Your local suppliers of oil, natural gas, electricity, propane and firewood should be able to tell you the cost of delivering fuel to your door.

- Which type of furnace is the most efficient? Older oil and natural gas

furnaces capture about 60 percent of the heat in the energy they burn, but the latest models can achieve 83 to 89 percent efficiency for oil and 89 to 96 percent efficiency for gas. The best propane furnaces are 87 to 94 percent efficient, and many wood stoves reach levels of 70 to 80 percent efficiency. Electric furnaces and baseboard heaters are considered 100 percent efficient, but electricity prices in your area may prevent them from being a cost-effective alternative for heating your whole house. Heat pumps reach efficiencies as high as 260 percent. Energy Star® qualified furnaces are the most energy efficient on the market today.

Every time you burn fossil fuels such as oil or natural gas, your heating system produces greenhouse gas emissions that

contribute to climate change. Canadians are being asked to do their bit to protect the environment by reducing their greenhouse gas emissions by one tonne per year — the One Tonne Challenge. So buying an efficient furnace and maintaining it properly is also a great way to limit your impact on the environment and make your contribution toward the One Tonne Challenge. That means every Canadian can make a big difference — right now and for future generations — by making the right energy efficiency choices today.

Choosing the right furnace is an important energy-saving decision, but there are many other ways to save energy and make your home a healthier, more comfortable place.

EnerGuide for Houses advisors can perform a

thorough energy assessment of your home, model the results through a computer program and give you unbiased advice on the best way to cut down your heating and cooling needs. The service includes a "blower door" test that helps identify air leaks that you can seal for even better energy savings. EnerGuide for Houses advisors can

also provide you with a heat load calculation to help you choose the correct size of furnace for your home.

To learn more or to find an energy advisor near you, visit the EnerGuide for Houses Web site at [energuideforhouses.gc.ca](http://energuideforhouses.gc.ca), or call 1 800 387-2000 toll-free (995-2943 in the National Capital Region).

## Only working smoke alarms can save lives

(NC)—Most fatal fires occur at night when people are asleep. Often victims never wake up. Smoke alarms detect smoke in the early stages of a fire and sound an alarm giving you precious time to escape.

Only 80% of homes in Canada have at least one smoke alarm, however, only about one-half of those alarms are working. Investigations into home fire deaths very often find that a smoke alarm did not sound because it had not been properly maintained. Smoke alarms are inexpensive. Remember, only a

working smoke alarm can save your life.

Install smoke alarms on every level of your home, including the basement and near sleeping areas. If you sleep with bedroom doors closed, install an alarm inside each bedroom.

There are many types and models of smoke alarms available, each with different features. Alarms can be electrically connected, battery-powered or a combination of both. Kidde, a leading manufacturer of fire safety products recommends installing

ones with a "hush" button to reduce nuisance alarms. In the event of a false alarm due to, for example, burnt toasts, the "hush" feature will let you silence the alarm without removing the battery and then the alarm will re-set itself automatically.

Be sure your alarms work:

- Test your smoke alarm once a month;
- Replace batteries at least once a year;
- Never "borrow" alarm batteries;
- Smoke alarms don't last forever - if you think

your alarms are more than 10 years old, replace them with new ones.

For more tips on protection and prevention, call toll free at 1-800-565-1976, ext. 224, or visit our website at [www.kiddesafety.com](http://www.kiddesafety.com).

**This space could be yours!**

**Advertise with the Contact today!**

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(Trenton, Brighton)  
Ext. 7008  
**Judy Leavere**  
(Belleville, Prince Edward County)  
Ext. 2748

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website: [c21lanthorn.com](http://c21lanthorn.com)  
1-888-792-5499

**5 BEDROOM HOUSE - 1 Year new!** Great layout, large kitchen, master bedroom has ensuite bath, lrg closet, to be finished w/hdwd & ceramic-up, carpet-down. Call Darren Lever\* for details. #2035605. **\$219,900.00**

**JUST LISTED - Completely re-done.** 4 Bdrms all on one level, large living room and master bdrm each have patio doors to large deck and pool. Call Shelly Gregory\* 969-2416. #2035648. **\$129,900.00**

**NOTHING NICER THAN NEW!** Brand new 3 bdrm west side home under construction. Forced-air gas heat, full basement, attached garage-1130 sq ft. Call Joyce\* for floor plan & specs. #2034436. **\$139,900.00**

**CENTRAL TRENTON - 3 Bdrm bungalow** with laundry room on main level. Home has been upgraded and is on a good size lot. Call James\* to view. #2034847. **\$75,900.00**

\*Sales \*\* Associate Broker

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INDEPENDENTLY OWNED AND OPERATED BROKER

**Barb Hieb**  
Sales Representative  
394-4837

**Open House - Sunday October 12, 2003**

1:30 - 3:30 pm  
21 Ireland Drive  
**\$149,900** - 3 bedroom, 1 bath, FAG, C/A, gas fireplace, Huge partly fenced yard with deck, above ground pool, pond, 1 1/2 car garage 18x24, rock garden, many perennials. Many, many upgrades & improvements. A must see. Close to 401 & CFB  
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## OVER \$4 MILLION NEW INVENTORY FOR SALE

**BRAND NEW 2003 DODGE CARAVAN VAN SE**  
 3.3L V6, automatic, air conditioning, am/fm stereo cassette.  
 2 LEFT  
 Cash Back **\$5,800** or 0% financing 72 mos. †

**BRAND NEW 2004 CHRYSLER SEBRING 4DR SEDAN**  
 2.4L I-4 DOHC, 4 speed automatic, air conditioning, am/fm/cd, tachometer, 60-40 fording rear bench.  
 Cash Back **\$4,500** or 0% financing 60 mos. †

**BRAND NEW 2003 DODGE DURANGO 4DR 4X4 SLT PLUS**  
 Magnum 4.7L V8, 5 speed, automatic, HD suspension, air, CD, full folding 3rd row bench seats, leather high-back bucket seats.  
 5 LEFT  
 Cash Back **\$6,000** or 0% financing 72 mos. †

**BRAND NEW 2003 JEEP 2DR 4X4 SPORT**  
 Power Tech 4.0L I-6 OHV, 5 speed manual transmission, am/fm/cd, bucket seats, folding rear bench.  
 3 LEFT  
 Cash Back **\$2,500** or 0% financing 60 mos. †

**2003 DODGE CARAVAN SE**  
**Saturday Door Crasher**  
 ONLY 4 LEFT  
**SPECIAL PURCHASE**  
 ONLY \$19,900 / \$127.39 bi-weekly\*\*  
 V6, auto, air, low kilometers, balance of factory warranty, various colours - fleet buy back.  
 \*\*All prices are plus applicable taxes, licencing and dealer administration fees. Payment based on 84 months, bi-weekly terms at 5.99% with \$1,000 cash or trade reduction.

**BRAND NEW 2004 JEEP GRAND CHEROKEE 4X4 LAREDO**  
 Power Tech 4.0L, 4 speed automatic transmission, 4-wheel ABS, air conditioning, am stereo/fm stereo/cd, tachometer, trip computer, 60-40 fording rear split-bench seat.  
 4 LEFT  
 Cash Back **\$2,500** or 0% financing 60 mos. †

**BRAND NEW 2003 DODGE DAKOTA 4X4 QUAD CAB**  
 Magnum 3.9L, 5 speed manual, HD suspension, air conditioning, am stereo/fm stereo/cd, 16" x 7" cast aluminum.  
 6 LEFT  
 Cash Back **\$3,000** or 0% financing 60 mos. †

**BRAND NEW 2003 CHRYSLER PT CRUISER**  
 2.4L I-4 DOHC, 5 speed manual, touring suspension, air conditioning, tachometer, 65-35 folding rear seat.  
 2 LEFT  
 Cash Back **\$3,000** or 0% financing 60 mos. †

**BRAND NEW 2004 CHRYSLER INTREPID SE**  
 2.7L V6 DOHC, automatic transmission, air conditioning, am/fm/cd, full wheel covers, front bucket seats.  
 Cash Back **\$2,000** or 0% financing 60 mos. †

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† Cash back and 0% financing may not be combined, financing on OAC, all vehicles plus applicable taxes, licencing, dealer administration, limited time offer expires Tuesday, October 14, 2003. See dealer for important details or visit us at [www.bellevilledodge.ca](http://www.bellevilledodge.ca).

## OVER \$1,000,000 PRE-OWNED VEHICLES SALE SALE

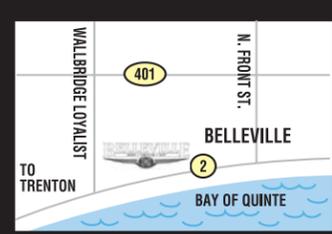
<p><b>2001 DODGE DAKOTA SPORT</b>                  Auto, 6 cyl, crew cab, bed liner, air, cassette, 109,000 kms. Stk# 3619A  <b>\$23,500 / \$210</b> bi-weekly*</p>	<p><b>2003 CHRYSLER INTREPID</b>                  Auto, V6, bucket seats, air, cruise, cd, pw, pdl, 36,702 kms. Stk# 312P  <b>\$19,900 / \$152</b> bi-weekly*</p>	<p><b>1998 DODGE CARAVAN</b>                  Auto, 6 cyl, bucket seats, air, cassette, cruise, tilt, pdl, 114,877 kms. Stk# 3564A  <b>\$12,900 / \$172</b> bi-weekly*</p>	<p><b>2003 DODGE SX 2.0</b>                  Auto, 4 cyl, fog lights, alloy wheels, air, cruise, tilt, cd, pdl, pw, 24,390 kms. Stk# 303P  <b>\$15,900 / \$120</b> bi-weekly*</p>	<p><b>2001 KIA SPORTAGE 4X4</b>                  5 spd, manual, 4 cyl, alloy wheels, bucket seats, air, cruise, tilt, pw, pdl, cd, 95,931 kms. Stk# 3020A  <b>\$16,900 / \$148</b> bi-weekly*</p>
<p><b>2003 JEEP LIBERTY SPORT</b>                  Auto, 3.7, 6 cyl, alloy wheels, roof rack, air, cruise, tilt, cd, pw, pdl, 38,537 kms. Stk# 300P  <b>\$28,900 / \$200</b> bi-weekly*</p>	<p><b>2001 DODGE RAM LARAMIE SLT</b>                  Auto, 5.2, 8 cyl, ext cab, bed liner, air, cassette, cruise, tilt, pw, pdl, 50,000 kms. Stk# 3631A  <b>\$22,900 / \$204</b> bi-weekly*</p>	<p><b>1997 CHRYSLER CONCORDE LX</b>                  Auto, V6, power seats, air, cassette, cruise, tilt, keyless entry, pw, pdl, 72,300 kms. Stk# 3476A  <b>\$11,800 / \$157</b> bi-weekly*</p>	<p><b>2001 DODGE DAKOTA SPORT</b>                  Auto, 3.9, 6 cyl, extended cab, bed liner, air, cassette, 55,599 kms. Stk# 319PA  <b>\$21,900 / \$195</b> bi-weekly*</p>	<p><b>2000 DODGE CARAVAN</b>                  Auto, 6 cyl, air, cassette, pw, pdl, cruise, tilt, 73,462 kms. Stk# 3457A  <b>\$17,900 / \$190</b> bi-weekly*</p>
<p><b>2000 OLDS ALERO</b>                  Red, auto, V6, spoiler, bucket seats, p seats, air, cruise, tilt, CD, pdl. Stk# 288P  <b>\$13,500 / \$140</b> bi-weekly*</p>	<p><b>2003 CHRYSLER INTREPID SE</b>                  Maroon, auto, gas, bucket seats, air, cruise, tilt, cd, pw, pdl, 21,480 kms. Stk# 301P  <b>\$19,900 / \$152</b> bi-weekly*</p>	<p><b>2001 FORD WINDSTAR</b>                  Green, auto, V6, bucket seats, cass, cruise, tilt, pdl, pw. Stk# 3474A  <b>\$19,900 / \$177</b> bi-weekly*</p>	<p><b>2000 DODGE CARAVAN</b>                  Silver, auto, V6, roof rack, tinted windows, bucket seats, air, cruise, tilt, pw, pdl, 95,769 kms. Stk# 3626A  <b>\$16,900 / \$178</b> bi-weekly*</p>	<p><b>1998 FORD TAURUS</b>                  White, auto, V6, air, power, cruise, tilt, keyless entry, 1 owner, pw, pdl, 114,938 kms. Stk# 3143A  <b>\$8,995 / \$115</b> bi-weekly*</p>

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 \* All prices plus applicable taxes, licencing, dealer administration fees. Payments based on terms as follows: 2003 models - 72 months; 2002 models - 60 months; 2001 models - 60 months; 2000 models - 48 months; 1999 models - 48 months; 1998 models - 36 months. OAC payments based on bi-weekly terms at 7.95% with \$1,000 cash or trade reduction. See dealer for important details or visit us at [www.bellevilledodge.ca](http://www.bellevilledodge.ca).